

# Cyber Awareness Training



## Duration

2 days training

## Participants

Up to 15 participants pr. training recommended

## Prerequisites

Basic knowledge of the OT environment, but no requirement

## Method

Presentation and discussions  
Group assignments  
Quiz

## Training material

Professionally printed compendium  
Training certificate

**This training provides a basic introduction to Cyber-security within OT and is based on well proven standards such as IEC 62443 – Cyber Security for Industrial Control Systems and NIST Cyber Security Framework. The training is adapted to people working in OT needing more knowledge about cyber security, and to IT/Management needing more knowledge about the OT. Instructors have long and real-life experience from OT and are GICSP certified.**

## Content:

### Introduction to Cyber Security in the OT domain

- What is OT, and what are the differences between OT and IT?
- Example of cyber-attacks in OT
- Hacker scenarios (OSINT, Social Engineering and Methods)

### Cyber Security Frameworks

- NIST
- MITRE ATT&CK

### Standard for Cyber-security in Industrial Control Systems - IEC 62443

- Risk Assessment (IEC 62443-3-2)
- Security and Maturity Levels
- Cyber Security Requirements and Protection (IEC 62443-3-3)

### Regulatory Requirements for Cyber-security

### Cyber Security Management System

### Architecture and Reference Models

- The Purdue Model
- Reference Models for a secure OT Environment

### How to protect your ICS/OT?

- Least Privilege and Zero Trust
- Segmentation
- Secure Remote Access
- Monitoring of OT

### Incident Response in OT

### Recover from a Cyber Incident in OT

### Group Assignments and Case Studies

### Summary and Quiz

## Time and date:

On demand

## Price:

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