Trump International Doonbeg

At Your Leisure





Activities

We can assist you in booking any of these wonderful adventures.



Surfing

When you think of the west coast of Ireland you may not always think big waves and lots of wind that's the reality, that's what makes it so great for surfing. The Atlantic tides along Clare's rugged west coast are renowned as some of the finest surf Ireland has to offer. Ride the face of a wave waiting in anticipation of a late drop. When the break goes your way it's up to you to pull off as many turns and cutbacks as you can. If you're feel you could set yourself up for a flow beach, which is overlooked by Tru Doonbeg, is a haven for surfers. A

Surf Spots

Doughmore Lahinch Spanish Point Fanore

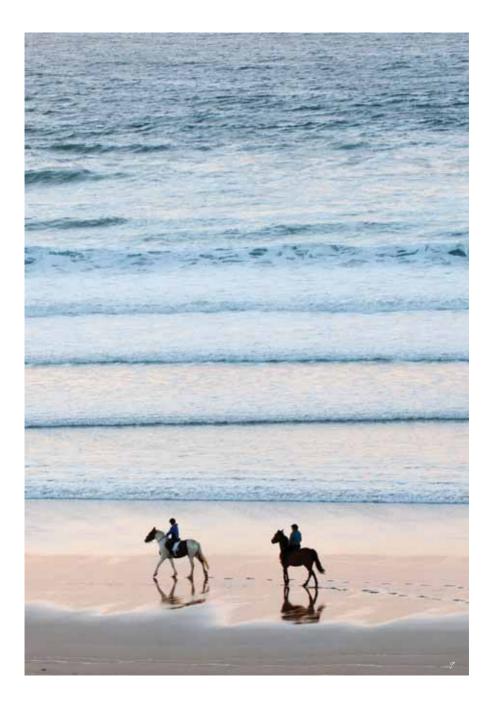


Horse Riding

Canter along a quiet country path or gallop along Doughmore beach. Experience the thrill of horse riding by the Atlantic Ocean. We are happy to make arrangements for guests at a nearby equestrian centre which caters for all levels from beginner to advanced level, for both children and adults.

Our equestrian partner provides each guest with either personalised one to one tuition or group lessons.

Experience sublime West Clare on horseback.



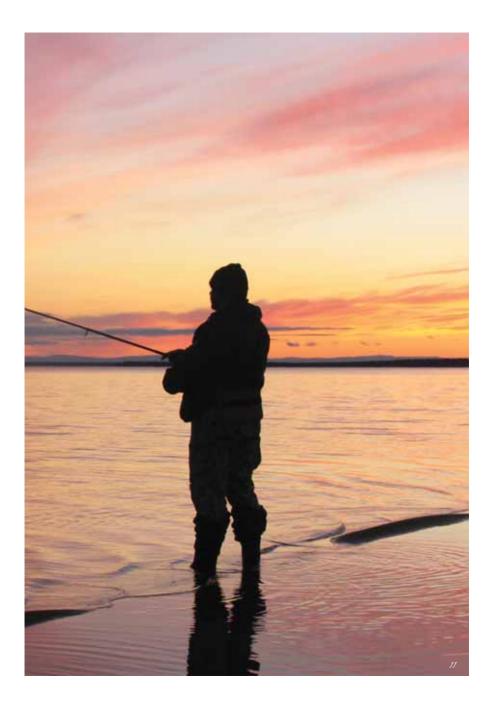
Fishing

Trump International Doonbeg provides two onsite fishing ponds where guests can engage in fly fishing for Brown and Rainbow Trout in the peaceful surrounds of the West Clare countryside using complimentary equipment. We can provide a qualified ghillie to offer instruction to beginners or advice to more seasoned fishermen.

Guests can also opt for shoreline fishing, again with a ghillie.

Guests may also choose to venture onto the waters of the Atlantic with either a half day or a full day deep sea fishing excursion where you will fish for Bass, Monkfish and Cod.

Off shore fishing trips require a minimum of 6 participants and also require 2 days notice of booking.



Dolphin Watching

Our location on the edge of the Atlantic Ocean provides us with an array of maritime activities. One of the most popular is certainly Dolphin Watching, which departs from Carrigaholt, which is located 30 minutes south of Trump International Doonbeg. During the 2 hour sailing you can expect to see bottle nose dolphins, grey seals and pelagic seabirds. Sunset cruises are also available.



Kayaking

Drift along the Doonbeg river from the shore and let the tide determine your destination. As you paddle your kayak you will glide by Doonbeg Castle, under the bridge at the east of the village. Kayaking can be arranged for people of all skill levels. In a picturesque location you may find that your paddle speed is slow, favouring the wonder of the surroundings over the need to get to your destination. The river banks are a haven of mysterious flora and miniature creatures quietly going about their day.

Let the explorer in you come out.



Discover the wonders of the ocean, see fish in their natural environment and discover aquatic flora and fauna. Try a dive in the clear waters of the west coast. Try out scuba diving, in a safe environment, either for a fun day out or to see if you would like to take a full scuba course.

You do not need any experience, you don't need to be a great swimmer. The Scuba Program introduces people to Scuba Diving in a highly supervised and relaxed manner.

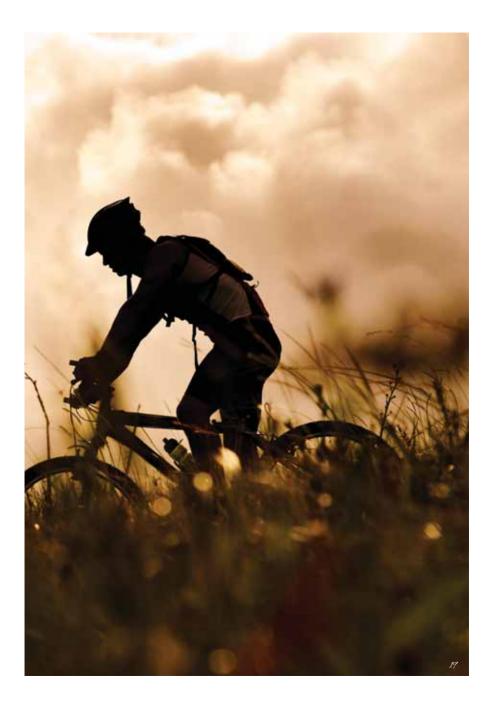
Under the guidance of a professional, new divers learn about equipment and basic safety concepts in a closely supervised environment.





See the landscape and coastline of West Clare on our complimentary bicycles while you explore the countryside from Doonbeg to Loophead. There are a variety of cycle routes of varying distances and terrains to suit cyclists of all skill levels. Along the way you will discover animals great and small, travel along hedge-lined minor country roads providing panoramic cliff and sea views and pass through rural villages. For the more cautious biker or those who lack knowledge of the Irish road system, we can arrange a guide for your journey.

Take a trip along the coast at your our pace



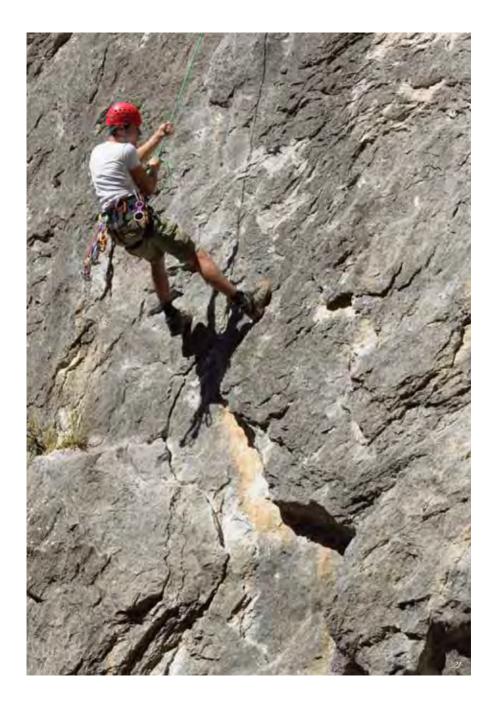
Rock Climbing

Learn to climb and abseil in the beautiful Burren - a Mecca of climbing in Ireland. Its unique limestone landscape is a treasure trove of climbing areas with a vast variety of routes and types of climbs.

No experience is required as an experienced instructor will be on hand at all times to assist you. All equipment is provided along with detailed instruction to help you have a safe, fun experience in a unique setting.

Don't worry if you are nervous about heights, our instructors will build up the level slowly so you gain confidence as you go.

Requires a minimum of 8 participants.



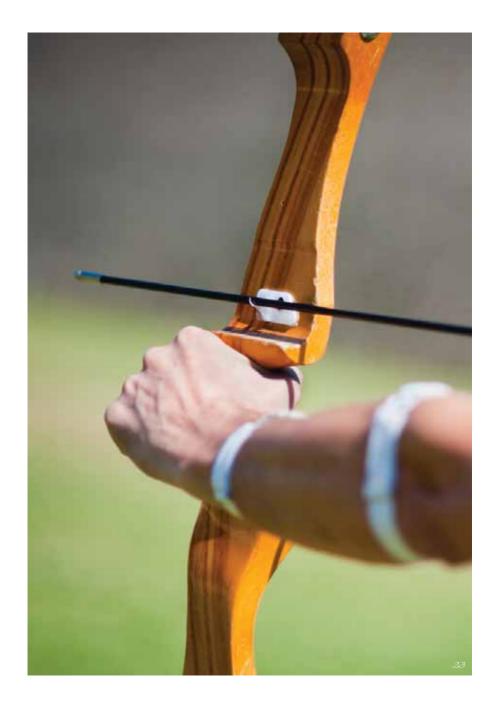
Archery

Grab your bow, fill your quiver and prepare to take aim. Archery is a fun experience with detailed instruction to help you learn how to shoot a bow and arrow. There is nothing quite like hitting the target! Missing is fun too...

No matter what your skill level we can work with you.

Archery can be arranged on site for guests.

Minimum of 5 participants required.





Clay pigeon shooting is a thrilling experience, which requires concentration and rapid reactions. Once you are comfortable with the gun, take aim and soon you will be hitting those clays. We cater for people of all skill ranges from beginners to skilled shooters.

It's a great way to get people involved in an exciting sport which will exhilarate.

Minimum of 5 participants required



Coastal Walks

Stroll along the cliff edge admiring the view-watching nature all around. Meander through the many winding paths along the coastline as you go. All along the coast are walking trails of varying distances and terrain, which will leave you exhilarated. The great outdoors is yours to experience, yours to enjoy.

Take a stroll and see for yourself why we love this coastline so much.

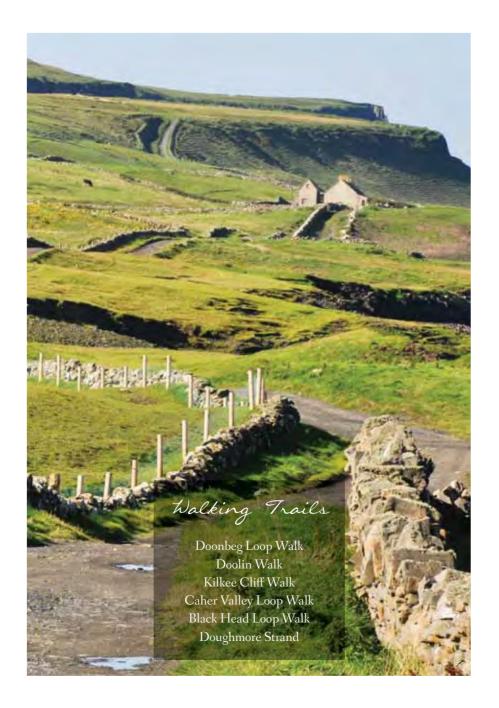
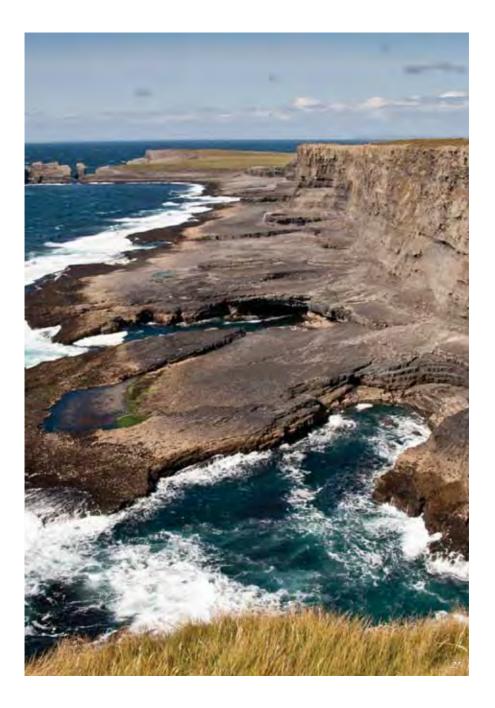


Photo Walks

The beautiful coastal landscapes of West Clare are all around Trump International Doonbeg and what better way to recapture your visit to the area than by bringing home some beautiful photographs of our stunning scenery. If you enjoy nature and rambling and would like to learn a little more about landscape photography or are a skilled amateur photographer looking for new challenges then you'll enjoy these PhotoWalks. Under the guidance of a local professional photographer you can walk the cliffs and beaches of the area which present a host of photo-opportunities for both novice and professional. From the majestic cliffs of Baltard Bay and Kilkee where Atlantic rollers thunder onto the Irish coastline, to the unique tranquillity and beautiful wilderness of the Burren landscape, this is a rare opportunity to get away from the rush and bustle of everyday life and use your camera to capture a little piece of the real Ireland.

White horses on the tumbling water, seagulls soaring in the clear Atlantic air – the images are waiting for you at Doonbeg.





Kneed, fold or marinade, maybe just nibble when you're enjoying a relaxed cookery lesson at Berry Lodge Cookery School which offers classes to our guests. Learn how to make delightful breads and scones, nibbles for dinner parties and treats for big kids and real kids!

Take on the next great bake off and impress friends and family with your skills.

Learn a skill that will last a lifetime. Minimum of 7 participants required.



Spa Escape

Named after the white foamy crowns of the rolling Atlantic waves, the acclaimed White Horses Spa was designed by internationally renowned Irish -born designer Clodagh. The natural environment of the County Clare coastline provides unending inspiration for treatments to relax and renew you. At White Horses Spa, regenerative products use natural salts and seaweed to sculpt and nourish your skin. Indigenous basalt stone, like that found at the Giant's Causeway, is integral to the stress -melting powers of our signature Basalt Stone Massage. And, just like the ancients, we draw seasonal sustenance, spirit, and inspiration from The Burren, a limestone plateau a short distance from the spa where plants native to the Arctic inexplicably flourish next to subtropical flowers in bloom. The natural environment of Co. Clare. inspires regenerative treatments using local natural salts, seaweeds, algae, and herbal extracts recall the ancient wisdom of ritual healing. Guests can enjoy body scrubs, Thai and Swedish Massage, Basalt Stone Massage, Sea Spirulina and Mud Body Wraps, Aromatherapy and Reflexology.

You'll emerge revitalised



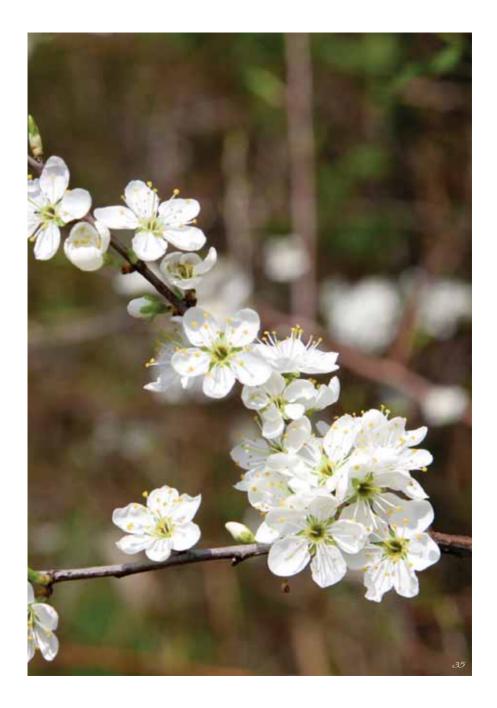
Burren Perfumery

The Burren Perfumery and floral centre has been a family run business for more than three decades. A traditional soap and perfume making centre which uses oils and plants from across the world. It is situated in a quiet valley in the heart of the Burren, one of the most beautiful and spectacular floral landscapes in the world and famous for it's floral diversity from gentians to wild orchids.

Visit the soap making and still room where soaps, creams, oils and herbal teas are prepared using traditional methods. Relax in the extensive native herb garden and sample a fresh scone in the peaceful tea rooms which serve organic homemade food amidst the natural beauty of the Burren.

The Perfumery's range of high quality, contemporary perfumes, handmade soaps, body care products and natural face creams are based on pure botanical extracts and organic ingredients. You can make your own signature moisturiser with

Make something truly unique to you.

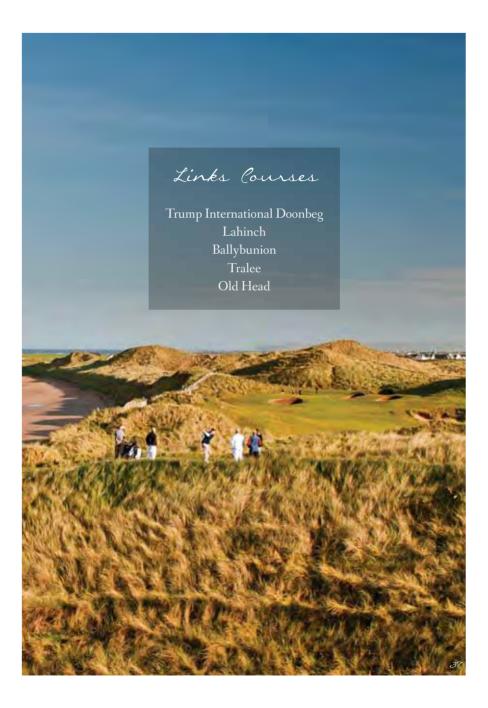




Experience the thrill of links golf either at the onsite par 72 course designed by two times Open Champion Greg Norman or at some of the incredible courses located in the South West of Ireland. Lahinch golf course is just 35 minutes away and the acclaimed Ballybunion golf course is located just 70 minutes south. All three courses are listed in the Top 100 Courses in the World.

The challenges are immense no matter where you choose. The enjoyment and the tales will last a lifetime. Ireland's west coast is home to a great number of golf course all with their own individual character and challenges.

Is it time you took the challenge?



Kite Flying

Wind is something you are never short of on Ireland's west coast. I suppose it's only natural that you should take advantage of it when you visit. Catch a good airflow and you're sure to get good lift on your kite. On Doughmore beach you'll find the perfect space to try out one of the complementary kites we provide. It might be your chance to showcase your talents or to just teach little ones the fun of flying a kite. Let them be impressed by your skill or disappointed by your failure! No matter the outcome it will be a great time spent with your loved ones.

your time, a kite and great times will make memories to remember.



Rock Pool Fishing

Rods at the ready, its time to sink your hook deep in the rock pool and see what you can catch. Small nets are more in demand than large fishing nets! Your catch is likely to be diminutive but rest assured it will be no less fascinating. The catch is always a reason to celebrate the success, the skill, the achievement.

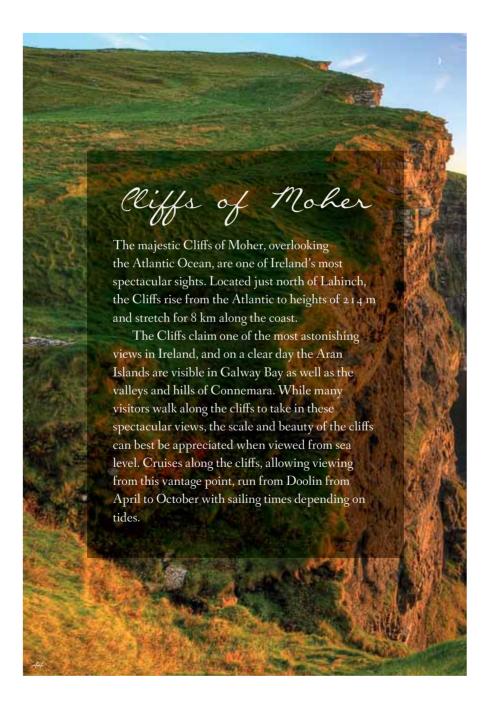
In the aquatic world you'll never know what you will find!

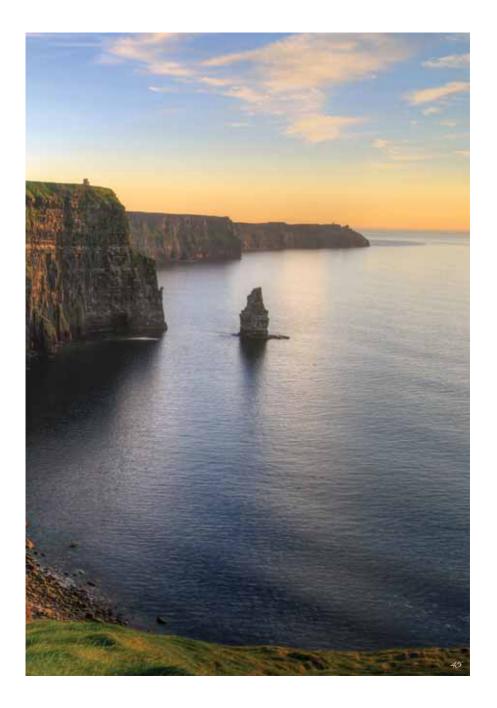


Attractions

So much to see, will help you choose.







Doonbeg Castle

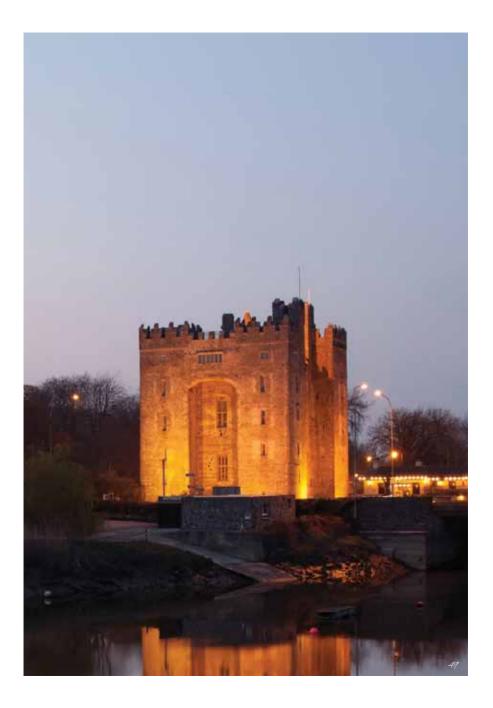
Doonbeg Castle was built by Philip MacSheeda Mor Mac Con in the 16th century for the Earl of Thomond, Daniel O'Brien. Turlough MacMahon of West Corca Baiscinn took it in 1585. After his death in 1595 at the end of a fierce siege, the castle was surrendered again to the O'Briens. In the late 16th century the village formed around the castle. Today the remaining walls of the Castle anchor the village on the south east as the Doonbeg River slips quietly by.

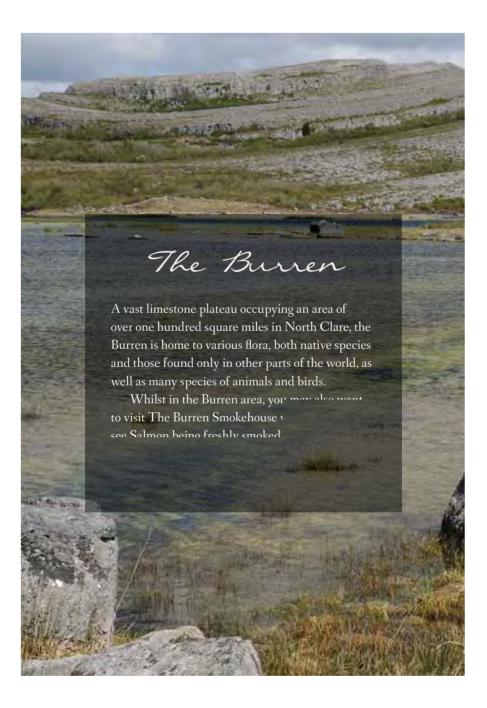


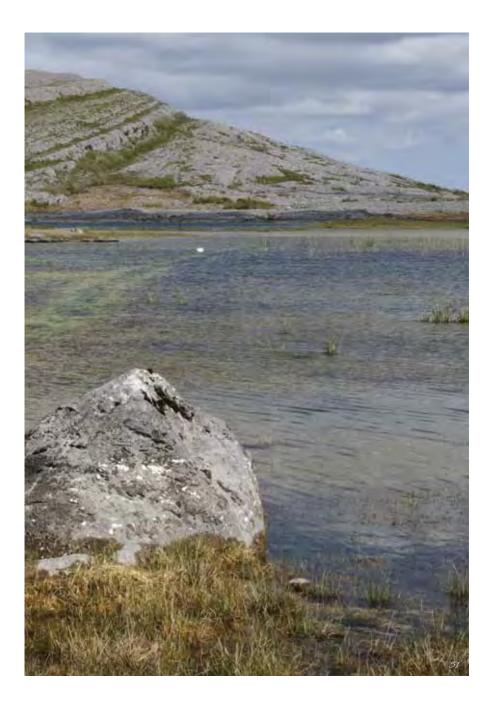
Burratty Castle

Bunratty Castle & Folk Park is one of Ireland's premier visitor attractions. When you visit Bunratty Castle and Folk Park you are invited to explore two wonderful experiences - the acclaimed 15th century Bunratty Castle and 19th century Bunratty Folk Park.

The Castle is the most complete and authentic medieval fortress in Ireland. Built in 1425 it was restored in 1954 to its former medieval splendour and now contains mainly 15th and 16th century furnishings, tapestries, and works of art which capture the mood of those times. Today, the castle stands peacefully in delightful grounds. The houses and cottages of the folk park spread out at the foot of its massive walls, much in the way that the cottages and crofts of old would have clustered around its base. We invite you to wander through the castle and marvel at the finest collection of medieval furniture in the country which brings to life a vital part of our Medieval past. Bunratty Castle closes each day at 4pm to prepare for the Medieval Banquet.



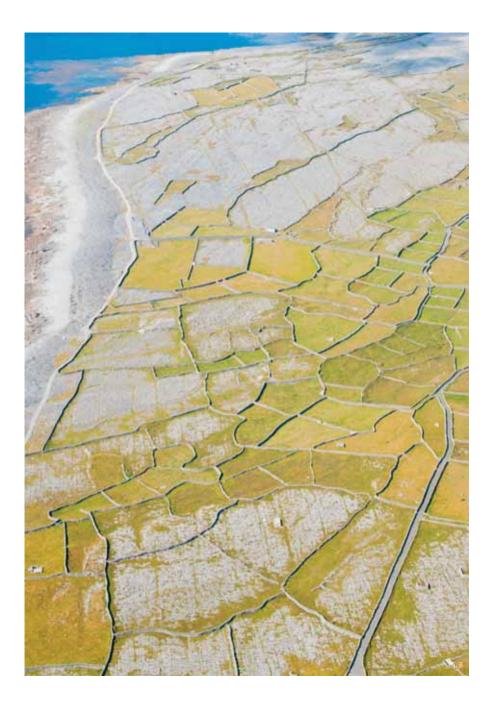






The Aran Islands, three small islands (Inisheer, Inishmaan, and Inishmore) located off the coast of the Burren, are ideal destinations for a day trip from Doonbeg. Inisheer boasts an abundance of nesting birds, Inishmaan is a botanist's dream, home to over 300 flowering plants, and Inishmore is highly regarded for its ancient stone forts and churches.

Ferry service is available from Doolin Pier. The crossing takes less than 30 minutes to the nearest island, Inisheer, and there are several sailings daily from April to September. The crossing to Inishmore takes approximately one hour.

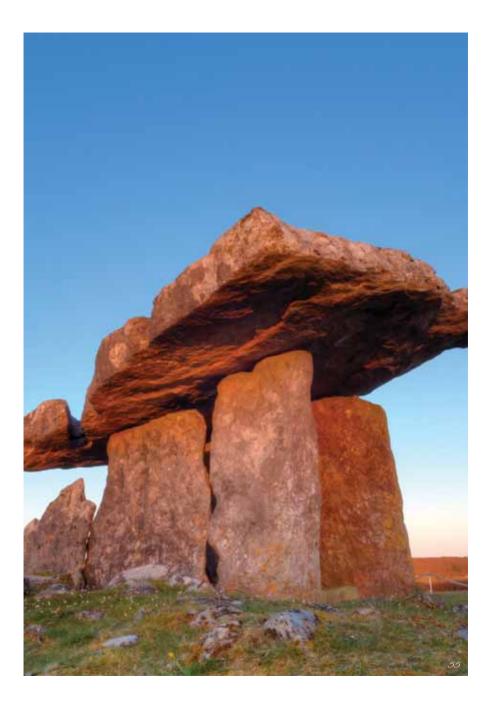


Portal Dolmen

Poulnabrone, in Irish meaning "hole of sorrows", is a portal tomb in the Burren, County Clare, Ireland, dating back to the Neolithic period, probably between 4200 BC to 2900 BC making it older than the Egyptian Pyramids.

The dolmen consists of a twelve-foot, thin, slab-like, tabular capstone supported by two slender portal stones, which lift the capstone 1.8m (6ft) from the ground, creating a chamber in a 9m (30ft) low cairn. The cairn helped stabilize the tomb, and would have been much higher originally. The entrance faces north and is crossed by a low sill stone.

A crack was discovered in the eastern portal stone in 1985. Following the resulting collapse, the dolmen was dismantled, and the cracked stone was replaced. Excavations during this time found that between 16 and 22 adults and 6 children were buried under the monument. Personal items buried with the dead included a polished stone axe, a bone pendant, quartz crystals, weapons and pottery. With its dominating presence on the limestone landscape of the Burren, the tomb was likely a centre for ceremony and ritual until well into the Celtic period.

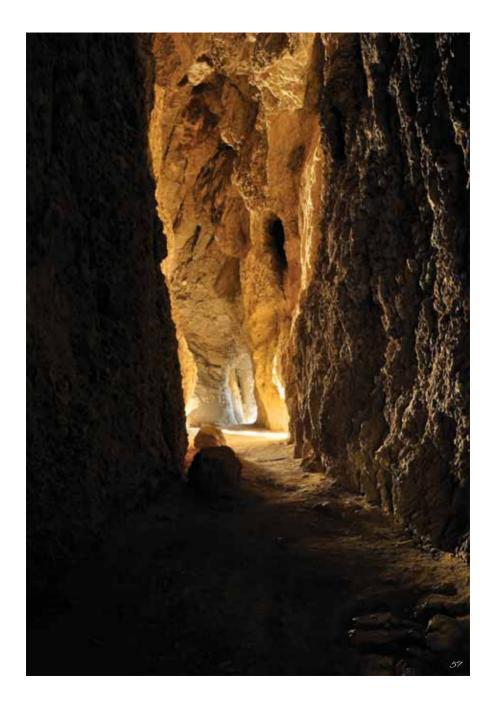


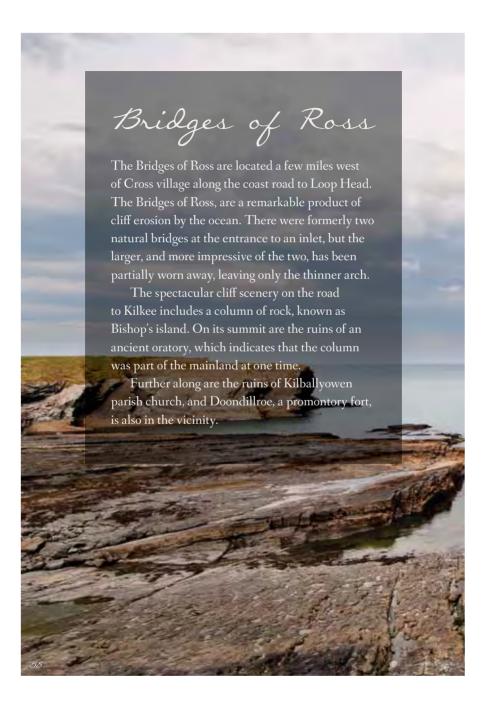
Local Caves

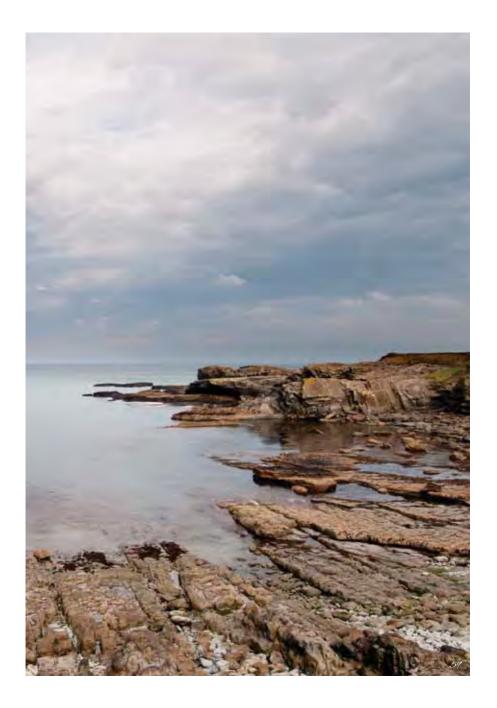
Clare is renowned for two great caves, Doolin Cave and Aillwee Cave. Doolin cave is home to a wondrous geological phenomenon, The Great Stalactite. Measuring almost 7 m in length, it is one of the largest free hanging stalactites in the world and the longest stalactite in the Northern Hemisphere.

Aillwee Cave, Ireland's Premier Showcave - formed when streams sinking underground on Aillwee Mountain started dissolving channels through the lines of weakness in the limestone. Aillwee Cave is one of the most ancient caves in the Burren and perhaps in Ireland.

Expert guides will accompany and inform you during your leisurely tour through beautiful caverns, over bridged chasms, under weird formations and alongside the thunderous waterfall. On the same grounds as the Aillwee Cave is the The Burren Birds of Prey and Educational Centre - where Eagles, Buzzards, Falcons, Hawks, Vulture and Owls from all over the globe reside.



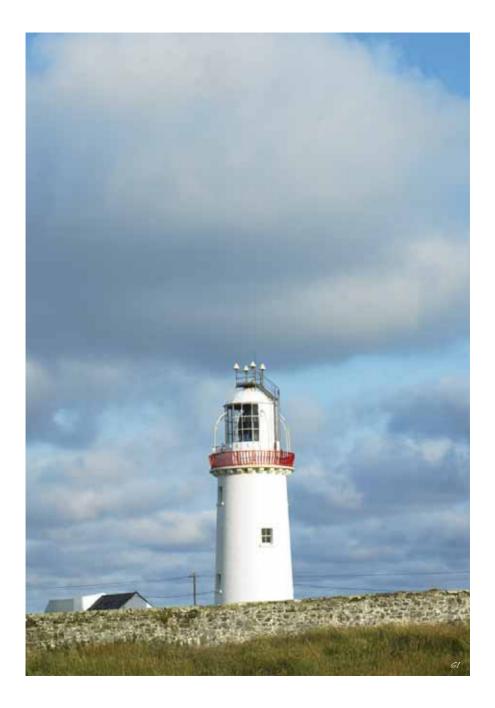




Loophead Lighthouse

The Loop Head peninsula on the west coast of County Clare juts into the Atlantic Ocean like a gnarled finger pointing westward. It is bounded on the north and west side by the Atlantic Ocean and on the south by the River Shannon estuary.

The Loophead lighthouse is like a sentinel overlooking the whole area. From the edge of the ocean your next stop is Boston with no dry land between here and there. The area is sparsely populated with Kilkee being the only centre of population. The attractive villages encompassed in the peninsula, Cross, Carrigaholt and Kilbaha are relatively small and untouched by development. The peninsula is extensively farmed, mainly with beef cattle and dairy herds.





Concierge at Trump International Golf Links & Hotel Doonbeg offer a dedicated service.

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