

The Trump Spa

MIAMI



welcome to the trump spa

Welcome to a tranquil oasis at The Trump Spa, the perfect retreat for those seeking the ultimate in relaxation. Embark on a rejuvenating spa journey designed to renew and restore your mind, body and spirit. Awaken your senses with a luxurious spa experience from a wide selection of services available daily for men, women, couples and juniors. Unwind in our private relaxation lounges, jacuzzi, steam room, sauna and adult only pools. Get pampered at the hair and nail salon or our exclusive Hommage Gentleman's Atelier. Indulge in an extended escape with an overnight stay at The Trump Spa Suites.



global spa rituals

FIJI MILK AND HONEY BODY RITUAL

90 MINUTES

A luxurious blend of coconut milk, raw honey and exotic nut extracts contains a rich source of natural antioxidants and a bounty of nutrients to restore moisturize and balance skin.

VAIDYAS SHIRODHARA JOURNEY

60 MINUTES

A unique ayurvedic journey begins with a warm foot cleansing followed with warm oils poured slowly on your forehead to promote relaxation and balance and ends with a target massage to release any remaining tension.



LOMI JUMA MASSAGE

60 MINUTES

Restore your inner balance with a fusion of massages inspired by different techniques from Asia. This massage improves micro circulation, unlocks your joints and relaxes your muscles, while restoring your physical and mental well-being.

TROPICAL CITRUS BODY EXPERIENCE

60 MINUTES

A sensory experience that combines micronized bitter orange lava and bamboo that will leave your skin feeling silky smooth. Highly concentrated vitamin C emulsions to protect the skin from dryness and premature aging.

TRUMP LUXURY CUSTOM MASSAGE

60 MINUTES/90 MINUTES

A customized spa ritual. Choose to relax, rejuvenate or detoxify with specially blended aromatherapy during this customized massage. Our skilled and experienced therapists will use a variety of massage techniques, including Swedish and Deep Tissue, to meet your needs and preferences.

REFLEXOLOGY

30 MINUTES/60 MINUTES

A healing technique designed to relieve stress, promote relaxation, increase circulation and balance the body by stimulating pressure points on the feet.

MASSAGE OF OPULENCE

60 MINUTES/90 MINUTES

Treat yourself to a massage of pure indulgence. Allow your therapist to cater your spa experience and to address your every need using a specially blended anti-aging serum and organic massage oil along with a variety of massage techniques to leave your muscles relaxed and skin feeling like silk.

NEUROMUSCULAR MASSAGE

60 MINUTES/90 MINUTES

A therapeudic treatment using specific techniques to address chronic pain and restore structural balance and alignment.

HOT STONE MASSAGE

90 MINUTES

This ancient healing art uses Basalt Stones bathed in warm water and essential oils to relax your mind and body. During this journey, the stones will be placed on different energy points to balance you and then using the stones as tools, we will soothe even the deepest of tension in your muscles.

GOLF RECOVERY MASSAGE

60 MINUTES/90 MINUTES

This deep massage is ideal for relieving and reducing muscle tension, joint pain and stiffness. This unique experience utilizes chilled golf balls to help reduce the body's core temperature after a round of golf, release trigger points, reduce inflammation of the joints and roll out sore muscles.

TARGET MASSAGE

30 MINUTES

A quick-fix massage in which our therapist will massage the back, neck and shoulders.

DUET MASSAGE (2 GUESTS)

60 MINUTES/90 MINUTES

Spa together in our private Couples Suite while our skilled and experienced therapists utilize a variety of massage techniques, including Swedish and Deep Tissue, to meet your needs and preferences.

DUET MASSAGE RELAXATION BATH

(ADD-ON)

20 MINUTES/50 MINUTES

Extend your couple's massage with additional relaxation time in our Deluxe Couples Suite. Relax in a bath with our signature Citrus Mango bath salts, a Champagne toast and strawberries.



body experiences

BAMBOO BODY PERFECTION

60 MINUTES

This invigorating journey begins with a bamboo scrub, instantly revealing soft supple skin using an effective nourishing and toning exfoliation. Your body will then be nourished in rich macronutrients to provide an intensely nourishing, firming and rejuvenating effect. This treatment helps prevent fluid retention, eliminate toxins and reduce cellulite.

DETOXIFYING MARINE ESSENCE POLISH

60 MINUTES

Purify and revitalize your body. Treatment utilizes bamboo particles to polish away dead skin cells followed by marine algae to hydrate, detoxify and firm the body. Together these ingredients jump start circulation while your mind and body feel revived, and your skin feels silky smooth.

O2 LIPOCELL BODY SCULPTOR

90 MINUTES

Contour your silhouette with ultra-concentrated slimming and anti-cellulite gel combined with advanced massage techniques. The draining and detoxifying active ingredients address and prevent fat nodules to reduce volume for firmer, smoother skin. This experience also includes additional sculpting with a NuFace microcurrent device.

KISSED BY THE SUN

60 MINUTES

Oxygen-infused spray tan applied quickly and evenly, without all the UV dangers of traditional tanning. You will enjoy your tan for up to 6 days.

skincare

TRUMP CUSTOM CLEANSING FACIAL

60 MINUTES/90 MINUTES

Nourish and awaken your skin with a comprehensive cleansing facial customized for all skin types. One of our highly trained skin care experts will provide an individual skin analysis and custom tailor a facial designed to meet your specific skin care needs. Includes customized peel, serum, mask and possible extractions.

THE O2 RELAX: Purifies · Brightens · Balances THE SKIN COMFORT: Soothes · Comforts · Calms THE ESSENTIAL SHOCK: Firms · Nourishes · Tightens

CITRUS ESSENCE

60 MINUTES

An antioxidant treatment that restores vitality to sun-damaged skin and helps minimize the signs of premature aging. 100% pure vitamin C will stimulate collagen production and renew skin firmness.

DIAMOND HYDRATING INFUSION FACIAL

90 MINUTES

Preserve the youth of your skin and slow the aging process with lasting moisture, leaving your skin feeling youthful and fresh with this facial experience. A gold mask visibly diminishes fine lines and wrinkles and restores a youthful energy to every level of the skin. Dramatically reverse premature aging while increasing firmness and elasticity that will smooth fine lines, rejuvenate and rehydrate your skin.

THE CURE FACIAL

60 MINUTES

A true antidote against the affects our modern lifestyle has on our skin. Enjoy a deep cleansing facial featuring an innovative enzymatic detox and steam to open and purify pores, as well as a meticulous extraction process, revealing extraordinarily soft, radiant skin.

advanced skincare

ALPHA BETA PEEL FACIAL

90 MINUTES

Ideal for a wide range of skin types, a combination of both alpha and beta hydroxyl acids will minimize the appearance of surface lines and smooth rough skin texture. It also aids in clearing acne, fading hyperpigmentation, reducing redness and boosting skin's radiance.

SENSITIVE SKIN FACIAL

60 MINUTES

Designed to help calm and soothe sensitive and compromised skin by reducing irritation, redness, and inflammation associated with sensitive and/or rosacea skin types.



REFRESHER FACIAL

30 MINUTES

Nourish and revitalize. This quick refresher will firm, smooth and renew the skin using organic products to cleanse the face.

RESVERATROL HYDRATING FACIAL

60 MINUTES

Combining the highest concentration of pure resveratrol available with clinically proven antioxidant vitamins to help restore skin volume and hydration. This treatment will alleviate dryness and dehydration, help reduce the appearance of redness, promote skin elasticity and radiance, and leave skin looking refreshed and radiant.



mother-to-be

PRENATAL MASSAGE

60 MINUTES

A specialty massage is designed to pacify the changes encountered during this special time for the expecting mother in her second and third trimester. The massage alleviates pressure and relaxes overly tense muscles as well as reduces swelling associated with pregnancy. Please advise us at the time of scheduling the number of weeks into your pregnancy.

MOTHER-TO-BE SKIN COMFORT FACIAL

60 MINUTES

Rebuild skin tolerance, visibly reduce sagging and reverse microinflammation which causes premature aging. Specifically designed to instantly reinforce the skin, this tailored facial is a serious answer for hypersensitivity and rosacea.

MATERNAL CARESS BODY TREATMENT

60 MINUTES

Restore balance and clarity to the skin with this experience. Using organic essential oils to help reduce and control excess oil while reviving the senses, followed by sun-dried clays to help remove clogging impurities and willow bark extract to exfoliate, this service will smooth and soften the skin, helping to maintain a clear and even skin tone.

OXYGEN-INFUSED HAND AND FOOT RITUAL

MANICURE HAND RITUAL | 40 MINUTES

PEDICURE FOOT RITUAL | 65 MINUTES

Hydrate, renew and replenish with this special experience. Our Signature Manicure and Pedicure is enhanced by our skilled therapist's use of oxygen to help infuse rich nutrients to erase years of stress and reveal smooth, supple and comforted skin.





spa jr.

KIDS & TEENS SPA EXPERIENCES

The Trump Spa welcomes younger guests to indulge in relaxing and educational spa experiences designed for kids and teens ages 4 to 15 with an accompanying adult.

SALON SERVICES

PRINCESS MANICURE PRINCESS PEDICURE SPORT JR. MANICURE SPORT JR. PEDICURE PRINCESS WASH & STYLE SPORT JR. HAIRCUT & STYLE

HOW TO SPA JR.

We encourage kids and teens to arrive and check in at The Trump Spa wearing a bathing suit with a shirt or bath robe. Spa Jr. guests must be accompanied by a parent at all times and will not be permitted in our spa locker rooms.

LUXE JR. MASSAGE

25 MINUTES

During this relaxing and soft massage, we will pamper the child in a mini version of our adult Trump Luxury Massage and parents are instructed on how to perform this service in the comforts of their own home. Studies show that massages help stimulate a child's developing nervous system and brain, and increase feelings of self-confidence.

MINI CLEANSE FACIAL

25 MINUTES

This gently cleansing and very relaxing facial will leave your child feeling refreshed. During this facial our skilled estheticians will use products made just for the sensitive skin of children while educating them on easy skin care techniques that can be easily implemented into their daily regimes.



men's spa experiences

ESSENTIAL GENTLEMEN'S FACIAL

60 MINUTES

Refresh and recharge the face by thoroughly rejuvenating the skin. This facial is truly essential for gentlemen who require their face to be in top condition.

BACK SCULPTURE

60 MINUTES

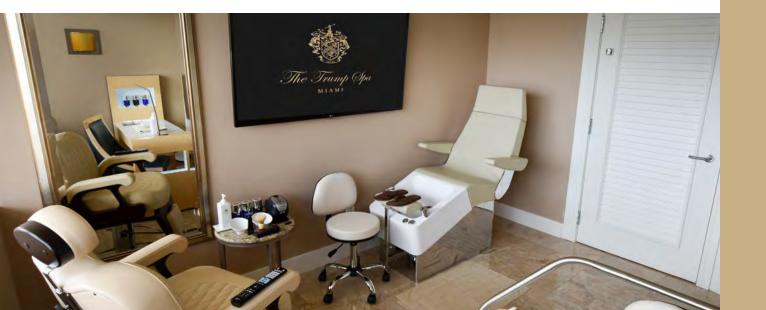
Achieve a silky smooth back through a thorough exfoliation, including hydrating essential oils, a bioactive sea salt mask and a hydrating lotion.

BLACK DIAMOND FACE EXFOLIATION

90 MINUTES

Remove dry, dead skin for a healthy, clear complexion with cultured black diamonds. This facial utilizes diamond dust - one of few ingredients able to penetrate gentlemen's facial hair areas - combined with nutrient rich silver spheres, mixed with a special cleanser.

PERFECT SHAVE 35 Minutes **GENTLEMEN'S MANICURE** 20 Minutes **GENTLEMEN'S PEDICURE** 30 Minutes



hair and make up

| Hair Cut | Full Highligh |
|------------------------------|---------------|
| Hair Cut and Style Short | Partial Highl |
| Hair Cut and Style Medium | Corrective C |
| Hair Cut and Style Long | Permanents |
| Shampoo and Style | Partial Perm |
| Shampoo and Style Fancy | Up Do |
| Hair Shine Color Treatment | Wash and S |
| Tint Retouch | Wash and S |
| Full Tint | Make Up Co |
| Full Tint (2 colors or more) | Men's Hair C |
| Semi Permanent | Beard Trim |

waxing

| Brow/Lip/Chin | Face |
|---------------|----------|
| Brow Shaping | Full Leg |
| Bikini | Half Leg |
| Underarm | Back |
| Full Arm | Chest |
| Half Arm | |

Ill Highlighting

rtial Highlights

prrective Color

rtial Permanent

ash and Style Flat Iron

ash and Style Flat Iron Long

ake Up Consultation

en's Hair Cut



manicures and pedicures

SIGNATURE MANICURE

40 MINUTES

A carefully selected combination of restorative oils deeply nourishes rough, dry hands leaving them soft, smooth and comfortable. Your hands are immersed in a warm, aromatic soak of fragrant aromatic essential oils chosen to ease stress and refresh the mind. A refining olive grain scrub then prepares the hands. Cuticles are given special attention with an application of rich vitamin E oil. Hands and arms feel smooth, soft and deeply moisturized.

SIGNATURE PEDICURE

55 MINUTES

Soften and smooth out-of-condition dry feet. Feet and lower legs are gently body brushed before soaking. A scrub of ground olive pits exfoliates dead skin cells and prepares the skin for the treat to follow. Heels are softened with rich natural oils. A hydrating rose gel is applied and the feet are wrapped to allow deep penetration of the oils. Layers of oils and creams are then massaged into the skin to deeply nourish.

REFRESH MANICURE

20 MINUTES

Our traditional manicure rejuvenates and refreshes hands.

REFRESH PEDICURE

30 MINUTES

A classic pedicure to refresh and revitalize tired feet.

UPGRADES FRENCH POLISH \$15 PARAFFIN \$20 CALLUS REMOVAL \$10 SHELLAC \$20



day spa experience packages

Relax and unwind with your choice of spa day programs combined with full use of our exceptional state-of-the-art resort fitness center, adult only pools, hydrotherapies, steam room, sauna, fitness classes and much more.

RE-ENERGIZER PACKAGE

2 HOURS

Includes the choice of 60-minute Trump Luxury Custom Massage or 60-minute Trump Custom Cleansing Facial and a Spa Lunch.

SERENITY PACKAGE

3 HOURS

Includes 60-minute Trump Custom Cleansing Facial, Signature Pedicure and a Spa Lunch.

TRANQUILITY PACKAGE

3 HOURS

Includes 60-minute Trump Luxury Custom Massage, 60-minute Trump Custom Cleansing Facial and a Spa Lunch.

GENTLEMEN'S DAY PACKAGE

3 HOURS

Includes 60-minute Trump Luxury Custom Massage, 60-minute Essential Gentlemen's Facial and a Spa Lunch.

SPA SIGNATURE DAY PACKAGE

7 HOURS

Includes 60-minute Body Treatment, 60-minute Trump Luxury Custom Massage, 60-minute Trump Custom Cleansing Facial, Signature Manicure, Signature Pedicure, Shampoo & Style and a Spa Lunch.

spa etiquette

RESERVATIONS

Advance reservations are recommended to accommodate your preferences. Our knowledgeable Spa Coordinators are delighted to guide you to the spa experience that best suits your needs.

ARRIVAL

We suggest that you arrive at least 45 minutes prior to your scheduled spa experience. This will allow ample time to sign in and enjoy our facilities, including steam room, sauna, hydrotherapies, shower and outdoor pools and relax in our private lounge and indoor areas.

PAYMENT AND SERVICE CHARGES

We accept all major credit cards and Trump Collection gift cards. Resort guests may also charge services to their rooms and members may charge to their member account. For your convenience, a 20% service charge will be automatically charged to your bill. This charge is always billed at the guest's discretion.

HOURS OF OPERATION

Spa Facilities - 8:00am to 8:00pm, daily. Spa & Salon Services - 9:00am to 7:00pm, daily.

AGE REQUIREMENTS

Facial services are available for guests 16 years and older. All other facilities and services are offered to our guests 18 years and older. Exclusive Spa Jr. experiences available for kids and teens ages 4 to 15 with an accompanying adult.

SPECIAL HEALTH CONSIDERATIONS

Please advise our staff if you are pregnant, recovering from a recent surgery or have any existing medical concerns.

CANCELLATION POLICY

A 24-hour notice is required in order to prevent your account from being charged the full amount of the service.

ATTIRE

A robe, slippers, towels and day locker will be provided for you upon arrival to the spa. Disrobe to the level of your comfort.



massages

TRUMP LUXURY CUSTOM MASSAGE 60 min. \$140 / 90 min. \$190 MASSAGE OF OPULENCE 60 min. \$250 / 90 min. \$300 REFLEXOLOGY 30 min. \$100 / 60 min. \$140 HOT STONE MASSAGE 90 min. \$210 NEUROMUSCULAR MASSAGE 60 min. \$170 / 90 min. \$240 TARGET MASSAGE 30 min. \$100 **GOLF RECOVERY MASSAGE** 60 min. \$160 / 90 min. \$210 DUET MASSAGE 60 min. \$300 / 90 min. \$400 DUET MASSAGE RELAXATION TIME ADD-ON EXPERIENCE

20 min. \$80 / 50 min. \$130

body experiences

BAMBOO BODY PERFECTION 60 min. \$140 DETOXIFYING MARINE ESSENCE POLISH 60 min. \$140 O2 LIPOCELL BODY SCULPTOR 90 min. \$200 KISSED BY THE SUN 60 min. \$140

global spa rituals

FIJI MILK AND HONEY BODY RITUAL 90 min. \$200 VAIDYAS SHIRODHARA JOURNEY 60 min. \$170 LOMI JUMA MASSAGE 60 min. \$170 TROPICAL CITRUS BODY EXPERIENCE 60 min. \$150

skincare

TRUMP CUSTOM CLEANSING FACIAL 60 min. \$140 / 90 min. \$190 DIAMOND HYDRATING INFUSION FACIAL 90 min. \$300 THE CURE FACIAL 60 min. \$140 CITRUS ESSENCE 60 min. \$140

advanced skincare

ALPHA BETA PEEL FACIAL 90 min. \$200 RESVERATROL HYDRATING FACIAL 60 min. \$160 SENSITIVE SKIN FACIAL 60 min. \$160 REFRESHER FACIAL 30 min. \$100

mother-to-be

PRENATAL MASSAGE 60 min. \$140 MOTHER-TO-BE SKIN COMFORT FACIAL 60 min. \$140 MATERNAL CARESS BODY TREATMENT 60 min. \$140

OXYGEN HAND AND FOOT RITUAL Manicure Hand Ritual 40 min. \$70 Pedicure Foot Ritual 65 min \$80

spa jr.

LUXE JR. MASSAGE 25 min. \$80 MINI CLEANSE FACIAL 25 min. \$80 PRINCESS MANICURE 20 min. \$20 PRINCESS PEDICURE 20 min. \$30 PRINCESS CUT & STYLE from \$65 SPORT JR. MANICURE 20 min. \$20 SPORT JR. PEDICURE 20 min. \$30 SPORT JR. HAIRCUT & STYLE \$30

waxing

 BROW/LIP/CHIN \$20 (each)

 BROW SHAPING \$30

 BIKINI \$50

 UNDERARM \$30

 FACE \$50

 FULL ARM \$50

 HALF ARM \$30

 FULL LEG \$75

 BACK \$75

 CHEST \$70



day spa packages

RE-ENERGIZER PACKAGE 2 hr. \$185 SERENITY PACKAGE 3 hr. \$255 TRANQUILITY PACKAGE 3 hr. \$350 GENTLEMEN'S DAY PACKAGE 3 hr. \$350 SPA SIGNATURE PACKAGE 7 hr. \$750

men's spa experiences

ESSENTIAL GENTLEMEN'S FACIAL 60 min. \$140 BLACK DIAMOND FACE EXFOLIATION 90 min. \$260 BACK SCULPTURE 60 min. \$140 PERFECT SHAVE 35 min. \$50 GENTLEMEN'S MANICURE 20 min. \$40 GENTLEMEN'S PEDICURE 30 min. \$50

manicures and pedicures

SIGNATURE MANICURE \$60 SIGNATURE PEDICURE \$70 REFRESH MANICURE \$40 REFRESH PEDICURE \$50 FRENCH POLISH ADD-ON \$15 PARAFFIN ADD-ON \$20 CALLUS REMOVAL ADD-ON \$15 SHELLAC ADD-ON \$20

hair and make up

HAIR CUT ONLY from \$50 HAIR CUT AND STYLE from \$60 SHAMPOO AND STYLE from \$50 SHAMPOO AND STYLE FANCY from \$80 HAIR SHINE AND COLOR TREATMENT from \$60 **TINT RETOUCH** from \$50 FULL TINT from \$60 FULL TINT (2 colors or more) from \$140 SEMI PERMANENT from \$60 FULL HIGHLIGHTS from \$95 PARTIAL HIGHLIGHTS from \$65 **CORRECTIVE COLOR** upon consultation **PERMANENTS** from \$95 **PARTIAL PERMANENTS** from \$65 **UP DO** from \$50 WASH AND STYLE FLAT IRON from \$55 **MAKE UP CONSULTATION \$50** MEN'S HAIRCUT \$35 **BEARD TRIM** \$15

*hair pricing is based on the length and texture of the hair, determined by stylist.



THE TRUMP SPA

8755 NW 36th Street | Miami, Florida 33178

305.717.6303 | www.trumpnationaldoral.com