



MESSAGE GROUPS - "I CAN" - JANUARY 6

LEADERSHIP THOUGHT:

This New Year's Series leans into the idea of an "Anti-Resolution". While there is benefit in our "I Can" attitude to lose weight or stick to a better budget, the real life change comes for the things that we can only do with God's help and power. God wants to take you on a journey to depend and trust Him more fully for the places in life where "I can't".

ICEBREAKER:

What is one 2019 New Years Resolution you made this year that you hope to keep?

DISCUSSION QUESTIONS

We have all had circumstances in life that force us from **I CAN** to **I CAN'T**. This is often where we have to acknowledge that while I can't, **GOD CAN**.

- **Q:** *Have you ever had a moment where things shifted in your life from "I CAN" to "I CAN'T"? What are the types of circumstances that leave us thinking "I can't"?*

While there are many things in life that we have to rely on God's power to overcome, God has given us a free will and power of decision making in our life. One thing that we **can** choose is to let our identity be defined by our Creator (God) and not the culture.

- **Q:** *What do you think are the differences in an identity rooted in God and not the culture?*
- **Q:** *PK says that if you want a life that matters most, you have to choose the things that matter most. What are some of the things in life that you think God would say "matter most"?*

Another thing that we **can** choose is to care more about others and less about ourselves.

- **Q:** *Has there ever been a time when someone intentionally put your needs above their own? Share with the group!*
- **Q:** *What is one practical way you could be more about others than yourself in 2019?*

CLOSE

We don't know the timing of God or the full power of God, so to really see change in our life will require us to lean on Him more fully for deliverance and provision.

- **Q:** *Where in life do you need to declare **I CAN'T** but **GOD CAN**? Spend some time in prayer privately or as a group for the things you need to fully surrender to God and trust that He can.*

