



MESSAGE GROUPS - I'M DONE - WEEK 3 - JANUARY 20

LEADERSHIP THOUGHT:

This New Year's Series leans into the idea of an "Anti-Resolution". While there is benefit in our "I Can" attitude to lose weight or stick to a better budget, the real life change comes for the things that we can only do with God's help and power. God wants to take you on a journey to depend and trust Him more fully for the places in life where "I can't".

ICEBREAKER:

If you could pick one resolution for the rest of the year that you could be **guaranteed** to follow through on - what would that one thing be?

DISCUSSION QUESTIONS

When we spend time in the desert learning the power of **GOD CAN**, God often gives us fresh calling and an invite to take action. Read aloud **Exodus 3: 7-12**.

- **Q:** *Have you, like Moses, ever had a moment where you felt like God was calling you to something and felt under-qualified and unprepared? Share with your group.*
- **Q:** *Moses realized that the power in what we are called to is because God has picked us. It isn't about us - it is about who has called us! How should this change how we approach things in life?*

There is a truth we should know about God. God **CAN**: Bring **dead** things to **life**.

- **Q:** *We often find ourselves in dead relationships, dead financially, or dead in our faith - and God CAN bring those things back to life. Have you ever experienced this in your life or the life of someone else?*

We can choose to **cooperate** with God to see things **freed up**. We have a part to play.

- **Q:** *In order to cooperate with God, we have to LAY DOWN some things (sin, addiction, pride, fear) and PICK UP other things (obedience, serving, kindness). Why do you think we often miss this and miss out on what God wants to do in our life?*

CLOSE

God has invited all of us to having more of Him and more of what He wants to do in our life. But to know the more of God, it requires more of us to lay things down and pick things up.

As you close - give the group time to process this question privately or out loud as they feel led.

- **Q:** *What is the one thing God is calling you to **lay down** and the one thing you need to **pick up** in order for God to move in a new way in your life?*

