

MESSAGE GROUPS - I'M DONE - WEEK 4 - JANUARY 27

LEADERSHIP THOUGHT:

This New Year's Series leans into the idea of an "Anti-Resolution". While there is benefit in our "I Can" attitude to lose weight or stick to a better budget, the real life change comes from the things that we can only do with God's help and power. God wants to take you on a journey to depend and trust Him more fully for the places in life where "I can't".

ICEBREAKER:

Do you have trouble asking for help? When was the last time you asked someone for help with something important?

DISCUSSION QUESTIONS

Read aloud **Exodus 3: 7-8**

- **Q:** What do the phrases "**God heard...was concerned...and came to rescue**" say about who God is?

There are two truths about who God is found in this passage:

1. You only find God by way of NEED 2. When you find God you find RESCUE.

- **Q:** Our journey to finding God's rescue begins when we acknowledge our need for Him. What things can keep people from knowing their need for God?

Our pride keeps us from wanting to acknowledge that we have a need. Pride is what leads us to think we can try harder, do better, and please God by trying to "be good". God wants our need, not our pride.

- **Q:** There is an underlying truth that we ALL have needs in our life. What are some of the needs in your life that are too big for you to solve on our own?
- **Q:** We are not created to be self-sufficient. We are made to have a **need for God**. What do you think it looks like to depend on God instead of depend on ourselves?

CLOSE

We are all at risk of losing our sense of need and drifting from a close relationship with God. Whether you are acknowledging your need for the first time or re-newing your need for God's rescue - we all have to live in the reality of bringing our need and receiving God's rescue.

As you close - give the group time to process this question privately or out loud as they feel led.

- **Q:** How are you doing with bringing your **need** before God and where do you need to experience His **rescue** in your life?