

GROUPS

at 12STONE

MESSAGE GROUPS | SEAN MYERS, THERE'S NO CONDEMNATION IN CHRIST - AUGUST 25

LEADERSHIP THOUGHT:

Paul's conviction that "there is no condemnation in Christ" shows us that we are freed up to give our sin and regret to Jesus. He paid for our sin on the cross, and when we confess our sins to him, he releases us from the weight of regret. Because of Jesus, we are freed from eternal condemnation and can fully experience the grace and forgiveness of God

ICEBREAKER:

Share the most regrettable purchase you've ever made.

DISCUSSION QUESTIONS

Read Romans 8:1-2 aloud.

Q: What does condemnation mean to you? How do you become free from condemnation?

Verse 1 of Romans 8 begins with "Therefore," meaning there is a reason for the coming statement. Read Romans 7:14-15 and 7:21-25 aloud to better understand Romans 8:1

Q: What is a regret that you have hard time letting go? Leaders, have your group write this down instead of sharing aloud.

Q: What are some reasons that you have a hard time giving over your regrets to Jesus?

Jesus saves us from eternal condemnation and the Holy Spirit frees us from experiencing condemnation on this side of heaven. When we hold onto our sin and regret, it weighs on us like baggage. The enemy uses this baggage to tell us we are not worthy of the freedom offered through the Cross.

Q: Because of Jesus we have the opportunity to go to him to free us from our regrets. How would you live your life if you didn't have to carry around the heaviest of your baggage of regret? What do you believe God would be able to do through you?

CLOSE

Handing over a regret or confessing to Jesus Christ is not easy. God never promised that this life would be easy, but He does promise freedom and forgiveness when we trust Him.

Leaders: Please pray for freedom over the regrets your group wrote down.