



First, watch
this week's
video!

Make Waves:
What you
do today
can change
the world
around you

Memory Verse

"The fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself."
Galatians 5:22-23a,
NirV

Bible Story

Abigail Intervenes
1 Samuel 25:1-35

Key Question

What are some ways
to make peace?

Use this guide to help your kids learn how God's Spirit can help us "make waves."

Activity

Peace Out!

What You Need:

Paper, marker, coloring utensils

What You Do:

Give each kid a piece of paper. Using the markers, instruct kids to draw the outline of a peace symbol on their paper. Encourage kids to color and decorate their peace symbol.

SAY: "I'm going to describe some people from our story today. If you know who I'm describing, hold up the peace sign side of your paper say the answer. If you don't know the answer, hold up the blank side of your paper.

1. This person was wealthy, rude, and foolish. (Nabal)
2. This person was clear-minded, wise, and a peacemaker. (Abigail)
3. This person helped protect Nabal's sheep and workers. (David)
4. This person turned away David's men and refused to help them in any way. (Nabal)
5. This person took his men to attack Nabal when he heard how his men were treated. (David)
6. This person stayed calm and found a way to try to bring peace. (Abigail)
7. This person accepted Abigail's apology and her gifts, and agreed not to harm Nabal and his men. (David)

SAY: "Great job remembering what each person did in our story today!"



Talk About the Bible Story

Do you find it difficult or easy to make peace with others?

Do you have an example of a conflict you were recently involved in that you would be willing to share? How did you handle the situation?

What are some ways you can take control of your reactions when the conflict is right in front of you, like Abigail did?

How can peace make change in the world around you?

Leader: Share a kid-appropriate story of a time when you helped others make peace, or when someone helped you make peace.

Prayer

"Dear God, please help us to be more like Abigail in the times when we're facing conflict. Give us the courage and the strength to be peacemakers, so we can make a lasting impact on the world. We want to point others to You! We love You. In Jesus' name, Amen."

Activity Time:

Complete the activity page.

Extra Time?

Refer to the "Extra Time and Conversation Starters" for more ideas.