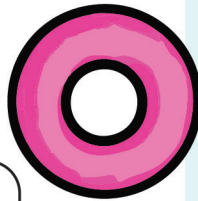
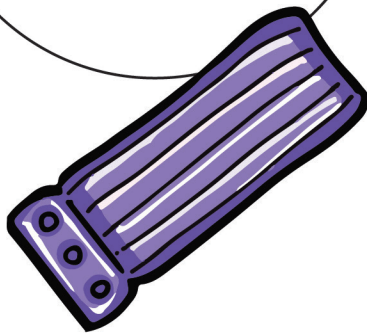




Have fun learning and playing with  
your preschoolers!



**First, watch  
this week's  
video!**



### Bible Story

Abigail Intervenes  
(1 Samuel 25:1-35)

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### Remember This

"I can do everything through  
Christ, who gives me strength."  
Philippians 4:13, NLT

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### Say This

Who can help you  
do everything?  
Jesus can help you  
do everything.

## Activity

### Peaceful Painting

#### What You Need

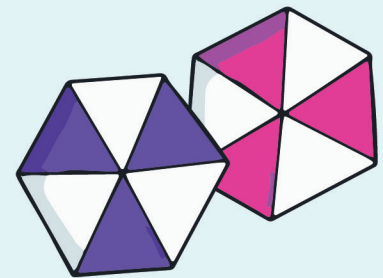
Music from your phone

#### What You Do

Gather the kids in the middle of the room. Tell kids you will have a dance party. Instruct kids to dance while the music plays. When the music stops, kids will freeze and say "Jesus can help me do everything".

**SAY:** "Friends, gather here with me. Spread out so you have plenty of room! I will play our monthly song while you dance, dance, dance! When the music stops, I want you to freeze where you are. Then we'll say "Jesus can help me do everything". Ready? Here we go!"

After the Activity: "Whew, dancing can make you tired! You have some awesome dance moves. Tell me, **who can help you do everything? Jesus can help me do everything!**"



## Prayer

"God, thank you for the story of Abigail, which shows us that you can help us be peaceful. Being peaceful can help a lot of people. Thank you that you can help us do anything! Amen."

**Activity Time:** Complete the activity page.

**Extra Time?** Refer to the "Extra Time and Conversation Starters" for more ideas.