

High Wire: Daring to Trust

Use this guide to help your kids learn how we can trust God.

First, watch this week's video!

Trust:
Putting your confidence in someone you can depend on

Memory Verse

"Trust in the LORD with all your heart. Do not depend on your own understanding."
Proverbs 3:5, NIV

Bible Story

Jacob and Esau's Reconciliation
Genesis 31:3;
32:3-32; 33:1-17

Key Question

What do people worry about?

Activity

Draw that Picture

What You Need:

Paper and Markers

What You Do:

Pair up kids. Instruct the 1st kid from one pair to sit on the floor. Then tell their partner to sit behind them. The partner sitting behind will draw a picture on the back of the partner sitting in front. The partner in front will draw what they think their partner drew on their back. Have the partners share if the picture is correct. Continue until each pair of kids has had a turn. You may choose to secretly tell kids what to draw on their partners back to make it more challenging.

After the activity, **SAY:** "Trust is important in a friendship. We have a friendship with God. Even when we don't quite understand what's going on, and we have worries, we can trust God."



Talk About the Bible Story

What was Jacob from our story worried about? (*He hoped that his brother Esau would forgive him.*)

What kinds of things do you worry about? What situations make you feel worried or anxious? How could you trust God in those situations?

How would God's wisdom, or peace, or patience, help with those worries?

Leader: Share about a time when you felt worried, but you decided to trust God. It could be small (you got lost in a store as a kid), or bigger (you were worried about finances or relationships). Emphasize that trusting God didn't mean that you got what you wanted, but that God gave you peace, wisdom, etc.

Prayer

"Dear God, thank You for loving us the way You do. It's so good to know that we can trust You when we feel worried. You care about us, and You are in control. You are with us always, even when it feels like we're alone. Thank You for giving us Your peace when we bring our worries to You. Amen."

Activity Time:

Complete the activity page.

Extra Time?

Refer to the "Extra Time and Conversation Starters" for more ideas.