



# GROUPS

at 12STONE

## 1.8.2023 Conversation Guide

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### How To Build An Unshakeable Life

Has life ever taken something that felt solid—your relationships, your work, your finances—and suddenly made it feel shaky? Even intangible things like our emotions or our character can feel secure one day and unstable the next. Jesus finished the Sermon on the Mount with a parable about how to build our life and what the foundation must look like. Let's talk about what that parable can teach us about building an unshakeable life!

#### Key Scripture | Matthew 7:24-27

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

- Related Scriptures | Ephesians 1:16-18, 1 John 4:10

#### Icebreakers:

Q: Have you ever built your own home?

## Discussion Questions:

### I. The Foundation: Know God

*Q: How does Scripture build a foundation for knowing God?*

*Q: How does worship build on that foundation?*

### II. The Framing: Find Freedom

*Q: What thoughts in your life, if they weren't there, would make your life better?*

### III. Room Design: Discover Purpose

*Q: Like rooms in a house, each person has a unique purpose. How could a foundation of worship and freedom from toxic thoughts help you discover your purpose?*

### IV. Fill it with Family: Make a Difference

## Get Practical:

**Pursue practical steps to build each part of your spiritual “house.”** Build your foundation with the truth of God’s word and by experiencing God’s presence in worship. Intentionally take your thoughts captive and uproot the ones that tear your foundation down. Lean into your unique purpose. Finally, step out and make a difference with what God loves most: people!

## Resources (click the links below to access)

*Volunteer at 12Stone*

<https://12stone.com/volunteer/>

