



Notes | December 31, 2023

New Years Eve: Gratitude

Gratitude breaks the cycle of rushing to the next thing and gives you the freedom for reflection, enjoying the goodness of God, and thanking Him for who He is.

The end of the year is a great time to look back on all that's happened in the past 365 days. While a lot can happen in a year, what's true is that we are all marked by something from it. Maybe you had the best year of your life and there was celebrations, promotions, laughter, and immeasurable joy. Maybe your year was full of loss, disappointment, fear, and confusion. Despite the year you've had, Scripture tells us to thank God, to turn back (reflect), and praise God for who He is. Whether we're bringing joy or the weight of pain, let's reflect and remember the goodness of God.

Key Scripture | Luke 17:15-19

One of them when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him—and he was a Samaritan. Jesus asked, "Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?" Then he said to him, "Rise and go; your faith has made you well."

Related Scriptures

Luke 17:11-14; Luke 22:14-20

Icebreakers:

Q: What is your biggest highlight of 2023? Why?



Key Thoughts and Reflections:

I. Have a Gratitude Mindset.

Q: What are you grateful for in life?

Q: How do you show your gratitude to others?

Q: How do you show gratitude to God?

II. Have a Worship Disposition.

Q: How can you worship God outside of a church service?

Q: Share a story of a marking worship moment for you.

Q: Why are gratitude and worship important in our relationship with God?

III. Have a Prayerful Heart.

Q: How has prayer impacted your life and relationship with God?

Q: What are ways you can maintain a prayerful heart each day?

Q: What are you currently praying for? How can your Group join you in prayer?

Get Practical

This week, spend intentional time each day in prayer. Consider ways you can be intentional prayer throughout 2024. Set a reminder on your phone, wake up early, or pray as you go each day.

Whenever it is, focus on this:

- Thank God personally.
- Thank God specifically.
- Talk to God honestly.