



Notes | July 21, 2024

## I Have Decided to Follow Jesus - Goodbye Yesterday

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We have spent the last few weeks talking about hymns that have shaped generations before us. Today we are going to talk about a hymn that is shaping our generation and the ones after us. This hymn is telling us that we will have new life in Jesus. It can be easy for us to say yes to Jesus, but so often we still get stuck in our old life. Our sin imprisons us but Jesus paid a debt for us to be free so we can have new life and find it in Him!

### Key Scripture | Romans 5:8

*But God demonstrates his own love for us in this: while we were still sinners, Christ died for us.*

### Related Scriptures

Romans 5:20; Romans 6:1-2; Romans 6:20-21; Galatians 5:1; Hebrews 12:1; 1 Corinthians 6:18; John 10:10

### Icebreakers:

Q: If you could make one toy from your past popular again, what would it be?

## Key Thoughts and Reflections:

I. When I follow Jesus, I am a new creation. I'm not who I used to be.

Q: What was your life like before Jesus?

Q: When you hear the phrase "new life", what does that look like to you?

Q: Do you struggle asking for forgiveness from God? Why or why not?

II. Sin is the gravitational pull that you and I have to RUIN everything good. He's making it clear: SIN is not an amusement park. It's a jail cell.

Q: Do you feel like you get stuck in the same patterns of your "old life"?

Q: Lying, People Pleasing, Pride, Greed, Lust, Addiction. Is there a sin that you have struggled with in the past that ruined something in your life?

Q: Do you treat sin as something you should run from or something fun?



III. The goal is not to just get rid of sin, but the goal is to draw close to Jesus.

Q: Is there a rhythm in your life that helps you draw close to Jesus?

Q: Do you look at your relationship with Jesus as relational or transactional?

Q: Is it easier for you to find freedom by not sinning or by drawing closer to Jesus? Explain.

## Get Practical

Today we talked about how we find freedom in our decision to follow Jesus and the importance of putting the world behind us. Spend time this week in prayer confessing something of this world that has a hold on you. Identify your "jail cell" and lay it at the feet of Jesus in prayer this week.