

# UNSHAKEABLE

March 15<sup>th</sup>, 2026

## >> Am I Fighting the Right Battle?

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### Overview:

Spiritual warfare is not a distant or abstract concept; it's a daily reality. Scripture reminds us that our struggle isn't against flesh and blood but against spiritual forces working to deceive, divide, and destroy. Yet God does not leave His people unprepared. Through Christ, the victory has already been secured, and believers are equipped with the Armor of God to stand firm and advance His Kingdom. Just like a firefighter would never enter a burning building without proper gear, believers are called to "suit up" daily with the armor God provides. Each piece protects us, strengthens us, and prepares us to move into places of darkness with the hope of the gospel. The challenge is not whether the armor exists rather it's whether we wear it. Many believers misunderstand how the armor is meant to be used. Instead of battling sin within, rescuing people with compassion, and relying on God's strength, we can easily drift toward attacking people, ignoring our own struggles, or fighting in our own power. Instead, we need to focus on aligning our hearts with God's intent for spiritual battle: resisting the enemy, battling sin, and helping rescue people who are far from God.

### Key Scripture | Ephesians 6:13-18

"Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."

### Key Thoughts and Reflections:

**I. Choose to Battle Sin "in here" Instead of Attack "out there".**

Q: Where are you most tempted to focus on problems in the world instead of asking God to address something in your own life?

Q: What is one area of personal struggle where you sense God inviting you to fight differently this season?

**II. Choose Rescue Instead of Attack.**

Q: How does remembering that people are "prisoners of war" instead of enemies change how you see them?

Q: Who is one person in your life that God may be inviting you to move toward with rescue-minded love?

**III. Choose to Battle in God's Strength Not Your Own**

Q: Which piece of the "armor of God" do you tend to neglect most in your daily life? (see below)

Q: When life feels overwhelming, what do you typically rely on first, your effort or God's power?

Q: What are some practical ways you can intentionally "armor up" through prayer and God's Word this week?

## >> Get Practical

Spiritual battles aren't just fought in big moments they're fought in the ordinary rhythms of everyday life. The way we "armor up" is by intentionally staying connected to God through His Word, prayer, and community. Instead of focusing on the problems we see around us, ask God to start with your own heart. Invite Him to reveal any areas where sin, pride, or self-reliance have crept in. As you deal honestly with what's happening in you, God will also begin to shape how you respond to the people around you, not with attack, but with a desire to see them rescued. Take five minutes each morning this week to intentionally "armor up." Before your day begins, read a short passage of Scripture and pray through one piece of the armor of God. Ask the Holy Spirit to help you fight sin in your own life and to give you eyes to see one person you can move toward with grace and encouragement this week.

### Armor of God

- **Belt of Truth**
  - Purpose: Crushes the lies of the enemy and keeps you advancing forward.
  - Put it on daily: Read your bible every day and affirm truths like "Jesus is the way".
- **Breastplate of Righteousness**
  - Purpose: Shields us from guilt and accusations.
  - Put it on daily: Pray "I'm righteous in Jesus" and confess your sins quickly.
- **Shoes of Gospel Peace**
  - Purpose: Grip in chaos. Gives us traction in opposition. Helps us stand firm.
  - Put it on daily: Meditate on Romans 5:1 and pursue reconciliation in relationships.
- **Shield of Faith**
  - Purpose: Quenches our fear and doubt.
  - Put it on daily: Cling to God's promises through prayer. Recall His past faithfulness amid attacks.
- **Helmet of Salvation**
  - Purpose: Protects our thoughts from despair and whispers of the enemy. Victory, not victim, in Jesus!
  - Put it on daily: Renew each day with Ephesians 2:8-9. Reflect on the work of Christ.
- **Sword of the Spirit**
  - Purpose: It's an offensive blade, it slices lies. We can wield it like Jesus.
  - Put it on daily: Memorize verses and quote them out loud in moments of temptation. Don't just know scripture, weaponize it!