

groups.

— Notes | April 5th, 2026

Easter Sunday | Resurrection Power

It doesn't take long to realize we don't have much power. A walk down the street, a glance at the news, or even struggles in our own homes can remind us how powerless we sometimes feel. Yet Easter comes with something far greater than any strength or power found in this world. The same power that raised Jesus from the dead – the resurrection power of God – is available to transform, forgive, and free anyone who believes in Jesus. From Mary Magdalene being set free from bondage, Saul's life completely turned around, and the thief on the cross receiving forgiveness in his final moments, Scripture shows us that God's power meets us in our weakness. We are invited to experience this power personally. We can lay down our striving and pick up the resurrection power of God to break sin, shame, and fear.

Key Scripture | Ephesians 1:19-20

¹⁹ and his incomparably great power for us who believe. That power is the same as the mighty strength ²⁰ he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms,

Related Scriptures

— Luke 8:1-2; Mark 16:9-10; Galatians 1:13-14, 23; Luke 23:32-33,39-43,

Icebreakers:

— Q: What is something you felt powerless over as a kid?

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Key Thoughts and Reflections: _____

I. Our Powerlessness

Q: When life feels out of control, how do you typically respond?

Q: Where do you most want to experience God's power in your life right now? (examples: habits, thoughts, relationships, circumstances, past decisions that continue to have consequences)

Q: Do you struggle to admit to feeling powerless or weak? Why or why not?

II. Power in the Resurrection

Let's review the Greek words for power...

Q: How could seeing God's power through the lens of *Dunamis* – His incomparably great, miracle-working strength – reshape the way you trust Him in your life?

Q: *Energeia* shows that God's power is active and at work, not dormant. How does this description encourage you about what God is doing?

Q: The terms *Kratos* – God's ruling power – and *Ischus* – His raw strength – are very assertive terms. Can you think of a time when you've seen that kind of power in action?

III. Jesus' Power in Our Story

Q: Throughout Scripture, we see people who were completely powerless until they encountered Jesus. Mary Magdalene who was powerless over spiritual bondage was set free. Saul who was powerless through religion and achievement was transformed. The thief on the cross was powerless over his past and consequences, yet he was forgiven and saved. Which of these stories do you relate to most and why?

Q: When is a time you have needed God's power to bring freedom, forgiveness, or transformation?

Q: How does knowing Jesus died to set you free change the way you see your story, your struggles, and your future?

Get Practical _____

On a piece of paper, write down one area where you've been relying on your own strength. Then, write what it would look like to surrender that to Jesus and trust His power. Every day this week, pray over that area and intentionally release control to God.