

groups.

— Notes | May 31st, 2026

Church Unbranded: The Body

Eric Church said, "We live in a culture that tempts us to perform for everyone but belong to no one—to be globally visible but locally invisible." While the world pushes us toward isolation, God calls us into community. We were never meant to walk through life alone, carrying every burden and responsibility by ourselves. God created us to be woven into the intimate and intricate fabric of His Church. The Church is not a gathering of individuals pursuing separate goals; it is a body working together with a shared purpose. Every gift, every personality, every story, and every calling has been intentionally placed by God for the good of the Church and the world. As we stay connected, serve one another, and pursue His mission together, our lives begin to display the beauty of Christ. The reality is simple: you need the Body, and the Body needs you.

Key Scripture | 1 Corinthians 12:12-27

¹² Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. ¹³ For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. ¹⁴ Even so the body is not made up of one part but of many.

¹⁵ Now if the foot should say, "Because I am not a hand, I do not belong to the body," it would not for that reason stop being part of the body. ¹⁶ And if the ear should say, "Because I am not an eye, I do not belong to the body," it would not for that reason stop being part of the body. ¹⁷ If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? ¹⁸ But in fact God has placed the parts in the body, every one of them, just as he wanted them to be. ¹⁹ If they were all one part, where would the body be? ²⁰ As it is, there are many parts, but one body.

²¹ The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" ²² On the contrary, those parts of the body that seem to be weaker are indispensable, ²³ and the parts that we think are less honorable we treat with special honor. And the parts that are unpresentable are treated with special modesty, ²⁴ while our presentable parts need no special treatment. But God has put the body together, giving greater honor to the parts that lacked it, ²⁵ so that there should be no division in the body, but that its parts should have equal concern for each other. ²⁶ If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it.

²⁷ Now you are the body of Christ, and each one of you is a part of it.

Related Scriptures

— 1 Corinthians 16:13-14

Icebreakers:

— Q: What is a unique skill, trait, or quirk that makes you stand out in your family or friend group?

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Key Thoughts and Reflections: _____

I. Different but Not Divided

Q: It's easy to feel like you don't belong to a group of people if you don't look, act, or think like everyone else. How does the enemy use our unique differences to make us feel isolated or unimportant in the church?

Q: Have you ever explored your divine design through spiritual gifts or personality assessments? What did you learn?

Q: Why is it vital to remember that while our spiritual gifts and roles are entirely different, our ultimate mission remains exactly the same?

II. You Need the Body and the Body Needs You

Q: Is there an area of your life where you've been trying to carry a burden alone instead of allowing the Body of Christ to support you and help? If so, what would it look like to let others in?

Q: Have you ever been strengthened by someone else's gift, encouragement, or investment in your life? Who was it and how has it impacted your life?

Q: "The body needs you." Who is currently in your circle that is hurting, and how can you actively bring God's healing or support to them this week?

III. The Health of The Body

Q: Jason mentioned that cells living only to serve themselves act like "cancer" in a body. Are there any areas of your church experience where you are tempted to focus on "what can I get?" rather than "what can I give?"

Q: If you were to withhold your gifts, what would the Church lose?

Q: How is God inviting you to use your gifts, experiences, or resources to serve and strengthen others in the Body of Christ?

Get Practical _____

This summer don't stay on the sidelines! If you're ready to discover how God has uniquely wired you and where you fit, sign up for [Growth Track](#) starting next Sunday, **June 7th**. This is where you discover your spiritual giftings, find your place, and take your next step at 12Stone.

If you want to invest in the next generation, step in and serve this summer at our camps. You can register to serve for [Kids Camp](#); or jump in and serve with [Student Camp](#) as we invest in what God is doing in the next generation's lives.