

# groups.

— Notes | June 21, 2026

## Second Chances | Sow Smart

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The Churches of Galatia were comprised of Gentile converts who were heavily influenced by a lie. Just as Samson, in Judges 13, had been deceived into disobeying God, they too were deceived by messages that led them away from the Gospel and into confusion. The ways of the thief who comes to steal, kill, and destroy have not changed. Paul gave a warning to the churches that echoes for the Church today: “Do not be deceived: God cannot be mocked. A man reaps what he sows.”

This message is one of great consequence. Culture deceives us into believing we should sow to please ourselves and others. Yet we are confused when sowing to please our flesh leads to destruction. But God invites us to sow smart: Sow to please His Spirit, and from His Spirit we will reap eternal life. Eternity that begins now: a life filled with truth, hope, love, joy, peace, power, and all the fruits He so lovingly provides.

### Key Scripture | Galatians 6:7-10

“Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

### Related Scriptures

— Judges 13, Isaiah 41:10, Romans 8:5-6, Romans 8:26-27, 1 Corinthians 15:58, 2 Corinthians 9:6, 2 Timothy 1:7

### Icebreakers:

— Q: What have you lost that you would be delighted to find if you only spent the time looking?

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## Key Thoughts and Reflections:

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### I. Second Chances invite us to persevere.

Q: According to today's key scripture, what do we reap when we do not give up?

Q: How does pleasing the flesh bring destruction?

Q: In your own words, why does sowing to please the Spirit bring a harvest?

### II. Choosing Wisdom over Weariness is sowing smart.

Q: Being wise can feel like an uphill battle. What demands in your own life leave you feeling weary?

Q: After losing everything he had been given, Samson, in Judges 16:28, prayed for God to remember and strengthen him. How does God give us strength when everything has seemingly been stripped from us?

Q: Read Romans 8:26-27. Who did God give us to help in the moments when giving up seems like our only option? How does He help?

### III. Don't let pressure change your priorities.

Q: Does pressure reveal where and what we are sowing? Why or why not?

Q: How does sharing our priorities with others help us in seasons of weariness and pressure?

Q: Circling back to today's key scripture, what do you believe God prioritizes in sowing?

## Get Practical

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Second Chances invite us to partner with God and persevere when weariness and pressure attempt to take us out. This week, write Isaiah 41:10 in your journal and ask the Lord to reveal the places where He wants to partner with you in sowing. Every morning, invite the Holy Spirit to fill you with all you need to sow smart. Read this passage from Isaiah aloud and pray for the help and strength that you need to persevere through the day. If you need prayer, reach out to your small group leader or text prayer to 37748 so we can pray with you.