

groups.

— Notes | July 5th, 2026

Second Chances | What Do We Do With Them?

Everybody has a “sinkhole”. Everybody has a place where our lives *look* better on the outside than they *are* on the inside. It may be the result of a decision you’ve made, or it can also be caused by the actions of others.

A sinkhole is when our family looks great on Instagram, but in reality, we can’t stand to be around each other. A sinkhole is when our house or our car or our vacation looks beautiful, but the debt behind it is crushing us. A sinkhole is when we’re the person everyone calls when things are falling apart, but we don’t have anyone we can call when we’re the one falling apart.

A sinkhole is any place where our lives *look* better on the outside than it is on the inside. So, what do we do with the sinkholes in our lives? Even when it wasn’t your fault, addressing the sinkhole is your responsibility. We have two choices: 1. Try to fix it yourself. 2. Ask for help.

Most of us try to fix it ourselves. Asking for help is costly.

Key Scripture | Matthew 16:25-26

25 For whoever wants to save their life will lose it, but whoever loses their life for me will find it. 26 What good will it be for someone to gain the whole world, yet forfeit their soul?

Related Scriptures

— Deuteronomy 7:3-4; 1 Kings 3:1, 6:38, 11:4-11

Icebreakers:

— Q: Do you have any unusual areas in your life that like to control, like a pet peeve?

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Key Thoughts and Reflections: _____

I. A sinkhole is any place where our lives *look* better on the outside than they *are* on the inside.

Q: In your life, what are the pressures that cause you to want to appear like you have it all together?

Q: Have you ever known someone that seemed perfect, but you eventually learned the truth?

Q: Why do you think the struggle with being duplicitous is harmful to the body of Christ?

II. Solomon was well known for being wise, but he still gave in to temptation.

Q: What were some of the early signs of trouble in Solomon's life?

Q: How do you think other people were impacted by Solomon's choices, i.e. family, people he governed?

III. Maybe it wasn't your fault, but addressing a sinkhole is your responsibility.

Q: What kinds of situations make it hard for you to ask for help?

Q: What does asking for help cost you?

Q: Is there anything in your life right now that you need to ask for help to address?

Get Practical

We all have areas that can become sinkholes in our lives. We also know the One who can repair and restore anything that the enemy wants to use to destroy us. We don't have to avoid the pain. We don't have to fear facing it either. Jesus is FOR us! This week, pray for the Holy Spirit to reveal any sinkholes in your life. Step out in faith to ask Jesus to help you face it and find true freedom in His name and by His power!