

★ ★ ★ USOPC Psychological Services ★ ★ ★

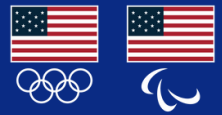
PROVIDER MENU



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The background is a solid red color with several white, five-pointed stars scattered across it. The stars vary in size and are positioned at various angles, creating a festive or celebratory atmosphere.

MEET YOUR PROVIDERS



Jessica Bartley

Psy.D., MSSW, LP, LCSW, CMPC

Sr. Director, Psychological Services



jessica.bartley@usopc.org

Joining the U.S. Olympic & Paralympic Committee (USOPC) in 2020, Dr. Jess Bartley (she/her) is the senior director of psychological services. She is a licensed psychologist, clinical social worker and a certified mental performance consultant (CMPC®) with the Association for Applied Sport Psychology (AASP). She's served on the executive board for Division 47 in the American Psychological Association (APA) in various roles and was elected President in 2023 of the division. She has also been a member of AASP, the Counseling/Clinical Sport Psychology Association (CCSPA), and the International Society for Sport Psychology (ISSP).

Dr. Bartley earned her bachelor's degree in government and sociology as well as a master of science in social work from the University of Texas at Austin. She went on to complete a master of arts in sport and performance psychology as well as a doctorate in clinical psychology with an emphasis in sport and performance psychology and behavioral therapy at the University of Denver. After graduation, Dr. Bartley completed a fellowship at the Eating Disorder Center of Denver where she worked with colleagues to develop a treatment program for athletes with eating disorders. She has served collegiate student athletes' mental health and performance needs at the University of Denver, the University of North Carolina at Chapel Hill, and the Ohio State University. She has also been contracted as the sport psychologist with USA Karate and USA Track & Field, and provided mental health and performance psychology services to professional bull riding and the Colorado ballet.

Her areas of expertise include mental health with athletes, specifically depression, anxiety, eating disorders and body image, and substance use, as well as performance anxiety, motivation, and sport transition/retirement after sport. She has presented more than a hundred times at national and international conferences and has published more than two dozen journal articles and book chapters. Her theoretical orientation is rooted in acceptance and commitment therapy (ACT) and she often utilizes tools from dialectical behavior therapy (DBT), cognitive behavioral therapy (CBT), and interpersonal process therapy (IPT) while infusing multiculturalism.

Dr. Bartley is licensed to provide services in California, Colorado, and New York as well as PSYPACT® states.

When she is not working, Dr. Bartley is spending time outdoors with her husband, her three young children, their Germadoodle - Herbie, and her mom. These outdoor activities often include hiking, biking, swimming, skiing, snowshoeing, and playing soccer.



Mac Brown

Psy.D, LP, CMPC

Psychological Services Provider



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Dr. Mac Brown (he/him) is a licensed clinical and sport psychologist joining the U.S. Olympic & Paralympic Committee (USOPC) in June 2023. In addition to clinical licensure, he is a certified mental performance consultant (CMPC®) with the Association for Applied Sport Psychology (AASP).

Dr. Brown received his bachelor's degree in psychology with a philosophy minor from the University at Buffalo (SUNY Buffalo) where he was also a member of the rowing team. He received his master's in psychology with a sport and exercise concentration, as well as his doctorate from The Chicago School of Professional Psychology. Dr. Brown completed his clinical training in college counseling centers, with particular focus on athletes. Prior to joining the Team Behind the Team, Dr. Brown was the assistant director and training coordinator at the University of Colorado Boulder embedded in athletics at psychological health and performance.

Dr. Brown has experience working with challenges around mood, intra/interpersonal relationships, identity formation, injury, self-compassion, LGBTQIA+, and transition out of sport. Dr. Brown will help facilitate and/or coordinate wrap around care for individuals so that all needs can be met to help that person find their best and healthiest path forward. Dr. Brown sees the work as a collaborative journey in which the individual holds the steering wheel, and he provides support and recommendations to best meet the unique needs of the athlete and their whole personal picture.

Dr. Brown integrates numerous theories and styles to each individual athlete, tailoring a person-specific approach that will meet you where you are at. Dr. Brown would describe his clinical approach as an insight-oriented, solutions focused approach while incorporating relational dynamics while helping ground the individual in their values systems.

Spare time is a luxury for Dr. Brown as he is the proud parent of a "tiny hooman baby tater tot" and furbaby, Shadow. When not cleaning up after one (or both) of the household children, you might find him at a local trail with his partner/spouse, enjoying a craft brew, reading a book not of the academic variety, cooking up fun new recipes for the family, or at the mountain snowboarding to name a few.



Angel Brutus

Psy.D., LPCC, ACS, BC-TMH, CMPC

Lead Psychological Services Provider



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Dr. Angel Brutus (she/her) is a member of the U.S. Olympic & Paralympic Committee's (USOPC) psychological services leadership team within the sports medicine department, joining the organization in 2021. She completed her bachelor's degree in audiology and speech-language pathology and master's in rehabilitation counseling at the University of Tennessee, Knoxville. Additionally, she earned her doctorate in sport performance psychology at the University of Arizona Global Campus. Dr. Brutus is a certified mental performance consultant (CMPC®), workshop facilitator with Positive Coaching Alliance® (PCA), HeartMath® practitioner and training facilitator in Mental Health First Aid® for adults. She is licensed to provide mental health services in the states of California, Colorado, Utah, New York, Mississippi and Georgia as a licensed professional counselor (LPC).

Dr. Brutus incorporates several integrative strengths-based approaches to support the full spectrum of mental health, well-being, and performance optimization, integrating narrative therapy, bibliotherapy, liberation-based psychological approaches to affirm individual clients' identities, cognitive behavioral therapy (CBT), rational emotive behavioral therapy (REBT), clinical hypnotherapy, mindfulness-based stress reduction, self-compassion, somatic practicing, eye movement desensitization and reprocessing (EMDR) and heart rate variability (HRV) when appropriate.

Dr. Brutus' areas of personal and clinical counseling expertise include trauma, depression, anxiety, eating concerns, recovery maintenance, identity, emerging adulthood, injury and disability, education and career counseling. Her areas of focus in the performance enhancement space further include return to sport (co-treating with medical), attitude, motivation, goals and commitment, people skills, self-talk, imagery, competition anxiety, emotion regulation and concentration, team leadership development, team building and team cohesion as well as performance profiling collaboration with coaches and other sport stakeholders.

Dr. Brutus currently resides in southern California and is based out of the Chula Vista Elite Athlete Training Center (CVEATC) where she is in-clinic approximately two days per week. In her spare time, she loves being with her husband, three daughters and family, and enjoys participating in philanthropic initiatives in communities serving under-resourced populations. She also facilitates workshops and keynotes discussing the intersection of mental health, performance, and multiculturalism.



Julia Cawthra

Ph.D., LP, CMPC

Psychological Services Provider



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Dr. Julia Cawthra (she/her) is a psychological services provider at the U.S. Olympic & Paralympic Committee (USOPC). A certified mental performance consultant (CMPC®), she joined the USOPC in 2021 and is a licensed psychologist.

Dr. Cawthra received her doctorate in counseling psychology from Indiana University with a minor in sport psychology. Dr. Cawthra completed her pre-doctoral internship at Utah State University, focusing on individual, group, and crisis services. She holds a master's degree in sport and performance psychology from the University of Denver, where she also completed a bachelor's in molecular biology. She is an active member in the American Psychological Association (APA), International Society of Sport Psychology (ISSP), and the Association for Applied Sport Psychology (AASP). She previously served on the executive board of AASP as a student representative. Prior to the USOPC, Dr. Cawthra worked for Auburn University athletics as a psychologist, providing both mental performance and mental health services.

Dr. Cawthra's approach to therapy is strengths-based, interpersonal and process-oriented, and emphasizes contextual factors in understanding current distress. Her theoretical orientation combines interpersonal process therapy (IPT), cognitive behavioral therapy (CBT), and elements of dialectical behavioral therapy (DBT) with a person-centered foundation. She aims to create a warm, compassionate environment that is welcoming of all intersectional identities. Her areas of expertise include mental health within the sport environment, including anxiety, depression, burnout, disordered eating, identity, transitions, and interpersonal concerns. She has expertise in areas of mental performance including team cohesion, communication, awareness, and confidence.

She is currently licensed to practice psychology in Colorado, California, New York, and PSYPACT® states.

Dr. Cawthra currently lives in Denver, Colorado with her great dane, Lincoln. She enjoys yoga, hiking, puzzles, marveling at the Rocky Mountains, being an aunt, and exploring new challenges across various domains.



Emily Clark

Psy.D., LP, BCN, BCB

Sr. Psychological Services Provider



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Dr. Emily Clark (she/her) is a senior psychological services provider at the U.S. Olympic & Paralympic Committee (USOPC). Joining the USOPC in 2021, she is a licensed clinical and sport psychologist.

Dr. Clark received her doctoral degree in clinical psychology and master's in sport and performance psychology from the University of Denver. She is board certified in biofeedback and neurofeedback. She has spent her training and professional experience working with NCAA Division I and Team USA athletes addressing a broad range of mental health and mental performance needs including anxiety, depression, team dynamics, identity development, trauma, grief and loss, and interpersonal relationship concerns. She has specialty training in the areas of performance enhancement, sleep disorders, substance use, and eating disorders.

Dr. Clark practices process-based therapy from a compassion-focused approach with individuals and teams to promote healthy, effective performance in sport and life. She works collaboratively to help address obstacles, develop skills, and make lasting changes in line with client values and goals. More broadly, she sees sport as a vehicle to support social justice change and inclusivity.

She is licensed in California, New York, Colorado and an authorized PSYPACT[®] provider.

She is an active member of several professional associations including the American Psychological Association (APA), the Clinical/Counseling Sport Psychology Association (CCSPA), the Association for Applied Psychophysiology & Biofeedback (AAPB), and the Association for Applied Sport Psychology (AASP).

When she is not supporting Team USA, Dr. Clark - who was a former Division I athlete - enjoys staying active. To recover, you'll find her reading, watching comedy, traveling, or connecting with friends and family.



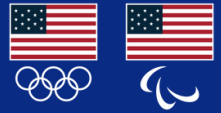
Mike Clark

Psy.D., LP, CMPC

Psychological Services Provider



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Dr. Mike Clark is a psychological services provider with the U.S. Olympic & Paralympic Committee (USOPC). He is a licensed psychologist and a certified mental performance consultant (CMPC®) with the Association for Applied Sport Psychology (AASP), joining the USOPC in 2024.

Dr. Clark received his B.S. in psychology from Mississippi State University, M.Ed. in counseling psychology with an emphasis in sport psychology from the University of Missouri, and Ph.D. in counseling psychology from the University of Wisconsin- Milwaukee. Dr. Clark completed his pre-doctoral internship with the Oklahoma Sport Psychology Consortium before serving as Director, Clinical and Sport Psychology at the University of Arizona.

Dr. Clark has experience working with high performers along the continuum of mental health and performance, utilizing approaches that are strengths-based and acceptance oriented. He has expertise in shaping mental strategies to optimize attentional control, composure, and imagery to maximize sport performance. Dr. Clark has experience treating a range of clinical mental health concerns with extensive training and experience treating psychological trauma, in addition to concerns related to depression, anxiety, adjustment, and transition.

Dr. Clark is licensed in Arizona and is an authorized PSYPACT® provider.

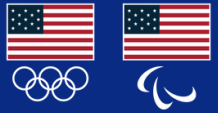
Dr. Clark is based at the U.S. Olympic & Paralympic Training Center in Colorado Springs, Colorado. When not working, you can find him spending time with his wife, daughter and goldendoodle, or out running on the trails.



Karen Cogan

Ph.D., LP, CMPC

Lead Psychological Services Provider



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Dr. Karen Cogan (she/her) joined the U.S. Olympic & Paralympic Committee (USOPC) in 2010 as the senior sport psychologist providing services primarily to acrobat and combat sports. She is currently one of the two lead sport psychological services providers at the USOPC and has supported many Olympic Games as a sport psychologist with her teams. Dr. Cogan received a doctoral degree in counseling psychology from Ohio State University, a master's in kinesiology and bachelor's in psychology from the University of California Los Angeles (UCLA). Dr. Cogan has authored "Sport Psychology Library: Gymnastics" as well as several articles and book chapters.

Dr. Cogan is both a psychologist and sport psychologist. She can address a wide range of athlete concerns though she specializes in treating depression, anxiety, and women's issues such as disordered eating and recovery from trauma. Mental training specializations include mindfulness and imagery training, strategies for performing under pressure, developing mental training plans to maximize performance, and utilizing virtual reality training to prepare for competition.

Dr. Cogan takes an integrative approach in working with the athlete as a whole person. Sport is an important part of the athlete's experience, so emphasis is placed on that area, but any life area is a welcome part of the discussion. She works collaboratively with athletes, coaches, and teams to provide care that meets their needs along the entire spectrum of well-being. She creates an accepting environment to meet athletes where they are and to devise a plan that maximizes both performance and life satisfaction. Strategies include behavioral interventions, mindfulness training, interpersonal process discussions, and - with the athlete's permission - collaboration with their support system.

Dr. Cogan is a licensed psychologist in Colorado and Texas and certified mental performance consultant (CMPC®). In addition, she is a PSYPACT® authorized provider.

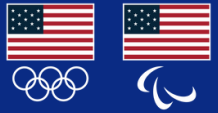
Dr. Cogan was a competitive gymnast for 10 years and competed for UCLA's nationally ranked gymnastics team. Residing in Colorado Springs, Colorado, she has raced in triathlons and enjoys hiking in the Colorado mountains with her family.



Kirsten Cooper

Psy.D, LP, CMPC

Psychological Services Provider



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Dr. Kirsten Cooper (she/her) is a licensed clinical and sport psychologist, serving as a psychological services provider for Team USA athletes. She started with the U.S. Olympic & Paralympic Committee (USOPC) in 2023.

Dr. Cooper completed her bachelor's and master's degrees in integrative physiology at the University of Colorado Boulder, where she competed with the Division I national champion alpine ski team. She then spent several years coaching and studying meditation and mindfulness. Afterward, she completed her second master's degree in sport and performance psychology and her doctorate degree in clinical psychology at the University of Denver. Prior to attending the University of Colorado, Dr. Cooper was a member of the U.S. alpine ski team.

Dr. Cooper is a certified mental performance consultant (CMPC®) through the Association of Applied Sport Psychology (AASP) and a licensed clinical psychologist. She is an active member of AASP, the American Psychological Association (APA), Clinical and Counseling Sport Psychology Association (CCSPA), and the EMDR Institute of America (EMDRIA).

Dr. Cooper's areas of expertise include sport performance, injury and rehabilitation, sport transition/retirement, mindfulness, anxiety, depression, identity concerns, LGBTQ+ issues, interpersonal relationships, and grief and loss. Her theoretical orientation is rooted in acceptance and commitment therapy (ACT) with a multicultural orientation infused throughout her work.

Dr. Cooper currently resides in Eagle, Colorado. She spends ample time outdoors skiing, mountain biking, fly fishing, whitewater kayaking, and she exercises her competitive side on the golf course. When not outdoors, she is most often cooking, reading, and spending time with loved ones.



Alex Cohen

Ph.D., LP, CMPC

Sr. Psychological Services Provider



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Working primarily with winter sports, Dr. Alex Cohen (he/him) provides sport psychology consultation and counseling for national teams, athletes, and coaches at the U.S. Olympic & Paralympic Training Centers, various national governing body training sites, and at national and international competitions.

As a licensed psychologist and certified mental performance consultant (CMPC®), Dr. Cohen assists coaches in creating supportive performance environments that promote psychological and physical skill acquisition and mastery. He works directly with athletes to maximize performance readiness (the ability to focus on the right thing, at the right time, every time) through quality preparation, enhanced resilience, and mindful self-regulation of awareness and attention.

Dr. Cohen joined the U.S. Olympic & Paralympic Committee (USOPC) in 2011 after maintaining a psychology practice in Athens, Georgia. He also served as program chair for the sport psychology graduate program at Argosy University in Atlanta, Georgia. Dr. Cohen is a member of the American Psychological Association's (APA) Society for Exercise, Sport, and Performance Psychology and is a member and Fellow of the Association for Applied Sport Psychology (AASP). Dr. Cohen served on AASP's executive board as professional standards division head (2013-2016), providing leadership in diversity, certification, ethics, and continuing education.

Dr. Cohen earned his bachelor's degree in psychology from Texas A&M University, a master's in sport psychology and doctorate in counseling psychology from Florida State University. He completed a pre-doctoral internship with a specialization in sport psychology at Kansas State University and a post-doctoral fellowship specializing in sport psychology at the University of Georgia. Dr. Cohen is licensed as a psychologist in Utah as well as being a PSYPACT® authorized provider.

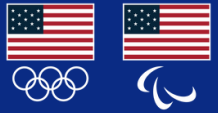
Dr. Cohen resides in Park City, Utah with his wife, son, and golden retriever.



Alex Cushing

Psy.D, LP, CMPC

Psychological Services Provider



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Dr. Alex D. Cushing (he/him) is a licensed psychologist and joined the U.S. Olympic & Paralympic Committee (USOPC) as a psychological services provider in 2022. He is also a certified mental performance consultant (CMPC®) with the Association of Applied Sport Psychology (AASP). Dr. Cushing previously served as the inaugural lead sport psychologist at Pepperdine University where he oversaw the building and development of the clinical and sport psychology program within the athletics department, while working directly with athletes, teams, and coaches. Dr. Cushing is a professional member of the American Psychological Association's (APA) Division 47 (Exercise and Sport Psychology), Division 17 (Counseling Psychology), the Association of Applied Sport Psychology (AASP), and the Clinical/Counseling Sport Psychology Association (CCSPA). He has provided consultation and trainings to multiple universities and athletic conferences on clinical mental health and sport psychology work, programming, and implementation with NCAA Division I student athletes. He has been a guest speaker at USA Swimming Pacific's diversity, equity & inclusion camp, for the West Coast Conference and Mountain West Conference, and was a facilitator at the NCAA Inclusion Forum (sport for social change: student-athlete engagement program).

Dr. Cushing completed his bachelor's degree in American studies and was a member of the NCAA Division I national championship swimming team at the University of California-Berkeley. He completed his master's in sport psychology and doctorate in clinical psychology at John F. Kennedy University. Dr. Cushing provides a multicultural diversity perspective while utilizing an integrative therapeutic approach, and specializes in the intersectionality of clinical mental health and sport psychology. He subscribes to the understanding that clinical mental health and psychological performance in sport are not necessarily mutually exclusive and can often impact one another.

He is currently a licensed psychologist in California, Colorado, Oregon, and Montana. His areas of expertise include anxiety, stress and overwhelm, depression, adjustment, identity development, behavioral or emotional concerns, substance misuse, relational distress, trauma, performance enhancement and mental skills training.

Dr. Cushing is based in Los Angeles and travels to the Chula Vista Elite Training Center (CVEATC) monthly. Outside of work, Alex collects sneakers and enjoys spending time with friends and family at the beach, barbecuing, playing golf, and checking out new restaurants.



Jim Doorley

Ph.D., LP, CMPC

Psychological Services Provider



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Dr. Jim Doorley (he/him) joined the U.S. Olympic & Paralympic Committee (USOPC) as a psychological services provider in 2023. He is a licensed clinical psychologist and a certified mental performance consultant (CMPC®) with the Association for Applied Sport Psychology (AASP).

Dr. Doorley specializes in helping athletes and teams improve their attentional control and awareness, psychologically prepare for varied performance situations through imagery training/mental rehearsal, and learn effective responses to thoughts, emotions, and physical sensations (e.g., doubts, anxiety, fatigue) to maximize sport performance and enjoyment. He also helps athletes cope with sports injury, optimize rehabilitation, and maximize confidence and bodily trust during return-to-sport.

He applies evidence-based approaches (e.g., acceptance and commitment therapy, cognitive behavioral therapy, dialectical behavior therapy) to help athletes work through mental health concerns. He focuses primarily on anxiety (generalized anxiety, social anxiety, panic), depression, attention difficulties (e.g., ADHD), sleep disturbance, and trauma (e.g., PTSD). He addresses other sport-specific concerns, such as burnout, sport career transitions, and relationships with coaches/teammates.

Dr. Doorley received his bachelor's degree in psychology from the University of Massachusetts Amherst and his doctorate in clinical psychology from George Mason University. He completed his predoctoral internship and postdoctoral fellowship in clinical psychology at Massachusetts General Hospital/Harvard Medical School through the Center for Health Outcomes and Interdisciplinary Research (CHOIR). During his graduate training, he provided clinical and sport psychology services for Amplify Wellness + Performance, LLC, the Boston Ballet, the United States Naval Academy, the George Mason University men's basketball team, and the Inova Sports Medicine Concussion Program. He is currently completing a research fellowship in integrative medicine through Harvard Medical School. He has published 35 peer-reviewed papers and six book chapters to date.

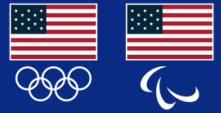
In his spare time, Dr. Doorley enjoys running, skiing, drumming, and listening to podcasts.



Sean McCann

Ph.D., LP, CMPC

Sr. Psychological Services Provider



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Dr. Sean McCann (he/him) is a senior psychological services provider at the U.S. Olympic & Paralympic Committee (USOPC). Joining the USOPC full-time in 1991, he has supported many Olympic Games as a sport psychologist for Team USA.

As an experienced mental performance consultant and licensed psychologist in Colorado, Dr. McCann works directly with teams and coaches. He leads mental skills seminars and workshops about various sport psychology topics and does individual sessions with athletes. Given Dr. McCann's extensive experience working during high stress moments in sport, much of his work focuses on increasing readiness to perform well under pressure.

Dr. McCann's consulting philosophy is to work collaboratively with athletes and coaches to understand every athlete's unique experience and develop the key skills necessary to perform when it matters most. His work has a cognitive-behavioral foundation and believes that consistent competition behavior begins with consistently effective thinking.

Over the last three decades, he has worked with most Olympic and Paralympic sports. Dr. McCann has spoken and written extensively about the psychological challenges of sport for coaches and athletes. He has been a longtime member and fellow of the Association for Applied Sport Psychology (AASP). He was recognized by AASP with the Distinguished Professional Practice Award in 2005, and in 2008 he was elected president of AASP.

Dr. McCann earned his bachelor's degree in psychology from Brown University and his master's and doctorate in clinical psychology from the University of Hawaii. He completed a pre-doctoral clinical internship and a post-doctoral fellowship at the University of Washington. Dr. McCann is licensed as a psychologist in Colorado, as well as PSYPACT[®] states.

Dr. McCann is based at the U.S. Olympic & Paralympic Training Center in Colorado Springs, Colorado and gets outside with his dog, mountain bike, or family as much as possible.



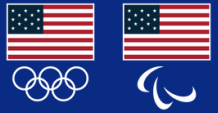
Jamye Shelton

Psy.D., LP

Psychological Services Provider



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Dr. Jamye Shelton (she/her) is a psychological services provider at the USOPC who joined the team in 2023. She completed her doctoral degree in clinical psychology with sport and community concentrations at Rutgers University's Graduate School of Applied and Professional Psychology. Dr. Shelton earned her master's in athletic counseling at Springfield College, and bachelor's in psychology at Rutgers University.

Dr. Shelton utilizes an integrative, mindfulness, and strengths-based approach to understand and provide support for topics ranging from mental health and well-being to performance in sport. She uses cognitive behavioral therapy (CBT), mindfulness-based stress reduction (MBSR), dialectical behavior therapy (DBT), comprehensive behavioral intervention therapy (CBIT), and motivational interviewing (MI) informed strategies in her sessions. Her areas of clinical expertise include anxiety, depression, identity, injury, change and transition, and body focused repetitive disorders (BFRBs). Her performance focus includes competition anxiety, goal setting and motivation, self-talk, imagery, emotion regulation, focus and mindfulness. She approaches work with athletes as both performers and individuals and works to create an environment that is compassionate and collaborative when working with athletes, staff, and teams.

Dr. Shelton previously provided clinical, sport, and performance services as the team sport psychologist with the Phoenix Suns and Phoenix Mercury. She also served as the lead clinician for athletics at Arizona State University, and has provided private practice services to teams and individuals. She is an active member in clinical and sport psychology organizations, including the American Psychological Association (APA), Clinical/Counseling Sport Psychology Association (CCSPA), and the Association for Applied Sport Psychology (AASP).

Dr. Shelton is licensed in Arizona, California, Colorado and New York. She is based out of the Chula Vista Elite Athlete Training Center (CVEATC). In her spare time she enjoys activities like cycling, golfing, and reading a good book in the company of her cats, Leela and Fry.



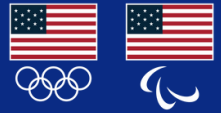
Kweku Ramel Smith

Ph.D., LP, CMPC, HSP

Psychological Services Provider



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A native of Milwaukee, Wisconsin, Dr. Kweku Smith (he/him) joined the U.S. Olympic & Paralympic Committee (USOPC) in 2023. He is a licensed psychologist and a certified mental performance consultant (CMPC®) with the Association of Applied Sport Psychology (AASP), where he also serves as a member of the anger and violence in sport special interest group. He is also a member of the American Psychological Association (APA) where he serves on the executive committee for Division 47 for the society for sport, exercise and performance.

He obtained his bachelor's degree from the University of Wisconsin–Whitewater in psychology and later obtained his master's in educational psychology and Doctor of Philosophy in urban education with an emphasis in school psychology from the University of Wisconsin–Milwaukee.

As a certified trauma counselor, Dr. Smith's expertise focuses on helping individuals maximize their performance while dealing with past and current trauma. He specializes in individual and group work with anxiety, depression, emotion management, performance, psychological safety, rehabilitation after injury, restorative justice, suicide, team building, and trauma.

Previously, Dr. Smith has served as team psychologist for the Milwaukee Bucks (NBA), director of elite performer integrative coaching and counseling (EPICC) at Full Circle Confidential Workforce Wellness, and as a senior psychologist for the University of Wisconsin–Madison in the mental health and sport psychology department. He has worked with athletes and several teams in the NFL, MLS and professional boxing. In addition to sport, he has done work with the federal government and Fortune 100 companies.

Outside of athletics, Dr. Smith has taught college courses on diversity, psychology and sociology. He has served as a school psychologist in the Milwaukee public school system and worked in correctional and hospital settings. Dr. Smith has authored multiple books, chapters, and journal articles. Additionally, he has hosted two television shows and is the resident psychologist for the Milwaukee public television show, Black Nouveau.

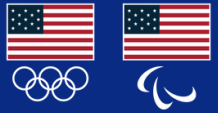
Dr. Smith is married with five children and two dogs. He loves doing community service with his fraternity brothers of Omega Psi Phi Fraternity, Inc.



Lexi Swenson

MA, CMPC

Coord., Psychological Services



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Lexi Swenson (she/her) has served as the inaugural psychological services coordinator at the U.S Olympic & Paralympic Committee (USOPC) since 2022. She is a certified mental performance consultant (CMPC®) and a member of the Association of Applied Sport Psychology (AASP).

Lexi received her bachelor's degree at Colorado State University in clinical/counseling psychology while also competing in Division I soccer. She followed her passion of helping athletes achieve performance excellence by earning her master's degree from the University of Denver in sport and performance psychology. After graduating, Lexi assisted SportStrata, a mental performance coaching center, by collecting evidence-based research and developing mental performance resources before coming to the USOPC.

In her role as the psychological services coordinator, Lexi serves as the conduit for Team USA athletes to connect to mental health and mental performance resources. She maintains ongoing knowledge of the resources and programming available to the athletes and also assists with outreach and education on psychological services for various stakeholders (e.g., staff, athletes, National Governing Bodies) across the country and around the world. She also acts as the liaison to the USOPC psychological services team by assisting providers in various day-to-day administrative tasks. Lexi enjoys providing excellent communication as well as exceptional customer service to internal and external stakeholders to ensure world-class comprehensive care to Team USA athletes. Lexi aims to assist Team USA in all psychological services inquires to remove barriers to seeking services and resources.

When she is not working, Lexi enjoys spending time with her fiancé, eating good food with good company, watching sports, and playing their two-year-old Corgi, Chadwick.