



# 2025 USOPC-NGB MEDICAL CONFERENCE

*Join us for the fifth annual USOPC-NGB Medical Conference! This multidisciplinary meeting provides an introduction to the Olympic and Paralympic movements, including U.S. Olympic & Paralympic Committee medical resources, best practices, pathways for getting involved with Team USA and much more.*

*Designed for first-time attendees and practitioners seeking to update their knowledge, in-person participants will have the opportunity to engage in hands-on trainings as well as attend networking receptions with USOPC and National Governing Body medical leads.*

*The in-person event is limited to the first 120 participants who register with no limit for virtual participation. Please register early to guarantee your place.*

**CE CREDITS**

**19**

*\*PENDING APPROVAL;  
SEE [WEBSITE](#) FOR  
DETAILS*

**APRIL 10-12**

**COLORADO SPRINGS OLYMPIC &  
PARALYMPIC TRAINING CENTER  
& VIRTUAL**



**[REGISTER](#)**



**[WEBSITE](#)**

## SPEAKERS

*Rebecca Beard, MBA | Jessica Bartley, PsyD | Emily Clark, PsyD  
/ Amber Donaldson, DPT | Andrew Ernst, ATC | Matt Fedoruk,  
PhD | Jonathan Finnoff, DO | Carrie Jaworski, MD | Emily  
Kraus, MD | David Kruse, MD | Amadeus Mason, MD | Lauren  
Masterson, MBA | Kyle Nagle, MD | Fran O'Connor, MD | Tod  
Olin, MD | Eric Post, PhD | Monica Rho, MD | Monica Rivera,  
MA | Jaron Santelli, MD | Ankit Shah, MD | Mike Uihlein, MD |  
Jenna Wilkerson, ATC*

## KEY DATES

*Early bird pricing ends:  
February 28*

*In-person registration deadline:  
March 14 (pending availability)*

*Virtual registration deadline:  
April 4*

# MEETING TOPICS



DAY 1



DAY 2



DAY 3

## Session 1:

### *USOPC Sports Medicine Resources*

- USOPC Sports Medicine Clinics
- Athlete Healthcare
- Psychological Services
- USOPC Research Program
- Healthcare Provider Pathways to the Olympic and Paralympic Games

## Session 2:

### *Leadership & Emergency Action Plans*

- Sports Medicine Leadership and Skills for Highly Effective Teams
- Emergency Action Planning at Camps and Competitions
- Emergency Action Planning for the Event Medical Team
- Networking with NGB Medical Leads



## Session 3:

### *Medical Topics*

- Periodic Health Evaluation in Elite Athletes
- Prevention and Management of Sudden Cardiac Death in Elite Athletes
- Practical Pearls for the Prevention and Management of Respiratory Distress on the Field of Play
- Game Day Assessment of Sport Related Concussions in Olympic Athletes
- Game Day Assessment of Sport Related Concussions in Paralympic Athletes

## Session 4:

### *Traumatic Emergencies*

- Trauma Assessment and Management
- Exercise Associated Collapse
- Evaluation and Management of Acute Skin Injuries and Infections

## Session 5:

### *Paralympic Emergencies, REDS, Sleep, Injury/Illness Prevention*

- Paralympic Medical Emergencies
- Screening, Evaluation, and Management of Relative Energy Deficiency in Sport: the USOPC REDs Program
- Elite Athlete Sleep Optimization

## Session 6:

### *Anti-Doping, Athlete Safety, Mental Health*

- Anti-Doping for the Sports Medicine Clinician
- Screening for Mental Health Conditions in Elite Athletes
- Athlete Safety: Preventing, Identifying, Intervening and Reporting Athlete Harassment and Abuse
- Mental Health Emergency Action Plans

## Practical Session:

- Athlete in Distress
- Exercise Associated Collapse I
- Exercise Associated Collapse II
- Laceration/Abrasion
- Mental Health Emergency
- Olympic & Paralympic Concussion
- Paralympic Medical Emergency
- Spine Board and Splinting
- Trauma Assessment & Initial Management

