2025 HIGH PERFORMANCE SUMMIT

Date: Thursday, May 22 and Friday, May 23

Location: University of North Carolina at Charlotte in Charlotte, N.C.

DAY 1: THURSDAY, MAY 22

8:00 a.m. - 10:30 a.m. Pitch Observe USWNT Training Session with David Passmore & staff

10:30 a.m. - 10:45 a.m. *Pitch* **Break**

10:45 a.m. - 11:45 a.m. Pitch Maddie Hinch Session

11:45 a.m. - 12:00 p.m. Walk to Belk Break

12:00 p.m. - 1:00 p.m. Belk 201 Tactical Session with guest coach Bert Remmerswaal

1:00 p.m. - 2:00 p.m. Belk 201 Lunch

2:00 p.m. - 4:00 p.m. Belk 201 Thomas Tichelman Presentation

4:00 p.m. - 4:30 p.m. Walk to pitch Break

4:30 p.m. - 6:00 p.m. Pitch Thomas Tichelman with USWNT team

DAY 2: FRIDAY, MAY 23

8:00 a.m. - 9:30 a.m. Pitch Observe USWNT Training Session on your Own – Game Play

9:30 a.m. - 10:00 a.m. Walk to Belk Break

10:00 a.m. - 11:00 a.m. *Belk 201* Mark Egner – The JHP Program

11:00 a.m. - 11:15 a.m. Belk 201 Break

11:15 a.m. - 12:15 p.m. Belk 201 Presentation by guest coach Bert Remmerswaal

12:15 p.m. - 1:00 p.m. Belk 201 **Lunch - grab box lunch**

1:00 p.m. - 2:00 p.m. Belk 201 Hannah Jaussen Presentation – USWNT Physiotherapist

2:00 p.m. - 2:15 p.m. Belk 201 Break

2:15 p.m. - 3:00 p.m. Belk 201 Round Table - Final Q&A

