



NATIONAL & REGIONAL CLUB EVENTS AGE DIVISION REFERENCE CHART

EFFECTIVE AUGUST 1, 2025

| BIRTH YEAR & MONTH | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 |
|--------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| JANUARY | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| FEBRUARY | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| MARCH | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| APRIL | | * | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| MAY | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| JUNE | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| JULY | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| AUGUST | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| SEPTEMBER | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| OCTOBER | | * | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| NOVEMBER | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |
| DECEMBER | | | U19 | U19 | U16 | U16 | U14 | U14 | U12 | U12 | U10 | U10 | U8 | U8 |

*If an athlete has received collegiate training he/she would not be eligible for qualifying events (such as NITQ and RCC)

NOTE: THIS AGE CHART IS FOR USA FIELD HOCKEY, AND ONLY FOR THE 2026 SEASON
(AUGUST 1, 2025 - JULY 31, 2026)

