

2026 Sunshine Showcase

Sudden Victory Penalty Strokes – Regulations

If a match ends in a draw but a winner is required, sudden victory penalty strokes will be used to determine the winning team.

5 players from each team shall be nominated to take penalty strokes alternately against a goalkeeper/defender from the other team as set out in this document. When one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of penalty strokes, not necessarily being all 5 penalty strokes, that team is the winner (i.e. sudden victory).

The following sets out both the playing Rules and the procedures to be followed:

1. If sudden victory penalty strokes are required, they shall take place immediately after the end of the match, on the same field, using a goal determined by the umpires at their sole discretion. Teams scheduled to play the following game on that field may not enter the field of play until such time as the sudden victory penalty strokes have been completed.
2. The respective Teams provide 5 players to take and 1 player to defend the penalty strokes from those on the approved roster except as excluded below. A player nominated to defend the penalty strokes may not also be nominated to take a penalty stroke. No substitutions/replacements are permitted during the sudden victory penalty strokes other than as specified below.
3. If a player nominated to defend the sudden victory penalty strokes is a field player, that player may wear a face mask while defending the penalty strokes but may only use their stick as in normal play to defend the penalty strokes. A player who is still serving a disciplinary suspension at the time the sudden victory penalty strokes take place or has been excluded permanently (red card) during the match which leads to the sudden victory penalty strokes, cannot take part in the sudden victory penalty strokes. A player who has been warned (green card) or temporarily suspended (yellow card) may take part in the sudden victory penalty strokes even if the period of their suspension has not been completed at the end of the match.
4. A coin is tossed; the team which wins the toss has the choice to take or defend the first penalty stroke.
5. All persons listed on the official Team Roster other than any player who has been excluded permanently (red card) during the match which leads to the

sudden victory penalty strokes are permitted to enter the field of play and observe the penalty strokes from the center-line.

The 5 players (along with 1 coach) from each team chosen to take penalty strokes are permitted to enter the field of play outside the 23m area used for the penalty strokes.

6. The goalkeeper/defending player of the team taking a penalty stroke shall wait on the back-line outside the circle.

7. A player taking or defending a penalty stroke may enter the 23m area for that purpose.

8. Players from each team take penalty strokes alternately against the goalkeeper/defending player of the other team.

9. The Rules of Hockey apply during the sudden victory penalty strokes.

10. A player may be suspended by a yellow or red card but not by a green card during the sudden victory penalty strokes.

11. If during sudden victory penalty strokes a player is suspended by a yellow or red card:

- I. That player takes no further part in the penalty strokes and, unless a goalkeeper/defending player, cannot be replaced;
- II. A suspended goalkeeper/defending player may be replaced by another player from among the players listed on the official Team Roster for that particular match, except as excluded in this document or suspended by an umpire during the sudden victory penalty strokes;
- III. Any penalty stroke due to be taken by a suspended player is forfeited; any goal/s scored by this player before being suspended count as a goal.

12. If during sudden victory penalty strokes, a goalkeeper/defending player is incapacitated, that goalkeeper/defending player may be replaced by another player from among the players listed on the official Team Roster for that particular match, except as excluded in this document or unless suspended by an umpire during the sudden victory penalty strokes.

13. If during sudden victory penalty strokes, an attacker is incapacitated, that attacker may be replaced by another player from among the players listed on the official Team Roster for that particular match, except as excluded above or suspended by an umpire during the sudden victory penalty strokes.

14. If an equal number of goals have been scored after each team has taken 5 penalty strokes:

- I. A second series of 5 penalty strokes is taken with the same players, subject to the conditions specified in this document;

- II. The sequence in which the attackers take the penalty strokes need not be the same as in the first series;
 - III. The team whose player took the first penalty stroke in a series defends the first penalty stroke of the next series;
 - IV. When one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of penalty strokes, not necessarily being all 5 penalty strokes, that team is the winner.
15. If further series of penalty strokes are required:
- I. The sequence in which the attackers take the penalty strokes need not be the same in any subsequent series;
 - II. The team which starts alternates for each series.