

## **100Mile Aid Station Chart**

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Natural Chimneys - Start	0.0	5.7	688	-282	688	-282			
AS1	Lick Run 1	5.7	5.7	970	-870	1,658	-1,152	7:30 PM	No	No
AS2	Wolf Ridge	11.4	9.0	3,012	-685	4,670	-1,837	9:30 PM	No	No
AS3	Reddish Knob	20.4	4.0	438	-684	5,108	-2,521	12:30 AM	No	No
AS4	Little Bald Knob	24.4	8.0	1,058	-3,334	6,166	-5,855	1:30 AM	No	No
AS5	North River Gap 1	32.4	5.7	1,615	-515	7,781	-6,370	4:00 AM	Yes	Yes
AS6	Lookout Mtn	38.1	7.5	1,216	-1,746	8,997	-8,116	6:00 AM	No	No
AS7	Dowells Draft 1	45.6	7.0	2,225	-1,564	11,222	-9,680	8:30 AM	Yes	Yes
AS8	Dry Branch Gap 1	52.6	6.8	2,021	-2,296	13,243	-11,976	11:00 AM	No	No
AS9	Cold Springs	59.4	5.5	876	-755	14,119	-12,731	1:30 PM	No	No
AS10	Dry Branch Gap 2	64.9	7.0	1,564	-2,225	15,683	-14,956	3:15 PM	No	No
AS11	Dowells Draft 2	71.9	5.2	1,140	-862	16,823	-15,818	5:45 PM	Yes	Yes
AS12	Magic Moss	77.1	5.0	275	-225	17,098	-16,043	7:45 PM	No	No
AS13	Camp Todd	82.1	9.7	2,704	-3396	19,802	-19,439	9:30 PM	No	Yes
AS14	North River Gap 2	91.8	7.7	1,042	-1012	20,844	-20,451	1:30 AM	Yes	Yes
AS15	Lick Run 2	99.5	4.5	159	-552	21,003	-21,003	4:30 AM	No	No
Finish	Natural Chimneys - Finish	104.0						6:00 AM	Yes	Yes

\*\*Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate then a single line GPX route. Actual data may vary on course and from watch to watch\*\* Cut-Off Times should be given approx. 10 minutes of flex, except for those highlighted in yellow. Highlighted cut-off times are hard cuts and should be managed as such. Aid Captains should stay in contact with Race Director in the event a cut-off must be enforced.