



100k Aid Station Chart

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Natural Chimneys - Start	0.0	5.7	688	-282	688	-282		Yes	Yes
AS1	Lick Run 1	5.7	5.7	970	-870	1,658	-1,152	7:30 AM	No	No
AS2	Wolf Ridge	11.4	9.6	2,280	-2161	3,938	-3,313	9:00 AM	No	No
AS3	Sand Spring	21.0	4.2	127	-550	4,065	-3,863	11:45 AM	No	No
AS4	North River Gap 1	25.2	5.7	1,615	-515	5,680	-4,378	1:00 PM	Yes	Yes
AS5	Lookout Mtn	30.9	7.2	1,160	-1,457	6,840	-5,835	2:45 PM	No	No
AS6	Magic Moss	38.1	5.0	275	-225	7,115	-6,060	4:45 PM	No	No
AS7	Camp Todd	43.1	9.7	2,704	-3396	9,819	-9,456	6:00 PM	No	Yes
AS8	North River Gap 2	52.8	7.7	1,042	-1012	10,861	-10,468	8:45 PM	Yes	Yes
AS9	Lick Run 2	60.5	4.5	159	-552	11,020	-11,020	11:00 PM	No	No
Finish	Natural Chimneys - Finish	65.0						12:00 AM	Yes	Yes

****Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch** Cut-Off Times should be given approx. 10 minutes of flex, except for those highlighted in yellow. Highlighted cut-off times are hard cuts and should be managed as such. Aid Captains should stay in contact with Race Director in the event a cut-off must be enforced.**