

Race Regulations Trail Surprise



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In the following Race Regulations the masculine form is used to denote all Competitors.

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1. Event Organisation



The Eiger Ultra Trail event is carried out on behalf of Ironman Switzerland AG and organised by the Grindelwald Running Association. The Association has an Executive Committee which presides over Statutes, and holds an annual general meeting. We are a value-based organisation and organise and work according to the following principles: motivated - passionate - familiar, open - honest - respectful - trustworthy, high quality, sustainable and committed.

This document is a part of the contract between registered participants and the organiser. It can be supplemented or adapted at any time with further information or instructions.

2. The Race

The Eiger Ultra Trail is an event which offers several race routes of varying distance. Each race route must be completed within designated time limit.

3 days before the start of the Trail Surprise the altitude profile, number of kilometers and situation of the refreshment point will be published. Each year there is another route.

2.1 Race Routes

- Trail Surprise Distance between 10-15 km, Height difference +/-500-1000m, Start & Finish in Grindelwald
⇒ No UTMB qualifying points

2.2 Race Start Times

- Trail Surprise Friday 17 July 2024 12:30

2.3 Entry Terms & Conditions

Competitors with the following birth dates are eligible to enter the race 2024:

- Trail Surprise from (year of birth) 2010 and older

A very good physical condition and experience in trail running are essential for tackling this race routes. In addition, the competitor must be able to complete the trail according to the Partial Self Support Principle. The organizer reserves the right to exclude persons from participating in the race.

2.4 Start Place Availability

The number of competitors for the race is as follows:

- Trail Surprise 200 Competitors

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3. Registration

Applications can be made online at [Registration \(utmb.world\)](https://www.utmb.world/registration). All registrations and management of all entrants data is handled by our timekeeping. By registering to the Eiger Ultra Trail, competitors automatically accept the race regulations. Registration is final.

3.1 Entry fee

CHF 45.00 & 8% ACTIVE WORKS Fee until Sunday 14 July 2024

Late entries for the race will be accepted with a surcharge of CHF 15.00 from Monday 15 July to Friday 17 July 2024 only online, provided the race is not Sold Out:

A route change is not possible.

Likewise, Competitors wishing to transfer their registration to another person is possible and will incur a surcharge of CHF 30.00.

3.2 Race Categories

Trail Surprise	Seniors Women	2010 and older
	Seniors Men	2010 and older

3.3 Registration Cancellations

There is no facility for transferring a start place (incl. any travel restrictions) to the following year. A refund of the entry fee is not available.

We recommend that you take out cancellation insurance on a private basis.

If deregistering through Active works or your private insurance, please also send a copy/info to eigerultratrail@service.byutmb.world.

4. The Partial Self Support Principle

The Partial Self Support Principle states that Competitors carry with them a supply of food and drink, equipment and orienteering and safety supplies, to enable them to be self-sufficient between the Refreshment Zones and Check Points.

The following regulations apply:

- Water and energy drinks are supplied at Refreshment Zone. Competitors may refill their drink vessels with the water and energy drinks provided. On leaving the Refreshment Zone, each competitor is responsible for carrying sufficient food and drink in his backpack until the finish line.
- Assistance from Supporters (i.e. supplying food & drink to Competitors) is allowed in the designated Zones at the official Refreshment Zones (see Race Map). Advice issued by the Race staff at the Zones is to be strictly followed. Professional race assistance from a team, trainer, Doctor or other qualified medical person is not allowed.
- Accompanying a Competitor for 'moral support' along the route is permitted for a short time (max 500m) but any physical assistance, such as assistance from trained runners or "pacemakers" is strictly prohibited.

5. Refreshment Zones & Check-Points

5.1 Refreshment Zones

There is one Refreshment Zone on the course with Water, Energy Drinks and Bananas.

Competitors are asked to respect nature and not to throw away any waste along the race routes. Littering outside of the Refreshment Zones will result in a time penalty.

5.2 Check-Points

There is one Check Point on the course. Competitors must not leave the Check Point before the Check Point Official gives his consent. The Race Organiser may also conduct random checks outside these official points.

5.3 Intermediate Time Keeping

There are no intermediate Times on the course Trail Surprise.

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5.4 Safety & Medical Assistance

Medical Staff and Doctors will be available at specific Check Points. Competitors who experience difficulty due to injury or health problems, should follow the advice below:

- Try to report to the Check Point
- Ask other Competitors for assistance
- Call the Event Emergency Number (printed on the reverse of the start number)

1st priority: 0041 79 664 48 33

2nd priority: 0041 79 707 10 07

If a participant leaves the race without informing the organisation, the costs of any search operation shall be borne by the participant.

Competitors who for medical reasons need an IV Infusion, will be removed from the race.

5.5 Medical & Race Staff Authority, Evacuation

First Aid medical staff and Doctors or members of the Alpine Rescue Services have the authority to remove from the race, either entirely or for a specified time only, any Competitor found to have insufficient Equipment; or who is at risk from injury to themselves or other competitors. The evacuations ordered terrestrially or with helicopters, as well as a search action by an organized rescue, the Competitor will be liable to pay the full cost.

5.6 Insurance

Competitors are advised to obtain Insurance. Each competitor must be covered by accident insurance. This must cover potential costs for Rescue operations (particularly helicopter evacuation, search action by rescue) and treatment. Any damage claims from competitors against the Race Organiser, regardless of their legal reason, are void.

The Executive Committee have provided an insurance for the duration of the competition. This liability insurance covers the financial consequences of the event and the supporters.

5.7 Race Route Markings

It is prohibited to leave the marked race route. Disrespecting the regulations can result in a penalty or disqualification. The race course is marked with flags, plastic tape, marker spray and signposts.

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6. Time Limits and Race Abandonment

6.1 Time Limits

Maximum approved time limits for Trail Surprise is 4 hours.

Competitors who abandon the race (DNF) are obliged to utilise the organised transport for the return journey to Grindelwald. The Start number is to be used as the return ticket (train, bus and mountain railway). Advice given by race officials must be strictly followed. Once the Competitor has abandoned the race it is forbidden to continue.

6.2 Race Abandonments

Competitors who decide of their own volition to abandon the race, may only do so at an official race Check Point. He must report to the race official in charge and await further instructions. It is the official's duty to advise the Competitor about return transport.

7. Start Number Distribution

7.1 Equipment Trail Surprise

There is no mandatory equipment required for Trail Surprise. However it is advised that competitors carry their own supply of food and drink.

8. Start Number Distribution

Each competitor is responsible for collecting his own Start number. The QR code which each runner will receive by e-mail one week before the event must be presented when collecting the race number.

You can find the times of the race number distribution on our website at [Start Number Distribution \(utmb.world\)](http://utmb.world)

At the Start Number Distribution each competitor will receive:

Start Number This should be worn on the chest, stomach or on the leg. It must be visible during the entire race. The Start Number allows entry to the Refreshment Zones, Medical and Rest Zones, as well as to the clothing depot area and showers. It can also be used as a transport ticket to return to Grindelwald.
The start number comes with a disposable chip to measure your time. Your start number does not have to be handed in at the end.

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9. Penalties and Disqualification

Race Organisers, Race Jury and Check Point officials are authorised to apply the following penalties with immediate effect during or after the race.

Offense	Penalty
Support or food given by a person not participating in the race (outside designated Supporter Zone)	5 minutes - Disqualification
Taking short cuts or leaving the marked route completely	5 minutes - Disqualification
Intentional littering by a Competitor or his companion.	1 hour
Refusal to help other persons in trouble (other competitors and non-participating persons)	1 hour
The use of walking poles not declared at the start	1 hour
Start number not visible	Jury's decision
Disrespect towards other people (Race staff or Competitors)	Jury's decision
Cheating (i.e. using Public Transport, swapping Start numbers etc.)	Disqualification
Absence of the Time Keeping Chip	Jury's decision
Failure to pass through a Check Point	Jury's decision
Failure to follow instructions of Race staff, Race Organisers, Doctors or Medical staff	Disqualification
Urination and defecation outdoors at refreshment zone (use of provided toilets mandatory)	Jury's decision
Being accompanied by a dog	Disqualification

Any other offense not listed in the Regulations will be judged by the Race Jury. The entry fee will not be refunded should a competitor be disqualified.

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10. Anti-Doping

The International Doping Regulations prevail. The International Doping Regulations prevail. As an entrant to the event, you are subject to both In and Out of Competition testing. Please refer to [UTMB Anti-Doping Resources](#)

11. Complaints

Complaints must be officially made by the Competitor to the Race Jury in writing and within 2hrs of finishing the race, with a CHF 50.00 deposit.

12. Race Jury

The Race Jury consists of the following Officials:

- President of the Race Organisation
- Technical Director
- Race Director of the route involved
- Member of the Race Organising Committee
- Member of the Safety Commission
- Route Section Manager (where necessary)
- Check Point Manager (where necessary)

The Race Jury is authorised to preside over any and all cases of wrong-doing or other such occurrences where necessary. No objections can be held against the Race Jury's decision.

13. Route Changes & Race Cancellation

If bad weather conditions prevail the Race Organisers and staff may be forced to change the Race route, Check Points or Refreshment Zones according to safety measures, at any time. In such circumstances time limits can be affected. In the case of necessary route changes, the time keeping will be adjusted accordingly, wherever possible.

The Race Organiser reserves the right to cancel the race for safety reasons.

Should the race be cancelled, the entry fee will not be refunded.

14. Prize Giving and Prizes

Trail Surprise Friday 16:30

Finishers will receive a Finisher T-shirt and medal.

The first 10 Women and 10 Men will receive a special prize.

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15. Data Protection Policy

For the applicable data protection provisions of our data processor Active Works, see <https://www.activenetwork.com/information/privacy-policy>

and the organizer Ironman Switzerland AG see <https://www.ironman.com/emea-event-privacy-policy>

16. Court of Jurisdiction

The court of jurisdiction is in Interlaken.

Changes to the race regulations are possible at any time

Grindelwald, 9 September 2023
Race Organising Committee

Marcel Marti	Ralph Näf
Technical Director	Chairman