



Tarawera  
Ultra-Trail  
New Zealand

BY

UTMB®

# T102

## MANDATORY GEAR LIST

All athletes must carry the following mandatory gear at all times during the race.

**No mandatory gear = no start!**

- ☐ **Headlamp** – plus either: one set of spare new batteries, a second headlamp or a portable USB charger
- ☐ **Thermal layer for torso** – long sleeved top made from quick-drying thermal fabric such as wool/polypropylene/merino. Cotton, coolmax, lycra and compression garments are not acceptable
- ☐ **Thermal layer for legs** – long leggings made from quick-drying thermal fabric such as wool/polypropylene/merino. Cotton, coolmax, lycra and compression garments are not acceptable
- ☐ **Thermal hat** – made from wool/polypropylene/merino (Buff® tubulars are accepted but must meet thermal requirements)
- ☐ **Thermal gloves** – made from wool/polypropylene/merino
- ☐ **Waterproof jacket** – MUST be seam-sealed/taped and have a hood (example [here](#))

Recommended, but not mandatory:

- ☐ **Mobile phone** – charged and in a waterproof container or a zip lock bag. Must be able to make and receive phone calls/text messages while you are in New Zealand
- ☐ **Water bottle/collapsible cup/hydration vest or bag**, as it is a cupless race