

MEET YOUR EXTRAORDINARY



Race conditions

Desert RATS Trail Running Festival by UTMB

RACE REGULATIONS

ORGANIZATION

Desert RATS Trail Running Festival by UTMB offering distances of 100k, 50k, Half-Marathon (21K), and a 10k

DEFINITION OF THE RACES

Desert RATS Trail Running Festival by UTMB has been an annual tradition for Gemini Adventures since 2003! The weekend kicks off on Thursday night with packet pickup. The 10k begins early Friday evening. Saturday is the big day for the 100K and 50K, followed that night with an outdoor party at the Fruita Community Center. Sunday's events include a 21K, and kids' races.

100K CATEGORY

- 62 miles and approximately 7200' of elevation gain, starts and finishes at the Hawkeye Trailhead of the Kokopelli Trail just west of Fruita, CO. The overall cut-off time is 20 hours.

50K CATEGORY

- 31 miles and about 3600'+ of elevation gain, starts and finishes at the Hawkeye Trailhead of the Kokopelli Trail just west of Fruita, Colorado. The overall cut-off time is 10 hours.

21K CATEGORY

- Approximately 13.1 miles and about 1540'+ of elevation gain, starts and finishes at the Hawkeye Trailhead of the Kokopelli Trail just west of Fruita, Colorado. There is no overall cut-off.

10K CATEGORY

- Approximately 6.2 miles and about 600'+ of elevation gain, starts and finishes at the Hawkeye Trailhead of the Kokopelli Trail just west of Fruita, Colorado.

RUNNER'S COMMITMENT

To participate in Desert RATS Trail Running Festival by UTMB, it is essential:

- To be completely aware of the length and difficulty of the event and to be adequately prepared for it.
- To have acquired, before the race, a real understanding of personal autonomy in the desert/terrain allowing for the management of potential problems encountered during this type of event, notably:
 - Ability to confront, without outside assistance, changing climatic conditions which could be very difficult to deal with at altitude (night, wind, cold, fog, rain or snow).

- Ability to manage, including when one is isolated, physical, or mental problems arising from heavy fatigue, digestive problems, muscle or articular/joint pains, small wounds, etc...
- Aware that the organization's role is not to help a runner manage these problems.
- Aware that for such an activity in the desert, safety depends upon the runner's ability to adapt to the problems encountered or foreseen.
- To inform and educate the runner's supporters towards the respect of nature, people, and the regulations of the race.

SEMI-AUTONOMY / SELF-SUFFICIENCY

Participants are expected to demonstrate the principles of semi-autonomy/self-sufficiency. They should be prepared to carry their own fluids, food, and gear (including inclement weather gear) between aid stations. Participants should also be prepared, within the course safety guidelines, to handle adverse or changing conditions. This self-sufficiency principle implies the following rules:

1. Throughout the duration of the race each runner must have with them all their mandatory equipment.
2. The aid stations provide drinks and food to be consumed on site. The race organizer only provides still water and/or sports/electrolyte drink for filling water bottles or hydration packs. The runner should take care to ensure they have, when leaving each aid station, the appropriate quantity of drink and food to keep them going until the following aid station.
3. NO PACERS
4. It is forbidden to accompany or be accompanied along any part of the race route by a person not registered for the race, outside of the spectator zones.
Note: A Safety Runner may be allowed under certain conditions approved by race management. These will be reviewed on a case-by-case basis. They will have to follow the runners' regulations of the event
5. A participant who accepts being accompanied outside of the designated zones violates the principle of self-sufficiency.
6. Runners are not allowed to participate with a dog or any other animal, including service animals.

CREWING & SPECTATOR RULES AND REGULATIONS

1. Runner Crews & Spectators must adhere to all Crewing & Spectator Rules and Regulations. Failure to comply, may result in disqualification of the runner.
2. Parking is only allowed in designated areas
3. Crew & Spectators must follow all city, county, and state laws while driving and parking
4. Some Aid Stations will require a walk-in from the designated parking areas. Please have Crew & Spectators plan accordingly.
5. Dogs are highly discouraged from being brought to Crewing Locations and **MUST** always remain on a leash.
6. Crew are not allowed to access or interfere with the Aid Station and its operations
7. Crewing is **ONLY** allowed in the designated areas within each of the Aid Station locations listed below. Runner Crewing is forbidden at all other Aid Stations, as well as at any other point of the race route.

Runner Crewing:

100K:

- Aid Station – Moore Fun I (Mile 5.9)
- Aid Station – Moore Fun II (Mile 10.1)
- Aid Station – Rabbit Valley I (Mile 32.8)
- Aid Station – Rabbit Valley II (Mile 51.5)

Note: Runner Crewing is forbidden at all other aid stations, as well as at any other point of the race route.

50K:

- Aid Station – Moore Fun I (Mile 5.9)
- Aid Station – Moore Fun II (Mile 10.1)
- Aid Station – Troybuilt (Mile 24.4)

Note: Runner Crewing is forbidden at all other aid stations, as well as at any other point of the race route.

Other distances:

- **No assistance is allowed at any point throughout the race.**

ADDITIONAL RULES & PROCEDURES

1. The Race Organization has final authority on any question, rule interpretation, or penalty that may arise during the The Desert RATS Trail Running Festival by UTMB.
2. All race participants, including crews, pacers and spectators, must comply with all race rules, instructions provided during the pre-race briefing or other race communications, and parking/crew access instructions. Failure to comply may result in disqualification of the runner.
3. Each runner must **check-in** and **check-out** of every Aid Station. It is the runner's responsibility to confirm check-out with the aid station.
4. **Cut-off times** will be enforced. Runners must check-out of each aid station at or before the cut-off time. It is the runner's responsibility to know the cut-off times.
5. Littering of any kind is prohibited. All runners, crew, pacers, and spectators must **pack out any trash** or use trash receptacles at the aid stations. Runners are responsible for the actions of their crews and pacers. Future races depend on your cooperation.
6. If the runner **drops** from the race, they **MUST** notify an Aid Station Captain, Race Staff, or Race Management and hand in their bib. Runners who leave the race and do not comply, will be banned from future races. If you don't inform Race Management

you are dropping out, we will be forced to start a costly Search & Rescue effort to locate you.

7. No muling. Each runner must carry their own supplies including fluids, food, and gear, while in between checkpoints.
8. Runners must follow the marked course at all times. If at any time the runner leaves the course, they must return to that point and continue from where they left the course. Runners may only leave the course on foot.
9. You must run the entire, official course. If for any reason you don't cover the entire course in the official and correct order, you may be listed as an unofficial finisher, you will not be eligible for any awards, and you may be disqualified. It is always the runner's responsibility to know the course and stay on course. While the course will be marked well, we always recommend carrying a copy of the course map in case of missing ribbons due to weather, animals, or vandalism.
10. Road & Highway crossings – **Vehicles have right of way at all times.** Runners, crews, and spectators are pedestrians and must follow all laws pertaining to highway pedestrian crossings. Use caution when crossing all roads and remember vehicles have the right of way on all roads.
11. If you become lost or injured, do not go off the race course. Stay in place if necessary and alert the next runner to inform the closest aid station of your injury. The fastest and easiest way to be found and get back on track will be to stay on the trail and wait.
12. You and/or your pacer will not be allowed past any Aid Station if it is dark and you do not have a light (cell phones don't count). It is highly recommended that you always carry an extra light and/or extra batteries with you.
13. If you choose to listen to music, you may only use 1 earbud and listen at low enough volume so that you can still hear your surroundings clearly. Please don't play music out of an external speaker. You must remove all earbuds as you approach Aid Stations, road crossings, and when approaching and passing any Race Staff
14. Smoking by anyone (crew, pacer, runner, spectator) is not allowed along the course, trail, at any Aid Station, or at the Start/Finish area. No campfires (unless in an approved and designated campground)
15. Runners will not be allowed to start after their designated start time. Sweepers will follow behind the last runner and remove course markings.
16. Awards, including finisher medals, and overall awards will be given out at the Finish Line or Awards Ceremony. We can't guarantee any awards, medals, shirts, and other swag can be mailed. If you are unable to attend the award ceremony, we will mail you your award. Please reach out to the general email on the website.
17. Do not park in a vacant lot/property, private property, or residence. Do not block businesses or driveways. You will be towed.
18. In addition to these Rules and Procedures, all participants are responsible for reading and abiding by all information on the race website.

PACERS

Pacers are not permitted for 100K, 50K, 21K or 10K distances at this event.

EQUIPMENT

To ensure their safety, each participant must carry with them all the items listed in the mandatory equipment checklist (see below) and must carry all the equipment with them during the duration of the race even if the runner is not using it. The "hot-weather" and the "cold-weather" kits are part of the

recommended equipment. According to the weather conditions, the race organizer might require one of those two additional kits and inform each participant before the opening of the check-in.

Please note: the items included in the mandatory equipment checklist are the basic pieces of equipment each runner must carry with them. It is important not to choose the lightest possible clothing. Instead, runners should pack clothing that provides adequate protection in the desert/course terrain against inclement weather conditions, including cold, wind, heavy precipitation, and snow.

EQUIPMENT CHECKLIST:

100K:

MANDATORY KIT:

- Cell phone
- Running Vest/Running Belt
- Water capacity of at least 32 oz
- Bottle, flask, reusable cup
- 200-400 Calories of nutrition
- Jacket (wind/waterproof recommended)
- Headlamp w/spare batteries- 200 lumens minimum
- Backup headlamp batteries or power-pack
- Warm hat/beanie
- Space blanket/Safety Blanket (provided if needed)

RECOMMENDED KIT

- Running pack to carry recommended gear throughout the race.
- Additional Nutrition recommendation: 800 kcal (2 gels + 2 energy bars)
- Mobile/Cell phone (smartphone strongly recommended)
- Mobile/Cell phone with international roaming that works in the United States of America.
- Each runner should save the organization's safety phone numbers,
- ID – passport/ID card
- Survival blanket of 1.40m x 2m minimum / 55 inches x 80 inches

50K

MANDATORY KIT:

- Water capacity of at least 16 oz
- Bottle, flask, reusable cup
- Space blanket/Safety Blanket (provided if needed)

RECOMMENDED KIT

- Hat for sun protection
- Sunscreen
- Sunglasses
- Wind/rain jacket

- Cell phone

21K

MANDATORY KIT:

- Minimum water supply: 16 oz.
- Bottle, Flask or Reusable cup

RECOMMENDED KIT

- Light wind jacket
- Hat
- Sunglasses

10K

MANDATORY KIT:

- Bottle, Flask or Reusable cup with ability to carry 8-10 oz of fluid

RECOMMENDED KIT

- Light wind jacket
- Hat
- Sunglasses

Hot Weather Kit:

(May be required by the organization, depending on weather conditions)

ALL DISTANCES:

- Sunglasses ***
- Sunscreen, recommendation: minimum sun protection factor (SPF) 50
- Minimum water supply: 2 liters

Cold Weather Kit

(May be required by the organization, depending on weather conditions)

ALL DISTANCES:

- Protective eyewear ***
- 2nd warm layer in addition to jacket recommendation.
- Sturdy, closed-toe trail-running shoes (minimalist or ultralight shoes Not recommended)
- Warm hat
- Warm and water-proof gloves
- Waterproof over pants
- Survival blanket of 1.40m x 2m minimum / 55 inches x 80 inches

NOTE: According to the above jacket recommendation, the runner must judge whether their jacket is suitable for inclement weather in the desert/course terrain.

Other recommended equipment:

(Including but not limited to)

ALL DISTANCES:

- Spare warm clothing, essential in case of cold and rainy weather or in case of injury
- Poles in the case of rain or snow for your safety on slippery ground
- GPS watch

**** It is possible to use the same glasses if they are suitable both for the sun and bad weather (such as glasses with photo-chromatic lenses)*

Music:

Listening to music using earphones only is tolerated, so long as it is safe to do so. Any earphones **MUST** be removed when on approach to, and whilst at, any checkpoints and when approaching and passing any Safety Team members.

If you have further questions about mandatory equipment, do not hesitate to consult our FAQs.

RACE-BIBS

1. The race-bibs are handed over to each runner upon presentation of a valid ID with photo at Packet Pickup at the Expo
2. Race-bibs **WILL NOT** be handed out to those registered for the race, but decide last minute not to run
3. If the decision to **NOT** run the race, **AFTER** the race-bib has been picked up, the runner **MUST** notify Race Management they are dropping from the race.
4. The race-bib **MUST** be worn front facing on person, unobstructed and at all times during the entire race.
5. The race bib has a timing chip on the back. **ANY** altercation, folding of the bib or placement of the bib other than described here, may result in a loss of Runner Tracking or Finish Time and possible disqualification.
6. The runner's name, bib number and partner logos must not be altered or hidden.
7. The bib is the pass to access Aid Stations, Medical Stations, Restrooms, Drop Bag drop-off, Finisher Areas, Finisher Food, or pick-up areas.
8. Race Management reserves the right to remove the bib from a runner, if they refuse to comply with the Race Organizations Rules, Procedures, and Instructions.
9. If the runner drops from the race, they **MUST** notify an Aid Station Captain, Race Staff, or Race Management and hand in their bib. Runners who leave the race and do not comply, will be banned from future races. If you don't inform Race Management you are dropping out, we will be forced to start a costly Search & Rescue effort to locate you.

GEAR BAGS / SPARE BAGS

100K

- Aid Station locations where Gear Bags are acceptable.
 - Rabbit Valley I (Mile 32.5)
 - Rabbit Valley (Mile 51.3)
- Runners can drop them off the start.
- Friday drop bags will be brought to the Rabbit Valley and Turnaround Aid Stations

- All Drop Bags must fit through an 8" x 10" opening, and can be no longer than 16"
- If it is determined your gear bag is too large, you will be provided with a suitable bag to hold only your necessary gear.
- Drop Bags are to be dropped off on race morning, next to The Expo. Please refer to the Runners Guide for the location and map. Each Drop Bag location will be clearly marked
- All Drop Bags are required to have the below information printed on them. Failure to do, may result in the Drop Bag not being delivered, or being delivered to the wrong location
 - Full Name
 - Bib Number
 - Aid Station of where the Drop Bag is to go
- **DO NOT** place glass bottles in your Drop Bag
- **PACERS** are not allowed to have Drop Bags. Any Pacer supplies must fit in the runners Drop Bag
- Drop Bags can be picked up at The Expo. Please refer to the Runners Guide for the location and map.
- Drop Bags will be available for pick-up no later than **4 HOURS** after the completion of the race and until **SUNDAY AT 12:00 PM**
 - Race Management **CANNOT** guarantee that Drop Bags will be available prior to this time and will do their best to make them available as soon as possible
- Drop Bags can be collected by the runner, family member, or friend, only on the presentation of the Bib Number
- Drop Bags for runners that **DROP** out of the race **WILL NOT** be available any earlier
 - A runner that drops from the race may choose to drive to the Aid Station where the Drop Bag is located for retrieval
 - Please refer to and follow the **CREWING & SPECTATOR RULES AND REGULATIONS** section in this manual when picking up a Drop Bag
- There will be a designated area next to The Finish Line for any Start/Finish Line Bags that a runner may have. **PLEASE DO NOT** leave loose clothing here. All items, **MUST** be in a dedicated Start/Finish Line Bag with the information printed on them. Failure to do so, may result in the loss of items and Start/Finish Line Bag
 - Full Name
 - Bib Number
- Any uncollected Drop Bag or Start/Finish Line Bag will be held by the Race Organization for up to **TWO WEEKS** and no longer
 - It is the responsibility of the runner to contact the Race Organization to arrange pick-up or delivery of any accounted bag
 - Shipping costs may incur

- The Race Organization reserves the right to not be responsible for the contents in any Drop Bag or Start/Finish Line Bag. It is highly recommended **TO NOT PUT ANY VALUABLE ITEMS IN THE BAGS**

AID STATIONS:

- Please refer to the Race Website and/or Runners Guide for all Aid Station locations and logistics
- Full Aid Stations will have a minimum of the following
 - Food
 - Water
 - Electrolyte/Calorie Mix
 - Gels
 - Other basic supplies and medical needs
- Early Full Aid Stations **WILL NOT** have Hot Food, with later Full Aid Stations where runners may be passing through in the night, will have Hot Food
- Hydration Stations will have a maximum of the following
 - Water
 - Electrolyte Mix
- Runners are **REQUIRED** to carry and use a collapsible cup to use at Aid Stations
- It is the runner's responsibility prior to leaving each Aid Station to make sure they have the necessary quantity of water and nutrition to safely complete the distance to the next Aid Station
- To enter the Aid Stations, runners **MUST** be wearing their race-bibs in accordance with the RACE-BIB section in this manual
- Runners should be respectful and thank all Aid Station volunteers
- Aid Station Captains have the authority and represent the Race Organization at each Aid Station
- The Race Organization **CANNOT** guarantee any dietary restrictions at Aid Stations and highly recommends that a runner plans accordingly.

TIMING POINTS:

- Bibs will have a Timing Chip on the back. Please review the RACE-BIBS section in this manual for the correct way to attach the Bib to your person to not damage the Timing Chip
- Most Aid Stations will be equipped with timing hardware for Runner Tracking
- A **LINK** will be available starting on Race Week on the race website for the Live Runner Tracking on LiveTrail
- In rare occasions, or if a bib is worn incorrectly, a runner's Timing Chip may not register at one of the Aid Stations or the Finish Line. On completion of the race, if a runner does not have an official Finish Time, please contact the Race Organization to resolve this issue. A picture of your Finish with Finishing Time, or a picture of your GPS watch recording or Strava recording is required.

COURSE-MARKING:

- Course Ribbons will be placed, on course, no more than 1/4 of a mile (.40km)
- Course Ribbons will have reflective material on them for high visibility at night time
- In addition to Course Ribbons, the course will have directional arrows, signage, and/or Course Marshals at major and critical intersections
- “Wrong Way” signage will also be on course to help prevent runners going off course
- Due to permitting out of the Race Organizations control, there may be last minute changes to the course. The Race Organization will communicate these changes to all participants via the email they used during registration. Additional communication may be communicated through social media and at all Runner Briefings at The Expo. Please refer to the Race Website and Runners Guide for a schedule of events
- It is the runners responsibility to know and understand the course and Course Ribbon colors
- In rare occasions, course vandalism may happen. It is highly recommended that all runners have the GPX tracks loaded on a GPS watch or mobile phone. If a runner suspects course vandalism, please document the location and report to the Aid Station Captain at the closest Aid Station or call Race Management
- If the GPX tracks differ from the Course Ribbons, **ALWAYS** follow the Course Ribbons. These will reflect any last-minute course changes
- If a runner **DOES NOT** see a ribbon for more than 1/4 of a mile (.40km), **TURN AROUND** until you see a Course Ribbon and reconvene with the course
- The Race Organization respects the environment and for this reason, does not use any paint products on the course
- The Course Ribbon colors are as follows:

100k

- Course markings will be **RED** landscaping pin flags
- Night time section course markings will be marked with red reflective tape.

50k & Half-Marathon

- Course markings will be **YELLOW** landscaping pin flags

10k

- Course markings will be **BLUE** landscaping pin flags

WARNING: if you can't see any way markers, turn back!

Because we respect the environment, we do not use any paint on the trails.

SAFETY AND MEDICAL ASSISTANCE:

All Aid Stations have Medical Staff, and all Finish Lines have Medical Stations. Medical Staff and Stations are intended to assist any runner in need of medical assistance. It is up to a runner in need of assistance or injured to call for help:

- By going to a Medical Station or seeing a Medical Staff at the nearest Aid Station
- By calling Race Management (phone number should be saved in mobile/cellphone)
- By asking another runner to call for help

Runners must provide assistance to any person in danger and alert Race Management and/or Medical Staff. If a runner is unable to call the Race Management, and only if it is an absolute emergency, runners may call 911

Several unexpected events, including inclement weather events, could make you wait for help longer than expected. Your safety therefore depends upon the quality of the items that you have put in your pack.

All medical, paramedical, first aid, as well as any person appointed by the race direction are able to:

- Remove any participant who is deemed unable to continue the event
- Demand any competitor to use any item of the mandatory equipment
- Evacuate any runners deemed to be in danger
- Refer runners to the most appropriate care facility

A runner who is treated by a doctor or reached by the search and rescue staff will defer to the professional's authority and agrees to accept their decisions.

If a runner's state of health justifies treatment via intravenous drip, the runner shall withdraw from the race.

The hospitals listed below are located in Fruita and Grand Junction for runners with severe medical problems. Comfort care is based on the decision of the medical staff within the limits of care available.

Family Health West Hospital
Yum
970-858-3900

Community Hospital
2351 G Rd
Grand Junction, CO 81505
970-242-0920

St. Mary's Medical Center
2635 N 7th Street
Grand Junction, CO 81501
970-298-2273

Runners must stay on the marked path. If a runner needs to sleep along the way, they must do so on the marked path.

All runners who voluntarily venture from the way-marked course are no longer under the responsibility of the organization.

OVERALL & INTERMEDIATE CUT-OFF TIMES:

- Overall and intermediate cut-off times are listed on the Race Website and Runners Guide

- Intermediate cut-off times are calculated with the consideration of the following
 - For the safety of all participants including, but not limited to runners, volunteers, Medical Staff, Search & Rescue
 - Remoteness of certain sections of trail
 - Access to certain sections of trail
 - Conditions of certain sections of trail
- The Race Organization reserves the right to add or change any listed cut-off times prior to and during the race (**see Exceptional Conditions*)
- The Race Organization reserves the right to remove a runner from the course and their bib, if the Race Organization determines there is no possibility of an athlete finishing before the listed cut-off times based on the runner's location, time and average pace up to that point
- A runner **MUST** leave an Aid Station prior to the cut-off time, or they will be considered a Drop and their bib will be removed. **THERE ARE NO EXCEPTIONS**
- A runner **CANNOT** leave an Aid Station behind the Course Sweeps. **THERE ARE NO EXCEPTIONS**
- A runner **CANNOT** leave the Aid Station prior to the cut-off time, then return to the Aid Station, or receive assistance from their crew.
- Any runner leaving the Aid Station prior to the cut-off, must continue on the marked course.
- Any runner arriving into an Aid Station after the cut-off time will be considered a Drop and their bib will be removed. **THERE ARE NO EXCEPTIONS**
- For permitting reasons, and the continuation of the event, the safety of all runners, volunteers, safety personnel and race staff, the cut-off times and rules must be honored and respected for all UTMB events.

The cut-off time for finishing each race is:

- **100K** :: 20hrs: 00mins - UTMB Qualifier
- **50K** :: 10hrs: 00mins
- **21K** :: No cutoff
- **10K** :: No cutoff

You may find the cut-off times on the event web site and in the Runner's Guide. In case of any changes (see Exceptional Conditions), the new cut-off times will be announced via race staff and at Aid Stations Cut-off times are calculated to allow participants to reach the finish within the time limit. **In order to be authorized to continue a race, all participants must leave the checkpoint/aid station before the cut-off time** (whatever their time of arrival at the checkpoint).

Runners who have withdrawn from the race are under their own responsibility and are no longer supported by the race organizer. It is strongly advised for any withdrawn runner to be transported back to the finish line by the offered race transportation or their personal crew.

DROPS:

- Runners who voluntarily drop from the race, must do so at an Aid Station, informing the Aid Station Captain of their decision. The runner's bib will then be removed
- Runners that drop out of the race due to an injury and are being assisted by Medical Staff may have their bib removed by the Medical Staff

- If a runner decides to voluntarily drop from the race before arriving at an Aid Station, they **MUST** make their way to the nearest Aid Station on the marked course to inform the Aid Station Captain so their bib can be removed
 - If a runner chooses to reverse course to the previous Aid Station, and are met by the Race Sweeps, the runner **MUST** accompany them on course, to the next Aid Station as course markings may be removed behind the Sweeps
 - If a runner voluntarily drops from a race and chooses to remove themselves on un-marked course or leaves the course, they do so at their own **RISK** and are no longer the responsibility of the Race Organization
 - If a runner chooses to voluntarily drop from the race at an Aid Station, they **MUST** do so at the following acceptable locations
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- Runners **CANNOT** drop at the below restricted Aid Stations due to access, remoteness, permitting, and/or private neighborhood. A runner that voluntarily drops at one of the below locations, risks the safety of themselves, other runners, Medical Staff and volunteers. The runner will do so at their own risk. The Race Organization **CANNOT** guarantee immediate extraction. Injured runners are an exception.
 - If a runner decides to voluntarily drop from the race before arriving at an Aid Station and chooses to leave the marked race course on their own, the runner **MUST** contact Race Management informing them of their decision
 - The Race Organization is not responsible for runners that voluntarily remove themselves from the marked race course and do so at their own risk
 - Race Management may request the runner to make their way to the Finish Line to turn their bib in
 - Any runner that voluntarily drops from the race, without notifying an Aid Station Captain, Medical Staff, or Race Management will be at risk for a **PERMANENT BAN** from future races

FINISH:

When a runner finishes the race, they will receive the finisher's award. Finishers will have access to food, hydration and medical attention if needed.

REST:

Runners having finished their race and wishing to prolong their stay must have their own accommodation.

AWARDS:

The top three (5) Female and Male finishers of each distance receive a custom trophy

All 100K finishers receive a Unique Finisher Gift.

All 100K, 50K and 21K, and 10k finishers receive a medal.

COMPLAINTS/PROTESTS:

Any complaint must be sent by email, within 10 days after the end of the event.

EXCEPTIONAL CONDITIONS:

If necessary, the organization reserves the right to modify at any time the routes, starting times, cut-off times, the position of aid stations and medical stations, and any other aspect related to the smooth running of the events. In case of force majeure, bad weather conditions or any other circumstance endangering the participants' safety, the organization reserves the right to:

- Postpone the start of the race
- Modify the cut-off times
- Change the start date
- Adapt the race's course
- Cancel the race
- Stop temporarily the race
- Stop the race in progress

If a race is cancelled or if the event needs to be modified (e.g. one or more races need to be cancelled), for any reason beyond the control of Race Management there are no refunds

If a race is cancelled less than 30 days before the start or if a race in progress is interrupted, for any reason beyond the control of Race Management, entry fees will not be refunded.

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