

ULTRA-TRAIL
AUSTRALIA

BY UTMB®

16-19 MAY 2024

2024 RUNNER GUIDE

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UTMB®
WORLD SERIES

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SUUNTO

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Race Director Message

Welcome to the 2025 edition Ultra-Trail Australia by UTMB.

We hope you're all gearing up for another awesome adventure in the Blue Mountains. All of us on the Ultra-Trail Australia by UTMB team are excited to welcome you all back to the start line in May.

I'm excited for what is in store at this year's event. The new sections of course on the UTA100 offer some amazing views for those of you taking on all 100km of Ultra-Trail Australia by UTMB. This year we are back to the point to point UTA22 course, which is sure to be a cracking race, from Queen Victoria Hospital through to the finish line at Scenic World. The UTA11 course is another awesome route that showcases the Blue Mountains and gives first timers and veterans alike a stunning short course to enjoy!

I want to take this opportunity to remind each runner that many of trails have been impacted by the recent heavy rain fall in the area. Our stakeholders have put in countless hours scouting, assessing, and repairing sections of track so that we can have the opportunity to race at this year's Ultra-Trail Australia event. With that in mind, there may well be sections of course that we are all familiar with that will be rougher than normal, and you should be prepared to get a bit dirty out on those trails this year. We also ask that you look out for yourself and other runners, and pay attention to course markings and signage along the course. Tom and the course team will make sure your courses are well marked and our volunteer course marshals will be out there to help guide you along your journey.

Please be mindful that we have had to make changes to support crew and spectator access out on course, most notably, Megalong Valley. You can find all those details here in the runner guide. We ask that you review this information with your support teams and follow all instructions of event staff, volunteers, local and emergency services.

As you begin your final preparations for race day, take time to thank those who have supported you getting to this point. Behind every trail runner is a widespread support network that makes your race possible – from patient families, persistent coaches, supportive friends, and fellow trail runners. These are the people who will be with you every step of the way. And remember, everything will have a purpose when the racing begins.

This year when you're out on the trails, no matter how hard you push, or how difficult it may become, look up, take a deep breath, and let the cool mountain air fill your lungs. Take in where you are and what you're doing, cheer on a fellow runner, say thank you to our amazing volunteers, and make at least one new friend along the way. All your hard work and dedication has brought you to this point, and these are the moments that will stay with you forever.

Enjoy your Ultra-Trail Australia by UTMB experience, and we look forward to seeing you on the finish line.

Happy trails,

Nick Christopher
Race Director





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Event Schedule

THURSDAY 16 MAY 2024

EVENT	LOCATION	TIME
Event Expo	KCC Plaza	07:00am – 07:00pm
Event Information	Scenic World	07:30am – 07:00pm
UTA11 Race Check-In	KCC Auditorium	07:30am – 11:00am
UTA Merchandise Store	KCC Auditorium	07:30am – 11:00am
UTA22 Mandatory gear announcement	Facebook/App/Website	09:00am
Food & beverage vendors	Scenic World	09:30am – 05:30pm
START: UTA11 Race Starts	Scenic World	11:00am – 11:30am
UTA11 Race Finish	Scenic World	11:55am – 04:00pm (4hr total allowable time)
UTA100/UTA50/UTA22 Race Check-In	KCC Auditorium	01:00pm – 08:00pm
UTA Merchandise Store	KCC Auditorium	01:00pm – 08:00pm
UTA11 Presentations	Scenic World	04:30pm

FRIDAY 17 MAY 2024

EVENT	LOCATION	TIME
Event Information	Scenic World	07:00am – 07:00pm
UTA22 Race Check-In	KCC Auditorium	05:00am – 07:45am
Food & beverage vendors	Scenic World	07:00am – 05:30pm
START: UTA22 Race Starts	Queen Victoria Hospital	06:20am – 09:40am
UTA22 Race Finish	Scenic World	07:54am – 04:40pm (7hr total allowable time)
UTA100/UTA50 Mandatory gear announcement	Facebook/App/Website	09:00am
Event Expo	KCC Plaza	10:00am – 07:00pm
UTA100/UTA50 Race Check-In	KCC Auditorium	10:00am – 07:00pm
UTA100 Checkpoint Drop Bags Drop Off	KCC Plaza	10:00am – 07:00pm
UTA Merchandise Store	KCC Auditorium	10:00am – 07:00pm
UTA100/UTA50 Race Director Q&A – Session #1	KCC Plaza	11:00am – 11:45am
Women in Trail	KCC Mountain Camp Dining Room	02:30pm – 04:00pm
UTA100/UTA50 Race Director Q&A – Session #2	KCC Plaza	03:45pm – 04:30pm
UTA22 Presentations	Scenic World	04:45pm

SATURDAY 18 MAY 2024

EVENT	LOCATION	TIME
Event Information	Scenic World	05:00am – 11:00pm
START: UTA100 Race Starts	Scenic World	06:20am – 07:25am
START: UTA50 Race Starts	Scenic World	06:30am – 07:45am
UTA Merchandise Store	Scenic World	10:00am – 07:00pm
Food & beverage vendors	Scenic World	06:00am – 04:00am (Sunday)
UTA50 Race Finish	Scenic World	From 10:45am
UTA100 Race Finish	Scenic World	From 02:56pm
UTA50 Finish Cut-Off	Scenic World	10:15pm

SUNDAY 19 MAY 2024

EVENT	LOCATION	TIME
Event Information	Scenic World	08:00am – 12:30pm
UTA Merchandise Store	Scenic World	08:00am – 12:00pm
Race Check-In (1km-4-Kids)	Scenic World	08:00am – 09:30am
Coffee vendor	Scenic World	09:00am – 12:00pm
1km for Kids	Scenic World	09:30am – 10:30am
UTA100/UTA50 Presentations	Scenic World	10:30am – 11:30am
UTA100 Finish Cut-off	Scenic World	11:25am (28hr total allowable time)

Please note that these times are subject to change

A man with a beard and a black cap is eating a red candy. He is wearing a white athletic shirt with a black mesh vest over it. He has a Suunto watch on his left wrist and a backpack with water bottles. The background is a blurred outdoor setting with trees.

SUUNTO

Adventure
Starts
HERE

Some people
choose
fine dining

NEW
SUUNTO RACE
the performance watch



Runner Checklist

PRE-EVENT

- Book/confirm Accommodation & Flights (if applicable).
- Ensure Event Registration is confirmed (check for confirmation email).
- Familiarise yourself with Event Schedule (know all check-in/drop off times).
- Pack Photo ID in your luggage.
- Ensure you have all mandatory gear items needed for your race.
- Familiarise yourself with the course - it is your responsibility to know this on race day.
- Login to your [ACTIVE My Events Profile](#) to check all your details are correct and make any necessary updates to mobile phone number, medical conditions, support crew information and emergency contact information. Any changes must be done online by 7:00pm the day before your race.
- Check Runner List online & on event app. Note: Event app will be updated at close of Check-In prior to Race Day. Any late entries will not appear until check-in has closed. If any details are wrong contact us via email or phone.
- Any late person-to-person transfers must be completed online by 5:00pm Wednesday 15 May. Refer to the event website for details regarding [Late Entry Transfers](#).

- Familiarise yourself with the Event Venue and key areas (Check-In, Start Line, Finish Line and Event Information).
- Familiarise yourself with [Road Closures](#).
- Check-In and collect Race Kit.
- Pack Mandatory Gear ready for race day.
- Drop Checkpoint Drop Bags (UTA100).

RACE DAY

- Ensure you have all items for your race including, Race Bib, Race wristband, Timing Tag for Backpack on Pack, Course maps, participant emergency instructions, mandatory gear.
- Drop off Finish Line Drop Bag (UTA11, UTA50, UTA100) at CMS (near to the Scenic World Finish Area) (UTA22 Drop of Finish Line Drop Bag at Queen Victoria Hospital – Start Line).
- Start the race – be at the start line at least 15 minutes prior.
- Finish the Race:
 - Receive your medal/buckle.
 - Collect your runner gift (not applicable for UTA11).
- Collect your items – Drop Bag/s.

POST RACE

- Have your medal engraved at the the UTA Merchandise Store .
- Upload your #medalmonday on your social media platforms. Remember to tag the event #ultratrailaustralia #UTA100 #UTA50 #UTA22 #UTA11 #UTAFinisher #UTMBWorldSeries

ONCE I ARRIVE (PRE-RACE)

ULTRA-TRAIL
AUSTRALIA

BY UTMB

Race Kit

PARTICIPANTS EMERGENCY INSTRUCTIONS

This will be a double-sided A5 sheet. These instructions have the Event Control Centre phone number on it if you need to call them during your race.

DISPOSABLE TIMING TAG (UTA100/50)

This timing tag must be secured to the back of your backpack.

RACE KIT COLOURS

- Orange – UTA100
- Yellow – UTA50
- Blue – UTA22
- Teal – UTA11
- Gold – 10+ Year UTA100 Legends
- Silver – 5+ Year UTA100 Legends

RACE NUMBER

Your race number must be visible at all times on the outside of your clothing and on the front of your body.

It must not be worn on your pants or leg. Do not cover your race number with any backpack strap or article of clothing as this can prevent your timing tag from registering at the timing points. Do not fold, bend or cut your race number. Consider using a race belt to attach your number to.



UTA100 SUPPORT CREW STICKERS

If you have a support crew, this sticker must be stuck to the outside of the support crew vehicle on the top left hand side of the windscreen.



**Note this sticker does not give access to the event parking area on the KCC Oval during the paid parking periods. UTA parking pass is required.*

UTA100 SUPPORT CREW WRISTBAND

You will receive one crew wristband per runner. This will allow access into runner only sections at checkpoints.

UTA50 SUPPORT CREW

2024 will trial UTA50 support crew at checkpoints. We do not have wristbands for the UTA50 support crew but will allow one person per runner into the runner only sections, so long as it is not too crowded.

If it does become congested, the support crew can still provide assistance, but outside the runner only zone.

EVENT T-SHIRT (UTA100/50/22)

Whilst you are not able to swap sizes during Race Check-In, t-shirt size swaps will be available on Saturday or Sunday from Event Information located at Scenic World. Exchanges are not guaranteed as these are based on size availability.



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YOUR
ULTRA**



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ULTRA ENERGY™ WAFFLES

Go longer, go farther.

Pre-Race Information

RACE CHECK-IN

Please see Event Schedule for time and location.

Please note, no race kits will be posted out prior to the event.

To Race Check-In, you should bring:

- Photo ID (valid driver's licence or passport)
- QR code email: You will receive your QR code for check-in during race week.
- Mandatory gear check certificate (UTA100 only): Gear check will be available at check-in, or you can have an early gear check in the months prior to the event at one of our [Gear Check Stores](#)

Who can collect?:

- Only the person registered can pick up their Race Kit at Check-In. Please note that it is not allowed for someone else to compete under your name or for you to compete under someone else's name. This will result in banning both parties from future IRONMAN Group Races.

UTA100 – GEAR CHECK

UTA100 runners will need to pass gear check before Race Check-In.

- **Prior to Race Week:** To save time during Race week, you can complete an early gear check at one of the nominated [gear check stores](#). Once your gear check has passed, you will be supplied with a certificate which you must bring to Race Check-In. If you forget to bring your certificate to Race Check-In, see the Help desk or Event Information staff for assistance.
- **Race Week:** If you haven't had your gear checked at a store prior to race week you can have your gear check completed at Race Check-In. Ensure you bring ALL of your mandatory gear to Race Check-In including the weather ruling dependent items (waterproof pants and fleece). Once passed, you will be given a certificate to present and be able to Check-In. The Event Expo and our UTA Official Merchandise Store will be open for any necessary last-minute purchases.

WEATHER DEPENDENT MANDATORY GEAR ANNOUNCEMENT

Notification of weather dependant mandatory gear items will be provided at:

- UTA11 and UTA22: 11am on Wednesday 15th May
- UTA50 and UTA100: 9am on Friday 17th May

The weather dependent announcement will be provided by the Event App, Event Facebook page and on the event website.

Pre-Race Information

FRIDAY AND SATURDAY VENUE ACCESS

On Friday and Saturday morning there are several ways to access the Start Line at Scenic World:

- Pre-purchased parking at KCC/Scenic World – please see page 12 for more information.
- Walk to an event bus stop and catch the [free event shuttle bus](#).

FREE EVENT SHUTTLE BUSES

(To view the UTA22 Start Line shuttle information, [click here](#))

Operate on both Friday and Saturday between Katoomba Town & Scenic World/KCC or between Leura & KCC.

Maps [click here](#)

** buses will be on a continuous loop during their operating times*

Important: If starting in the first three start groups on Saturday morning, ensure you are on the early buses (starting from 5am). Please use these buses as much as possible to limit event traffic.

LEURA TO/FROM KCC		
FRIDAY	SATURDAY	FREQUENCY
5am - 9am	5am - 9am	approx. every 15mins
9am - 7:45pm	1pm - 10pm	approx. every 40mins

KATOOMBA TO/FROM KCC				
FRIDAY	SATURDAY	SUNDAY	FREQUENCY	NOTE
5am - 9:15am	5am - 9:15am		approx. every 15mins	does not stop at 5. Violet St
9am - 7:45pm	9:15am - midnight	Midnight - 11:45am	approx. every 15mins	does not stop at 4. Cascades Park

CHANGED TRAFFIC CONDITIONS

Please take the time to make yourself aware of all changed traffic conditions for yourself and all athletes on race day.

Parking will not be permitted at any time on the streets surrounding KCC and Scenic World. Obey all marshals and 'No Parking' signs. Also take note of NSW General Parking Rules if parking on any other streets. Local traffic police will be doing checks and issuing fines for any illegal parking.

Pre-Race Information

EVENT PARKING

A limited number of parking passes are available for pre-purchase until sold out. Where possible, please carpool or utilise event shuttles to limit the number of cars attending the venue.

You can purchase parking via your registration on [My Events](#). Please log into your registration and select 'Additional Purchases'.

KCC OVAL PARKING PASS TIMES AND PRICE INFO

Thursday 16 th May	Friday 17 th May	Saturday 18 th May	Saturday 18 th May
9:00am – 8:00pm	4:00am – 9:00pm	4:00am - 11:00pm No entry 6:00am -9:15am	11:00pm (Sat) – 12:00pm/noon (Sun)
\$20.00	SOLD OUT	SOLD OUT	SOLD OUT

Please note: Access times to KCC Oval will be limited during race start times during the event week. Please plan to arrive during the scheduled entry times and plan your departure based on exit times. This is to ensure a safe race start for all runners. Re-entry is allowed but only for the day your parking pass is valid for.

Parking Restrictions Saturday 18th May

For Saturday morning, refer to the [Road Closures](#) page.

Parking will not be permitted at any time on the streets surrounding KCC and Scenic World (no parking on Violet St, Oak St, Kamillaroi Rd, Acacia St, Cedar St, Fern St, Cliff Drive, Ficus St, Peckmans Rd or Neale St).

We ask all runners and supporters to obey all marshals and 'No Parking' signs. Also take note of NSW General Parking Rules if parking on any other streets. Local traffic police will be doing checks and issuing fines for any illegal parking.

Pre-Race Information

RACE BRIEFING & RACE DIRECTOR Q&A SESSIONS

A Virtual Race Director briefing will be available via our [Facebook Page](#) & [YouTube channel](#) before 9th May.

Refer to the Event Schedule for location and timings of the Race Director Q&A sessions. These are great opportunities for any questions you may have about course, markings, checkpoints, last minute tips, etc...

START GROUPS – UTA100 & UTA50

Your approved start group will be shown on your race bib. You must start in the start group that appears on your race number.

- **Whoops, skipped ahead to an earlier start group?** You will automatically be **disqualified**. This cannot be contested.
- **Missed your start group?** Your time will start from the start group, you started in. You will **not** be disqualified.
- If you find that your start group is much faster than you, you may find runners from the group behind catching up. **You must let faster runners pass you.**

Note:

Gun time from the first start group for UT100/UTA50 will be used to determine overall winners.

Individual official finisher time and Age Group winners will be determined by net time (based on the time when you cross the start line).

For our larger waves we will reduce the size of the start chute, which will help spread runners out along the course to ensure the best possible race experience.



Start Group	Start Time
Start Group 1	6:20 AM
Start Group 2	6:25 AM
Start Group 3	6:40 AM
Start Group 4	6:50 AM
Start Group 5	7:00 AM
Start Group 6	7:25 AM
Start Group 7	7:25 AM



Start Group	Start Time
Start Group 1	6:30 AM
Start Group 2	6:35 AM
Start Group 3	6:45 AM
Start Group 4	6:55 AM
Start Group 5	7:08 AM
Start Group 6	7:40 AM
Start Group 7	7:45 AM

Pre-Race Information

START GROUPS – UTA11 & UTA22

Your approved start group will be shown on your race bib. Please review the below information to ensure you understand the start group procedure for UTA11 and UTA22.

UTA11 starts will be funnelled from the start line. You will need to line up at the start during your allocated start group time. Once you're in the start chute, we will send you off in groups based on the start times listed below. Funnelling at the start line for UTA11 will be done to facilitate a set number of runners across the start mat per minute. This funnelling is in place to ensure a smooth start for all runners and will assist in keeping runners spread out during the early stages of the race as UTA11 starts off on the road and within a short distance drops onto the trails near Scenic World. Please don't push through other runners at the start line and listen to the direction and instructions of event staff, volunteers, and marshals while you are in the start chute.

UTA11 – Gun time from the first start group for UTA11 will be used to determine overall winners. Individual official finisher times and Age group winners will be determined by net time (based on the time when you cross the start line).

For UTA22, there will be starts at QVH every 20mins from 6:20am – 9:40am. The logistics of getting everyone to the start line for the race will require patience and understanding. We will control what we can control and have therefore set up the start line at QVH to facilitate a start every 20min. Once you have been dropped off by the shuttle bus, you will need to line up in the start chute in preparation for a race start every 20min from 6:20am – 9:40am.

UTA22 – Gun time from the first start group for UTA22 will be used to determine overall winners. Individual official finisher times and Age Group winners will be determined by net time (based on the time when you cross the start line).

Please note that the following still apply under this new start format:

- **Whoops, I skipped ahead to an earlier start group?** You will automatically be **disqualified**. This cannot be contested (**UTA11 ONLY** – this does not apply for UTA22 this year).
- **Missed your start group and need to start in a later group?** Your time will start from the start group you started in. You will **not** be disqualified.
- If runners from the group behind are catching up – don't try to outrun them - **please let faster runners pass you.**



Start Group	Start Time
Start Group 1	6:20 AM
Start Group 2	6:20 AM
Start Group 3	6:20 AM
Start Group 4	From 6:20 AM
Start Group 5	From 7:20 AM
Start Group 6	From 8:40 AM

Start Group	Start Time
Start Group 1	11:00 AM
Start Group 2	11:00 AM
Start Group 3	11:15 AM
Start Group 4	11:30 AM
Start Group 5	11:30 AM

Mandatory Gear

ALL Mandatory Gear must be carried by each runner at ALL times. The mandatory gear is the absolute minimum gear that must be carried. Click event distance below for full list.

Mandatory Item	UTA100	UTA50	UTA22	UTA11
1 x long sleeve thermal top (polypropylene, wool)	Yes	Yes	Yes*	Yes*
1 x long leg thermal pants (polypropylene, wool)	Yes	No	No	No
1 x waterproof and breathable jacket with fully taped waterproof seams and hood	Yes	Yes	Yes*	Yes*
1 x beanie balaclava or head sock (buff)	Yes	Yes	Yes	Yes
1 x full-fingered lightweight thermal gloves (polypropylene, wool)	Yes	No	No	No
1 x high visibility safety vest that complies with Australian Standard AS/NZS 4602:1999 or AS/NZS 4602:2010 or AS/NZS 4602: 2011 as well as Class D/N for day and night time wear	Yes	Yes*	No	No
1 x headlamp	Yes	Yes	No	Yes (only if walking)
1 x small backup light	Yes	No	No	No
1 x mobile phone in working order with fully charged battery and working SIM card	Yes	Yes	Yes	Yes
1 x compass	Yes	Yes	No	No
1 x whistle	Yes	Yes	Yes	Yes
1 x emergency space blanket (light bivvy sack or equivalent)	Yes	Yes	Yes	Yes
1 x compression bandage (minimum dimensions 7.5cm wide x 2.3m long unstretched)	Yes	Yes	Yes	Yes
1 x lightweight dry sack or zip lock bags	Yes	Yes	No	No
Water bottles or bladders with a capacity to carry 2 litres of water	Yes	Yes	Yes	Yes-1 litre
2 x food bars / food portions	Yes	Yes	Yes	Yes
1 x ziplock bag for your personal rubbish	Yes	Yes	Yes	Yes
1 x waterproof map case (can be ziplock bag)	Yes	Yes	No	No
1 x course map and set of course descriptions (provided in race pack)	Yes	Yes	No	No
1 x A5 participants emergency instruction card (provided in race pack)	Yes	Yes	Yes	Yes
1 x race number (provided in race pack)	Yes	Yes	Yes	Yes
1 x timing tag for backpack (provided in race pack)	Yes	Yes	Yes	Yes
1 x long leg waterproof pants	Yes*	No	No	No
1 x 100-weight (minimum) long sleeve synthetic fleece top	Yes*	No	No	No

Please note: Those marked with a * in the table above are weather dependent items. A weather ruling from race organisers will be made at 11am Wednesday 15th May for UTA11 and UTA22; and at 9am Friday 17th May for UTA100 and UTA50. This ruling will be posted on socials and on the Event Website.

Questions? – Prior to event contact: info@ultratrailaustralia.com. **Race week:** please speak to a member of the athlete services team at Race Check-In.

Mandatory Gear

PENALTIES

Random gear checks will be performed during the event. For fairness to all runners, a 40-minute time penalty will apply for every item that is missing. For on-course gear checks, this time penalty will be served at the location of the gear check point so a runner will not be able to proceed on course until the time penalty is served. During this time, the runner must arrange for the missing items(s) to be replaced or they will not be allowed to continue on-course even after the time penalty has been served. For severe breaches of mandatory gear or failure to comply with the requests of event staff, the runner may be disqualified. Where it is not feasible to serve a time penalty on course, the time penalty will be added to the runner's overall race time.

OTHER RECOMMENDED ITEMS

- Collapsible/reusable cup
- More substantial first aid kit
- Spare socks
- Sunscreen
- Cap or sun hat
- Body glide/body lubricant
- Spare headlight batteries

HIGH VISIBILITY SAFETY VESTS

UTA100

The high visibility safety vest must be carried at **ALL** times. The vest must be worn as the outer most layer and over the top of your running backpack at the following specific places (your race number must be visible on your front and over your vest). For the avoidance of doubt and to ensure you are a safe and seen while out on course you **MUST** wear your high visibility vest when running on or along any bitumen road, dirt road, or fire trail, regardless of distance on course, any time after 4:45pm. Specific locations (and distances) where this applies are listed below:

1. At night when you get to the bitumen roads through Katoomba (at about 54.2km). You need to wear your vest along all the bitumen roads to access CP4 Katoomba Aquatic Centre and continue to wear your vest from CP4 to the crossing of Cliff Dr (57.5km). You can remove your vest after crossing Cliff Dr.
2. Along Olympian Pde (63.9km) through to Gordon Falls (64.2km)
3. When entering Willoughby Rd or Sublime Point Rd (65.7km). You can remove your vest at CP5 Fairmont Resort.
4. When entering Hordern Rd from Wentworth Falls walking tracks (75.5km). You can remove your vest once you reach the bush track at the end of Coronation Rd.
5. From CP6 Queen Victoria Hospital (78.6km) through to Emergency Aid Station (91.6km).
6. Whenever an official requests you to wear your vest. This could include any time driver visibility is poor such as in late afternoon/night or in fog during day or night. This will apply to travel on any bitumen road or dirt fire trail.

UTA50

The high visibility safety vest must be carried by UTA50 runners only if it is deemed necessary. A decision regarding this will be made at **9am the day before the race** and publicised at the Friday Race Check-In and via the event app and event Facebook Page. If deemed a requirement on course, the vest must then be worn as detailed in the Friday announcement or whenever an event staff member or course marshal requests you to wear it.

Finish Line Drop Bags

FINISH LINE DROP BAG – ALL DISTANCES

All runners for all distances may leave a Finish Line Drop Bag in the drop bag area (near the start line of each race) on the morning of your race. Please ensure your bag **is clearly marked using the Finish Line Drop Bag Sticker Tag** included in your race pack. This bag should contain warm, dry clothing and footwear to change into at the finish.

- UTA11, UTA50, UTA100 – Finish Line Drop Bag drop off at CMS – near start line at Scenic World
- UTA22 – Finish Line Drop Bag drop off at Queen Victoria Hospital – please bring your Finish Line Drop Bag with you on the shuttle bus and drop off before the start of your race. Event staff will collect Finish Line Drop bags at the UTA22 start line and transport them back to CMS near the finish line at Scenic World – ready for you to collect post race.
 - UTA22 Finish Line Drop bags will be transported back to the finish line and will be ready for collection from CMS.

ONE Finish Drop Bag per runner is permitted.

It is the responsibility of runners to collect their Finish Drop Bag from the drop bag location at the completion of their race. **Any Finish Line Drop Bags bags not collected by 5pm on the Sunday 19th May 2024 will be disposed of**, with any valuable items logged with lost property. Your race number must be shown to collect your finish drop bag from the CMS Drop Bag location.

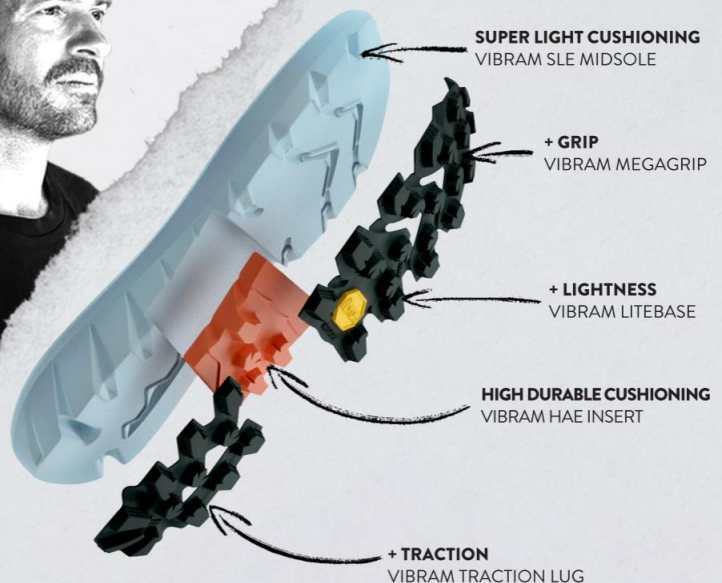
- **Bag Type/Material:** must be closable and SOFT (recommend – Grocery cooler bags). Plastic/garbage bags and plastic boxes will not be accepted. .
- **Finish Drop Bag (ALL Races):** can be as large as needed.
- Drop Bags must not contain glass bottles and valuable items.

Marking your Drop Bag

- (Please use the provided Finish Line Drop Bag Sticker Tag included in your race pack)

At every location, drop bags will be lined up in numerical order. Any bags without a clearly written/visible name and race number, will be placed at the end of the number range.

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Race Day Information

WITHDRAWING FROM THE EVENT

UTA100, UTA50 and UTA22

Any withdrawal must be at a checkpoint unless you are assisted from the course by the event Medical Team. To withdraw at a checkpoint:

1. Notify the **checkpoint staff** that you are withdrawing from the event.
2. Complete and sign **the checkpoint withdrawal form**.

After you have withdrawn, the event team will facilitate getting you back to the venue from the checkpoints. Please note that it may take 1-2+ hours to be returned to the venue after pulling out at a checkpoint. Event staff may ask that you try and contact your support crew to come collect you if you have withdrawn at a support crew/spectator friendly location.

If you withdraw from the event at any other safe location and are unable to go to the nearest checkpoint to complete the withdrawal form, you must **immediately phone the Event Control Centre phone number** (on the back of your race bib) and state that you are withdrawing from the race.

UTA11

If you can't continue to the next marshal point and need first aid / medical assistance on the course, **phone the Event Control Centre phone number** (on the back of your race bib). The Safety Team will arrange to retrieve you. Spectators are not allowed to enter the event course to collect runners.

CONTINGENCY PLAN

The course team is continually monitoring the condition of the tracks. If/when contingency plans are needed you will be notified by the Race Director. This will be communicated by email, the event app, or by the commentators.

MEDICAL

Medical assistance will be available at every checkpoint and at the Finish Line. There will be roaming first aid vehicles on the course for emergencies.

As you prepare for the weekend, please keep the following in mind:

- Don't pre-load your nutrition or hydration leading up to the event
- Don't drink to a schedule during your race. Drink when you are thirsty
- Overuse of NSAIDs can cause issues during your race

Each runner is responsible for their own wellbeing and basic first aid and should carry their own blister pads/band-aids, body lubricant, sunscreen and strapping tape. Please be aware of the effects of dehydration, hypothermia and extreme fatigue. If you are not fit to continue, please withdraw from the race at the approaching checkpoint.

You should familiarise yourself with the correct use of a space blanket. If you need to stop, seek shelter from the elements, put on all your dry clothing and wrap the space blanket as tightly as possible around your whole body.

If you pass an injured runner, please stop to assist them and follow the Participant Emergency Instructions card. Record how long you stopped to assist and notify the staff at Event Information, and they will organise to adjust your time accordingly.

Race Day Information

RUBBISH (LEAVE NO TRACE)

NO LITTERING on course. This is a World Heritage listed area that we are very lucky to have permission to use. Please use the bins provided at each checkpoint to dispose of your waste. If you see rubbish out on course, please pick it up and dispose of it accordingly.

TOILETS/HUMAN WASTE (LEAVE NO TRACE)

There are toilets at the start, finish and every checkpoint. Gordon Falls Reserve and Echo Point (closes at 9pm).

LOCATION	UTA100	UTA50	UTA11
Echo Point	59.1km	8.1km	3.4km
Gordon Falls Reserve	64.3km	13.3km	-
Conservation Hut	71.6km	20.6km	-
Emergency Aid Station	91.6km	40.6km	-

If you do need to release your bowels while on course, move at least 15 metres from the track and away from any watercourses, make a hole at least 15cm deep and cover it up afterwards. Instead of toilet paper, wash using water. If using toilet paper, put this in a zip lock bag and take it with you.

INSURANCE

Runners are responsible for any costs incurred resulting from a medical incident, this includes but is not limited to, ambulance transfers, hospital stays, specialist treatment. It is therefore strongly advised that all runners hold adequate personal insurance. Australian residents are recommended to hold valid private health insurance (inclusive of ambulance cover) whilst international athletes are strongly advised to have adequate travel or personal insurance that will provide coverage for participation in an IRONMAN Group event. Runners are responsible for understanding the terms and conditions of insurances held.



Race Day Information

EVENT RULES

UTA100	UTA50	UTA22	UTA11
UTA100 Rules	UTA50 Rules	UTA22 Rules	UTA11 Rules

RECOVERY

After passing the finish line arch, you will collect your finisher items. You will then follow the recovery process and have the below available to you:

- Water, electrolyte, fruit
- Hot food option (UTA100 ONLY)
- Medical support (if required)
- Official finisher photo by Sportograf

Important: Before exiting, please ensure all relevant nutrition and items have been collected. There is a no re-entry policy. After exiting, please make your way to the drop bag marquee located at CMS to collect your Finish Line Drop Bag.

MASSAGE

Massage will be available for runners during the following times:

- Thursday 16th May: 11:00am – 5:00pm at Finish Line Recovery
- Friday 17th May: 9:30am – 4:30pm at Finish Line Recovery
- Saturday 18th May:
 - 9:00am – 4:00pm at Fairmont Resort Checkpoint (UTA100 and UTA50 Runners)
 - 12:00pm – 6:00pm at Finish Recovery and CMS
 - 3:00pm – 7:00pm at Katoomba Aquatic Centre Checkpoint (UTA100 Runners)

Massage is free to runners and will be on a first come first serve basis. Runners will need to bring 2 large towels with them to massage. Your towels can be left with your finish line drop bag on the morning of your race.

RESULTS

All results will be available online at <https://www.ultratrailaustralia.com.au/> and on the Event App.

PHOTOS

The official event photographer will be Sportograf. Post event, photos will be available for purchase within 48hrs – 72hrs via the [Sportograf Website](#).

Ensure your race number is always completely visible on your front during the race.

Any runners who pre-purchased photos during the registration process will be contacted via email within 48hrs – 72hrs.

MEDAL & BUCKLE ENGRAVING

Available at the UTA Merchandise store. View the Event Schedule for times and location. The process takes anywhere from 5 to 25 minutes. Please note all medals must be dropped off and collected at the UTA Merchandise Store. No medals will be posted.

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Course Information

COURSE ROUTE – GENERAL INFORMATION

Indicators: All courses are marked with a combination of pink flagging tape with reflective strips and red on white background arrows and crosses (A5 size).

Intersections: An arrow will indicate the direction to travel followed by two pieces of pink flagging tape. This will continue for a short distance along the correct course. A red cross will be within 20m along any of the incorrect routes out of each intersection.

Along the course: Pink flagging tape will be displayed at least every 500m along the entire route and distance signs every 5km.

It is the ultimate responsibility for each runner to know the course and follow the course map for a general idea of where they are at all times. Refer to [UTA100 Course](#), [UTA50 Course](#), [UTA22 Course](#), [UTA11 Course](#) on the event website for maps, course descriptions, GPX files of the course.

MAPPING APP

CAPRA

[UTA100](#)

[UTA50](#)

[UTA22](#)

[UTA11](#)

COURSE SAFETY – GENERAL INFORMATION

This is a long event and contains walking tracks and fire roads. You will be travelling through remote areas that are not easily accessible. The temperature in the Blue Mountains can vary widely from below zero, snow and rain, to pleasant sunny days. The nights are always cold so expect a night maximum of 5 degrees Celsius.

The mandatory gear requirements are for your safety and are the **bare minimum** that you will need. Please check forecasts and be prepared for all conditions. Consider carrying, or having accessible, extra warm gear if the weather requires.

If you are injured or lost, you may have to wait out in the open for several hours at a time. Medical teams will reach any injured participant as soon as possible but depending on the location this may take up to 2 hours. View the Medical page in this guide for more information.

The walking tracks can be rough, uneven and slippery (especially in wet conditions). Please take care, especially around the unguarded cliff edges. It is your responsibility to proceed with caution.

The walking tracks are not closed to other users. Be aware of tourists and other walkers on the walking trails.

Course Information

ADVERSE WEATHER CONDITIONS.

Risk management plans and processes are in place to monitor and manage weather events that may pose any form of risk to you out on course. However there may be circumstances where weather patterns change or increase in severity without due warning.

We are constantly monitors weather patterns and warnings in the lead up to the event, and during the event through specialist weather agencies. We will notify you of any apparent adverse weather events via text message, event team members and at aid stations.

It is essential that if you see weather patterns changing or feel at risk, you monitor your phone and/or discuss with an event staff member for any updates. If you find yourself caught in an adverse weather event, there are a few key actions we need you to follow.

Pre event and race communication and briefings will address any environmental or weather risks. It is essential that you either attend briefings prior to the race and/or monitor the website and social media sites for updates prior to the event.

Lightning.

- If you hear thunder, lightning is not too far away and close enough to your location to strike. Get prepared to find safe shelter.
- If you are close to an aid station, a stable structure/building or vehicle should be accessed, or move to a clearing away from trees and squat down. (tents or isolated trees are not safe spaces).
- Immediately get off elevated areas such as ridges or peaks. Finding a ravine may be an alternative lower risk location.
- If you are in a group, spread out and seek low shelter.
- Never lie flat on the ground. If you have no choice but to stay where you are, squatting on your hydration pack may reduce your risk.
- Keep clear of bodies of water- lake, ponds, creeks
- Stay away from objects that conduct electricity (barbed wire fences, power lines, metal stiles, etc.)

High and extreme winds

In mountainous or alpine areas, winds can change rapidly. Risk of injury can be increased due to things like falling trees or falling off cliffs/drops. While wind forecasts are monitored, in the event high or extreme winds conditions arise, you should do the following.

- Keep clear of narrow sections of the course with drops/cliffs close by.
- Be mindful of overhanging or large trees on over the trail. Where possible move away from high tree areas, and wait out until wind subsides.

Fire and smoke

We works with local emergency services to monitor any current or potential fire risks prior to the event. In case of sudden fire while on course, check with aid stations and monitor your mobile for updates from event team. Where possible move away from the direction of the fire or back to closest aid station. If you are unable to find a safe place to shelter;

- Move to a low fuel area. A road or clearing if possible
- Find shelter or clearing- Large rocks, or creek bed, or an area with low foliage or fuel for the fire.
- If there is not shelter, lie facedown in a hole/dug out and cover your face.

Course Information

COURSE CONGESTION – GENERAL INFORMATION

Walking tracks: There is limited opportunity to pass on walking tracks. It is very important that you let people pass especially if the next start group catches up to you.

In front of a long line of runners:

- If you hear someone yell out advising they'd like to pass, please move to the side where possible. (This isn't them being rude, rather the only way they can advise).
- Yell back from time to time to ask if anyone wishes to pass.

This is a long and challenging race which encourages camaraderie and respect between runners. You will all face a battle within yourselves on course. However, we ask that you don't battle fellow runners. We ask that every one of you are respectful of each other and allow others to pass when requested. The atmosphere at the event should always remain friendly.



A group of approximately ten triathletes are gathered outdoors on a grassy area, celebrating. They are wearing various athletic gear, including jackets, hats, and medals. Some are holding up small cards or photos. The background shows trees and a building. The overall mood is joyful and energetic.

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ENDURANCE

UTA100 Course Information

UTA100 COURSE

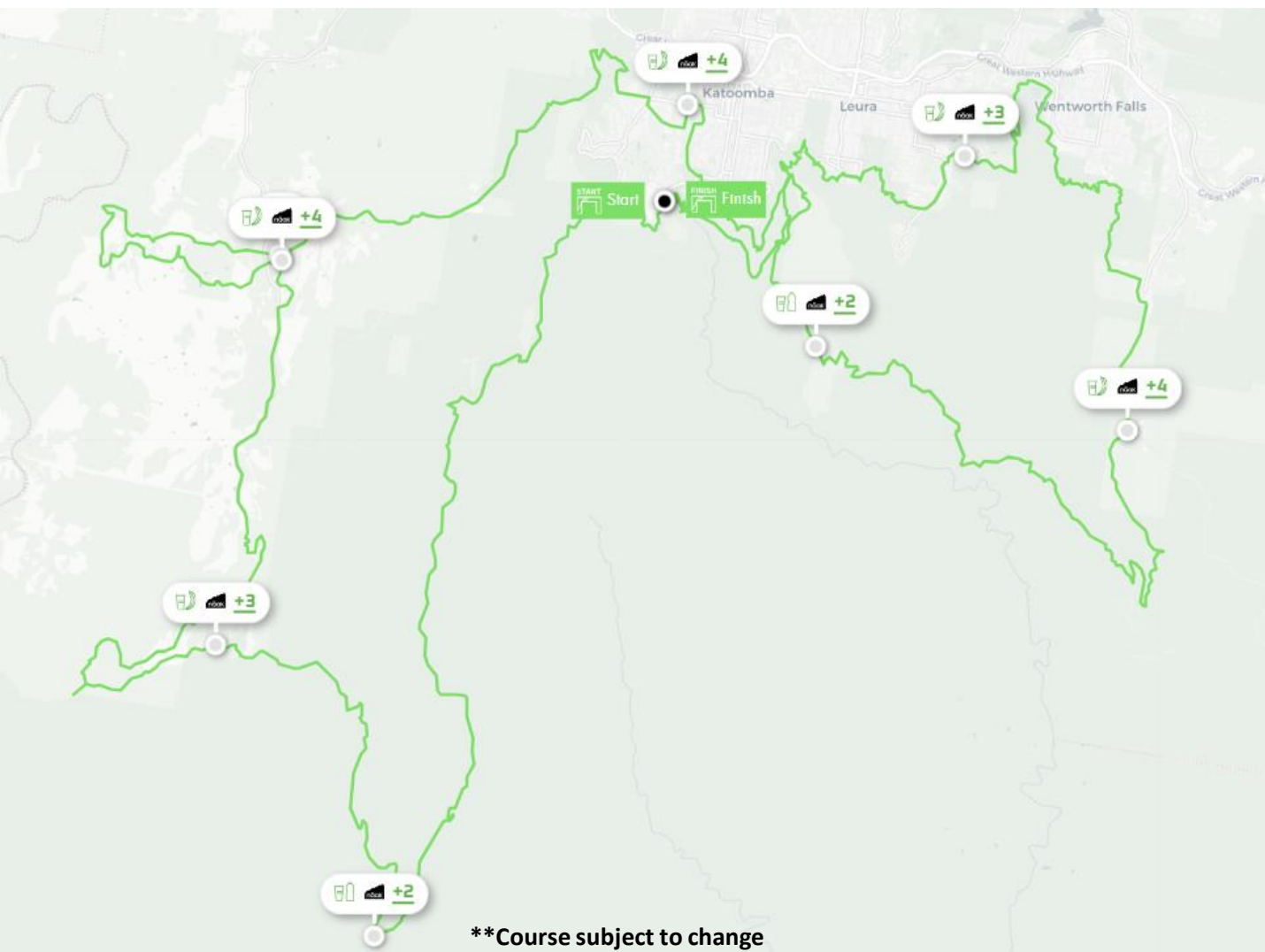
Narrow Neck, Ironpot Ridge, Leura Forest, Wentworth Falls, Kedumba Pass, Furber Steps – names that have that become trail running legend as part of the iconic UTA100 course.

It's the race that every trail runner in Australia aspires to do at least once ... but all too often, once is never enough.

You start at the famous Scenic World in the idyllic town of Katoomba and experience a mix of terrain - mostly single track and wide trails - and a mix of emotions as you run through the very special World Heritage listed National Park of the Blue Mountains.

After some lush bushland, beautiful escarpments, epic ridgelines, 7 checkpoints and about 99kms you'll stand at the bottom of the most famous set of steps in trail running... just 951 of them are between you and the finish line back at Scenic World.

[UTA100 on Capra](#)



UTA100 Course Information

COURSE SPLITS

Please note there is ONE split point between the UTA100 and UTA50 routes in 2024

LOCATION	DISTANCE	UTA100	UTA50
Glenraphael Drive	2.8km	Continue straight along Glenraphael Drive	Turn around and head back along Glenraphael Drive towards Cliff Drive

COURSE SAFETY

Please note these points on course are of particular concern for runner safety. Due to the recent flooding event, there are many sections of track that will look and run differently to what you have run in previous years or when out training. Tracks may be very wet and slippery and rougher than expected. Use caution and be sure of your footing while out on course.

LOCATION	START	FINISH	NOTES
Duncan's Pass	13.9km	14.3km	Descending Duncan's Pass in wet conditions track can become very slippery. Please take extreme care and use guide ropes provided. Keep moving through this section – DO NOT STOP ALONG TRACK HERE.
Ironpot Ridge	25km	26.5km	Walking Tracks can be narrow rough and uneven
Ironpot Ridge	26.5km	27.2km	Scrambly downhill sections
Giant Stairway	59.5km	60.0km	For the safety of tourists and yourselves, all 100km runners must stop running 5m before reaching any other person on the Giant Stairway. Descending steep staircases, stairs are extremely steep, narrow, and very slippery when wet.
Leura Forest through to Leura Cascades	60.1km	62.3km	Please take care when running through this section of course. This section of the course was impacted during the recent flooding event and will be rougher than normal. Especially Fern Bower just after Leura Forest. Use caution, ask to pass. Trails likely to be very slippery through this section of course
Furber Steps	99.1km	100.2km	Steep and narrow. Please ask to pass if needed.

UTA100 Course Information

COURSE CONGESTION

LOCATION	START	FINISH	NOTES
Duncan's Pass	13.9km	14.3km	Track will be cleared of debris, guide ropes, and temporary 'steps' will be installed to improve the descent on Duncan's Pass. Tarros Ladders will NOT be installed this year. ALL runners will need to descend Duncan's Pass into Little Cedar Gap. There will be a constant flow of runners down Duncan's Pass. There is little opportunity for passing between the end of Glenraphael Drive and the start of Duncan's Pass. Please use extreme caution when descending Duncan's Pass. No passing while on Duncan's Pass. Runners are required to keep moving once they have started their descent. Please DO NOT stop along the trail until you see event signage indicating that stopping is allowed. Put any trekking poles inside your running pack to prevent them from getting caught in the rope cage of the ladders. Duncan's Pass should not be used when training for the event.

ESTIMATED RUNNER TIMES AND CUT-OFF TIMES

There is a **28hr** time limit to complete the full UTA100 course.

- **Male & Female Winner** = Gold Buckle
- **Male Under 14 hours / Female Under 16 Hours** = Silver Buckle
- **Male Under 20 hours / Female Under 22 Hours** = Bronze Buckle

The following cut-off times are for leaving the relevant location. Runners arriving after the cut-off time will not be permitted to continue the course.

Location	Distance	First Arrival	Mid-Pack Arrival	Last Arrival	Cut-Off
Medlow Gap	16.5km	7:26 AM	8:41 AM	10:41 AM	10:45 AM
Foggy Knob	23.9km	7:59 AM	9:36 AM	12:19 PM	12:20 PM
Six Foot Track	37.3km	9:06 AM	11:41 AM	4:01 PM	4:05 PM
Katoomba Aquatic Centre	55.9km	10:38 AM	2:41 PM	8:59 PM	9:00 PM
Fairmont Resort	67.4km	11:49 AM	4:55 PM	1:24 AM (SUN)	1:25 AM (SUN)
Queen Victoria Hospital	78.7km	12:51 PM	6:54 PM	5:26 AM (SUN)	5:25 AM (SUN)
FINISH	100.2km	2:56 PM	11:26 PM	11:32 AM (SUN)	11:25 AM (SUN)

UTA100 Checkpoints

CHECKPOINT	DISTANCE	LOCATION	DROP BAGS	SUPPORT CREW ACCESS	SUPPLIES
Medlow Gap	16.5km	Medlow Gap	No	No	Water, NAAK Electrolyte (pre-mixed), NAAK Bars & Waffles, Winner Gels, chips, and lollies available.
Foggy Knob	23.9km	Megalong Valley	No	No	Water, NAAK Electrolyte (pre-mixed), NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, and lollies available.
Six Foot Track	37.3km	Megalong Valley	Yes	No	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, and lollies will be available. Hot water, tea and coffee will be available.
Katoomba Aquatic Centre	55.9km	Katoomba Aquatic Centre - Katoomba	Yes	Yes	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, pizza, bakery goods, fruit, salt, chips, soup/noodles, and lollies will be available. Hot water, tea and coffee will be available.
Fairmont Resort	67.4km	Fairmont Resort - Leura	No	Yes	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, soup, and lollies available. Hot water, tea and coffee will be available.
Queen Victoria Hospital	78.7km	Kings Tableland Rd Wentworth Falls	Yes	Yes (limited parking)	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, soup/noodles, and lollies will be available. Hot water, tea and coffee will be available.
Emergency Aid Station	91.6km	Sublime Point Fire Trail	No	No	Minimal sustenance provided. Water, NAAK Electrolyte (pre-mixed), salt, lollies available.

CHECKING IN AND OUT OF CHECKPOINTS

- On arrival, please follow the bunting to ensure you pass through the entry and exit timing points.
- There are timing points at the exit of ALL Checkpoints. Ensure you do not miss these exit timing zones, especially if you have been out of the main checkpoint area prior to continuing.
- The entrance point is directly beside the exit point at Six Foot Track, Katoomba Aquatic Centre, Fairmont Resort and Queen Victoria Hospital. Instead of continuing in a linear fashion through these checkpoints, you will perform a U-turn within Checkpoints 3, 4, 5 and 6 to exit directly beside the entrance.

UTA100 Checkpoint Drop Bags

CHECKPOINT DROP BAGS (UTA100 ONLY)

There is a Checkpoint Drop Bag service for ALL UTA100 runners at select Checkpoints on course. Runners may use a combination of both Checkpoint Drop Bags and support crew where allowed. Drop bags are available at Six Foot Track, Katoomba Aquatic Centre and Queen Victoria Hospital. **NO** drop bags allowed at Medlow Gap, Foggy Knob, Fairmont Resort or the Emergency Aid Station.

The drop bag service should not be used if you have support crew at Katoomba Aquatic Centre or Queen Vic Hospital. We strongly recommend your support crew bring your extra required items with them to the Supported Checkpoints on Course.

CHECKPOINT DROP BAG DROP OFF

Checkpoint Drop Bags must be delivered to the checkpoint trucks at Race Check-In on Friday 17th May between **10:00am – 7:00pm**.

Marking your Drop Bag

Please put the corresponding Drop Bag Sticker Tag on the bag you would like to access at each of the applicable checkpoints listed above (1 bag at each checkpoint).

Your Checkpoint Drop Bag Sticker Tag must be attached when delivering your drop bags. You must not leave Checkpoint Drop Bags prior to 10:00am Friday as they need to be placed directly into the correct checkpoint trucks. It is the responsibility of the runner to ensure Checkpoint Drop Bags are placed into the correct checkpoint trucks on the Friday. All checkpoint drop bags must be in by 7:00pm.

- **Bag Type/Material:** must be closable and SOFT (recommend - Grocery cooler bags). Plastic/garbage bags and plastic boxes will not be accepted. .
- **Checkpoint Drop Bag (UTA100 only):** less than 20 litre volume / 10 kg weight.
- Drop Bags must not contain glass bottles and valuable items.



UTA100 Checkpoint Drop Bags

CHECKPOINT DROP BAG LOCATIONS (UTA100 ONLY)

Drop bags can be useful for extra food, gels, body lubricant, spare socks, clothing, batteries and spare headlamp (in addition to mandatory gear) at the checkpoints and for warm, dry clothing and footwear at the finish. Checkpoint drop bags will be taken to the following locations:

- **Checkpoint 3 – Six Foot Track**
- **Checkpoint 4 – Katoomba Aquatic Centre**
- **Checkpoint 6 – Queen Victoria Hospital**

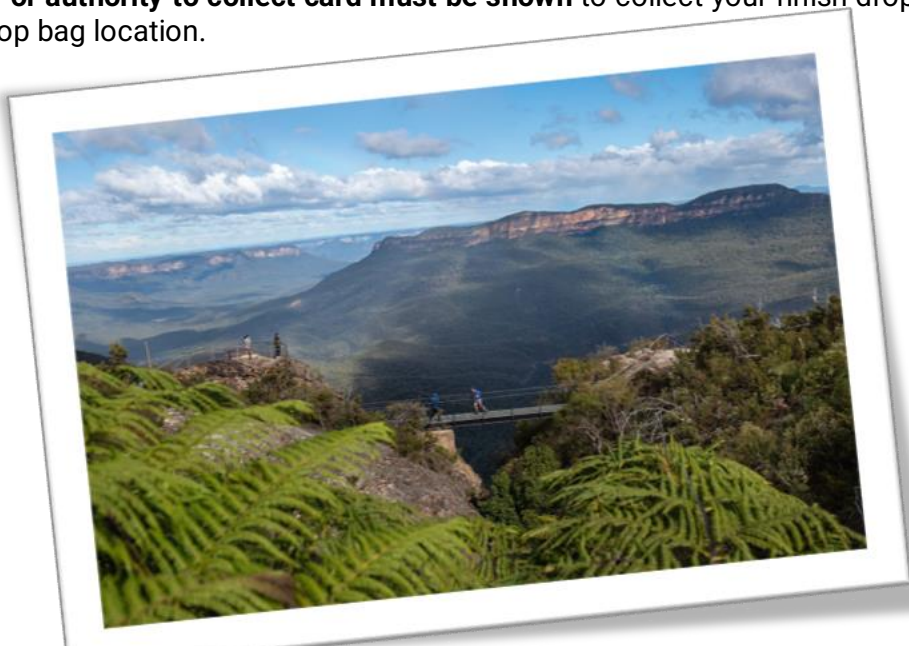
Checkpoint Drop Bags can be collected at each of the above locations by the runner when entering the Checkpoint. Once each checkpoint drop bag is finished with, it must be taken to the used drop bag area within the Checkpoint.

All Checkpoint Drop Bags will be lined up numerical order, in all locations. Any bags without or clearly written/visible with a name and race number, will placed at the end of the number range.

CHECKPOINT DROP BAG COLLECTION

Due to access along sections of the course this year, there may be delays in returning used Checkpoint Drop Bags back to CMS for your collection. However, we will be continuously collecting used Checkpoint Drop Bags from Checkpoint 3, 4, and 6 throughout the day to get them ready for collection at CMS.

It is the responsibility of each runner to collect their Checkpoint Drop Bag from Finish Line Drop Bags at CMS starting from 3:00pm on Saturday 18th May through to the completion of the event on Sunday 19th May. **Any Checkpoint Drop Bags not collected by 5:00pm on Sunday 19th May 2024 will be disposed of**, with valuables logged in lost property. Your **race number or authority to collect card must be shown** to collect your finish drop bag from the CMS drop bag location.



UTA100 Support Crew

SUPPORT CREW ASSISTANCE

Support crew assistance is available for UTA100 runners. Runners may only receive support crew assistance at the designated checkpoints.

UTA100 support crew can assist runners within 200m either side of the Checkpoint location. We ask that crew follow the instructions of event staff and volunteers and to respect other runners and crews trying to assist in the same area.

Outside of these checkpoints, support crew cannot assist their runner in any form other than with verbal assistance (aka cheering). This includes but is not limited to nutrition and hydration support, passing of any items including food and gear, and any form of pacing .

RUNNER ONLY ZONES

As runners arrive at Checkpoints, they will be within a bunted off area which contains the race food marquee and drop bag marquee where applicable. One member of your Support Crew who is wearing the Support Crew wristband is permitted to enter this runner area of the checkpoints. However, runners are allowed to exit the bunted checkpoint area to meet their Support Crew. When they are finished being supported, runners should re-enter the gap in the bunting and continue on course. It is important for runners to re-enter the checkpoint before they continue on course, otherwise they may miss crossing the timing mats at the exit of the Checkpoint.

MEDLOW GAP & FOGGY KNOB (Checkpoint 1 & 2) – NO ACCESS

You must not attempt to travel anywhere on Glenraphael Drive as runners make their way to Medlow Gap. Additionally, you must not attempt to drive along Megalong Valley Road. For safety reasons these areas are **STRICTLY NO SPECTATOR OR SUPPORT CREW ACCESS. THERE ARE NO EXCEPTIONS TO THIS RULING.**

Medlow Gap & Foggy Know are only accessible to runners, event staff and medical/emergency services.

PRIVATE LAND BESIDE SIX FOOT TRACK (Checkpoint 3) – NO ACCESS

Due to the road works along Megalong Valley Road, and after consultation with local landholders and stakeholders we have made the decision that Checkpoint 3 Six Foot Track will **NOT** be accessible to support crew or spectators. **STRICTLY NO SPECTATOR OR SUPPORT CREW ACCESS TO MEGALONG VALLEY IN 2024. THERE ARE NO EXCEPTIONS TO THIS RULING.**

Six Foot Track is only accessible to runners, event staff and medical/emergency services.

Runners whose support crew or spectators attempt to go down into Megalong Valley will be **DISQUALIFIED FROM THE RACE.** Please respect the local landowners and the request from emergency services to avoid Megalong Valley in 2024. There are extensive road works underway and additional vehicle traffic puts a strain on local resources and may lead to extensive emergency services delays should we need to get injured or withdrawn runners out of Megalong Valley.

UTA100 Support Crew

KATOOMBA AQUATIC CENTRE (Checkpoint 4) – ACCESS ALLOWED

Checkpoint 4 is located at Katoomba Sports and Aquatic Centre on Catalina Ave, Katoomba. There is special event parking in the Gully (Catalina Raceway). Follow event parking signs. You must not park on Catalina Ave, Peckmans Rd or Gates Ave in the vicinity of where the runners cross the road. You must obey all 'No Parking' signs. After parking, enter the Aquatic Centre via the normal front entrance and ask for directions to the basketball courts. The Aquatic Centre facilities close at 6pm however the basketball courts will remain open while the checkpoint is still operational. Support crews may bring their own food and fluids into the aquatic centre for supporting their runners.

FAIRMONT RESORT (Checkpoint 5) – ACCESS ALLOWED

Checkpoint 5 is located at Fairmont Resort, Leura. Please drive carefully as you enter Fairmont Resort from Watkins Rd/Sublime Point Road as runners will be on road in this section of the course. Please obey all traffic controllers, 'No Parking' signs, and respect the driveways and lawns of the residents in this area. **Parking on lawns or in front of resident driveways along any road on the UTA course is prohibited.**

Once you enter Fairmont Resort there is ample parking in one of the 3 Fairmont Resort Carparks. Please be mindful of resort guests, children, and patrons of Leura Golf Course when finding a place to park at Fairmont Resort. After you have parked, please walk and make your way into the Fairmont Resort. Once inside the resort walk to the stairs and head down to the checkpoint area. Please be mindful of resort and restaurant guests. Once at the checkpoint location make your way outside to the support crew/spectator zone. Do not congregate inside the checkpoint area. This space is only for runners and one support crew member with a wristband. Fairmont Resort and services are open to the public.

QUEEN VICTORIA HOSPITAL (Checkpoint 6) – ACCESS ALLOWED

Checkpoint 6 is located at Queen Victoria Hospital at the end of Kings Tableland Road, Wentworth Falls.

Traffic controllers and a pedestrian walkway will also assist in making this area safer for everyone. We suggest that you leave early to allow for delays, and carpool with other Support Crews/ Spectators where possible. The parking is predominantly on rough uneven surfaces, and a couple of sections will be 4WD only. Note that if it rains on race day many parking areas will become boggy and unusable, so we would request that you consider whether you need to visit this Checkpoint in those circumstances.

SUPPORT CREW EVENT RULES

- The runner is responsible for the actions of their support crew. Support crews must comply with all instructions from event staff, road marshals and officials. **The runner may be penalised or disqualified for actions or breaches of the rules by their support crew.**
- **NO SUPPORT CREW OR SPECTATOR ACCESS ANYWHERE IN MEGALONG VALLEY**
- Support crews must obey all road rules and drive within the speed limits.
- Support crews must not eat the runner food provided at checkpoints (runners only).
- Support crews and spectators are not permitted to run with or pace runners.
- Support crews are not allowed to enter the event course to collect runners.
- Runners will be given one support crew car sticker with their runner's bib number. This sticker must be stuck to the outside of the support vehicle's front windscreen at the top left-hand side. Support Crew Sticker does not guarantee a parking space at any checkpoint. It will be used to identify your vehicle to event and resort staff.
- The event organisers are not responsible for the safety or whereabouts of support crew.

UTA50 Course Information

UTA50 COURSE

The UTA50 course traces the second half of the UTA100 course and does not lack in the beauty or stunning landscapes of its longer counterpart.

You'll start at Scenic World in Katoomba and be heading along the cliff tops, checking out the breath-taking views of Mt Solitary and the escarpments before you know it.

The spectacular Wentworth Falls is another highlight after around 25km, before cruising down the epic Kedumba Pass.

The only way is up from there, culminating with those infamous 951 steps and the finish line back at Scenic World!

[UTA50 on Capra](#)



**Course subject to change

UTA50 Course Information

COURSE SPLITS

Please note there is one split point between the UTA100 and UTA50 routes in 2024.

LOCATION	DISTANCE	UTA50	UTA100
Glenraphael Drive	2.8km	Turn around and head back along Glenraphael Drive towards Cliff Drive	Continue straight along Glenraphael Drive

COURSE SAFETY

Please note these points on course are of particular concern for runner safety. Due to the recent flooding event, there are many sections of track that will look and run differently to what you have run in previous years or when out training. Tracks may be very wet and slippery and rougher than expected. Use caution and be sure of your footing while out on course.

LOCATION	START	FINISH	NOTES
Giant Stairway	8.6km	9.1km	Descending steep staircases, stairs are extremely steep and narrow. In wet conditions the walking trails become very slippery. Please take extreme care.
Leura Forest through to Leura Cascades	10.1km	11.4km	Please take care when running through this section of course. This section of the course was impacted during the recent flooding event and will be rougher than normal. Especially Fern Bower just after Leura Forest. Use caution, ask to pass. Trails likely to be very slippery through this section of course
Furber Steps	48.1km	49.2km	Steep and narrow. Please ask to pass if needed.

ESTIMATED RUNNER TIMES AND CUT-OFF TIMES

There is a **14hr 30min** time limit to complete the full UTA50 course.

The following cut-off times are for leaving the relevant location. Runners arriving after the cut-off time will not be permitted to continue on the course.

Location	Distance	First Arrival	Mid-Pack Arrival	Last Arrival	Cut-Off
Fairmont Resort	16.3km	7:45 AM	9:11 AM	12:04 PM	12:10 PM
Queen Victoria Hospital	27.6km	8:37 AM	10:50 AM	3:19 PM	3:20 PM
FINISH	49.2km	10:45 AM	2:50 PM	10:15 PM	10:15 PM

UTA50 Checkpoints

CHECKPOINTS

CHECKPOINT	DISTANCE	LOCATION	DROP BAGS	SUPPORT CREW ACCESS	SUPPLIES
Fairmont Resort	16.3km	Fairmont Resort - Leura	No	Yes	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, soup and lollies will be available. Hot water, tea and coffee available.
Queen Victoria Hospital	27.6km	Kings Tableland Rd, Wentworth Falls	No	Yes (limited parking)	Water, NAAK Electrolyte (pre-mixed), Coca-Cola, NAAK Bars & Waffles, Winners gels, bakery goods, fruit, salt, chips, soup and lollies will be available. Hot water, tea and coffee available.
Emergency Aid Station	40.6km	Sublime Point Fire Trail	No	No	Minimal sustenance provided. Water, NAAK Electrolyte (pre-mixed), salt, lollies.

YOUR ADVENTURE AWAITS IN THE
mountains

Situated on the edge of the Jamison Valley – part of the World heritage-listed Blue Mountains National Park and a short 60 min drive from Penrith, the award-winning Fairmont Resort Blue Mountains is the pinnacle of luxury accommodation in Leura.



Host to a variety of dining outlets along with unmatched leisure facilities including an indoor and outdoor swimming pool, basketball and tennis courts, a sauna, Ubika Day Spa, the region's first ever ice-skating rink, and more, the Fairmont Resort Blue Mountains is the perfect escape in the mountains.

FAIRMONT
— RESORT —
BLUE MOUNTAINS

1 Sublime Point Road, Leura, NSW, 2780, Australia
Tel: +61 2 4785 0000
Email: reservations@fairmontresort.com.au
www.fairmontresort.com.au

UTA50 Support Crew

SUPPORT CREW ASSISTANCE

Support crew assistance is available for UTA50 runners. Runners may only receive support crew assistance at designated checkpoints. Please refer to UTA100 Support Crew pages for Support Crew Rules that apply to both UTA100 and UTA50 runners.

UTA50 support crew can assist runners within 200m either side of the Checkpoint location. We ask that crew follow the instructions of event staff and volunteers and to respect other runners and crews trying to assist in the same area.

Outside of these checkpoints, support crew cannot assist their runner in any form other than with verbal assistance (aka cheering). This includes but is not limited to nutrition and hydration support, passing of any items including food and gear, and any form of pacing .

RUNNER ONLY ZONES

As runners arrive at Checkpoints, they will be within a bunted off area which contains the race food marquee and drop bag marquee where applicable. One member of your Support Crew who is wearing the Support Crew wristband is permitted to enter this runner area of the checkpoints. However, runners are allowed to exit the bunted checkpoint area to meet their Support Crew. When they are finished being supported, runners should re-enter the gap in the bunting and continue on course. It is important for runners to re-enter the checkpoint before they continue on course, otherwise they may miss crossing the timing mats at the exit of the Checkpoint.

FAIRMONT RESORT (Checkpoint 1 for UTA50) – SUPPORT ALLOWED

Checkpoint 1 is located at Fairmont Resort, Leura. Please drive carefully as you enter Fairmont Resort from Watkins Rd/Sublime Point Road as runners will be on road in this section of the course. Please obey all traffic controllers, 'No Parking' signs, and respect the driveways and lawns of the residents in this area. **Parking on lawns or in front of resident driveways along any road on the UTA course is prohibited.**

Once you enter Fairmont Resort there is ample parking in one of the 3 Fairmont Resort Carparks. Please be mindful of resort guests, children, and patrons of Leura Golf Course when finding a place to park at Fairmont Resort. After you have parked, please walk and make your way into the Fairmont Resort. Once inside the resort walk to the stairs and head down to the checkpoint area. Please be mindful of resort and restaurant guests. Once at the checkpoint location make your way outside to the support crew/spectator zone. Do not congregate inside the checkpoint area. This space is only for runners and one support crew member with a wristband. Fairmont Resort and services are open to the public.

QUEEN VICTORIA HOSPITAL (Checkpoint 2 for UTA50) – SUPPORT ALLOWED

Checkpoint 2 is located at Queen Victoria Hospital at the end of Kings Tableland Road, Wentworth Falls.

Traffic controllers and a pedestrian walkway will also assist in making this area safer for everyone. We suggest that you leave early to allow for delays, and carpool with other Support Crews/ Spectators where possible. The parking is predominantly on rough uneven surfaces, and a couple of sections will be 4WD only. Note that if it rains on race day many parking areas will become boggy and unusable, so we would request that you consider whether you need to visit this Checkpoint in those circumstances.

UTA22 Course Information

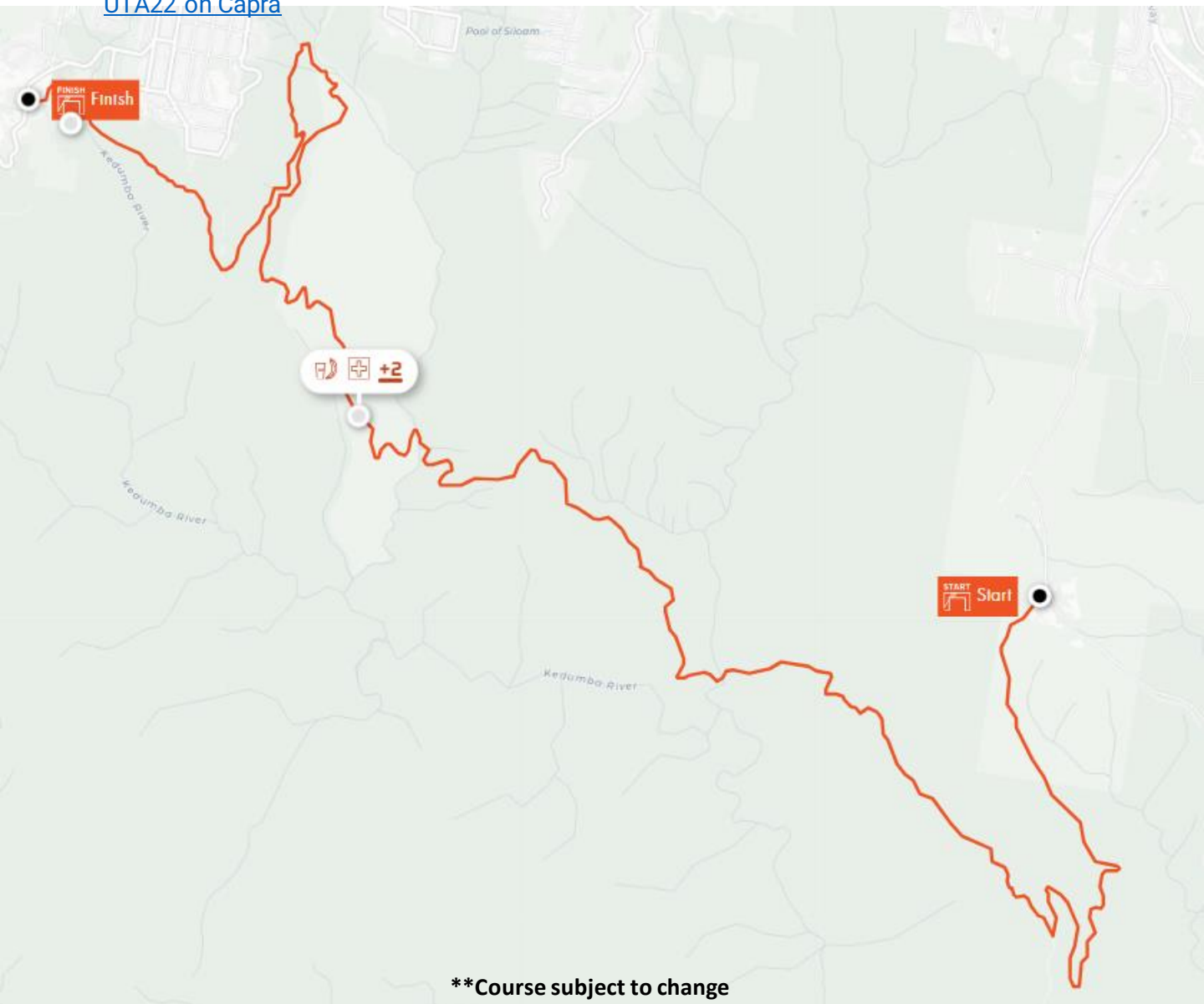
UTA22 COURSE

UTA22 is a challenging and super-fun point to point course that takes in all the beauty of the Blue Mountains but is still achievable for those newbies to trail running.

Your start is at Queen Victoria Hospital, at the intersection of Tableland Rd and Kedumba Valley Rd in Wentworth Falls. The route takes you through the Kedumba Valley, with a great view of the Three Sisters before heading up the final section of the Furber Steps to your finish line at Scenic World.

Whether you're new to trail running or looking to take in some of the UTA highlights without going ultra distance - the UTA22 is perfect for you!

[UTA22 on Capra](#)



****Course subject to change**

UTA22 Course Information

COURSE SAFETY

Please note these points on course are of particular concern for runner safety. Due to the recent flooding event, there are many sections of track that will look and run differently to what you have run in previous years or when out training. Tracks may be very wet and slippery and rougher than expected. Use caution and be sure of your footing while out on course.

LOCATION	START	FINISH	NOTES
Furber Steps	20.5km	21.6km	Steep and narrow. Please ask to pass if needed.

ESTIMATED RUNNER TIMES AND CUT-OFF TIMES

There is a **7hr** time limit to complete the full UTA22 course. This cut-off applies to every starter, not just the last runners to cross the start line.

Location	Distance	First Arrival	Mid-Pack Arrival	Last Arrival	Cut-Off
Emergency Aid Station	13.0km	7:10 AM	9:26 AM	1:05 PM	1:10 PM
Base of Furber Steps	20.5km	7:43 AM	10:41 AM	3:35 PM	3:40 PM
FINISH	21.6km	7:54 AM	11:11 AM	4:25 PM	4:40 PM

CHECKPOINTS

CHECKPOINT	DISTANCE	LOCATION	DROP BAGS	SPECTATOR ACCESS	SUPPLIES
Emergency Aid Station	13.0km	Sublime Point Fire Trail	No	No	Water, NAAK Electrolyte (pre-mixed), Winners Gels, chips, salt, lollies.

UTA11 Course Information

UTA11 COURSE

UTA11 is a great introduction to Ultra-Trail Australia by UTMB and trail running. The course traverses some of most stunning tracks of the Blue Mountains and while you encounter the odd lump along the way, it is very achievable for all abilities.

You'll start at Scenic World. The route takes you out Prince Henry Cliff Walk through Echo Point.

Descend Amphitheatre Track and the bottom section of Fern Bower into Leura Forest, then follow Federal Pass to the base of Furber Steps.

To get the real taste of UTA, you'll get to take on all of the 951 Furber Steps up to the finish at Scenic World.

[UTA11 on Capra](#)



UTA11 Course Information

COURSE SAFETY

Please note these points on course are of particular concern for runner safety. Due to the recent flooding event, there are many sections of track that will look and run differently to what you have run in previous years or when out training. Tracks may be very wet and slippery and rougher than expected. Use caution and be sure of your footing while out on course.

Location	Start	Finish	Notes
Mt Solitary Restaurant to Lila Falls Bridge	6.1km	7.2km	Steep and Narrow. Please ask to pass if needed. This is a new course alignment and may not be familiar to all runners. Use caution when passing.
Lila Falls Bridge to Leura Forest	7.2km	7.8km	Please ask to pass if needed. This section of course was impacted by the recent flooding event and will be much rougher than normal – especially at the end of Fern Bower approaching Leura Forest. Use caution in this section.
Base of Furber Steps	11.4km	11.5km	Steep and narrow. Please ask to pass if needed.

ESTIMATED RUNNER TIMES AND CUT-OFF TIMES

There is a **4hr 30min** time limit to complete the full UTA11. This cut-off applies to every starter, not just the last runners to cross the start line.

Location	Distance	First Arrival	Mid-Pack Arrival	Last Arrival	Cut-Off
Base of Furber Steps	11.4km	11:44 AM	1:01 PM	3:03 PM	-
FINISH	12.5km	11:55 AM	1:31 PM	4:00 PM	4:00 PM

CHECKPOINTS

There are **NO** checkpoints for UTA11. Runners are required to bring their own nutrition and hydration to consume while out on course. There will be a recovery area available to all runners after crossing the finish line at Scenic World.

Awards

All awards will be available handed out at presentations. Please check the event schedule for presentation timings.

UTA100

- \$1,500 (AUD) will be awarded to the 1st place overall male and female (*start group 1 gun time*)
- A gold buckle will be awarded to the 1st place overall male and female (*start group 1 gun time*)
- A bark painting will be awarded to the 1st place overall male and female (*start group 1 gun time*)
- The ten fastest male and female runners will receive a trophy (*start group 1 gun time*)
- A trophy will be awarded to 1st place in each age division (male and female) (*net time*)
- The five fastest men and women will receive a free entry to the following year's event (*start group 1 gun time*)

UTA50

- The five fastest male and female runners will receive a trophy (*start group 1 gun time*)
- A trophy will be awarded to 1st place in each age division (male and female) (*net time*)
- The three fastest men and women will receive free entry to the following year's event (*gun time*)

UTA22

- The three fastest male and female runners will receive a trophy (*start group 1 gun time*)
- A trophy will be awarded to 1st place in each age division (male and female) (*net time*)
- The three fastest men and women will receive free entry to the following year's event (*start group 1 gun time*)

UTA11

- The three fastest male and female runners will receive a trophy (*start group 1 gun time*)
- A trophy will be awarded to 1st place in each age division (male and female) (*net time*)



— MORE THAN JUST MEDALS —
YOUR SOURCE FOR AWARDS, APPAREL & PROMOTIONAL PRODUCTS



Spectators + Support Crew

Ultra-Trail Australia by UTMB is about more than just those lining up on the start line. Friends, family and support crew are all integral to the magical atmosphere and vibe across all 4 days of the event.

For race times please see the Event Schedule.

SPECTATORS

ON COURSE VIEWING

We ask that Spectators wishing to watch their runners on course at any time during the race respect road rules and do so in a safe manner. Spectators may cheer on runners but not assist them in any way. See Support Crew section for where assistance is able to be provided.

FINISH CHUTE

Your family and friends will be able to join you as soon as you enter the Scenic World precinct and can accompany you through the finish chute. Although family and friends won't be able to join you in the recovery zone. You will be able to meet them for your post-race celebrations after your runner has exited recovery, and you will be able to go with them to collect their drop bags.

SUPPORT CREW ASSISTANCE

Support crew refers to those assisting runners by providing nutrition and hydration support, and with dressing blisters or massage etc.

Runners may only receive support crew assistance at the designated checkpoints, and only for the UTA100 and UTA50. Runners in the UTA22 and UTA11 may not have support crew assistance, just spectators.

UTA100 and UTA50 support crew can assist runners within 200m either side of the Checkpoint location. We ask that support crew follow the instructions of volunteers and event crew to respect other runners and crews trying to assist in the same area.

Outside of these checkpoints, support crew cannot assist their runner in any form other than with verbal assistance (aka cheering). This includes but is not limited to nutrition and hydration support, passing of any items including food and gear, and any form of pacing.

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UTMB®
WORLD SERIES



OFFICIAL COMPRESSION PARTNER

www.compressport.com

Additional Information

SCENIC WORLD

Scenic World welcomes the UTA community back in 2024. This time, the licensed bar area includes a larger tent to keep runners, support crew, and spectators shaded and out of the elements while cheering on the finishers of Ultra-Trail Australia by UTMB.

At the event hub Scenic World will have available:

- Food trucks – offering a wide range of food and special treats (incl. ice cream & donuts!!)
- Coffee vans
- A licensed bar area with hot food items available

Food & beverages will be available in the finish hub during the following times*:

- Thursday 11 May 9:30am-5:30pm
- Friday 12 May 7:00am -5:30pm
- Saturday 13 May 6:00am – Sunday 4:00am
- Sunday 14 May 9:00am – 12:00pm * coffee only but food available inside Scenic World.



Please note parking is not available in the Scenic World multi-story carpark. Please utilise the UTA event shuttles or book parking at KCC Oval.

The Shokz logo, featuring the word 'SHOKZ' in a bold, sans-serif font with a stylized soundwave icon above the 'O'.

A woman with blonde hair in a ponytail, wearing sunglasses and a dark athletic top, is running outdoors. She is wearing Shokz headphones. The background is a blurred natural setting with trees and a rocky path.

Shokz, Made For Sports

Open-Ear
Bone Conduction Sport Headphones



OPENRUN PRO

Open-Ear Comfort

Situational Awareness

IP55 Water Resistant

10H of music & calls

Best Fit For trail runners

Scan QR code for more info

SHOKZ



Additional Information

EVENT EXPO

Be sure to check out the Expo stalls within KCC Plaza for some great tips and deals. View the Event Schedule for times and location.

LOST PROPERTY

Any lost or found property that is handed in will be taken to the Event Information. View the Event Schedule for times and location.



VOLUNTEERS

Ultra-Trail Australia by UTMB in 2024 needs the support of over **800 volunteers** in order to deliver the event.

Our dedicated Event Volunteers will contribute to a combined total of 3500 hours to assist, support and motivate you from the start to the finish of your UTA journey.

We encourage you to say **THANK YOU** to the volunteers whenever possible! Without the Volunteers, we simply would not be able to hold UTA.

If you'd like to join the volunteer team, you can sign up for a role [here](#).

GET SOCIAL

See, like and share all the excitement of Ultra-Trail Australia by UTMB.

Facebook: <https://www.facebook.com/ultratrailaustralia/>

Instagram: @ultratrailaustralia

#ultratrailaustralia #UTA100 #UTA50 #UTA22 #UTA11 #UTAFinisher

Additional Information

MAPPING PHONE APP - CAPRA

We highly recommend installing the app Capra and loading the course map into your smart phone for finding your way around the course in training. It will also be useful during the event in case you need first aid assistance on the course and need to describe your exact location. Details on downloading this app for each distance can be found here: [UTA100](#), [UTA50](#), [UTA22](#), [UTA11](#).

RUNNER TRACKING

Results from every timing point will be automatically posted to the live event website <https://live.utmb.world/> and the event app as soon as each runner arrives at that timing point (cell coverage permitting)

Race coverage and content will also be shared on the event social channels: [Facebook](#) and [Instagram](#).

OFFICIAL EVENT APP

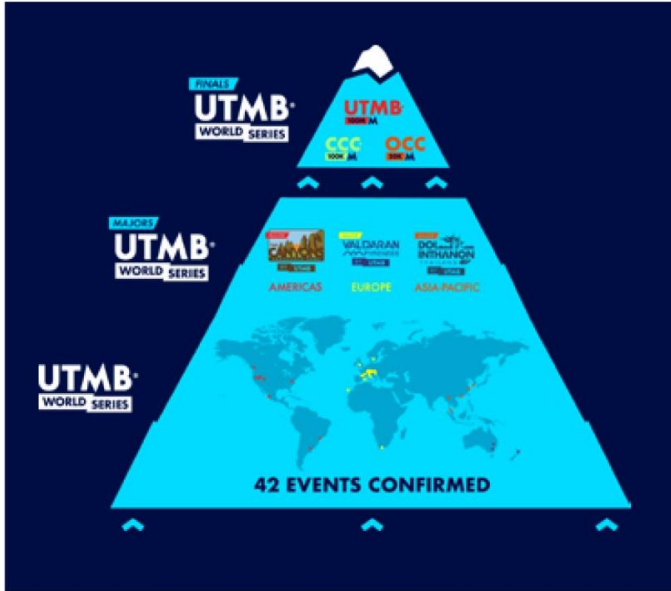
The 'Ultra-Trail Australia by UTMB' Event App for iPhone and Android is available from the App Store or Google and has everything you need to know about the event as a runner or spectator.

Available for both iPhone and Android, the app includes live athlete tracking, race leaderboard, race results, course maps and event schedule.

- Update it to get the latest race info.
- Track the athletes live throughout the course, including their time splits.
- Live leaderboard to keep you up front with who's in the lead. And you can filter by age group.
- It's super easy to find and create your own list of your fav athletes to follow.
- You can receive notifications when the athletes you're following cross key race points.
- Check out the final results post-race.
- Always know where you are and want to be with interactive maps.
- Event info and clear schedules ensure you know what's going on, where and when.

Get all the race info and updates in your pocket. [Download the Ultra-Trail Australia by UTMB App now!](#)

MEET YOUR EXTRAORDINARY



Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations, the UTMB® World Series gives all trail runners the chance to experience UTMB® adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB® World Series Finals at the pinnacle Dacia UTMB® Mont-Blanc.

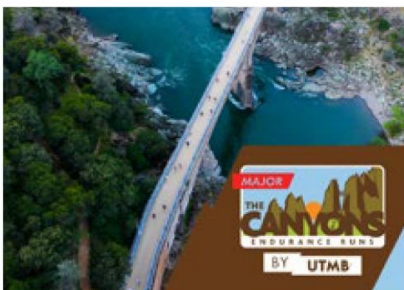
FINALS

The mythic Dacia UTMB® Mont-Blanc is the world's most well-known and revered trail running event on the globe. In the heart of the Alps, the prestigious UTMB® World Series Finals is held in 3 categories: the OCC (50K), CCC® (100K) and UTMB® (100M) every year at the end of August in Chamonix, France.



MAJORS

Three UTMB® World Series Majors, are held each year across the Americas, Europe and the Asia-Pacific region. Collect double the amount of Running Stones compared to other UTMB® World Series Events for the UTMB® World Series Finals lottery. In total 210 runners are also granted automatic qualification for the UTMB® World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.



EVENTS

Get the UTMB® experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB® World Series Events, gives all trail runners the chance to experience the UTMB® adventure while showcasing the unique aspects that each race destination offers at 42 Events around the world. Begin your quest to Dacia UTMB® Mont-Blanc and the UTMB® World Series Finals.



RUNNING STONES

You can only collect Running Stones by finishing races in the 20K, 50K, 100K or 100M category at a UTMB® World Series Event or UTMB® World Series Major.

Only 1 Running Stone acquired in the past two years is mandatory to enter the lottery. Running Stones are cumulative, have no expiration date, and each Running Stone gives you an additional chance to be drawn in the UTMB® World Series Finals lottery.



UTMB® INDEX

The UTMB® Index is calculated for each of the 4 UTMB® World Series race categories : 20K, 50K, 100K and 100M.



Trail runners are also give a general UTMB® Index calculated by combining results from all race categories. A valid UTMB® Index is mandatory to enter the UTMB® World Series Finals lottery, along with a minimum of 1 Running Stone. Your UTMB® Index is also used to define your start wave. There are over 5500 UTMB® Index races around the world where you can validate or help to improve your UTMB® Index.

DO YOU HAVE YOUR MY UTMB ACCOUNT ?

THIS IS WHERE YOU CAN SEE IT ALL.



CHECK IT OUT AT
UTMB.WORLD

- See your Running Stones count
- Check your UTMB® Index
- View your race results
- Get detailed performance statistics
- See your upcoming race registrations
- Share your results with your friends



OCEANIA

- 17-18 FEB** Tarawera Ultra-Trail by UTMB®
New Zealand
- 16-19 MAY** Ultra-Trail Australia™ by UTMB®
Australia
- 28-30 NOV** Ultra-Trail Kosciuszko™ by UTMB®
Australia

EUROPE

- 22-24 MAR** Chianti Ultra Trail by UTMB®
Italy
- 04-07 APRIL** Istria 100™ by UTMB®
Croatia
- 10-12 MAY** Ultra-Trail Snowdonia by UTMB®
Wales
- 17-20 MAY** Trail Alsace Grand Est by UTMB®
France
- 01 JUNE** moZart 100™ by UTMB®
Austria
- 06-08 JUNE** Tenerife Bluetrail by UTMB®
Spain
- 14-16 JUNE** Trail du Saint-Jacques by UTMB®
France
- 14-16 JUNE** Trail 100 Andorra™ by UTMB®
Andorra
- 26-30 JUNE** La Sportiva® Lavaredo Ultra Trail® by UTMB®
Italy

MAJOR

- 03-07 JULY** Val d'Aran by UTMB®
Spain
- 04-06 JULY** Restonica Trail by UTMB®
France
- 05-07 JULY** Trail Verbier Saint-Bernard by UTMB®
Switzerland
- 17-21 JULY** Eiger Ultra-Trail™ by UTMB®
Switzerland
- 01-03 AUG** KAT100™ by UTMB®
Austria

FINALS

- 26 AUG** Dacia UTMB® Mont-Blanc
France, Italy, Switzerland
- 12-15 SEPT** Wildstrubel by UTMB®
Switzerland
- 20-22 SEPT** Julian Alps Trail Run by UTMB®
Slovenia
- 03-06 OCT** Nice Côte d'Azur by UTMB®
France
- 01-02 NOV** Kullamannen™ by UTMB®
Sweden
- 01-03 NOV** Mallorca by UTMB®
Spain



THE AMERICAS

- 12-14 APRIL** Desert RATS Trail Running Festival™ by UTMB®
USA
- MAJOR**
- 26-27 APRIL** The Canyons Endurance Runs™ by UTMB®
USA
- 09-12 MAY** Valhøll Argentina by UTMB®
Argentina
- 29-30 JUNE** Western States® 100-Mile Endurance Run
USA
- 19-20 JULY** Speedgoat™ Mountain Races by UTMB®
USA
- 02-04 AUG** Quito Trail by UTMB®
Ecuador
- 19-22 SEPT** Paraty Brazil by UTMB®
Brazil
- 20-22 SEPT** Grindstone Trail Running Festival™ by UTMB®
USA
- 28-29 SEPT** Ultra Trail Whistler by UTMB®
Canada
- 11-12 OCT** Kodiak Ultra Marathons by UTMB®
USA
- 07-09 NOV** Puerto Vallarta México by UTMB®
Mexico

UTMB® WORLD SERIES

42 EVENTS
IN 2024

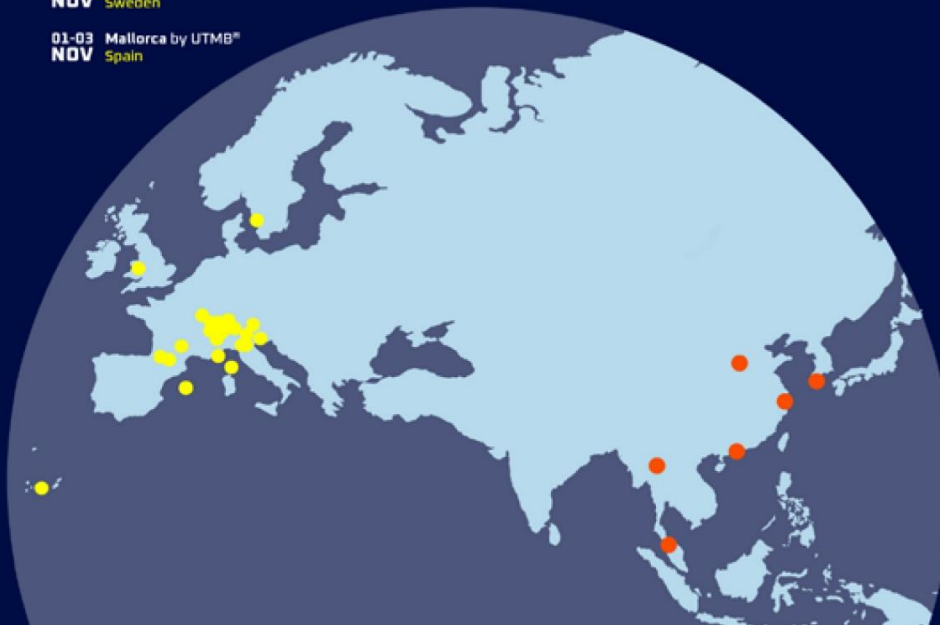
AFRICA

- 24-26 MAY** Mountain Ultra-Trail™ by UTMB®
South Africa
- 22-23 JUNE** Mauritius by UTMB®
Mauritius



ASIA

- 19-21 APRIL** Ultra-Trail Mount Yun by UTMB®
China
- 03-05 MAY** Amazean Jungle Thailand by UTMB®
Thailand
- 12-13 OCT** TransJeju by UTMB®
South Korea
- 17-20 OCT** Ultra-Trail Ninghai by UTMB®
China
- 08-10 NOV** TransLantau™ by UTMB®
Hong Kong, China
- MAJOR**
- 06-08 DEC** Doi Inthanon Thailand by UTMB®
Thailand



The LiveTrail APP: a complete experience on a single platform!

In order to offer a complete experience on a single platform, the LiveTrail application now incorporates the functions of the LiveRun and LiveInfo applications.

MAIN FEATURES



For the public:

- Search for your family and friends and track their progress, speed, their last crossing point and the estimated time to the next crossing point
- Get your bearings on the route, view all the routes, with cut-off times, and launch GPS navigation to a waypoint to get there
- Access general information about the event (maps, timetables, parking, transport, programme, etc.)
- Live or relive the excitement of the race using LiveCams at various points of interest along the route
- Create a list of favourites, select several runners to follow and keep up to date with their progress using automatic notifications
- Get information on the runners taking part in the event (UTMB Index, runner achievements)



For the runner:

- Prepare for your race using the virtual runner feature. Estimate your progress at the various checkpoints based on your target time or your UTMB Index
- For your safety, report your withdrawal from the race, send an SOS or call Race HQ
- Discover the upcoming important checkpoints with the estimated time to get there
- Follow your friends, compare your progress with them and receive notifications of their passage through the various intermediate points
- Use your smartphone as a GPS beacon so that the public and Race HQ know your position in real time

SCAN THE CODE



Event Partners

