



RUNNER GUIDE

JULY 19-20, 2024



OFFICIAL UTMB® WORLD SERIES PARTNERS



TABLE OF CONTENTS

SCHEDULE.....	3
PRE-RACE INFORMATION.....	5
Bib Pick-Up	
Race Regulations	
Runner Briefings	
Timing	
Runner Tracking	
Emergency Phone Number	
PARKING.....	6
Tram for Spectators	
RACE DAY INFORMATION.....	8
Gear	
Trekking Poles	
Weather	
Crew Rules	
Pacers	
Aid Stations	
Medical Information for Runners & Crew	
Drop Policy	
Sweep Team	
RUNNER BIBS.....	9
COURSE MARKINGS.....	11
Course Marking Standards	
Course Ribbons	
Course Signage	
Aid Station Signage	
28K COURSE.....	13
10K COURSE.....	15
50K COURSE.....	17
21K COURSE.....	19
AID STATION GUIDE.....	22
2-DAY CHALLENGE.....	23
About the Challenge	
Pick Up Your Swag at the Finish Line	
Qualifying Points	
FINISH LINE.....	24
Awards Ceremonies	
Photography	
Drop Bag Pick-Up	
Volunteer	
Accommodations & To-Do	
UTMB® WORLD SERIES.....	25
UTMB® World Series	
Qualifying	
Qualifying Points	
GENERAL RULES.....	26

SCHEDULE

THURSDAY, JULY 18, 2024

START	END	EVENT	LOCATION
1 PM	6 PM	Expo: • Bib Pick-Up • Official Speedgoat Mountain Races by UTMB® Merchandise Store	Snowbird Center Plaza Event Tent
4:30 PM		Mastering Speedgoat Chat: Insider Tips for Before, During, and After Your Race, hosted by Vibram Elite Runner Robyn Lesh	Snowbird Center Plaza Event Tent
5 PM		Runner Briefing	Snowbird Center Plaza Event Tent
5:30 PM	6:30 PM	HOKA Shake Out Run	Snowbird Center Plaza Event Tent

FRIDAY, JULY 19, 2024

START	END	EVENT	LOCATION
6 AM	7:15 AM	28K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
7 AM	8:45 AM	10K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
7:30 AM		28K Race Starts	Snowbird Center Plaza Deck
8 AM	9 AM	HOKA Shake Out Run	Snowbird Center Plaza Event Tent
9 AM		10K Race Starts	Snowbird Center Plaza Deck
10 AM	6 PM	Expo: • 50K & 21K Bib Pick-Up • Official Speedgoat Mountain Races by UTMB® Merchandise Store	Snowbird Center Plaza Event Tent
10:30 AM		10K Overall Awards Ceremony	Snowbird Center Plaza Event Tent
11:30 AM		10K Age Group Awards Ceremony	Snowbird Center Plaza Event Tent
12 PM		28K Overall Awards Ceremony	Snowbird Center Plaza Event Tent
12:30 PM		Mastering Speedgoat Chat: Insider Tips for Before, During, and After Your Race, hosted by Vibram Elite Runner Robyn Lesh	Snowbird Center Plaza Event Tent
1 PM		Runner Briefing	Snowbird Center Plaza Event Tent
3 PM		28K Age Group Awards Ceremony	Snowbird Center Plaza Event Tent
4 PM	4:45 PM	HOKA The Speedgoat: Panel featuring Nico Mermoud, Karl Meltzer & Jared Smith	Snowbird Center Plaza Event Tent
5 PM		Runner Briefing	Snowbird Center Plaza Event Tent
5:30 PM		Mastering Speedgoat Chat: Insider Tips for Before, During, and After Your Race, hosted by Vibram Elite Runner Robyn Lesh	Snowbird Center Plaza Event Tent

SATURDAY, JULY 20, 2024

START	END	EVENT	LOCATION
5:15 AM	6:15 AM	50K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
6 AM	7:45 AM	21K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
6:30 AM		50K Race Starts	Snowbird Center Plaza Deck
8 AM		21K Race Starts	Snowbird Center Plaza Deck
9 AM	5 PM	Expo: • Official Speedgoat Mountain Races by UTMB® Merchandise Store	Snowbird Center Plaza Event Tent
11 AM		21K Overall Awards Ceremony	Snowbird Center Plaza Event Tent
1 PM		50K Overall Awards Ceremony	Snowbird Center Plaza Event Tent
2 PM		21K Age Group Awards Ceremony	Snowbird Center Plaza Event Tent
5 PM		50K Age Group Awards Ceremony	Snowbird Center Plaza Event Tent



ALL-OUT TRAIL POWER

TECTON X 2

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PRE-RACE INFORMATION

BIB PICK-UP

EXPO PICK-UP

- Thursday, July 18 from 1 PM to 6 PM
- Friday, July 19 from 10 AM to 6 PM

RACE DAY PICK-UP

- 28K: Friday, July 19 from 6 AM to 7:15 AM
- 10K: Friday, July 19 from 7 AM to 8:45 AM
- 50K: Saturday, July 20 from 5:15 AM to 6:15 AM
- 21K: Saturday, July 20 from 6 AM to 7:45 AM

Runners must pick up their own bibs during the above hours.

WHERE

Snowbird Center Plaza Event Tent - Snowbird Ski Resort
9385 Snowbird Center Dr, Snowbird, UT 84092

WHAT TO BRING

A Passport or Valid Photo ID

BIB PICK-UP STEPS

1. Present photo ID to volunteers to begin check-in process and receive bib number.
2. Pick up bib.
3. Pick up runner giveaway items.

Visit the Solutions Table to change distances, register for this year's event, or if you have any issues with your registration. Distance changes are subject to availability. Please reach out to the event inbox to inquire. PLEASE NOTE, NO RACE DAY DISTANCE CHANGES ARE PERMITTED.

MEDICAL INFORMATION

If you have a known medical condition, we highly advise that you take the following steps:

- Stop by the Solutions Table at Athlete Check-In to get a special race day wristband on which you should write the details of your medical condition(s).
- Write the details of your medical condition(s) on the back of your athlete bib, which you will receive in your race packet.

The medical information that is placed on your wristband and athlete bib will provide medical staff or emergency services with essential information. If you have any questions or concerns about providing medical information, please visit the Solutions Table.

RACE REGULATIONS

All runners and their crew must read, be familiar with, and follow the Race Regulations. [CLICK HERE](#) to view a complete list of regulations.

RUNNER BRIEFINGS

Runner Briefings will be held in the days preceding the race. Please refer to the schedule for times and locations of the Runner Briefings. Runner Briefings will consist of a Question and Answer session with race management to address any issues, concerns, or changes that have arisen during race week.

TIMING

The race will be timed by Sportstats using chip on the bib technology. The chip on your bib will automatically record your times at the start, at certain splits along the courses, and at the finish. Sportstats will be using disposable tags, glued onto your race bib, which allows you to walk away from the finish without the need to have your tag collected.

PLEASE NOTE: All runners in the race must wear their race bib with the tag intact in order to have their times recorded. No bib = no time! Please make sure the race bib is pinned on your front and is visible throughout the race.

RUNNER TRACKING

[LIVETRAIL.NET](https://www.livetrail.net) will be available to track runners throughout the event. Please note these are timing splits at certain checkpoints on the course and are NOT live/GPS tracking. Due to the remote nature of these locations there may be possible delays on LiveTrail updating. [CLICK HERE](#) for Runner Tracking FAQs.



EMERGENCY PHONE NUMBER

In a situation where you or another runner is in an emergency and unable to make it to an Aid or Medical Station, please call **813-422-2094**. If you abandon the course for any reason and do not notify an official, please call this phone number to notify race staff. This number will also be printed on the back of runners' bibs. We recommend saving this number in your phone. Reminder that ALL 100M runners are required to carry an active cell phone during their event.

PARKING



TRAM FOR SPECTATORS

TRAMs for the Speedgoat Mountain Races friends and families will transport spectators to the Summit on both race mornings. They will begin transporting just after the start of the 28K (Friday, July 19 at 7:30 AM) and the 50K (Saturday, July 20 at 6:30 AM) and run approximately every 15 minutes. There will be normal Snowbird operations that may need to take place on the TRAMs during these hours. Space on the TRAMs is first come, first served. If you ride to the Summit (Hidden Peak), please plan appropriately (clothing, hydration and all other supplies needed for high elevation conditions). If you are there to see your runner come through the Summit, please make appropriate plans to coordinate your TRAM ride back down if you are planning to see your runner finish. Snowbird has been gracious to help all spectators get to the Summit outside of normal TRAM operating hours. Please be polite and patient as we get all spectators to the Summit. These are limited shuttle hours and will only run until the morning groups are accommodated.

If you decide to not ride the TRAMs during the limited morning special event hours, please see the below for further information on TRAMs:

12:00 PM: Peruvian Chair opens. This is a different chair lift and requires a ticket for rides.

After these Speedgoat dedicated TRAM hours, you will be required to purchase a TRAM pass. These can be limited, and you will need to plan ahead. During summer hours (11 AM to 8 PM) these tickets can sell out day of.

TRAM and lift information available [HERE](#). On this page, you can also view other fun activities for your friends and family offered at Snowbird Ski Resort.

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starts
here

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SUUNTO RACE
the performance watch

RACE DAY INFORMATION

GEAR

50K, 28K & 21K - MANDATORY

- 50K: 1 liter of hydration capacity
- 28K & 21K: 1/2 liter of hydration capacity
- Light wind jacket due to existing winter weather conditions

50K, 28K & 21K - SUGGESTED

- Hat, sunglasses, 1 liter of hydration capacity, cell phone with international plan

10K - MANDATORY

- 1/2 liter of hydration capacity

TREKKING POLES

Trekking Poles will be allowed for all distances. Please be cautious around other runners when using them.

WEATHER

Please be sure to check the weather before race day. Weather can range from hot temperatures to snowy mountain tops this time of year. [CLICK HERE](#) for more information about local weather as we approach the event.

CREW RULES

Crews will be allowed ONLY at Hidden Peak and the Tunnel. Crews must access these areas on their own. Limited TRAM will be running this summer. Please plan accordingly.

PACERS

No pacers will be allowed on course for any distance.

AID STATIONS

Aid stations will be located throughout the course. Please refer to the specific race category to view locations for the aid stations. The general offerings are as follows:

- Nutrition: Electrolyte drink, gels, chews & bars; assorted fruits (bananas, oranges & watermelon); soda; assorted sweets & salty snacks (chips, pretzels, etc.); peanut butter & jelly sandwiches; warm broth & food
- Runner Care: Basic first aid/blister care; bug spray; sunscreen; lubrication for chaffing; feminine products

MEDICAL INFORMATION FOR RUNNERS & CREW

Emergency medical care will be provided at every aid station and the finish line. Participation in this event is at the runner's own risk. Adequate training is essential. Runners are encouraged to consult with their medical provider prior to the event. Please be sure to notify race staff of any medical condition or allergies. You can place all this information on the back of your race bib as well as on the white medical bracelets you can pick up at the registration tent. Runners' crews must be prepared, anticipate runners' needs, and provide basic care. This includes hydration and nutrition specific to the runner based on experience and tolerance, aside from race provided supplies. Runners may experience nausea and vomiting during the race. This can be for a variety of reasons, most commonly over-hydration, under-hydration, heat stress and altitude exposure. It is advised the runner always "drinks to thirst", avoiding over or under hydration. Be sure to seek medical attention if symptoms continue or worsen.

Foot care is very important! Be sure to prepare and bring sufficient supplies to provide foot care for your runner. For more information on pre-race and during race foot care, follow [THIS LINK](#) for some great videos!

EMS personnel and transport teams will be available for serious injury or illness. Additionally, runners must be responsible for their own limitations. Medical personnel have full authority to decide if a runner may continue. Medical staff will be available at all Runner Briefings.

DROP POLICY

You are only allowed to drop from the race in designated areas and you MUST let a race official know if you choose to drop. The designated areas include all aid stations along the course, with the exclusion of the Water Pipe Aid Station on the 50K course. For the safety of runners, staff and volunteers, runners will NOT be permitted to drop from the race at this aid station due to the remote nature of the location.

SWEEP TEAM

There will be a Sweep Team covering every section of trail for all distances. They are equipped with GPS tracking devices, radios, and are tracked by and in constant communication with race command to help ensure the safety of runners. They will have bells on them to indicate they are nearby. If you hear a bell and are off trail for any reason, please return to the trail or call out to the Sweep Team. It is also good practice if you leave the trail to leave a belonging on the trail to help notify the Sweep Team.

RUNNER BIBS

DO NOT fold your bib under any circumstance.



Make sure you are at the correct race!

Your race distance.

2024

SPEEDGOAT

50K/M

3610

50K/M

Just so we know who you are, or you forget who you are!

First Name
LAST NAME

All bibs must be front facing and visible at all times. We recommend pinning bibs to your shorts, pants or leggings.



This is where your timing chip will be. Do not bend the bib or damage this chip. This could result in the loss of tracking.

Wear bib clearly visible on the front of your torso.

Name: _____
DOB: _____
T-shirt size: _____
Emergency Contact: _____
Emergency Phone: _____

Allergies to Medicines: _____
List of Current Medications: _____
Current Medical Condition(s): _____

In case of an emergency or if you're abandoning the race, call 813-422-2094

Barcode

Please fill your information out.

Please fill your Emergency Contact person information out. This should not be someone who is also running the race.

List all your Medical Information here. This is crucial for our Medical Team.

Only call this number in an emergency or if you are abandoning the course.



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COURSE MARKINGS

COURSE MARKING STANDARDS

ALONG THE TRAIL

All course ribbons will be placed within eyesight of the next one. Look for course ribbons to be placed on the following:

- Trees
- Bushes
- Tied to rocks on the trail
- Forest service trail signage
- Course signage

TURNS & INTERSECTIONS

Leading up to a turn, additional markings will be applied to the side of the trail in the direction of the approaching turn. Immediately after the turn is made, additional course markings will be applied to both sides of the trail to serve as "confidence" markers to ensure you made the correct turn and are on course. Directional arrow signage will be placed leading up to and at turns, in the direction of the upcoming turn. Prior to key intersections, a "Critical Turn Ahead" course sign will be added to alert runners leading up to a turn.

WRONG WAY

"Wrong Way" signage will be placed at intersections on trails that are not on the course. Additional "Wrong Way" signage will be placed further down a trail that is not on the course in case the first sign is missed. If you do not see a course marking ribbon or flag within your field of vision, you are most likely off course. Re-trace your steps until you find the correct course marking for your race.





COURSE MARSHALS

Runners must follow and obey all Course Marshals at the locations they are stationed.

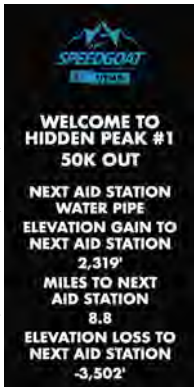
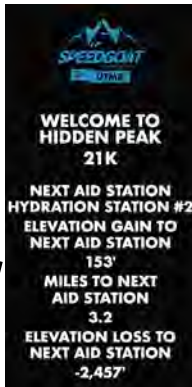
COURSE RIBBONS

 <p>ALL DISTANCES Blue Ribbons & Blue Pin Flags</p>	 <p>WRONG WAY All courses will have pink ribbons marking sections of trail that are NOT on course.</p>
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COURSE SIGNAGE

	Critical Turn Ahead: This indicates a turn or intersection is coming up. Pay close attention to course markings.
	Wrong Way: This indicates a section that is not on the race course. Do not pass these signs. Look for the appropriate course markings or signage to stay on course.
	Directional Arrows: These indicate the direction of travel on course. Follow the direction of the arrow. A left or right arrow sign may also indicate a turn is coming up.
	Course-Specific Directional Arrows: These indicate the direction of travel specific to a course. Follow the direction of the arrow of the race you are in. These signs are at locations where multiple course overlap.

AID STATION SIGNAGE

<p>The name of the aid station you're arriving to.</p> <p>The name of the next aid station.</p> <p>Distance (miles) to the next aid station.</p>	  <p>Elevation gain/loss (ft) to the next aid station.</p>
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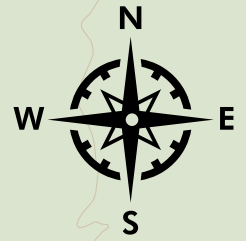


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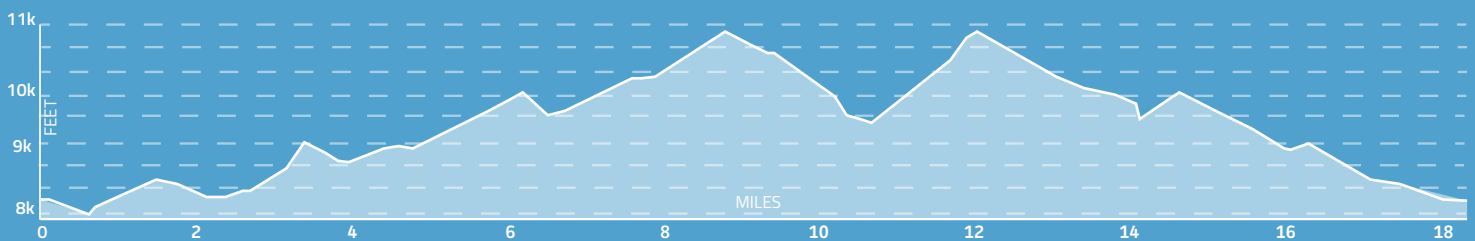


SCAN FOR
INTERACTIVE MAP:



START/FINISH LINE 10 MILE MARKER AID STATION MEDICAL STATION WATER STATION PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 6,530 FT



28K COURSE

COURSE INFORMATION

Start: Friday, July 19 at 7:30 AM.

[CLICK HERE](#) to view the 2024 28K course route on CalTopo. You will be able to download the 28K GPX course route through the CalTopo map.

AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of participants. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

MILE	LOCATION
Start	Plaza Deck
HS1	Hydration Station 1
AS1	Hidden Peak 1
AS2	Hidden Peak 2
HS2	Hydration Station 2
Finish	Plaza Deck

COURSE CUT-OFFS

Runners will be subject to an intermediate course cut-off as follows:

- Hidden Peak #1 (Mile 9.6) at 11:10 AM.

Runners who do not reach these locations by the given time will not be permitted to continue. *Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.*

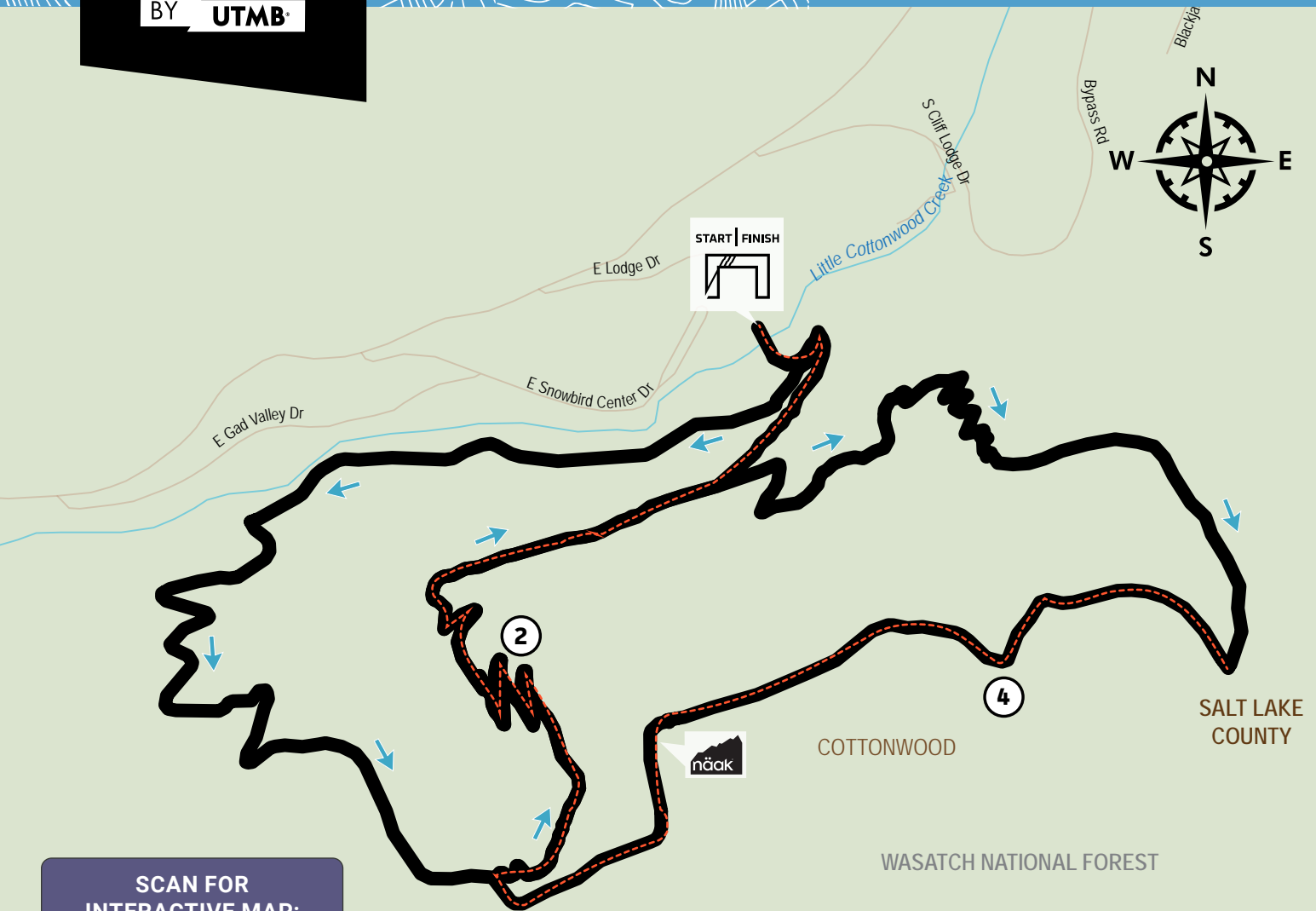
The race organization reserves the right to remove an athlete from the course and DNF the athlete if our course staff determines there is no possibility of an athlete finishing before the posted cut-off times based on an athlete's location, time and average speed up to that point.

Based on permits for the trails of the course and the safety of athletes, volunteers & safety personnel involved, cut-off times must be respected for all UTMB® events.



10K COURSE

SNOWBIRD, UTAH



SCAN FOR
INTERACTIVE MAP:



START/FINISH LINE

10 MILE MARKER

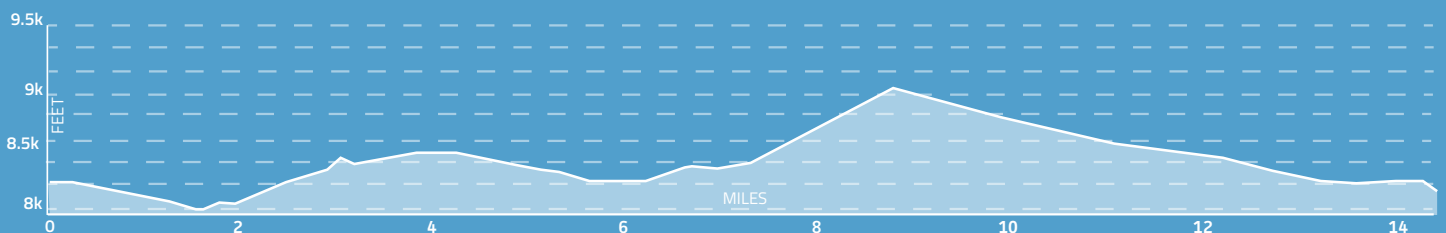
nāak AID STATION

MEDICAL STATION

WATER STATION

PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 1,493 FT



10K COURSE

COURSE INFORMATION

Start: Friday, July 19 at 9 AM.

[CLICK HERE](#) to view the 2024 10K course route on CalTopo. You will be able to download the 10K GPX course route through the CalTopo map.

AID STATIONS

There will be a self-serve hydration station located at Mile 4.3 on the 10K course.

COURSE CUT-OFFS

There are no course cut-offs for the 10K distance.



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START/FINISH LINE

MILE MARKER

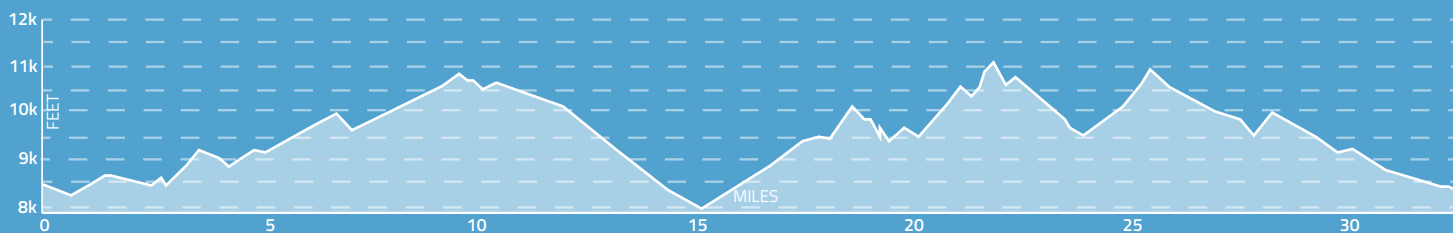
naak AID STATION

MEDICAL STATION

WATER STATION

PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 11,224 FT



50K COURSE

COURSE INFORMATION

Start: Saturday, July 20 at 6:30 AM.

[CLICK HERE](#) to view the 2024 50K course route on CalTopo. You will be able to download the 50K GPX course route through the CalTopo map.

AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of participants. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

MILE	LOCATION
Start	Plaza Deck
HS1	Hydration Station 1
AS1	Hidden Peak 1
HS2	Water Pipe
AS2	Mineral Basin
AS3	Tunnel
AS4	Hidden Peak 2
HS3	Hydration Station 2
Finish	Plaza Deck

COURSE CUT-OFFS

Runners will be subject to intermediate course cut-offs as follows:

- Hidden Peak #1 (Mile 9.6) at 10:10 AM.
- Mineral Basin (Mile 20) at 1:45 PM.
- Tunnel (Mile 22.7) at 3:20 PM.
- Hidden Peak #2 (Mile 25.4) at 5:15 PM.

Runners who do not reach these locations by the given time will not be permitted to continue. *Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.*

The race organization reserves the right to remove an athlete from the course and DNF the athlete if our course staff determines there is no possibility of an athlete finishing before the posted cut-off times based on an athlete's location, time and average speed up to that point.

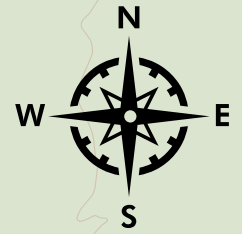
Based on permits for the trails of the course and the safety of athletes, volunteers & safety personnel involved, cut-off times must be respected for all UTMB® events.



BY **UTMB**

21K COURSE

SNOWBIRD, UTAH



SCAN FOR
INTERACTIVE MAP:



START/FINISH LINE

MILE MARKER

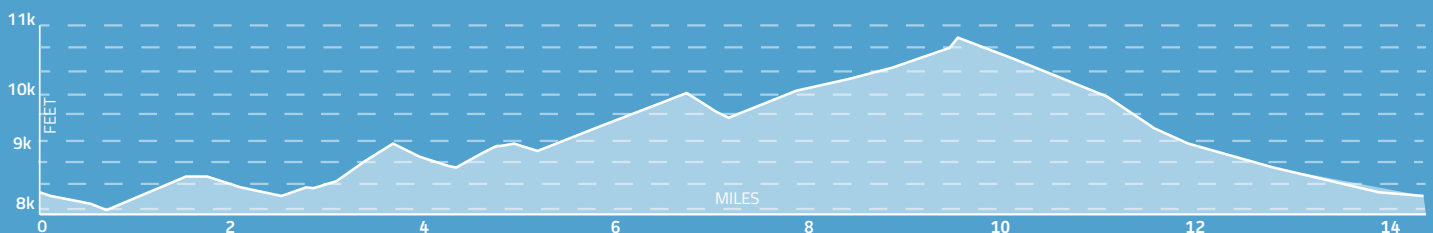
AID STATION

MEDICAL STATION

WATER STATION

PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 4,470 FT



21K COURSE

COURSE INFORMATION

Start: Saturday, July 22 at 8 AM.

[CLICK HERE](#) to view the 2024 21K course route on CalTopo. You will be able to download the 21K GPX course route through the CalTopo map.

COURSE CUT-OFFS

There are no course cut-offs for the 21K distance.

AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of participants. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

MILE	LOCATION
Start	Plaza Deck
HS1	Hydration Station 1
AS1	Hidden Peak
HS2	Hydration Station 2
Finish	Plaza Deck

**Aid stations are estimated and are subject to change.*

The Shokz logo, featuring the word "SHOKZ" in a bold, sans-serif font with a stylized soundwave icon above the letter 'O'.

Shokz,
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Bone Conduction Sport Headphones



OPENRUN PRO



 Open-Ear Comfort	 Situational Awareness
 IP55 Water Resistant	 10H of music & calls

Best Fit For trail runners

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AID STATION GUIDE

10K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Plaza Deck	0.0	4.3	1,466	-921	1,466	-921			X
HS1	Hydration Station	4.3	1.7	29	-599	1,495	-1520			
Finish	Plaza Deck	6.0								X

28K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Plaza Deck	0.0	4.3	1,466	-921	1,466	-921			X
HS1	Hydration Station 1	4.3	5.3	2,826	-523	4,292	-1,444			
AS1	Hidden Peak 1	9.6	3.5	1,684	-1684	5,976	-3,128	11:10 AM		X
AS2	Hidden Peak 2	13.1	5.2	534	-2838	6,510	-5,966			X
HS2	Hydration Station 2	18.3	1.7	29	-599	6,539	-6,565			
Finish	Plaza Deck	20.0								X

21K (HALF MARATHON) AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Plaza Deck	0.0	4.3	1,466	-921	1,466	-921			X
HS1	Hydration Station 1	4.3	5.3	2,826	-523	4,292	-1,444			
AS1	Hidden Peak	9.6	3.2	153	-2457	4,445	-3,901			
HS2	Hydration Station 2	12.8	1.7	29	-599	4,474	-4,500			
Finish	Plaza Deck	14.5								X

50K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Plaza Deck	0.0	4.3	1,466	-921	1,466	-1,966			X
HS1	Hydration Station 1	4.3	5.3	2,826	-523	4,292	-2,489			
AS1	Hidden Peak 1	9.6	8.8	2,319	-3502	6,611	-5,991	10:10 AM		X
HS2	Water Pipe	18.4	1.6	543	-794	7,154	-6,785			
AS2	Mineral Basin	20.0	2.7	1,976	-991	9,130	-7,776	1:45 PM		
AS3	Tunnel	22.7	2.7	1,535	-1087	10,665	-8,863	3:20 PM		
AS4	Hidden Peak 2	25.4	5.2	534	-2838	11,199	-11,701	5:15 PM		X
HS3	Hydration Station 2	30.7	1.7	29	-599	11,228	-12,300			
Finish	Plaza Deck	32.4								X

Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch.

2-DAY CHALLENGE

ABOUT THE CHALLENGE

Sign up for our exciting 2-Day Challenge! Run one distance on Friday and one distance on Saturday to earn both finisher medals plus an additional custom-branded pint glass.

PICK UP YOUR SWAG AT THE FINISH LINE

If you are running two days this weekend, pick up your additional swag on the second day of running at the finish line. To claim your swag, make sure you have "2-DAY" written on your Saturday race bib. If you do not, please inform us at Bib Pick-Up to add it to your bib. You must cross the finish line on both days to receive your swag item.

QUALIFYING POINTS

- The 10K & 50K will give you a total of 2 running stones.
- The 28K & 50K will give you a total of 4 running stones.
- The 10K & 21K (Half Marathon) will give you a total of 1 running stone.
- The 28K & 21K (Half Marathon) will give you a total of 2 running stones.



www.compressport.com

**WHEREVER YOU RACE,
WE SUPPORT YOU.**

FINISH LINE

AWARDS CEREMONIES

Join us for the Awards Ceremonies! The top five overall male and female awards and first place male and female age group awards will be awarded.

If you cannot attend the Awards Ceremony, please email speedgoat@service.byutmb.world to have your award shipped to you. Please note that we are unable to ship outside of the United States. Unclaimed awards will be held for 30 days.

PHOTOGRAPHY

FinisherPix will have multiple photographers along the course to document your journey.

How to order your pix:

- Register your e-mail address at www.finisherpix.com to be notified as soon as photos are online.
- Keep your bib number visible on the FRONT of your body during the run and at the finish line so you can be easily identified.
- Smile and celebrate when you cross the finish line! Don't worry about touching your watch, the timing company will ensure an accurate record of your achievement.
- Visit www.finisherpix.com to view, order, and share your photos from the event.

DROP BAG PICK-UP

Drop bags can be dropped off at the start. They will not be transported to any location on course. If you do not retrieve your bag by the Award Ceremonies, they will be donated to a local organization. Please do not put anything of value in these bags.

VOLUNTEER

Our volunteers allow us to do what we do! Please be sure to thank the volunteers that help you along your journey. All volunteers will receive swag. If you or anyone traveling with you is interested in volunteering, please [CLICK HERE](#).

ACCOMMODATIONS & TO-DO

For information about accommodations and things to do, visit www.snowbird.com.



UTMB® WORLD SERIES

UTMB® WORLD SERIES

UTMB® World Series Events are the best trail running events on the planet and are organized to the highest quality standards, giving runners the chance to immerse themselves in the UTMB® experience on all continents.

Each year, three of these events will be given the status of UTMB® World Series Majors, becoming continental Series finals in the Americas, in Europe, and in Asia/Oceania.

QUALIFYING

As a UTMB® World Series Event, Speedgoat Mountain Races by UTMB® 50K provides you opportunities to access the UTMB® World Series Final, the OCC, in Mont-Blanc, France, via:

- A lottery place, earned through collection of Running Stones.
- Sporting performance, with the top three finishers in Speedgoat Mountain Races by UTMB® 50K's male and female category earning a place at the OCC.

[CLICK HERE](#) for more information regarding the UTMB® Performance Index.

After the race, the selected runners will receive an email to register for the UTMB World Series Finals. Please be sure to create your My UTMB account prior to race day by clicking [HERE](#).

QUALIFYING POINTS

50k – 2 Stones

28k – 2 Stones

21k – 1 Stone

GENERAL RULES

1. Snowbird is a pristine mountain environment. Littering is NOT allowed outside 100' of aid stations. If you choose to throw a wrapper down outside these parameters, we may disqualify you.
2. NO STEPPING on vegetation off the trail. Once again, it's pristine, let's keep it that way.
3. Restrooms are provided on Hidden Peak. Use em'.
4. There are NO DOGS allowed in Little Cottonwood Canyon... anywhere! You MAY NOT leave your dog in a car either. There is a \$750 fine if you do so, and it will jeopardize the future of the Speedgoat Mountain Races by UTMB®. Leave your dog at home.
5. No aid between aid stations.
6. No special Drop Bag service from crew.
7. Headphones ARE permitted, so crank it up, but please be aware of surroundings when overtaking another runner, if you are overtaken, or at an aid station.
8. Any runner seen cutting a switchback will be disqualified.
9. Any foreign runner who earns cash, will be subject to tax initially when paid on race day.
10. You are only allowed to drop from the race in designated areas and you MUST let a race official know if you choose to drop. The designated areas include all aid stations along the course, with the exclusion of the Water Pipe Aid Station on the 50K course. For the safety of runners, staff and volunteers, runners will NOT be permitted to drop from the race at this aid station due to the remote nature of the location.

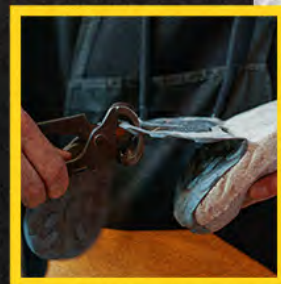
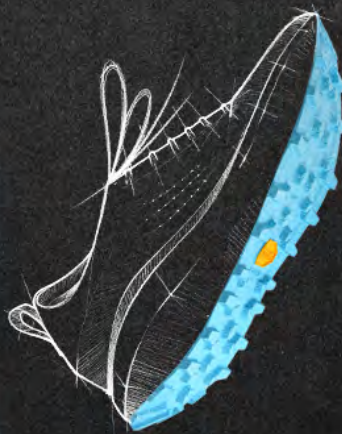
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