



# RUNNER GUIDE

SEPTEMBER 28-29, 2024

**UTMB®**  
WORLD SERIES

OFFICIAL UTMB® WORLD SERIES PARTNERS

**HOKA**

**näak**

**SUUNTO**

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# WELCOME

## SCHEDULE

THURSDAY, SEPTEMBER 26, 2024			
START	END	EVENT	LOCATION
2 PM	6 PM	Expo: <ul style="list-style-type: none"><li>• Bib Pick-Up</li><li>• Official 2024 Ultra Trail Whistler by UTMB® Merchandise Store</li></ul>	Whistler Creekside Village
5 PM		Runner Briefing	Whistler Creekside Village
FRIDAY, SEPTEMBER 27, 2024			
START	END	EVENT	LOCATION
11 AM	7 PM	Expo: <ul style="list-style-type: none"><li>• Bib Pick-Up</li><li>• Official 2024 Ultra Trail Whistler by UTMB® Merchandise Store</li></ul>	Whistler Creekside Village
12 PM		Runner Briefing	Whistler Creekside Village
6 PM		Runner Briefing	Whistler Creekside Village
SATURDAY, SEPTEMBER 28, 2024			
START	END	EVENT	LOCATION
4 AM	6:45 AM	70K & 50K Race Morning Bib Pick-Up	Creekside Gondola
5 AM		70K Race Starts	Creekside Gondola
6:30 AM		50K Race Starts	Creekside Gondola
10 AM	5 PM	Expo: <ul style="list-style-type: none"><li>• Bib Pick-Up</li><li>• Official 2024 Ultra Trail Whistler by UTMB® Merchandise Store</li></ul>	Whistler Creekside Village
11 AM		Runner Briefing	Whistler Creekside Village
12 PM		50K Awards Ceremony: Overall Awards	Creekside Gondola
1 PM		70K Awards Ceremony: Overall Awards	Creekside Gondola
3 PM		Runner Briefing	Whistler Creekside Village
7 PM		50K Awards Ceremony: Age Group Awards	Creekside Gondola
SUNDAY, SEPTEMBER 29, 2024			
START	END	EVENT	LOCATION
6:30 AM	7:45 AM	25K Race Morning Bib Pick-Up	Creekside Gondola
6:30 AM	1 PM	Official 2024 Ultra Trail Whistler by UTMB® Merchandise Store	Creekside Gondola
8 AM		25K Race Starts	Creekside Gondola
11:30 AM		25K Awards Ceremony: Overall Awards	Creekside Gondola
12 PM		70K Awards Ceremony: Age Group Awards	Creekside Gondola
1 PM		25K Awards Ceremony: Age Group Awards	Creekside Gondola

## ADDRESS

Whistler Creekside Village  
2055 Lake Placid Rd, Whistler, BC V8E 0B6, Canada



# MANY TRAILS. ONE GOAT.



## **SPEEDGOAT 6**

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# PRE-RACE INFORMATION

## BIB PICK-UP

Runners must pick up their own bib during the below hours.

### EXPO PICK-UP AT CREEKSIDE VILLAGE

- Thursday, September 26 from 2 PM to 6 PM
- Friday, September 27 from 11 AM to 7 PM

### RACE MORNING PICK-UP AT CREEKSIDE GONDOLA

- 70K & 50K: Saturday, September 28 from 4 AM to 6:45 AM (*bibs must be picked up at least 10 minutes before the start of each distance*)
- 25K: Sunday, September 29 from 6:30 AM to 7:45 AM

## WHAT TO BRING

- Passport or Valid Photo ID
- Active.com Registration QR Code (*please print or take a screenshot on your phone prior to arriving*)

## BIB PICK-UP STEPS

1. Present photo ID and Active.com QR Code to volunteer to begin check-in process and receive bib number.
2. Pick up bib.
3. Pick up runner giveaway items.

Visit the Solutions Table to change distances, register for this year's event, or if you have any issues with your registration. Distance changes are subject to availability. Please reach out to the event inbox to inquire. **NO RACE DAY DISTANCE CHANGES ARE PERMITTED.**

## MEDICAL INFORMATION

If you have a known medical condition, we highly advise that you take the following steps:

- Stop by the Solutions Table at Bib Pick-Up to get a special race day wristband on which you should write details of your medical condition(s).
- Write details of your medical condition(s) on the back of your bib, which will be in your race packet.

Medical information that is placed on your wristband and bib will provide staff or emergency services with essential information. Please visit the Solutions Table with questions or concerns about providing medical information.

## RUNNER BRIEFINGS

Runner Briefings will be held in the days preceding the race. Please refer to the event schedule for times and locations. Briefings will consist of a Question & Answer session with race management to address any issues, concerns, or changes that have arisen during race week.

## TIMING

The race will be timed by Sportstats using chip on the bib technology. The chip on your bib will automatically record your times at the start, at certain splits along the courses, and at the finish. Sportstats will be using disposable tags, glued onto your race bib, which allows you to walk away from the finish without the need to have your tag collected.

**PLEASE NOTE:** All runners in the race must wear their race bib with the tag intact in order to have their times recorded. No bib = no time! Please make sure the race bib is pinned on your front and is visible throughout the race.

## RUNNER TRACKING

[LIVETRAIL.NET](https://www.livetrail.net) will be available to track runners throughout the event. Please note these are timing splits at certain checkpoints on the course and are not live/GPS tracking. Due to the remote nature of these locations there may be possible delays on LiveTrail updating. [CLICK HERE](#) for Runner Tracking FAQs.



## EMERGENCY PHONE NUMBER

In a situation where you or another runner is in an emergency and unable to make it to an Aid or Medical Station, please call **813-422-2094**. If you abandon the course for any reason and do not notify an official, please call this phone number to notify race staff. This number will also be printed on the back of runners' bibs. We recommend that all 50K and 70K runners carry a cell phone and save this number.

# PARKING







NEW

# SUUNTO X UTMB WORLD SERIES

Limited Edition

Adventure  
Starts  
Here

 SUUNTO



# RACE DAY INFORMATION

## DROP BAGS

### AID STATION DROP BAG DROP-OFF (70K ONLY)

Aid station drop bags will only be available for 70K runners. These drop bags will be transported onto the course at Roundhouse Aid Station and Middle of Nowhere Aid Station. Drop Bags can be dropped at the Expo during Expo hours in a clearly marked and secure location, or on race morning by the start line before 4 AM. Drop bags that are received after these times will not be transported for the runner. Please do not put anything of value in this bag.

### START & FINISH LINE DROP BAG DROP-OFF (ALL DISTANCES)

Drop bags can be dropped off at the start. They will not be transported to any location on course. If you do not retrieve your bag by the Awards Ceremonies, it will be donated. Please do not put anything of value in this bag.

## MEDICAL INFORMATION

Emergency medical care will be provided at every aid station and the finish line. Participation in the event is at runners' own risk. Adequate training is essential. Runners are encouraged to consult with their medical provider prior to the event. Be sure to notify race staff of medical conditions or allergies. This information should be written on the back of the race bib as well as on the white medical bracelet that can be asked for at bib pick-up. Runners may experience nausea and vomiting during the race. This can be for a variety of reasons, most commonly over-hydration, under-hydration, heat stress and altitude exposure. It is advised to "drink to thirst", avoiding over or under-hydration. Be sure to seek medical attention if symptoms continue or worsen. EMS personnel and transport teams will be available for serious injury or illness. Additionally, runners must be responsible for their own limitations. Medical personnel have full authority to decide if a runner may continue. Medical staff will be available at all Runner Briefings.

Foot care is very important! Bring sufficient supplies to provide foot care for your runner. For more information on pre-race and during race foot care, follow [THIS LINK](#) for some great videos!

## AID STATIONS

Aid stations will be located throughout the course. The general offerings are as follows:

- Nutrition: Electrolyte drink, gels, chews & bars; assorted fruits; soda; assorted sweets & salty snacks; peanut butter & jelly sandwiches; warm broth & food
- Runner Care: Basic first aid/blister care; bug spray; sunscreen; lubrication for chaffing; feminine products

## DROP POLICY

Runners that choose not to continue, must drop at an Aid Station and notify the Aid Station Captain, turning in their bib. Any runner that leaves the course, not at an Aid Station, must notify Race Management by turning their bib in at the Start/Finish Line, or by calling the Emergency Phone Number on the back of their bib.

## GEAR 70K

MANDATORY	RECOMMENDED
1 Liter of Hydration Capacity	Additional Nutrition
Reusable Cup	Extra Base Layer
Running Pack/Belt	Passport/Photo ID
Cell Phone	
Headlamp & Spare Batteries	
Hooded Jacket	
Survival Blanket	
Hat	

## 50K & 25K

MANDATORY	RECOMMENDED
1 Liter Hydration Capacity (50K) 0.5 Liter Hydration Capacity (25K)	Running Pack/Belt
Reusable Cup	Cell Phone
Hooded Jacket	Headlamp
	Additional Nutrition
	Survival Blanket
	Passport/Photo ID
	Hat

Trekking poles will be allowed for all distances. Please be cautious around other runners while using them.



# RUNNER BIBS

DO NOT fold your bib under any circumstance.



Make sure you are at the correct race!

Your race distance.

2024

WHISTLER

70K M

70K M

All bibs must be front facing and visible at all times. We recommend pinning bibs to your shorts, pants or leggings.



This is where your timing chip will be. Do not bend the bib or damage this chip. This could result in the loss of tracking.

Wear bib clearly visible on the front of your torso.

Name: \_\_\_\_\_  
DOB: \_\_\_\_\_  
T-shirt size: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Emergency Phone: \_\_\_\_\_

Allergies to Medicines: \_\_\_\_\_  
List of Current Medications: \_\_\_\_\_  
Current Medical Condition(s): \_\_\_\_\_

In case of an emergency or if you're abandoning the race, call 813-422-2094

Barcode: \_\_\_\_\_

Please fill your information out.

Please fill your Emergency Contact person information out. This should not be someone who is also running the race.

List all your Medical Information here. This is crucial for our Medical Team.

Only call this number in an emergency or if you are abandoning the course.

# HOW TO WEAR YOUR BIB

**UTMB®**  
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All bibs must be front facing and legible.

Do not fold the bibs as it will damage the timing chip.



**BACK**

Do not wear the bib on the back of your person or running vest.

Do not wear the bib under or close to the bottom of your running vest so it is legible & the timing chip isn't damaged by the vest.

Do not rotate the bib as it will potentially render the timing chip unreadable.

Do not place the bib on an article of clothing that will be quickly removed.





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# COURSE MARKINGS

## COURSE RIBBONS

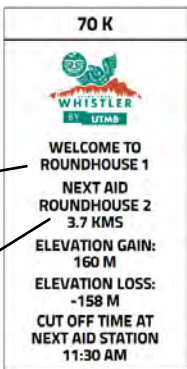


 <p><b>70K</b> White Ribbons</p>	 <p><b>50K</b> Blue Ribbons</p>
 <p><b>25K</b> Yellow Ribbons</p>	

## COURSE SIGNAGE

	<p>Critical Turn Ahead: This indicates a turn or intersection is coming up. Pay close attention to course markings.</p>
	<p>Wrong Way: This indicates a section that is not on the race course. Do not pass these signs. Look for the appropriate course markings or signage to stay on course.</p>
	<p>Directional Arrows: These indicate the direction of travel on course. Follow the direction of the arrow. A left or right arrow sign may also indicate a turn is coming up.</p>

## AID STATION SIGNAGE

Each race distance will be listed at the top to which the below information applies. The heading color will also match the course ribbon color for each distance.

	<p><b>70 K</b></p> 	<p><b>50 K</b></p> 	<p><b>25 K</b></p> 	
<p>The name of the aid station you're arriving to.</p>				
<p>Distance to the next aid station.</p>				
	<p>Elevation gain/loss (ft) to the next aid station.</p>	<p>If the next aid station has a hard cut-off, you'll see them listed for each distance.</p>		<p>The name of the aid station after the one you're currently at.</p>



# COURSE MARKINGS

## COURSE MARKING STANDARDS

### ALONG THE TRAIL

All course ribbons will be placed within eyesight of the next one. Look for course ribbons to be placed on the following:

- Trees
- Bushes
- Tied to rocks on the trail
- Forest service trail signage
- Course signage

### URNS & INTERSECTIONS

Leading up to a turn, additional markings will be applied to the side of the trail in the direction of the approaching turn. Immediately after the turn is made, additional course markings will be applied to both sides of the trail to serve as "confidence" markers to ensure you made the correct turn and are on course. Directional arrow signage will be placed leading up to and at turns, in the direction of the upcoming turn. Prior to key intersections, a "Critical Turn Ahead" course sign will be added to alert runners leading up to a turn.

### WRONG WAY

"Wrong Way" signage will be placed at intersections on trails that are not on the course. Additional "Wrong Way" signage will be placed further down a trail that is not on the course in case the first sign is missed. If you do not see a course marking ribbon or flag within your field of vision, you are most likely off course. Re-trace your steps until you find the correct course marking for your race.

### COURSE MARSHALS, BIKE PARK & ROAD CROSSINGS

Whistler Blackcomb is an active mountain with a Bike Park and Service Vehicles operating during the race. Please keep an eye out, and give way to all bikes and vehicles where the course crosses bike trails or service roads. There will be Course Marshals placed at key intersections to assist runners with these crossings. Runners must follow and obey all Course Marshals at the locations they are stationed.

## BEAR SAFETY

British Columbia and Whistler share their home with bears. In the rare occasion you may encounter a bear, it's best you are equipped with the knowledge of what to do. Please visit our friends over at Tourism Whistler, and read the educating blog *Be Bear Aware* in Whistler by Dee Raffo. [CLICK HERE](#) to read.

## RACE REGULATIONS

Runners and crew must be familiar with and follow Race Regulations. [CLICK HERE](#) to view a complete list.

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# REDEFINE LIMITS



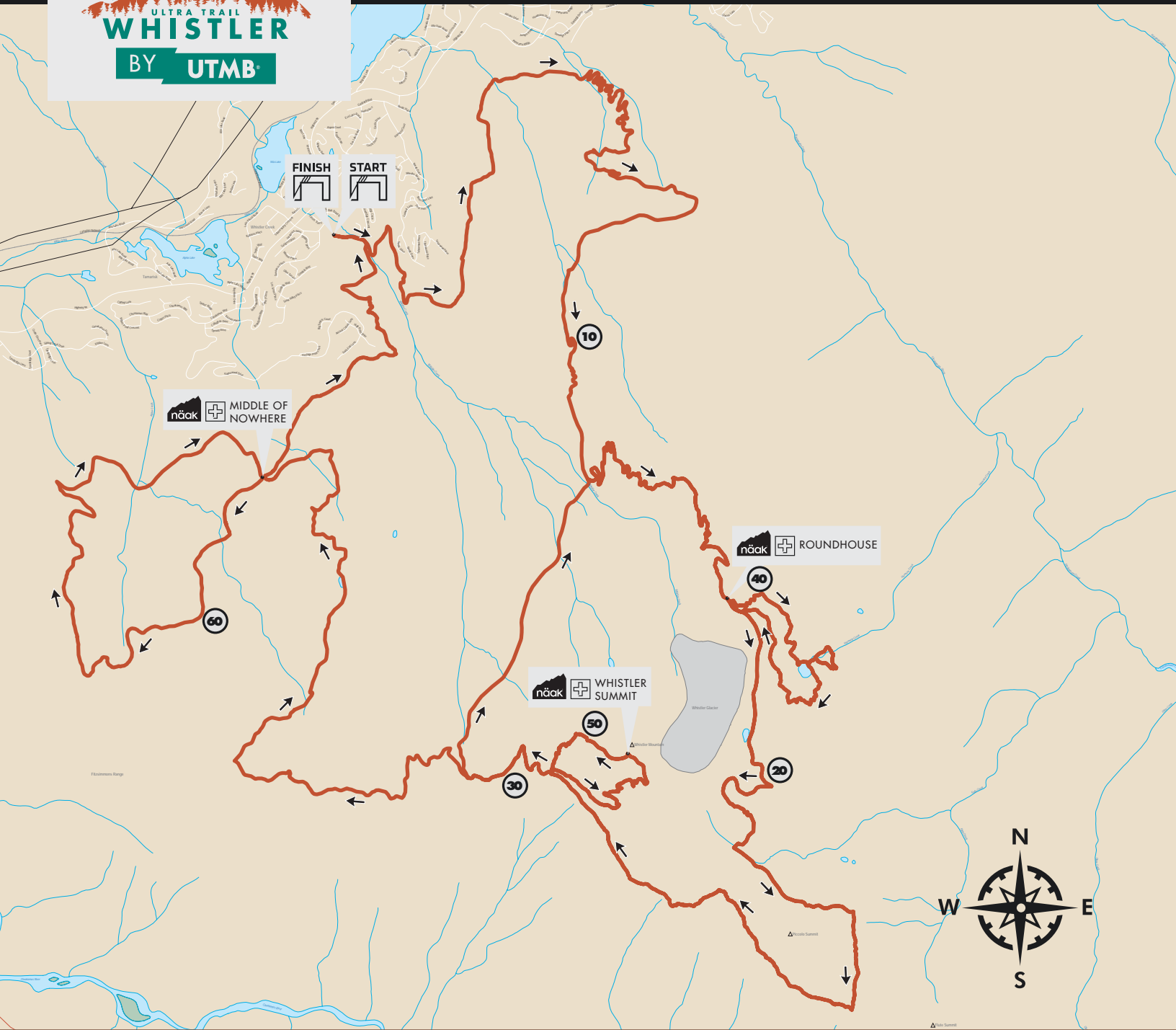
VISIT [CAMELBAK.EU](https://www.camelbak.eu) FOR MORE INFORMATION





# 70K COURSE


WHISTLER, BRITISH COLUMBIA



 STARTING LINE

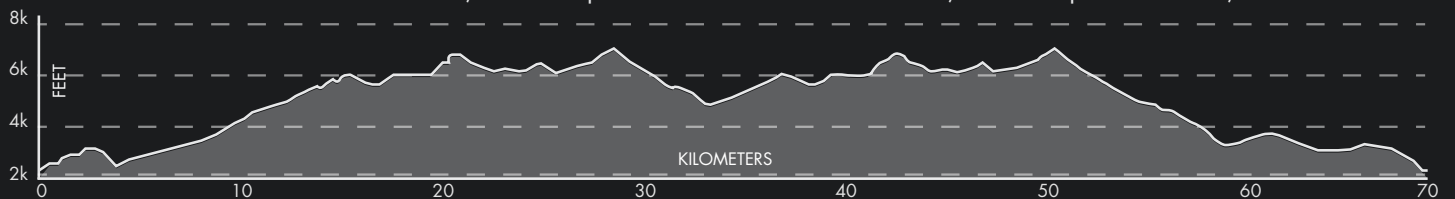
 FINISH LINE

 10 KILOMETER MARKER

 AID STATION

 MEDICAL STATION

STARTING ELEVATION: 2,180 FT | FINISHING ELEVATION: 2,180 FT | GAIN: 12,557 FT



# 70K COURSE

## COURSE INFORMATION

Start: Saturday, September 28 at 5 AM.

[CLICK HERE](#) to view the 2024 70K course route on CalTopo. You will be able to download the GPX course route through the CalTopo map.

## AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of runners. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

LOCATION	MILE	DROP BAGS
Roundhouse - 1	9.2	X
Roundhouse - 2	11.5	X
Whistler Summit - 1	17.6	
Roundhouse - 3	22.7	X
Roundhouse - 4	25.0	X
Whistler Summit - 2	31.1	
Middle of Nowhere - 1	36.4	X
Middle of Nowhere - 2	40.7	X

## COURSE CUT-OFFS

The course time limit is 18 hours. Runners will be subject to intermediate course cut-offs as follows:

- 11:30 AM at Roundhouse - 2 (Mile 11.5)
- 2:10 PM at Whistler Summit - 1 (Mile 17.6)
- 4:30 PM at Roundhouse - 4 (Mile 25)
- 7:30 PM at Whistler Summit - 2 (Mile 31.1)
- 9 PM at Middle of Nowhere - 1 (Mile 36.4)
- 12 AM at the finish line at Creekside Plaza (Mile 42.7)

Runners who do not reach these locations by the given times will not be permitted to continue. Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.

The race organization reserves the right to remove an athlete from the course and DNF the athlete if our course staff determines there is no possibility of an athlete finishing before the posted cut-off times based on an athlete's location, time and average speed up to that point.

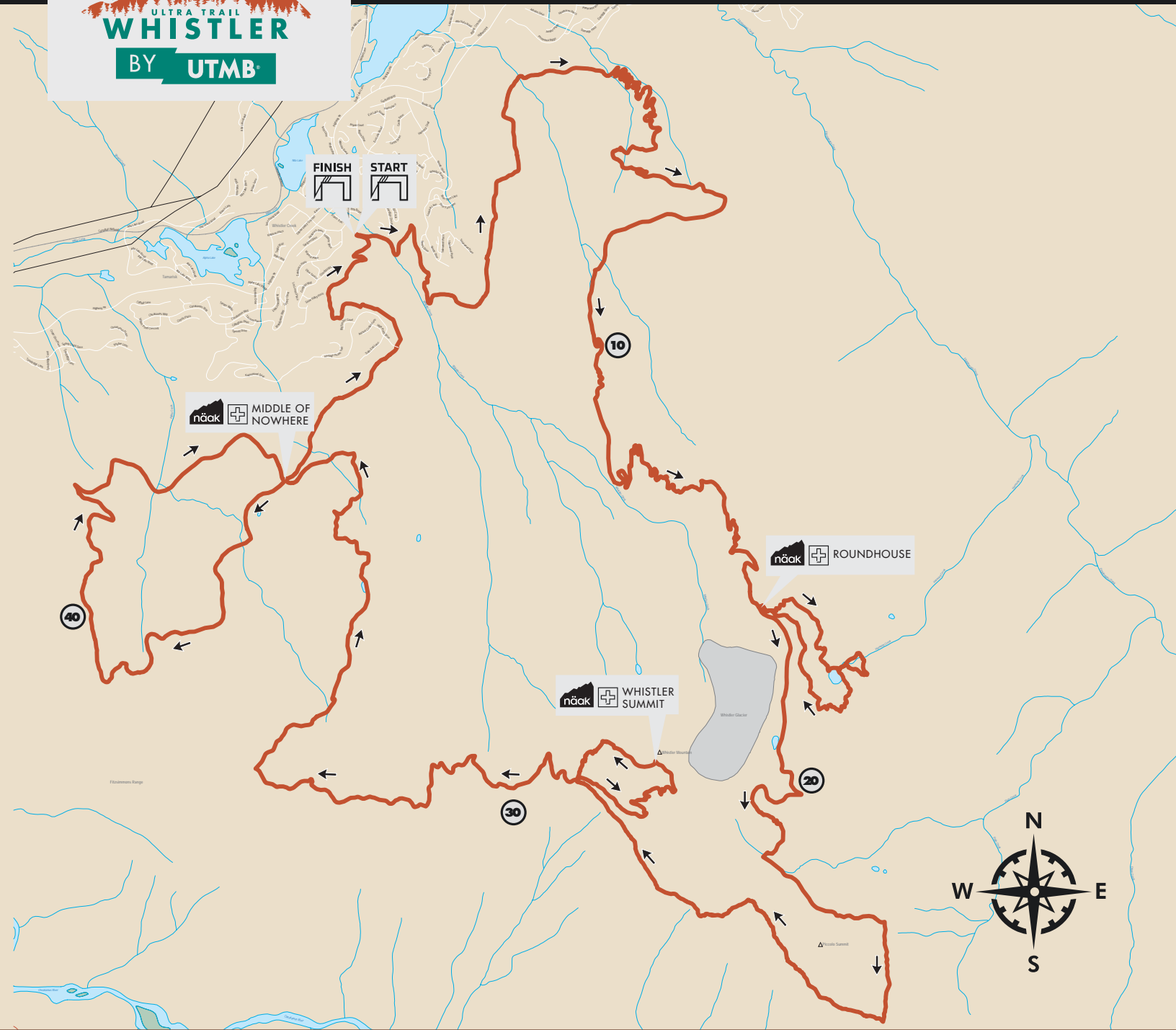
Based on permits for the trails of the course and the safety of athletes, volunteers & safety personnel involved, cut-off times must be respected for all UTMB® events.






# 50K COURSE


WHISTLER, BRITISH COLUMBIA



 STARTING LINE

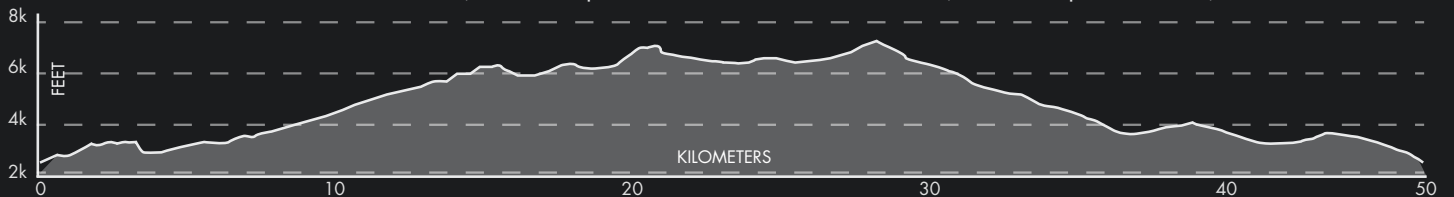
 FINISH LINE

 10 KILOMETER MARKER

 AID STATION

 MEDICAL STATION

STARTING ELEVATION: 2,180 FT | FINISHING ELEVATION: 2,180 FT | GAIN: 8,395 FT



# 50K COURSE

## COURSE INFORMATION

Start: Saturday, September 28 at 6:30 AM.

[CLICK HERE](#) to view the 2024 50K course route on CalTopo. You will be able to download the GPX course route through the CalTopo map.

## AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of runners. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

LOCATION	MILE
Roundhouse - 1	9.2
Roundhouse - 2	11.5
Whistler Summit	17.6
Middle of Nowhere - 1	22.9
Middle of Nowhere - 2	27.2

## COURSE CUT-OFFS

The course time limit is 13 hours. Runners will be subject to intermediate course cut-offs as follows:

- 12:50 PM at Roundhouse - 2 (Mile 11.5)
- 3:40 PM at Whistler Summit (Mile 17.6)
- 5:10 PM at Middle of Nowhere - 1 (Mile 22.9)
- 7:30 PM at the finish line at Creekside Plaza (Mile 29.2)

Runners who do not reach these locations by the given times will not be permitted to continue. Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.

The race organization reserves the right to remove an athlete from the course and DNF the athlete if our course staff determines there is no possibility of an athlete finishing before the posted cut-off times based on an athlete's location, time and average speed up to that point.

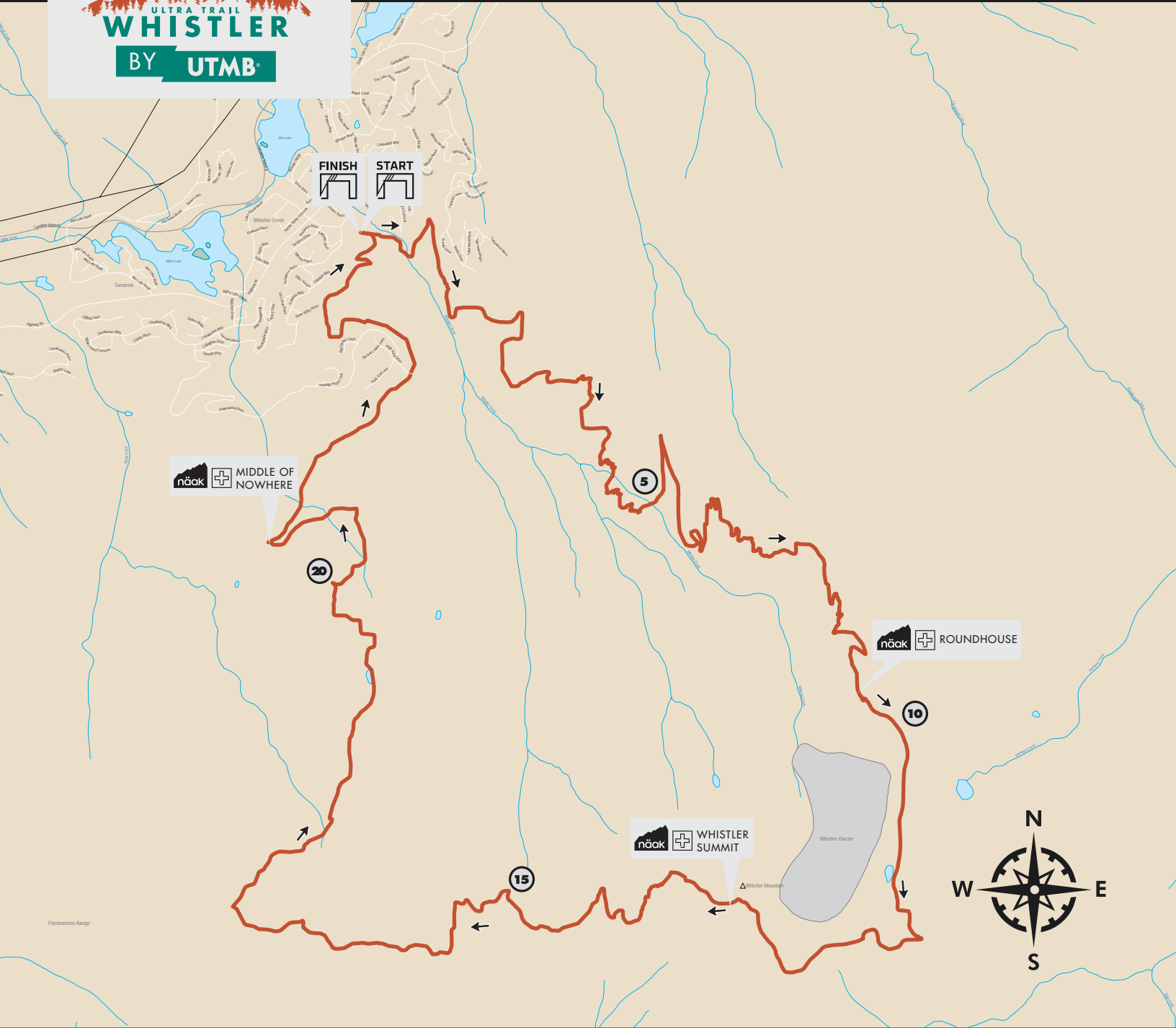
Based on permits for the trails of the course and the safety of athletes, volunteers & safety personnel involved, cut-off times must be respected for all UTMB® events.





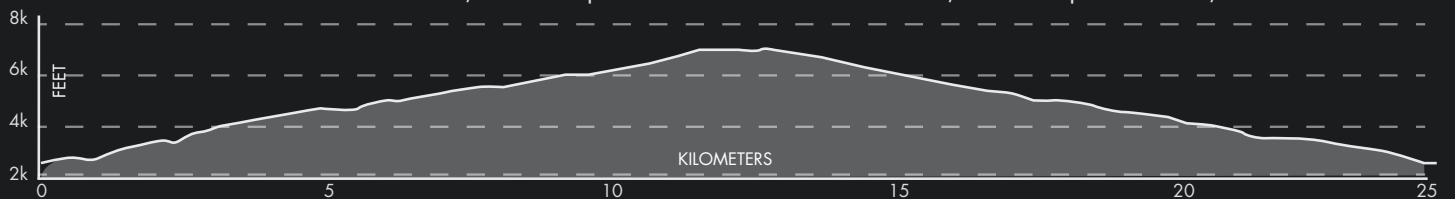
# 25K COURSE

WHISTLER, BRITISH COLUMBIA



**START** STARTING LINE    **FINISH** FINISH LINE    **10** KILOMETER MARKER    **näak** AID STATION    **+** MEDICAL STATION

STARTING ELEVATION: 2,180 FT | FINISHING ELEVATION: 2,180 FT | GAIN: 5,081 FT



# 25K COURSE

## COURSE INFORMATION

Start: Sunday, September 29 at 8 AM.

[CLICK HERE](#) to view the 2024 25K course route on CalTopo. You will be able to download the GPX course route through the CalTopo map.

## AID STATIONS

A variety of refreshments and supplies, including drinks and sweet foods, will be available along the route for the exclusive use of runners. Please note that Aid Stations are estimated and are subject to change. Aid stations will be offered at the following locations:

LOCATION	MILE
Roundhouse	6.0
Whistler Summit	8.0
Middle of Nowhere	13.2

## COURSE CUT-OFFS

The course time limit is 6 hours. The final course cut-off will be at the finish line at 2 PM. Course cut-off times are estimated based on runners' start times and projected paces, and are subject to change.

The race organization reserves the right to remove an athlete from the course and DNF the athlete if our course staff determines there is no possibility of an athlete finishing before the posted cut-off times based on an athlete's location, time and average speed up to that point.

Based on permits for the trails of the course and the safety of athletes, volunteers & safety personnel involved, cut-off times must be respected for all UTMB® events.

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# AID STATION GUIDE

## 25K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	6.0	3,892	-53	3,892	-53			X
HS1	Roundhouse	6.0	2.0	1,152	-72	5,044	-125			
AS1	Whistler Summit	8.0	5.2	35	-3,847	5,079	-3,972			
AS2	Middle of Nowhere	13.2	2.0	14	-1,131	5,093	-5,103			
Finish	Creekside Plaza - Finish	15.2						2 PM		X

## 50K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	9.2	4,560	-720	4,560	-720			X
AS1	Roundhouse - 1	9.2	2.3	525	-519	5,085	-1,239			
AS2	Roundhouse - 2	11.5	6.1	2,369	-1,282	7,454	-2,521	12:50 PM		
AS3	Whistler Summit	17.6	5.2	35	-3,847	7,489	-6,368	3:40 PM		
AS4	Middle of Nowhere - 1	22.9	4.3	947	-947	8,436	-7,315	5:10 PM		
AS5	Middle of Nowhere - 2	27.2	2.0	14	-1,131	8,450	-8,446			
Finish	Creekside Plaza - Finish	29.2						7:30 PM		X

## 70K AID STATIONS

Label	Location	Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	9.2	4,560	-720	4,560	-720			X
AS1	Roundhouse - 1	9.2	2.3	525	-519	5,085	-1,239		X	
AS2	Roundhouse - 2	11.5	6.1	2,369	-1,282	7,454	-2,521	11:30 AM	X	
AS3	Whistler Summit - 1	17.6	5.1	1,272	-2,365	8,726	-4,886	2:10 PM		
AS4	Roundhouse - 3	22.7	2.3	525	-519	9,251	-5,405		X	
AS5	Roundhouse - 4	25.0	6.1	2,369	-1,282	11,620	-6,687	4:30 PM	X	
AS6	Whistler Summit - 2	31.1	5.3	35	-3,847	11,655	-10,534	7:30 PM		
AS7	Middle of Nowhere - 1	36.4	4.3	947	-947	12,602	-11,481	9 PM	X	
AS8	Middle of Nowhere - 2	40.7	2.0	14	-1,131	12,616	-12,612		X	
Finish	Creekside Plaza - Finish	42.7						12 AM		X

Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch.





# NIRVANA

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**UTMB®**  
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# 2-DAY CHALLENGE

## ABOUT THE CHALLENGE

Sign up for our exciting 2-Day Challenge! Pair the 70K or 50K with the 25K on Sunday to earn both finisher medals plus an additional custom-branded pint glass.

## QUALIFYING POINTS

- The 70K & 25K will give you a total of 4 running stones.
- The 50K & 25K will give you a total of 3 running stones.

## PICK UP YOUR SWAG AT THE FINISH LINE

If you are running two days this weekend, pick up your additional swag on the second day of running at the finish line. To claim your swag, make sure you have "2-DAY" written on your Sunday race bib. If you do not, please inform us at Bib Pick-Up to add it to your bib. You must cross the finish line on both days to receive your swag item.



[www.compressport.com](http://www.compressport.com)

**WHEREVER YOU RACE,  
WE SUPPORT YOU.**

# FINISH LINE

## AWARDS CEREMONIES

Join us for the Awards Ceremonies! Please check the Event Schedule for the times of all ceremonies. The top five overall male and female awards and first place male and female age group awards will be awarded.

If you cannot attend the Awards Ceremony, please email [WHISTLER@SERVICE.BYUTMB.WORLD](mailto:WHISTLER@SERVICE.BYUTMB.WORLD) to have your award shipped to you. Unclaimed awards will be held for 30 days.

## DROP BAG PICK-UP

### AID STATION DROP BAG PICK-UP (70K ONLY)

Drop bags from the 70K aid stations will be returned to the Expo for pick-up. Drop bags can be collected by the runner, a family member, or a friend only upon presentation of the bib. Drop bags will be available no later than 2 hours after the completion of the race and until Sunday, September 29 at 12 PM (noon). After that time, drop bags are subject to charitable donation. DO NOT PUT ANYTHING OF GREAT VALUE IN YOUR DROP BAGS! The organization is not responsible for items in drop bags.

### START & FINISH LINE DROP BAG PICK-UP (ALL DISTANCES)

Finish line drop bags that were dropped by 50K or 25K runners with post-race necessities, and start line bags from the 70K, will be available at The Expo for pick-up. DO NOT PUT ANYTHING OF GREAT VALUE IN YOUR DROP BAGS!

## PHOTOGRAPHY

FinisherPix will have multiple photographers along the course to document your journey.

How to order your pix:

- Register your e-mail address at [WWW.FINISHERPIX.COM](http://WWW.FINISHERPIX.COM) to be notified as soon as photos are online.
- Keep your bib number visible on the FRONT of your body during the run and at the finish line so you can be easily identified.
- Smile and celebrate when you cross the finish line! Don't worry about touching your watch, the timing company will ensure an accurate record of your achievement.
- Visit [WWW.FINISHERPIX.COM](http://WWW.FINISHERPIX.COM) to view, order, and share your photos from the event.

## VOLUNTEER

Our volunteers allow us to do what we do! Please be sure to thank the volunteers that help you along your journey. All volunteers will receive swag. If you or anyone traveling with you is interested in volunteering, please [CLICK HERE](#).



# UTMB® WORLD SERIES

## UTMB® WORLD SERIES

UTMB® World Series Events are the best trail running events on the planet and are organized to the highest quality standards, giving runners the chance to immerse themselves in the UTMB® experience on all continents.

Each year, three of these events will be given the status of UTMB® World Series Majors, becoming continental Series finals in the Americas, in Europe, and in Asia/Oceania.

## QUALIFYING POINTS

70K – 3 Stones

50K – 2 Stones

25K – 1 Stone

## QUALIFYING

As a UTMB® World Series Event, Ultra Trail Whistler by UTMB® provides you opportunities to access the UTMB® World Series Final in Mont-Blanc, France, via:

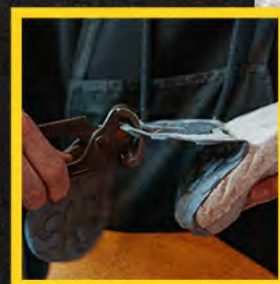
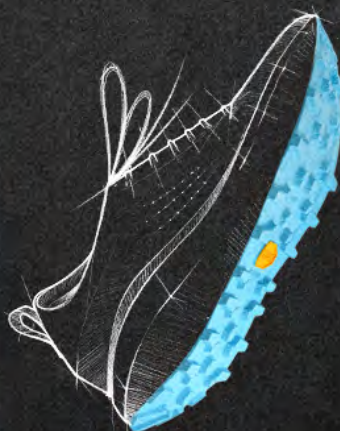
- A lottery place, earned through collection of Running Stones.
- Sporting performance, with the top three male and female finishers in the 70K and 50K earning a spot to the UTMB® race of the corresponding distance category.

[CLICK HERE](#) for more information regarding the UTMB® Performance Index.

After the race, the selected runners will receive an email to register for the UTMB® World Series Finals. Please be sure to create your My UTMB® account prior to race day by clicking [HERE](#).



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# GENERAL RULES

1. Throughout the duration of the race, each runner must have with them all of their mandatory equipment.
2. No aid between aid stations. The race organizer only provides water and electrolyte drink for filling water bottles or hydration packs. The runner should take care to ensure they have, when leaving each aid station, the appropriate quantity of drink and food to keep them going until the next aid station.
3. It is forbidden to accompany or be accompanied along any part the race route by a person not registered for the race, outside of the spectator zones.
4. Runners are not allowed to participate with a dog or any other animal, including service animals.
5. Littering is NOT allowed outside 100' of aid stations. Throwing a wrapper down outside these parameters, is subject to disqualification.
6. NO STEPPING on vegetation off the trail. Once again, it's pristine, let's keep it that way.
7. No special Drop Bag service from crew.
8. Headphones ARE permitted, so crank it up, but please be aware of surroundings when overtaking another runner, if you are overtaken, or at an aid station.
9. Any runner seen cutting a switchback will be disqualified.
10. Any foreign runner who earns cash, will be subject to tax initially when paid on race day.
11. Runners can drop from the race at any accessible aid station and they MUST let the Aid Station Captain know that they are dropping.
12. [CLICK HERE](#) to review the Anti-Doping policy.