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HOW TO MOVE AROUND THE VAL D'ARAN

At **HOKA Val d'Aran by UTMB**® we are committed to sustainability and reducing our carbon footprint. For this reason, we have designed a collective mobility plan to facilitate travel throughout the Val d'Aran.

UTMB-BUS

The UTMB-Bus are the organisation's official buses, designed to make it easier for you to get around the Val d'Aran. They connect almost all the villages in the area, from Les to Beret, with frequencies of 1 hour or 30 minutes, and up to every 15 minutes at peak times.



UTMB-BUS TIMETABLES:

- Wednesday 2: from 10:00 to 21:00 h
- Thursday 3: from 07:00 to 23:00 h
- Friday 4 to Sunday 6: Uninterrupted service from Friday at 07:00 h to Sunday at 20:00h



SPECIAL STOPS

- Thursday 3 (22:00 to 23:00 h): there will be a stop at the Ultra-Trail® Village.
- Friday 4 (22:00 h) to Saturday 5 (08:00 h): The Vielha stop will be at the Ultra-Trail® Village.
- Saturday 5 (22:00 h) to Sunday 6 (08:00 h)
 Stop at the Ultra-Trail® Village.

FOR MORE INFORMATION, VISIT OUR WEBSITE: valdaran.utmb.world.



SECURE YOUR SEAT AND MOVE WITHOUT WORRIES!

UTMB-PASS



With the UTMB-Pass you can travel unlimitedly on the UTMB-Bus and on public transport in the Val d'Aran, as well as access to the shuttles.

Free for runners in case of withdrawal.

Access to the Les (CDH) and Salardú (PDA)
departures free of charge
with prior reservation.

For the departure in Vielha (VDA and EXP), no reservation is necessary. You can use the UTMB-Bus or Intervalle by showing your race bib.

WHAT DOES THE UTMB-PASS INCLUDE?

- Public transport in the Val d'Aran (Intervalle service). Consult timetables and stops HERE.
- UTMB-Bus, the official buses of the organisation.
- Mountain Shuttles, shuttles to Artiga de Lin, Banhs de Tredòs and Beret.

VALID FROM WEDNESDAY 2 TO SUNDAY 6TH JULY.

WHERE TO GET IT?

- Book and buy your UTMB-Pass on your registration page.
- Pick it up at the Ultra-Trail® Village Information Stand (Av. Pas d'Arro).
- There will be units on sale at the Information Stand, but they are very limited.



BUS Service



PDA TICKET AND SKY TICKET

Get access to the PDA and SKY departures with these exclusive tickets for runners and companions.



- Allows companions to access the departure point of the PDA in Salardú and follow the race.
- It must be purchased by the runner on the registration platform.
- Valid only on Thursday 3 July.



- Return ticket for runners and companions.
- Access to the departure of the SKY in Pla de Beret and return.
- Valid only on Saturday 5 July.

WHERE TO GET IT?

- Book and buy your PDA or SKY Ticket on your registration page.
- Pick it up at the Ultra-Trail® Village Information Stand (Av. Pas d'Arro).
- There will be units for sale at the Information Stand, but they are very limited.

IMPORTANT

- CHILDREN: Children under 4 years of age do not need to book a place as they can be seated with a parent or guardian. Children over 4 years of age must purchase their UTMB-Pass.
- ANIMALS: Pets are not allowed on the buses, except assistance dogs, always accompanied and under the responsibility of their owners.



MOUNTAIN SHUTTLES

RUNNER

I AM A RUNNER, WHAT SERVICES AND TRANSPORTATION

OPTIONS DOES THE ORGANISATION OFFERS ME?

UTMB 'Mountain shuttles'. Special shuttle services to aid stations connected to the UTMB-Bus stops.

Access to the shuttles is free with the UTMB-Pass. No tickets will be sold per journey.

VDA

Artiga de Lin aid station:

Friday 18:00 to 23:00: Departure Vielha

 Destination Artiga de Lin, departures
 every hour. Reservation required for companions when purchasing the UTMB-Pass.

Banhs de Tredòs aid station:

• Salardú stop. Race pass timetable.

CDH

Banhs de Tredòs aid station:

• Salardú stop. Race pass timetable.

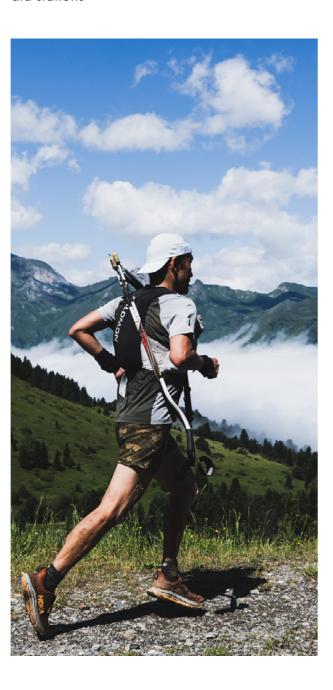
PDA

Banhs de Tredòs aid station:

• Salardú stop. The shuttles will start after each wave of departures: at 7:15, 7:45 and 8:15. After that, they will make one journey every hour approximately. Reservations are required for companions when purchasing the UTMB-Pass or the PDA Ticket.

We remind you that, once the car parks are full, the local authorities may close or regulate the accesses from time to time for the safety of the traffic of people and vehicles.

The shuttles will have permanent access to the aid stations



From 2 July to 6 July you can use the UTMB-Bus and Intervalle service to get around most of the towns in the Valley.

OUTSIDE MY RUNNING HOURS

Only accessible with the UTMB-Pass. Unlimited rides.

TO GO TO RACES DEPARTURES

Mountain shuttles. To get to the start of the CDH (Les) and the PDA (Salardú), the organisation has arranged free buses for runners from all the UTMB-Bus stops, as these races are not circular.

To reach the departure (and return journey after your participation) of the SKY in Beret, you must buy the special SKY Ticket.

There is no specific service for the VDA and the EXP, but you can use the UTMB-Bus and the Intervalle service to get to Vielha.

Free for CDH and PDA runners. But be careful, you must make your reservation on the registration plataform.

SKY: you must purchase a return ticket and book your seat.

VDA and EXP: you can access to the UTMB-Bus to go to the departures showing your bib.

IN CASE OF WITHDRAW

If you withdraw at an aid station with a stop on the UTMB-Bus line, you can take the buses back to Vielha or to any of the other stops.

If there is no bus stop at the aid station, the organisation will take you to the nearest bus stop or to Vielha.

Free for all runners with the bib number and the identification wristband.

AT THE END OF THE RACE

At the end of the race, in Vielha, runners have access to the UTMB-Bus and the Intervalle service to return to the place where they took the bus.

Free for all runners with the bib number and the identification wristband.

The bus will go to the same stops where it picked up the runners to go to the different departures (indicated on the map).





SPECTATOR

I AM A SPECTATOR, WHAT SERVICES AND TRANSPORTATION

OPTIONS DOES THE ORGANISATION OFFERS ME?

I AM A COMPANION, WHAT SERVICES AND TRANSPORTATION OPTIONS DOES THE ORGANISATION OFFERS ME?

OUTSIDE RACE SCHEDULES

From the 2th of July until the 6th of July you can use the UTMB-Bus and Intervalle service to get around most of the towns in the Valley.

Only accessible with the UTMB-Pass. Unlimited rides.

TO KEEP TRACK OF MY RUNNERS

In order to be able to follow your runners in a comfortable way, you have the following combination:

- The UTMB-Bus that runs through most of the aid stations. Included in the UTMB-Pass.
- UTMB "Mountain shuttles", included in the UTMB-Pass, to access the Artiga de Lin and Banhs de Tredòs aid stations.

Only accessible with the UTMB-Pass. Un-

The PDA Ticket will only be valid on Thursday 3 July to track the event.

RUNNER TO THE DEPARTURE

CDH, PDA and SKY: If you want to accompany your runner to the departure on the same bus, your runner must reserve your seat at the same time that she/he makes her/his reservation.

Included in the UTMB-Pass. You must have the UTMB-Pass to be able to get on the runner buses, and thus you can also return and do an unlimited tracking of the runner.

For the PDA, the runner's companions can purchase the PDA Ticket (this ticket will only allow travel on Thursday 3 July). To access the shuttle to the Banhs de Tredòs aid station, a reservation must be made in advance.

For the SKY, the runner's companions can purchase the SKY Ticket (this ticket will only allow the return journey to Beret on Saturday 5 July).

I WANT TO ACCOMPANY MY

By purchasing the UTMB-Pass at the Information stand located in the Ultra-Trail® Village (Av. Pas d'Arro), in Vielha, from 2 July I have at my disposal the UTMB-Bus, the shuttles, and the Intervalle service every day.

The number of UTMB-Passes is limited while stocks last.

HOKA Val d'Aran by UTMB® is an important environmental challenge for our territory.

Help us to take care of the territory! Opt for a sustainable mobility model by reducing private vehicle journeys and limiting CO2 emissions in the Valley.

Together we can make HOKA Val d'Aran by UTMB® an unforgettable experience without "bad fumes".

The organisers recommend accessing the PDA departure by the UTMB-Bus as parking spaces in Salardú will be very limited.



