

**UTMB®**  
WORLD SERIES

MÉTROPOLE **NICE**  
CÔTE D'AZUR  
BY **UTMB®**

**PRESS KIT**  
**2024 EDITION**





# EDITORIAL



**A** legendary event is about to take place in our superb region – an extraordinary sporting challenge in an exceptional setting. Over the last few years, the Ultra Trail Mont-Blanc has established itself as the ultimate challenge for all sport and nature lovers, and for the third edition of our event, we are offering a world-class circuit to the greatest runners in the world.

Knowing that Nice Côte d'Azur by UTMB is at the heart of the 44 world events in the UTMB® World Series 2024, is a source of great pride. Above all it confirms that our region offers unique conditions, between the sea and the mountains, in an unspoilt natural setting. Starting from the Col d'Eze, Saint-Jean-Cap-Ferrat, Auron or Roubion, and finishing in Nice, our aim is to demonstrate, through four events of 20, 50, 100 and 165km, that everyone can find their sporting challenge, whatever their level or age, while at the same time respecting the environment and showcasing the countryside that needs our protection.

With the Relais de la Flamme, the Étape du Tour de France, the Tour de France and the Olympic Games in the summer of 2024, our metropolis has established itself as a key location for a wide range of sporting events, and the Ultra Trail du Mont-Blanc has now established itself in the calendar of major international events.

I'd like to thank the entire UTMB World Series team for having chosen our region to organize this remarkable event on the Côte d'Azur, which I'm sure will continue to leave its mark in terms of originality, diversity and beauty.

## **Christian ESTROSI**

Mayor of Nice

President of the Nice Côte d'Azur Metropolitan Area

**MÉTROPOLE  
NICE CÔTE D'AZUR**



## **Isabelle Viseux-Poletti**

UTMB France Director

**UTMB  
GROUP**

After the success of the first two editions of the Nice Côte d'Azur by UTMB®, we are delighted to see such enthusiasm for this 3rd edition, which has broken a new record for registrations this year. As part of the UTMB World Series and the 43 events on offer in 2024 throughout the world, we are committed to offering exceptional international events, while at the same time working towards the development of a sensible and sustainable approach to sport that is in keeping with the values of the landscapes it crosses and the local communities involved. The Nice Côte d'Azur metropolitan area is a perfect example of this commitment, showing us once again that it is a great land of sport, hosting major events and exceptional sportsmen and women year-round. We're looking forward to welcoming the 6,000 participants to this year's event after many months of preparation, and to offering them an incredible experience throughout the weekend.



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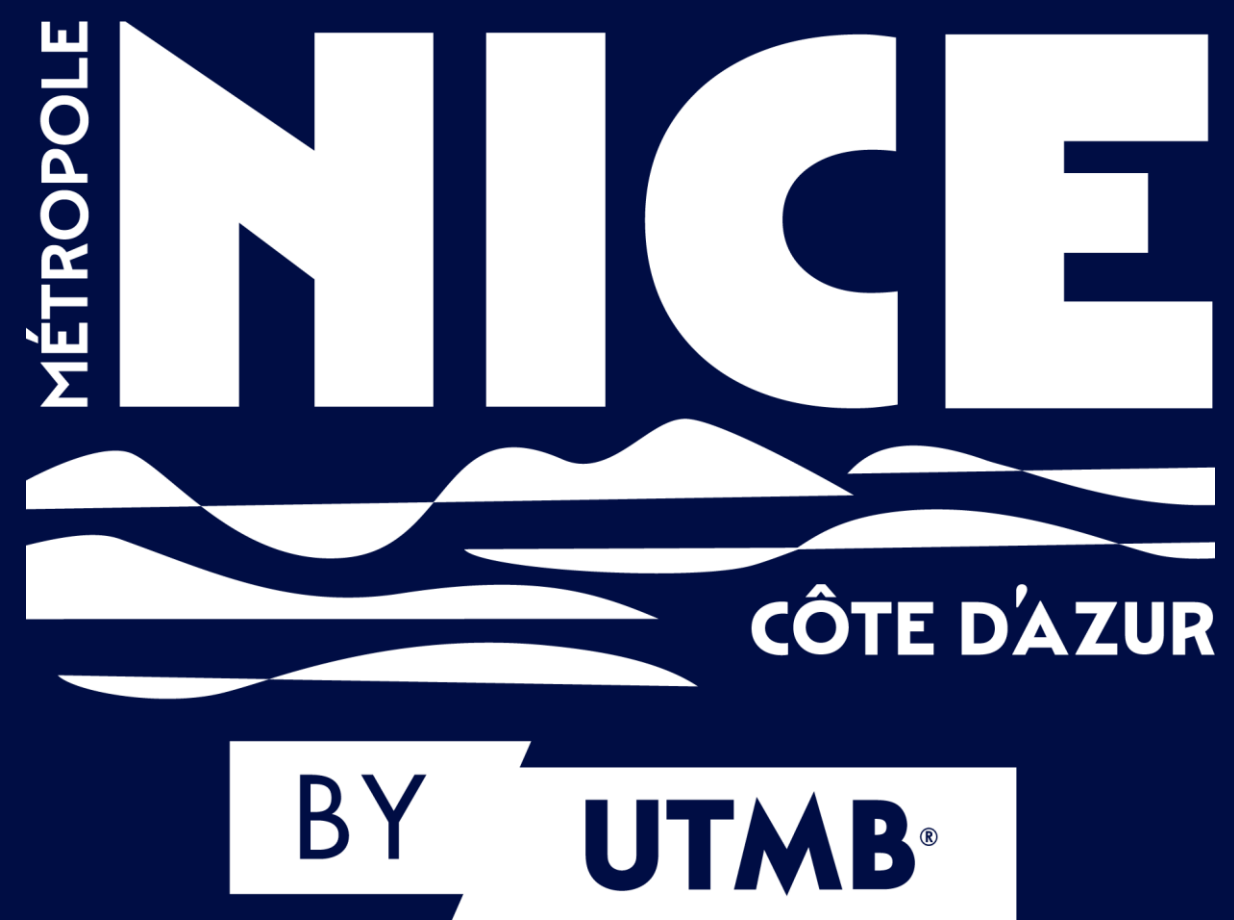
OUR PARTNERS

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**A UTMB® WORLD SERIES EVENT**  
THE WORLD'S LARGEST TRAIL RUNNING CIRCUIT







**PRESENTATION**



# THIRD EDITION

In its third year, the Nice Côte d'Azur by UTMB promises a magnificent journey through the countryside around Nice, taking in the jewels of the Mercantour and the beauty of the Mediterranean coast.

**From October 3 to 6, 2024, the event will bring together some 6,000 runners and their support crew for an unforgettable adventure.**

**100M** **M**

159km  
8,200 m D+  
Auron - Nice

**100K** **M**

107km  
4,500 m D+  
Roubion - Nice

**50K** **M**

54km  
2,100m D+  
Eze - Nice

**20K** **M**

22km  
700m D+  
St-Jean-Cap-Ferrat -  
Nice

## NEW FEATURES IN 2024

- A new route for the 50K

## FESTIVE EVENTS IN 2024

- a Vertical Kilometer, the *KV de la Bercha*, created in collaboration with the Trail de l'Energie in St-Etienne de Tinée at the end of August
- events for young runners with a night relay on Thursday evening and children's races on Friday evening in Nice



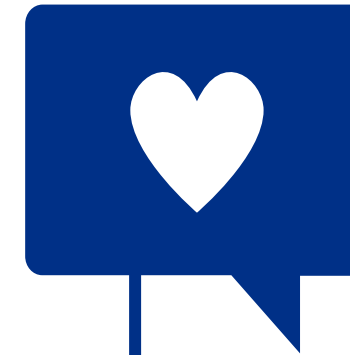
# SOLIDARITY



**6,500€** raised in favor of the Mission Trekkeurs association through solidarity bibs.



**14** already reserved since they opened on September 5, 2024. Each of these bibs contributes a donation of 500€ to the Mission Trekkeurs association. [More info.](#)



**3,000€**

have been raised for the UTMB Cares Endowment Fund via runner donations.



# THE PROGRAM

## 4 DAYS OF SPORT AND CELEBRATION:

### Starts:

- Friday 12:00, Auron = 100M
- Saturday 06:00, Roubion = 100K
- Saturday 07:30, Eze = 50K
- Sunday 07:00, St-Jean-Cap-Ferrat = 20K

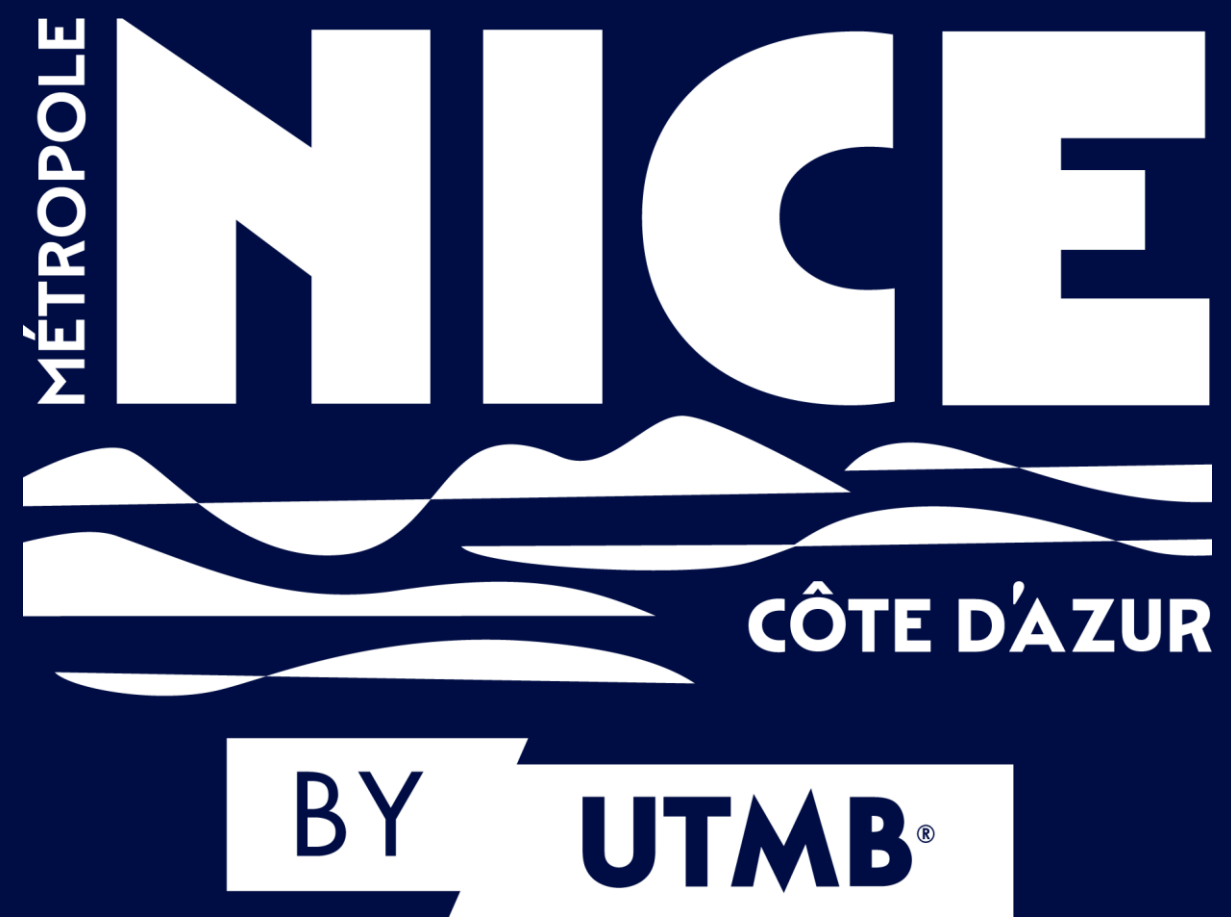
### Finishes in Nice:

- Saturday from 09:15 = 100M
- Saturday from 11:55 = 50K
- Saturday from 17:20 = 100K
- Sunday from 08:30 = 20K

### The full program







**THE TRAILS**



# THE ROUTES

## 4 ROUTES THAT LINK THE COUNTRYSIDE AROUND NICE TO THE MEDITERRANEAN COASTLINE.

The Mediterranean's biggest trail running event takes runners from the summits of the mountains behind Nice to the legendary blue seas of the Côte d'Azur on 4 routes ranging from 22 to 159km.

With the Mercantour National Park – a biodiversity hotspot with glacial lakes and alpine valleys, panoramic views of the Côte d'Azur, and a finish in the heart of Nice on the famous Promenade des Anglais, this event is sure to excite runners who have come to enjoy an Indian summer on the shores of the Mediterranean.





## 100M M

### Ultra-Trail Métropole Nice Côte d'Azur

159km – 8,200m D+  
October 4, from 12:00

#### A journey south

A legendary distance. Discover the magnificent landscapes of the Mercantour before heading south to the Côte d'Azur.

[Link to details of the course](#)

[The course in 3D](#)

## 100K M

### Roubion - Nice 107km – 4,500m D+ October 5, from 06:00

#### Summit to sea

A wide variety of exceptional landscapes taking in mountains, the garrigue and the sparkling azur waters of the Mediterranean Sea.

[Link to details of the course](#)

[The course in 3D](#)



## 50K M

**Eze - Nice**  
**54km – 2,100m D+**  
**October 5, from 07:30**

**A NEW COURSE FOR 2024**

### **All the flavors of the South**

This race offers breathtaking views between Eze and Nice. Starting at the legendary Col d'Eze, the course winds its way through the Parc Départemental de la Grande Corniche, offering runners a breathtaking view of the Côte d'Azur on trails infused with the scent of the South.

[Link to details of the course](#)

[The course in 3D](#)

## 20K M

**St-Jean-Cap-Ferrat - Nice**  
**22km – 700m D+**  
**October 6, from 07:00**

### **Between land and sea**

This new semi-urban course with 50% of its route by the sea, promises an extraordinary experience.

[Link to details of the course](#)

[The course in 3D](#)

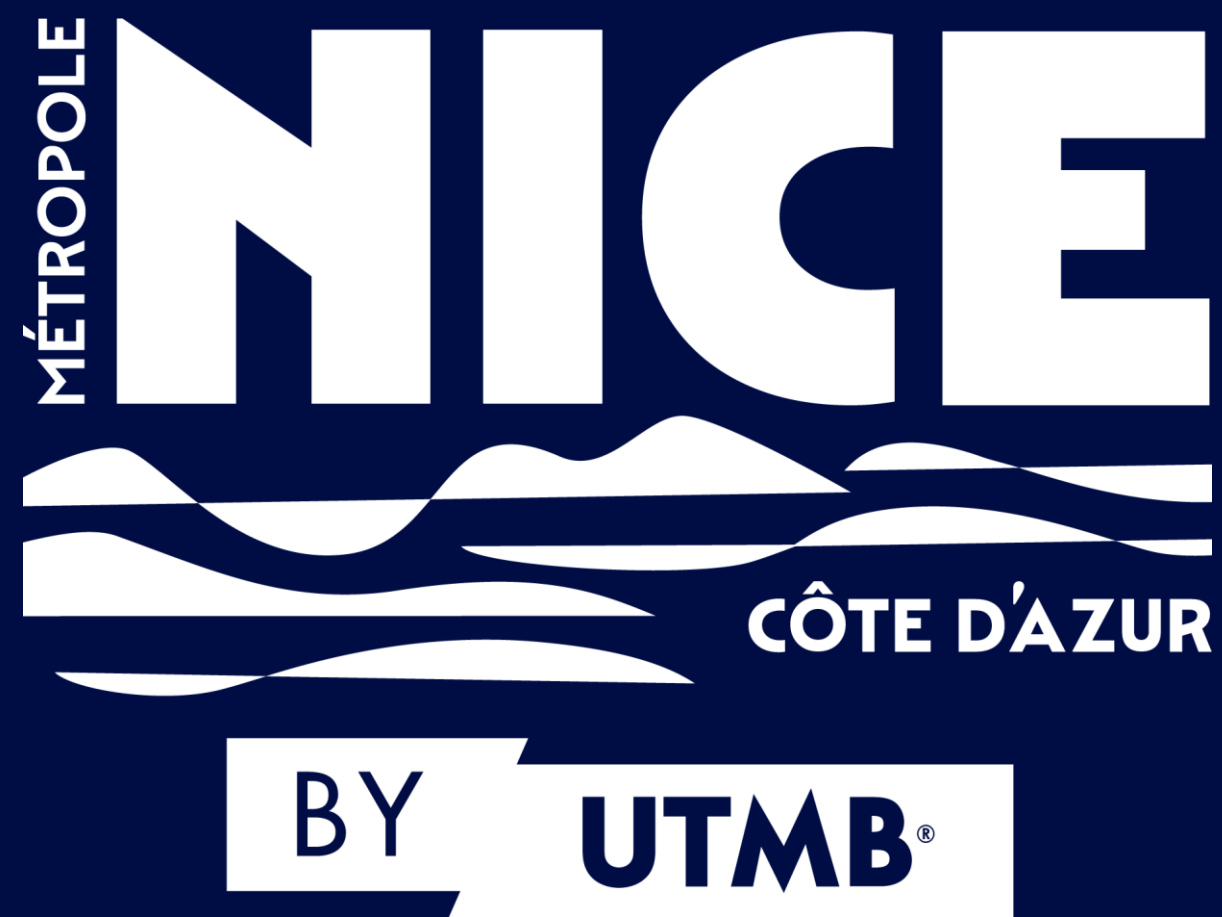


GO RIGHT TO THE HEART  
OF THE EVENT



Best Of 2023





**EXTRA-ORDINARY  
RUNNERS**



# MEN'S FAVOURITES



## **Cristofer CLEMENTE MORA**

Spain. Entered in the 100M.

1st in the Puerto Vallarta Mexico by UTMB® in 2023 (95km) and 5th in the TDS (145km) the same year, Cristofer is a specialist in ultra-trail races

[MyUTMB profile](#)



## **Thomas JOLY**

United Kingdom. Entered in the 100K.

2nd in the Ultra-Trail Snowdonia by UTMB® (25km) in early May 2024, 1st in the Ultra Sierra Nevada (42.4km) in April this year, and 1st in the Translantau by UTMB® in November 2023 (129km).

[MyUTMB profile](#)



## **Jonathan ALBON**

United Kingdom, Entered for the 50K.

1st place at the Transvulcania La Palma Island 2024 (73 km) and 1st place at the Wildsturbel by UTMB 2024 (37 km), Jonathan has stood out for several years as a leading figure in the trail running world.

[MyUTMB profile](#)



## **Léo-Paul CRACOWSKI**

France. Entered in the 20K.

1st in the Ultra Tour des Massifs 2024 (20km) and 2nd in the Trail des Passerelles du Monteynard 2024 (17.7km), Léo-Paul returns to the Nice Côte d'Azur by UTMB 20K for the 2nd year running (15th in 2023).

[MyUTMB profile](#)



# WOMEN'S FAVOURITES



## Courtney DAUWALTER

United States, Entered in the 100M

UTMB Legends, 1st place at the SwissPeaks Trail 2024 (71 km), the Hardrock 100 Endurance Run 2024 (158 km), the Mt. Fuji 100 2024 (1667 km), and the Transgrancanaria 2024 (127 km), Courtney is recognized as one of the greatest trail runners in the world.

[MyUTMB profile](#)



## Nora SCHIEF

Germany, Entered in the 100K

1st place at the Pitz Alpine Glacier Trail 2024 (103 km) and 2nd place at the Innsbruck Alpine Trailrun Festival 2024 (110 km), Nora has shown great form at this distance this year.

[MyUTMB profile](#)



## Joyline CHEPNGENO

Kenya, Entered in the 50K

A major revelation of 2024, Joyline finished first at Sierre-Zinal 2024 (31 km). For her first trail run, the Kenyan, a specialist in the 3000 m steeplechase and cross-country, made a big impression. She returns this October to challenge herself on a 54 km course in the heart of the Côte d'Azur.

[MyUTMB profile](#)



## Amandine GINOUVES

France, Entered in the 20K

1st place in the 13 km of Vesubie 2024 and 2nd place at the Trail de l'Énergie (18 km), Amandine has switched to shorter distances in 2024 after spending around ten years running distances ranging from 50K to 100M.

[MyUTMB profile](#)



# EXTRA-ORDINARY RUNNERS



**Clara LALLART**  
France. Entered in the 100M.

## **Conquering Nice with passion and determination**

A product manager in the luxury goods sector in Lyon, Clara will not only be taking part in her first 100M race but will be the youngest runner in the field!

At just 23, this lifelong sportswoman from Lyon discovered running five years ago. In early 2023, driven by a burning desire to achieve something exceptional, she turned to trail running. At the start of October, she will be the youngest participant to line up at the start of the 100M Nice Côte d'Azur by UTMB.

Her mentor, who lives in the Reunion Islands, has passed on his passion for ultra-trail running. For Clara, this discipline represents surpassing oneself, immense personal satisfaction and an escape.

In Nice, her parents will be there to cheer her on. This will be her first experience over such a long distance. But Clara is a determined enthusiast and is ready to do anything to make her dreams come true.



**Catherine TOMASONI**  
France. Entered in the 100M.

## **Her 1st 100M on home ground**

A mother of 5 and a nurse in a geriatric emergency department, Catherine has always been a runner, often without realising that she was trail running, a little-known discipline at the time.

She used to train on the trails around the Mercantour, enjoying the solitude of the sport, but since 2022, the opening of the Tourette-Levens club has changed her routine. Tired of running alone, she found new impetus in this club, encouraged by its members and spurred on by a friend who recognized her fine performance.

For Catherine, running is synonymous with freedom, a way of reconnecting with nature and getting back to basics, almost like a form of active meditation. The 100M is a new challenge, although Catherine has already completed several 100K events. The support of her family is crucial. Her husband, a keen cyclist, and their children, all sports enthusiasts, encourage and help her by looking after the younger ones. Her long-term dream is to take part in the UTMB, an ambition that testifies to her determination and passion for trail running.



# EXTRA-ORDINARY RUNNERS



**Yvan LELIEVRE**  
France. Entered in the 100K.

## Running for a good cause

Yvan, a native of Nice, is running in support of two charities for his 3rd year on the Nice Côte d'Azur by UTMB. The 47-year-old customs officer, based in Cagnes-sur-Mer and working at Nice airport, is preparing for his third 100K this year.

Yvan has always been passionate about sport and discovered trail running two years ago. His aim is to complete the four distances proposed by the Nice Côte d'Azur by UTMB. After the 20K and 50K, this year he is tackling the 100K, for a good cause. Alongside his wife, he founded the association 'Yvan Ultra Traileur Solidaire' to represent two other associations that they actively support, raising funds and awareness for their causes: 'Agir pour le lien social et la citoyenneté', a local Nice association that has a broad and inclusive impact on the community; and 'Agir Contre les Spondylarthrites', which is dear to Yvan's heart because his wife suffers from the disease. Despite her illness, she shares his passion for sport and supports him at every refreshment point, for which Yvan is deeply grateful.

For him, each race is a unique and magical experience, marked by the kindness of the participants and volunteers. Running in the great outdoors gives him immense pleasure and a feeling of freedom.



**Fabrice De Noblet**  
France. Entered in the 100M.

## A sporty retirement

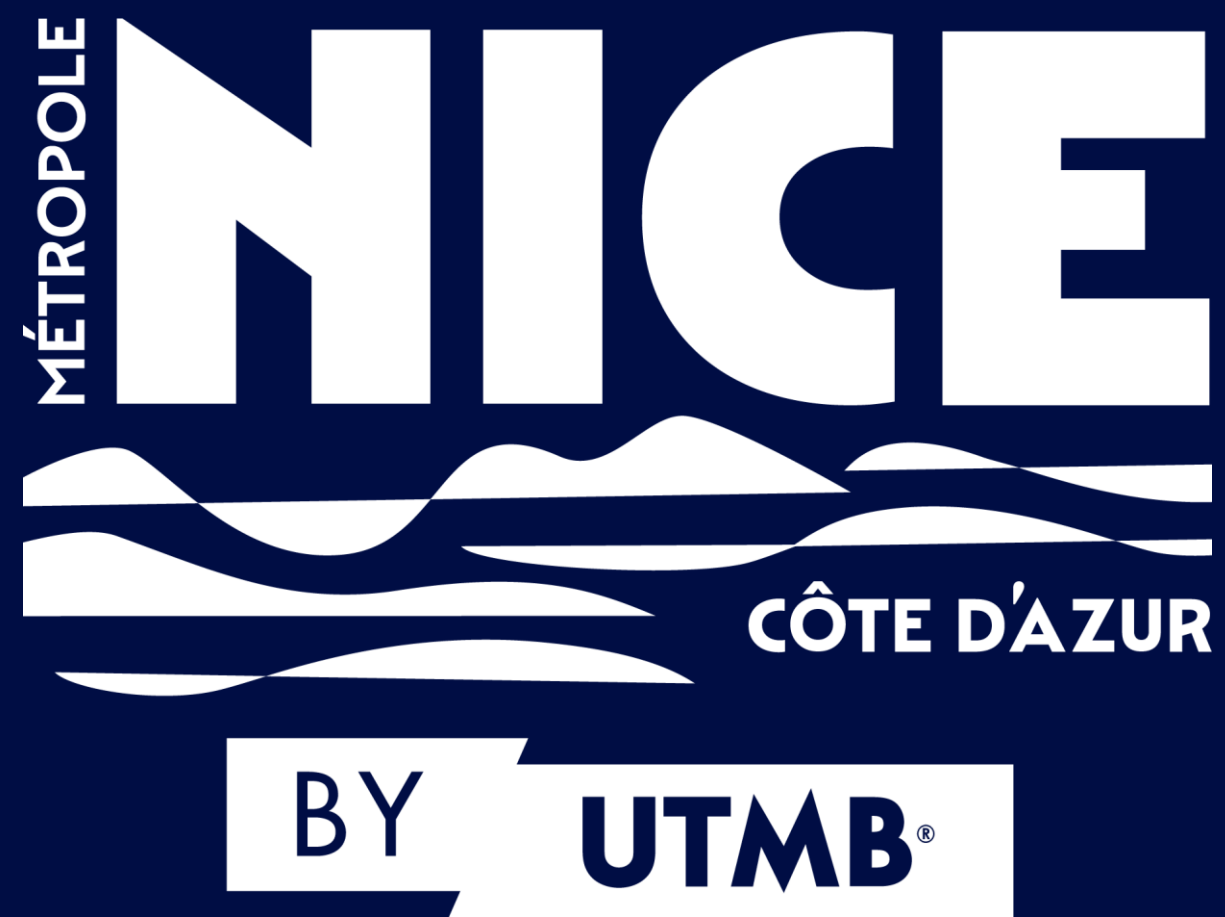
At 65, Fabrice, who retired a year ago after a career as an architect and in the military, is enjoying an active retirement in the Ile-de-France region of France, full of sporting challenges. He will be the oldest competitor in the 100M Nice Côte d'Azur by UTMB.

He started running 15 years ago, initially to keep fit, before discovering a passion for trail running.

Over the last 10 years, this native of the Paris region has become a fervent ultra-trail enthusiast. With four 100M titles to his name, Fabrice is resilient and tenacious, and has taken part in iconic races such as the UTMB in 2015. Trail running gives him self-confidence and a sense of well-being on a daily basis, and despite moderate speed, he manages to keep fatigue at bay. For Fabrice, the pillar of his success is preparation, to which he attaches the utmost importance.

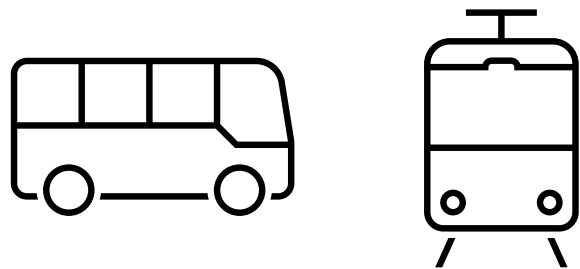
Trail running is much more than a sporting event; for him, it's a human adventure and a source of pleasure. If the Nice challenge is a success, he plans to continue ultra-trailing for the pleasure of the adventure and the human experience, while continuing to push his limits with discipline and passion.





**PRACTICAL  
INFORMATION**





## ACCESS AND MOBILITY

### Getting to Nice:

- By train = city centre station, 6 hours from Paris
- By plane = Nice airport, 15 mins from the city centre
- By car and bus = A8 motorway from Aix-en-Provence in the west and the Italian border in the east

Public transport is available throughout the weekend, for more information contact each host town.

Shuttles will be available for runners and their support crew to get to the start of the races.

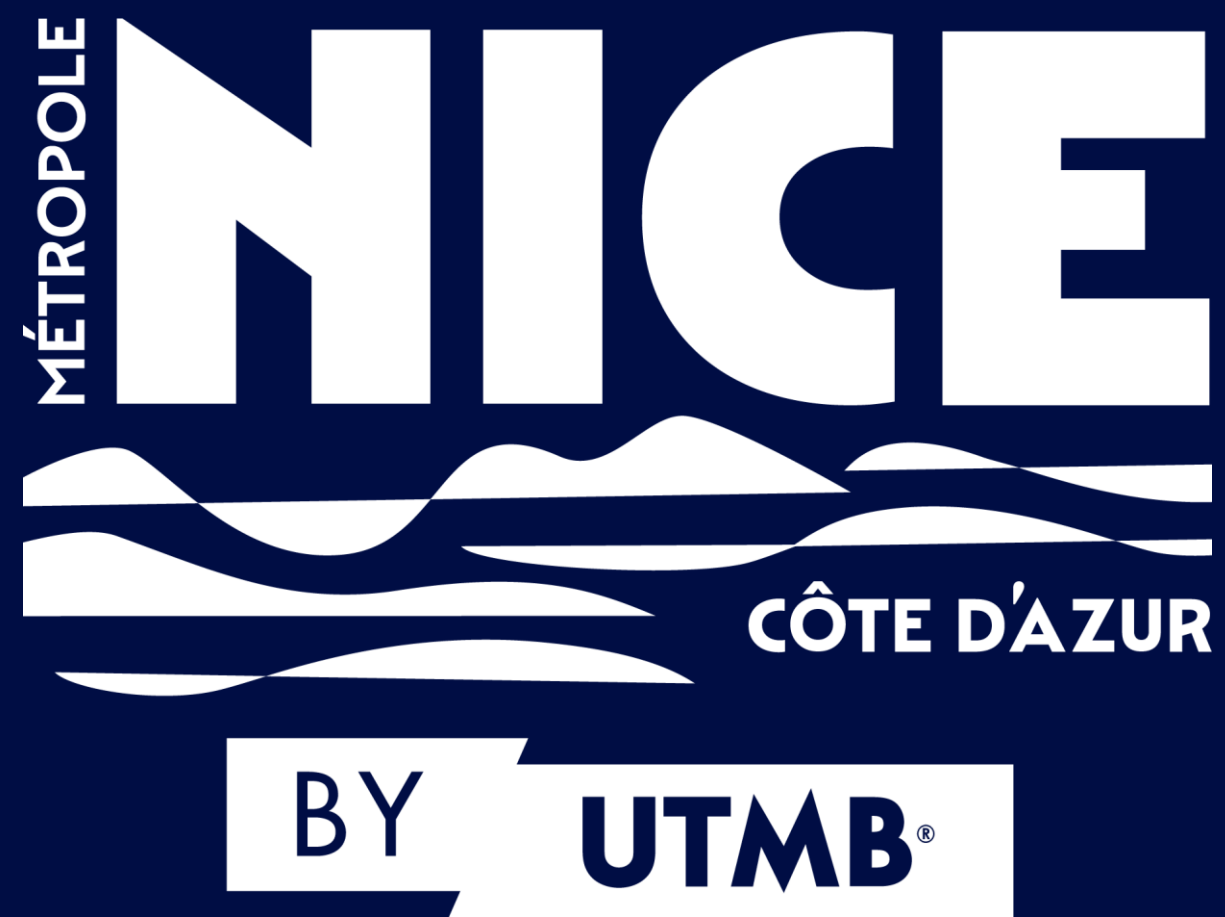
**WEBSITE**  
**TOURIST OFFICE**  
**EXPLORE NICE CÔTE**  
**D'AZUR**

### ACCREDITATIONS:

**Media accreditation is now open. You can register using this form.**

All requests will be considered and validated before the event and a confirmation email will be sent to applicants.





**FOLLOW THE  
EVENT**



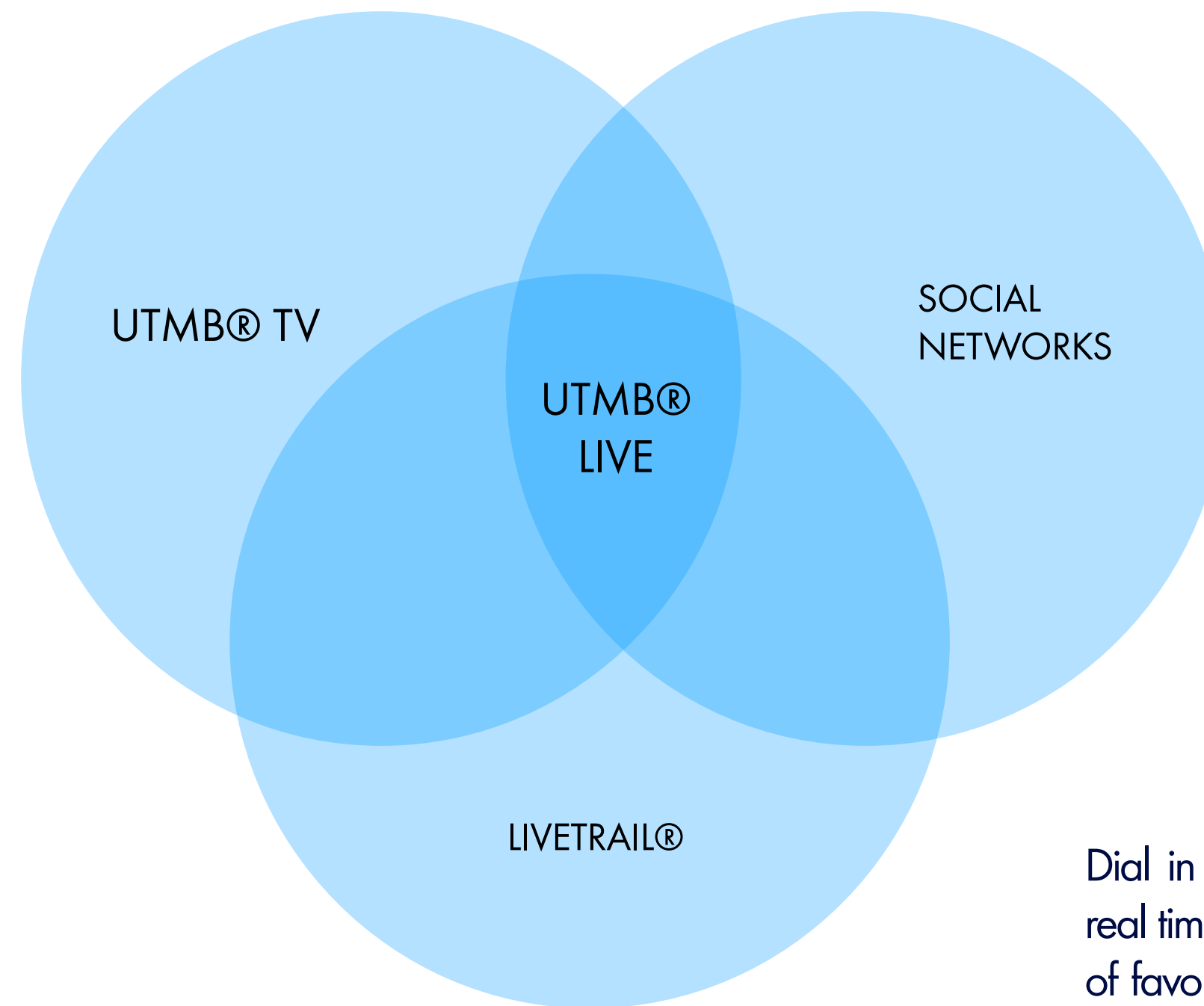
# FOLLOW THE EVENT



Offers live coverage of all the highlights of the event, including the starts, interviews, films, tracking the frontrunners, finishes, and much more.

There will be live coverage of the frontrunners of the Ultra-Trail Metropole Nice Côte d'Azur (100M), the Roubion - Nice (100K) and the Eze - Nice (50K), from Friday lunchtime to Saturday afternoon.

Available on: [live.utmb.world](https://live.utmb.world)



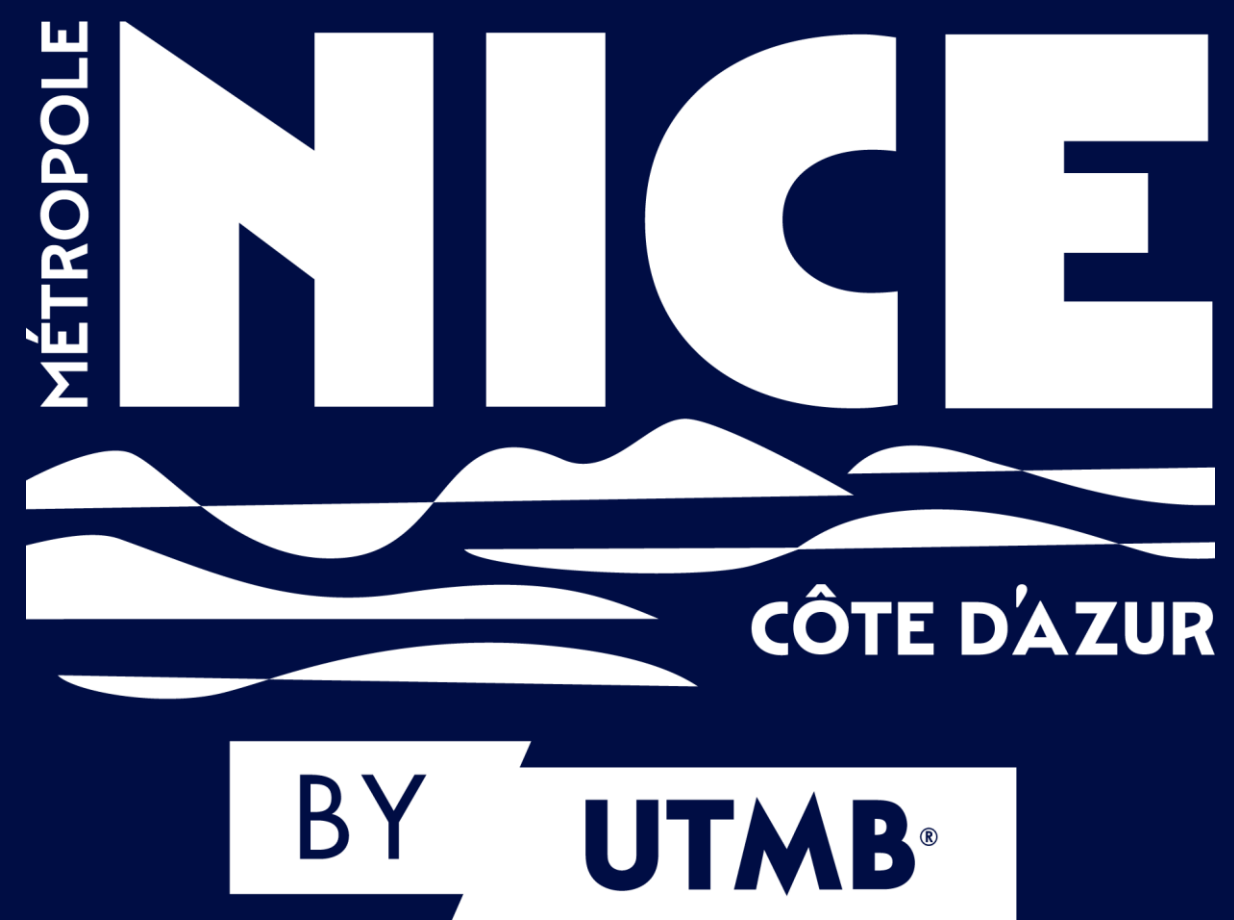
Stay tuned for the latest news about the event, engage with the community, and share your experience.

Facebook and YouTube will also host live broadcasts at the start of the weekend.



Dial in to LIVETRAIL® to follow your favorite runners in real time. Offering runner tracking, lap time forecasts, lists of favorites, interactive race profiles, runner comparisons and webcams, LIVETRAIL® is the ideal way to follow runners on the course remotely.





**OUR PARTNERS**



# OUR PARTNERS

## UTMB® WORLD SERIES PARTNERS



## LOCAL PARTNERS





# OUR PARTNERS

## UTMB® WORLD SERIES PARTNERS



### MAIN PARTNER

HOKA's role as UTMB® World Series Premier Partner highlights the brand's ascendancy in the trail running community. HOKA was first adopted by trail and ultra-runners as a best-in-class footwear option for those seeking to perform to their fullest potential. The brand has since established a strong presence among ultra-trail runners, known for its innovative line of trail running shoes. In addition to its high-performance footwear, HOKA unveiled a brand-new clothing line in 2020, created in collaboration with top athletes in the discipline such as Jim Walmsley, Magdalena Lewy Boulet and Ludovic Pommeret. The brand's global presence is expanding almost as fast as its US operation, with high-growth markets ranging from Europe to Asia.



### MAIN PARTNER

Dacia is the UTMB® World Series Main Partner in Europe.

The UTMB® World Series shares many fundamental values with Dacia, such as a spirit of solidarity, inclusiveness and an eco-responsible approach.



# OUR PARTNERS

## PARTNERS UTMB® WORLD SERIES



### TECHNICAL PARTNER

As the UTMB® World Series Race Nutrition and Sports Hydration Technical Partner, Näak will provide energy bars, wafers and drinks at the vast majority of the circuit's events, including the season's flagship event, the HOKA UTMB® Mont-Blanc. Gels and purées will also be available at refreshment points throughout the year as Näak expands its product range. Näak products provide long-lasting energy with high-quality, sustainable ingredients, helping runners to go further and longer. Näak will also provide nutrition plans for all runners to help them in their preparation.

Näak's slogan, 'Fuel your ultra, preserve your playground', perfectly embodies the brand's approach to nutrition. From the choice of sustainable proteins and responsible sourcing to the company's B Corp certification, Näak always acts with the preservation of mountain playgrounds in mind, creating a positive impact for generations to come. All products are made with sustainable proteins and non-GMO ingredients.



### TECHNICAL PARTNER

Suunto have supported adventurers since 1936 and have been involved in trail running since its inception. Their legacy in the sport is enriched by a strong team of elite runners, including UTMB Mont-Blanc winners Courtney Dauwalter, François D'Haene and Pau Capell. Suunto watches feature award-winning design, industry-leading battery life, reliability, and purpose-built features for training and racing.

As Official GPS Watch and Technical Partner, Suunto will support runners in navigating the trails and achieving their dreams across the 42 UTMB World Series Events, by bringing its heritage and experience with GPS sports watches. Athletes with a Suunto Vertical or Suunto Race watch can download intuitive GPS maps in three different map styles with important landmarks, contours, water, trails and different types of terrain highlighted.





**THE WORLD'S LARGEST TRAIL  
RUNNING CIRCUIT**



# THE WORLD'S LARGEST TRAIL RUNNING CIRCUIT



The UTMB® World Series is **the world's largest trail running circuit**, bringing together the best events on the planet, held in exceptional locations of natural beauty.

Organised in accordance with UTMB® quality standards, the UTMB® World Series Events bring together trail enthusiasts of all levels and the sport's greatest stars, giving everyone a chance to experience the UTMB® adventure close to home.

These events are the first step for runners wishing to take part in the HOKA UTMB® Mont-Blanc and thus gain access to the UTMB World Series Finals (OCC, CCC, UTMB).



# UTMB® 2024 FULL CALENDAR

## WORLD SERIES 43 EVENTS

### FEBRUARY

17-18 Tarawera Ultra-Trail by UTMB®  
New Zealand

### MARCH

22-24 Chianti Ultra Trail by UTMB®  
Italy

### APRIL

04-07 Istria 100™ by UTMB®  
Croatia

12-14 Desert RATS Trail Running Festival™ by UTMB®  
USA

19-21 Ultra-Trail Mount Yun by UTMB®  
China

#### MAJOR

26-27 HOKA Canyons Endurance Runs™ by UTMB®  
USA

### MAY

03-05 Amazean Jungle by UTMB®  
Thailand

09-12 Valhøll Argentina by UTMB®  
Argentina

10-12 Ultra-Trail Snowdonia by UTMB®  
Wales

18-19 Ultra-Trail Australia™ by UTMB®  
Australia

17-20 Trail Alsace Grand Est by UTMB®  
France

24-26 Mountain Ultra-Trail™ by UTMB®  
South Africa

### JUNE

01 mozart 100™ by UTMB®  
Austria

06-08 Tenerife Bluetrail by UTMB®  
Spain

14-16 Trail du Saint-Jacques by UTMB®  
France

14-16 Trail 100 Andorra™ by UTMB®  
Andorra

22-23 Mauritius by UTMB®  
Mauritius

26-30 La Sportiva® Lavaredo Ultra Trail® by UTMB®  
Italy

29 Western States® 100-Mile Endurance Run  
USA

### JULY

#### MAJOR

03-07 HOKA Val d'Aran by UTMB®  
Spain

04-06 Restonica Trail by UTMB®  
France

05-07 Trail Verbier Saint-Bernard by UTMB®  
Switzerland

17-21 Eiger Ultra-Trail™ by UTMB®  
Switzerland

19-20 Speedgoat™ Mountain Races by UTMB®  
USA

### AUGUST

01-03 KAT100™ by UTMB®  
Austria

02-04 Quito Trail by UTMB®  
Ecuador

#### FINALS

26 AUG HOKA UTMB® Mont-Blanc  
01 SEPT France, Italy, Switzerland

### SEPTEMBER

12-15 Wildstrubel by UTMB®  
Switzerland

19-22 Paraty Brazil by UTMB®  
Brazil

20-22 Grindstone Trail Running Festival™ by UTMB®  
USA

20-22 Julian Alps Trail Run by UTMB®  
Slovenia

28-29 Ultra Trail Whistler by UTMB®  
Canada

### OCTOBER

03-06 Nice Côte d'Azur by UTMB®  
France

11-12 Kodiak Ultra Marathons by UTMB®  
USA

12-13 Transjeju by UTMB®  
South Korea

17-20 Ultra-Trail Ninghai by UTMB®  
China

### NOVEMBER

01-02 Kullamannen™ by UTMB®  
Sweden

01-03 Mallorca by UTMB®  
Spain

07-09 Puerto Vallarta México by UTMB®  
Mexico

08-10 TransLantau™ by UTMB®  
Hong Kong, China

15-17 Malaysia Ultra-Trail by UTMB®  
Malaysia

28-30 Ultra-Trail Kosciuszko™ by UTMB®  
Australia

### DECEMBER

#### MAJOR

06-08 HOKA Chiang Mai Thailand by UTMB®  
Thailand



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**WORLD SERIES**