



RUNNER GUIDE

JULY 25 - 26, 2025



OFFICIAL UTMB® WORLD SERIES PARTNERS



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SCHEDULE

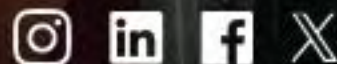
THURSDAY, JULY 24, 2025			
START	END	EVENT	LOCATION
2 PM	6 PM	Basecamp: <ul style="list-style-type: none"> • Bib Pick-Up • Official Merchandise Store 	Snowbird Center Plaza Event Tent
4:30 PM		Mastering Speedgoat Chat: Insider Tips for Before, During, and After Your Race, hosted by Vibram Elite Runner Robyn Lesh	Snowbird Center Plaza Event Tent
5 PM		Runner Briefing	Snowbird Center Plaza Event Tent
5:30 PM	6:30 PM	HOKA, Naak, and Women of the Wasatch Shakeout Run	Snowbird Center Plaza Event Tent
FRIDAY, JULY 25, 2025			
START	END	EVENT	LOCATION
6:30 AM	7: 20 AM	28K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
6:30 AM	8:50 AM	10K Race Morning Bib Pick-Up	Snowbird Center Plaza Event Tent
7:30 AM		28K Race Starts	Snowbird Center Plaza Deck
9 AM		10K Race Starts	Snowbird Center Plaza Deck
10 AM	5 PM	Basecamp: <ul style="list-style-type: none"> • 50K Bib Pick-Up • Official Merchandise Store 	Snowbird Center Plaza Event Tent
11 AM		10K Awards Ceremony	Snowbird Center Plaza Event Tent
11:30 AM	12 PM	Adaptive Athlete Panel with Kelly Bruno and Jeff Waldmuller	Snowbird Center Plaza Event Tent- Snowbird Ski Resort
12 PM		Runner Briefing	Snowbird Center Plaza Event Tent
12:30 PM		Mastering Speedgoat Chat: Insider Tips for Before, During, and After Your Race, hosted by Vibram Elite Runner Robyn Lesh	Snowbird Center Plaza Event Tent
1 PM		28K Awards Ceremony: Age Group Winners	Snowbird Center Plaza Event Tent
4 PM		Runner Briefing	Snowbird Center Plaza Event Tent
5:30 PM		Free Kid's Race	Snowbird Center Plaza Deck
SATURDAY, JULY 26, 2025			
START	END	EVENT	LOCATION
5:15 AM	6:15 AM	50K Race Morning Bib Pick-	Snowbird Center Plaza Event Tent
6:30 AM		50K Race Starts	Snowbird Center Plaza Deck
9 AM	5 PM	Basecamp: <ul style="list-style-type: none"> • Official Merchandise Store 	Snowbird Center Plaza Event Tent
3 PM		50K Awards Ceremony	Snowbird Center Plaza Event Tent



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FLY™



HOKA

PRE-RACE INFORMATION

BIB PICK-UP

Runners must pick up their own bib during the below hours:

BASECAMP (EXPO) PICK-UP

- Thursday, July 24 from 2 PM to 6 PM
- Friday, July 25 from 10 AM to 5 PM

RACE DAY PICK-UP

- 28K & 10K: Friday, July 25 from 6:30 AM to 8:50 AM
- 50K: Saturday, July 26 from 5:15 AM to 6:15 AM

WHERE

Snowbird Center Plaza Event Tent - Snowbird Ski Resort
9385 Snowbird Center Dr, Snowbird, UT 84092

WHAT TO BRING

A Passport or Valid ID.

BIB PICK-UP STEPS

1. Present photo ID to volunteers to begin check-in process and receive bib number.
2. Pick up bib.
3. Pick up runner giveaway items.

Visit the Solutions Table for any registration questions. Please note, we are not able to offer distance changes into sold out events and there are no distance changes on race day.

TIMING

The race will be timed by LiveTrail using chips located on the bibs. The chips are automatically recorded at the Start Line, various Aid Stations, timing locations and the Finish Line. Please refer to the "How to Wear Your Bib" section in the Runner's Guide for the proper way to wear your bib so the chip is not damaged and is properly recorded.

PLEASE NOTE: All runners in the race must wear their race bib with the tag intact in order to have their times recorded. No bib = no time! Please make sure the race bib is pinned on your front and is visible throughout the race.

MEDICAL INFORMATION

If you have a known medical condition, we highly advise that you take the following steps:

- Stop by the Solutions Table at Athlete Check-In to get a special race day wristband on which you should write the details of your medical condition(s).
- Write the details of your medical condition(s) on the back of your athlete bib, which you will receive in your race packet.

The medical information that is placed on your wristband and athlete bib will provide medical staff or emergency services with essential information. If you have any questions or concerns about providing medical information, please visit the Solutions Table.

RUNNER WRISTBAND

Runners will receive a wristband printed with their race distance during Bib Pick-Up. This band will identify you as an official runner and must be worn during race week. The wristband allows you access to post-race food at the finish line and one free beer (option of non-alcoholic beer) at the Festival Basecamp Party.



PRE-RACE INFORMATION

RUNNER BRIEFINGS

Runner Briefings will be held in the days preceding the race. Please refer to the schedule for times and locations of the Runner Briefings. Runner Briefings will consist of a Question and Answer session with race management to address any issues, concerns, or changes that have arisen during race week.

EMERGENCY PHONE NUMBER

In a situation where you or another runner is in an emergency and unable to make it to an Aid or Medical Station, please call **813-422-2094**. If you abandon the course for any reason and do not notify an official, please call this phone number to notify race staff. This number will also be printed on the back of runners' bibs. We recommend saving this number in your phone.

RACE REGULATIONS

All runners and their crew must read, be familiar with, and follow the Race Regulations. [CLICK HERE](#) to view a complete list of regulations.

VOLUNTEER APPRECIATION WRISTBANDS

Runners will receive a UTMB Cares wristband during bib pick-up and are encouraged to gift the wristband to a volunteer that exemplifies the UTMB Cares values of solidarity, respect, inclusivity, authenticity, and humility. We are so grateful to each volunteer, and we're excited for this opportunity to show our thanks during race weekend.



RUNNER TRACKING

[LIVETRAIL.NET](https://livetrail.net) will be available to track runners throughout the event. Please note these are timing splits at certain checkpoints on the course and are NOT live/GPS tracking. Due to the remote nature of these locations there may be possible delays on LiveTrail updating. [CLICK HERE](#) for Runner Tracking FAQs.





 **SUUNTO**

*Adventure
starts
here*

**Some people
choose
fine dining**

**NEW
SUUNTO RACE**
the performance watch



PARKING



TRAM FOR SPECTATORS

TRAMs for the Speedgoat Mountain Races friends and families will transport spectators to the Summit on both race mornings. They will begin transporting just after the start of the 28K (Friday, July 25 at 7:30 AM) and the 50K (Saturday, July 26 at 6:30 AM) and run approximately every 15 minutes. There will be normal Snowbird operations that may need to take place on the TRAMs during these hours. Space on the TRAMs is first come, first served. If you ride to the Summit (Hidden Peak), please plan appropriately (clothing, hydration and all other supplies needed for high elevation conditions). If you are there to see your runner come through the Summit, please make appropriate plans to coordinate your TRAM ride back down if you are planning to see your runner finish. Snowbird has been gracious to help all spectators get to the Summit outside of normal TRAM operating hours. Please be polite and patient as we get all spectators to the Summit. These are limited shuttle hours and will only run until the morning groups are accommodated.

The last complimentary tram ride up to the summit departs at 10:30 AM. After 11:00 AM, rides to the summit will require a paid ticket. Spectators may ride the tram down at any time, free of charge.

If you decide to not ride the TRAMs during the limited morning special event hours, please see the below for further information on TRAMS:

12:00 PM: Peruvian Chair opens. This is a different chair lift and requires a ticket for rides.

After these Speedgoat dedicated TRAM hours, you will be required to purchase a TRAM pass. These can be limited, and you will need to plan ahead. During summer hours (11 AM to 8 PM) these tickets can sell out day of.

TRAM and lift information available [HERE](#). ON THIS PAGE, YOU CAN ALSO VIEW OTHER FUN ACTIVITIES FOR YOUR FRIENDS AND FAMILY OFFERED AT SNOWBIRD SKI RESORT.

RACE DAY INFORMATION

GEAR

50K & 28K

- Mobile / Cell phone (smartphone strongly recommended)
 - * Mobile / Cell phone with international roaming that works in the United States of America
 - * Each runner should save the organization's safety phone numbers
- Personal collapsible cup (15 cl / 5 oz minimum)
- Minimum water supply of 1 liter
- Food reserve. (Recommendation of 800 kcal: 2 gels + 2 power bars each of 65 g)

RECOMMENDED GEAR:

- Running pack for carrying supplies for the duration of the race
- Pack can be a backpack, vest or waist/belt pack
- 1 working headlamps (torches) with spare cells/batteries for each headlamp. (Recommendation of 200 lumens or more for main headlamp)
- Survival blanket of 1.40 m x 2 m / 55 inches x 80 inches minimum or survival bag
- Whistle
- Gloves
- ID Card / Passport
- Jacket with hood for bad weather in the mountains
- Hat (beanie, cap, bandana, or Buff®)

OTHER RECOMMENDED GEAR:

(including, but not limited to)

- Spare warm clothing (essential in case of cold and rainy weather or in case of injury)
- Trekking poles
- GPS watch

10K MANDATORY

- Personal collapsible cup (15 cl / 5 oz minimum)
- Minimum water supply of ½ liter

* Should the race management team add onto the mandatory gear due to weather conditions, please reference the cold and hot weather kits outlined in the Race Regulations Guide. You will be notified via email if either kit is required during race week. Runners are expected to pack both kits

* Hot or Cold Weather Kits may be implemented by Race Management if inclement weather determines it. Please refer to the Race Regulations for a full list of the Mandatory Gear, Hot and Cold Weather Kits. It is the runner's responsibility to bring all gear and kits that is or may be required to the race. Race Management may not be able to make the decision to implement the Hot or Cold Weather Kits until a few days out from the event as weather patterns are highly unpredictable and can change on a moment's notice, especially in the mountains.

TREKKING POLES

Trekking poles will be allowed for all distances. Please be cautious around other runners while using them.

WEATHER

Please be sure to check the weather before race day. Weather can range from hot temperatures to snowy mountain tops this time of year. [CLICK HERE](#) for more information about local weather as we approach the event.

RACE DAY INFORMATION

MEDICAL INFORMATION FOR RUNNERS & CREW

Emergency medical care will be provided at every aid station and the finish line. Participation in this event is at the runner's own risk. Adequate training is essential. Runners are encouraged to consult with their medical provider prior to the event. Please be sure to notify race staff of any medical condition or allergies. You can place all this information on the back of your race bib as well as on the white medical bracelets you can pick up at the registration tent. Runners' crews must be prepared, anticipate runners' needs, and provide basic care. This includes hydration and nutrition specific to the runner based on experience and tolerance, aside from race provided supplies. Runners may experience nausea and vomiting during the race. This can be for a variety of reasons, most commonly over-hydration, under-hydration, heat stress and altitude exposure. It is advised the runner always "drinks to thirst", avoiding over or under hydration. Be sure to seek medical attention if symptoms continue or worsen.

Foot care is very important! Be sure to prepare and bring sufficient supplies to provide foot care for your runner. For more information on pre-race and during race foot care, follow [THIS LINK](#) for some great videos!

EMS personnel and transport teams will be available for serious injury or illness. Additionally, runners must be responsible for their own limitations. Medical personnel have full authority to decide if a runner may continue. Medical staff will be available at all Runner Briefings.

DROP POLICY

Runners are encouraged to withdraw from the race only at Aid Stations. This will help Race Management ensure all runners are safely accounted for. All runners **MUST** notify the Aid Station Captain that they are withdrawing, and turn their bib in. If a runner is unable to withdraw at an Aid Station, they **MUST** notify Race Management at the Timing Tent located at the Finish Line, or by calling the Emergency Number on their bib: **813-422-2094**. Please refer to the [Race Regulations](#) for further details on the Drop Policy. If a runner that has withdrawn from the race wishes to receive their bib back, they may request this at the Timing Tent located at the Finish Line. ***Please note:** A withdrawn bib may not be available until several hours after the race has concluded and all runners have been accounted for.

CREW RULES

Crews will be allowed ONLY at Hidden Peak and the Tunnel. Crews must access these areas on their own. Limited TRAM will be running this summer. Please plan accordingly.

PACERS

No pacers will be allowed on course for any distance.

SWEEP TEAM

There will be a Sweep Team covering every section of trail for all distances. They are equipped with GPS tracking devices, radios, and are tracked by and in constant communication with race command to help ensure the safety of runners. It is also good practice if you leave the trail to leave a belonging on the trail to help notify the Sweep Team.

AID STATIONS

Aid stations will be located throughout the course. Please refer to the specific race category to view locations for the aid stations. The general offerings are as follows:

- Nutrition: Electrolyte drink and energy gels provided by Naak; chews & bars; assorted fruits (bananas, oranges & watermelon); soda; assorted sweets & salty snacks (chips, pretzels, etc.); peanut butter & jelly sandwiches; food
- Runner Care: Basic first aid/blister care; bug spray; sunscreen; lubrication for chaffing; feminine products

START & FINISH LINE BAGS

There will be a location provided at Basecamp for finish line drop bags with post-race necessities for all distances. Please place items in a bag, labeled with your name & bib number. They will not be transported to any location on course. If you do not retrieve your bag by 6PM on Saturday July 26, they will be donated to a local organization. Please do not put anything of value in these bags.

RUNNER BIBS

DO NOT fold your bib under any circumstance.



Make sure you are at the correct race!

Your race distance.

50K
3610

Just so we know who you are, or you forget who you are!

LONGFIRSTNAME
LONGLASTNAME

IN CASE OF EMERGENCY OR
DROPPING FROM RACE, CALL
813-422-2094

All bibs must be front facing and visible at all times. We recommend pinning bibs to your shorts, pants or leggings.

Only call this number in an emergency or if you are abandoning the course.

This is where your timing chip will be. Do not bend the bib or damage this chip. This could result in the loss of tracking.

Wear bib clearly visible on the front of your torso.

Name: _____
DOB: _____
T-shirt size: _____
Emergency Contact: _____
Emergency Phone: _____

Allergies to Medicines: _____

List of Current Medications: _____

Current Medical Condition(s): _____

In case of an emergency or if you're abandoning the race, call 813-422-2094



Please fill your information out.

Please fill your Emergency Contact person information out. This should not be someone who is also running the race.

List all your Medical Information here. This is crucial for our Medical Team.

Only call this number in an emergency or if you are abandoning the course.

HOW TO WEAR YOUR BIB

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WORLD SERIES

All bibs must be front facing and legible.

Do not fold the bibs as it will damage the timing



BACK

Do not wear the bib on the back of your person or running vest.

Do not wear the bib under or too close to your running vest, so that it remains legible and the timing chip doesn't get damaged.

Do not rotate the bib as it will potentially render the timing chip unreadable.

Do not place the bib on an article of clothing that will be quickly removed.



ULTRA ENERGY™ DRINK MIX
Go longer, go farther.



COURSE MARKINGS

COURSE MARKING STANDARDS

ALONG THE TRAIL

All course ribbons will be placed within eyesight of the next one. Look for course ribbons to be placed on the following:

- Trees
- Bushes
- Tied to rocks on the trail
- Forest service trail signage
- Course signage

URNS & INTERSECTIONS

Leading up to a turn, additional markings will be applied to the side of the trail in the direction of the approaching turn. Immediately after the turn is made, additional course markings will be applied to both sides of the trail to serve as "confidence" markers to ensure you made the correct turn and are on course. Directional arrow signage will be placed leading up to and at turns, in the direction of the upcoming turn. Prior to key intersections, a "Critical Turn Ahead" course sign will be added to alert runners leading up to a turn.

WRONG WAY

"Wrong Way" signage will be placed at intersections on trails that are not on the course. Additional "Wrong Way" signage will be placed further down a trail that is not on the course in case the first sign is missed. If you do not see a course marking ribbon or flag within your field of vision, you are most likely off course. Re-trace your steps until you find the correct course marking for your race.





COURSE MARSHALS

Runners must follow and obey all Course Marshals at the locations they are stationed.

COURSE RIBBONS

 <p>ALL DISTANCES Blue Ribbons & Blue Pin Flags</p>	 <p>WRONG WAY All courses will have pink ribbons marking sections of trail that are NOT on course.</p>
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COURSE SIGNAGE

	Critical Turn Ahead: This indicates a turn or intersection is coming up. Pay close attention to course markings.
	Wrong Way: This indicates a section that is not on the race course. Do not pass these signs. Look for the appropriate course markings or signage to stay on course.
	Directional Arrows: These indicate the direction of travel on course. Follow the direction of the arrow. A left or right arrow sign may also indicate a turn is coming up.
	Course-Specific Directional Arrows: These indicate the direction of travel specific to a course. Follow the direction of the arrow of the race you are in. These signs are at locations where multiple course overlap.

AID STATION SIGNAGE



The name of the aid station you're arriving to.





The name of the next aid station.

Distance (miles) to the next aid station.

Elevation gain/loss (ft) to the next aid station.

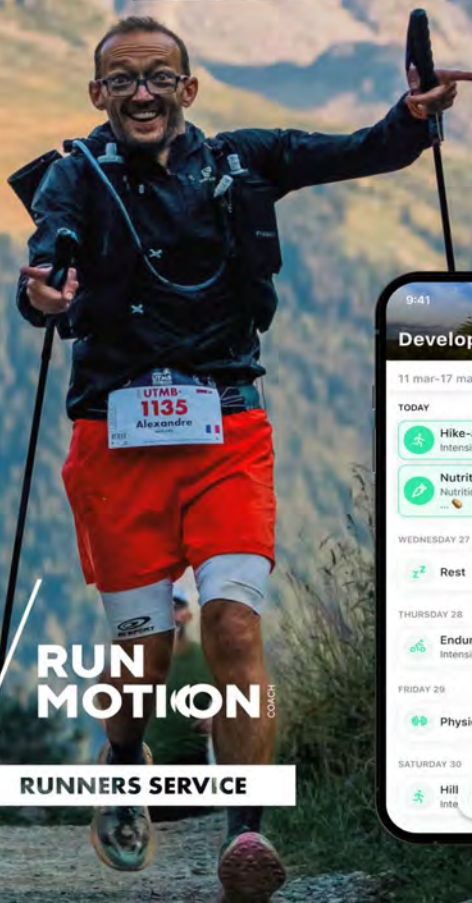


Open-Ear Bone Conduction Headphones

-  Situational Awareness
-  Open-Ear Comfort
-  IP68 Water Resistant
-  Up to 10 Hours batterie life



YOU'RE GOING TO LOVE TRAINING!

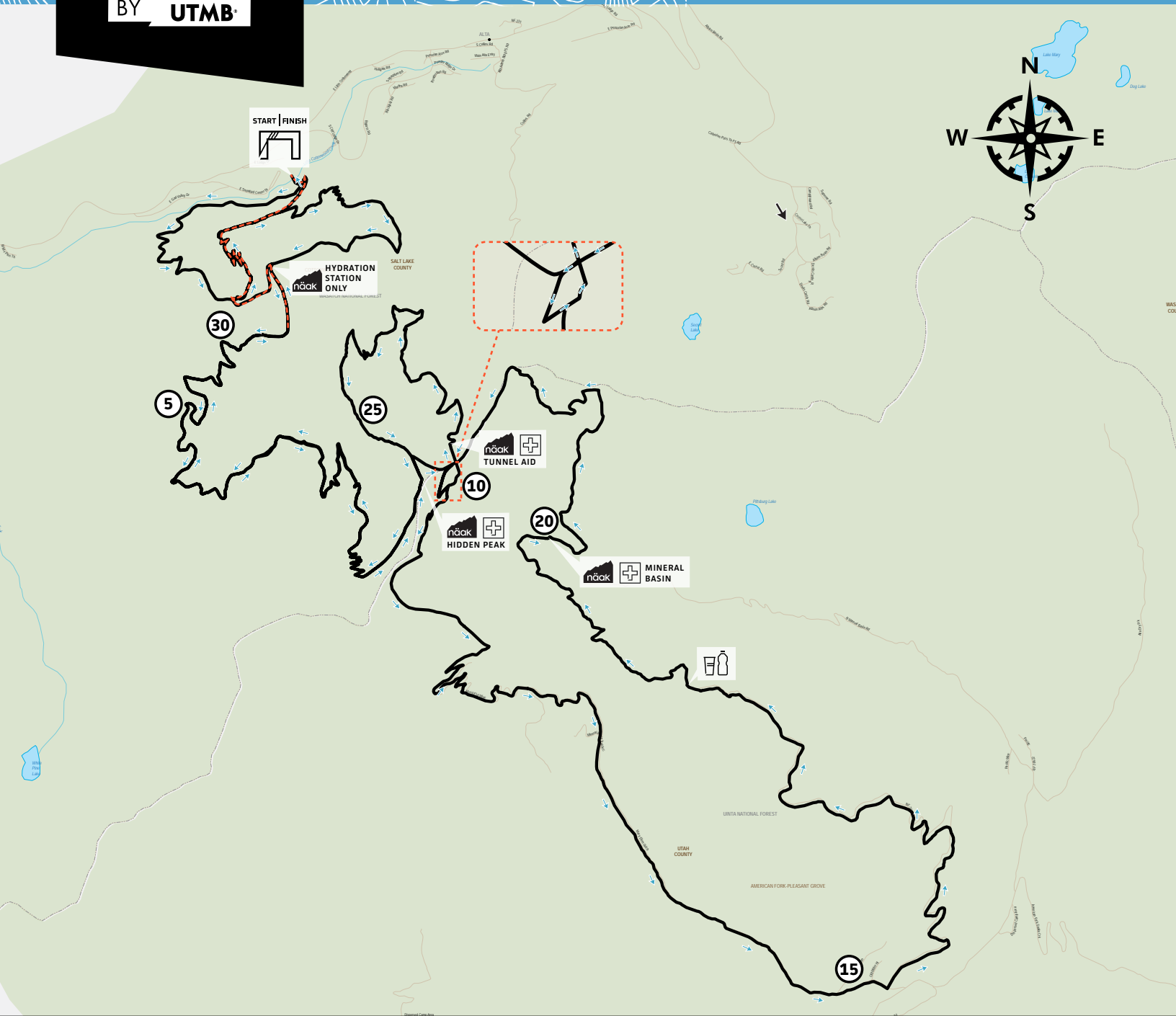


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WORLD SERIES

**RUN
MOTION**

RUNNERS SERVICE





START/FINISH LINE

MILE MARKER

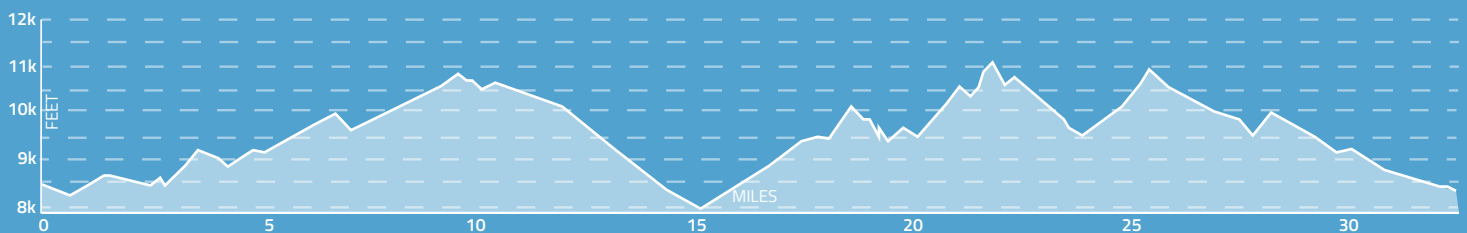
AID STATION

MEDICAL STATION

WATER STATION

PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 11,224 FT



50K COURSE

COURSE INFORMATION

Start: Saturday, July 26 at 6:30 AM.

[CLICK HERE](#) to view the 2025 50K course route on CalTopo. You will be able to download the 50K GPX course route through the CalTopo map.

AID STATIONS

Aid stations are estimated and subject to change. They will be offered at the following locations:

MILE	LOCATION	Support
4.3	Hydration Station 1	Hydration Only
9.6	Hidden Peak 1	Full Aid, Bathrooms, Crew
18.4	Water Pipe	Water Only
20.0	Mineral Basin	Full Aid
22.7	Tunnel	Full Aid, Bathrooms, Crew
25.4	Hidden Peak 2	Full Aid, Crew
30.7	Hydration Station 2	Hydration Only

COURSE CUT-OFFS

Runners will be subject to intermediate course cut-offs as follows:

- Hidden Peak #1 (Mile 9.6) at 10:10 AM.
- Mineral Basin (Mile 20) at 1:45 PM.
- Tunnel (Mile 22.7) at 3:20 PM.
- Hidden Peak #2 (Mile 25.4) at 5:15 PM.

Intermediate cut-off times are calculated with the consideration of the following:

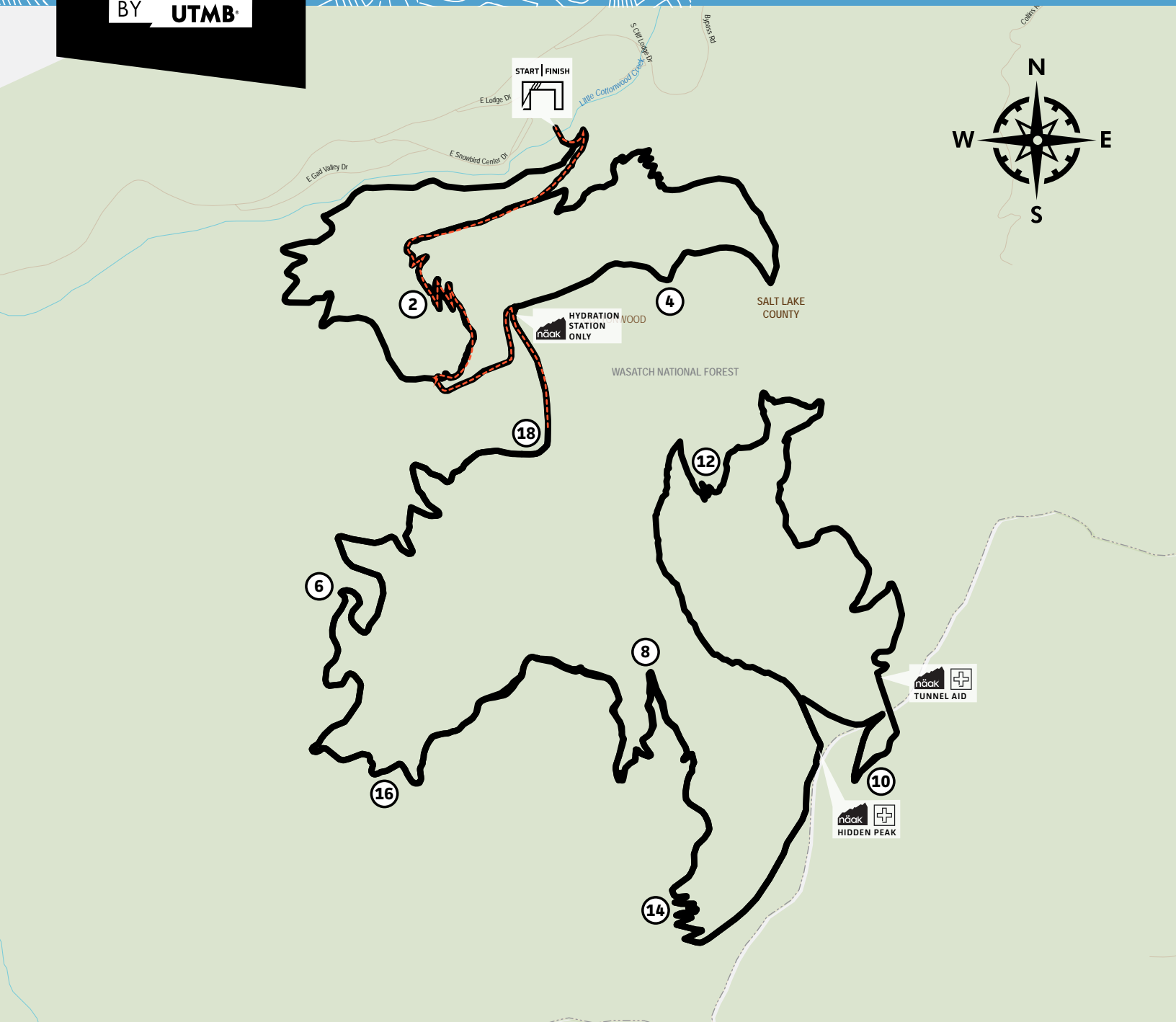
- Safety of all participants including, but not limited to runners, volunteers, medical staff, and search & rescue.
- Remoteness of certain sections of trail.
- Access to certain sections of trail.
- Conditions of certain sections of trail.

The race organization reserves the right to add or change any listed cut-off times prior to and during the race. The race organization reserves the right to remove a runner from the course and remove their bib, if it determines there is no possibility of an athlete finishing before the listed cutoff times based on their location, time, and average pace.

A runner MUST leave an Aid Station prior to the cut-off time, or they will be considered a Drop, and their bib will be removed. A runner cannot leave an Aid Station behind the Course Sweeps. NO EXCEPTIONS! A runner also cannot leave the Aid Station prior to the cut-off time, then return to the Aid Station, or receive assistance from their crew. Any runner leaving the Aid Station prior to the cut-off, must continue on the marked course. Any runner arriving to an Aid Station after the cut-off time will be considered a Drop and their bib will be removed. NO EXCEPTIONS!

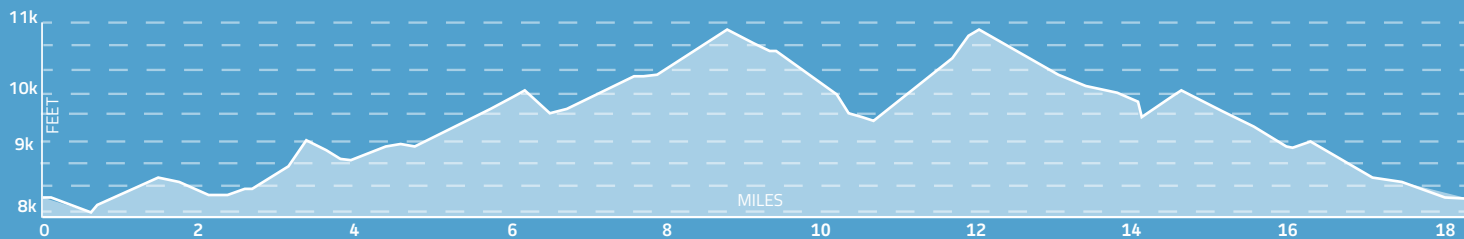
For permitting reasons, and the continuation of the event, the safety of all runners, volunteers, safety personnel, and race staff, the cut-off times and rules must be honored and respected for all UTMB events.





START/FINISH LINE
 MILE MARKER
 AID STATION
 MEDICAL STATION
 WATER STATION
 PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 6,530 FT



28K COURSE

COURSE INFORMATION

Start: Friday, July 25 at 7:30 AM.

[CLICK HERE](#) to view the 2025 28K course route on CalTopo. You will be able to download the 28K GPX course route through the CalTopo map.

AID STATIONS

Aid stations are estimated and subject to change. They will be offered at the following locations:

MILE	LOCATION	Support
4.3	Hydration Station 1	Hydration Only
9.6	Hidden Peak 1	Full Aid, Bathrooms, Crew
13.1	Hidden Peak 2	Full Aid, Bathrooms, Crew
18.3	Hydration Station 2	Hydration Only

COURSE CUT-OFFS

Runners will be subject to an intermediate course cut-off as follows:

- Hidden Peak #1 (Mile 9.6) at 11:10 AM.

Intermediate cut-off times are calculated with the consideration of the following:

- Safety of all participants including, but not limited to runners, volunteers, medical staff, and search & rescue.
- Remoteness of certain sections of trail.
- Access to certain sections of trail.
- Conditions of certain sections of trail.

The race organization reserves the right to add or change any listed cut-off times prior to and during the race. The race organization reserves the right to remove a runner from the course and remove their bib, if it determines there is no possibility of an athlete finishing before the listed cutoff times based on their location, time, and average pace.

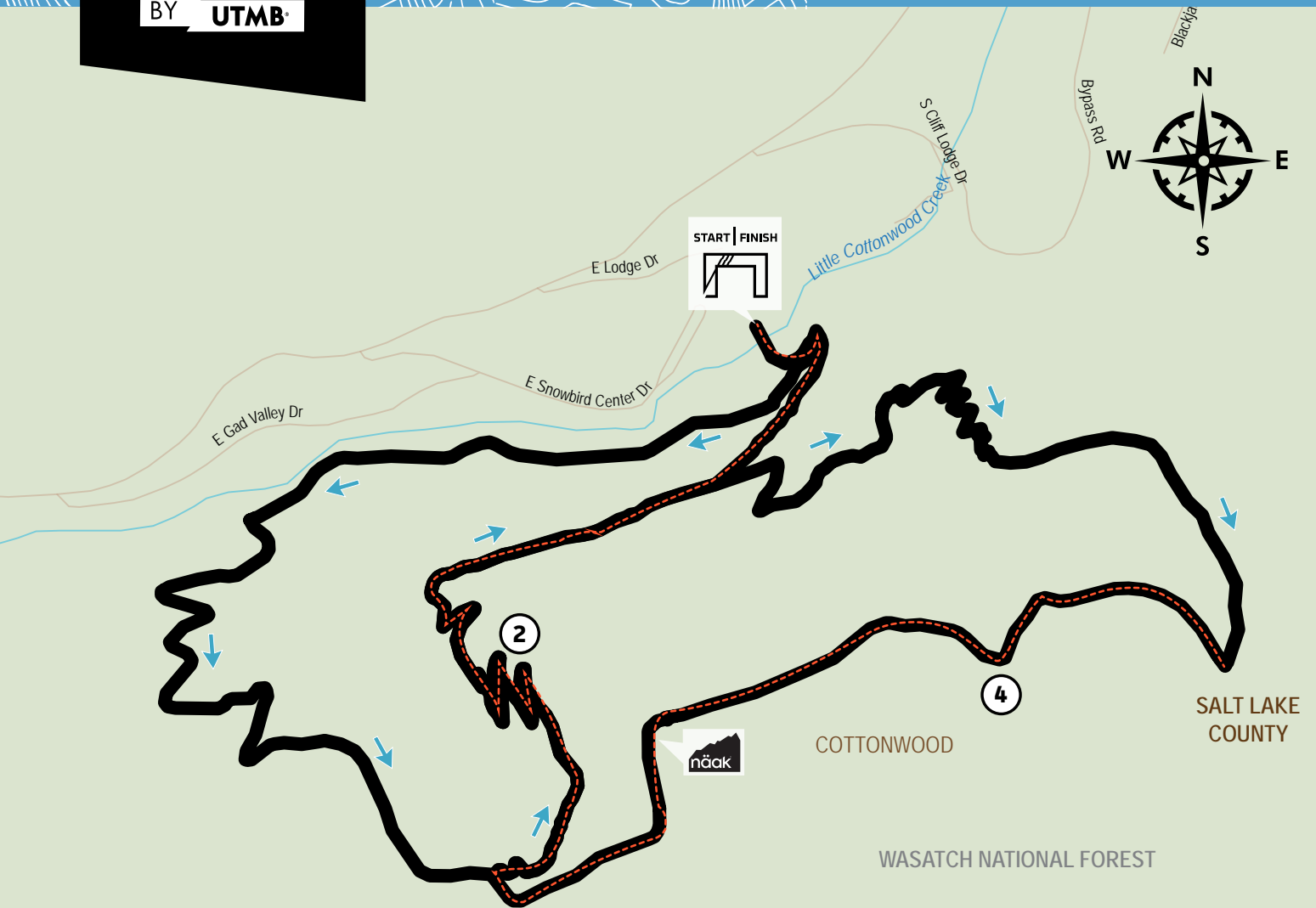
A runner MUST leave an Aid Station prior to the cut-off time, or they will be considered a Drop, and their bib will be removed. A runner cannot leave an Aid Station behind the Course Sweeps. NO EXCEPTIONS! A runner also cannot leave the Aid Station prior to the cut-off time, then return to the Aid Station, or receive assistance from their crew. Any runner leaving the Aid Station prior to the cut-off, must continue on the marked course. Any runner arriving to an Aid Station after the cut-off time will be considered a Drop and their bib will be removed. NO EXCEPTIONS!

For permitting reasons, and the continuation of the event, the safety of all runners, volunteers, safety personnel, and race staff, the cut-off times and rules must be honored and respected for all UTMB events.



10K COURSE

SNOWBIRD, UTAH



START/FINISH LINE

10 MILE MARKER

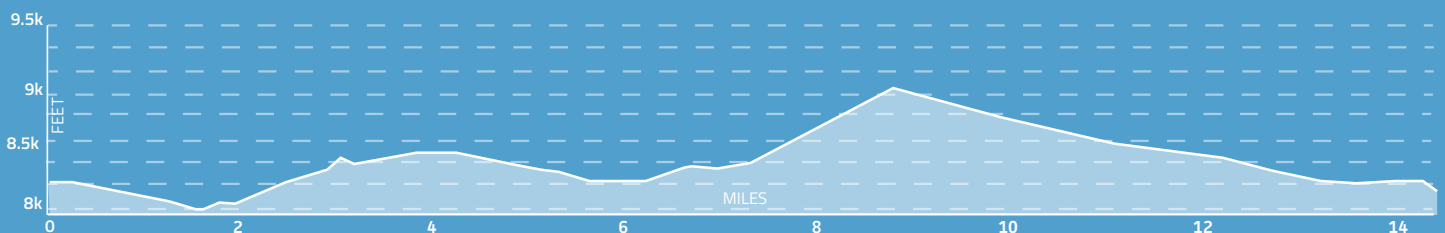
nāak AID STATION

MEDICAL STATION

WATER STATION

PATH TO FINISH

START ELEVATION: 8,114 FT | FINISHING ELEVATION: 8,091 FT | GAIN: 1,493 FT



10K COURSE

COURSE INFORMATION

Start: Friday, July 25 at 9 AM.

[CLICK HERE](#) to view the 2025 10K course route on CalTopo. You will be able to download the 10K GPX course route through the CalTopo map.

AID STATIONS

Aid stations are estimated and subject to change. They will be offered at the following locations:

MILE	LOCATION	Support
4.3	Hydration Station 1	Hydration Only

COURSE CUT-OFFS

There are no course cut-offs for the 10K distance.



FOR EVERY ADVENTURE

SUSTAINABLE HEAD & NECKWEAR
DESIGNED FOR ANY FORECAST



AID STATION GUIDE

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS	Elev. Loss to Next AS	Cumulative Elev. Gain	Cumulative Elev. Loss	Cut-Off Time	Drop Bags	Crew
50k										
Start	Plaza Deck-Start	0.0	4.3	1,466	-921	1,466	-1,966			X
HS1	Water Only 1	4.3	5.3	2,826	-523	4,292	-2,489			
AS1	Hidden Peak 1	9.6	8.8	2,319	-3502	6,611	-5,991	10:10 AM		X
HS2	Water Pipe	18.4	1.6	543	-794	7,154	-6,785			
AS2	Mineral Basin	20.0	2.7	1,976	-991	9,130	-7,776	1:45 PM		
AS3	Tunnel	22.7	2.7	1,535	-1087	10,665	-8,863	3:20 PM		
AS4	Hidden Peak 2	25.4	5.2	534	-2838	11,199	-11,701	515 PM		X
HS3	Water Only 2	30.7	1.7	29	-599	11,228	-12,300			
Finish	Plaza Deck - Finish	32.4								X
28k										
Start	Plaza Deck-Start	0.0	4.3	1,466	-921	1,466	-921			X
HS1	Water Only 1	4.3	5.3	2,826	-523	4,292	-1,44			
AS1	Hidden Peak 1	9.6	3.5	1,684	-1,684	5,976	-3,128	11:10 AM		X
AS2	Hidden Peak 2	13.1	5.2	534	-2,838	6,510	-5,966			X
HS2	Water Only 2	18.3	1.7	29	-599	6,539	-6,565			
Finish	Plaza Deck - Finish	20.0								X
10k										
Start	Plaza Deck-Start	0.0	4.3	1,466	-921	1,466	-921			X
HS1	Water Only	4.3	1.7	29	-599	1,495	-1520			
Finish	Plaza Deck - Finish	6.0								X

PLEASE NOTE: Mileage, elevation gain and elevation loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch.

2-DAY CHALLENGE

ABOUT THE CHALLENGE

Sign up for our exciting 2-Day Challenge! Run one distance on Friday and one distance on Saturday to earn both finisher medals plus custom artwork by local artist, Goodnight Pine.

QUALIFYING POINTS

- The 10K & 50K will give you a total of 2 running stones.
- The 28K & 50K will give you a total of 4 running stones.

PICK UP YOUR SWAG AT THE FINISH LINE

If you are running two days this weekend, pick up your additional swag on the second day of running at the finish line. To claim your swag, make sure you have "2-DAY" written on your Saturday race bib. If you do not, please inform us at Bib Pick-Up to add it to your bib. You must cross the finish line on both days to receive your swag item.



SNOWBIRD
UTAH

FINISH LINE

AWARDS CEREMONIES

Join us for the Awards Ceremonies! The top five overall male and female awards and first place male and female age group awards will be awarded.

If you cannot attend the Awards Ceremony, please email speedgoat@service.byutmb.world to have your award shipped to you. Please note that we are unable to ship outside of the United States. Unclaimed awards will be held for 30 days.

PHOTOGRAPHY

FinisherPix will have multiple photographers along the course to document your journey.

How to order your pix:

- Register your e-mail address at www.finisherpix.com to be notified as soon as photos are online.
- Keep your bib number visible on the FRONT of your body during the run and at the finish line so you can be easily identified.
- Smile and celebrate when you cross the finish line! Don't worry about touching your watch, the timing company will ensure an accurate record of your achievement.
- Visit www.finisherpix.com to view, order, and share your photos from the event.

DROP BAG PICK-UP

Drop bags can be dropped off at the start. They will not be transported to any location on course. If you do not retrieve your bag by the Award Ceremonies, they will be donated to a local organization. Please do not put anything of value in these bags.

VOLUNTEER

Our volunteers allow us to do what we do! Please be sure to thank the volunteers that help you along your journey. All volunteers will receive swag. If you or anyone traveling with you is interested in volunteering, please [CLICK HERE](#).

ACCOMMODATIONS & TO-DO

For information about accommodations and things to do, visit www.snowbird.com.



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UTMB® WORLD SERIES

UTMB® WORLD SERIES

UTMB® World Series Events are the best trail running events on the planet and are organized to the highest quality standards, giving runners the chance to immerse themselves in the UTMB® experience on all continents.

Each year, three of these events will be given the status of UTMB® World Series Majors, becoming continental Series finals in the Americas, in Europe, and in Asia/Oceania.

QUALIFYING

As a UTMB® World Series Event, Speedgoat Mountain Races by UTMB® 50K provides you opportunities to access the UTMB® World Series Final, the OCC, in Mont-Blanc, France, via:

- A lottery place, earned through collection of Running Stones.
- Sporting performance, with the top three finishers in Speedgoat Mountain Races by UTMB® 50K's male and female category earning a place at the OCC.

[CLICK HERE](#) for more information regarding the UTMB® Performance Index.

After the race, the selected runners will receive an email to register for the UTMB World Series Finals. Please be sure to create your My UTMB account prior to race day by clicking [HERE](#).

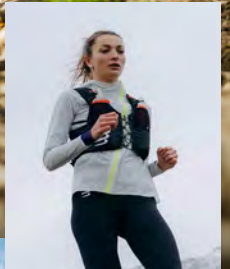
QUALIFYING POINTS

50k – 2 Stones

28k – 2 Stones

GENERAL RULES

1. Snowbird is a pristine mountain environment. Littering is NOT allowed outside 100' of aid stations. If you choose to throw a wrapper down outside these parameters, we may disqualify you.
2. NO STEPPING on vegetation off the trail. Once again, it's pristine, let's keep it that way.
3. Restrooms are provided on Hidden Peak. Use them please.
4. There are NO DOGS allowed in Little Cottonwood Canyon... anywhere! You MAY NOT leave your dog in a car either. There is a \$750 fine if you do so, and it will jeopardize the future of the Speedgoat Mountain Races by UTMB®. Leave your dog at home.
5. No aid between aid stations.
6. No special Drop Bag service from crew.
7. Headphones ARE permitted, so crank it up, but please be aware of surroundings when overtaking another runner, if you are overtaken, or at an aid station.
8. Any runner seen cutting a switchback will be disqualified.
9. Any foreign runner who earns cash, will be subject to tax initially when paid on race day.
10. You are only allowed to drop from the race in designated areas and you MUST let a race official know if you choose to drop. The designated areas include all aid stations along the course, with the exclusion of the Water Pipe Aid Station on the 50K course. For the safety of runners, staff and volunteers, runners will NOT be permitted to drop from the race at this aid station due to the remote nature of the location.
11. Do NOT enter the creek after the race - this is for your safety and to protect the natural environment.
12. No overnight parking/camping on Snowbird property in any of the resort's parking lots. You will be asked to leave and possibly disqualified



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