



Spectator Guide

September 26 - 28, 2025



UTMB®
WORLD SERIES

OFFICIAL UTMB® WORLD SERIES PARTNERS

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SUUNTO

QUICK LOOK

RACE START

- 100K: Saturday, September 27, at 5 AM
- 50K: Saturday, September 27, at 6:30 AM
- 25K: Sunday, September 28, at 8 AM
- 10K: Sunday, September 28, at 9 AM

LOCATIONS

BASECAMP (EXPO)

Whistler Creekside Village

2055 Lake Placid Rd, Whistler, BC V8E 0B6, Canada

BASECAMP (EXPO) HOURS

| | |
|------------------------|-----------------|
| Friday, September 26 | 11 AM to 7 PM |
| Saturday, September 27 | 10 AM to 5 PM |
| Sunday, September 28 | 6:30 AM to 1 PM |

Volunteer With Us!

Be a part of the Whistler race family and support your friends and family out on the course. Once you volunteer you will be automatically entered into our Volunteer Incentive Program where your hours served can be redeemed for discounted or complimentary entries into one of UTMB's North American events. Get involved, give back, and run with us! If you have any questions, please reach out to grindstone-volunteers@team.utmb.world. Link vol page - <https://whistler.utmb.world/become-a-volunteer>



GET IN ON THE ACTION

Saturday, September 27, 2025

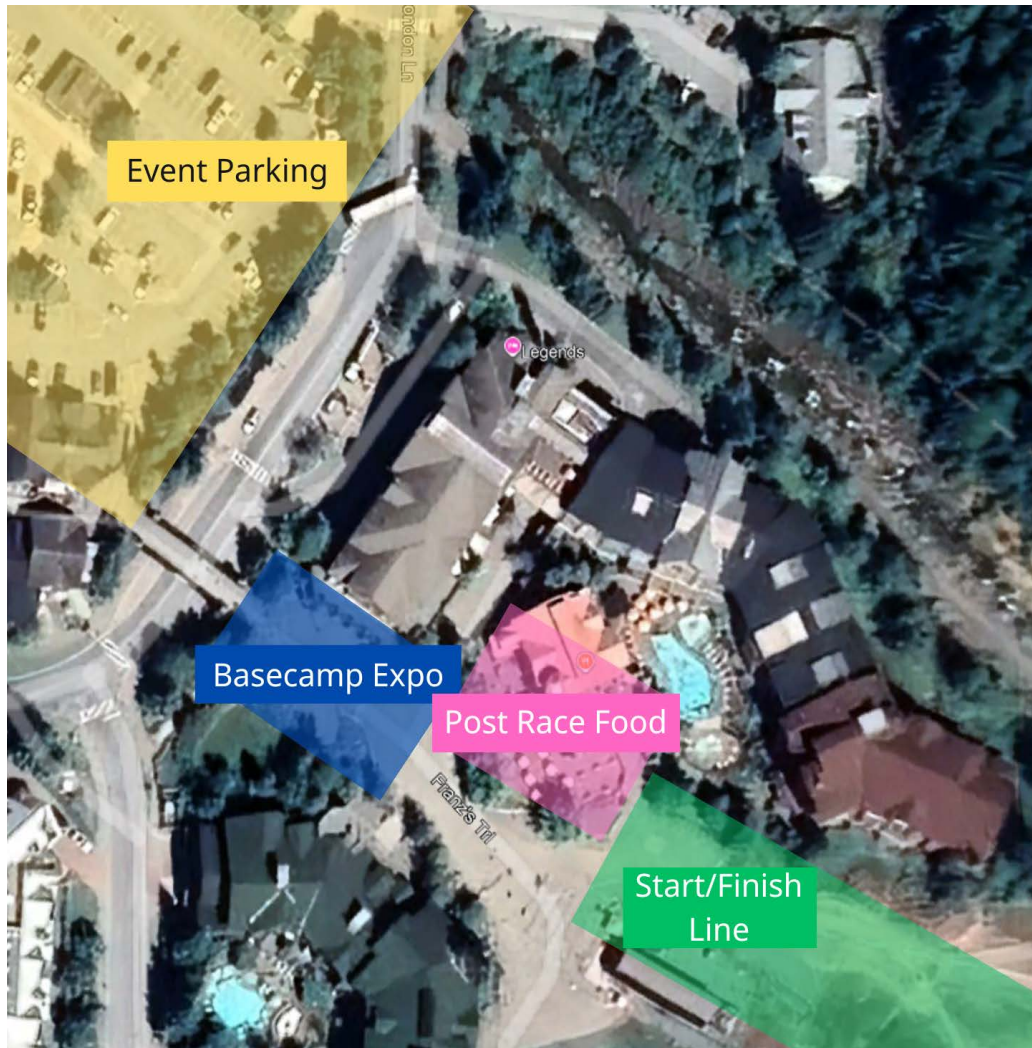
| TIME | ACTIVITY | LOCATION |
|--------------------|--|-------------------------------|
| 4:45 AM | First Nations Welcome | Creekside Gondola Start Line |
| 6:15 AM | First Nations Welcome | Creekside Gondola Start Line |
| 10:30 AM - 5:30 PM | lululemon Cheer Station | Whistler Creekside Village |
| 10:30 AM - 5:30 PM | Grab a seat at a Whistler patio and Cheer on Runners | |
| 2:00 PM - 8:00 PM | Grab an afternoon coffee and Cheer on Runners | Forecast in Function Junction |

Sunday, September 28, 2025

| TIME | ACTIVITY | LOCATION |
|--------------------|---|-------------------------------|
| 5:00 AM | Welcome our final 100K Finishers | Creekside Gondola Finish Line |
| 7:45AM | First Nations Welcome | Creekside Gondola Start Line |
| 8:45 AM | First Nations Welcome | Creekside Gondola Start Line |
| 10:00 AM - 1:00 PM | Welcome our big rush of Sunday Finishers! | Creekside Gondola Finish Line |



PARKING



SPECTATOR SAFETY

BEAR & COUGAR SAFETY

British Columbia and Whistler share their home with bears and cougars.

In the rare occasion you may encounter a bear, it's best you are equipped with the knowledge of what to do. Please visit our friends over at Tourism Whistler, and read the educating blog *Be Bear Aware* in Whistler by Dee Raffo. [CLICK HERE](#) to read.

Reports of cougar conflicts or aggressive cougar behaviour can be made to the RAPP line at 1-877-952-7277. For safety tips and resources, visit WildSafeBC.com

ACTIVE BIKE TRAILS

Please be aware that the mountain bike trails will still be active and in use. For everyone's safety, hiking and trail running are not permitted on these trails at any time.



AID STATION GUIDE

10K AID STATIONS

| Label | Location | AS Km | Km to Next AS | Elev. Gain to Next AS (m) | Elev. Loss to Next AS (m) | Cumulative Elev. Gain (m) | Cumulative Elev. Loss (m) | Cut-Off Time | Drop Bags | Crew |
|--------|-------------------------------|-------|---------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------|-----------|------|
| Start | Creekside Plaza - Start | 0.0 | 5.9 | 700 | -58 | 700 | -58 | | X | X |
| HS1 | Pony Club (Hydration Station) | 5.9 | 4.3 | 8 | -650 | 709 | -709 | | | |
| Finish | Creekside Plaza - Finish | 10.2 | | | | | | 3 PM | X | X |

25K AID STATIONS

| Label | Location | AS Km | Km to Next AS | Elev. Gain to Next AS (m) | Elev. Loss to Next AS (m) | Cumulative Elev. Gain (m) | Cumulative Elev. Loss (m) | Cut-Off Time | Drop Bags | Crew |
|--------|---------------------------------------|-------|---------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------|-----------|------|
| Start | Creekside Plaza - Start | 0.0 | 3.1 | 339 | -7 | 339 | -7 | | X | X |
| HS1 | Middle of Nowhere (Hydration Station) | 3.1 | 8.4 | 1,197 | -18 | 1,536 | -25 | | | |
| AS1 | Whistler Summit | 11.5 | 4.2 | 120 | -456 | 1,656 | -480 | | | |
| AS2 | Roundhouse | 15.7 | 4.6 | 10 | -542 | 1,666 | -1,022 | | | |
| HS2 | Pony Club (Hydration Station) | 20.3 | 4.3 | 8 | -650 | 1,674 | -1,673 | | | |
| Finish | Creekside Plaza - Finish | 24.6 | | | | | | 4 PM | X | X |

50K AID STATIONS

| Label | Location | AS Km | Km to Next AS | Elev. Gain to Next AS (m) | Elev. Loss to Next AS (m) | Cumulative Elev. Gain (m) | Cumulative Elev. Loss (m) | Cut-Off Time | Drop Bags | Crew |
|--------|-------------------------------|-------|---------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------|-----------|------|
| Start | Creekside Plaza - Start | 0.0 | 3.1 | 339 | -7 | 339 | -7 | | X | X |
| AS1 | Middle of Nowhere - 1 | 3.1 | 6.9 | 305 | -305 | 644 | -312 | | | |
| AS2 | Middle of Nowhere - 2 | 10.0 | 8.4 | 1,197 | -18 | 1,841 | -330 | | | |
| AS3 | Whistler Summit | 18.4 | 9.8 | 369 | -706 | 2,375 | -1,036 | 11:20 AM | | |
| AS4 | Roundhouse - 1 | 28.3 | 3.6 | 165 | -165 | 2,375 | -1,201 | | | |
| AS5 | Roundhouse - 2 | 31.8 | 4.7 | 10 | -542 | 2,385 | -1,742 | 2:30 PM | | |
| HS1 | Pony Club (Hydration Station) | 36.5 | 10.5 | 550 | -861 | 2,935 | -2,603 | | | |
| AS6 | Middle of Nowhere - 3 | 47.0 | 3.1 | 7 | -339 | 2,942 | -2,942 | | | |
| Finish | Creekside Plaza - Finish | 50.1 | | | | | | 7:30 PM | X | X |

AID STATION GUIDE

| 100K AID STATIONS | | | | | | | | | | |
|-------------------|------------------------------------|-------|---------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------|-----------|------|
| Label | Location | AS Km | Km to Next AS | Elev. Gain to Next AS (m) | Elev. Loss to Next AS (m) | Cumulative Elev. Gain (m) | Cumulative Elev. Loss (m) | Cut-Off Time | Drop Bags | Crew |
| Start | Creekside Plaza - Start | 0.0 | 3.1 | 339 | -7 | 339 | -7 | | X | X |
| AS1 | Middle of Nowhere - 1 | 3.1 | 8.4 | 1,197 | -18 | 1,536 | -25 | | | |
| AS2 | Whistler Summit | 11.5 | 9.8 | 369 | -706 | 1,905 | -731 | | | |
| AS3 | Roundhouse - 1 | 21.4 | 3.6 | 165 | -165 | 2,070 | -895 | | | |
| AS4 | Roundhouse - 2 | 24.9 | 4.7 | 10 | -542 | 2,080 | -1,437 | 11:30 AM | | |
| HS1 | Pony Club (Hydration Station) | 29.6 | 6.1 | 104 | -630 | 2,183 | -2,067 | | | |
| AS5 | Big Burn - 1 | 35.7 | 1.8 | 421 | 0 | 2,604 | -2,067 | 1:15 PM | X | X |
| HS2 | Midstation - 1 (Hydration Station) | 37.5 | 3.0 | 676 | 0 | 3,280 | -2,067 | | | |
| AS6 | Rendezvous | 40.5 | 6.8 | 31 | -707 | 3,311 | -2,774 | 2:45 PM | | |
| HS3 | Midstation - 2 (Hydration Station) | 47.3 | 4.3 | 16 | -436 | 3,327 | -3,211 | | | |
| AS7 | Big Burn - 2 | 51.6 | 3.7 | 9 | -140 | 3,336 | -3,351 | 4:35 PM | X | X |
| HS4 | Mel's Dilemma (Hydration Station) | 55.4 | 9.9 | 579 | -434 | 3,916 | -3,785 | | | |
| AS8 | Pump Up | 65.3 | 8.7 | 380 | -561 | 4,295 | -4,346 | 8 PM | | |
| AS9 | Weather Check | 74.0 | 4.5 | 94 | -76 | 4,390 | -4,422 | 10:20 PM | X | X |
| HS5 | Near Miss (Hydration Station) | 78.5 | 2.3 | 131 | -22 | 4,520 | -4,444 | | | |
| AS10 | Sea to Sky | 80.7 | 8.4 | 466 | -398 | 4,986 | -4,842 | 11:30 PM | | |
| AS11 | Garibaldi | 89.1 | 8.4 | 403 | -215 | 5,389 | -5,057 | 1:50 AM | | |
| AS12 | Middle of Nowhere - 2 | 97.6 | 3.1 | 7 | -339 | 5,395 | -5,396 | | | |
| Finish | Creekside Plaza - Finish | 100.6 | | | | | | 5 AM (Sunday) | X | X |

Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch.

RUNNER TRACKING

Looking for your Runner? See below for helpful tips.

Download the LiveTrail app by scanning one of the QR codes below



Not all Aid Stations will have tracking, so don't panic if you don't see a time for your runner at the following locations:

- **Pony Club**
- **Mid Station**
- **Mel's Dilemma**
- **Near Miss**

Due to the nature of the course and terrain, there is extremely limited cellular & satellite connection which the runner tracking system uses. Some Aid Stations may report runner times more frequently, while others may have a significant delay. You can expect a delay at the following Aid Stations:

- **Middle of Nowhere**
- **Pump Up**
- **Sea to Sky**
- **Garibaldi**

Q: My runner should have checked in by now. Where are they?

A: No need to worry! There are plenty of reasons they may not show as checked in:

- **There is no tracking at that location**
- **There is limited connection & tracking is delayed**
- **The course terrain varies, and some sections are more difficult than others, so they could just be behind schedule**

*Anticipate up to a 2 hour delay in your runner tracking for any of these reasons

Q: Who can I talk to about problems with tracking my runner?

A: The Announcing Team at The Finish Line, our Registration Team and our Information Booth volunteers DO NOT have any further information on where a runner may be outside what the LiveTrail app displays.

We have an experienced Runner Tracking Team working tirelessly, making sure all runners are on course, safe and accounted for. They use the same LiveTrail software to track the runners. If you are using the app, you'll know where your runner is when they do

Our Runner Tracking Team has procedures in place, in the rare case that a runner is off course. These are tested methods to quickly locate runners and make sure they are accounted for.

Thank you for your patience!

Please know the safety of your runner is our number one priority.

THINGS TO DO



ALYSSA REYES - RACE DIRECTOR

- [Purebread](#) Bakery & Coffee
- [Hunter Gather](#) A casual spot to kick back with friends, dig into delicious local eats, and enjoy awesome craft beer and wine - all in a chill counter - service tap house.
- Lost Lake Trail is a scenic, family-friendly hiking trail. Surrounded by lush forest and leading to a beautiful lake, it's a peaceful escape.
- Grab a seat at one of Whistler's many patios along the course and cheer loud as the 100K runners power through- with great food, cold drinks, and front-row views!

GABBI GUERRA - VOLUNTEER DIRECTOR

- [Mount Currie Coffee Co.](#) Voted the best coffee in town for multiple years - and the unbeatable breakfast sandwiches are just as loved. Come taste why locals keep coming back!
- [Backcountry Brewing](#) Amazing Taproom & kitchen!
- Black Tusk Hiking Trail is a challenging but unforgettable. Offers panoramic views, alpine meadows, and the chance to summit one of Whistler's most iconic volcanic spires.
- [The Great Glass Elevator Candy shop](#) A fun place for the whole family to enjoy a sweet treat.

