

07 • 09
NOVEMBER
2025



TERRA DELLE GRAVINE

BY UTMB®



CVT

10Km

+50

20K/M

GRT

35Km

+350

50K/M

CUT

50Km

+1000

100K/M

MLT

85Km

+2000

100M/M

SDM

144Km

+3800



RUNNER'S GUIDE

UTMB®
WORLD SERIES

HOKA FLY HUMAN FLY

Dacia

näak

SUUNTO #WeAreINPUGLIA®

puglia.utmb.world



INDEX

INTRO
P.3

UTMB WORLD SERIES
P.4

THE PROGRAM
P.8

HOW TO GET THERE
P.12

RACE RULES
P.13

SAFETY
P.18

EQUAL RIGHTS
P.19

TERRITORY
P.20

SDM 100M
P.22

MLT 100K
P.24

CUT 50K
P.26

GRT 20K
P.28

CVT 10K
P.30

UTMB LIVE
P.35



BY **UTMB®**

WELCOME

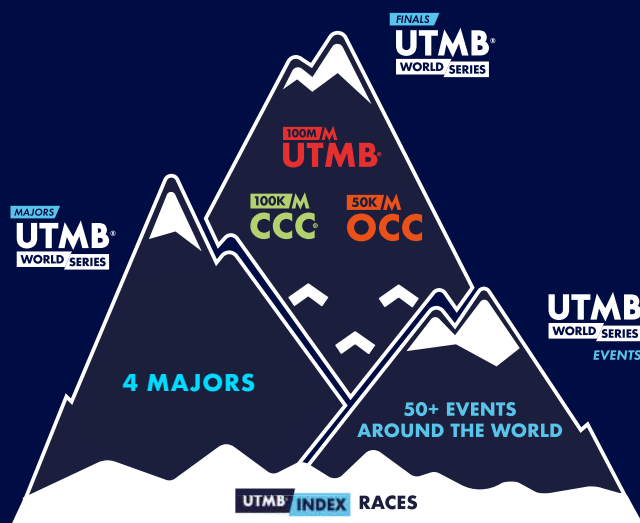
Combining history and wild nature, this Trail by UTMB takes you from Matera to Castellaneta Marina, crossing the spectacular Gravine Natural Park. Steep trails, breathtaking canyons, and extraordinary views characterize this challenging route. After an adventure through cliffs and Mediterranean forests, arriving on the golden beaches of the Ionian Sea is an unforgettable reward. Are you ready to take on the challenge and enjoy a unique experience in Puglia?

UTMB®
WORLD SERIES

MEET YOUR EXTRAORDINARY

Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations.

The UTMB® World Series gives all trail runners the chance to experience UTMB® adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB® World Series Finals at the pinnacle HOKA UTMB® Mont-Blanc.



FINALS

The mythic **HOKA UTMB Mont-Blanc** is the world's most well-known and revered trail running event on the planet.

In the heart of the Alps, the prestigious **UTMB World Series Finals** are held in 3 categories: the **OCC (50K)**, **CCC® (100K)** and **UTMB® (100M)** every year at the end of August in Chamonix, France.



MAJORS

Four **UTMB World Series Majors**, are held each year across the Americas, Europe, Asia-Pacific and Oceania regions.

Collect double the amount of Running Stones compared to other UTMB World Series Events for the UTMB World Series Finals lottery. In total, 210 runners are also granted automatic qualification for the UTMB World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.

EVENTS

Get the UTMB experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB World Series Events, gives all trail runners the chance to experience the UTMB adventure while showcasing the unique aspects that each race destination offers at over 50 Events around the world.

BEGIN YOUR QUEST TO HOKA UTMB MONT-BLANC AND THE UTMB WORLD SERIES FINALS.



RUNNING STONES: BOOST YOUR CHANCES FOR THE UTMB WORLD SERIES FINALS

Earn Running Stones by completing races in the 20K, 50K, 100K, or 100M categories at any UTMB World Series Event or Major.

- ✓ Running Stones are cumulative and never expire, so you can collect as many as you like over time.
- ✓ You'll need just 1 Running Stone from the past two years to qualify for the Finals lottery.
- ✓ Each Running Stone gives you an extra chance to be selected in the lottery.

Start your journey, gather your Running Stones, and unlock the path to the UTMB World Series Finals!



YOUR TRAIL RUNNING PASSPORT

The **UTMB Index** measures a runner's performance across four race categories: **20K, 50K, 100K, and 100M**, as well as an overall score.

IT'S ESSENTIAL FOR:

- ✓ **Entering the UTMB World Series Finals lottery**
(with at least 1 Running Stone).
- ✓ **Defining your start wave** to ensure the best race experience.
- ✓ **Exclusive Race Access:**
You benefit from a 48-hour priority registration to UTMB World Series Events. And for some **100K and 100M events** require a valid UTMB Index for safety or lottery pre-registration.

HOW IT WORKS:

- ✓ Your UTMB Index is based on your **top 5 race results** (weighted for recency and performance) over the last **36 months**. At least **1 valid race result** in the past **24 months** is required for a valid UTMB Index.
- ✓ With over **6,000 races worldwide** they are plenty of opportunities to boost your UTMB Index.

Ready to level up your trail running?
Validate or improve your UTMB Index today!

CHECK IT OUT AT [UTMB.WORLD](https://utmb.world)



CREATE YOUR MY UTMB® ACCOUNT

Manage everything in one place:

- Track your Running Stones and UTMB® Index.
- View your race results and performance stats.
- Check upcoming race registrations.
- Share your achievements with friends.

START YOUR JOURNEY AT [UTMB.WORLD](https://utmb.world)

UTMB®

WORLD SERIES

FINALS

HOKA UTMB® MONT-BLANC

AUGUST 25-31 | CHAMONIX MONT-BLANC,
COURMAYEUR, ORSIÈRES
FRANCE, ITALY, SWITZERLAND

100M **M** UTMB®

100K **M** CCC®

50K **M** OCC

EVENTS

NEW

EUROPE

ARC OF ATTRITION BY UTMB®

JANUARY 24-26 | UNITED KINGDOM

OCEANIA

TARAWERA ULTRA-TRAIL BY UTMB®

FEBRUARY 15-16 | NEW ZEALAND

NEW

ASIA

ULTRA-TRAIL® XIAMEN BY UTMB®

MARCH 01-02 | CHINA

AMERICAS

VALHÖLL FIN DEL MUNDO BY UTMB®

MARCH 18-22 | ARGENTINA

EUROPE

CHIANTI ULTRA TRAIL BY UTMB®

MARCH 20-23 | ITALY

EUROPE

TENERIFE BLUETRAIL BY UTMB®

MARCH 27-29 | SPAIN

EUROPE

ISTRIA 100™ BY UTMB®

APRIL 10-13 | CROATIA

ASIA

ULTRA TRAIL MOUNT YUN BY UTMB®

APRIL 11-20 | CHINA

AMERICAS

DESERT RATS TRAIL RUNNING FESTIVAL™ BY UTMB®

APRIL 11-13 | USA

AMERICAS

THE CANYONS ENDURANCE RUNS™ BY UTMB®

APRIL 25-26 | USA

MAJORS

OCEANIA MAJOR

HOKA ULTRA-TRAIL AUSTRALIA™ BY UTMB®

MAY 15-18 | KATOOMBA, AUSTRALIA

EUROPE MAJOR

HOKA VAL D'ARAN BY UTMB®

JULY 02-06 | VIELHA, SPAIN

AMERICAS MAJOR

HOKA KODIAK ULTRA MARATHONS™ BY UTMB®

OCTOBER 10-11 | BIG BEAR LAKE, USA

ASIA-PACIFIC MAJOR

HOKA CHIANG MAI THAILAND BY UTMB®

DECEMBER 4-7 | CHIANG MAI, THAILAND



NEW

EUROPE

GRAND RAID VENTOUX BY UTMB®

APRIL 25-27 | FRANCE

ASIA

AMAZEAN JUNGLE THAILAND BY UTMB®

MAY 01-04 | THAILAND

EUROPE

TRAIL ALSACE GRAND EST BY UTMB®

MAY 15-18 | FRANCE

EUROPE

ULTRA-TRAIL SNOWDONIA BY UTMB®

MAY 16-18 | UNITED KINGDOM

NEW

ASIA

ULTRA-TRAIL GREAT WALL BY UTMB®

MAY 16-18 | CHINA

AFRICA

MOUNTAIN ULTRA TRAIL™ BY UTMB®

MAY 22-25 | SOUTH AFRICA

EUROPE

MOZART 100™ BY UTMB®

JUNE 7 | AUSTRIA

EUROPE

TRAIL DU SAINT-JACQUES BY UTMB®

JUNE 13-15 | FRANCE

EUROPE

TRAIL 100 ANDORRA™ BY UTMB®

JUNE 13-15 | ANDORRA

NEW

AMERICAS

TORRENCIAL CHILE BY UTMB®

JUNE 19-21 | CHILE

NEW

ASIA

KAGA SPA TRAIL ENDURANCE 100 BY UTMB®

JUNE 19-22 | JAPAN

EUROPE

LA SPORTIVA® LAVAREDO ULTRA TRAIL® BY UTMB®

JUNE 25-29 | ITALY

AMERICAS

WESTERN STATES® 100-MILE ENDURANCE RUN

JUNE 28-29 | USA

EUROPE

RESTONICA TRAIL BY UTMB®

JULY 03-05 | FRANCE

EUROPE

TRAIL VERBIER ST-BERNARD BY UTMB®

JULY 11-13 | SWITZERLAND

EUROPE

EIGER ULTRA TRAIL™ BY UTMB®

JULY 16-20 | SWITZERLAND

NEW

EUROPE

MONTE ROSA WALSERWAG BY UTMB®

JULY 18-20 | ITALY

AMERICAS

SPEEDGOAT™ MOUNTAIN RACES BY UTMB®

JULY 25-26 | USA

AMERICAS

QUITO TRAIL BY UTMB®

AUGUST 02-03 | ECUADOR

EUROPE

KAT100™ BY UTMB®

AUGUST 07-09 | AUSTRIA

VISIT [UTMB.WORLD](https://www.utmb.world)



2025 CALENDAR*

AMERICAS

PARATY BRAZIL BY UTMB®

SEPTEMBER 18-21 | BRAZIL

EUROPE

WILDSTRUBEL BY UTMB®

SEPTEMBER 19-21 | SWITZERLAND

AMERICAS

GRINDSTONE TRAIL RUNNING FESTIVAL™ BY UTMB®

SEPTEMBER 19-21 | USA

EUROPE

JULIAN ALPS TRAIL RUN BY UTMB®

SEPTEMBER 19-21 | SLOVENIA

EUROPE

NICE CÔTE D'AZUR BY UTMB®

SEPTEMBER 25-28 | FRANCE

NEW EUROPE

KAÇKAR BY UTMB®

SEPTEMBER 26-28 | TÜRKIYE

AMERICAS

ULTRA TRAIL WHISTLER™ BY UTMB®

SEPTEMBER 27-28 | CANADA

ASIA

MALAYSIA ULTRA-TRAIL BY UTMB®

SEPTEMBER 27-28 | MALAYSIA

NEW AMERICAS

CHIHUAHUA BY UTMB®

OCTOBER 02-04 | MEXICO

ASIA

TRANSJEJU BY UTMB®

OCTOBER 2025 | SOUTH KOREA

ASIA

ULTRA-TRAIL® NINGHAI BY UTMB®

OCTOBER 2025 | CHINA

EUROPE

MALLORCA BY UTMB®

NOVEMBER 2025 | SPAIN

EUROPE

KULLAMANNEN BY UTMB®

OCT 31 - NOV 1 | SWEDEN

ASIA

TRANSLANTAU™ BY UTMB®

NOVEMBER 2025 | HONG KONG, CHINA

OCEANIA

ULTRA-TRAIL KOSCIUSZKO™ BY UTMB®

NOVEMBER 2025 | AUSTRALIA

*NOVEMBER 2024

EUROPE ASIA AMERICAS OCEANIA AFRICA

FRIDAY 7

Hours	Place		Event
09:00 AM - 08:00 PM	Village Castellaneta Marina		Ultra Trail Village opening
09:00 AM - 08:00 PM	Village Castellaneta Marina		Bib Collection SDM140, MLT85, GRT35
08:00 PM - 09:00 PM	Matera, Via XX Settembre		Bag storage SMD140
10:00 PM	Matera, Piazza Vittorio veneto		Start SDM140

SATURDAY 8

Hours	Place		Event
07:00 AM - 07:30 AM	Laterza, Fontana dei Mascheroni		Bag storage MLT85
07:00 AM - 07:30 AM	Ginosa, Piazza IV Novembre BUS STOP Piazza Nusco		Bag storage GRT35
08:00 AM	Laterza, Via Chiesa San lorenzo accesso atleti da Via Concerie (BUS STOP Fontana dei Mascheroni)		Start MLT85
08:30 AM	Ginosa, Piazza IV Novembre		Start GRT35
10:00 AM - 07:00 PM	Castellaneta Marina, Lungomare Eroi del Mare		Ultra Trail Village opening
10:00 AM - 07:00 PM	Castellaneta Marina, Lungomare Eroi del Mare		Bib Collection CUT50, CVT10
06:00 PM	Castellaneta Marina, Lungomare Eroi del Mare		Awards SDM140, MLT85, GRT35

SUNDAY 9

Hours	Place		Event
06:00 AM - 06:30 AM	Castellaneta, Via delle Spinelle (BUS STOP Via Taranto - Via dell'Assunta)		Bag storage CUT50
07:00 AM	Castellaneta, Piazza Umberto		Start CUT50
07:00 AM - 08:00 AM	Castellaneta Marina, Lungomare Eroi del Mare		Bib Collection CVT10
08:00 AM - 05:00 PM	Castellaneta Marina, Lungomare Eroi del Mare		Ultra Trail Village opening
09:00 AM	Castellaneta, Lungomare Eroi del Mare		Start CVT10
02:00 PM	Castellaneta Marina, Lungomare Eroi del Mare		Awards CUT50, CVT10



MAINTAIN

FOR
THE
LONG
RUN

HOKA

DACIA

SEE YOU AT SUNRISE.

DACIA, PREMIER PARTNER OF
THE UTMB® WORLD SERIES



Dacia Jogger range: CO2 emissions min/max (g/km) (WLTP procedure): 109/132. Combined consumption min/max (l/100 mpg) (WLTP procedure): 47.9/58.9

[DACIA.CO.UK](https://www.dacia.co.uk)

FROM NOVEMBER 7 TO 9, 2025

NIRVANA - TRAVEL AND HOSPITALITY PARTNER

The UTMB® World Series is pleased to partner with Nirvana, Official Travel and Hospitality Partner, providing runners with a range of travel options designed to make their stay easier.

With over 25 years of experience in travel and hospitality, Nirvana offers you the opportunity to fully enjoy your UTMB World Series experience, allowing you to focus fully on the race.

With over 10,000 satisfied customers in over 116 countries, Nirvana can take care of the logistics for you, leaving you time to focus on your race.

"The hotel was in a perfect location, just steps from the event site. I couldn't have asked for anything better! Nirvana Europe was exceptional. I thank you and will always be grateful for this amazing experience." - Eamonn Noonan
For more information or to speak to a team member, contact Nirvana at contactus@nirvanasportstravel.com or 0044 191 257 1750.

HOUSING SOLUTIONS

We are supported by I Viaggi di Salomone, a local incoming travel agency that will help you find the accommodation that best suits your needs. The agency is located in Castellaneta Marina, the heart of the race, where the Ultra Trail Village and the finish line are located. Castellaneta Marina and its surrounding area also offer a wide selection of accommodations, including resorts, hotels, and charming farmhouses, all within easy reach of the village.

CAMPER

Ginosa – Paid parking area:

Pitch: €10

Toilets and showers (for 2 people): €5

Electricity: €5 per day

Castellaneta Marina – Free parking area

Laterza – Free parking area



THROUGH LAND, SEA AND OLIVE TREES

Between history and wild nature, Puglia by UTMB takes you from Matera to Castellaneta Marina, crossing the evocative Gravine Natural Park. Steep trails, breathtaking canyons, and spectacular views characterize this challenging route. After an adventure among cliffs and Mediterranean forests, reaching the golden beaches of the Ionian Sea is an unforgettable reward.

Ready to challenge yourself and live an unforgettable experience in Puglia?

BY CAR

From Bari:
Distance: 80km
Estimated travel time: 1 hour 30 minutes
Route: Take the A14 motorway south towards Taranto. Exit at Castellaneta Marina. Follow the signs for the seaside area.

From Taranto:
Distance: 33km
Estimated travel time: 30 minutes
Route: Proceed north on the SS7 towards Castellaneta. Follow the signs for Castellaneta Marina.

BY BUS

Two bus lines take you to Castellaneta Marina.

- From Laterza, Ginosa, Ginosa Marina, Taranto
- From Castellaneta, Ginosa Marina

BY PLANE

The closest airports to Castellaneta Marina are:

- Bari Karol Wojtyła Airport (BRI)
Distance: 70km
Travel time by car: 1 hour
- Brindisi Airport (BDS)
Distance: 100km
Travel time by car: 1 hour and 30 minutes



PARTICIPATION REQUIREMENTS

To participate in a UTMB World Series event, you must:

Be fully aware of the duration and specificity of the race and be adequately trained.

Before the race, have acquired a real capacity for personal autonomy in the mountains that allows you to manage any problems inherent to this type of race, and in particular:

- Be able to face, alone, without external assistance, weather conditions that can be very difficult due to the altitude (night, wind, cold, fog, rain, or snow).
- Be able to independently manage physical or mental complications caused by profound fatigue, gastrointestinal disorders, muscle or joint pain, minor injuries, etc.
- Be fully aware that the organization's role is not to help runners manage their problems.
- Be fully aware that safety in a mountain activity depends first and foremost on the runner's ability to adapt to any encountered or foreseeable problems.
- Inform and educate your companions about respecting the places, people, and rules of the race.

SEMI-SELF-SUFFICIENCY

It is essential to respect the principle of semi-self-sufficiency in an individual race. Semi-self-sufficiency is the ability to be independent between two aid stations, both in terms of food, materials, and safety, and to be able to adapt in the event of unforeseen or foreseeable problems (bad weather, physical ailments, accidents, etc.). This principle entails the following rules:

1. The competitor must have all mandatory equipment with them for the entire duration of the race (see EQUIPMENT section). This equipment must be carried in a backpack, which must be the same for the entire race. Race officials may inspect the backpack and its contents at any time. The competitor must submit to such checks courteously, under penalty of expulsion from the race.

2. Refreshment stations provide drinks and food for on-site consumption. Organizers will only provide still water or energy drinks to refill your water bottles or bags. When leaving a refreshment station, runners must ensure they have the necessary amount of food and drink to reach the next refreshment station.

3. For the 100M, 100K, and 50K races, personal assistance is tolerated only at certain refreshment stations (*), in the designated area, and at the discretion of the refreshment station manager. Assistance may be provided by a single person, without any special equipment other than a bag with a maximum capacity of 30 liters.

Medical assistance provided by a member of the runner's team is strictly prohibited. Only minor treatments, such as a massage or treatment of a blister, are permitted, provided the runner remains seated in a chair and is not lying down. The rest of the refreshment station is strictly reserved for runners.

4. It is prohibited to accompany or be accompanied along any section of the race route by a person not registered for the race, except in the clearly marked spectator areas near the assistance points. Any participant who agrees to be accompanied outside of the designated areas violates the principle of semi-autonomy. Race officials or staff members who witness such a violation are authorized to penalize the participant to ensure compliance with the rules. Runners are not permitted to participate with a dog or any other animal, including service animals.

The list of locations where assistance is tolerated is available on the event website.

PERSONAL BAGS

When picking up their race bib, each participant will receive at least one 30-liter bag. After filling the bag with the desired items and closing it, runners can deposit them in the designated area.

For logistical reasons, UTMB World Series events will only accept the UTMB World Series bags distributed during race bib distribution. These bags are reusable, so we ask runners who have already received one of these bags to reuse it each time they participate in a UTMB World Series event.

Bag collection upon arrival: Bags will be returned to the runner or a family member or friend only upon presentation of the race bib. Bags must be collected no later than 2 hours after the end of the race. The organizers will ensure the return of bags in the finish area, provided that abandonment has been registered. The return time depends on logistical constraints, and the organizers cannot guarantee the return of bags before the end of the race. Only bags provided by the organizers will be accepted. Poles cannot be transported in these bags. No complaints regarding the contents of the bags will be accepted, as they are not checked, and therefore the organizers are not responsible. It is recommended not to leave valuables in the bags. We recommend keeping toiletries and spare clothes in your accommodations.

The location of the bags is specified on the event website.

EQUIPMENT

For safety reasons, each participant must have all the equipment listed in the mandatory equipment list (see below) and must carry it with them for the entire duration of the race, even if not used.

During the race, organized and/or random checks of equipment will be conducted. Runners who do not have all the mandatory equipment will be penalized, up to and including disqualification (see PENALTIES).

Note: The mandatory equipment list includes the basic items that every runner must have. It is important not to choose the lightest clothing possible. Instead, runners should bring clothing that offers adequate protection in the mountains and along the route from adverse weather conditions (cold, wind, heavy rain, and snow), thus ensuring greater safety and better performance.

The list of mandatory equipment is available on the event website.

All clothing must be the competitor's size and unaltered after leaving the factory. Mandatory equipment must be carried in a backpack that cannot be changed during the race.

To reduce plastic waste, no disposable utensils (cutlery, cups, bowls) will be distributed at any checkpoint or refreshment point. We encourage you to bring your own tableware (BYOU) if you wish to consume hot meals at refreshment points.

If you choose to use poles, you must have them with you for the entire duration of the race. It is forbidden to start without poles and collect them along the course. It is not permitted to place poles

in the bag with your personal belongings. The use of poles is prohibited in certain areas marked with special signs along the course for safety or environmental reasons.

If you have any questions about mandatory equipment, please do not hesitate to contact the organization.

Music: Listening to music through headphones is permitted, as long as it is safe to do so. However, headphones **MUST** be removed when crossing the road, as well as when approaching checkpoints and security personnel.

BIB

Each bib will be handed out to each competitor upon presentation of a photo ID and the personal backpack that will be used during the race.

The bib must be worn on the front of the body (chest or stomach) and must be visible at all times throughout the race. It must therefore always be worn over clothing and **CANNOT** be attached to the backpack or leg. Sponsor names and logos must not be altered or hidden. The bib is required to access the organization's shuttles, refreshment points, medical stations, restrooms, showers, bag drop-off/pick-up areas, etc. The bib must never be collected unless the competitor refuses to obey the race director's decision; in the event of an abandonment, it will be deactivated.



NEW

SUUNTO X UTMB WORLD SERIES

Limited Edition

Adventure
starts
here


SUUNTO



ULTRA ENERGY™ DRINK MIX
Go longer, go farther.



SHOKZ

Open-Ear Bone Conduction Headphones

 Situational Awareness

 Open-Ear Comfort

 IP68 Water Resistant

 Up to 10 Hours batterie life



FOR EVERY MILESTONE

SUSTAINABLE HEAD & NECKWEAR
DESIGNED FOR EVERY ADVENTURE



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BARCELONA
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SAFETY

There are several aid stations along the route. These stations are connected by radio or telephone to the race headquarters (race PC). A medical team will be present at the race PC or on the course for the entire duration of the event.

Aid stations are intended to provide assistance to anyone requiring medical care. It is the responsibility of any runner in difficulty or injured to seek help:

- Go to an aid station
- Call the race PC
- Ask another runner to call for help
- Use the SOS function of the LiveTrail app.

Every runner must provide assistance to anyone in danger and alert emergency services.

If you are unable to contact the race PC, and only in the event of an absolute emergency, you can call emergency services directly (especially if you are in an area where only emergency calls are possible). The emergency numbers for each country will be listed in the runner's guide; the Italian emergency number is 112.

Variables of all kinds, related to the environment, weather, and terrain, may force you to wait longer than expected for help. Your safety will therefore depend on the quality of what you pack in your race pack.

All medical, paramedical, and emergency personnel, guides, and any person designated by race management, have the right to:

- Force any competitor deemed unfit to continue the race to withdraw.
- Require any competitor to use mandatory equipment.
- Evacuate runners deemed in danger by any means.
- Direct patients to the most appropriate healthcare facility.

A runner who uses the services of a doctor or first aider submits to their authority and accepts their decisions.

If a runner's health requires treatment with an IV, he or she will be forced to abandon the race.

An infirmary will be available at the finish line for runners with health problems. Medical care will be provided at the discretion of the medical staff, subject to availability.

All runners must remain on the marked route, even when sleeping.

Runners who voluntarily depart from the marked route are no longer the responsibility of the organizers.

**PUSH HARDER, RUN STRONGER
WITH COMPRESSPORT
BY YOUR SIDE.**



R2 3.0 CALF SLEEVES

**WHEREVER YOU RACE,
WE SUPPORT YOU.**

EQUAL RIGHTS AND OPPORTUNITIES FOR ALL

UTMB firmly believes in equal rights and opportunities for all members of the trail running community. We are developing inclusion and diversity policies across gender, ethnicity, age, class, and more. We are committed to growing and continually evolving the sport to make the UTMB World Series welcoming to every athlete.

PARENTAL SUPPORT AND PARTICIPATION IN A UTMB WORLD SERIES EVENT

UTMB Group wants to facilitate and encourage female participation in trail running races, and has therefore implemented a new policy on parental support and participation in UTMB World Series events.

WHO CAN REQUEST TO POSTPONE THEIR REGISTRATION?

- Pregnant athletes
- Athletes* with a pregnant partner
- Athletes* who adopt or give birth via surrogacy.

UTMB WORLD SERIES POLICY FOR ATHLETES WITH DISABILITIES

The UTMB is continuously committed to increasing and encouraging the participation of athletes with disabilities in trail running. This is why a new policy for athletes with disabilities has been implemented at all UTMB World Series events.

WHO IS IT APPLIED TO?

This policy applies to the Athletes with Disabilities Division. Athletes with the following disabilities may register for this Division:

- Visual impairment
- Intellectual disability
- Physical or neurological motor disability

Rules for Lead Runners:

All athletes with disabilities will be given an additional bib free of charge so that a lead runner can accompany them during all or part of the race. Read the terms and conditions on the website.

Qualification system for the UTMB World Series finals:

In our ongoing commitment to promote inclusivity and equal access to the UTMB World Series, we have introduced a dedicated path for athletes with disabilities to access the finals. Read the terms and conditions on the website.

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WITH VIBRAM
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YOUR PERFORMANCE.



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COBBLER**

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CONFIDENCE
IN EVERY STEP



MEET THE MYTH

Puglia - Land of the Gravine by UTMB takes place in the extraordinary setting of the Gravine, two deep, canyon-like incisions in the Earth's crust.

This event encompasses six wonderful villages: splendid Matera, with its UNESCO-listed "Sassi"; Ginosà; Laterza, which boasts the longest ravine in Europe; Castellana, a city famous worldwide as the birthplace of silent film legend Rudolph Valentino; and finally Castellana Marina, with its magnificent beaches.





From the ravines to the sea, athletes will have the opportunity to enjoy an immersive experience amidst the scents of the Mediterranean scrub and centuries-old olive trees, along ancient paths, passing through the ravines with their underground caves and rock churches, evidence of the first human settlements.

From the Murgia to the sea, on highly technical trails, athletes' muscles will be put to the test. A continuous up and down to the mouth of the Lato River, with the final kilometers between the sea and the golden sands of Castellaneta Marina.

RACE CATEGORY

100M



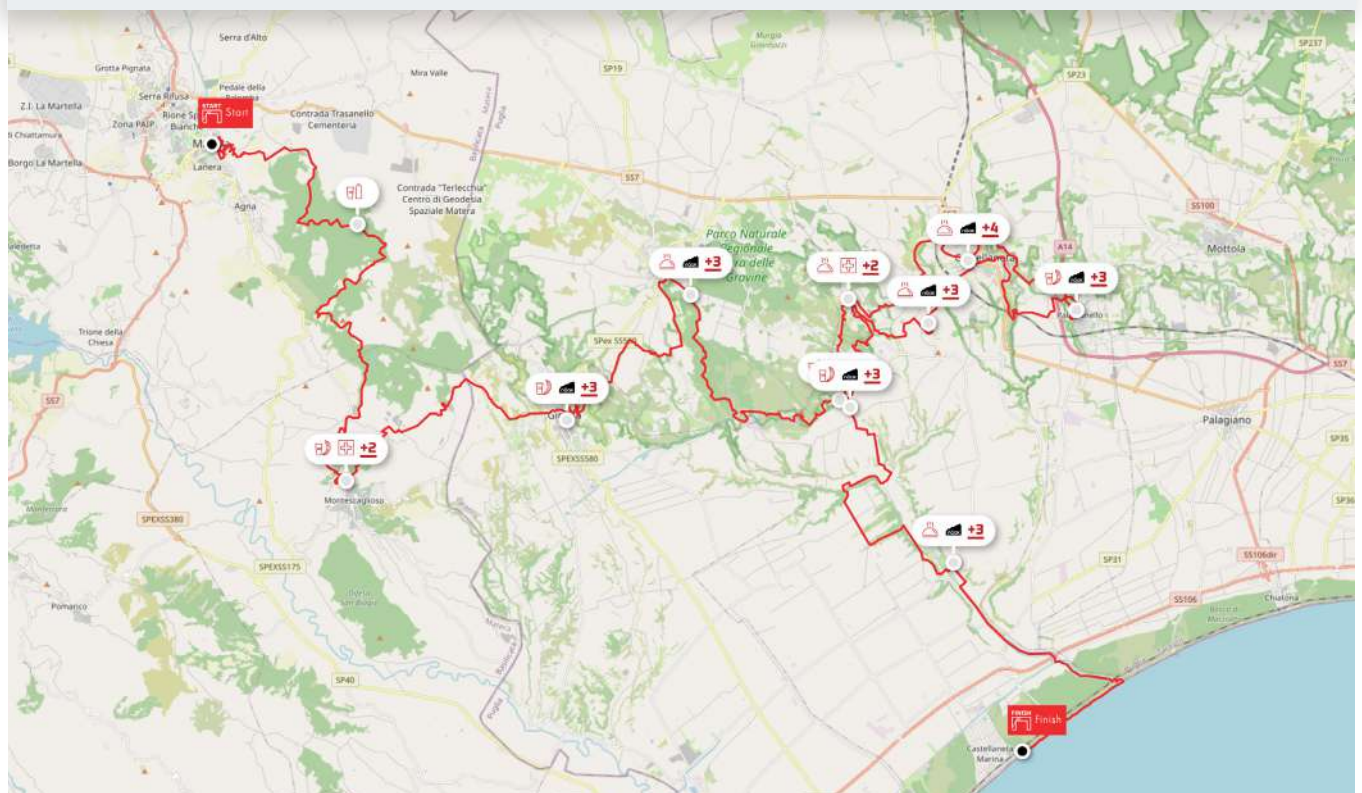
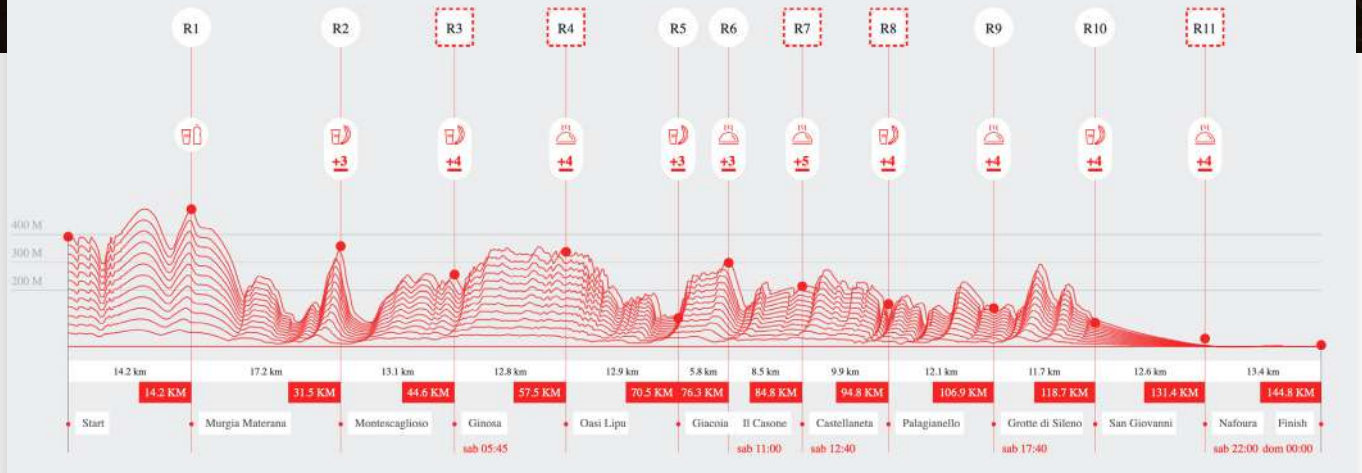
Distance
144 KM

Elevation gain
3800 M+

Start
MATERA

Date
07-11-2025

Hour
22:00



START



FINISH



LIQUID REFRESHMENT



REFRESHMENT



EMERGENCY

TIME CHARTS

Location	Altitude (M)	Dist. (KM)	Dist.inter (KM)	D + (M)	D- (M)	Fastest	Barrier Time	Services
Matera	392	0	0	0	0	Fri 22:00		
Murgia Materana	490	14.2	14.2	528	430	Fri 22:53		
Montescaglioso	358	31.5	17.2	993	1028	Sat 00:04		     
Ginosa	257	44.6	13.1	1288	1423	Sat 01:00	Sat 05:45	R03       
Oasi Lipu	338	57.5	12.8	1573	1625	Sat 02:01		R04       
Giacoia	102	70.5	12.9	1925	2215	Sat 03:09		     
Il Casone	299	76.3	5.7	2167	2261	Sat 03:41	Sat 11:00	     
Castellaneta	215	84.8	8.5	2366	2543	Sat 04:25	Sat 12:40	R07       
Ristoro Palagianello	152	94.8	9.9	2599	2840	Sat 05:14		R08       
Ristoro Grotte di Sileno	137	106.9	12.1	3031	3284	Sat 06:24	Sat 17:40	      
Relais San Giovanni	85	118.7	11.7	3348	3655	Sat 07:27		      
Nafoura	29	131.4	12.5	3520	3883	Sat 08:28	Sat 22:00	R11       
Finish Line Castellaneta Marina	6	144.8	13.3	3537	3925	Sat 09:24	Sun 00:00	      

 AUTHORIZED ASSISTANCE

 REFRESHMENT

 LIQUID REFRESHMENT

 HOT MEAL

 REST

 EMERGENCY

 DROP BAG

 WC

 NAAK® PRODUCTS

 BUS ORGANIZATION

 ELECTRICITY

 SHOWER

SDM 140

Your 140km journey with 3,500m of elevation gain begins in the land of rocks, taking you on a long journey to discover the Land of the Ravines. Between Basilicata and Puglia, a treacherous route with plenty of singletrack runs alongside and through Europe's largest canyons. The final stretch of the route will gently lead you to the seaside finish line, with the final kilometers along the beautiful beach of Castellaneta Marina.

MANDATORY MATERIAL

 Running pack (or other carrying equipment suitable for attaching a timing chip) intended to carry the mandatory equipment and which must be worn throughout the race.	 Food reserve. Recommendation: 800kcal (2 gels + 2 power bars each of 65g)
 Smartphone with LiveTrail application installed and activated with international roaming allowing it to be used on the Italian territory. The runner must be reachable at any time before, during and after the race. Keep the phone on, airplane mode is forbidden and could give rise to penalties. An external battery is highly recommended.	 Jacket with hood for bad weather in the mountains. The jacket must be made of a waterproof* and breathable** membrane (eg. Outdry). *Test recommended 20 000 Schmerber **RET recommended < 13 for breathability
 Reusable cup 15 cl minimum (Bottles or flasks with lids are not accepted)	- The jacket must, imperatively, have an integrated hood and one which is attached to the jacket by the original system designed for that purpose by the manufacturer. - The jacket must have sealed seams. - The jacket must not have sections of fabric which are not waterproof, but air vents fitted by the manufacturer (under-arm, in the back) since they do not damage in any obvious way the impermeability, are accepted. - The runner must judge whether, according to the aforementioned criteria, the jacket complies with the regulation and therefore is suitable for bad weather in the mountains. However, during a check, the race director's opinion on the matter shall prevail.
 Sealed, resealable container(s) capable of carrying at least 1L of water, designed for hydration (plastic bags are prohibited)	 Long-legged trousers or race leggings OR a combination of leggings and socks to cover the legs completely
 2 functioning torches with spare batteries or power sources for each lamp. Recommendation : 200 lumens - phones and watches are not accepted	 ID - passport/ID card
 Survival blanket of 1.40m x 2m minimum	
 Whistle	

RACE CATEGORY

100K

M

RUNNING STONES
3
UTMB

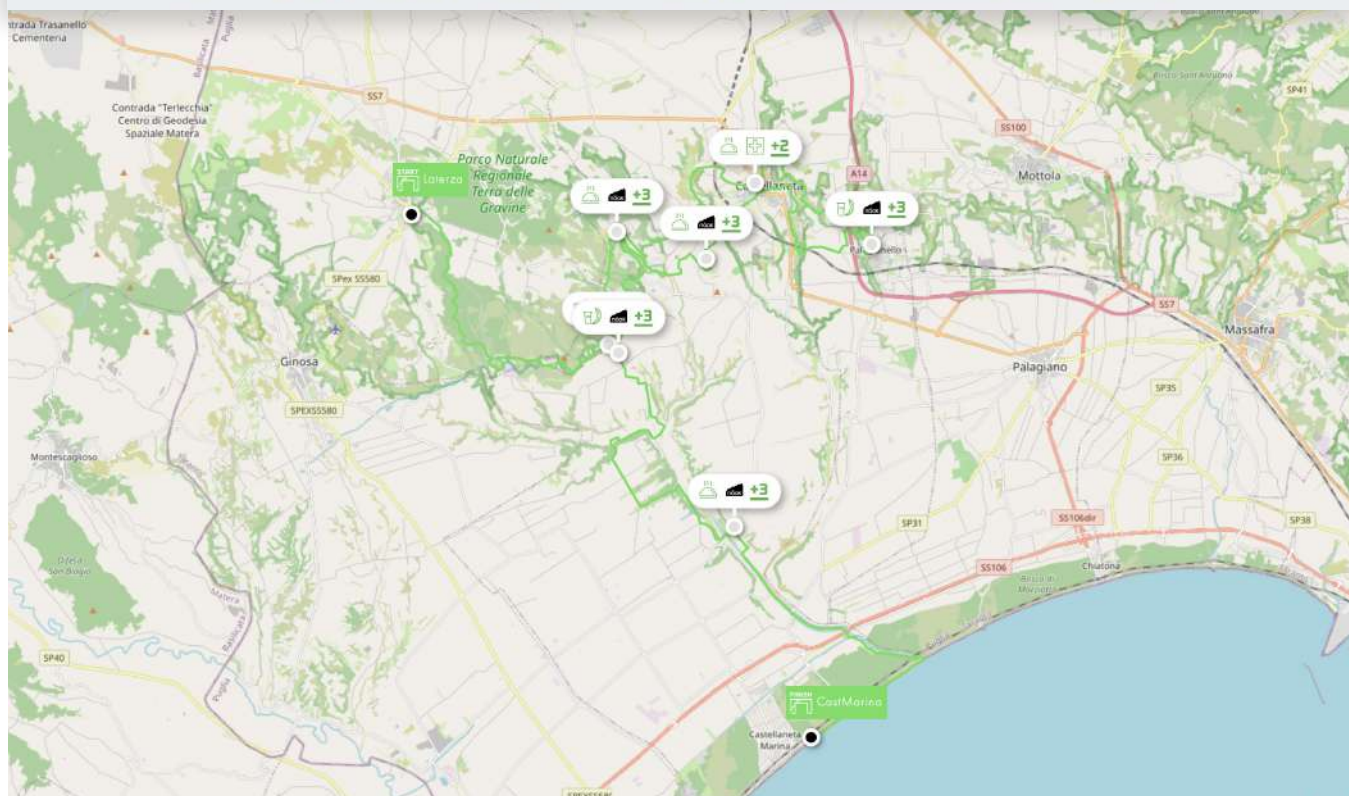
Distance
85 KM

Elevation gain
2000 M+

Start
LATERZA

Date
08-11-2025

Hour
08:00



START



FINISH



LIQUID REFRESHMENT



REFRESHMENT



EMERGENCY

TIME CHARTS

Location	Altitude (M)	Dist. (KM)	Dist.inter (KM)	D + (M)	D- (M)	Fastest	Barrier Time	Services
Laterza	329	0	0	0	0	Sat 08:00		
Masseria Giacoia	119	14.6	14.6	222	431	Sat 08:44		      
Il Casone	300	20.4	5.7	475	503	Sat 09:07	Sat 11:00	      
Castellaneta	226	29.3	8.8	660	763	Sat 09:41	Sat 12:15	     
Palagianello	152	38.9	9.5	909	1087	Sat 10:20	Sat 13:50	R08       
Grotte di Sileno	137	51.1	12.1	1341	1531	Sat 11:17	Sat 16:00	R09       
Relais San Giovanni	85	62.8	11.7	1658	1902	Sat 12:11		      
Nafoura	29	75.5	12.5	1830	2130	Sat 13:05	Sat 20:00	R11       
Finish Line Castellaneta Marina	6	89	13.3	1847	2172	Sat 13:59	Sat 22:00	

 AUTHORIZED ASSISTANCE	 REFRESHMENT	 LIQUID REFRESHMENT	 HOT MEAL	 REST	 EMERGENCY	 DROP BAG
 WC	 NAAK® PRODUCTS	 BUS ORGANIZATION	 ELECTRICITY	 SHOWER		

MLT 85

Running along Europe's longest ravine, the 85km route, with a 2000m elevation gain, will wind through continuous ups and downs, single tracks, ravines, and ancient villages until reaching the finish line on the golden sands of Castellaneta Marina.

MANDATORY MATERIAL

 Running pack (or other carrying equipment suitable for attaching a timing chip) intended to carry the mandatory equipment and which must be worn throughout the race.	 Food reserve. Recommendation: 800kcal (2 gels + 2 power bars each of 65g)
 Smartphone with LiveTrail application installed and activated with international roaming allowing it to be used on the Italian territory. The runner must be reachable at any time before, during and after the race. Keep the phone on, airplane mode is forbidden and could give rise to penalties. An external battery is highly recommended.	 Jacket with hood for bad weather in the mountains. The jacket must be made of a waterproof* and breathable** membrane (eg. Outdry). *Test recommended 20 000 Schmerber **RET recommended < 13 for breathability • The jacket must, imperatively, have an integrated hood and one which is attached to the jacket by the original system designed for that purpose by the manufacturer. • The jacket must have sealed seams. • The jacket must not have sections of fabric which are not waterproof, but air vents fitted by the manufacturer (under-arm, in the back) since they do not damage in any obvious way the impermeability, are accepted. • The runner must judge whether, according to the aforementioned criteria, the jacket complies with the regulation and therefore is suitable for bad weather in the mountains. However, during a check, the race director's opinion on the matter shall prevail.
 Reusable cup 15 cl minimum (Bottles or flasks with lids are not accepted)	
 Sealed, resealable container(s) capable of carrying at least 1L of water, designed for hydration (plastic bags are prohibited)	
 2 functioning torches with spare batteries or power sources for each lamp. Recommendation : 200 lumens - phones and watches are not accepted	
 Survival blanket of 1.40m x 2m minimum	
 Whistle	 Long-legged trousers or race leggings OR a combination of leggings and socks to cover the legs completely
	 ID - passport/ID card

RACE CATEGORY

50K **M**



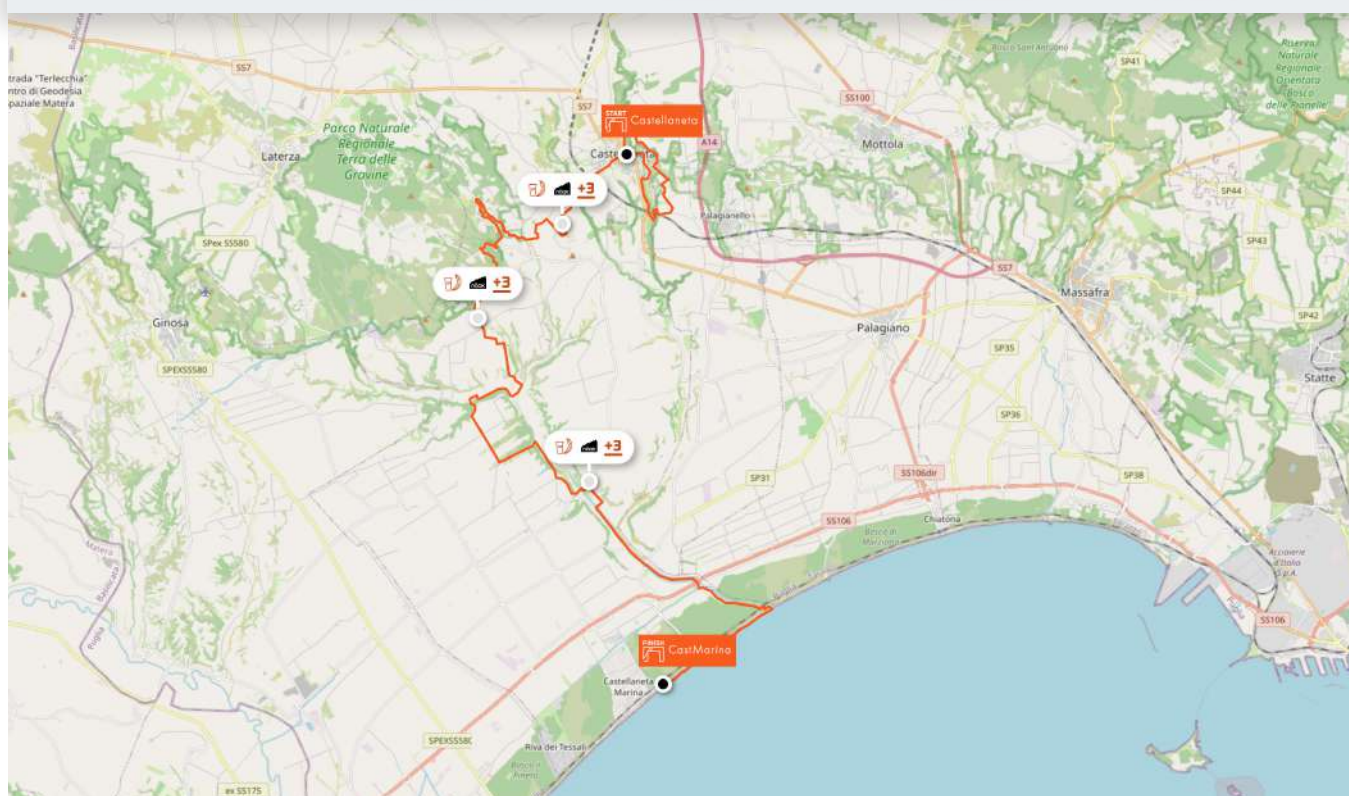
Distance
50 KM

Elevation gain
1000 M+

Start
CASTELLANETA

Date
09-11-2025

Hour
07:00



START



FINISH



LIQUID REFRESHMENT



REFRESHMENT



EMERGENCY

TIME CHARTS

Location	Altitude (M)	Dist. (KM)	Dist.inter (KM)	D + (M)	D- (M)	Fastest	Barrier Time	Services
Castellaneta	230	0	0	0	0	Sun 07:00		
Grotte di Sileno	137	15.7	15.7	475	566	Sun 07:53	Sun 11:20	R09       
Relais San Giovanni	81	27.5	11.8	792	941	Sun 08:36	Sun 13:20	      
Nafoura	29	40.1	12.4	963	1164	Sun 09:18	Sun 14:50	R11       
Finish Line Castellaneta Marina	6	53.5	13.3	980	1206	Sun 10:00	Sun 16:00	



CUT 50

The city of silent film legend Rudolph Valentino will be the starting point for the 50km race with 1,000m of elevation gain. You too will become an ACTOR on this legendary trail that will lead you to discover underground passages, rock churches, the ancient Appian Way, and centuries-old olive trees. Among hedges of Mediterranean aromas and a green pine forest, you will reach the Gulf of Taranto, crossing the finish line on the seashore in Castellaneta Marina.

MANDATORY MATERIAL

 Running pack (or other carrying equipment suitable for attaching a timing chip) intended to carry the mandatory equipment and which must be worn throughout the race.	 Whistle
 Smartphone with LiveTrail application installed and activated with international roaming allowing it to be used on the Italian territory. The runner must be reachable at any time before, during and after the race. Keep the phone on, airplane mode is forbidden and could give rise to penalties. An external battery is highly recommended.	 Food reserve. Recommendation: 800kcal (2 gels + 2 power bars each of 65g)
 Reusable cup 15 cl minimum (Bottles or flasks with lids are not accepted)	 Cap or bandana or multifunctional neck gaiter designed to protect the head from the sun.
 Sealed, resealable container(s) capable of carrying at least 1L of water, designed for hydration (plastic bags are prohibited)	 ID - passport/ID card
 Survival blanket of 1.40m x 2m minimum	

RACE CATEGORY

20K M



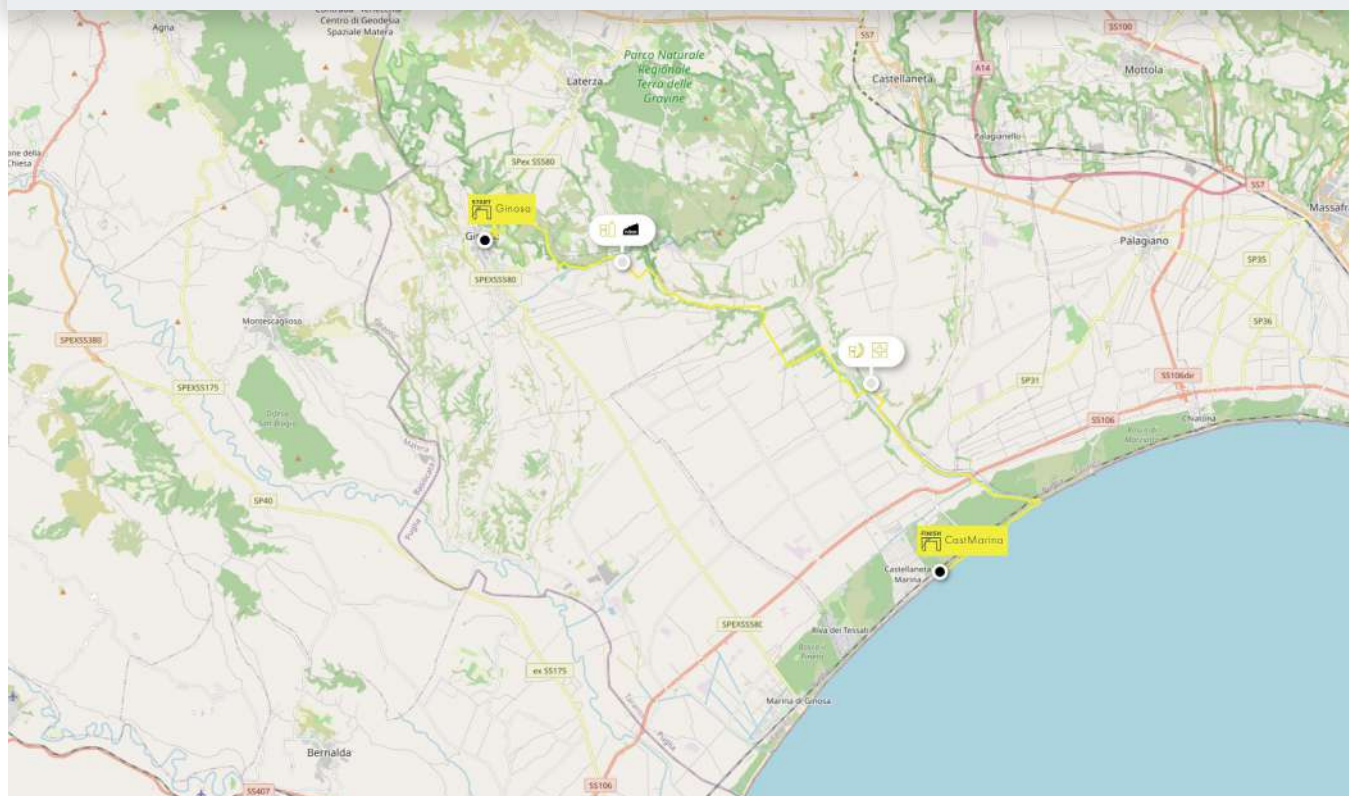
Distance
35 KM

Elevation gain
350 M+

Start
GINOSA

Date
08-11-2025

Hour
08:30



START



FINISH



LIQUID REFRESHMENT



REFRESHMENT



EMERGENCY

TIME CHARTS

Location	Altitude (M)	Dist. (KM)	Dist.inter (KM)	D + (M)	D- (M)	Fastest	Barrier Time	Services
Ginosa	257	0	0	0	0	Sat 08:30		
Passo Giacobbe	125	8.6	8.6	155	287	Sat 08:56		
Nafaura	29	21.8	12.9	305	533	Sat 09:35	Sat 11:30	
Finish Line Castellaneta Marina	6	35.2	13.3	322	575	Sat 10:14	Sat 13:30	



GRT 35

For those who want to relax and enjoy a 35km run with 350m of elevation gain, slowly discovering the Land of the Gravine. A unique and exclusive way to reach the mouth of the Lato River and then cross the finish line in Castellaneta Marina.

MANDATORY MATERIAL

 Running pack (or other carrying equipment suitable for attaching a timing chip) intended to carry the mandatory equipment and which must be worn throughout the race.	 Whistle
 Smartphone with LiveTrail application installed and activated with international roaming allowing it to be used on the Italian territory. The runner must be reachable at any time before, during and after the race. Keep the phone on, airplane mode is forbidden and could give rise to penalties. An external battery is highly recommended.	 Food reserve. Recommendation: 800kcal (2 gels + 2 power bars each of 65g)
 Reusable cup 15 cl minimum (Bottles or flasks with lids are not accepted)	 Cap or bandana or multifunctional neck gaiter designed to protect the head from the sun.
 Sealed, resealable container(s) capable of carrying at least 1L of water, designed for hydration (plastic bags are prohibited)	 ID – passport/ID card
 Survival blanket of 1.40m x 2m minimum	



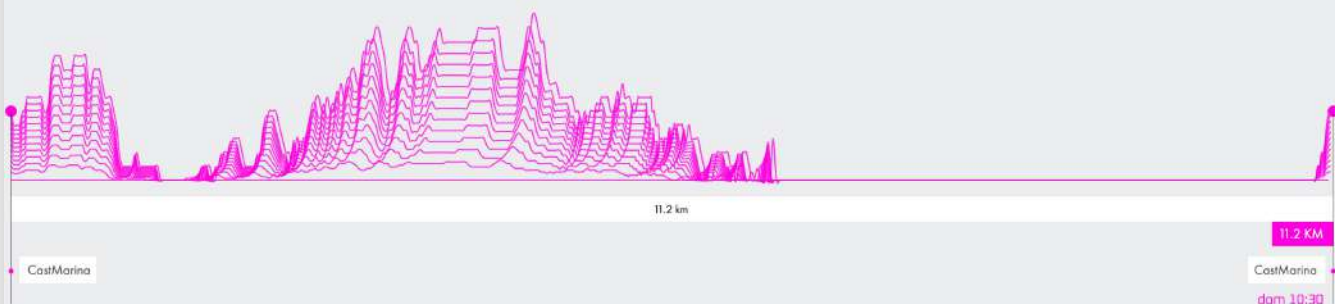
Distance
10 KM

Elevation gain
50 M+

Start
CASTELLANETA MARINA

Date
09-11-2025

Hour
09:00



START



FINISH



LIQUID REFRESHMENT



REFRESHMENT



EMERGENCY

TIME CHARTS

Location	Altitude (M)	Dist. (KM)	Dist.inter (KM)	D + (M)	D- (M)	Fastest	Barrier Time	Services
Castellaneta Marina	6	0	0	0	0	Sun 09:00		
Castellaneta Marina	6	11.2	11.2	30	30	Sun 09:40	Sun 10:30	



REFRESHMENT



LIQUID REFRESHMENT



HOT MEAL



REST



EMERGENCY



DROP BAG



WC



NÄÄK® PRODUCTS



BUS ORGANIZATION



ELECTRICITY



SHOWER

CVT 10

Castellaneta Marina, a short trail through the greenery of its centuries-old pine forest and the golden sands of its long beach. A gentle climb and descent through sand dunes in the shade of evergreen trees, culminating in a priceless finish line overlooking the sea.

MANDATORY MATERIAL



Running pack (or other carrying equipment suitable for attaching a timing chip) intended to carry the mandatory equipment and which must be worn throughout the race.



Smartphone with LiveTrail application installed and activated with international roaming allowing it to be used on the Italian territory. The runner must be reachable at any time before, during and after the race. Keep the phone on, airplane mode is forbidden and could give rise to penalties. An external battery is highly recommended.



Reusable cup 15 cl minimum (Bottles or flasks with lids are not accepted)



Sealed, resealable container(s) capable of carrying at least ½ L of water, designed for hydration (plastic bags are prohibited)



Whistle



ID – passport/ID card

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