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Welcome to the 6th Edition HOKA CHIANG MAI THAILAND BY UTMB®

The 6th edition of the HOKA Chiang Mai Thailand by UTMB[®] marks a significant stepping stone for trail running in Asia-Pacific, transforming Chiang Mai into the ultimate race destination from November 29 to December 7, 2025

This year's event features an expanded, spectacular two-week celebration, aligning with the Thai government's encouragement for longer visitor stays. We are excited to welcome nearly 10,000 runners from around the world. The truly international status of this event is underscored by the fact that 80% of all runners represent 90 nationalities⁴⁴⁴.

As a UTMB World Series Major for Asia-Pacific for the fourth consecutive year, HOKA Chiang Mai Thailand by UTMB® offers an accelerated pathway to the World Series Finals. Runners will collect double the amount of Running Stones compared to other UTMB World Series events. Furthermore, 210 automatic qualification spots for the UTMB World Series Finals are available for age-group winners and the top 10 male and female finishers in the 100M, 100K, and 50K categories.

The Dual Experience: Two Weeks, Two Hubs

The event structure offers a unique dual experience across two distinct locations:

- First Week (November 29-30): The event begins high up at Doi Inthanon National Park, home to the highest peak in Thailand, hosting the 50K and 20K categories.
- Second Week (December 4-7): The central race hub shifts to Chiang Mai PAO Park in the city center, offering convenient access to accommodation for the 100M, 100K, 50K, and 20K categories.

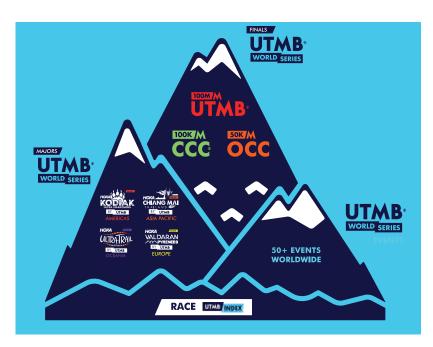
Inside this manual, you will find all the essential information for the HOKA CHIANG MAI THAILAND BY UTMB® race across 9 races and 2 fun-runs, including all the necessary rules you should know. We encourage you to study this guide thoroughly to ensure a safe, successful, and extraordinary experience.

Welcome to the mountains!





THE WORLD'S ULTIMATE TRAIL-RUNNING CIRCUIT



Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations, the UTMB® World Series gives all trail runners the chance to experience UTMB® adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB® World Series Finals at the pinnacle HOKA UTMB® Mont-Blanc.

FINALS

The mythic HOKA UTMB® Mont-Blanc is the world's most well-known and revered trail running event on the globe. In the heart of the Alps, the prestigious UTMB® World Series Finals is held in 3 categories: the OCC (50K), CCC® (100K) and UTMB® (100M) every year at the end of August in Chamonix, France.







MAJORS

Four UTMB® World Series Majors, are held each year across the Americas, Europe, Asia-Pacific and the Oceania region. Collect double the amount of Running Stones compared to other UTMB® World Series Events for the UTMB® World Series Finals lottery. In total 210 runners are also granted automatic qualification for the UTMB® World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.









EVENTS

Get the UTMB® experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB® World Series Events, gives all trail runners the chance to experience the UTMB® adventure while showcasing the unique aspects that each race destination offers at 50+ Events around the world. Begin your quest to HOKA UTMB® Mont-Blanc and the UTMB® World Series Finals.









RUNNING STONES EXPLAINED

You can only collect Running Stones by finishing races in the 20K, 50K, 100K or 100M category at a UTMB® World Series Event or UTMB® World Series Major.

A Running Stone is an entry into the lottery to participate in the UTMB® World Series Finals: the UTMB®, CCC® and OCC races of the UTMB® Mont-Blanc. Only 1 Running Stone acquired in the past two years is mandatory to enter the lottery. Running Stones are cumulative, have no expiration date, and each Running Stone gives you an additional chance to be drawn.



UTMB® INDEX

The UTMB® Index is calculated for each of the 4 UTMB® World Series race categories: 20K, 50K, 100k and 100M.

20K M 50K M 100K M 100M M

Trail runners are also given a General UTMB® Index calculated by combining results from all race categories. A valid UTMB® Index is mandatory to enter the UTMB® Mont-Blanc lottery, along with a minimum of 1 Running Stone. Your UTMB® Index is also used to define your start wave. There are over 5500 UTMB® Index races around the world where you can validate or help to improve your UTMB® Index.

MY UTMB ACCOUNT?

THIS IS WHERE YOU CAN SEE IT ALL.



CHECK IT OUT AT UTMB.WORLD

See your Running Stones count

- Check your UTMB® Index
- View your race results
- Get detailed performance statistics
- See your upcoming race registrations
- Share your results with your friends



FINALS

HOKA UTMB® MONT-BLANC

AUGUST 24-30 CHAMONIX MONT-BLANC, COURMAYEUR, ORSIÈRES FRANCE, ITALY, SWITZERLAND

TOOK M CCC°

EDEM OCC

MAJORS

HOKA ULTRA-TRAIL AUSTRALIA™ BY UTMB®

MAY 14-17 | KATOOMBA, AUSTRALIA

EUROPE MAJOR HOKA VAL D'ARAN BY UTMB®

JULY 01-05 VIELHA, SPAIN

HOKA KODIAK ULTRA MARATHONS™ BY UTMB®

OCTOBER 08-11 | BIG BEAR LAKE, USA

HOKA CHIANG MAI THAILAND BY UTMB® NOV 28 - DEC 6 CHIANG MAI, THAILAND



EVENTS

ARC OF ATTRITION BY UTMB® JANUARY 22-25 | UNITED KINGDOM

TARAWERA ULTRA-TRAIL BY UTMB® FEBRUARY 14-15 | NEW ZEALAND

PUERTO VALLARTA MÉXICO BY UTMB® MARCH 05-07 | MEXICO

HOKA XTRAIL KENTING BY UTMB® MARCH 06-08 | KENTING TAIWAN

WAR HORSE ULTRA-TRAIL XIAMEN BY UTMB®

MARCH CHINA

VALHÖLL FIN DEL MUNDO BY UTMB

MARCH 18-22 | ARGENTINA

TENERIFE BLUETRAIL BY UTMB®

MARCH 19-21 | SPAIN

EUROPE

CHIANTI ULTRA TRAIL BY UTMB®

MARCH 19-22 | ITALY

EUROPE

ISTRIA 100TM BY UTMB®

APRIL 09-12 CROATIA

DESERT RATS TRAIL RUNNING FESTIVALTM BY UTMB®

USA APRIL 09-12

THE CANYONS ENDURANCE RUNS BY UTMB®

USA APRIL 23-25

EUROPE

GRAND RAID VENTOUX BY UTMB®

APRIL 24-26

FRANCE

AMAZEAN JUNGLE THAILAND BY UTMB® APRIL 30-MAY 03 | THAILAND

NEW EUROPE

OH MEU DEUS BY UTMB MAY 01-03 PORTUGAL

EUROPE

TRAIL ALSACE BY UTMB®

FRANCE MAY 14-17

ULTRA-TRAIL SNOWDONIA BY UTMB®

UNITED KINGDOM MAY 15-17

EUROPE

MOZART 100TM BY UTMB®

AUSTRIA **MAY 23**

AFRICA

MOUNTAIN ULTRA TRAIL™ BY UTMB®

MAY 29-31 | SOUTH AFRICA

JUNE 11-14

TRAIL 100 ANDORRATM BY UTMB®

ANDORRA

EUROPE

TRAIL DU SAINT-JACQUES BY UTMB®

FRANCE JUNE 12-14

NEW EUROPE
SALOMON ZUGSPITZ ULTRA TRAIL
POWERED BY LEDLENSER BY UTMB®

JUNE 18-20 GERMANY

KAGA SPA TRAIL ENDURANCE 100 BY UTMB®

JUNE 18-21 JAPAN

LA SPORTIVA ® LAVAREDO ULTRA TRAIL® BY UTMB®

ITALY JUNE 24-28

TORRENCIAL CHILE BY UTMB®

JUNE 26-28 | CHILE

WESTERN STATES® 100-MILE ENDURANCE RUN

JUNE 27-28 USA

EUROPE
RESTONICA TRAIL BY UTMB®

JULY 09-11 FRANCE

EUROPE

TRAIL VERBIER ST-BERNARD BY UTMB®

SWITZERLAND JULY 10-12

EIGER ULTRA TRAILTM BY UTMB®

SWITZERLAND JULY 15-19

EUROPE

MONTE ROSA WALSERWAEG BY UTMB®

JULY 17-19 ITALY

SPEEDGOATTM MOUNTAIN RACES BY UTMB®

JULY 23-25 USA

NEW EUROPE

BUCOVINA ULTRA ROCKS BY UTMB® JULY 24-26

ROMANIA

QUITO TRAIL BY UTMB®

JULY 31-AUGUST 02 | ECUADOR

NEW EUROPE

GAUJA TRAIL BY UTMB®

AUGUST 01-02 LATVIA

EUROPE

KAT100™ BY UTMB® AUGUST 06-08

AUSTRIA

L CANADA

BORÉALYS MONT-TREMBLANT BY UTMB®

AUGUST 14-16

WILDSTRUBEL BY UTMB®

SEPTEMBER 10-13

SWITZERLAND



MALAYSIA ULTRA-TRAIL BY UTMB®

SEPTEMBER 11-13 MALAYSIA

GRINDSTONE TRAIL RUNNING FESTIVALTM BY UTMB®

SEPTEMBER 17-20 USA

PARATY BRAZIL BY UTMB ®

SEPTEMBER 17-20 BRAZIL

JULIAN ALPS TRAIL RUN BY UTMB®

SEPTEMBER 18-20 SLOVENIA

EUROPE

NICE CÔTE D'AZUR BY UTMB

SEPTEMBER 24-27 FRANCE

KAÇKAR BY UTMB®

SEPTEMBER TÜRKIYE

ULTRA TRAIL WHISTLER™ BY UTMB® CANADA

SEPTEMBER

ULTRA-TRAIL GREAT WALL BY UTMB®

SEPTEMBER CHINA

TRANSJEJU BY UTMB®

SOUTH KOREA OCTOBER 02-04

CHIHUAHUA BY UTMB®

OCTOBER MEXICO

TRAIL OF THE KINGS - LAKE TOBA BY UTMB®

INDONESIA OCTOBER

ULTRA TRAIL MOUNT YUN BY UTMB® CHINA

OCTOBER

KULLAMANNEN BY UTMB® SWEDEN

OCTOBER 30-31

EUROPE MALLORCA BY UTMB®

OCTOBER - NOVEMBER | SPAIN

ULTRA-TRAIL SHUDAO BY UTMB®

NOVEMBER CHINA

TRANSLANTAU TM BY UTMB®

HONG KONG, CHINA NOVEMBER

EUROPE PUGLIA BY UTMB®

NOVEMBER ITALY

PATAGONIA BARILOCHE BY UTMB® NOVEMBER ARGENTINA

HOKA PACIFIC TRAILS CALIFORNIA BY UTMB®

NOVEMBER USA

ULTRA-TRAIL KOSCIUSZKOTM BY UTMB®

AUSTRALIA NOVEMBER

NEW ASIA
OMAN BY UTMB®

DECEMBER 10-12 OMAN



PROGRAM

SATURDAY, 29 NOVEMBER 2025

TIME	ACTIVITIES	LOCATION
11:00 - 20:00	RACE PACK COLLECTION FOR INTHANON 50 AND INTHANON 20	
17:00 - 18:00	INTHANON 50 AND INTHANON 20 RACE BRIEFING	DOI INTHANON NATIONAL PARK HQ

SUNDAY, 30 NOVEMBER 2025

TIME	ACTIVITIES	LOCATION
05:00 - 07:00	INTHANON 50 AND INTHANON 20 RACE PACK COLLECTION	
05:00 - 07:45	INTHANON 50 AND INTHANON 20 BAG DEPOSIT	
07:00	INTHANON 50 START	
08:00	INTHANON 20 START	DOI INTHANON NATIONAL PARK HQ
08:30	WARM-UP RUN – DOI INTHANON START	DOI INTITIANON NATIONAL FARK FIQ
09:30 - 17:00	WINNER REGISTRATION (PASSPORT REQUIRED)	
10:00	PRIZE-GIVING• OVERALL WINNERS• 1ST AGE-GROUP WINNERS	
17:00	FINISH LINE CLOSURE	

THURSDAY, 4 DECEMBER 2025

TIME	ACTIVITIES LOCATION		
11:00 - 12:00	race pack collection for sponsors and partners		
12:00 - 21:00	RACE PACK COLLECTION CHIANG MAI PA		
17:00 - 17:30	RACE BRIEFING - CHIANG DAO 160, ELEPHANT 100	CHIARO MALTAG TARK	
17:30 – 18:30	PRESS CONFERENCE AND ELITE INTRODUCTION		



FRIDAY, 5 DECEMBER 2025

TIME	ACTIVITIES	LOCATION
6:30 - 8:00	CHIANG DAO 160 AND ELEPHANT 100 DROP BAG DEPOSIT SHUTTLE BUS TO ELEPHANT 100 START (60 MIN.) SHUTTLE BUS TO CHIANG DAO 160 START (90 MIN.)	CHIANG MAI PAO PARK - CAR PARKING
7:30 - 08:45	ELEPHANT 100 DROP BAG DEPOSIT	WAT NHONG BUA NOI
9:30 - 10:45	CHIANG DAO 160 DROP BAG DEPOSIT	WAT THAM CHAING DAO
09:00	ELEPHANT 100 START	WAT NHONG BUA NOI
11:00	CHIANG DAO 160 START	WAT THAM CHAING DAO
10:00 - 21:00	RACE PACK COLLECTION	
16:30 - 17:30	HMONG 50, SUTHEP 20 AND CHEDI 20 RACE BRIEFING	CHIANG MAI PAO PARK
18:30 – 19:30	WARM-UP RUN – PAO PARK START	

SATURDAY, 6 DECEMBER 2025

TIME	ACTIVITIES	LOCATION
05:00 - 06:45	HMONG 50-DAY RACE PACK COLLECTION	
05:00 - 06:45	HMONG 50-DAY BAG DEPOSIT	
07:00	HMONG 50-DAY START	
07:00 onward	WINNER REGISTRATION (PASSPORT REQUIRED)	CHIANG MAI PAO PARK
09:00 - 21:00	RACE PACK COLLECTION	
14:00 - 17:45	SUTHEP 20-NIGHT AND HMONG 50-NIGHT BAG DEPOSIT	
16:00	SUTHEP 20-NIGHT START	
18:00	HMONG 50-NIGHT START	

SUNDAY, 7 DECEMBER 2025

TIME	ACTIVITIES	LOCATION
04:00 - 06:30	SUTHEP 20-DAY AND CHEDI20 RACE PACK COLLECTION	
04:00 - 07:15	SUTHEP 20-DAY AND CHEDI20 BAG DEPOSIT	
06:30	SUTHEP 20-DAY START	
07:30	CHEDI 20 START	CHIANG MAI PAO PARK
07:00 onward	WINNER REGISTRATION (PASSPORT REQUIRED)	
10:00	PRIZE-GIVING• OVERALL WINNERS• 1ST AGE-GROUP WINNERS	
13:30	FINISH LINE CLOSURE	



EVENT VENUE CHAING MAI, THAILAND

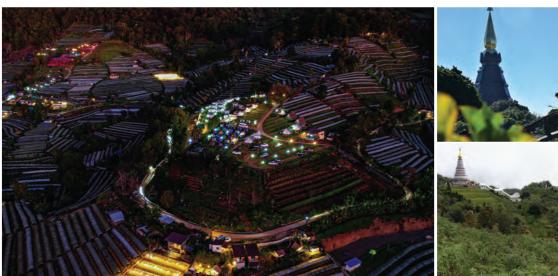
DOI INTHANON NATIONAL PARK

GPS 18.5368, 98.5212

Approx 90 km from the Chiang Mai International Airport (CNX), Doi Inthanon is the highest mountain in Thailand. The mountain, also known as the "Roof of Thailand," rises to a height of 2,565 meters.

Doi Inthanon is one of the most popular national parks in Thailand. It is famous for its waterfalls, few trails, remote villages, viewpoints, sunrise/sunset watching, birdwatching and the all-year-round cold weather on higher elevations. The main park entrance is about 70 km southwest from Chiang Mai city center.

The event's 50K and 20K categories will begin high up at the Doi Inthanon National Park Head Office on November 29-30.









Approx 5 km from the vibrant Nimmanhaemin Road or 10 km from Chiang Mai International Airport, the Chiang Mai PAO park is a large public park in Chiang Mai. The park was built to commemorate the 60th birthday anniversary of King Bhumibol Adulyadej in 1987. It covers an area of approximately 20 hectares and features a large lake, walking and jogging paths, exercise equipment, playgrounds, with sculptures and monuments.

Every December, the park comes alive with the Charming Chiang Mai Flower Festival, a vibrant celebration of nature's beauty. The festival features stunning floral displays, creative light installations, and captivating art, transforming the park into an enchanting wonderland. Both locals and tourists are drawn to this unique event, showcasing the exceptional floral artistry of Chiang Mai. It is estimated that the park attracts around 100,000 visitors per day.

The event's 100M, 100K, 50K and 20K categories will begin high up at the Chiang Mai Pao Park on December 4–7.





VENUE MAP & DIRECTORY

DOI INTHANON NATIONAL PARK HEAD OFFICE

弱 2 7

ULTRA-TRAIL VILLAGE		
A01	OUTOPIA	
A12	aminoVITAL	
A13-A14	NNORMAL	
AB21-B22	OFFICIAL MERCHANDISE	
AB23	TNT TERRITORY	
AB24	VIVOBAREFOOT	
A25	知行合逸	
B11	COMPRESSPORT	
B12	TRAILTATION	
B13	BUFF HEADWEAR THAILAND	
B14-B15	DEUTER THAILAND	
B22	ProEngy	
B23	RUNNERCART	
B25	ACTION PHOTO	
B25	ZENONE	
C11	UV ULTRA X POWCO	
C14	AIS	
C15	BROOO	
C22	VITANO	
C23-C25	HARU RUNNING WEARHOUSE	
D11	PROFREEZE	
D15	PATHWILD	
D21-D23	ZOOM SPORT	
D24-D25	AONIJIE	

2	
BIB COLLECTION	รับอุปทรณ์ทารแข่งขัน
WINNER REGISTRATION	รายงานตัวนักกีฬา
FINISHER T-SHIRT	
MEDAL	เหรียญรางวัล
PHOTO STUDIO	บูธต่ายภาพ
3	
BAG DEPOSIT	ฝากสัมภาระ
4	
MAIN STAGE	เวทีหลัก

	5	
VIP		
ELITE RUNNER		
	6	
MEDICAL		การแพทย์
PHYSICAL THERAPY		กายภาพ
	7	
FOOD		อาหารหลังเส้นซัย
	8	
	•	
SHUTTLE SERVICE (**BOOKING REQUIRED)		

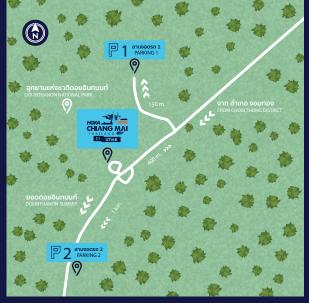


DOI INTHANON NATIONAL PARK **HEADQUARTER** ที่ทำทารอุทยานแห่งชาติ ดอยอินทนนท์

PARKING 1 BAN KHUN KLAN SCHOOL สนามที่ฬา โรงเรียนบ้านขุนทลาง



PARKING 2 PHA TANG JUNCTION แยกผาตั้ง



CHIANG MAI PAO PARK



ZONE A		
A01	ACTIVE PEAK	
A02-A03	SPORTLICIOUS MALAYSIA	
A04	INZONE	
A09	CORE V POW	
A14	CAMELBAK	
A15-A16	DEUTER	
A17	TANNUKI	
A18	FLOAT	
A21-A22	FENIXLIGHT	
A23	TRAILWAY	
A24	ONE NOVA	
A25	INSTINCT	
A26	RUNNERCART	
A27	BUDO	
A28	PROENGY X HAPP'IN HERBS	
A29	MILEAGE	
A30	BROOO	
A31	MOTIVE	
A32	YUPSTER	
	ZONE C	
C01-C9	REV RUNNR	
C10	GOODR	
C11	NATIONAL GEOGRAPHIC	
C12	OAKLEY	
C13-C15	KAILAS	
C16	XZELIX เอิกซ์เซลิค	
C17-C21	SUUNTO	
C22	NOXNOX	
C23	迈胜 M-ACTION	
	探路者 TOREAD	
C25 C26	博铌斯 POHINIX 爱跑猫 iPERMOVE	
C27	差跑油 IPERMOVE 半兽人 THERIANTHROPY	
C27	神子人 INEKIANTINKOPI 福悟 ZEEWOO	
C29	戴适 DEXSHELL THAILAND	
C30	跑能 POWERRUN	
C31-C32	DYNAFIT	

	ZONE B
B01	RUNTITUDE
B02-B04	HARU RUNNING WAREHOUSE
B05	TNT TERRITORY
B06	VIVOBAREFOOT
B07-B08	TRAILTATION
B09	NITECORE
B10	OLENO
B11	CHEETAR รองเท้าแดะวึ่ง
B12	RUN EXPLORE
B16	J.CEE JOG JOG
B17-B18	PATHWILD
B19-B20	DECATHLON
B27	AIS
B28	RED BULL SPECT THAILAND
B29	CAVEMAN STORE
B30	LA SPORTIVA
B31	UV ULTRA X POWCO
B40	PERSONALBEST.RUN
B41	CLOUDCORE
B42	AMMO SPORTS ENERGY
B43	X-REAL SPORT
B44	VITANO
	ZONE C
	ZONE S
501-S02	MOUNT TO COAST
503-504	ALTRA
S05-S06	NORDA
S07	COROS
508-509	RNG - RECREATION & GEAR
S10	KRANE
S11	UGLOW
512	URG
S13-S14	BUFF HEADWEAR THAILAND
S15	MATCH ULTRA
S16-S18	COMPRESSPORT
	DROFDEFTE
	PROFREEZE
S19	ZENONE
\$19 \$20 \$21	

ZONE F		
MAIN STAGE	เวทีหลัก	
SPORTS SCIENCE	ศูนย์วิทยาศาสตร์การกีฬา -	
MEDICAL	การแพทย์	
PHYSICAL THERAPY	กายภาพ	
FINISHER T-SHIRT	เสื้อ FINISHER	
WINNER REGISTRATION	รายงานตัวนักกีฬา	
MEDAL	เหรียญรางวัล	
FOOD	อาหาร	
ZONE	Р	
P01	aminoVITAL	
P05	SHOKZ	
P06	3M	
P08	AONIJIE	
P09	NNORMAL	
	VIP	
	ELITE	
ZONE E		
BIB & RACE PACK	รับบิบและอุปกรณ์การแข่งขัน	
ZONE	G	
GA01	HOKA	
GA02	OUTOPIA	
GA03	KAILAS	
UTMB WORLD SERIES		
TRAIL RUNNING EVENTS		
RELAX REFUEL RECONNECT		
MANDATORY GEAR CHECK	ตรวจอุปกรณ์บังคับ	
OFFICIAL MERCHANDISE	ร้านค้าของที่ระลึก	
BAG DEPOSIT	ฝากสัมภาระ	
REST AREA (AFTER RACE)	ที่พักนักกีฬา(หลังแข่ง)	
SHUTTLE SE	RVICE 1	
START LINE TOOM	CHIANG DAO 160	
START LINETOOK M	ELEPHANT 100	
SHUTTLE SE	RVICE 2	
SHUTTLE SERVICE		
V		
	NT.	
VOLUNTEER MEETING POIN		
VOLUNTEER MEETING POIN		
н		







ELITE RUNNERS

INTHANON 50				
Name	Nationality	Index	Age	BIB No.
ALAIN SANTAMARIA BLANCO	SPANISH	911	32	16100
MIGUEL ANGELO ARSENIO	PORTUGUESE	902	29	M20 15001
JOSE ANGEL FERNANDEZ JIMENEZ	SPANISH	866	35	M35 16090
KRISTJAN THOR CHAPMAN	ICELANDER	810	27	M20 15003
PENG TIAN	CHINESE	809	27	M20 15005
IURII SHTANKOV	RUSSIAN	806	37	M35 15006
MAUDE MATHYS	SWISS	785	38	F35 15002
NAIARA IRIGOYEN LIPING WANG	SPANISH CHINESE	747 710	30 36	16101 F35 15004
	CHINESE	710	00	103 13004
INTHANON 20 Name	Notionality	Index	Arro	BIB No.
YURI YOSHIZUMI	Nationality JAPANESE	742	Age 39	
	JAPANESE	742	39	F35 12001
CHIANG DAO 160				
Name	Nationality	Index	Age	BIB No.
JIAJU ZHAO	CHINESE	894	30	M20 1
GEDIMINAS GRINIUS	LITHUANIAN	837	46	M45 4
RYOTA NAKATANI	JAPANESE	831	34	M20 542
DONG HE	CHINESE	828	27	M20 8
SCOTTY HAWKER	NEW ZEALANDER	822	38	M35 7
ALEKSEI BERESNEV	RUSSIAN	821	34	M20 6
SANGÉ SHERPA	NEPALESE	813	44	M40 9
ZHAOYING LIU	CHINESE	812	34	M20 16
MAN KUMAR ROKA MAGAR	NEPALESE	810	22	M20 10
XINGZHI BAI	CHINESE	801	39	M35 11
ADMIRE MUZOPAMBWA LIN CHEN	ZIMBABWEAN	801 752	42 34	M40 12 F20 2
ANTONINA IUSHINA	CHINESE RUSSIAN	732 748	32	F20 2 F20 3
CARETH ARNOLD	AMERICAN	730	35	F35 5
ELEPHANT 100				
	North and the	lu den	A	DID No.
Name	Nationality	Index	Age	BIB No.
JI DUO	CHINESE	909	33	M20 1001
MIGUEL ANGELO ARSENIO	PORTUGUESE	902	29	M20 1003
DMITRY MITYAEV CANHUA LUO	RUSSIAN CHINESE	902 892	34 33	M20 1002 M20 1004
LUKE PETER GRENFELL-SHAW	BRITISH	877	33 31	M20 1004 M20 1005
MANUEL ANGUITA	SPANISH	877	34	M20 1005 M20 1006
JOSE ANGEL FERNANDEZ JIMENEZ	SPANISH	866	35	M35 1009
PEIQUAN YOU	CHINESE	863	39	M35 1011
MENGKAI BATE	CHINESE	854	39	M35 1012
MIN QI	CHINESE	825	37	M35 1014
KAO ZHOU	CHINESE	819	29	M20 1015
THIBAULT LOUIS LEROY	FRENCH	819	31	M20 1016
HUALING CHEN	CHINESE	803	33	M20 1020
YONGBO WU	CHINESE	802	28	M20 1021
MILTON AMAT	MALAYSIAN	802	43	M40 1019
ZHENGQIANG XIONG	CHINESE	800	29	M20 1023
SUNMAYA BUDHA	NEPALESE	786	27	F20 2201
HAU HA THI	VIETNAMESE	768	36	F35 1007
MARY DENHOLM	AMERICAN	767	38	F35 1008
EKATERINA MITYAEVA	RUSSIAN	758	36	F35 1010
YURI YOSHIZUMI	JAPANESE	742	39	F35 1013
YING LI	CHINESE	713	39	F35 1017
LIPING WANG	CHINESE	710	36	F35 1018

Name	Nationality	Index	Age	BIB No.
HAYDEN HAWKS	AMERICAN	911	34	M20 5001
ANTONIO MARTINEZ PEREZ	SPANISH	911	34	M20 5002
ALAIN SANTAMARIA BLANCO	SPANISH	911	32	M20 5003
GUANGFU MENG	CHINESE	906	27	M20 5004
LORENZO BELTRAMI	ITALIAN	897	30	M20 5005
RUI UEDA	JAPANESE	895	32	M20 5006
TAO LUO YOUSHENG GUAN	CHINESE CHINESE	882 881	27 32	M20 5009 M20 5011
MARIO OLMEDO	SPANISH	881	32	M20 5011 M20 5010
HUOHUA ZHANG	CHINESE	873	27	M20 5010 M20 5013
ERQING WU	CHINESE	854	26	M20 5015
SHENG ZHANG	CHINESE	850	27	M20 5016
HU ZHAO	CHINESE	850	32	M20 5017
AIAI SHI	CHINESE	849	30	M20 5018
COLEMAN TYLER CRAGUN	AMERICAN	844	26	M20 5020
KOKEN OGASAWARA	JAPANESE	841	29	M20 5023
ROGER COMELLAS ESPELT	SPANISH	841	27	M20 5022
HUI BAI	CHINESE	838	34	M20 5024
ALVARO GONZALEZ DEL SALTO	SPANISH	836	28	M20 5025
LUKAS MANGGER	ITALIAN	827	29	M20 5027
FUJUN HE PENG TIAN	CHINESE	819	34	M20 5028
IURII SHTANKOV	CHINESE RUSSIAN	809 806	27 37	7370 M35 5033
TOBY SPARKES	AUSTRALIAN	803	28	M20 5034
GOSHI OSADA	JAPANESE	803	31	M20 5034 M20 5032
SALEH AL SAIDI	OMANI	802	33	M20 5035
JOHANNES THOMAS OSTFALK	GERMAN	801	34	M20 5036
MAUDE MATHYS	SWISS	785	38	F35 5007
IKRAM RHARSALLA	SPANISH	775	30	F20 5008
TARA MARIE-KOMLO DOWER	AMERICAN	772	32	F20 7340
VERONIKA LENG	SLOVAKIAN	768	35	F35 5012
EKATERINA MITYAEVA	RUSSIAN	758	36	F35 7341
ROBYN LESH	AMERICAN	753	31	F20 5014
NAIARA IRIGOYEN	SPANISH	747	30	F20 5019
ANNA LI	CHINESE	739	32	F20 5021
TAKAKO TAKAMURA PRIYA RAI	JAPANESE NEPALESE	728 718	32 25	F20 5026 F20 5029
ROBERTA JACQUIN	ITALIAN	718 717	35	F35 5030
MIMMI KOTKA	SWEDISH	716	44	F40 5031
	5 W 25 15 . 1	7.10		1 10 0001
SUTHEP 20 🌣				
Name	Nationality	Index	Age	BIB No.
MORITZ AUF DER HEIDE	GERMAN	845	38	M35 3001
ZHENGQIANG XIONG	CHINESE	800	29	M20 4402
SUTHEP 20 🗠				
Name	Nationality	Index	Age	BIB No.
CHAOHAI QI	CHINESE	800	29	M20 9002
ZHENGQIANG XIONG	CHINESE	800	29	9617
CHEDI 20				
Name	Nationality	Index	Age	BIB No.
CHAOHAI QI	CHINESE	800	29	M20 17001
		200	-/	

HMONG 50 🌣



KEY NUMBER & INSIGHT







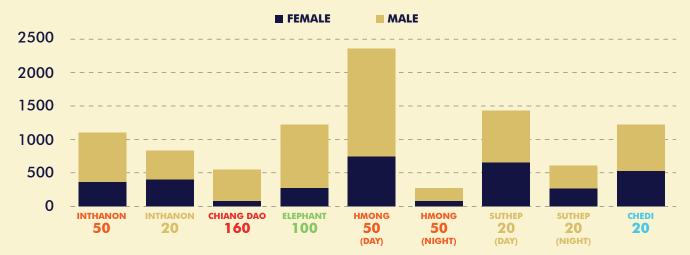




WEEK 1 : **1,948** RUNNERS WEEK 2 : **7,708** RUNNERS

609 RUNNERS REGISTERED BOTH WEEKS
1417 RUNNERS REGISTERED MULTIPLE RACES

NUMBER OF RUNNERS



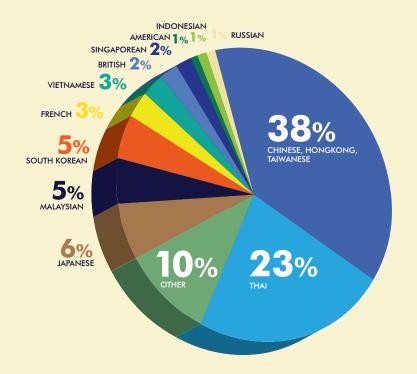
CATEGORY	FEMALE	MALE
INTHANON 50	361	742
INTHANON 20	412	433
CHIANG DAO 160	90	456
ELEPHANT 100	253	960
HMONG 50 (DAY)	751	1,621
HMONG 50 (NIGHT)	84	200
SUTHEP 20(DAY)	647	789
SUTHEP 20(NIGHT)	247	375
CHEDI 20	522	713



5 FEMALE 3,367

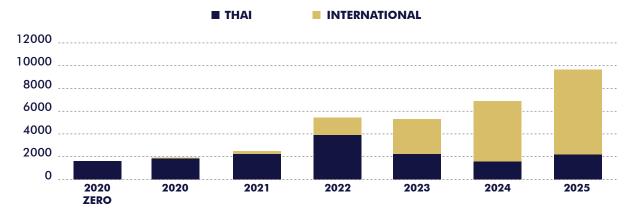
6,289

RUNNER NATIONALITY



TOTAL	9,656
OTHER	956
RUSSIAN	102
AMERICAN	123
INDONESIAN	145
BRITISH	164
SINGAPOREAN	234
FRENCH	256
VIETNAMESE	269
MALAYSIAN	452
SOUTH KOREAN	511
JAPANESE	573
THAI	2,179
CHINESE	3,692
NATIONALITY	RUNNERS

6-YEAR GROWTH



	RUNNERS	THAI	INTERNATIONAL	NATIONALITIES	ECONOMIC IMPACT
2020 ZERO	1,582	1,582	0	1	55
2020	1,837	1,823	14	10	136
2021	2,525	2,265	260	38	347
2022	5,476	3,892	1,584	64	876
2023	5,310	2,223	3,087	80	831
2024	6,896	1,568	5,328	77	1,082
2025	9,656	2,179	7,477	89	**1,300



DIRECT ENTRY

DIRECT ENTRY TO UTMB WORLD SERIES FINAL











PERFORMANCE SLOTS FOR TOP10 ELITE ATHLETES

For each race of 50K, 100K and 100M category, the top overall 10 male and top overall 10 female runners will win a slot for the next edition of the UTMB® World Series Finals race (UTMB® 2026) of the same category. Athletes will have to pay for that bib.

PERFORMANCE SLOTS FOR AGE GROUP ATHLETES

For each race of 50K, 100K and 100M the winners of each age group, a total of 150 winners* will win a slot for the next edition of the UTMB® World Series Finals race (UTMB® 2026) of the same category. Athletes will have to pay for that bib.

*At least one bib is assigned for each age category represented. Other bibs are awarded in proportion to the number of runners present in each age category.

CHIANG D	AO TOOM	ELEPHANT	100 100K/M	HMONG 50	(DAY) 50K/M
MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
20-34	20-34	20-34	20-34	20-34	20-34
35-39	35-39	35-39	35-39	35-39	35-39
40-44	40-44	40-44	40-44	40-44	40-44
45-49	45-49	45-49	45-49	45-49	45-49
50-54	50-54	50-54	50-54	50-54	50-54
55-59	55-59	55-59	55-59	55-59	55-59
60-64	60-64	60-64	60-64	60-64	60-64
65-69	65-69	65-69	65-69	65-69	65-69
70-74	70-74	70-74	70-74	70-74	70-74
75-79	75-79	75-79	75-79	75-79	75-79
80-84	80-84	80-84	80-84	80-84	80-84
85+	85+	85+	85+	85+	85+



RACE START & END

RACE START

RACE	DATE	WAVE1	WAVE2	WAVE3	WAVE4
INTHANON 50	SUN 30/11/2025	07:00	07:10		
INTHANON 20	SUN 30/11/2025	08:00	08:10		
WARM UP RUN (INTHANON)	SUN 30/11/2025	08:30			
ELEPHANT 100	FRI 05/12/2025	09:00	09:10		
CHIANG DAO 160	FRI 05/12/2025	11:00			
WARM UP RUN (PAO PARK)	FRI 05/12/2025	18:30			
HMONG 50-DAY	SAT 06/12/2025	07:00	07:10	07:20	07:30
SUTHEP 20-NIGHT	SAT 06/12/2025	16:00			
HMONG 50-NIGHT	SAT 06/12/2025	18:00			
SUTHEP 20-DAY	SUN 07/12/2025	06:30	06:40	06:50	
CHEDI 20	SUN 07/12/2025	07:30	07:40		

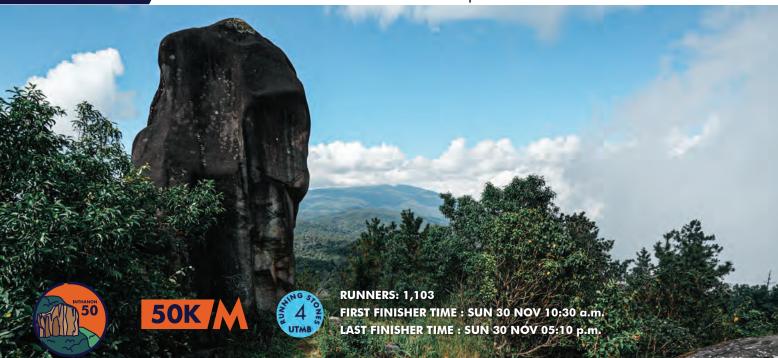
RACE END

RACE	DATE	WAVE1	WAVE2	WAVE3	WAVE4
INTHANON 50	SUN 30/11/2025	17:00	17:10		
INTHANON 20	SUN 30/11/2025	15:00	15:10		
WARM UP RUN (INTHANON)	SUN 30/11/2025	10:00			
ELEPHANT 100	SAT 06/12/2025	13:00	13:10		
CHIANG DAO 160	SUN 07/12/2025	11:00			
WARM UP RUN (PAO PARK)	FRI 05/12/2025	20:00			
HMONG 50-DAY	SAT 06/12/2025	22:30	22:40	22:50	23:00
SUTHEP 20-NIGHT	SAT 06/12/2025	23:00			
HMONG 50-NIGHT	SUN 07/12/2025	09:30			
SUTHEP 20-DAY	SUN 07/12/2025	13:30	13:40	13:50	
CHEDI 20	SUN 07/12/2025	12:30	12:40		



INTHANON 50

Welcome back to Inthanon, a premier location for trail running. The INTHANON 50 route takes runners on a loop course through significant landmarks, passing over the Doi Hua Suea and Doi Pha Tang peaks before returning to the start/finish line at the Doi Inthanon National Park Headquarters.



DISTANCE: 39 km.

ASCEND: 2,220 M.

ASCEND: 2,220 M.

START DATE:SUN 30 NOV 2025

MAX ALLOWED RACE TIME :

WAVE: 2 WAVES



INTHANON 50 Progress Table





Doi Inthanon National Park Headquarter ที่ทำการอทยามแห่งชาติดอยอินทุมมท์





1250







290



2220

2220

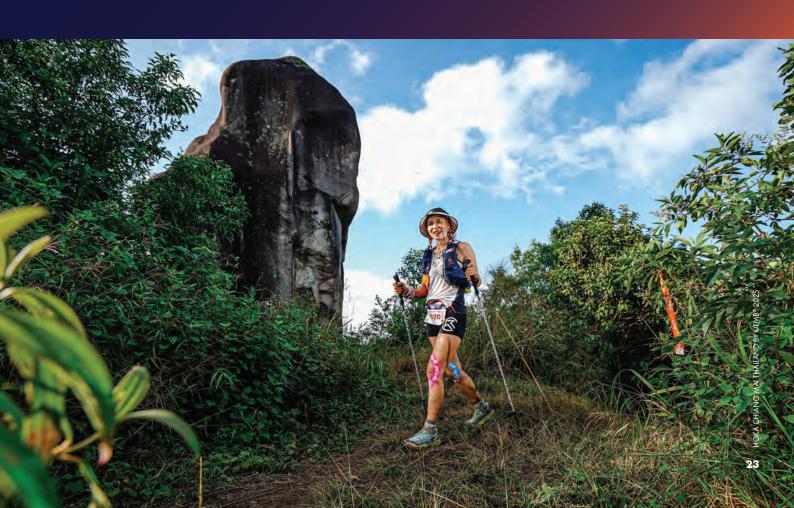






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17:00 30 Nov





INTHANON 50 PROGRAM

10:30

11:00

17:10

SATURDAY, 29 TH	SATURDAY, 29 TH NOVEMBER 2025						
TIME	ACTIVITIES						
12:00 - 20:00	RACE PACK COLLECTION						
17:00 - 18:00	RACE BRIEFING						
SUNDAY, 30 TH N	OVEMBER 2025						
TIME	ACTIVITIES						
05:00 – 06:45	RACE PACK COLLECTION						
05:00 - 06:45	BAG DEPOSIT						
7:00	INTHANON 50 WAVE 1 START						
7:10	INTHANON 50 WAVE 2 START						
09:30 - 17:00	WINNER REGISTRATION (PASSPORT REQUIRED)						

PRIZE-GIVING (OVERALL WINNERS, 1ST AGE-GROUP WINNERS)

THE FIRST INTHANON 50 FINISHER

INTHANON 50 RACE FINISHED





INTHANON 20

Winding through the iconic Ban Mae Klang Luang rice terraces, this route offers runners a scenic highlight. It is a loop course that begins and ends at the Doi Inthanon National Park Headquarters.

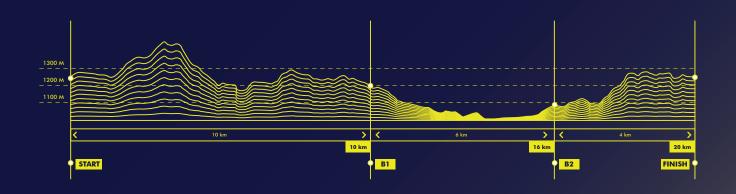


MAX ALLOWED RACE TIME: 7 Hrs.

WAVE: 2 WAVES



INTHANON 20 Progress Table



Location	Inter Distance	Cumul Distance	Altitude	Inter H+	Inter H-	Cumul H+	Cumul H-	Fastest	Slowest	COT/ Time Barriers	Services	
START Doi Inthanon National Park Headquarter ที่ทำการอุทยานแห่งชาติดอยอินทนนท์	0	0	1250	0	0	0	0	08:00			<u> </u>	
Pha Mon Mai Village บ้านพาหมอนใหม่	10	10	1180	500	550	500	550	08:51	11:17		F) PA E	
Mae Klang Luang Village บ้านแม้กลางหลวง	6	16	1090	140	260	640	810	09:20	13:04	13:30 30 Nov	H) PÅ H	
FINISH Doi Inthanon National Park Headquarter ที่ทำการอุทยานแห่งชาติดอยอินทนนท์	4	20	1250	190	20	830	830	09:50	15:00	15:00 30 Nov	FÎ ÇÎ	





























แบรนด์อันดับ 1 จากญี่ปุ่น

INTHANON 20 PROGRAM

SATURDAY, 29 TH	SATURDAY, 29 TH NOVEMBER 2025						
TIME	ACTIVITIES						
12:00 - 20:00	RACE PACK COLLECTION						
17:00 - 18:00	RACE BRIEFING						
SUNDAY, 30 TH N	OVEMBER 2025						
TIME	ACTIVITIES						
05:00 – 07:45	RACE PACK COLLECTION						
05:00 - 07:45	BAG DEPOSIT						
8:00	INTHANON 20 WAVE 1 START						
8:10	INTHANON 20 WAVE 2 START						
09:30 - 17:00	WINNER REGISTRATION (PASSPORT REQUIRED)						
9:50	THE FIRST INTHANON 20 FINISHER						
10:00	PRIZE-GIVING (OVERALL WINNERS, 1 ST AGE-GROUP WINNERS)						
15:10	INTHANON 20 RACE FINISHED						





CHIANG DAO 160

This newly established 168-kilometer race route commences at a prominent location at the base of Doi Luang Chiang Dao. Runners will proceed through the designated trails then head forward Suthep-Pui National Park, with the event concluding at the Chiang Mai PAO Park.



DISTANCE: 168 km.

ACCENIO

ASCEND: 5,635 M.

DECEND:

5,228 M.

START: FRI 5 DEC 2025 11:00 a.m.

MAX ALLOWED RACE TIME: 48 Hrs.

WAVE: 1 WAVE

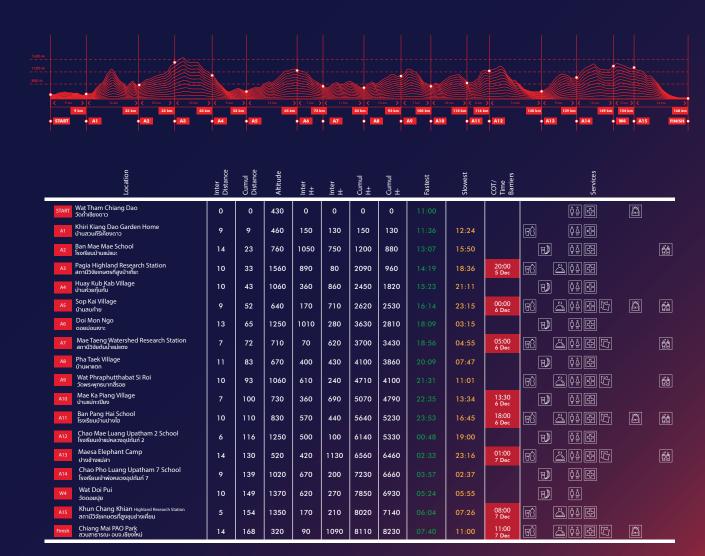




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HOKA CHIANG MAI THAILAND BY UTMB® 2025

CHIANG DAO 160 Progress Table





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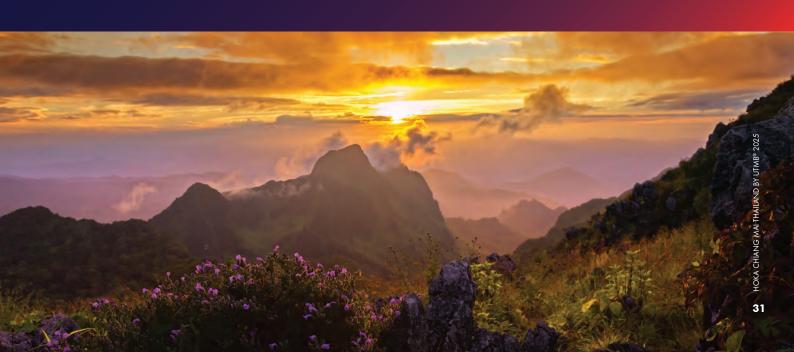
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CHIANG DAO 160 PROGRAM

THURSDAY, 4 TH	THURSDAY, 4 TH DECEMBER 2025						
TIME	ACTIVITIES						
11:00 - 12:00	RACE PACK COLLECTION FOR SPONSORS AND PARTNERS						
12:00 - 20:00	RACE PACK COLLECTION						
17:00 - 17:30	CHIANG DAO 160 RACE BRIEFING						
17:30 - 18:30	PRESS CONFERENCE						
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)						

FRIDAY, 5 TH DECEMBER 2025										
TIME	ACTIVITIES									
6:30 - 8:00	SHUTTLE BUS TO CHIANG DAO 160 START (90 MIN.)									
9:30 - 10:45	CHIANG DAO 160 DROP BAG DEPOSIT									
11:00	CHIANG DAO 160 START									

SATURDAY, 6 TH	6 [™] DECEMBER 2025								
TIME	ACTIVITIES								
07:40 - 06:45	THE FIRST CHIANG DAO 160 FINISHER								
12:00 - 22:00	AGE-GROUP WINNER (EXCEPT THE 1 ST) PRIZE GIVING								

SUNDAY, 7 TH DECEMBER 2025									
TIME	ACTIVITIES								
07:00 - 13:00	AGE-GROUP WINNER (EXCEPT THE 1ST) PRIZE GIVING								
10:00	PRIZE GIVING (OVERALL AND 1 ST AGE-GROUP)								
11:00	CHIANG DAO 160 RACE FINISHED								

SPARE BAGS

A5: Sop Kai Village - Blue bag + Red tag / A11: Ban Pang hai School - Blue bag + Gold tag

DROP :

All bags can be deposited at the start line, Wat Tham Chiang Dao on Fri, Dec 5, 09:30 - 10:45

PICK UP:

The drop bags from aid stations will be transported back to Chiang Mai PAO Park from Sat, Dec 6, 22:00 onwards.



Runner will receive an assistance card when you pick up your race pack. When entering the personal assistance, the follower must present the assistance card to the staff when entering the personal assistance. Allow entering the personal assistance area less than 10 minutes before the athlete reaches





ELEPHANT 100

Passing through highlights of Mae Taeng District, Doi Suthep-Pui, Mae Sa Elephant Camp, major tourist attractions of Chiang Mai, over a distance of 96 kilometers with a point-to-point race route. The race finishes at the Chiang Mai PAO Park.



DISTANCE: 96 km.

ASCEND: 4,602 M.

DECEND: 4,648 M.

FRI 5 DEC 2025 09:00 a.m.

MAX ALLOWED RACE TIME: 28 Hrs.

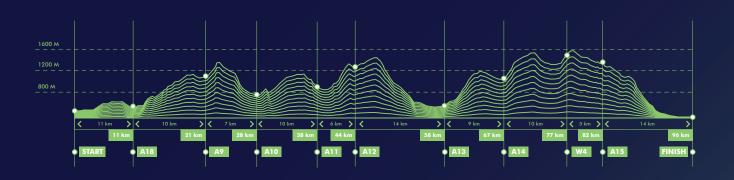
WAVE: 2 WAVES





HOKA CHIANG MAI THAILAND BY UTMB® 2025

ELEPHANT 100 Progress Table



	Location	Inter Distance	Cumul Distance	Altitude	Inter H+	Inter H	Cumul #±	Cumul	Fastest	Slowest	COT/ Time Barriers	Services
START	Wat Nong Bua Noi วัดหนองบัวน้อย	0	0	710	0	0	0	0	09:00			ļå 🗗
A18	Wat Ban lek วัดบ้านเอียก	11	11	670	590	280	590	280	09:40	11:06		FÎ PÂ
A9	Wat Phraphutthabat Si Roi วัดพระพุทธบาทสี่รอย	10	21	1060	610	240	1200	520	10:45	14:12		
A10	Mae Ka Piang Village บ้านแม่กะเปียง	7	28	730	360	690	1560	1210	11:39	16:37	17:00 5 Dec	H) ÅÅ
A11	Ban Pang Hai School โรงเรียนบ้านปางไฮ	10	38	830	570	440	2130	1650	12:42	19:28	20:30 5 Dec	
A12	Chao Mae Luang Upatham 2 School โรงเรียนเจ้าแม่หลวงอุปถัมภ์ 2	6	44	1250	500	100	2630	1750	13:30	21:28		H) ŶŶ (D)
A13	Mae Sa Elephant Camp ปางช้างแม่สา	14	58	520	420	1130	3050	2880	14:59	01:15	03:00 6 Dec	
A14	Chao Pho Luang Upatham 7 School โรงเรียนเจ้าพ่อหลวงอุปถัมภ์	9	67	1020	670	200	3720	3080	16:13	04:36	1//	H) PÅ 🔂
W4	Wat Doi Pui วัดดอยปุย	10	77	1370	620	270	4340	3350	17:33	08:08		Ð) ŶÅ
A15	Khun Chang Khian Highland Research Station สถานีวิจัยเกษตรที่สูงขุนช่างเคี่ยน	5	82	1350	170	210	4510	3560	18:12	09:42	10:00 6 Dec	
FINISH	Chiang Mai PAO Park สวนสาธารณะ อบจ.เชียงใหม่	14	96	320	90	1090	4600	4650	19:45	13:00	13:00 6 Dec	ni Ziifu 🖺

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SUPPORTERS





ELEPHANT 100 PROGRAM

THURSDAY, 4 TH DECEMBER 2025					
TIME	ACTIVITIES				
11:00 - 12:00	RACE PACK COLLECTION FOR SPONSORS AND PARTNERS				
12:00 - 20:00	RACE PACK COLLECTION				
17:00 - 17:30	ELEPHANT 100 RACE BRIEFING				
17:30 - 18:30	PRESS CONFERENCE				
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)				

FRIDAY, 5 TH DECEMBER 2025					
TIME	ACTIVITIES				
6:30 - 8:00	SHUTTLE BUS TO ELEPHANT 100 START (60 MIN.)				
7:30 - 08:45	ELEPHANT 100 DROP BAG DEPOSIT				
9:00	ELEPHANT 100 WAVE 1 START				
9:10	ELEPHANT 100 WAVE 2 START				
19:45	THE FIRST ELEPHANT 100 FINISHER				

SATURDAY, 6 TH DECEMBER 2025 TIME ACTIVITIES 06:00 - 13:00 AGE-GROUP WINNER (EXCEPT THE 1ST) PRIZE GIVING			
TIME ACTIVITIES			
06:00 - 13:00 AGE-GROUP WINNER (EXCEPT THE 1ST) PRIZE GIVING			
13:10	ELEPHANT 100 RACE FINISHED		

SUNDAY, 7 TH DECEMBER 2025				
TIME	ACTIVITIES			
10:00	PRIZE GIVING (OVERALL AND 1 ST AGE-GROUP)			

SPARE BAGS

A13: Maesa Elephant Camp - Blue bag + Green tag

DROP: All bags can be deposited at the start line, Wat Tham Chiang Dao on Fri, Dec 5, 07:30 - 08:45

PICK UP : The drop bags from aid stations will be transported back to Chiang Mai PAO Park from Sat, Dec 6, 06:00 onwards.



Runner will receive an assistance card when you pick up your race pack. When entering the personal assistance, the follower must present the assistance card to the staff when entering the personal assistance. Allow entering the personal assistance area less than 10 minutes before the athlete reaches.









HMONG 50

The popular 56-kilometer race within Doi Suthep–Pui National Park offers runners an immersive experience into the local way of life of the Thai hill tribes. The race begins and ends at the Chiang Mai PAO Park.



DISTANCE: 56 km.

ASCEND: 2,400 M.

DECEND: 2,400 M.

MAX ALLOWED RACE TIME: 15:30 Hrs.



RUNNERS: 2,372

START:

FRI 5 DEC 07:00 a.m.

FIRST FINISHER TIME: SAT 6 DEC 11:25 a.m.

LAST FINISHER TIME: SAT 6 DEC 11:00 p.m.

WAVE:

4 Waves



RUNNERS: 284

START:

SAT 6 DEC 06:00 p.m.

FIRST FINISHER TIME: SAT 6 DEC 10:25 p.m.

LAST FINISHER TIME:

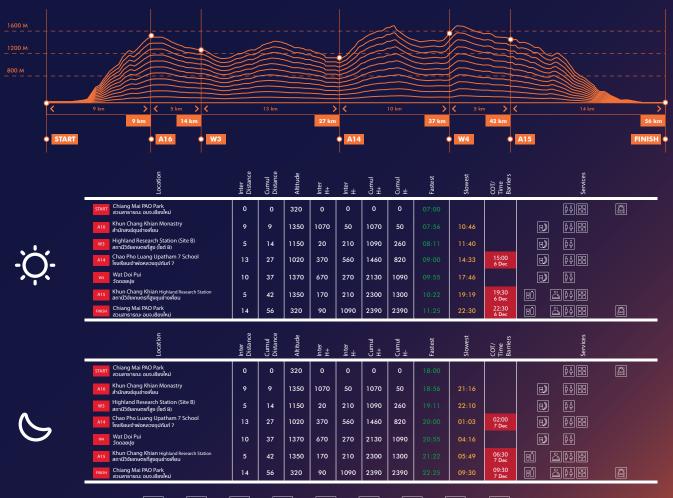
SUN 7 DEC 09:30 a.m.

WAVE:

1 Waves



HMONG 50 Progress Table





























MHONG 50 PROGRAM

THURSDAY, 4TH	DECEMBER 2025				
TIME					
11:00 - 12:00	RACE PACK COLLECTION FOR SPONSORS AND PARTNERS ACTIVITIES				
12:00 - 20:00	RACE PACK COLLECTION				
17:00 - 17:30	PRESS CONFERENCE				
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)				
FRIDAY, 5 TH DEC	CEMBER 2025				
TIME	ACTIVITIES				
10:00 - 21:00	RACE PACK COLLECTION				
16:30 - 17:30	HMONG 50 ELITE PRESENTATION & RACE BRIEFING				
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)				
SATURDAY, 6 TH	DECEMBER 2025				
TIME	ACTIVITIES				
05:00 - 06:45	HMONG 50 DAY - RACE PACK COLLECTION				
05:00 - 06:45	HMONG 50 DAY - DROP BAG DEPOSIT				
7:00	HMONG 50 DAY WAVE 1 START				
7:10	HMONG 50 DAY WAVE 2 START				
7:20	HMONG 50 DAY WAVE 3 START				
7:30	HMONG 50 DAY WAVE 4 START				
11:25	THE FIRST HMONG 50 DAY FINISHER				
09:00 - 21:00	RACE PACK COLLECTION				
16:30 - 17:30	HMONG 50 NIGHT BAG DEPOSIT				
18:00	hmong 50 night start				
22:25	THE FIRST HMONG 50 NIGHT FINISHER				
23:00	HMONG 50 DAY RACE FINISHED				
SUNDAY, 7 TH D	ECEMBER 2025				
TIME	ACTIVITIES				
9:30	HMONG 50 NIGHT RACE FINISHED				
07:00 - 13:00	AGE-GROUP WINNER (EXCEPT THE 1ST) PRIZE GIVING				

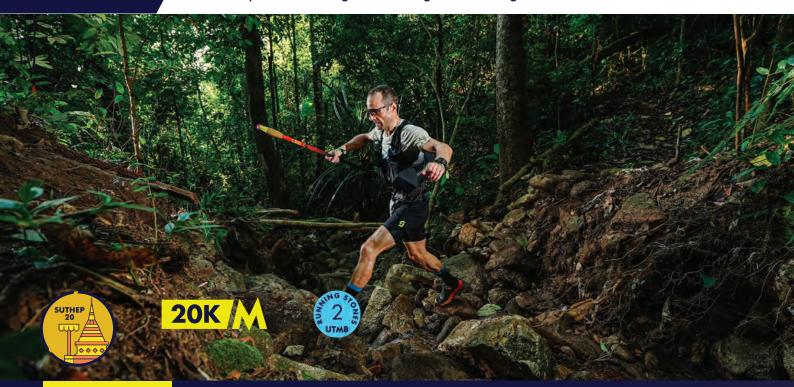
PRIZE GIVING (OVERALL AND 1ST AGE-GROUP)

10:00



SUTHEP 20

Enjoying 21-kilometer trails in Suthep-Pui National Park, along with receiving Running Stones. The highlight of the route is the Hmong village of Khun Chang Kian, a loop course starting and finishing at the Chiang Mai PAO Park.



DISTANCE: 21 km.

ASCEND: 1,200 M.

DECEND: 1,200 M.

MAX ALLOWED RACE TIME: 7 Hrs.



RUNNERS: 1,436

START:

SUN 7 DEC 06:30 a.m.

FIRST FINISHER TIME: SUN 7 DEC 08:30 a.m.

LAST FINISHER TIME: SUN 7 DEC 01:50 p.m.

WAVE:

3 Waves



RUNNERS: 622

START: SAT 6 DEC 04:00 p.m.

FIRST FINISHER TIME: SAT 6 DEC 06:00 p.m.

LAST FINISHER TIME :

SAT 6 DEC 11:00 p.m.

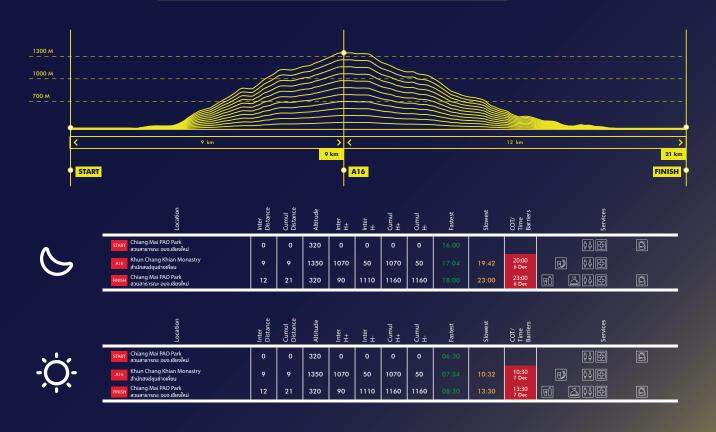
WAVE:

1 Waves





SUTHEP 20 Progress Table











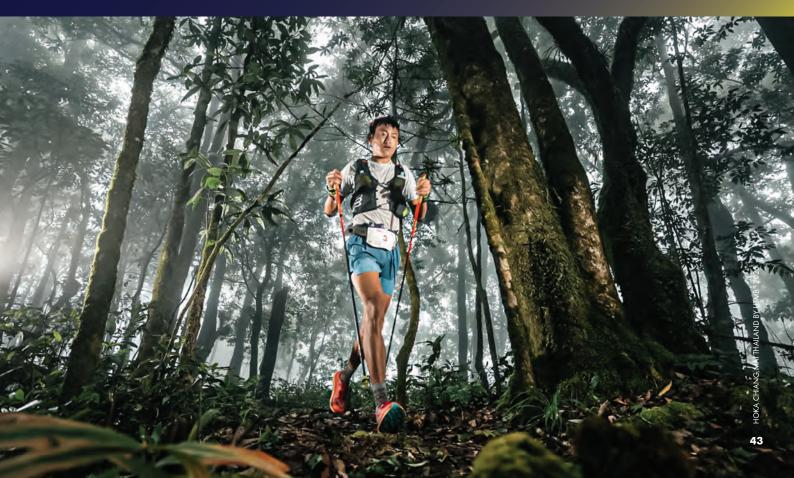














SUTHEP 20 PROGRAM

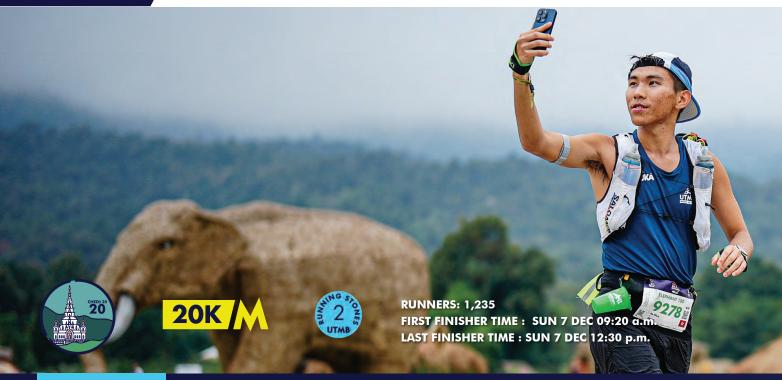
THURSDAY, 4TH DECEMBER 2025

Inoksbal, 4	DECEMBER 2025					
TIME	ACTIVITIES					
11:00 - 12:00	RACE PACK COLLECTION FOR SPONSORS AND PARTNERS					
12:00 - 20:00	RACE PACK COLLECTION					
17:00 - 17:30	PRESS CONFERENCE					
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)					
FRIDAY, 5 TH DECEMBER 2025						
TIME	ACTIVITIES					
10:00 - 21:00	RACE PACK COLLECTION					
16:30 - 17:30	SUTHEP 20 ELITE PRESENTATION & RACE BRIEFING					
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)					
SATURDAY, 6 TH	DECEMBER 2025					
TIME	ACTIVITIES					
09:00 - 21:00	RACE PACK COLLECTION					
14:45 - 15:45	SUTHEP 20 NIGHT BAG DEPOSIT					
16:00	SUTHEP 20 NIGHT START					
18:00	THE FIRST SUTHEP 20 NIGHT FINISHER					
23:00	SUTHEP 20 NIGHT RACE FINISHED					
SUNDAY, 7 TH DI	ECEMBER 2025					
TIME	ACTIVITIES					
05:00 - 06:45	SUTHEP 20 DAY - RACE PACK COLLECTION					
05:00 - 06:45	SUTHEP 20 DAY - DROP BAG DEPOSIT					
6:30	SUTHEP 20 DAY WAVE 1 START					
6:40	SUTHEP 20 DAY WAVE 2 START					
6:50	SUTHEP 20 DAY WAVE 3 START					
8:30	THE FIRST SUTHEP 20 DAY FINISHER					
10:00	PRIZE GIVING (OVERALL AND 1 ST AGE-GROUP)					
10:00 - 13:00	AGE-GROUP WINNER (EXCEPT THE 1 ST) PRIZE GIVING					
13:50	SUTHEP 20 DAY RACE FINISHED					



CHEDI 20

A 17-kilometer trail running route around Doi Suthep and the Mae Jok Luang Reservoir, enjoying the beauty of the area around the flower garden, and receiving Running Stones. The loop course starts and finishes at the Chiang Mai PAO Park.



DISTANCE: 17 km.

ASCEND: 700 M.

DECEND : 700 M.

START : SUN 7 DEC 2025 07:30 a.m.

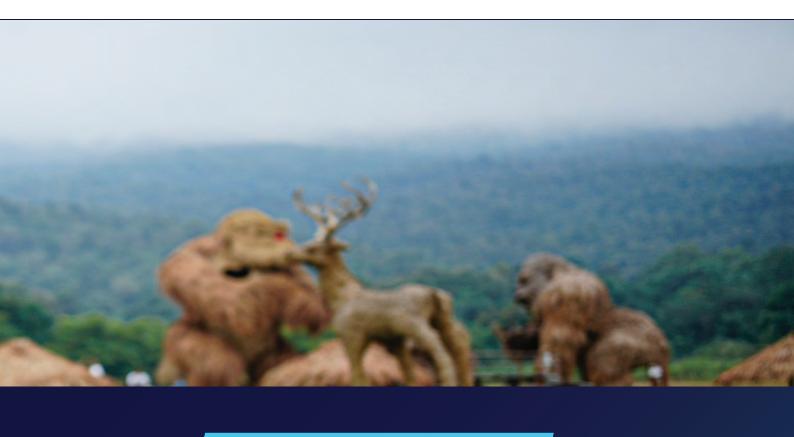
MAX ALLOWED RACE TIME: 5 Hrs.

WAVE: 2 WAVES

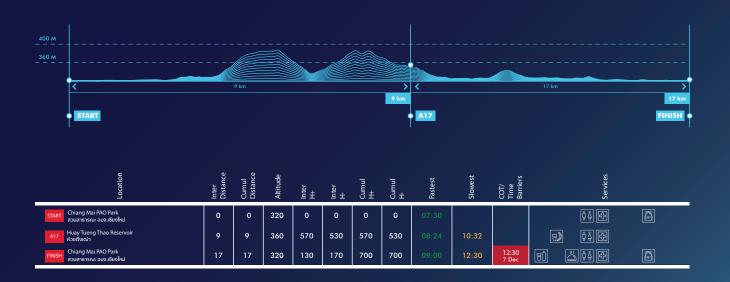


FINISH





CHEDI 20 Progress Table





















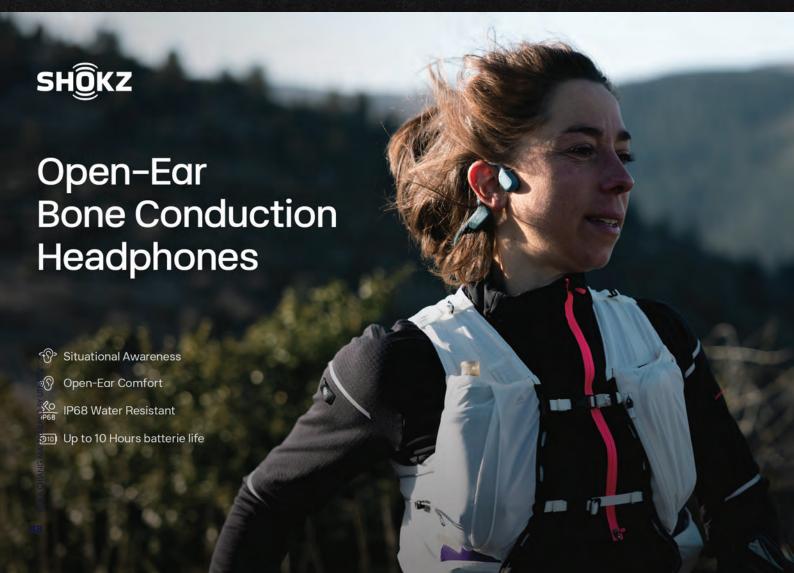


RESOLE YOUR TRAIL
RUNNING SHOES WITH
VIBRAM AND BECOME A
TESTER



VIBRAM.COM/SHOE-REPAIR-LOCATOR





CHEDI 20 PROGRAM

THURSDAY, 4TH DECEMBER 2025

TIME	ACTIVITIES						
11:00 - 12:00	RACE PACK COLLECTION FOR SPONSORS AND PARTNERS						
12:00 - 20:00	RACE PACK COLLECTION						
17:00 - 17:30	PRESS CONFERENCE						
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)						
FRIDAY, 5 TH DEC	CEMBER 2025						
TIME	ACTIVITIES						
10:00 - 21:00	RACE PACK COLLECTION						
16:30 - 17:30	CHEDI 20 ELITE PRESENTATION & RACE BRIEFING						
18:00 – 20:30	PRE-RACE PASTA PARTY (BOOKING REQUIRED)						
SATURDAY, 6 TH	SATURDAY, 6 TH DECEMBER 2025						
TIME	ACTIVITIES						
09:00 - 21:00	RACE PACK COLLECTION						
SUNDAY, 7 TH DI	ECEMBER 2025						
TIME	ACTIVITIES						
05:00 - 06:45	CHEDI 20 - RACE PACK COLLECTION						
05:00 - 06:45	CHEDI 20 - DROP BAG DEPOSIT						
7:30	CHEDI 20 WAVE 1 START						
7:40	CHEDI 20 WAVE 2 START						
9:20	THE FIRST CHEDI 20 FINISHER						
10:00	PRIZE GIVING (OVERALL AND 1 ST AGE-GROUP)						
10:00 - 13:00	AGE-GROUP WINNER (EXCEPT THE 1 ST) PRIZE GIVING						
12:40	CHEDI 20 RACE FINISHED						



WARM UP RUN



19 36 This week 23:29 h Distance 171 km Ascent **9963** m NEW **SUUNTO X UTMB WORLD SERIES** Limited Edition Adventure

starts

Here

SUUNTO



RACE REGULATIONS





RUNNER'S COMMITMENT

To participate in Amazean Jungle Thailand by UTMB® event, in particular it is essential:

To be completely aware of the length and difficulty of the event and to be adequately prepared for it.

To have acquired, before to the race, a real understanding of personal autonomy in the mountains/terrain allowing for the management of potential problems encountered during this type of event, notably:

- Ability to confront, without outside assistance, changing climatic conditions which could be very difficult to deal with at altitude (night, wind, cold, fog, rain or snow).
- Ability to manage, including when one is isolated, physical or mental problems arising from a heavy fatigue, digestive problems, muscle or articular/joint pains, small wounds, etc...
- Aware that the organization's role is not to help a runner manage these problems.
- Aware that for such an activity in the mountains, safety depends upon the runner's ability to adapt to the problems encountered or foreseen.
- To inform and educate the runner's supporters towards the respect of nature, people, and the regulations of the race.



RACE REGULATIONS

SEMI-AUTONOMY / SELF-SUFFICIENCY

Participants are expected to demonstrate the principles of semi-autonomy/self-sufficiency. They should be prepared to carry their own fluids, food, and gear (including inclement weather gear) between aid stations. Participants should also be prepared, within the course safety guidelines, to handle adverse or changing conditions. This self-sufficiency principle implies the following rules:



Throughout the duration of the race each runner must have with them all their mandatory equipment. This equipment will be carried in a pack (backpack or belt) and cannot be changed along the race route. At any moment of the race, the race stewards/marshals can verify the pack and its contents. The runner is obligated to comply with these gear checks. Any non-compliant runner is at the risk of disqualification from the race.



The aid stations provide drinks and food to be consumed on site. The race organizer only provides still water and/or sports/electrolyte drink for filling water bottles or hydration packs. The runner should take care to ensure they have, when leaving each aid station, the appropriate quantity of drink and food to keep them going until the following aid station.



For races of the 100M, 100K and 50K, a personal assistant is allowed at certain aid stations (*), in the area specifically reserved for this use and at the discretion of the team leader. Only one person is allowed to provide assistance, which only includes providing the runner a bag with a maximum volume of 30 liters. Medical assistance given by a member of the runner's crew, is strictly forbidden, only small cares are allowed like massage and treating a blister as long as the runner remain seated on a chair and does have to lie. The rest of the aid station is strictly reserved for the runners.



It is forbidden to accompany or be accompanied along any part the race route by a person not registered for the race, outside of the spectator run zones which are clearly marked in the proximity of the aid stations. A participant who accepts being accompanied outside of the designated zones violates the principle of self-sufficiency. The assistance zone begins 500m before and ends 500m after the aid station, and there is only one assistant allowed per runner. The race stewards/marshals or team leaders, witnessing this violation, are authorized to penalize the participant in order to enforce the rules. Runners are not allowed to participate with a dog or any other animal, including service animals.

HOKA CHIANG MAI THAILAND BY UTMB® 2025

EQUIPMENT

In order to ensure their safety, each participant must carry with them all the items listed in the mandatory equipment checklist and must carry all the equipment with them during the duration of the race even if the runner is not using it.

Organized and/or random equipment checks will be carried out during the race. A penalty up to and including disqualification will be applied to runners who do not have all the mandatory equipment with them

Please note: the items included in the mandatory equipment checklist are the basic pieces of equipment each runner must carry with them. It is important not to choose the lightest possible clothing. Instead runners should pack clothing that provides adequate protection in the mountains/course terrain against bad weather conditions, including cold, wind, heavy precipitation and snow and will be a better protection and allow better performances.

It is important to pack all this equipment in a way that preserves it from rain/snow and keeps it dry when it needs to be used (for example, using waterproof plastic bags).

All clothing items must fit the runner - in terms of size - and they must not be altered in any way after

leaving the factory. The mandatory gear must be carried in a running pack or belt for the duration of the whole race and must not be changed during the race

In order to reduce plastic waste, no disposable dishes (cutlery, cups, bowls) will be distributed at any check point or aid station. We invite you to Bring Your Own Utensils (BYOU) if you wish to eat hot meals at the aid stations.

If runners choose to take hiking poles with them, they must carry them for the entire duration of the race. It is forbidden to start without poles and get them during the course of the race. No poles are authorized in the spare bags. The use of poles may be prohibited in certain areas marked by specific signs along the course, for safety or environmental reasons.

If you have further questions about mandatory equipment, do not hesitate to consult the organization.

Music: Listening to music using earphones only, is tolerated, so long as it is safe to do so. Any earphones MUST be removed when crossing any roads, as well as on approach to, and whist at, any checkpoints and when approaching and passing any Safety Team members.



RACE-BIBS

Race-bibs are handed over to each runner upon presentation of a valid ID with photo.

The race-bib must be worn on the front of torso at all times and must remain completely visible during the entire race. It must always be placed on top of all clothing and must not be positioned on a leg or on the pack. The runner's name and partner's logos must not be altered or hidden. The bib is the pass to access the organization transportation, aid stations, medical points, rest rooms, showers, bag drop-off or pick-up areas. The bib is only withdrawn if the runner refuses to comply with the race director's instruction. If the runner withdraws from the race, the race bib will be cut.

BIB NUMBER ASSIGNMENT

The allocation of BIB numbers is strictly based on each runner's **UTMB® Index.** Consequently, the runner possessing the highest UTMB® Index will be assigned **BIB number 1**, and so on in descending order.

Why Your UTMB Index Might Be Lower Than Expected

If you find that your UTMB Index is lower than you anticipated, it may be due to one of the following reasons:

- You possess multiple UTMB profiles.
- You utilized a different UTMB account for this specific race registration.
- You registered after the initial assignment of the start waves was completed.

How to Appeal Your Start Time

To submit an appeal requesting a change to your assigned start time, please follow these steps:

- Click the designated button: "Appeal to change the start time" in your RUNNER SPACE (www.runningconnect.com/ profile/space)
- Submit a screenshot of your current UTMB Index.
 Our administrative team will review your request and inform you of the approval or rejection decision via email.

Instructions

Once you have received approval for your appeal and have picked up your BIB at the event:

- Proceed to the "Information Booth."
- Present the staff with the page showing your approved appeal.
- They will issue you your new wave sticker.

Important Race Rules

Please adhere to the following critical race regulations:

- **Prohibition:** You are strictly prohibited from starting the race before your officially scheduled wave time.
- Max Allowed Race Time: This time limit is calculated based on the Gun Time (official starting time) of your specific wave
- Single Cut-off: The overall single cut-off time for the entire race is determined by the start time of the last wave. All runners are required to leave the aid stations before the designated cut-off time for that location.



RACE REGULATIONS



DROP BAGS / SPARE BAGS

At the race-pack collection, each participant receives at least a 30-liter bag. After filling the bag with the items of their choice and closing them, runners can drop them off at the dedicated event area.

For logistics reasons, UTMB World series events only accept the UTMB World series spare bags that are distributed during the check-In. Those bags are reusable, so we ask the runners who already have received one of those bags to reuse it each time they take part in a UTMB World Series event.

How to get your bags after the race at the finish line: The bags are returned to either the runner or a family member or friend, only upon presentation of the race-bib. The bags must be retrieved no later than 2 hours after the end of the race.

For any runner that drops out of the race, the organization will take the bags to the finish area, as long as the runner's withdrawal is registered with the race organizer. Because of logistical factors, the organization cannot guarantee that all bags are brought before the end of the race.

Only bags supplied by the organization will be transported. Poles are not allowed in these bags. As the items in the bags are neither checked nor controlled, the race organizer is not responsible for the items in the bags. We recommend not to put any valuable items in the bags. We advise runners to keep toiletries and spare clothes at their accommodation.



REST

During the race, runners will have some rest areas in some aid stations, with camp beds and blankets. Runners having finished their race and wishing to prolong their stay, must have their own accommodation.



RESPECT FOR THE ENVIRONMENT

When registering for one of the UTMB® events, participants agree to respect the environment and the natural areas they pass through. In particular:

- Littering is strictly forbidden (gel tubes, paper, organic detritus, plastic wrappers,...).Trash/rubbish bins are available at each aid-station and they must be used. The race stewards will be checking all along the race route.
- All participants must keep their rubbish and wrappers with them until they can throw them in the bins at an aid station.
 Runners should carry a bag or pouch to carry their waste to the next bin. Plastic bags for soiled paper are handed out with the race-bibs. They must be used for collecting any paper used during any urgent need along the route.
- All runners must follow the paths as they are way-marked, without short-cutting them. Actually, short cutting a path causes erosion thus damaging the site.
- No disposable dishes (cutlery, cups, bowls) will be distributed at any check point or aid station. This is to reduce plastic waste by runners, as well as by the volunteers of the UTMB®. We invite you to bring your own utensils if you wish to eat hot meals at the aid stations.









AID STATIONS

Along the race route, there are points where runners are provided food and drinks. Aid stations supply drinks and food for consuming within the aid stations. The organization supplies still water and electrolyte/sports drink for filling the mandatory water bottles/hydration packs and personal collapsible cups. The runner must make sure, when leaving the aid station, that they have the necessary quantity of food and drinks to keep them going until the next aid station.

To enter the aid stations, runners must wear their race-bib.



CHECK POINT

Runners are checked upon arrival at an aid station and at some security points along the course. Unexpected check points are set up along the route. Their location will not be publicized.



Way markers are made of reflective material that catches the light from the runner's headlamp, so that they are easily visible at night.

WARNING: if you can't see any way markers, turn back!

Because we respect the environment, we do not use any paint on the trails.



SAFETY AND MEDICAL ASSISTANCE

There are several medical stations along the route. These stations are directly linked to the command center. There is medical staff at the command center or on the course during the events. Medical stations are intended to assist any runner in need of medical assistance. It is up to a runner in need of assistance or injured to call for help:

- · By going to a medical station
- By calling the command center (phone number should be saved in mobile/cellphone)
- · By asking another runner to call for help
- · By using the SOS function on the LiveTrail app (if applicable)

Runners must provide assistance to any person in danger and alert the command center.

If a runner is unable to call the command center, and only if it is an absolute emergency, runners may call directly one of the national security services (especially if you are crossing an area where only emergency calls are possible): local emergency number will be specify on the race guide.

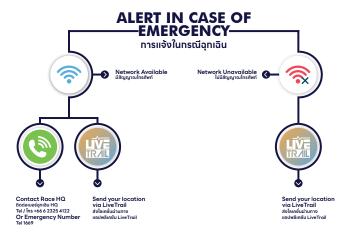
A number of unexpected events, including inclement weather events, could make you wait for help longer than expected. Your safety therefore depends upon the quality of the items that you have put in your pack.

All medical, paramedical, first aid and guide staff, as well as any person appointed by the race direction are able to:

- Remove any participant who is deemed unable to continue the event.
- Demand any competitor to use any item of the mandatory equipment.
- · Evacuate any runners deemed to be in danger.
- Refer runners to the most appropriate care facility.

A runner who is treated by a doctor or reached by the search and rescue staff will defer to the professional's authority and agrees to accept their decisions. If a runner's state of health justifies treatment via intravenous drip, the runner shall compulsorily withdraw from the race.

There is a medical center at the finish area available for runners with severe medical problems. Comfort care is based on the decision of the medical staff within the limits of care available. Runners must stay on the marked path, even when they sleep. All runners who voluntarily venture from the way-marked course are no longer under the responsibility of the organization.





Except in case of injury, a runner wishing to withdraw the race must do so only at a check point. They must inform the person responsible for the point or report their withdrawal via the LiveRun app (if applicable) and inform the command center.

If a runner wishes to withdraw while on the route between two checkpoints, he/she must reach the nearest checkpoint where he/she must report their withdrawal.

Runners who withdraw must keep their race bib because it is the pass to access organization transport, meals, treatment rooms,

Repatriation works as follows:

- Vehicles are available at some aid stations to take runners who drop out back to finish line.
- Runners who drop out at any other aid station or check point but whose state of health does not require them to be evacuated must return as quickly as possible and by their own means to the nearest point of repatriation.
- For aid stations or security points accessible by car or 4x4:

After the closing of the aid station/security points, the organization might repatriate any runners who have abandoned and haven't left the aid station yet.

In the event of bad weather conditions justifying the partial or total stop of the race, the organization will make sure that all runners are transported as soon as possible.



You may find the time limit (cut-off times) for leaving the main aid stations on the event web site and in the Runner's Guide. In case of any changes, the new cut-off times will be announced via SMS/text message.

When start is organized in several waves, the maximum authorized time and time barriers are calculated taking into account the departure time of the runners from the LAST wave.

Cut-off times are calculated to allow participants to reach the finish within the time limit. In order to be authorized to continue a race, all participants must leave the check point/aid station before the cut-off time (whatever their time of arrival at the check point).

All runners who drop out, are stopped by the organization, or are behind official time barriers are not allowed to continue the race. Their bib will be cut and they will be transported back to the event area by the organization transportation.

Time limit and cut off times are specified on timechart of each race.



- Finisher Medal and Shirt.
- Award Winner Registration.
- Medical Assistance.
- Food and Drink: QR payment via runner's card.
- Toilet and Shower Facilities.





RACE REGULATIONS



RANKING AND AWARDS

For each race, there is an overall ranking - men and women - and an age category ranking - men and women - (see below further details for each category).

UTMB® World Series Majors The first ten men and the first ten women in the general ranking, as well as the first runner man and woman in each category receive a trophy.

Awards and trophies are only distributed at the prize giving ceremony. It's mandatory to be present in order to receive them.

MONEY PRIZE (EURO)

Overall Ranking	CHIANG DAO 160	ELEPHANT 100	HMONG 50(DAY)
1 st	1,200	1,200	1,200
2 nd	900	900	900
3 rd	600	600	600

Runners in the overall ranking are also eligible for age group rankings.

INTHANON INTHANON 50 20 CHIANG DAO ELEPHANT HMONG SUTHEP 160 100 50 20	20
20-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+	13-19 20-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85+

Results for all participants are available at Live.UTMB.World

ANTI-DOPING POLICY

By registering to UTMB's events, all athletes agree to be bound by the UTMB's Anti-Doping Rules and acknowledge the jurisdiction of UTMB in enforcing these rules. Athletes understand that adherence to the UTMB Anti-Doping Rules is essential to maintaining the integrity, fairness, and spirit of competition in the sport of trail running.

Athletes further acknowledge and agree to:

- (a) be bound by and comply with all of the provisions of the UTMB Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code and the International Standards issued by the World Anti-Doping Agency (WADA);
- **(b)** be subject to the authority of UTMB to enforce, to manage results under, and to impose sanctions in accordance with, the UTMB Anti-Doping Rules;
- (c) be subject to in-competition and out-of-competition doping control testing if selected by UTMB or relevant anti-doping authorities;
- (d) provide accurate and up-to-date whereabouts information and make themselves available for testing if so required;
- **(e)** refrain from using banned substances or engaging in prohibited methods as outlined in the UTMB Anti-Doping Rules and the WADA Prohibited List;
- (f) be personally responsible for understanding what constitutes a violation of the Anti-Doping Rules. Athlete also commit to monitor and ensure their own compliance with the UTMB Anti-Doping Rules, noting that certain medications, supplements, common beverages, and other legally available products may contain prohibited substances;
- (g) consent to the collection, analysis and storage of urine, blood or other samples for anti-doping purposes, and acknowledge that the results thereof may be disclosed to relevant parties and the public in accordance with the UTMB Anti-Doping Rules;

- (h) cooperate fully with UTMB and anti-doping authorities in any investigations or proceedings related to anti-doping rule violations:
- (i) acknowledge the processing of their personal data by UTMB and its delegated third parties (including the International Testing Agency) in accordance with UTMB privacy notice;
- (j) be subject to the jurisdiction of the UTMB Anti-Doping Rules, agreeing that any dispute arising out of a decision made pursuant to the UTMB Anti-Doping Rules, after exhaustion of the process expressly provided for in the UTMB Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the UTMB Anti-Doping Rules to an appellate body for final and binding arbitration;
- **(k)** accept the consequences and sanctions imposed by UTMB or relevant anti-doping authorities in the event of an anti-doping rule violation, including disqualification from UTMB events and potential suspension from future participation;
- (I) refrain from participating in any capacity in any UTMB Event during a period of Ineligibility of Provisional Suspension.

By completing the registration process, athletes confirm their understanding and agreement to be bound by the UTMB Anti-Doping Rules.



POLITICAL EXPRESSION

Any proclamation, display or exhibition of political or religious messages or related images during the Event is prohibited.



Runners who have officially registered will have personal accident insurance coverage during the race, which includes:

- 1. Personal Accident: 100,000 Baht
- 2. Accident Medical Expenses: 10,000 Baht



COMPLAINTS/PROTESTS

Any complaint regarding the rankings must be submitted to the organization to an organization representative as soon as possible after the runner's arrival and confirmed by email within 2 days after the end of the event. Any other complaint must be submitted to the organization by email within 10 days after the end of the event.

Appeal form must be emailed to info@thailandbyUTMB.com by the athlete and shall be accompanied by a deposit of USD 100, or its equivalent, which will be forfeited if the appeal is not allowed.



If necessary, the organization reserves the right to modify at any time the routes, starting times, cut-off times, the position of aid stations and medical stations, and any other aspect related to the smooth running of the events.

In case of force majeure, bad weather conditions or any other circumstance endangering the participants' safety, the organization reserves the right to:

- · Postpone the start of the race
- Modify the cut-off times
- Change the start date
- Adapt the race's course
- Cancel the race
- Stop temporarily the race
- · Stop the race in progress



RIGHTS FOR IMAGE

Every competitor expressly foregoes the right for any images during the event, just as they renounce any right of appeal to the organizers and their partners for the use of their image. Only the organization can transfer this right for images to any media, via an accreditation or relevant license. Ultra-Trail®, Ultra-Trail du Mont-Blanc®, UTMB®, CCC®, TDS® and PTL® are legally registered trademarks. All communication about the event or the use of images from the event must respect the name of the event, the registered trademarks and have official approval from the organization.





PHOTO

Find and download your event photo using face search at media.runningconnect.com

Participants who buy photos through our system will also receive:

A personalized video clip (featuring your purchased photos)





Hoka Chiang Mai Thailand By UTMB



INDIVIDUAL SPONSORS

Runners who are sponsored or otherwise using the branding of third-parties for promotional purposes, shall only use such third-party branding on their clothing and equipment during the competition. All other items, including but not limited to flags, banners or posters, are not allowed to be used, carried or worn along the race route, including at the finish line. Violations against this provision might lead to a penalty as decided in the sole discretion of the respective race directors.



PERSONAL DATA PROTECTION POLICY

According to the Thailand Personal Data Protection Act B.E. 2562 (2019), all competitors have the right to access and amend any information concerning them.

This information is collected as part of the registration for Amazen Jungle Thailand by UTMB^{\otimes} for organizational purposes, specifically to identify each competitor and to communicate information related to their participation before, during, or after the event. You can read the privacy policy at https://www.runningconnect.com/privacy.

Any request for data modification should be sent to the following email addresses, depending on your account: Running Connect account: info@thailandbyUTMB.com



LIVE INFO

All the information you need to follow, support and immerse yourself in the event on a single application

- Follow an event : Access general event information, follow your family or friends live or relive a past event.
- Orientate yourself around the course: View all the routes including the time barriers and utilize the GPS navigation to find waypoints.
- Make a favorites list: Select multiple runners to follow and keep up to date on their progress through automatic notifications.
- Find and follow a runner: Follow the progress of a runner in detail including their speed, last point of passage, the estimated arrival at their next point of passage and find their videos (if option LiveCam).
- Create a specific roadbook: To assist a group, enter your list of favorites, configure the waypoints where you want to see all the runners and the application will do the rest of the work according to your journey times.

FOLLOW THE RACE:











TIME PENALTIES AND DISQUALIFICATION

If a runner breaks the rules, race directors, Marshalls and aid stations'/security points' team leaders can instantly apply (*) a penalty according to the following chart:

(*) The time penalties are immediately applicable on the spot, meaning the runner must "stand down" for the duration of the penalty time. The runner's time will not be stopped while the penalty is being served. If a breach of regulation is discovered after the race, the Race Director can also decide to apply a penalty on the finish time of the runner. Any other breach of the rules will be subject to a penalty decided by the Race Directors. In case of a disqualification, the runner is not entitled to get refunded of the entry fee.



PENALTY

100M M 100K M

BREACH OF REGULATION	PENALTIES (*) – DISQUALIFICATION
Short-cutting the route	At the race director's discretion
Missing safety item(s) of the mandatory equipment checklist (no minimum water supply, no waterproof jacket with hood, no torch, no survival blanket, no smartphone)	Disqualification
Absence of other mandatory equipment items (only 1 torch lamp + list on the event website)	1 hour penalty during which the runner is encouraged to get the missing equipment
Refusal to have mandatory equipment checked	Disqualification
Smartphone turned off or in airplane mode	15 minute penalty
Discarding of rubbish/trash or non use of the organisation toilets (voluntary act) by a competitor or a member of their entourage	1 hour penal t y
Lack of respect for others (organization or runners) NB: a participant whose supporters are rude and/or refuse to respect the organization's instructions will be penalized	Disqualification
Not assisting a person in need (in need of care)	Disqualification
Assistance outside of authorized zones	1 hour penalty
Being accompanied along the route outside the clearly defined zones of tolerance in the vicinity of an aid station	15 minute penalty
Cheating (e.g., use of a means of transport, sharing a race-bib,)	Immediate disqualification for life
Lack of visible race-bib	15 minutes penalty
Wearing a non-conforming race-bib	15 minute penalty during which time the runner places their race-bib in a manner which conforms to the rules
Dangerous behavior (e.g.: poles with unprotected points orientated towards runners or spectators)	15 minutes penalty
No timing chip	According to the race directors' decision
No passage through a check point	According to the race directors' decision
Refusal to comply with an order from the race directors, race stewards/marshals, aid station's team leader, doctors or search and rescue staff	Disqualification
Refusal of anti-doping control	The runner will be sanctioned in the same manner as they would be for drug taking
Departure from a check point after the time barrier	Disqualification
Use of poles not carried from the beginning of the race	1 hour penalty



BREACH OF REGULATION	PENALTIES (*) – DISQUALIFICATION
Short-cutting the route	At the race director's discretion
Missing safety item(s) of the mandatory equipment checklist: no minimum water supply, no waterproof jacket with hood (if requiered), no torch (if requiered), no survival blanket (if requiered), no smartphone	Immediate disqualification
Absence of other mandatory equipment items (race leggings or long trousers, only one torch light, cap or bandana, hat, warm and waterproof gloves, long-sleeved top, waterproof over-trousers, whistle, self-adhesive elasticated bandage, food reserve, collapsible cup)	30 minute penalty during which the runner is encouraged to get the missing equipment
Refusal to have mandatory equipment checked	Disqualification
Smartphone turned off or in airplane mode	15 minute penalty
Discarding of rubbish/trash or non use of the organisation toilets (voluntary act) by a competitor or a member of their entourage	30 minute penalty
Lack of respect for others (organization or runners) NB: a participant whose supporters are rude and/or refuse to respect the organization's instructions will be penalized	Disqualification
Not assisting a person in need (in need of care)	Disqualification
Assistance outside of authorized zones	30 minute penalty
Being accompanied along the route outside the clearly defined zones of tolerance in the vicinity of an aid station	10 minute penalty
Cheating (e.g.: use of a means of transport, sharing a race-bib,)	Immediate disqualification for life
Lack of visible race-bib	10 minute penalty
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Dangerous behavior (e.g.: poles with unprotected points orientated towards runners or spectators)	10 minute penalty
No timing chip	According to the race directors' decision
No passage through a check point	According to the race directors' decision
Refusal to comply with an order from the race direc- tors, race stewards, aid station's team leader, doctors or search and rescue staff	Disqualification
Refusal of anti-doping control	The runner will be sanctioned in the same manner as they would be for drug taking
Departure from a check point after the time barrier	Disqualification
Use of poles not carried from the beginning of the race	30 minute penalty



PRACTICAL INFORMATION



Collect your race pack at Chiang Mai PAO Park. Please bring your ID card or passport, along with your Chiang Mai Thailand by UTMB® PASS for verification.

Important:

You must present your mandatory gear for inspection before receiving your race bib.

Collecting for a Friend:

You can pick up a friend's race pack on their behalf, but you will not be given their race bib. They must collect their bib in person.



PASS

To streamline your race pack collection, please create your digital PASS before arriving at the event. Here's how:

Log in to your Running Connect account:

Visit RunningConnect.com and access your RUNNER SPACE.

Generate your PASS:

Go to https://www.runningconnect.com/profile/ space to select your preferred bib pick-up time, complete your information, and upload a recent photo.

Show your PASS:

Have your PASS ready on your mobile device to present at race pack collection.

Need Help?

If you have any questions or need assistance creating your PASS, visit the INFORMATION desk at the event.

Other Uses for Your PASS

In addition to using your PASS to receive your BIB, you can also use the QR Code for:

- After race food payment
- Race result



RUNNER SPACE

RUNNER SPACE is the centralized management hub for all information related to your race. Runners can access this space to review registration details, arrange travel logistics, prepare for the competition, and access essential documents.

Specifically, you can use it to:

- Order Management
- Book your BIB pick-up time.
- Reserve shuttle services.
- Record the phone number to be used during the race.
- Arrange for Race Kits Delivery for runners who did not start (DNS).

You can access your RUNNER SPACE directly at: www.runningconnect.com/profile/space

For runners participating in the CHIANG DAO 160 and ELEPHANT 100, a complimentary shuttle bus service will be provided from Chiang Mai PAO Park to the starting line.

Booking Required:

Reserve your seat for free by November 30th, 2025 through your Running Connect account: https://www.runningconnect.com/profile/space

Spectator Shuttle:

Spectators can also utilize the shuttle service. Seats can be booked for [400 baht] one way or [600 baht] for a round trip.

https://shop.runningconnect.com/product/CMTUTMB2025/CM25-HQSTART

CHIANG DAO160

ELEPHANT100

Start Line:

Wat Tham Chiang Dao

Operating Hours:

Shuttles will run from

7:00 a.m. to 8:30 a.m.

of Friday 5 November 2025

Wat Tham Chiang Dao is located in Mae Taeng District, Chiang Mai Province. It takes approximately 1:20-1:30 hours to reach the temple from Chiang Mai PAO Park.

GPS Coordinates:

19.39308, 98.92917

Start Line:

Wat Nong Bua Noi

Operating Hours:

Shuttles will run from

6:30 a.m. to 6:30 a.m.

of Friday 5 November 2025

Wat Nong Bua Noi is located in

Mae Taeng District, Chiang Mai Province.

It takes approximately 45-60 minutes

to reach the temple from

Chiang Mai PAO Park.

GPS Coordinates:

19.05295, 98.86342



MANDATORY GEAR

MANDATORY EQUIPMENT

		CHIANG DAO	ELEPHANT 100	нмо́нс 50	нмон с 50	SUTHEP 20	SUTHEP 20	20 20	INTHANON 50	INTHANON 20
	RUNNER PACK กระเป๋าบรรจุสัมภาระ	9	②	②	②	0	0	0	Ø	0
<u>.</u>	MOBILE PHONE โทรศัพท์มือถือ	②	②	②	②	0	0	②	②	②
B	PERSONAL BEAKER 150 ML. MINIMUN (bottles or flasks with lids are not accepted) แก้วน้ำขนาด 150 มิลลิลิตรขึ้นไป (ไม่อนุญาตให้ใช้ชวด หรือขวดนิมที่มีฝา)	Ø	②	②	②	0	0	②	Ø	②
Ē	MINIMUM 1 L. IN HYDRATION PACKS OR WATER BOTTLES (It is not permitted to pack water in plastic bags or ziplock bags) ปริมาณน้ำขั้นต่ำ 1 ลิตรขึ้นไป บรรจุในกระเป๋าใส่น้ำ หรือขวด (ไม่อนุญาตให้บรรจุน้ำในถุงพลาสติก หรือถุงซิป)	9	②	②	0	0	0	0	②	0
— <u>```</u>	HEADLAMP +BATTERY ์ ไฟฉายหรือคาดศีรษะ	2 HEADLAMP + 2 BATTERY	2 HEADLAMP + 2 BATTERY	1 HEADLAMP + 1 BATTERY	2 HEADLAMP + 2 BATTERY		1 HEADLAMP + 1 BATTERY		1 HEADLAMP + 1 BATTERY	②
	EMERGENCY BLANKET ผ้าห่มถุกเฉิน	②	②	②	②		0		②	②
	FOOD RESERVE. RECOMMENDATION OF 800 KCAL อาหารสำรอง แนะนำ 800 Kcal	②	②	②	②	Ø	③	②	Ø	②
	A WINDPROOF JACKET WITH HOOD WITH DWR PROTECTION เสื้อเจ็คเก็ตกันลมแบบมีฮู้ด ที่มีสารเคลือบกันน้ำ	②	⊘	⊘	②				⊘	
※ ≜	LED,REFLECTIVE BAND (WITH AT LEAST 2 INCHES LENGTH) ไฟกระพริบ หรือแถบสะท้อนแสง ความยาวอย่างน้อย 2 นิ้ว	②	②	Ø	②				Ø	
+	FIRST AID KITS อุปกรณ์ปฐมพยาบาล	②	②	Ø	②		②		Ø	
©	WHISTLE นกหวีด	②	②	②	②	Ø	0	0	②	②
0	CAP OR BUFF หมวกแก๊ป หรือผ้าคาดศีรษะ	②	②	②					②	
	REUSABLE BOWL+SPORK ซามแบบใช้ซ้ำได้ และข้อนส้อมแบบพกพา	②	②	②	②				②	
Å	COPY OR ORIGINAL PASSPORT / ID CARD พาสปอร์ต / บัตรประชาชน หรือสำเนา	0	②	0	②	0	0	Ø	0	②

RECOMMENDED GEARS

	CHIANG DAO	ELEPHANT 100	нмоне 50	HMONG 50	ў SUTHEР 20	SUTHEP 20	CHEDI 20	INTHANON 50	INTHANON 20
JACKET WITH HOOD เสื้อแจ็คเก็ตแบบมีฮู้ด					⊘	Ø	0		②
RACE LEGGINGS กางเกงขายาวหรือกางเกงเลคกิ้ง	0								
ருரு WARM GLOVES コピ ถุงมือให้ความอบอุ่น	Ø	②		②		0			
WARM TOP WITH LONG SLEEVES เสื้อแขนยาวเพื่อความอบอุ่น	Ø	②				⊘		②	
POLE ไม้ค้ำ	②	②	②	②	0	0	0	(②
CAP OR BUFF หมวกแก๊ป หรือผ้าคาดศีรษะ					Ø		0		②
SUNGLASSES แว่นกันแดด	0	②	0					0	
ARm SLEVVE ปลอกแขน	0	②	②	0	0	0	0	②	②
VASELINE OR ANTI-HEAT CREAM วาสลืนและครีมทากับผิวแพ้แดด	Ø	②	②					②	
REUSABLE BOWL+SPORK ชามแบบใช้ซ้ำได้ และซ้อนล้อมแบบพกพา					0	0			©
GPS WATCH มาหิกาแบบมี GPS	Ø	②	②	②	⊘	⊘	⊘	②	②
្គ CASH 500 BAHT เงินสดอย่างน้อย 500 บาท	Ø	②	Ø	②	⊘	⊘	0	②	②
LIVE LIVETRAIL APP (LIVE TRACKING) และไม่ แอปพลิเคชั่นติดตามนักกีฬา	Ø	②	②	②	0	0	0	9	②

^{*} IF YOU DECIDE TO USE TREKKING POLES, YOU MUST KEEP THEM THROUGHOUT THE WHOLE RACE หากนักกีฬาตัดสินใจใช้ไม้ค้ำ จะต้องพกพาไม้ค้ำไปตลอดทั้งการแข่งขัน

นักกีฬาจำเป็นต้องพกพาอุปกรณ์บังคับทั้งหมด อย่างไรก็ตาม ผู้จัดอาจมีการเพิ่มรายการอุปกรณ์อื่นๆ เข้ามาอีก ตามพยากรณ์อากาศ โดยขึ้นอยู่กับว่าอุปกรณ์นั้นๆ มีประโยชน์หรือไม่ รายการอุปกรณ์ทั้งหมดจะได้รับการยืนยันอีกครั้ง 1-2 วันก่อนการแข่งขัน

^{*} RUNNERS MUST BRING THE FULL LIST OF MANDATORY EQUIPMENT. HOWEVER, ACCORDING TO THE WEATHER FORECAST THE ORGANIZER MAY ADD SOME MORE ITEMS IF THEY ARE CONSIDERED USEFUL. THE FINAL LIST WILL BE CONFIRMED 1 OR 2 DAYS BEFORE THE RACE.



YOUR RACE PLAN



Your Race Plan is easy to use and can be customized to meet each runner's needs. You can plan your race by following these simple steps:

- 1. Set your target time
- 2. Customize your race section
- 3. Plan your nutrition
- 4. Print out your plan
- 5. Additional value training plan

Apart from planning the race, you can also view the actual route characteristics between service point, check the weather conditions at each aids point 48 hours in advance and compare simulated running of athletes with the plan, comparing them with leaders and sweepers etc.

EXAMPLE

HOW DOES IT WORK?



TRY NOW



HOKA CHIANG MAI THAILAND BY UTMB® 2025



























































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