

UTA Mandatory Gear Descriptions



Find the gear descriptions below. The required items differ per distance – refer to specific gear lists for distance requirements.

No mandatory gear = no start!

Items marked with an asterisk* are weather dependent items (announcement to be on race week).

Item	Description
1 x Long Sleeve Thermal Top (polypropylene, wool)	<p>Polypropylene hydrophobic performance synthetic material or lightweight wool. Garments made of a material combination of 94% polyester, 6% spandex are perfect.</p> <p><i>NOT SUITABLE:</i></p> <ul style="list-style-type: none"> • Cotton, coolmax, and Lycra garments are NOT suitable. • Compression Thermal garments.
1 x Long Leg Thermal Pants (polypropylene, wool)	<p>Polypropylene hydrophobic performance synthetic material or lightweight wool. Garments made of a material combination of 94% polyester, 6% spandex (for example) are perfect.</p> <p><i>NOT SUITABLE:</i></p> <ul style="list-style-type: none"> • Cotton, coolmax, and Lycra garments are NOT suitable. • Compression thermal garments are NOT suitable.
1 x Waterproof and breathable jacket	<p>Fully taped (not critically taped) waterproof seams and hood required.</p> <p>Breathability must be provided by the material and not exclusively by mesh panels. Minimal under arm vents are allowed if jacket material is technical and breathable.</p> <p>Vents are allowed as long as seams are taped.</p> <p><i>NOT SUITABLE:</i></p> <ul style="list-style-type: none"> • Critically taped seals (meaning only hood neck and shoulder seams are taped – ALL seams must be taped). • Large mesh panels, even if covered by flaps, are NOT permitted.
1 x Long leg waterproof pants*	<p>Must be durable and provide full leg coverage. No requirements for taped seams, or breathability.</p>
1 x 100-weight (min) long sleeve synthetic fleece top*	<p>100-weight is equivalent to 214gsm Polartec Fleece.</p> <p><i>NOT SUITABLE:</i> Wool</p>
1 x Thermal gloves	<p>Full fingered lightweight thermal gloves (polypropylene or wool).</p>

1 x Beanie, balaclava, or head sock (buff)	Must provide full coverage of the athlete's head for warmth.
1 x Headlamp	Waist lamp is suitable, but it must not obscure athlete's race number (or cover the bib at all). Phone torch
1 x small backup lamp	Sufficiently bright to see course markings while walking/running – for use in case of headlamp failure. <i>NOT SUITABLE:</i> Phone torch or spare battery
1 x Mobile Phone	Fully charged, in working order. Must have a SIM card that can connect to, and make calls from, an Australia Cellular Network (i.e., we need to be able to contact athletes on course). Mobile phone coverage varies throughout the course. There is NO WIFI on course. We strongly recommend a Telstra SIM Card.
1 x Whistle	Must be working – whistle attached to running pack is suitable.
1 x High Visibility Vest	Must comply with Australian/New Zealand Standard AS/NZS 4602: 1999 or AS/NZS 4602:2010 or AS/NZS 4602: 2011 as well as Class D/N for day and nighttime wear. Look for the above details on the tag. Must be clearly visible from front and back and must cover athlete backpack when worn.
1 x compression bandage	Minimum dimensions of 7.5cm WIDE x 2.3m LONG (unstretched). The wrapping (if it's wrapped) should list 'heavy weight cotton crepe bandage' or 'heavy cotton elastic support bandage'. Used for treatment of a sprain or snake bite. Generally, the pink coloured bandages are acceptable. And the white bandages are NOT.
1 x emergency space blanket	Light bivvy sack or equivalent
1 x lightweight dry bag/sack	Used to keep compulsory items (e.g., clothing) dry. NEW Ziplock bags are acceptable (work well for compressing clothing and being able to see items through the plastic – useful for random on course gear checks).
1 x Ziplock bag	To carry personal rubbish on course.

2 x food bars/food portions	Athletes will be required to carry 2 x portions during each leg (i.e., leave each checkpoint with 2 x portions). Note: gels are suitable.
Water bottles or bladders with a capacity to carry 2 litres of water	No zip lock bags
1 x race number/bib	Provided in runner race pack (to collect at check-in after gear check).
1 x timing tag for backpack	Provided in runner race pack (to collect at check-in after gear check).
1 x A5 participants emergency card (provided in race pack)	