



25k Aid Station Chart

AS Label	AS Location	AS Km	Km to Next AS	Elev. Gain to Next AS (m)	Elev. Loss to Next AS (m)	Cumulative Elev. Gain (m)	Cumulative Elev. Loss (m)	Cut-Off Time	Drop Bags	Crew
Start	Spruce Grove Park - Start	0.0	4.7	207	-80	207	-80		X	X
AS1	Big Burn	4.7	1.8	414	0	621	-80			
HS1	Mid Station (Hydration Station)	6.4	3.2	676	0	1,297	-80			
AS2	Rendezvous	9.7	8.4	93	-769	1,390	-849	12:00 PM		
HS2	Mid Station (Hydration Station)	18.0	8.1	54	-598	1,444	-1,447			
Finish	Spruce Grove Park - Finish	26.1						4:00 PM	X	X

****Distance, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch. Due to permitting, the course is subject to change. Always follow course markings for current route****

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