



Spectator Guide

August 22 - 23, 2026



UTMB®
WORLD SERIES

OFFICIAL UTMB® WORLD SERIES PARTNERS

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QUICK LOOK

RACE START

- 100K: Saturday, August 22, at 5 AM
- 50K: Saturday, August 22, at 5 AM
- 25K: Sunday, August 23, at 8 AM
- 10K: Sunday, August 23, at 9 AM

LOCATIONS

BASECAMP (EXPO)

Spruce Grove Park
7328 Kirkpatrick Way, Whistler, BC V8E 0E8, Canada

BASECAMP (EXPO) HOURS

Friday, August 21	10 AM to 6 PM
Saturday, August 22	9 AM to 5 PM
Sunday, August 23	6:30 AM to 2 PM

SUMMER ALPINE EXPERIENCE

Discounted [Summer Alpine Experience](#) Tickets for Participants & Spectators. Enjoy Whistler's alpine environment with exclusive UTMB participant and spectator pricing. Take the gondola up Blackcomb or Whistler mountain and experience scenic mountain views and hiking trails.

Discounted lift ticket vouchers can be collected at UTMB Check-In and redeemed at the Blackcomb Day Lodge for the following Summer Alpine Experience tickets:

Single-Day Summer Alpine Experience Ticket: \$99 + tax

Multi-Day Summer Alpine Experience Ticket: \$145 + tax

GONDOLA OPERATING HOURS:

Whistler Village Gondola
Daily: 9:30 AM – 5:30 PM

Blackcomb Gondola
Daily: 9:30 AM – 5:30 PM

Blackcomb Day Lodge is at the base of Blackcomb - 4553 Blackcomb Way, Whistler, BC V8E 1D2. Parking is available at RMOW Day Lots 1 to 5.



GETTING HERE

SPRUCE GROVE PARK

BASECAMP, Bib Pickup, 25K & 10K Start Line, and Finish Line for All Distances

- Parking is available at Spruce Grove Park on Friday only.
- Parking is not available on Saturday or Sunday. Runners and spectators traveling to Spruce Grove Park for the bib pickup or finish line activities must use the complimentary shuttle service operating between Whistler Day Lot 4 and Spruce Grove Park.
- PAID parking is in effect at Whistler Day Lot 4.

100K & 50K START LINE SHUTTLES

Complimentary shuttle service will be provided from 3:30 AM to 6 AM to and from Whistler Day Lot 4 and Creekside Gondola.

BASECAMP & FINISH LINE SHUTTLES

Complimentary shuttle service will be provided starting Saturday at 6 AM to and from Whistler Day Lot 4 and Spruce Grove Park. Shuttle service will run until Sunday at 3 PM.



RUNNER TRACKING & RESULTS

WHERE'S MY RUNNER?

LOOKING FOR YOUR RUNNER? SEE BELOW FOR HELPFUL TIPS!



- Not all Aid Stations will have tracking, so don't panic if you don't see a time for your runner.
- Limited cellular and satellite connectivity may cause delays in runner tracking updates, and some aid stations may report times more frequently than others

Q: My runner should have checked in by now. Where are they?

A: No need to worry! There are plenty of reasons they may not show as checked in:

- Tracking is not available at that location.
- Connectivity is limited, and tracking updates may be delayed.
- The course includes a variety of terrain, with some sections being more challenging than others, so it's completely normal for runners to move a bit behind their expected pace at times.

* Anticipate up to a 2-hour delay in your runner tracking for any of these reasons

Q: Who should I contact if I'm having trouble tracking my runner?

A: Our experienced Runner Tracking Team works diligently to ensure all runners are on course, safe, and accounted for. They use the same LiveTrail software as the app, so you'll see the same location updates when your runner checks in.

Your runner's safety is our top priority! Our Runner Tracking Team has proven procedures in place to quickly identify and locate any runner who may go off course, ensuring they are safely accounted for throughout the event.

RUNNER TRACKING

[LIVETRIAL.NET](https://livetrial.net) will be available to track runners throughout the event. Please note these are timing splits at certain checkpoints on the course and are NOT live/GPS tracking. Due to the remote nature of these locations there may be possible delays on LiveTrail updating.

TIMING

The race will be timed by LiveTrail using chips located on the bibs. The chips are automatically recorded at the Start Line, various Aid Stations, timing locations and the Finish Line. Please refer to the "How to Wear Your Bib" section in the Runner's Guide for the proper way to wear your bib so the chip is not damaged and is properly recorded.

PLEASE NOTE: All runners in the race must wear their race bib with the tag intact in order to have their times recorded. No bib = no time! Please make sure the race bib is pinned on your front and is visible throughout the race.



TRACK YOUR RUNNER:

To follow your runner's progress on race day, download the LiveTrail Tracker app to your smartphone.



The Skwxwú7mesh Líl wat7úl Cultural Centre (SLCC) in Whistler offers authentic Indigenous experiences on the shared territory of the Sk wx wú7mesh (Squamish Nation) and Líl wat7úl (Lil'wat Nation).

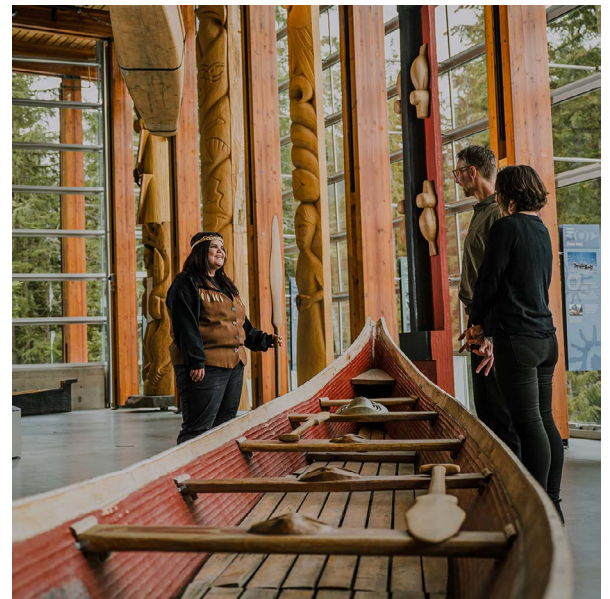
Feel your heart beat in time to the drum as you're welcomed in traditional song, and youthful voices bring ancient stories to life through vibrant guided tours. Enjoy your journey through the Great Hall and galleries, admiring carved house posts, story poles, canoes, weavings and regalia, spindle whorls, and contemporary art.

Adult Admission Price: \$23

Promo Code: UTMB

Valid: Wednesday, August 19th, 2026 – Wednesday, August 26th, 2026.

Link to Buy Tickets: <https://shop.slcc.ca/products/Museum-Admission-p628479023>



SPECTATOR SAFETY

BEAR & COUGAR SAFETY

British Columbia and Whistler share their home with bears and cougars.

In the rare occasion you may encounter a bear, it's best you are equipped with the knowledge of what to do. Please visit our friends over at Tourism Whistler, and read the educating blog *Be Bear Aware* in Whistler by Dee Raffo. [CLICK HERE](#) to read.

Reports of cougar conflicts or aggressive cougar behaviour can be made to the RAPP line at 1-877-952-7277. For safety tips and resources, visit WildSafeBC.com

ACTIVE BIKE TRAILS

Please be aware that the mountain bike trails will still be active and in use. For everyone's safety, hiking and trail running are not permitted on these trails at any time.



AID STATION GUIDE



100k Aid Station Chart

AS Label	AS Location	AS Km	Km to Next AS	Elev. Gain to Next AS (m)	Elev. Loss to Next AS (m)	Cumulative Elev. Gain (m)	Cumulative Elev. Loss (m)	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	3.1	339	-7	339	-7		X	X
AS1	Middle of Nowhere	3.1	8.5	1,197	-18	1,536	-25			
AS2	Whistler Summit	11.6	9.5	358	-696	1,893	-720			
AS3	Roundhouse	21.1	7.7	89	-1148	1,982	-1,868	10:30 AM		
AS4	Big Burn - 1	28.8	1.8	414	0	2,396	-1,868	12:30 PM	X	X
HS1	Mid Station - 1 (Hydration Station)	30.6	3.2	676	0	3,072	-1,868			
AS5	Rendezvous	33.8	8.4	93	-769	3,165	-2,637	1:30 PM		
HS2	Mid Station - 2 (Hydration Station)	42.2	4.5	16	-436	3,181	-3,073			
AS6	Big Burn - 2	46.7	3.7	9	-140	3,190	-3,214	4:00 PM	X	X
HS3	Mel's Dilemma (Hydration Station)	50.4	10.0	579	-434	3,770	-3,647			
AS7	Pump Up	60.3	8.7	380	-561	4,149	-4,208	7:30 PM		
HS4	Weather Check	69.0	10.6	353	-310	4,503	-4,518	9:30 PM	X	X
AS8	Creekside	79.6	18.5	102	-104	4,604	-4,622	12:00 AM		
AS9	Spruce	87.0	11.1	474	-430	4,976	-4,948	1:30 AM		
AS9	Lost Lake (Hydration Station)	98.1	2.8	49	-92	4,653	-4,714			
Finish	Spruce Grove Park - Finish	100.9						5:00:00 AM (Sunday)	X	X

****Distance, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch. Due to permitting, the course is subject to change. Always follow course markings for current route****

Revision 7/17/2026



50k Aid Station Chart

AS Label	AS Location	AS Km	Km to Next AS	Elev. Gain to Next AS (m)	Elev. Loss to Next AS (m)	Cumulative Elev. Gain (m)	Cumulative Elev. Loss (m)	Cut-Off Time	Drop Bags	Crew
Start	Creekside Plaza - Start	0.0	3.1	339	-7	339	-7		X	X
AS1	Middle of Nowhere	3.1	8.5	1,197	-18	1,536	-25			
AS2	Whistler Summit	11.6	9.5	358	-696	1,893	-720			
AS3	Roundhouse	21.1	7.7	89	-1148	1,982	-1,868	10:30 AM		
AS4	Big Burn	28.8	1.8	414	0	2,396	-1,868	12:30 PM		
AS5	Mid Station - 1 (Hydration Station)	30.6	3.2	676	0	3,072	-1,868			
HS1	Rendezvous	33.8	8.4	93	-769	3,165	-2,637	1:30 PM		
AS6	Mid Station - 2 (Hydration Station)	42.2	7.9	54	-598	3,219	-3,235			
Finish	Spruce Grove Park - Finish	50.1						5:30 PM	X	X

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Revision 7/17/2026

AID STATION GUIDE



25k Aid Station Chart

AS Label	AS Location	AS Km	Km to Next AS	Elev. Gain to Next AS (m)	Elev. Loss to Next AS (m)	Cumulative Elev. Gain (m)	Cumulative Elev. Loss (m)	Cut-Off Time	Drop Bags	Crew
Start	Spruce Grove Park - Start	0.0	4.7	207	-80	207	-80		X	X
AS1	Big Burn	4.7	1.8	414	0	621	-80			
HS1	Mid Station (Hydration Station)	6.4	3.2	676	0	1,297	-80			
AS2	Rendezvous	9.7	8.4	93	-769	1,390	-849	12:00 PM		
HS2	Mid Station (Hydration Station)	18.0	8.1	54	-598	1,444	-1,447			
Finish	Spruce Grove Park - Finish	26.1						4:00 PM	X	X

****Distance, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch. Due to permitting, the course is subject to change. Always follow course markings for current route****

Revision 7/17/2026



10k Aid Station Chart

AS Label	AS Location	AS Km	Km to Next AS	Elev. Gain to Next AS (m)	Elev. Loss to Next AS (m)	Cumulative Elev. Gain (m)	Cumulative Elev. Loss (m)	Cut-Off Time	Drop Bags	Crew
Start	Spruce Grove Park - Start	0.0	4.7	207	-80	207	-80		X	X
HS1	Big Burn (Hydration Station)	4.7	7.9	345	-472	552	-552			
Finish	Spruce Grove Park - Finish	12.6						3:00 PM	X	X

****Distance, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch. Due to permitting, the course is subject to change. Always follow course markings for current route****

Revision 7/17/2026

VOLUNTEER INCENTIVE PROGRAM

Sign up to volunteer and become a part of our race family! Once you volunteer you will be automatically entered into our Volunteer Incentive Program where your hours served can be redeemed for discounted or complimentary entries into one of UTMB's North American events. Get involved, give back, and run with us!

LEADING ROLES

- Automatic complimentary entry towards a 100M, 100K, 50K, 20K, or 10K event.
- Leading Roles are assigned by the Volunteer Director and may vary by event. These positions are essential to race operations, runner safety, or volunteer management. A Leading Role may be noted in the shift description or identified at shift end when selecting incentives.

SUPPORTIVE ROLES

Supportive Roles are all volunteer positions outside the defined Leading Roles designated by the Volunteer Director.

LEVEL 4 - SUMMIT

- Volunteer Swag: T-shirt and food & drink voucher.
- Complimentary entry towards a 100M, 100K, 50K, 20K, or 10K.

LEVEL 3 - PEAK

- Volunteer Swag: T-shirt and food & drink voucher
- 30% off registration fee for any event and distance

LEVEL 2 - RIDGELINE

- Volunteer Swag: T-shirt and food & drink voucher
- 20% off the first-tier pricing for any event and distance

LEVEL 1 - BASECAMP

- Volunteer Swag: T-shirt and food & drink voucher
- 10% off the first-tier pricing for any event and distance

If you or anyone traveling with you is interested in volunteering, please [CLICK HERE!](#)

VOLUNTEER

Our volunteers allow us to do what we do! Please be sure to thank the volunteers that help you along your journey. All volunteers will receive swag and early entry to future Whistler by UTMB events.

THINGS TO DO



ALYSSA REYES - RACE DIRECTOR

- [Purebread](#) Bakery & Coffee
- [Hunter Gather](#) A casual spot to kick back with friends, dig into delicious local eats, and enjoy awesome craft beer and wine - all in a chill counter - service tap house.
- Lost Lake Trail is a scenic, family-friendly hiking trail. Surrounded by lush forest and leading to a beautiful lake, it's a peaceful escape.
- Grab a seat at one of Whistler's many patios along the course and cheer loud as the 100K runners power through- with great food, cold drinks, and front-row views!

GABBI GUERRA - VOLUNTEER DIRECTOR

- [Mount Currie Coffee Co.](#) Voted the best coffee in town for multiple years - and the unbeatable breakfast sandwiches are just as loved. Come taste why locals keep coming back!
- [Backcountry Brewing](#) Amazing Taproom & kitchen!
- Black Tusk Hiking Trail is a challenging but unforgettable. Offers panoramic views, alpine meadows, and the chance to summit one of Whistler's most iconic volcanic spires.
- [The Great Glass Elevator Candy shop](#) A fun place for the whole family to enjoy a sweet treat.

