



# RUNNER'S GUIDE

11-13 SEPTEMBER 2026

**UTMB®**  
WORLD SERIES





# CONTENTS

|         |                       |
|---------|-----------------------|
| 3 - 6   | Welcome               |
| 7 - 11  | UTMB World Series     |
| 13      | Runner's Commitment   |
| 15      | Event Schedule        |
| 16      | Venue Info            |
| 18 - 21 | Ultra-Trail Village   |
| 23      | Shuttle Schedule      |
| 25      | Kit Distribution Area |
| 27 - 30 | Aid Station Info      |
| 32 - 34 | Race Rules & Info     |
| 36      | Live Trail App        |
| 37      | Wildlife              |
| 39 - 44 | KAÇKAR 100K           |
| 46 - 50 | KAÇKAR 50K            |
| 52 - 55 | KAÇKAR 20K            |
| 57 - 58 | AYDER 4K              |
| 60      | Sustainability        |
| 61      | Run Like Her          |
| 62      | Partners              |







## DISCOVER KAÇKAR

Kaçkar by UTMB invites you into a landscape where the Black Sea meets the mountains — a place of wild trails, high plateaus and constantly changing horizons.

The courses lead through alpine meadows, dense forests and traditional highland villages, climbing towards rocky passes, glacial lakes and exposed ridgelines. Along the way, runners experience a landscape shaped by water, weather and generations of mountain life, with valleys stretching from the high peaks towards the Black Sea.

The Kaçkar Mountains are defined by contrast: lush green forests and rugged alpine terrain, deep gorges and open plateaus, quiet villages and remote mountain paths. Every climb reveals a new perspective, while every descent draws you deeper into one of Türkiye's most distinctive natural environments.

In 2026, Kaçkar by UTMB once again offers runners the opportunity to experience this extraordinary region in the most direct way possible — on foot, on the trail, and in the heart of the mountains.



## DISCOVER



### HAZINDAK PLATEAU

In Rize's enchanting Çamlıhemşin district, this breathtaking Hazindak Plateau rises 2,000 meters above sea level. Legend has it that it takes its name from the magnificent Hazine Dağı (Treasure Mountain) and, true to its name, every corner feels like a hidden gem.

You will pass it on KAÇKAR 100K & KAÇKAR 50K



### SAMISTAL PLATEAU

Samistal Plateau is more than just a natural wonder; it's a living piece of Turkish heritage. The hill takes its name from Molla Memiş Efendi, who would retreat here for seclusion and worship. Famous Turkish musician Yaşar Kurt immortalized the spirit of this plateau in one of his songs called "Samistal Yaylası".

You will pass it on KAÇKAR 100K & KAÇKAR 50K



### HUSER PLATEAU

Huser Plateau, perched high in the upper reaches of Fırtına Vadisi (Storm Valley), is renowned for its breathtaking sunsets and mesmerizing sea of mist. At the very summit, as evening descends, a magical phenomenon known as the "sea of clouds" emerges, making visitors feel as if they are walking among the clouds themselves.

You will pass it on KAÇKAR 100K & KAÇKAR 20K





## UPPER ÇEYMAKÇUR PLATEAU

Çeymakçur Plateau, split into lower and upper sections, is a beautiful spot surrounded by nature.

Its name means “white water” in the Hemşince dialect, inspired by the shimmering streams that flow through its upper reaches. When the water rushes between the rocks it looks bright white from a distance, hence the given name.

You will pass it on KAÇKAR 100K & KAÇKAR 50K



## KOÇDÜZÜ PLATEAU

Koçdüzü Plateau, known to the locals as Sarikançeni, is a captivating highland cherished by the Laz villagers.

At its heart lies Adalı Lake, where tiny floating islets drift across the water, creating a scene filled with nature’s tranquility and quiet magic. And the nearby dramatic Cennet ve Cehennem Tepesi (Heaven and Hell Hill) offers an unforgettable panorama.

You will pass it on KAÇKAR 100K



## PERYATAK PLATEAU

Peryatak feels as if it has sprung straight from a fairy tale, offering a serene and adventurous experience.

This area soothes your soul with its countless shades of green, mystical atmosphere, and breathtaking views to no one’s surprise. The name literally means the “bed of the fairies”.

You will pass it on KAÇKAR 20K





# HOŞ GELDİN! WELCOME!



**JOHANN ESSL**  
RACE DIRECTOR

Welcome to the second edition of Kaçkar by UTMB! We are delighted to welcome you back to Ayder and the wild beauty of the Kaçkar Mountains for another unforgettable weekend of trail running.

This year, runners from Türkiye and around the world will once again take on ancient shepherds' trails, deep valleys, alpine lakes, rugged peaks and dense forests. The terrain is beautiful, demanding and unpredictable — exactly what makes racing here so special.

Whether this is your first trail race, your first ultra-distance, or another step in your UTMB journey, we are excited to see you on the start line. Last year we began writing the story of Kaçkar by UTMB. This year, you become part of its next chapter.

The Kaçkar Mountains are more than a racecourse. They are home to local communities who welcome us onto these trails and support the event with incredible hospitality. Please respect the people, the landscape and your fellow trail users. Take your litter with you or leave it at aid stations, and help us protect this unique environment.

We also encourage you to experience the region beyond the race. Explore the highland villages, discover the local food and traditions, and enjoy everything that makes this part of Türkiye so special.

None of this would be possible without the support of our partners, local authorities, landowners, volunteers and everyone working behind the scenes to make the race happen. Give them a smile or a high-five along the way — they are out there for you.

Thank you for choosing to run with us and for being part of the Kaçkar by UTMB story.

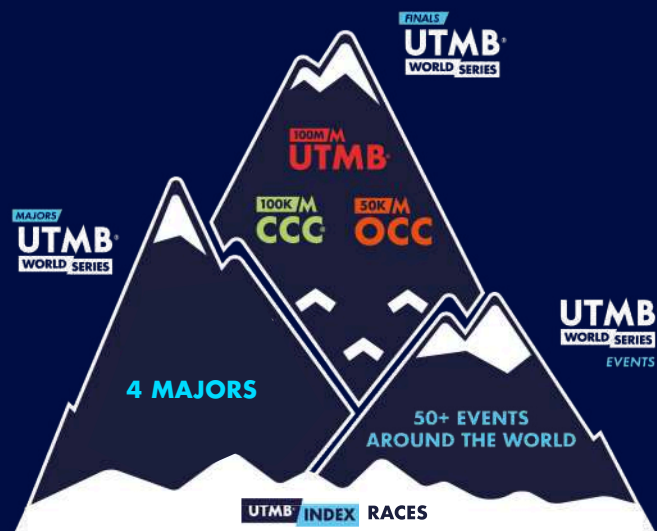
The mountains are waiting. Are you ready to challenge them?



# MEET YOUR EXTRAORDINARY

Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations.

The UTMB® World Series gives all trailrunners the chance to experience UTMB® adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB® World Series Finals at the pinnacle HOKA UTMB® Mont-Blanc.



## FINALS

The mythic *HOKA UTMB Mont-Blanc* is the world's most well-known and revered trail running event on the planet. In the heart of the Alps, the prestigious **UTMB World Series Finals** are held in 3 categories: the **OCC (50K)**, **CCC® (100K)** and **UTMB® (100M)** every year at the end of August in Chamonix, France.

## MAJORS

Four *UTMB World Series Majors*, are held each year across the Americas, Europe, Asia-Pacific and Oceania regions. Collect double the amount of Running Stones compared to other UTMB World Series Events for the UTMB World Series Finals lottery. In total, 210 runners are also granted automatic qualification for the UTMB World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.

## EVENTS

Get the UTMB experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB World Series Events, gives all trail runners the chance to experience the UTMB adventure while showcasing the unique aspects that each race destination offers at over 50 Events around the world.



BEGIN YOUR QUEST TO HOKA UTMB MONT-BLANC AND THE UTMB WORLD SERIES FINALS.



## RUNNING STONES: BOOST YOUR CHANCES FOR THE UTMB WORLD SERIES FINALS

Earn Running Stones by completing races in the 20K, 50K, 100K, or 100M categories at any UTMB World Series Event or Major.

- ✓ *Running Stones are cumulative and never expire, so you can collect as many as you like over time.*
- ✓ *You'll need just 1 Running Stone from the past two years to qualify for the Finals lottery.*
- ✓ *Each Running Stone gives you an extra chance to be selected in the lottery.*

Start your journey, gather your Running Stones, and unlock the path to the UTMB World Series Finals!

### UTMB INDEX

#### YOUR TRAIL RUNNING PASSPORT

The **UTMB Index** measures a runner's performance across four race categories: **20K, 50K, 100K, and 100M**, as well as an overall score.

#### IT'S ESSENTIAL FOR:

- ✓ **Entering the UTMB World Series Finals lottery**  
(with at least 1 Running Stone)
- ✓ **Defining your start wave**  
to ensure the best race experience.
- ✓ **ExclusiveRace Access:**  
You benefit from a 48-hour priority registration to UTMB World Series Events. Some **100K and 100M** events require a valid UTMB Index for safety or lottery pre-registration.

#### HOW IT WORKS:

- ✓ Your UTMB Index is based on your **top 5 race results** (weighted for recency and performance) over the last **36 months**. At least 1 valid race result in the past **24 months** is required for a valid UTMB Index.
- ✓ With over **7,000 races worldwide**, there are plenty of opportunities to boost your UTMB Index.

Ready to level up your trail running?

Validate or improve your UTMB Index today!

**CHECK IT OUT AT [UTMB.WORLD](https://utmb.world)**



## CREATE YOUR MY UTMB® ACCOUNT

Manage everything in one place:

- Track your Running Stones and UTMB® Index.
- View your race results and performance stats.
- Check upcoming race registrations.
- Share your achievements with friends.

**START YOUR JOURNEY AT [UTMB.WORLD](https://utmb.world)**



# UTMB®

## WORLD SERIES

### FINALS

#### HOKA UTMB® MONT-BLANC

AUGUST 24-30 | CHAMONIX MONT-BLANC,  
COURMAYEUR, ORSIÈRES  
FRANCE, ITALY, SWITZERLAND

100M/M UTMB®

100K/M CCC®

50K/M OCC

### MAJORS

#### OCEANIA MAJOR

##### HOKA ULTRA-TRAIL AUSTRALIA™ BY UTMB®

MAY 14-17 | KATOOMBA, AUSTRALIA

#### EUROPE MAJOR

##### HOKA VAL D'ARAN BY UTMB®

JULY 01-05 | VIELHA, SPAIN

#### AMERICAS MAJOR

##### HOKA KODIAK ULTRA MARATHONS™ BY UTMB®

OCTOBER 08-11 | BIG BEAR LAKE, USA

#### ASIA-PACIFIC MAJOR

##### HOKA CHIANG MAI THAILAND BY UTMB®

NOV 28 - DEC 6 | CHIANG MAI, THAILAND



### EVENTS

#### EUROPE

##### ARC OF ATTRITION BY UTMB®

JANUARY 22-25 | UNITED KINGDOM

#### OCEANIA

##### TARAWERA ULTRA-TRAIL BY UTMB®

FEBRUARY 14-15 | NEW ZEALAND

#### AMERICAS

##### PUERTO VALLARTA MÉXICO BY UTMB®

MARCH 05-07 | MEXICO

#### NEW ASIA

##### HOKA XTRAIL KENTING BY UTMB®

MARCH 06-08 | KENTING TAIWAN

#### ASIA

##### WAR HORSE ULTRA-TRAIL XIAMEN BY UTMB®

MARCH 14-15 | CHINA

#### AMERICAS

##### USHUAIA FIN DEL MUNDO BY UTMB®

MARCH 18-22 | ARGENTINA

#### EUROPE

##### TENERIFE BLUETRAIL BY UTMB®

MARCH 19-21 | SPAIN

#### EUROPE

##### CHIANTI ULTRA TRAIL BY UTMB®

MARCH 19-22 | ITALY

#### EUROPE

##### ISTRIA 100™ BY UTMB®

APRIL 09-12 | CROATIA

#### AMERICAS

##### DESERT RATS TRAIL RUNNING FESTIVAL™ BY UTMB®

APRIL 09-12 | USA

#### NEW ASIA

##### ULTRA-TRAIL MOGAN BY UTMB®

APRIL 10-12 | CHINA

#### EUROPE

##### GRAND RAID VENTOUX BY UTMB®

APRIL 24-26 | FRANCE

#### ASIA

##### AMAZEAN JUNGLE THAILAND BY UTMB®

APRIL 30-MAY 03 | THAILAND

#### NEW

#### EUROPE

##### OH MEU DEUS BY UTMB®

MAY 01-03 | PORTUGAL

#### EUROPE

##### TRAIL ALSACE BY UTMB®

MAY 14-17 | FRANCE

#### EUROPE

##### ULTRA-TRAIL SNOWDONIA BY UTMB®

MAY 15-17 | UNITED KINGDOM

#### NEW

#### AMERICAS

##### ROTHROCK BY UTMB®

MAY 15-17 | USA

#### EUROPE

##### MOZART 100™ BY UTMB®

MAY 23 | AUSTRIA

#### AFRICA

##### MOUNTAIN ULTRA TRAIL™ BY UTMB®

MAY 29-31 | SOUTH AFRICA

#### EUROPE

##### TRAIL 100 ANDORRA™ BY UTMB®

JUNE 11-14 | ANDORRA

#### EUROPE

##### TRAIL DU SAINT-JACQUES BY UTMB®

JUNE 12-14 | FRANCE

#### ASIA

##### TRAIL OF THE KINGS - LAKE TOBA BY UTMB®

JUNE 12-14 | INDONESIA

#### NEW

#### EUROPE

##### SALOMON ZUGSPITZ ULTRA TRAIL POWERED BY LEDLENSER BY UTMB®

JUNE 18-20 | GERMANY

#### ASIA

##### KAGA SPA TRAIL ENDURANCE 100 BY UTMB®

JUNE 18-21 | JAPAN

#### EUROPE

##### LA SPORTIVA® LAVAREDO ULTRA TRAIL® BY UTMB®

JUNE 24-28 | ITALY

#### AMERICAS

##### TORRENCIAL CHILE BY UTMB®

JUNE 26-28 | CHILE

#### AMERICAS

##### WESTERN STATES® 100-MILE ENDURANCE RUN

JUNE 27-28 | USA

#### EUROPE

##### RESTONICA TRAIL BY UTMB®

JULY 09-11 | FRANCE

#### EUROPE

##### TRAIL VERBIER ST-BERNARD BY UTMB®

JULY 10-12 | SWITZERLAND

#### EUROPE

##### EIGER ULTRA TRAIL™ BY UTMB®

JULY 15-19 | SWITZERLAND

#### EUROPE

##### MONTE ROSA WALSERWAG BY UTMB®

JULY 17-19 | ITALY

#### AMERICAS

##### SPEEDGOAT™ MOUNTAIN RACES BY UTMB®

JULY 23-25 | USA

#### NEW

#### EUROPE

##### BUCOVINA ULTRA ROCKS BY UTMB®

JULY 24-26 | ROMANIA

#### AMERICAS

##### QUITO TRAIL BY UTMB®

JULY 31-AUGUST 02 | ECUADOR

#### NEW

#### EUROPE

##### GAUJA TRAIL BY UTMB®

AUGUST 01-02 | LATVIA





# 2026 CALENDAR

## EUROPE

### KAT100™ BY UTMB®

AUGUST 06-08 | AUSTRIA

## NEW

## AMERICAS

### BORÉALYS MONT-TREMBLANT BY UTMB®

AUGUST 14-16 | CANADA

## AMERICAS

### ULTRA TRAIL WHISTLER™ BY UTMB®

AUGUST 21-23 | CANADA

## NEW

## AMERICAS

### SNOWBASIN BY UTMB®

SEPTEMBER 10-12 | USA

## EUROPE

### WILDSTRUBEL BY UTMB®

SEPTEMBER 10-13 | SWITZERLAND

## ASIA

### MALAYSIA ULTRA-TRAIL BY UTMB®

SEPTEMBER 11-13 | MALAYSIA

## EUROPE

### KAÇKAR BY UTMB®

SEPTEMBER 11-13 | TÜRKİYE

## ASIA

### JD ULTRA-TRAIL GREAT WALL BY UTMB®

SEPTEMBER 11-13 | CHINA

## AMERICAS

### GRINDSTONE TRAIL RUNNING FESTIVAL™ BY UTMB®

SEPTEMBER 17-20 | USA

## AMERICAS

### PARATY BRAZIL BY UTMB®

SEPTEMBER 17-20 | BRAZIL

## EUROPE

### JULIAN ALPS TRAIL RUN BY UTMB®

SEPTEMBER 18-20 | SLOVENIA

## EUROPE

### NICE CÔTE D'AZUR BY UTMB®

SEPTEMBER 24-27 | FRANCE

## AMERICAS

### CHIHUAHUA BY UTMB®

OCTOBER 01-03 | MEXICO

## ASIA

### TRANSJEJU BY UTMB®

OCTOBER 02-04 | SOUTH KOREA

## ASIA

### ULTRA TRAIL MOUNT YUN BY UTMB®

OCTOBER 16-18 | CHINA

## EUROPE

### KULLAMANNEN BY UTMB®

OCTOBER 30-31 | SWEDEN

## EUROPE

### MALLORCA BY UTMB®

OCTOBER 30 - NOVEMBER 1 | SPAIN

## ASIA

### ULTRA-TRAIL SHUDAO BY UTMB®

NOVEMBER 6-8 | CHINA

## ASIA

### TRANSLANTAU™ BY UTMB®

NOVEMBER | HONG KONG, CHINA

## EUROPE

### PUGLIA BY UTMB®

NOVEMBER | ITALY

## AMERICAS

### HOKA PACIFIC TRAILS CALIFORNIA BY UTMB®

NOVEMBER 13-15 | USA

## AMERICAS

### PATAGONIA BARILOCHE BY UTMB®

NOVEMBER 18-22 | ARGENTINA

## OCEANIA

### ULTRA-TRAIL KOSCIUSZKO™ BY UTMB®

NOVEMBER 26-28 | AUSTRALIA

## NEW

## ASIA

### OMAN BY UTMB®

DECEMBER 10-12 | OMAN

## NEW IN 2027

## NEW ASIA

### VIETNAM HIGHLANDS TRAIL BY UTMB®

JANUARY 08-10 | VIETNAM

## NEW EUROPE

### SKYLINE SCOTLAND BY UTMB®

SEPTEMBER | UNITED KINGDOM

VISIT [UTMB.WORLD](https://utmb.world)



# MY UTMB®+

## THE PROGRAM THAT REWARDS YOUR ENGAGEMENT!

1

### GET INVOLVED

Participate, support causes, and make choices that matter.

2

### LEVEL UP

Collect points with every action, progress through levels, and showcase your engagement.

3

### ENJOY REWARDS

Unlock partner benefits, priority access, exclusive content, and more.



MYUTMB+ IS READY FOR YOU IN YOUR MYUTMB ACCOUNT.

NOT YET A MEMBER? Subscribe to the UTMB World Series Newsletter to join the adventure.

DISCOVER MY UTMB+

VISIT [UTMB.WORLD](https://utmb.world)





# **TURKCELL'S GIANT 5G INVESTMENT**

**POWERFUL COVERAGE**

**HIGH SPEED CAPACITY**

5G is available for compatible devices and SIM cards from April 1, 2026, within 5G coverage areas. Uplink speed on 5G may vary depending on coverage area, serving base station, geographic conditions, network congestion, device used, and distance to the base station. For details: [turkcell.com.tr/5G](https://turkcell.com.tr/5G)



# RUNNERS' COMMITMENT

TO PARTICIPANT IN KAÇKAR BY UTMB.

IT IS ESSENTIAL YOU ARE COMMITTED TO THE FOLLOWING:

Be fully aware of the length, elevation, and technical nature of the event, and to arrive at the start line with the necessary preparation.

Have acquired, before the race, a genuine capacity for personal autonomy in the mountains, including the ability to manage the challenges and difficulties expected in this type of event, such as:

- Coping, without outside assistance, with potentially severe weather conditions at altitude (including darkness, wind, cold, heat, fog, rain, or snow).
- Managing, even when isolated, physical or mental issues arising from fatigue, digestive problems, muscle or joint pain, minor injuries, or other difficulties.

Understand that it is not the role of the organisers to assist runners in managing these personal challenges. But be assured that the aid stations and rescue teams are on stand-by in case of emergencies.

Acknowledge that, in mountain environments, safety depends primarily on the runner's own ability to adapt to the problems encountered or anticipated.

Respect the nature, wildlife and local communities of the Kaçkar Mountains, and ensure that any supporters or spectators accompanying them demonstrate the same respect at all times.

Make sure to know all race rules and regulations and comply with them.





**SPEEDGOAT 7**

**RUN WILDER**

**HOKA**

PROVEN GRIP AND CUSHIONING FOR THE TRAILS LESS TAKEN.

BEST FOR  
LOOSE &  
ROCKY  
TERRAIN



# EVENT SCHEDULE

## FRIDAY - SEPTEMBER 11

| Time          | What                                          | Where                 |
|---------------|-----------------------------------------------|-----------------------|
| 10:00 - 20:00 | Kit Distribution                              | Kit Distribution Area |
| 10:00 - 20:00 | Kaçkar Ultra Trail Village                    | Kaçkar Village        |
| 13:30 - 14:00 | Run Like Her Speakers Panel, Q&A Session      | Main Stage            |
| 14:00 - 14:45 | Shake Out Run                                 | Main Stage            |
| 15:00 - 16:00 | Race Briefing                                 | Main Stage            |
| 16:00 - 17:00 | Opening Ceremony & Elite Athlete Presentation | Main Stage            |
| 18:00 - 19:00 | Concert / DJ                                  | Main Stage            |

## SATURDAY - SEPTEMBER 12

| Time          | What                          | Where                 |
|---------------|-------------------------------|-----------------------|
| 04:00         | START - Kaçkar 100K           | Start Line            |
| 06:00 - 19:00 | Kaçkar Ultra Trail Village    | Kaçkar Village        |
| 06:00 - 07:00 | Kit Distribution - Kaçkar 50K | Kit Distribution Area |
| 08:00         | WAVE START - Kaçkar 50K       | Start Line            |
| 07:30 - 09:00 | Kit Distribution - Kaçkar 20K | Kit Distribution Area |
| 09:00 - 10:00 | Kit Distribution - Ayder 4K   | Kit Distribution Area |
| 10:00         | WAVE START - Kaçkar 20K       | Start Line            |
| 11:00         | START - Ayder 4K              | Start Line            |

First Finishers: **AYDER 4K** 11:20

**KAÇKAR 20K** 12:00

**KAÇKAR 50K** 12:45

**KAÇKAR 100K** 13:45

Cut Off times: **AYDER 4K** 12:15

**KAÇKAR 20K** 16:30

**KAÇKAR 50K** 21:00

**KAÇKAR 100K** 04:00 (Sunday)

## SUNDAY - SEPTEMBER 13

| Time          | What                       | Where          |
|---------------|----------------------------|----------------|
| 09:00 - 14:00 | Kaçkar Ultra Trail Village | Kaçkar Village |
| 10:30 - 11:00 | Documentary Screening      | Main Stage     |
| 11:00 - 13:00 | Award Ceremony             | Main Stage     |
| 13:00 - 14:00 | Closing Ceremony           | Main Stage     |





  
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SINCE 1936

90 YEARS  
OF **RESILIENCE**

[www.suunto.com](http://www.suunto.com)



# VENUE INFO



1 Start / Finish Area

2 Kaçkar Ultra Trail Village

3 Spectators Area

4 Shuttle Point (Spectators and Press)

## START AND FINISH AREA

- Start and finish line
- Spectator viewing area
  - Cheer the runners at the start
  - Stay to cheer Ayder 4K runners for the finish
  - Follow LiveTrail app to cheer the first finishers and your favorite athletes at the finish line
- Bag drop off
- Toilets & Showers

## KAÇKAR ULTRA-TRAIL VILLAGE

- Kit Distribution Area (for your mandatory kit check and race bib collection)
- Official Merchandise and UTMB World Series Partners
- Main Stage
- Fan Zone
- Information Point and Toilets
- Finishers Area (Finisher Meal, Finisher Gift, Physio)
- Medical Area
- Media Tent

## SPECTATING INFO

- Kaçkar 100K, Kaçkar 50K and Ayder 4K runners will descend across the green field through the World Pass flags — a great spot to cheer them on!
- Best viewing time: approximately 10–20 minutes after the start.
- The spectator area is approximately 900 m from the Start Area. Once the runners have started, we recommend heading there immediately to make sure you arrive in time.

## SHUTTLE POINT

- Shuttles going to
  - Yukarı Kavrun (100K & 50K)
  - Avusor - Life base (100K)
  - Galer (50K)
- Free of charge
- Available for spectators and press
- Maximum capacity 15 pax
- Refer to shuttle schedule for more info



# ULTRA TRAIL VILLAGE

FROM FRIDAY TO SUNDAY,  
11 - 13 SEPTEMBER 2026

## OPERATING HOURS

Friday 10:00 - 20:00  
Saturday 06:00 - 19:00  
Sunday 09:00 - 13:00



Set outdoors in the heart of Ayder, the Ultra-Trail Village will be the central hub of Kaçkar by UTMB all weekend long.

This is where runners, supporters, and trail enthusiasts come together to share the race atmosphere and celebrate the world of trail running.

## OVER THE WEEKEND, YOU'LL FIND:

- 1 Start / Finish Area
- 2 UTMB World Series & Kaçkar by UTMB Partners – meet the brands that power the sport. Running & Lifestyle Exhibitors – explore the latest gear, apparel, and innovations.
- 3 Main Stage
- 4 Kit Distribution Area – mandatory kit check and bib collection.
- 5 Official Merchandise – official race gear and souvenirs.
- 6 Fan Zone



## TURKCELL

Turkcell is Türkiye's leading technology and telecommunications company, providing mobile connectivity, digital services and communication solutions across the country. Through its network and technology infrastructure, Turkcell helps keep people connected wherever they go.

## HOKA

HOKA is a global running and outdoor footwear brand known for its innovative cushioning, performance-focused design and distinctive approach to movement. Supporting runners from everyday training to race day, HOKA creates footwear and apparel designed to help athletes run comfortably, confidently and efficiently across every distance and terrain.

## SUUNTO

Suunto produces durable, GPS-enabled sports watches that help track navigation, pace, and vital stats. Ideal backup if your smartphone fails or for added situational awareness beyond mandatory LiveRun tracking.

## AONIJIE

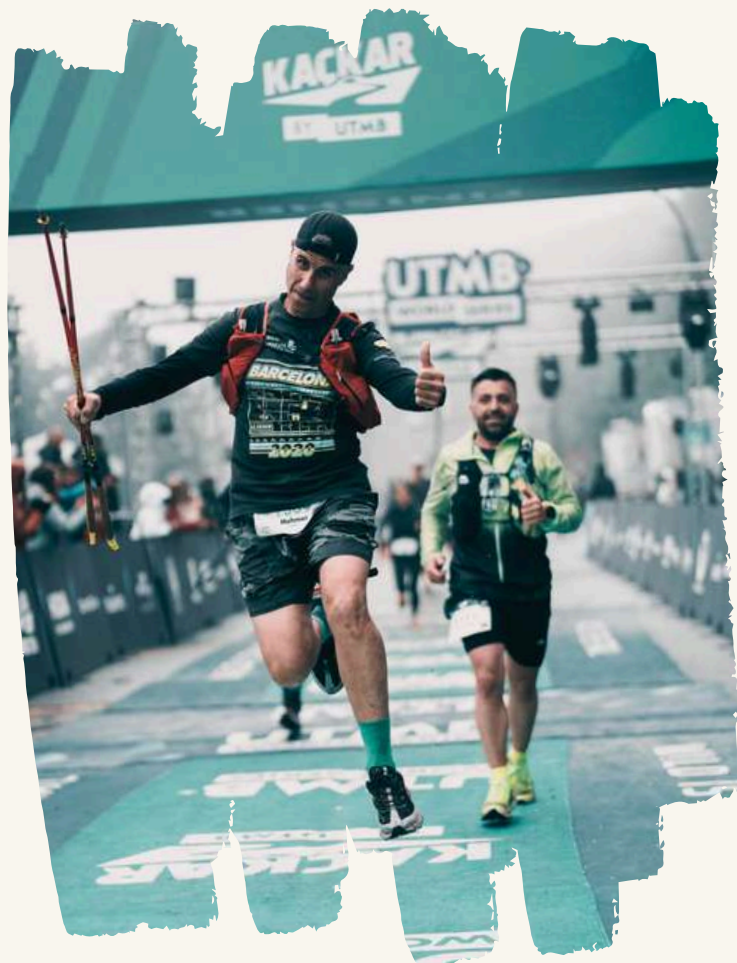
AONIJIE offers lightweight running hydration packs and belts ideal for carrying water, food, and emergency gear securely. Their ergonomic designs make them perfect for meeting the "running backpack" requirement while ensuring comfort over rugged terrain.

## COMPRESSPORT

Compressport's jackets, gloves, and compression gear are specifically designed for mountain ultras; light, waterproof and compliant with UTMB weather standards. Their products help you stay warm, dry, and race-compliant under adverse conditions.

## SVR

SVR is a dermocosmetic skincare brand known for high-performance formulas developed for sensitive and demanding skin. Combining dermatological expertise with effective active ingredients, SVR offers skincare and sun protection designed to support and protect the skin in everyday life and during outdoor activity.







## NNORMAL

Nnormal specializes in lightweight trail sneakers and socks optimized for grip and comfort. Their trail running shoes help you meet the “closed trail running shoes with tread outsole” requirement while enhancing foot protection.

## BROOKS

Brooks is known for comfortable, cushioned trail running shoes that meet the mandatory outsole requirements. Their light and reliable packs or headgear also support other clothing mandates (caps, gloves, buff).

## GARMIN

Garmin creates rugged, multi-sport GPS watches with long battery life, navigation tools, and emergency features like LiveTrack and incident detection. These are a smart supplement or backup to your mandatory smartphone.

## FOCUS ON

FOCUS ON is a performance eyewear brand creating sports sunglasses for running and outdoor activities, combining functional design with clear, comfortable vision on the move.

## CAMELBAK

CamelBak’s hydration vests and reservoirs offer reliable, hands-free fluid carrying, making it easy to meet the mandatory minimum fluid capacity requirement (1–1.5L) while keeping hydration accessible on the move.

## PT ACADEMY

PT Academy is a sports physiotherapy, rehabilitation and performance center working with both amateur and professional athletes. Their team supports athletes with injury prevention, recovery, mobility and performance, helping runners stay healthy and move at their best before and after the race.





# FAN ZONE

Celebrate the race.  
Support the community.

Located in the heart of the event area, the Kaçkar by UTMB Fan Zone is a place to meet, relax and enjoy the atmosphere throughout race weekend.



## WHAT TO EXPECT



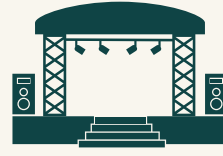
Local food stands



Drinks



Music



Stage program



A lively meeting point for runners, supporters, families and visitors

Full stage programme and timings will be announced closer to the event.

## MORE THAN A FAN ZONE



The Fan Zone has been created in support of Çamlıhemşin Ayder Çevre ve Turizm Derneği, an association with strong roots in Ayder and close ties to the local community.

Following the September 2025 disaster in Ayder, the association played an important role in supporting local residents and helping the community through the aftermath.

By spending time in the Fan Zone, enjoying the local stands and being part of the atmosphere, you are also supporting the people and community that welcome Kaçkar by UTMB to their home.





# TUDOR



**BLACK BAY 58**

What is it that drives someone to greatness? To take on the unknown, venture into the unseen, and dare all? This is the spirit that gave birth to TUDOR. This is the spirit embodied by every TUDOR Watch. Including the TUDOR Black Bay 58, a 39mm diameter stainless steel diving watch with a Manufacture Caliber and a vintage feel. Some are born to follow. Others are born to dare.

**BORN TO  
DARE**

# SHUTTLE SCHEDULE

Kaçkar by UTMB is a car-free event.

If you are travelling by car, it is important to plan your parking in advance to avoid last-minute stress.

All the official shuttles are free to runners and guests of the event.



## AIRPORT SHUTTLES

| From                | To                  | Travel time | Oper. Times       | Frequency |
|---------------------|---------------------|-------------|-------------------|-----------|
| Rize-Artvin Airport | Ayder (Car Park)    | 60 min      | 10 Sept - 11 Sept | TBC       |
| Ayder (Car Park)    | Rize-Artvin Airport | 60 min      | 13 Sept           | TBC       |

Full shuttle program and timings will be announced closer to the event.

## IN-TOWN AYDER SHUTTLE

| From             | To                   | Travel time | Oper. Times       | Frequency       |
|------------------|----------------------|-------------|-------------------|-----------------|
| Ayder (Car Park) | Kaçkar Ultra Village | 15 min      | 10 Sept - 13 Sept | every 15-20 min |

## SPECTATOR SHUTTLES TO AID STATIONS

| From  | To            | Travel time  | Oper. Times   | Frequency    | Courses at Aid Station  |
|-------|---------------|--------------|---------------|--------------|-------------------------|
| Ayder | Yukarı Kavrun | 40 min (max) | 05:00 - 14:30 | every 30 min | Kaçkar 50K, Kaçkar 100K |
| Ayder | Avusor        | 20 min       | 08:30 - 17:00 | every 30 min | Kaçkar 100K             |
| Ayder | Galer         | 20 min       | 11:30 - 18:30 | every 30 min | Kaçkar 50K              |

Note: there are three Aid Stations spectators are allowed to visit : **Yukarı Kavrun, Galer and Avusor**



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OFFICIAL FOOTCARE

NO  
FINISH LINE  
WITHOUT  
FOOTCARE



PEDICURE

3 weeks before



TANNING

Apply from D-20 to D-10

Alternate lemon juice and  
ANTI-FRICTION cream every evening



ANTI-FRICTION  
CREAM

From D-10 to D-day

Apply cream generously every day

#nofinishline  
withoutfootcare

© ZOÉ BOUILLET



AONIJIE  
RUNNING





# KIT DISTRIBUTION AREA



## KIT DISTRIBUTION

for all races takes place in the Kit Distribution Area at Kaçkar Ultra-Trail Village.

| Distance    | Operating times                                 |
|-------------|-------------------------------------------------|
| KAÇKAR 100K | Friday 10:00 - 20:00                            |
| KAÇKAR 50K  | Friday 10:00 - 20:00 and Saturday 06:00 - 07:00 |
| KAÇKAR 20K  | Friday 10:00 - 20:00 and Saturday 07:30 - 09:00 |
| AYDER 4K    | Friday 10:00 - 20:00 and Saturday 09:00 - 10:00 |

To make race bib collection as quick and efficient as possible, please come prepared and allow extra time when you arrive. With large numbers of runners registering, queues are likely during peak periods. We strongly recommend arriving early, with your full mandatory kit ready for inspection, rather than leaving it to the last moment.

Your kit distribution process will involve:

- ID check – Please have it ready.
- Mandatory equipment check – you must be prepared to present all equipment and clothing before proceeding. If you do not have a mandatory item you will be asked to exit the queue and obtain missing items in order to race. Be aware that Ayder offers a limited selection of shops to purchase trail running gear.
- Race kit pick up – including your race bib, drop bag (KAÇKAR 100K & 50K) and gift
- OWAKA GPS tracker installation – only applicable for KAÇKAR 100K & 50K.





# FOR EVERY MILESTONE

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WITH COMPRESSPORT  
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**WHEREVER YOU RACE,  
WE SUPPORT YOU.**

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# AID STATION INFO

Along the course, designated aid stations provide a chance to refuel, rehydrate, and take a short break. Here runners will find food and drinks, shelter and toilet facilities according to CP plan.

To enter the aid stations, runners must wear their race-bib.

Keep in mind that your race time does not stop when you are at an aid station. Some stations have their own cut-off times and missing it means you won't be able to continue in the race.

At Kaçkar by UTMB, aid stations are stocked with drinking water, coke, and energy drink mixes for refilling your bottles or hydration packs. Remember to bring your personal reusable cup & utensils which is mandatory due to our sustainability policy.



These supplies are intended to support your nutrition strategy, not replace it. Ultra-trail running requires self-sufficiency, so plan your fuelling and hydration carefully and use the stations as a supplement to what you carry yourself.

Before leaving an aid station, every runner must make sure they have enough food and fluids to get safely to the next checkpoint.



# AID STATION INFO

## WHAT'S ON THE MENU?

There are three different types of aid stations along the race courses. To see which type is available at each point, please check the race route profiles on the [Kaçkar by UTMB website](#).



### WATER STATION

At these points, you'll find a variety of drinks to help you refresh and recharge.

Options include still water, sparkling water, cola, ISO energy drinks, tea and instant coffee.



### FOOD & DRINK

These stations offer both hydration and a wide selection of snacks to fuel your run.

Along with the full range of drinks, you'll find waffles, marble cake, Snickers, petits beurres, chips, salted peanuts, stick crackers, fresh fruit (bananas, oranges, lemons), dried fruit (apricots, grapes), sliced cheddar cheese, and bread.

At some CPs you will also find some local food selection, such as sütlaç (rice pudding) and energy gels.

Perfect for a quick energy boost or to recharge before continuing your journey.



### HOT FOOD

In addition to the above, these aid stations also offer:

Lentil soup, pasta, potatoes.

Please note, you **MUST** bring your own bowl or plate as per mandatory equipment.



Please note: these options are correct at the time of publication.  
All food options are subject to change.

# AID STATION INFO

## FACILITIES AND SUPPLIES FOR FEMALE PARTICIPANTS



Female-only toilets will be available at the Start/Finish area and at some aid stations where toilet facilities are provided.

Menstrual products are also stocked at these locations, usually inside the aid stations. Please ask the CP staff to assist you with the products when necessary.

## PERSONAL ASSISTANT 'SUPPORT' – KAÇKAR 100K & 50K



A personal assistant (support crew) is only permitted at designated aid stations. Please make sure to review this information in advance and plan accordingly.

### KAÇKAR 100K

|                  |                         |
|------------------|-------------------------|
| HAZINDAK         | ✗ NO PERSONAL ASSISTANT |
| SAMISTAL         | ✗ NO PERSONAL ASSISTANT |
| YUKARI KAVRUN    | ✓ ASSISTANCE ALLOWED    |
| YUKARI CEYMAKÇUR | ✗ NO PERSONAL ASSISTANT |
| AŞAĞI ÇEYMAKÇUR  | ✗ NO PERSONAL ASSISTANT |
| PALAKÇUR         | ✗ NO PERSONAL ASSISTANT |
| AVUSOR           | ✓ ASSISTANCE ALLOWED    |
| KOÇDÜZÜ          | ✗ NO PERSONAL ASSISTANT |
| AŞAĞI KAÇKAR     | ✗ NO PERSONAL ASSISTANT |
| HUSER            | ✗ NO PERSONAL ASSISTANT |
| AYDER            | ✓ FINISH LINE           |

### KAÇKAR 50K

|                  |                         |
|------------------|-------------------------|
| HAZINDAK         | ✗ NO PERSONAL ASSISTANT |
| SAMISTAL         | ✗ NO PERSONAL ASSISTANT |
| YUKARI KAVRUN    | ✓ ASSISTANCE ALLOWED    |
| YUKARI CEYMAKÇUR | ✗ NO PERSONAL ASSISTANT |
| AŞAĞI ÇEYMAKÇUR  | ✗ NO PERSONAL ASSISTANT |
| PALAKÇUR         | ✗ NO PERSONAL ASSISTANT |
| GALER            | ✗ NO PERSONAL ASSISTANT |
| AYDERN (FINISH)  | ✓ FINISH LINE           |

## PERSONAL ASSISTANT RULES:

- You may only be assisted by one person at a time, and only within the designated aid station areas.
- 100K & 50K runners will receive 1 Support Crew wristband in their registration pack, issued after completing the mandatory kit check.
- This wristband grants your support crew access to the aid station with one bag (maximum capacity 30L).
- Anyone attempting to enter an aid station without a valid Support Crew wristband will be refused entry and asked to leave.
- Supporters are only allowed to use the official shuttles to reach the aid stations.

No additional media access or requests will be granted to participants beyond the 1 x Support Crew wristband. Only accredited members of the Kaçkar by UTMB Media Team, holding official media accreditation passes, will be permitted to enter aid stations.

**THERE IS STRICTLY NO PERSONAL ASSISTANTS ALLOWED AT OTHER AID STATIONS**



# AID STATION INFO

## SPECTATING

Friends and family are an important part of the Kaçkar by UTMB experience, and many will want to cheer on their runner along the course. The Kaçkar Mountains offer some spectacular viewpoints where you can take a shuttle from the Start Area to watch the action and soak in the atmosphere.

However, please keep in mind that **this is a race environment**. Spectators must not interfere with athletes or provide any assistance beyond cheering and encouragement.

Because of the remote nature of most aid stations, access is limited. Some locations cannot accommodate visitors due to restricted road access or lack of safe space. For this reason, only certain aid stations are open to spectators.

- Access is permitted only at designated aid stations listed in this guide.
- Attempting to spectate at restricted locations may result in removal and a potential penalty for the runner.
- Spectators must always remain outside aid station areas; entry is strictly limited to runners, Media (with accreditation), supporters with wristbands and event staff.

By respecting these guidelines, you help us maintain safety, protect the local environment, and ensure the best possible experience for both runners and supporters.

### KAÇKAR 100K

|                  |                   |
|------------------|-------------------|
| HAZINDAK         | ✗ NO SUPPORT      |
| SAMISTAL         | ✗ NO SUPPORT      |
| YUKARI KAVRUN    | ✓ SUPPORT ALLOWED |
| YUKARI CEYMAKÇUR | ✗ NO SUPPORT      |
| AŞAĞI ÇEYMAKÇUR  | ✗ NO SUPPORT      |
| PALAKÇUR         | ✗ NO SUPPORT      |
| AVUSOR           | ✓ SUPPORT ALLOWED |
| KOÇDÜZÜ          | ✗ NO SUPPORT      |
| AŞAĞI KAÇKAR     | ✗ NO SUPPORT      |
| HUSER            | ✗ NO SUPPORT      |
| AYDER            | ✓ FINISH LINE     |

### KAÇKAR 50K

|                  |                   |
|------------------|-------------------|
| HAZINDAK         | ✗ NO SUPPORT      |
| SAMISTAL         | ✗ NO SUPPORT      |
| YUKARI KAVRUN    | ✓ SUPPORT ALLOWED |
| YUKARI CEYMAKÇUR | ✗ NO SUPPORT      |
| AŞAĞI ÇEYMAKÇUR  | ✗ NO SUPPORT      |
| PALAKÇUR         | ✗ NO SUPPORT      |
| GALER            | ✓ SUPPORT ALLOWED |
| AYDERN (FINISH)  | ✓ FINISH LINE     |

The shuttle timetable is provided below.  
Please check this and share with your spectators  
in advance to ensure they arrive on time.

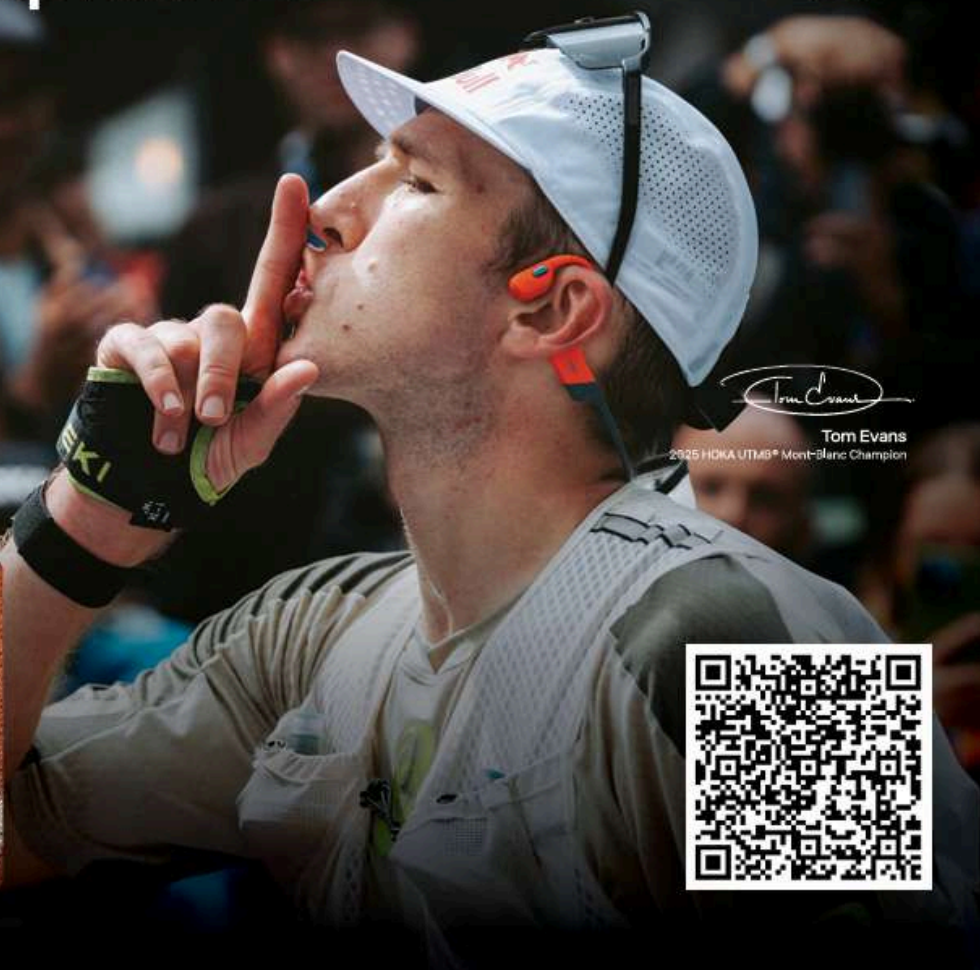
| From  | To            | Travel time  | Oper. Times   | Frequency    | Courses at Aid Station     |
|-------|---------------|--------------|---------------|--------------|----------------------------|
| Ayder | Yukarı Kavrun | 50 min (max) | 05:00 - 14:30 | every 30 min | Kaçkar 50K,<br>Kaçkar 100K |
| Ayder | Galer         | 20 min       | 11:30 - 18:30 | every 30 min | Kaçkar 50K                 |
| Ayder | Avusor        | 20 min       | 08:30 - 17:00 | every 30 min | Kaçkar 100K                |

THERE IS NO ROAD ACCESS TO ANY AID STATIONS FOR INDIVIDUAL TRANSPORT

# Open Ear Headphones

SHOKZ

OPENRUN PRO 2



*Tom Evans*

Tom Evans  
2025 HOKA UTMB® Mont-Blanc Champion



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# RACE RULES & INFO

Kaçkar by UTMB features multiple races set in the wild terrain of the Kaçkar Mountains, following technical trail courses. Each race is completed in a single stage, run at an undefined pace, but always within a set time limit.

**100K** **M**

**KAÇKAR 100K:** Around 82 km in distance with 5,600 meters elevation gain, starting from Ayder, in semi-autonomy. Approximately 400 participants.

**50K** **M**

**KAÇKAR 50K:** Around 44 km in distance with 3,000 meters elevation gain, starting from Ayder, in semi-autonomy. Approximately 450 participants.

**20K** **M**

**KAÇKAR 20K:** Around 20km in distance with 1,400 meters elevation gain, starting from Ayder, in semi-autonomy. Approximately 700 participants.

**AYDER 4K**

**AYDER 4K:** Around 4km in distance with 230 meters elevation gain, starting from Ayder, in semi-autonomy. Max. capacity 300 participants.



## RACE BIBS

Race bibs will be issued to each participant once your race entry has been confirmed (ID check) and your mandatory equipment has successfully passed inspection.

**No mandatory kit = no race bib.**

Your race bib must be worn on the chest or stomach, **clearly visible at all times** throughout the race. It must always be placed on top of all clothing, and cannot be worn on the leg or attached to your race pack. For convenience, we recommend using a race belt to keep it in the correct position.

The participant's name and partner logos must not be altered or hidden. The race bib is your access to the race start, aid stations, medical points, showers, drop bag collection, and DNF repatriation service.



## CUT-OFF TIMES

Cut-off times are set to ensure participants can reach the finish line within the maximum time limit for each race. These times are shown on the official course profiles and information available on the Kaçkar by UTMB website.

The cut-off time listed for an aid station is the latest possible time you must leave the station. Any participant who has not departed by the designated time will be withdrawn from the race immediately.



## MEDICAL

Several points along the race routes are staffed with emergency medical personnel. These teams are in direct contact with the central Medical Team based in Ayder, near the race finish.

**Medical staff are available to assist any participant experiencing health issues** — either with the resources of the event or, when necessary, by coordinating with local emergency services.

**Participant in trouble, or seriously hurt, needs to call for help as follows:**

- Informing staff on arrival at an aid station.
- Informing emergency medical staff on route.
- By calling the Command Centre emergency number on bib.
- By asking another participant to call the Command Centre emergency number on bib.
- By using the SOS function on the LiveTrail app.
- By using the SOS function on the GPS tracker (KAÇKAR 100k & 50K only)
- By using your headtorch and whistle to attract attention.

As part of the competition, **every runner must provide assistance to any person** they see in danger and alert the organisers.

**IT IS MANDATORY TO ASSIST  
A PERSON IN DIFFICULTY**

# RACE RULES & INFO



## WAYMARKING

All Kaçkar by UTMB race routes are fully waymarked with high-visibility markers to guide you along the course. Markers may take different forms depending on the terrain; including small flags placed in the ground, tape fixed to branches or rocks, or directional arrows attached to gates, posts, or stiles.

- **Standard spacing:** Waymarkers are positioned roughly every 50 meters.
- **Continuous trail:** On obvious, well-defined sections, spacing may extend to around 100 meters.
- **Technical trail:** On more difficult or less obvious sections, markers appear more frequently — approximately every 25 meters.
- **Junctions & turns:** At sharp bends or intersections, markers are grouped together for clarity, usually three before the turn and three after. These may also be accompanied by a directional arrow for extra guidance.
- An **X-shaped sign** shows the **WRONG WAY**.

Waymarkers are made from high-contrast orange and white fabric, making them easy to spot in varied terrain. They also include reflective material, so they remain visible at night and shine back the beam of headtorch.

In order to protect the natural environment of the Kaçkar Mountains, we do not use paint or permanent markings on the trails. All materials used for waymarking are temporary and removed after the event.

**IMPORTANT:** If you reach a point where you can no longer see any waymarkers ahead, or if you haven't spotted one for a significant distance, stop immediately and check your phone or watch. This may indicate that you have missed a junction or a turn. To help you stay on course, we strongly recommend downloading the official GPX file for your race from the Kaçkar by UTMB website before the event. This file can be used as a backup alongside the course waymarking. Please note: final GPX files will be published on the event website one week before race day. Make sure you have the latest version saved to your device.



## WITHDRAWING FROM THE RACE

During the race, if you become injured or are unable to continue, you must make your way to the nearest aid station. This may be the one ahead of you or the one you have just passed.

For safety reasons, participants can only withdraw at an official aid station. This ensures our team knows exactly who has left the race. The only exception is in the event of a serious injury, where the Medical Team may arrange an extraction.

When you withdraw:

- The barcode from your race bib will be collected.
- Your GPS tracker will be removed (for KAÇKAR 100K & KAÇKAR 50K participants).
- You will still have access to aid station facilities.
- Your race bib must remain visible, as it grants you access to medical services and official transport back to Ayder.

Withdrawn runners will be transported back to the race finish in Ayder by our Transport Team volunteers. Please note that this may take several hours depending on demand.

For safety reasons, once you withdraw you are not permitted to continue on the course.



# RACE RULES & INFO



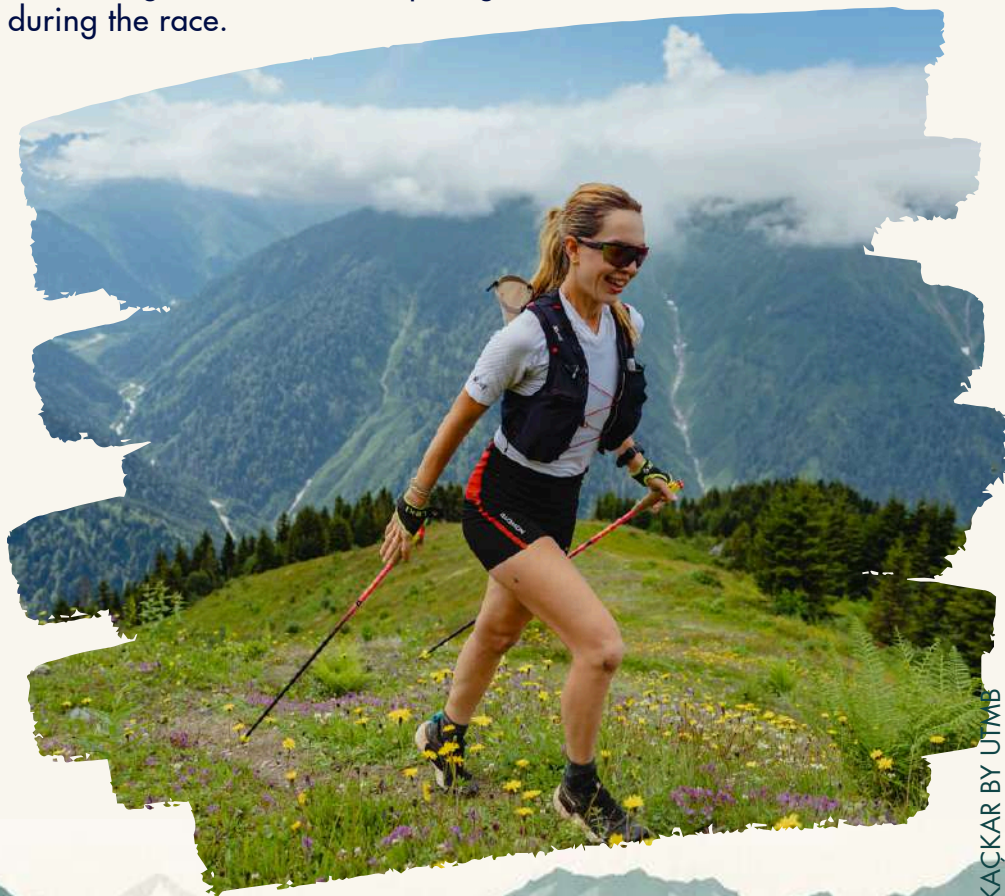
## MANDATORY EQUIPMENT

To ensure safety and smooth operations, all participants must carry the full mandatory kit throughout the race, even if they do not plan to use certain items.

- Kit Checks:
  - A full check will take place at registration.
  - Random checks may also be conducted during the race.
  - Missing items may result in penalties up to disqualification.
- Equipment Requirements:
  - All clothing must be the correct size and unmodified from its original factory condition.
  - Mandatory kit must be carried in a pack, which will be tagged during registration when race bibs are issued.
  - Pack tags are not interchangeable during the race.
- Electronic Devices:
  - Given the duration of the event, runners must plan for adequate battery life for required electronic devices.
  - This may include using rechargeable gear, carrying spare batteries, or portable charging solutions.
  - KAÇKAR 100K runners are encouraged to use the drop bag service to recharge devices during the race.

Listening to **music** with earphones is permitted, provided it does not compromise safety. Earphones must be removed when approaching or crossing roads, when entering or leaving checkpoints, and when interacting with the Mountain Safety Team.

If you decide to use poles during the race, you must carry them from start to finish. It is not permitted to begin the race without poles and then collect them later along the course, nor are poles allowed to be stored in drop bags.



KAÇKAR BY UTMB

# SVR

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## SUN SECURE

ULTRA PROTECTION  
ULTRA TRAIL\*



\*Valid for high-protection products from the Sun Secure range.

## RUN AND BE CLEAN!

When you push your body to its limits, you have to take care of it. Good hygiene is vital.

Lesseau soaps are crafted from natural ingredients, eco-friendly and keeps your skin fresh and revitalized.

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UTMB World Series event

**UTMB®**  
WORLD SERIES

**LESSEAU®**  
next level hygiene

OFFICIAL SUPPLIER





# LIVETRAIL APP

## LIVETRAIL APP

It is mandatory to carry a fully charged and operational mobile phone with you at all times during the race.

Your phone must remain switched on.

**Under no circumstances** should it be set to airplane mode, as the organisers may need to contact you before, during, or after the event.

Please make sure the emergency contact number you provided at registration is correct and belongs to the person you want us to notify in case of a medical incident.

All Kaçkar 100K & 50K participants will also carry an OWAKA GPS tracker, which enhances your safety by transmitting your position live and enabling the organisers to locate you in case of an emergency.

In addition, the LiveTrail app provides live race information, allows you to follow your progress, and includes an emergency SOS function. This SOS feature can transmit your precise GPS position directly to Command Center.

However, if you are in difficulty, you must still phone Command Center to explain your situation clearly.



Scan the QR code to download the LiveTrail app prior to the race

### COMMAND CENTER EMERGENCY NUMBER

**+90 537 271 07 36**

**+90 537 271 07 17**

### EMERGENCY NUMBER

**112**

*Before the start of your race, don't forget to add these emergency numbers into your mobile phone*



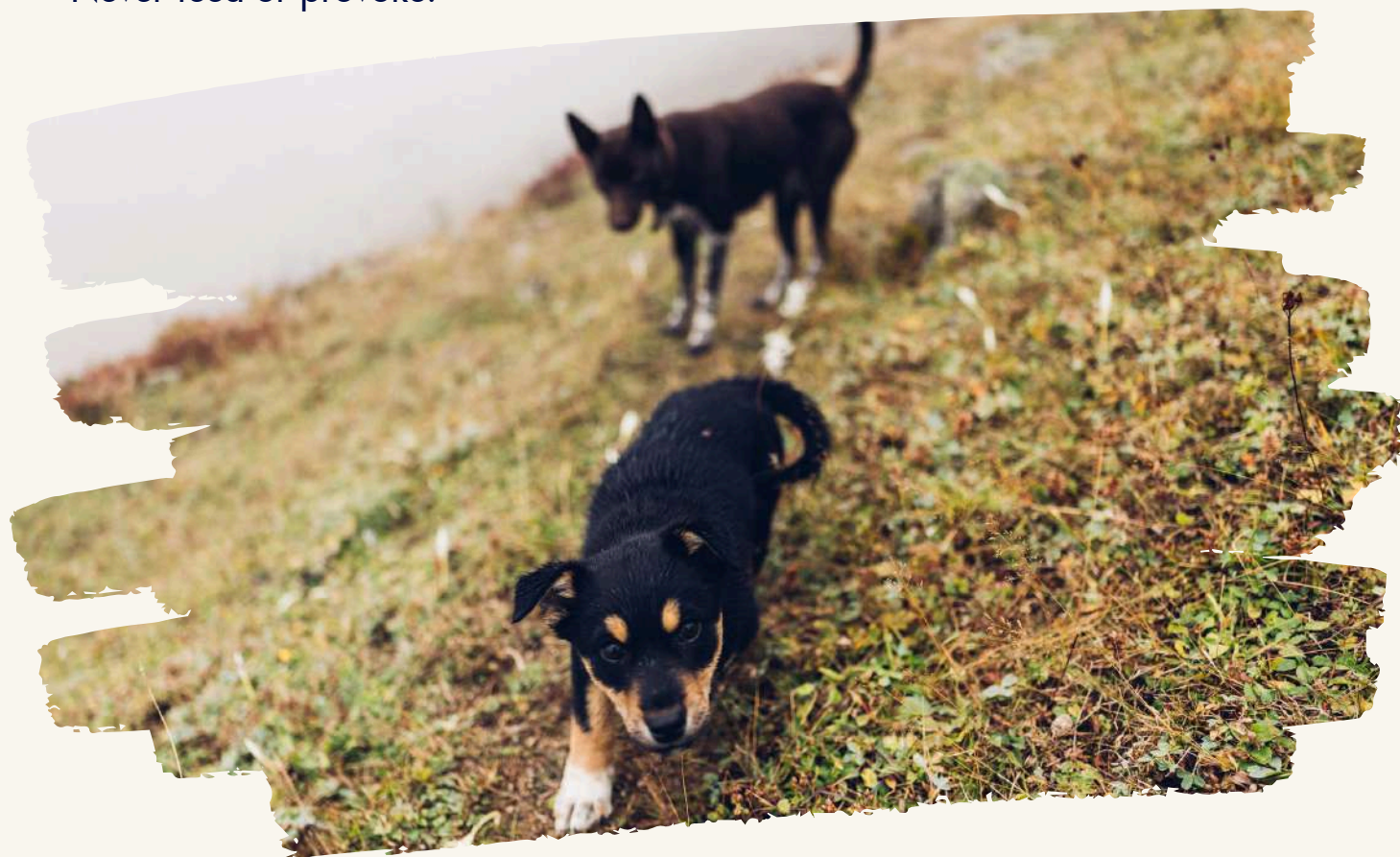
## UNEXPECTED ENCOUNTERS

You may see animals such as goats, birds, dogs or, very rarely, bears. While the chance of an encounter is minimal, we advise runners to remain aware of their surroundings and avoid leaving food or waste along the course. Bears are naturally shy and usually avoid people—if they hear you coming, they will not approach. Making a bit of noise while running helps ensure they keep their distance.

One of the unique charms of running in the Kaçkar Mountains is sharing the landscape with local wildlife.

If you encounter a **bear**:

- Stay calm – do not run or make sudden movements.
- Speak calmly.
- Do not approach.
- Back away slowly.
- Never feed or provoke.









# KAÇKAR 100K

100K M

RUNNING STONES  
3  
UTMB

CCC TOP 3  
DIRECT ENTRY

## MAIN INFO

DISTANCE  
82 KM

ELEVATION GAIN  
5600+ M

START DAY  
SATURDAY,  
SEPTEMBER 12

RACE START  
AYDER VILLAGE,  
04:00

MAX ALLOWED TIME  
24 HOURS



## ABOUT KAÇKAR 100K

In case of severe weather conditions, the course may be subject to changes.

High ridgelines, deep valleys, clouds moving across the mountains and the sharp sound of the wind — this is what defines Kaçkar 100K.

With 82 km of distance and 5,600 m of elevation gain, the course takes you deep into the wild heart of the Kaçkar Mountains. From start to finish, expect steep climbs, technical trails, rocky terrain, river crossings and long stretches far from the comfort of the valley below.

Along the way, you will pass through 12 mountain villages, run beneath dense forest canopies and climb towards exposed ridgelines where the landscape opens up around you.

This is not an ordinary 100K. The terrain, elevation and remoteness make every kilometre demanding, requiring not only physical endurance but also focus, patience and mental strength.



KAÇKAR BY UTMB



## AID STATIONS &amp; CHECK POINTS

| Point                    | Altitude (M) | Dist (km) | Elevation Gain (M) | Elevation Loss (M) | Cut Off      |
|--------------------------|--------------|-----------|--------------------|--------------------|--------------|
| Ayder                    | 1337         | 0.0       | 0                  | 0                  | —            |
| Hazindak Village         | 1940         | 8.5       | 1050               | 454                | Sat 07:00 AM |
| Samistal Village         | 2549         | 13.7      | 1693               | 481                | —            |
| Yukarı Kavrın Village    | 2261         | 22.7      | 1966               | 1041               | Sat 10:00 AM |
| Yukarı Ceymakçur Village | 2275         | 35.7      | 2973               | 2036               | Sat 02:00 PM |
| Aşağı Ceymakçur Village  | 2036         | 37.8      | 2973               | 2275               | —            |
| Palakçur Village         | 2136         | 40.5      | 3188               | 2385               | —            |
| Avusor Village           | 2386         | 48.8      | 3900               | 2849               | Sat 06:00 PM |
| Koçdüzü Village          | 2349         | 60.6      | 4543               | 3532               | Sat 10:00PM  |
| Aşağı Kaçkar Village     | 2099         | 66.7      | 4835               | 4073               | —            |
| Huser Village            | 2408         | 75.7      | 5458               | 4386               | Sun 02:30 AM |
| Ayder (Finish)           | 1337         | 82.6      | 5489               | 5487               | Sun 04:00 AM |



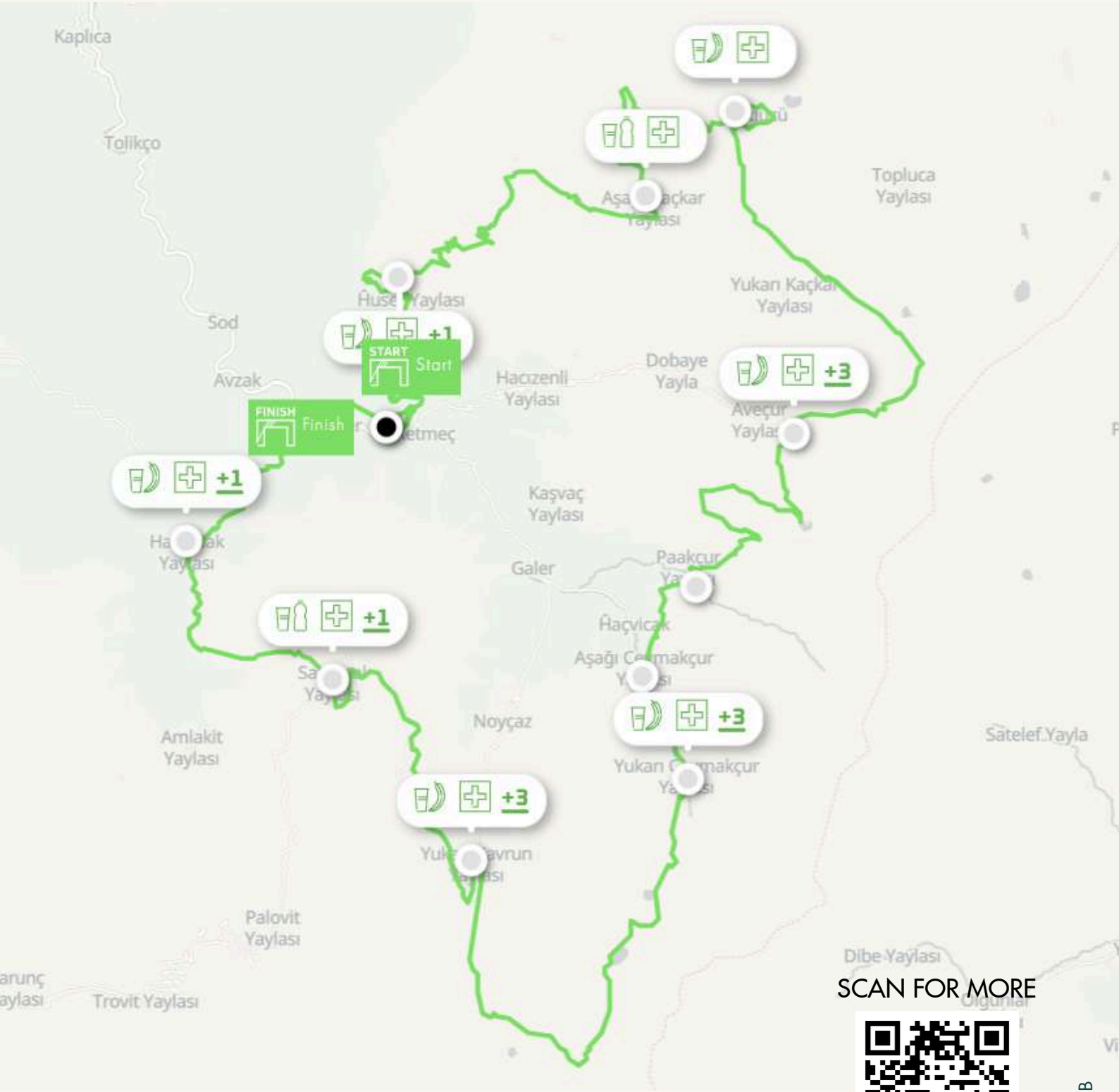
# KAÇKAR 100K

100K M

RUNNING STONES  
3  
UTMB

CCC TOP 3  
DIRECT ENTRY

## MAP



SCAN FOR MORE





## MANDATORY KIT

### Clothing and footwear:



Closed trail running shoes with tread outsole



Running backpack with mandatory equipment



Fully functioning headlamp with extra batteries (2)



Cap, bandana or buff



Waterproof jacket with hood



Warm second layer (fleece, down or insulation jacket)



Long-legged trousers **or** race leggings **or** a combination of leggings and long socks to cover the legs completely



Sunglasses



Warm and water-proof gloves \*regular cotton gloves + a surgery glove over it to make it waterproof



Trail Running Crampons/Snowchains\*

\*May be removed from the mandatory equipment list depending on mountain conditions, but must still be presented at kit check.

## MANDATORY KIT

### Equipment:



Health report or athlete licence



ID - Passport / ID card



GPS Tracker (included in the registration fee)



Capacity to carry fluids 1.5L



Phone with int. roaming & LiveTrail app downloaded (switched on & airplane mode turned off)



Reusable cup (150 ml minimum) for drink



Reusable plate or bowl and cutlery (Bring Your Own Utensils - BYOU)

### Emergency:



Survival blanket (min 1.4m x 2m)



Whistle



Elastic Tape and Bandage (min 100x6cm)



Food reserve (800 kcal)



## MANDATORY KIT

The Kaçkar Mountains offer a breathtaking yet challenging environment for trail running.

However, mountain weather here can change rapidly, sometimes within hours. Runners may face sudden shifts between warm sunshine, heavy rain, strong winds, or cold, foggy conditions.

For Kaçkar 100K, you'll start at the Ayder Plateau (1,250 m) and ascend above 3,200m, with a total elevation gain of 5,400 m.

Remember: for every 1,000 m you climb, the temperature can drop by around 6.5°C. This means the higher sections of the course can be significantly colder, especially in the early morning or after sunset.

Combine that with unpredictable rain and gusty winds, and you have a true high-altitude test.

If you are involved in an incident, suffer an injury, or must wait for assistance, your clothing and equipment must keep you safe for several hours in potentially harsh conditions. It is essential to carry the mandatory kit at all times during your race.

**Your kit must be suitable for all types of mountain weather and for the full duration of your race (including the possibility of a night on the mountain for longer races).**

**We strongly recommend testing your kit in a variety of weather conditions before race day to ensure it works for you.**

**Your mandatory kit will be checked before you receive your race bib.**

**If any item is missing, you will not be allowed to start the race.**

### Recommended:

- Synthetic insulation mid-layer or gilet
- Spare warm clothing
- Waterproof bag
- Personal first aid kit should include at least blister plasters, cleansing wipes, dressings, paracetamol, and any personal medications.
- Poles
- GPS watch
- Anti-chafing cream or Vaseline for skin protection during long hours of movement.
- Safety scissors
- Small sewing kit for quick clothing or gear repairs.
- Local currency for emergencies.
- Full change of clothes.

STAR ALLIANCE 

# CONNECT TO HOSPITALITY

with our caring cabin crew



**TURKISH AIRLINES**

Products and services are subject to change depending on flight duration and aircraft.



# KAÇKAR 50K

50K M

RUNNING STONES  
2  
UTMB

OFFICIAL WORLD RECORD TRAIL  
OCC TOP 3  
DIRECT ENTRY

## MAIN INFO

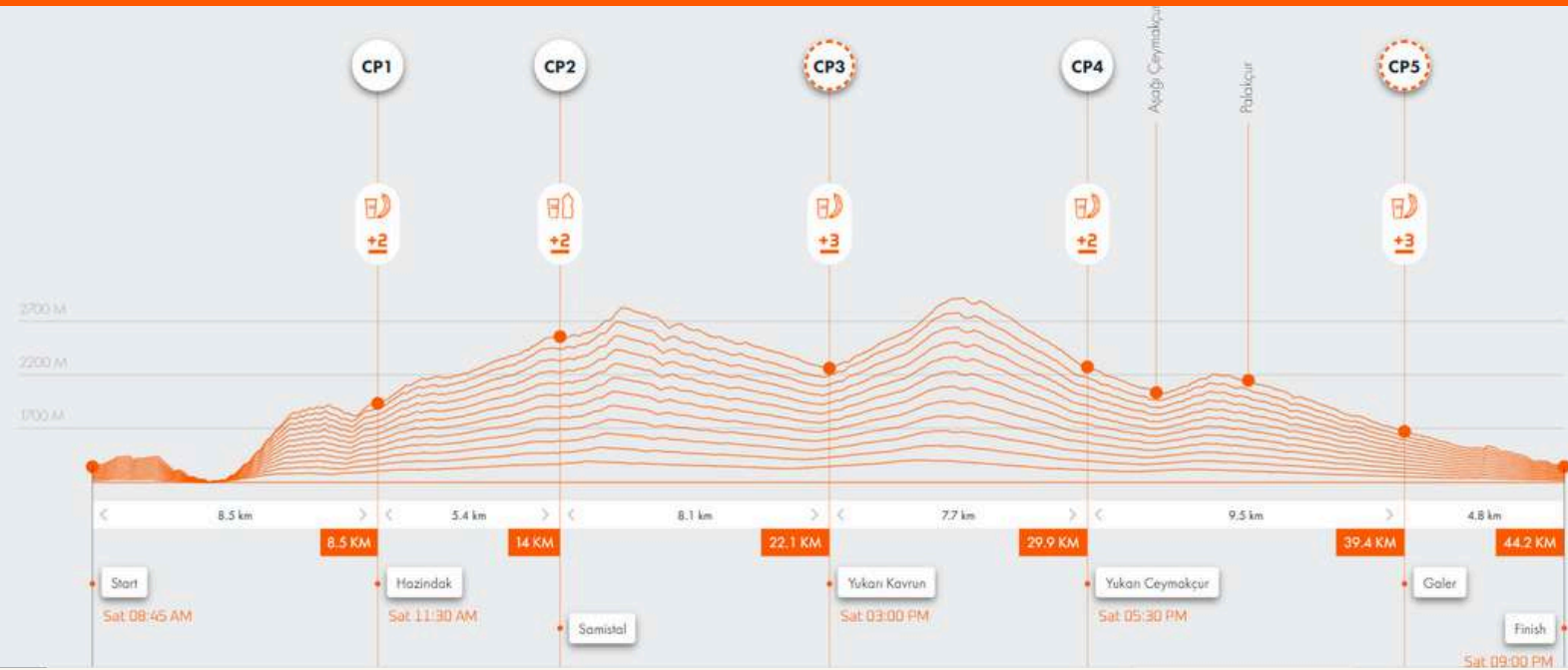
DISTANCE  
44 KM

ELEVATION GAIN  
3000 M

START DAY  
SATURDAY,  
SEPTEMBER 12

RACE START  
AYDER VILLAGE,  
08:00

MAX ALLOWED TIME  
12 HOURS 30 MIN



## ABOUT KAÇKAR 50K

In case of severe weather conditions, the course may be subject to changes.

From Ayder's cool morning air to the high ridgelines of the Kaçkar Mountains — this is a journey through the wild side of Kaçkar.

Covering 44 km with more than 3,000 m of elevation gain, Kaçkar 50K combines demanding climbs, technical trails and spectacular mountain scenery.

Starting at 08:00 in Ayder, the course leads through lush forests and quiet valleys before climbing towards Kemer Dağı, Hazındak and Samistal Plateaus, where centuries-old stone houses reflect the history of the region.

The terrain is rugged and the climbs are relentless, but every effort is rewarded with another unforgettable view.

By the time you return to Ayder, you'll carry more than a finisher's medal — you'll carry the memory of Kaçkar in its wildest form.

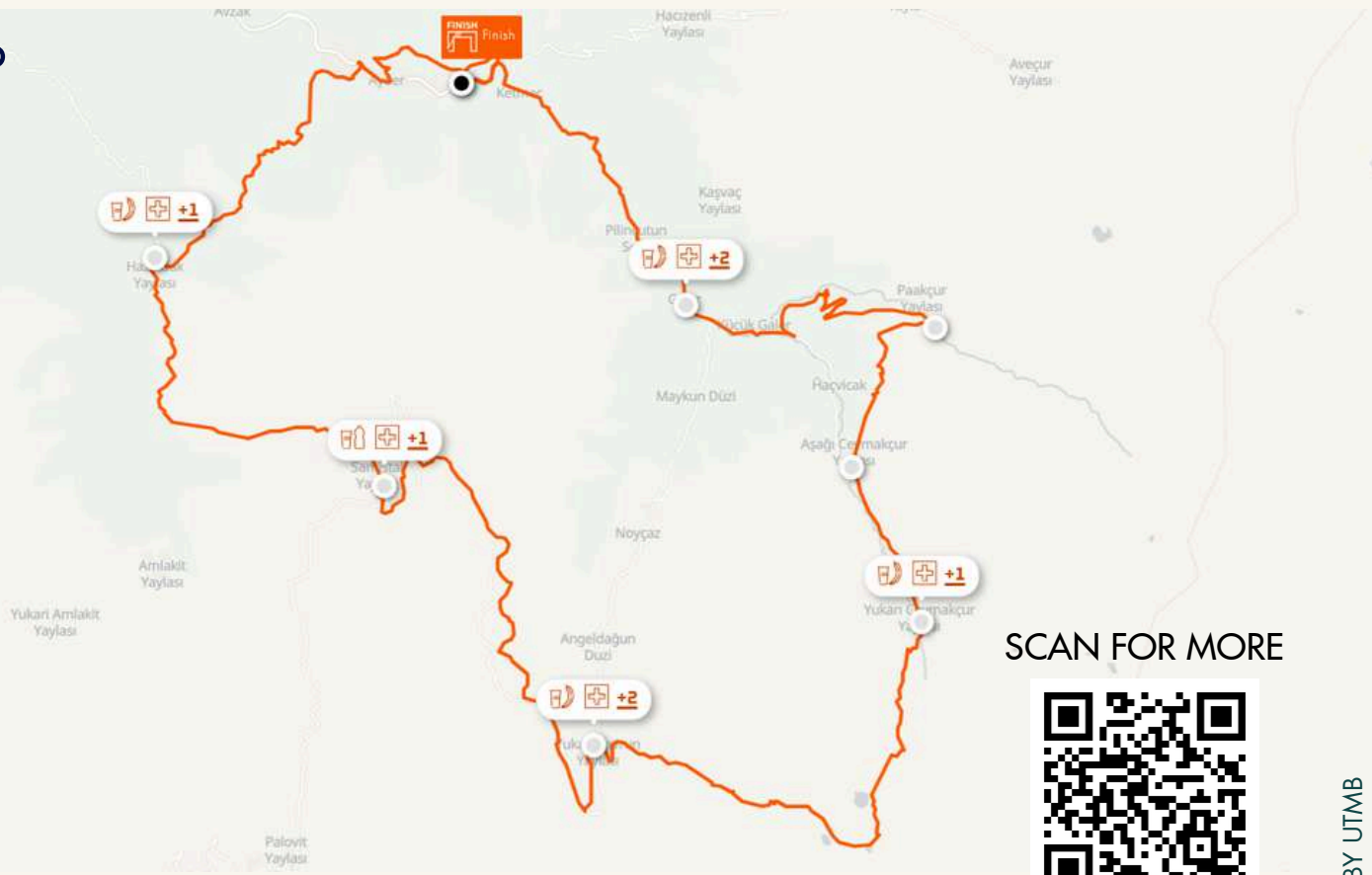


KAÇKAR BY UTMB

## AID STATIONS & CHECK POINTS

| Point                    | Altitude (M) | Dist (km) | Elevation Gain (M) | Elevation Loss (M) | Cut Off      |
|--------------------------|--------------|-----------|--------------------|--------------------|--------------|
| Ayder                    | 1337         | 0.0       | 0                  | 0                  | Sat 08:45 AM |
| Hazindak Village         | 1940         | 8.5       | 1069               | 473                | Sat 11:30 AM |
| Samistal Village         | 2556         | 14        | 1721               | 509                | —            |
| Yukarı Kavrun Village    | 2256         | 22.7      | 2002               | 1083               | Sat 03:00 PM |
| Yukarı Ceymakçur Village | 2275         | 30.5      | 2684               | 1745               | Sat 05:30 PM |
| Aşağı Ceymakçur Village  | 2035         | 32.5      | 2684               | 1985               | —            |
| Palakçur Village         | 2138         | 35.3      | 2917               | 2116               | —            |
| Galer                    | 1671         | 40        | 2917               | 2583               | —            |
| Ayder (Finish)           | 1337         | 44.8      | 3007               | 3009               | Sat 09:00 PM |

## MAP



SCAN FOR MORE





## MANDATORY KIT

### Clothing and footwear:



Closed trail running shoes with tread outsole



Running backpack with mandatory equipment



1 Fully functioning headlamps and external batteries



Cap, bandana or buff



Waterproof jacket with hood



Warm second layer (fleece, down or insulation jacket)



Long-legged trousers **or** race leggings **or** a combination of leggings and long socks to cover the legs completely



Sunglasses



Warm and water-proof gloves \*regular cotton gloves + a surgery glove over it to make it waterproof

## MANDATORY KIT

### Equipment:



Health report or athlete licence



ID - Passport / ID card



GPS Tracker (included in the registration fee)



Capacity to carry fluids 1L



Phone with int. roaming & LiveTrail app downloaded (switched on & airplane mode turned off)



Reusable cup (150 ml minimum) for drink



Reusable plate or bowl and cutlery (Bring Your Own Utensils - BYOU)

### Emergency:



Survival blanket (min 1.4m x 2m)



Whistle



Elastic Tape and Bandage (min 100x6cm)



Food reserve (800 kcal)



## MANDATORY KIT

The Kaçkar Mountains offer a breathtaking yet challenging environment for trail running.

However, mountain weather here can change rapidly, sometimes within hours. Runners may face sudden shifts between warm sunshine, heavy rain, strong winds, or cold, foggy conditions.

For Kaçkar 50K, you'll start at the Ayder Plateau (1,250 m) and ascend just below 3,000m, with a total elevation gain of 3,000 m. Remember: for every 1,000 m you climb, the temperature can drop by around 6.5°C. This means the higher sections of the course can be significantly colder, especially in the early morning or after sunset. Combine that with unpredictable rain and gusty winds, and you have a true high-altitude test.

If you are involved in an incident, suffer an injury, or must wait for assistance, your clothing and equipment must keep you safe for several hours in potentially harsh conditions. It is essential to carry the mandatory kit at all times during your race. Your kit must be suitable for all types of mountain weather and for the full duration of your event (including the possibility of a night on the mountain for longer races).

**We strongly recommend testing your kit in a variety of weather conditions before race day to ensure it works for you.**

**Your mandatory kit will be checked before you receive your race bib. If any item is missing, you will not be allowed to start the race.**

### Recommended:

- Synthetic insulation mid-layer or gilet
- Spare warm clothing
- Waterproof bag
- Personal first aid kit should include at least blister plasters, cleansing wipes, dressings, paracetamol, and any personal medications.
- Poles
- GPS watch
- Anti-chafing cream or Vaseline for skin protection during long hours of movement.
- Safety scissors
- Small sewing kit for quick clothing or gear repairs.
- Local currency for emergencies.
- Full change of clothes.
- Shoe spikes and crampons in case there is snow on the trail.



**A Sustainable**

**Future**

**Better**

**With**

**Migros**

As part of Science Based Targets, we aim to reduce our direct emissions by 42% by the end of 2030 and achieve net-zero carbon by 2050.



**MiGROS** | **M** 

We are included in the BIST Sustainability 25 Index, FTSE4Good Index and S&P Global Sustainability Yearbook. We are also among the CDP Climate Change and CDP Water Security Global Leaders and featured in TIME Magazine's World's Most Sustainable Companies 2026 list.

# **Togg T10X**

## **More Than Technology, Safety, and Comfort**



 **Togg**



# KAKAR 20K

20K M



## MAIN INFO

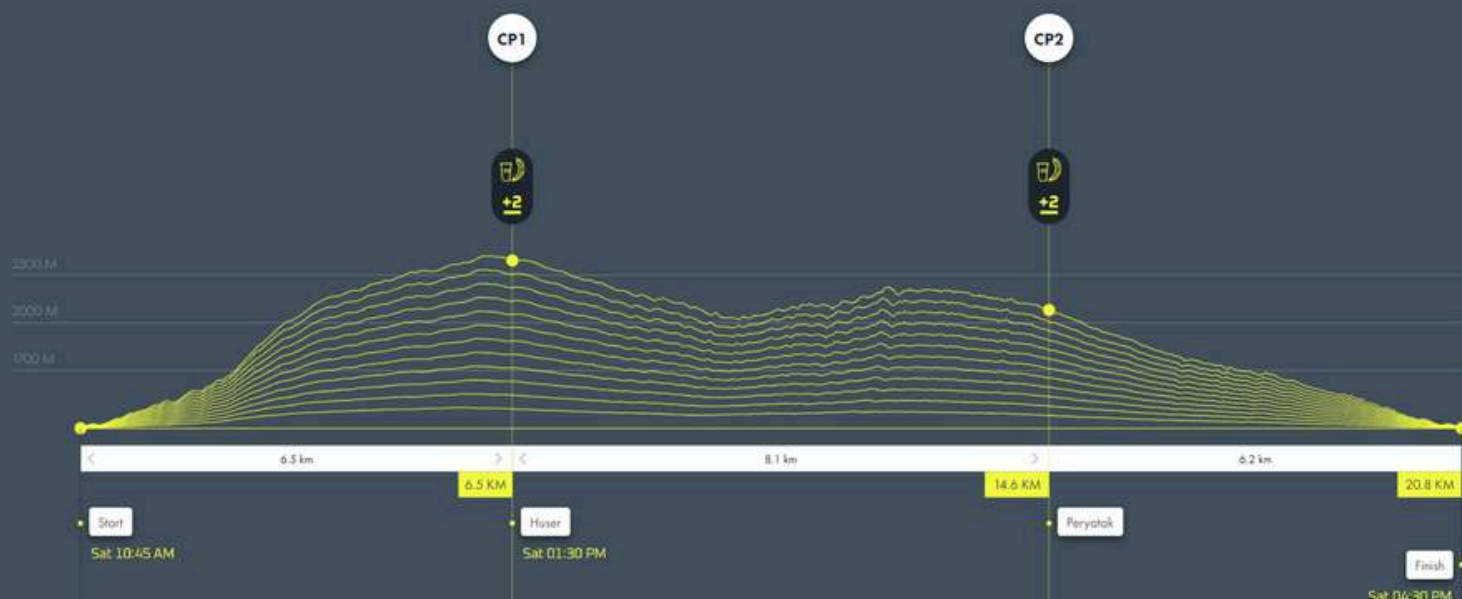
**DISTANCE**  
20 KM

**ELEVATION GAIN**  
1 400 M

**START DAY**  
SATURDAY,  
SEPTEMBER 12

**RACE START**  
AYDER VILLAGE,  
10:00

**MAX ALLOWED TIME**  
6 HOURS



## AID STATIONS & CHECK POINT

| Point    | Altitude (M) | Dist (km) | Elevation Gain (M) | Elevation Loss (M) | Cut Off      |
|----------|--------------|-----------|--------------------|--------------------|--------------|
| Ayder    | 1336         | 0         | 0                  | 0                  | Sat 10:45 AM |
| Huser    | 2392         | 6.5       | 1079               | 23                 | Sat 01:30 PM |
| Peryatak | 2080         | 14.6      | 1280               | 529                | —            |
| Ayder    | 1336         | 20.8      | 1280               | 1272               | Sat 04:30 PM |



# KAÇKAR 20K

20K M



## MAP



SCAN FOR MORE



## ABOUT KAÇKAR 20K

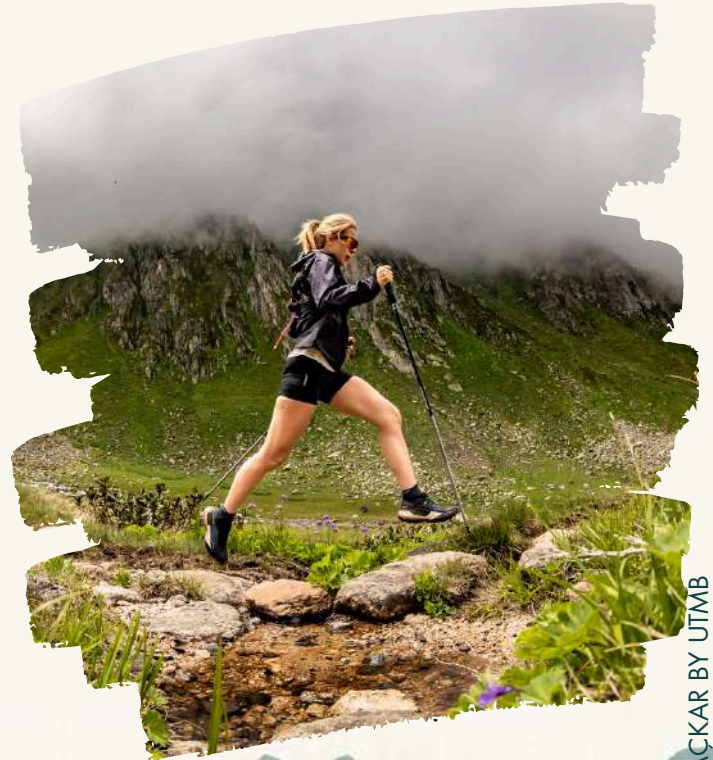
In case of severe weather conditions, the course may be subject to changes.

Starting at 10:00 and 10:30 from Ayder Plateau, this route takes you into the heart of the Kaçkar Mountains.

Over 20 kilometers, you'll tackle varied terrain. From forest tracks and alpine meadows to rocky paths, with enough climbs to make you earn every view.

It's a shorter course, but don't be fooled by the altitude, changing weather, and technical sections will still demand focus and preparation.

With crisp mountain air, vibrant village scenery, and the thrill of crossing the finish line in Ayder, the Kaçkar 20K delivers an unforgettable taste of highland trail running.



KAÇKAR BY UTMB



## MANDATORY KIT

### Clothing and footwear:



Closed trail running shoes with tread outsole



Running backpack with mandatory equipment



Cap, bandana or buff

### Equipment:



Health report or athlete licence



ID - Passport / ID card



Capacity to carry fluids 0.5L



Phone with int. roaming & LiveTrail app downloaded (switched on & airplane mode turned off)



Reusable cup (150 ml minimum) for drink



Reusable plate or bowl and cutlery (Bring Your Own Utensils - BYOU)

### Emergency:



Survival blanket (min 1.4m x 2m)



Whistle

## MANDATORY KIT

Mountain weather here can change rapidly, sometimes within hours. Runners may face sudden shifts between warm sunshine, heavy rain, strong winds, or cold, foggy conditions.

We strongly recommend testing your kit in a variety of weather conditions before race day to ensure it works for you.

Your mandatory kit will be checked before you receive your race bib. If any item is missing, you will not be allowed to start the race.

## Recommended:

- Waterproof bag
- Waterproof jacket with hood
- Warm second layer
- Warm and waterproof gloves
- Elastic tape and bandage
- Personal first aid kit should include at least blister plasters, cleansing wipes, dressings, paracetamol, and any personal medications.
- Poles
- GPS watch
- Safety scissors
- Local currency for emergencies.
- Full change of clothes.
- Shoe spikes and crampons in case there is snow on the trail.





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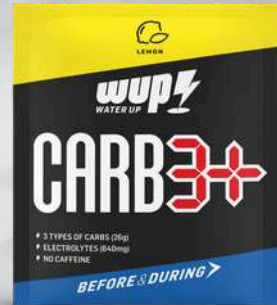
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NUTRITION PARTNER

3 TYPES OF 26 G  
CARBOHYDRATES

FAST &  
LONGER ENERGY



3 TYPES OF 26 G  
CARBOHYDRATES

640 MG  
ELECTROLYTES

As part of the sports nutrition sponsorship, WUP CARB3+ Electrolyte Drinks will be provided at all aid stations, along with WUP NEO3 Energy Gels at the Yukarı Kavrın, Avusor, and Koçdüzü aid stations.



# AYDER 4K

## MAIN INFO

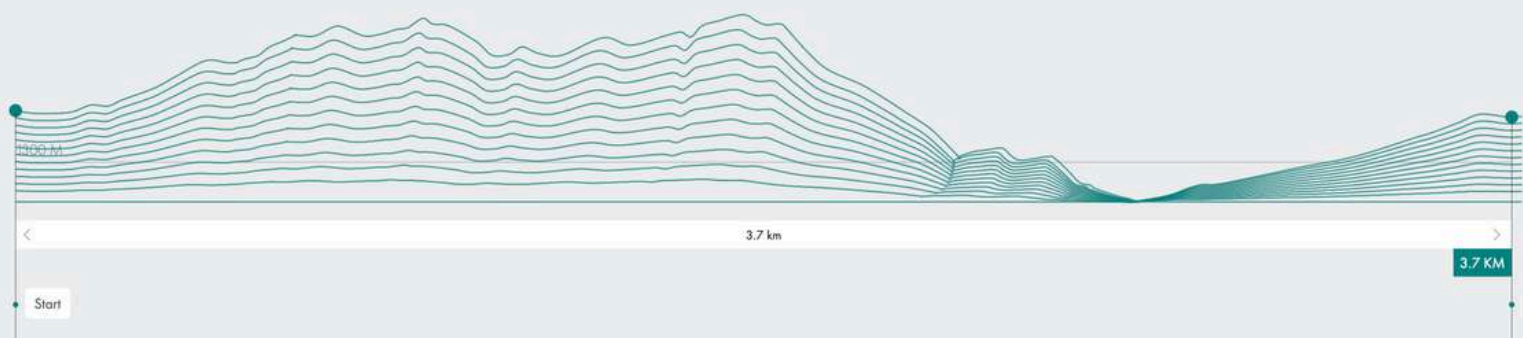
**DISTANCE**  
4 KM

**ELEVATION GAIN**  
230 M

**START DAY**  
SATURDAY,  
SEPTEMBER 12

**RACE START**  
AYDER , 11:00

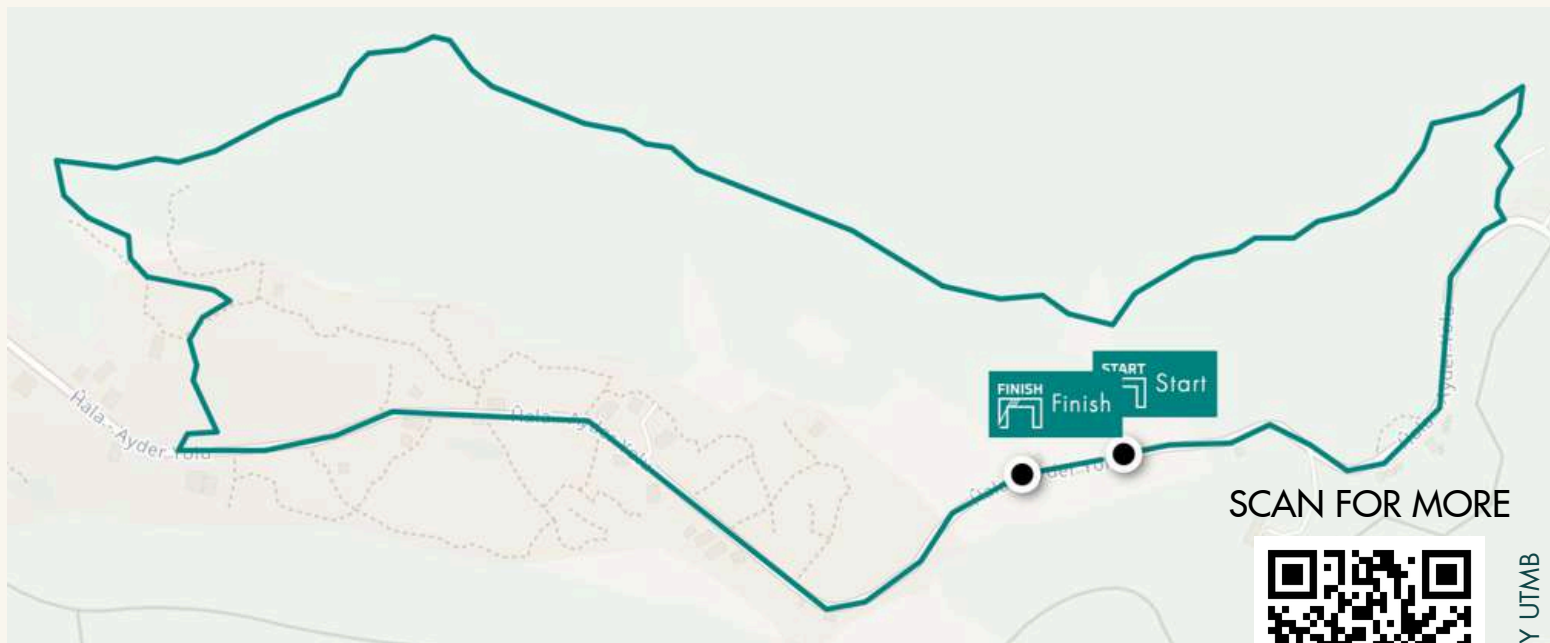
**MAX ALLOWED TIME**  
1 HOURS 15  
MINUTES



## AID STATIONS

| Point          | Altitude (M) | Dist (km) | Elevation Gain (M) | Elevation Loss (M) | Cut Off      |
|----------------|--------------|-----------|--------------------|--------------------|--------------|
| Ayder - Start  | 1336         | 0         | 0                  | 0                  | —            |
| Ayder - Finish | 1349         | 3.7       | 285                | 293                | Sat 12:15 PM |

## MAP



SCAN FOR MORE



KACKAR BY UTMB



# AYDER 4K

## ABOUT AYDER 4K

In case of severe weather conditions, the course may be subject to changes.

Your first step into the Kaçkar by UTMB experience.

Starting at 11:00, Ayder 4K covers approximately 4 km with 230 m of elevation gain, offering a short but authentic introduction to trail running in the Kaçkar Mountains.

The course follows the same opening loop as KAÇKAR 100K & KAÇKAR 50K, taking runners from Ayder through forest trails, narrow single track and natural stone paths, before passing through the green field and the World Pass back to the start / finish line.

Designed for first-time trail runners and anyone looking to experience the atmosphere of Kaçkar by UTMB, it is less about distance and more about discovering the trails. 4 km. Real trails. Your Kaçkar journey starts here.



## MANDATORY EQUIPMENT



Mobile phone (with sufficient battery and emergency contact numbers saved)



Race bib (must be worn visibly at all times)



ID - Passport / ID card

## Recommended equipment:



Lightweight long-sleeve shirt



At least 500 ml of water



Survival blanket (min 1.4m x 2m)



Whistle



REPUBLIC OF TÜRKİYE  
MINISTRY OF ENVIRONMENT,  
URBANIZATION AND CLIMATE CHANGE



COP31  
TÜRKİYE  
ANTALYA

# The World Gathers in Türkiye for Climate Action

9-20 November 2026 | Antalya, Türkiye



turkiyecop31





# SUSTAINABILITY

## Run wild. Leave less behind.

The Kaçkar Mountains are at the heart of our event. Protecting the landscape we run through means looking carefully at the impact we create — and taking practical steps to reduce it.



## KEY INITIATIVES



### Carbon Footprint

With COP31, on-site activities will help measure the carbon footprint of the event



### Recycling

Separated waste and recycling bins will be available at the event venue and at aid stations.



### Clean-Up

COP31, local residents and volunteers, will help clean parts of the race course and Ayder village.



### Run for Climate

Ayder 4K carries the message "İklim İçin Koşuyoruz — Run for Climate."



### Electric Mobility

TOGG electric vehicles will support event transportation within Ayder, and selected transfers.

## RESPECT THE MOUNTAINS



Every action matters. By using the recycling points, respecting the trails and supporting cleaner transport, you help protect the landscape and community that welcome Kaçkar by UTMB.

**Respect the mountains. Respect the community.  
Leave only your footsteps.**



# RUN LIKE HER

**Trail running.  
Connection.  
Confidence.  
Community.**

The greatest adventures often begin with an encounter — with a place, with the mountains, and with the people who explore them.

Run Like Her is a Kaçkar by UTMB initiative created to make trail running more accessible to women and to build confidence through shared outdoor experiences.



## THE FIRST RUN LIKE HER CAMP

From 20–25 July 2026, six women from different backgrounds came together in the Kaçkar Mountains for the first Run Like Her trail camp.

Over six days, the group trained on mountain trails, developed their trail running skills and explored the landscapes and culture of the Kaçkar region.

But the experience went far beyond training.



MOUNTAIN  
TRAINING



CONNECTION  
& SUPPORT



LOCAL CULTURE  
& DISCOVERY



LASTING  
MEMORIES

Every kilometre became an opportunity to learn, connect and support one another — showing that trail running is not only about performance, but also about the people and experiences shared along the way.

## MEET RUN LIKE HER

RUN  
LIKE  
her

Stop by the **Run Like Her tent at the Expo** to meet the team, add a little race-week sparkle with **make-up, glitter and runner tattoos**, and get into the Kaçkar spirit.

On **Friday**, meet our Run Like Her ambassadors on the **Main Stage at 13:30** for a relaxed Q&A, then join them at **14:00 for the Shake-Out Run** — an easy pre-race run, a chance to move together and share some good energy before race day.



# PARTNERS

## THANK YOU



REPUBLIC OF TÜRKİYE  
MINISTRY OF YOUTH AND SPORTS



REPUBLIC OF TÜRKİYE  
MINISTRY OF CULTURE AND TOURISM

