



100 Mile Aid Station Chart

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Natural Chimneys - Start	0.0	5.7	688	-282					
AS1	Lick Run 1	5.7	5.7	970	-870	688	-282			
AS2	Wolf Ridge	11.4	9.0	3,012	-685	1,658	-1,152	9:30 PM		
AS3	Reddish Knob	20.4	4.0	438	-684	4,670	-1,837	12:30 AM		
AS4	Little Bald Knob	24.4	8.0	1,058	-3,334	5,108	-2,521			
AS5	North River Gap 1	32.4	5.7	1,615	-515	6,166	-5,855	4:00 AM	X	X
AS6	Lookout Mtn	38.1	7.5	1,216	-1,746	7,781	-6,370			
AS7	Dowells Draft 1	45.6	7.0	2,225	-1,564	8,997	-8,116	9:00 AM	X	X
AS8	Dry Branch Gap 1	52.6	6.8	2,021	-2,296	11,222	-9,680	11:00 AM		
AS9	Cold Springs	59.4	5.5	876	-755	13,243	-11,976			
AS10	Dry Branch Gap 2	64.9	7.0	1,564	-2,225	14,119	-12,731	3:30 PM		
AS11	Dowells Draft 2	71.9	5.2	1,140	-862	15,683	-14,956	6:00 PM	X	X
AS12	Magic Moss	77.1	5.0	275	-225	16,823	-15,818	8:00 PM		
AS13	Camp Todd	82.1	9.7	2,704	-3396	17,098	-16,043	9:30 PM	X	X
AS14	North River Gap 2	91.8	7.7	1,042	-1012	19,802	-19,439	1:45 AM	X	X
AS15	Lick Run 2	99.5	4.5	159	-552	20,844	-20,451			
Finish	Natural Chimneys - Finish	104.0				21,003	-21,003	6:00 AM	X	X

****Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch to watch****