



50k Aid Station Chart

AS Label	AS Location	AS Mileage	Miles to Next AS	Elev. Gain to Next AS (ft)	Elev. Loss to Next AS (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew
Start	Natural Chimneys - Start	0.0	5.7	688	-282				X	X
AS1	Lick Run 1	5.7	5.7	970	-870	688	-282			
AS2	Wolf Ridge	11.4	9.6	2,280	-2161	1,658	-1,152	10:00 AM		
AS3	Sand Spring	21.0	7.0	923	-1,155	3,938	-3,313	12:45 PM		
AS4	Lick Run 2	28.0	4.5	159	-552	4,861	-4,468			
Finish	Natural Chimneys - Finish	32.5				5,020	-5,020	4:00 PM	X	X

****Mileage, elevation gain and loss are based on CalTopo. The above elevation gain/loss data is derived from a segmented GPX file on CalTopo which tends to be more accurate than a single line GPX route. Actual data may vary on course and from watch****

Revision 9/2/2026