



RACE GUIDE

11-13 SEP 2026

UTMB®
WORLD SERIES



京东

HOKA



SUUNTO



TUDOR



隆景体育
LUNGKING

<https://dajingmen.utmb.world/>



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Wall by UTMB®

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2026 JD Ultra-Trail Great Wall by UTMB®

The Great Wall has wound its way through the millennia, and beneath the Dajingmen Gate, history gathers. From September 11 to 13, 2026, the 2026 JD Ultra-Trail Great Wall by UTMB® will set off from the Dajingmen Scenic Area, Qiaoxi District, Zhangjiakou City, Hebei Province. With four race categories – DGW100K, CGW70K, MGW50K and NGW20K – the race takes the ancient ramparts as its path and the mountains and rivers as its scenery, inviting runners from around the world to an ultimate challenge that crosses time and space.

This edition marks a comprehensive upgrade. Built on the UTMB® World Series platform, the race now aligns with the standards of top international trail-running events. With Great Wall culture as its base tone and the open spirit of the "Ten-Thousand-Li Tea Road" as its thread, it forges a trail-running showcase of distinctive Chinese character. Course design, aid-station support and the medical system have been upgraded in step, delivering a professional, safe and exceptional race experience. Guided by the "Travel with the Race" and "Outdoors in Hebei" initiatives, the event drives the deep integration of sports, culture and tourism, polishes the "Da Hao He Shan" city brand, and turns the world's gaze to the grandeur and echoes beneath the ancient Great Wall.

On the communications front, the race will build a three-dimensional communication landscape in which traditional and new media resonate and online and offline activities link up: trail-running KOLs and veteran sports media professionals will be invited to co-create featured content and activate community engagement; vertical media in sports, culture-and-tourism, and urban development will craft in-depth narratives that deepen the event's professional substance; and Lungking's official media matrix will be integrated with central-level and mainstream industry media to form a communication force of full-domain coverage and precise reach – amplifying brand value through volume, and conveying cultural warmth through content.

With the race as the engine, culture as the soul, and communication as the wings, the 2026 JD Ultra-Trail Great Wall by UTMB® is not merely a journey of running, but a flowing showcase of China's mountains and rivers, and a live listening to the echoes of history.



UTMB®

WORLD SERIES

FINALS

HOKA UTMB® MONT-BLANC

AUGUST 24-26 | CHAMONIX MONT-BLANC,
COURMAYEUR, ORESBES
FRANCE, ITALY, SWITZERLAND

EUROPE UTMB®

EUROPE CCC®

EUROPE OCC

MAJORS

OCEANIA MAJOR
HOKA ULTRA-TRAIL AUSTRALIA™ BY UTMB®
MAY 14-17 | KAROOMBA, AUSTRALIA

EUROPE MAJOR
HOKA VAL D'ARAN BY UTMB®
JULY 01-03 | VIELHA, SPAIN

AMERICAN MAJOR
HOKA KODIAK ULTRA MARATHONS™ BY UTMB®
OCTOBER 08-11 | BIG BEAR LAKE, USA

ASIA-PACIFIC MAJOR
HOKA CHIANG MAI THAILAND BY UTMB®
NOV 28 - DEC 4 | CHIANG MAI, THAILAND



EVENTS

EUROPE
ARC OF ATTRITION BY UTMB®
JANUARY 22-25 | UNITED KINGDOM

OCEANIA
TARAWERA ULTRA-TRAIL BY UTMB®
FEBRUARY 14-15 | NEW ZEALAND

AMERICA
PUERTO VALLARTA MÉXICO BY UTMB®
MARCH 09-07 | MEXICO

NEW
ASIA
HOKA XTREIL KENTING BY UTMB®
MARCH 06-08 | DINGHETAI, CHINA

ASIA
WAR HORSE ULTRA-TRAIL XIAMEN BY UTMB®
MARCH 18-19 | CHINA

AMERICA
USHUALIA FIN DEL MUNDO BY UTMB®
MARCH 19-22 | ARGENTINA

EUROPE
TENERIFE BLUETRAIL BY UTMB®
MARCH 19-21 | SPAIN

EUROPE
CHIANI ULTRA TRAIL BY UTMB®
MARCH 19-22 | ITALY

EUROPE
ISTRIA 100™ BY UTMB®
APRIL 09-12 | CROATIA

AMERICA
DESERT RATS TRAIL RUNNING FESTIVAL™ BY UTMB®
APRIL 09-12 | USA

NEW
ASIA
ULTRA-TRAIL MOGAN BY UTMB®
APRIL 30-12 | CHINA

AMERICA
THE CANYONS ENDURANCE RUNS™ BY UTMB®
APRIL 23-25 | USA

EUROPE
GRAND BAUD VENTOUX BY UTMB®
APRIL 24-26 | FRANCE

ASIA
AMAZON JUNGLE THAILAND BY UTMB®
APRIL 30-MAY 02 | THAILAND

NEW
EUROPE
OH MEU DEUS BY UTMB®
MAY 01-03 | PORTUGAL

EUROPE
TRAIL ALSACE BY UTMB®
MAY 14-17 | FRANCE

EUROPE
ULTRA-TRAIL SNOWDONIA BY UTMB®
MAY 15-17 | UNITED KINGDOM

NEW
AMERICA
ROTHROCK BY UTMB®
MAY 15-17 | USA

EUROPE
MOZART 100™ BY UTMB®
MAY 21 | AUSTRIA

AFRICA
MOUNTAIN ULTRA TRAIL™ BY UTMB®
MAY 29-31 | SOUTH AFRICA

EUROPE
TRAIL 100 ANDORRA™ BY UTMB®
JUNE 11-14 | ANDORRA

EUROPE
TRAIL DU SAINT-JACQUES BY UTMB®
JUNE 12-14 | FRANCE

ASIA
TRAIL OF THE KINGS - LAKE Toba BY UTMB®
JUNE 13-18 | INDONESIA

NEW
EUROPE
SALOMON ZUGSPITZ ULTRA TRAIL
POWERED BY LEDLENSER BY UTMB®
JUNE 19-20 | GERMANY

2026 CALENDAR

ASIA
KAGA SPA TRAIL ENDURANCE 100 BY UTMB®
JUNE 18-21 | JAPAN

EUROPE
LA SPORTIVA® LAVAREDO ULTRA TRAIL® BY UTMB®
JUNE 24-26 | ITALY

AMERICAS
TORRENCIAL CHILE BY UTMB®
JUNE 25-26 | CHILE

AMERICAS
WESTERN STATES® 100-MILE ENDURANCE RUN
JUNE 27-28 | USA

EUROPE
BESTONICA TRAIL BY UTMB®
JULY 09-11 | FRANCE

EUROPE
TRAIL VERBIER ST-BERNARD BY UTMB®
JULY 10-12 | SWITZERLAND

EUROPE
BIGER ULTRA TRAIL™ BY UTMB®
JULY 15-19 | SWITZERLAND

EUROPE
MONTE ROSA WALSERWAGO BY UTMB®
JULY 17-19 | ITALY

AMERICAS
SPEED-O-GAT™ MOUNTAIN RACES BY UTMB®
JULY 23-25 | USA

EUROPE
BUCOVINA ULTRA ROCKS BY UTMB®
JULY 24-26 | ROMANIA

AMERICAS
QUITO TRAIL BY UTMB®
JULY 31-AUGUST 02 | ECUADOR

EUROPE
GAUJA TRAIL BY UTMB®
AUGUST 01-02 | LATVIA

EUROPE
KAT100™ BY UTMB®
AUGUST 06-08 | AUSTRIA

NEW AMERICAS
BOREALYS MONT-TREMBLANE BY UTMB®
AUGUST 14-16 | CANADA

AMERICAS
ULTRA TRAIL WHISTLER™ BY UTMB®
AUGUST 21-23 | CANADA

EUROPE
WILDSTRUBEL BY UTMB®
SEPTEMBER 10-13 | SWITZERLAND

ASIA
MALAYSIA ULTRA-TRAIL BY UTMB®
SEPTEMBER 11-13 | MALAYSIA

EUROPE
KACKAR BY UTMB®
SEPTEMBER 11-13 | TURKEY

ASIA
JD ULTRA-TRAIL GREAT WALL BY UTMB®
SEPTEMBER 11-13 | CHINA

AMERICAS
GRINDSTONE TRAIL RUNNING FESTIVAL™ BY UTMB®
SEPTEMBER 17-20 | USA

AMERICAS
PARATY BRAZIL BY UTMB®
SEPTEMBER 17-20 | BRAZIL

EUROPE
JULIAN ALPS TRAIL RUN BY UTMB®
SEPTEMBER 18-20 | SLOVENIA

EUROPE
NICE CÔTE D'AZUR BY UTMB®
SEPTEMBER 24-27 | FRANCE

AMERICAS
CHIHUAHUA BY UTMB®
OCTOBER 01-03 | MEXICO

ASIA
TRANSJELU BY UTMB®
OCTOBER 02-04 | SOUTH KOREA

ASIA
ULTRA TRAIL MOUNT YUN BY UTMB®
OCTOBER 16-18 | CHINA

EUROPE
KULLAMANNEN BY UTMB®
OCTOBER 20-21 | SWEDEN

EUROPE
MALLORCA BY UTMB®
OCTOBER 20 - NOVEMBER 1 | SPAIN

ASIA
ULTRA-TRAIL SHUDAO BY UTMB®
NOVEMBER 6-9 | CHINA

ASIA
TRANSLANTAU™ BY UTMB®
NOVEMBER | HONG KONG, CHINA

EUROPE
PUGLIA BY UTMB®
NOVEMBER | ITALY

AMERICAS
HOKA PACIFIC TRAILS CALIFORNIA BY UTMB®
NOVEMBER 13-15 | USA

AMERICAS
PATAGONIA BARBOLOCHE BY UTMB®
NOVEMBER 18-22 | ARGENTINA

OCEANIA
ULTRA-TRAIL KOSCIUSZKO™ BY UTMB®
NOVEMBER 26-28 | AUSTRALIA

NEW ASIA
OMAN BY UTMB®
DECEMBER 10-12 | OMAN

VISIT UTMB.WORLD

EUROPE ASIA AMERICAS OCEANIA AFRICA

LAST UPDATED JANUARY 2024

MEET YOUR EXTRAORDINARY

Uniting trail runners, both elite and amateur alike, through the leading international events in the most stunning locations.

The UTMB[®] World Series gives all trail runners the chance to experience UTMB[®] adventure across the world, discovering cultures and sharing trails as they start their quest towards the UTMB[®] World Series Finals at the pinnacle HOKA UTMB[®] Mont-Blanc.



FINALS

The mythic HOKA UTMB Mont-Blanc is the world's most well-known and revered trail running event on the planet.

In the heart of the Alps, the prestigious UTMB World Series Finals are held in 3 categories: the **OCC (50K)**, **CCC[®] (100K)** and **UTMB[®] (100M)** every year at the end of August in Chamonix, France.

MAJORS

Four UTMB World Series Majors, are held each year across the Americas, Europe, Asia-Pacific and Oceania regions.

Collect double the amount of Running Stones compared to other UTMB World Series Events for the UTMB World Series Finals lottery. In total, 210 runners are also granted automatic qualification for the UTMB World Series Finals through each Major. This includes age-group category winners and the top 10 male and female runners in the 100M, 100K and 50K categories.

EVENTS

Get the UTMB experience closer to home. Built on a passion for the mountains, with sustainability at its heart, UTMB World Series Events, gives all trail runners the chance to experience the UTMB adventure while showcasing the unique aspects that each race destination offers at over 60 Events around the world.



BEGIN YOUR QUEST TO HOKA UTMB MONT-BLANC AND THE UTMB WORLD SERIES FINALS.



RUNNING STONES: BOOST YOUR CHANCES FOR THE UTMB WORLD SERIES FINALS

Earn Running Stones by completing races in the 20K, 50K, 100K, or 100M categories at any UTMB World Series Event or Major.

- ✓ Running Stones are cumulative and never expire, so you can collect as many as you like over time.
- ✓ You'll need just 1 Running Stone from the past two years to qualify for the Finals lottery.
- ✓ Each Running Stone gives you an extra chance to be selected in the lottery.

Start your journey, gather your Running Stones, and unlock the path to the UTMB World Series Finals!

UTMB INDEX

YOUR TRAIL RUNNING PASSPORT

The **UTMB Index** measures a runner's performance across four race categories: **20K, 50K, 100K, and 100M**, as well as an overall score.

IT'S ESSENTIAL FOR:

- ✓ **Entering the UTMB World Series Finals lottery** (with at least 1 Running Stone).
- ✓ **Defining your start wave** to ensure the best race experience.
- ✓ **Exclusive Race Access:** You benefit from a 48-hour priority registration to UTMB World Series Events. And for some **100K and 100M events** require a valid UTMB Index for safety or lottery pre-registration.

HOW IT WORKS:

- ✓ Your UTMB Index is based on your **top 5 race results** (weighted for recency and performance) over the last **36 months**. At least **1 valid race result** in the past **24 months** is required for a valid UTMB Index.
- ✓ With over **6,000 races worldwide** they are plenty of opportunities to boost your UTMB Index.

Ready to level up your trail running?
Validate or improve your UTMB Index today!

CHECK IT OUT AT [UTMB.WORLD](https://utmb.world)

CREATE YOUR **MY UTMB** ACCOUNT

- ✓ Track your performance
- ✓ Compare your stats
- ✓ Manage your registrations

AND WITH **MY UTMB+** YOUR COMMITMENT IS REWARDED:

Enjoy and
get involved

Level up
your status

Unlock
exclusive
rewards

Manage everything in one place:

- Track your Running Stones and UTMB® Index.
- View your race results and performance stats.
- Check upcoming race registrations.
- Share your achievements with friends.

START YOUR JOURNEY AT [UTMB.WORLD](https://utmb.world)

EVENT SCHEDULE

2026 JD Ultra-Trail Great Wall by UTMB® – Event Schedule

Date	Time	Location		Contents
Sep 10	14:00–21:00	Dajingmen Square		Race kit distribution (DGW100K, CGW70K, MGW50K, NGW20K)
	17:00–18:00	Dajingmen Square		DGW100K elite runners' meet-and-greet
	18:00–19:00	Dajingmen Square		Race briefing (all categories)
Sep 11	10:00–21:00	Dajingmen Square		Race kit distribution (CGW70K, MGW50K, NGW20K)
	8:00–10:00	Dajingmen Square		DGW100K bag drop (incl. spare bags)
	9:40–10:00	Dajingmen Square		DGW100K start ceremony
	10:00	Dajingmen Square		DGW100K start
	15:00–16:00	Dajingmen Square		CGW70K & MGW50K elite runners' meet-and-greet
	16:00–17:00	Dajingmen Square		Race briefing (CGW70K, MGW50K, NGW20K)
	19:00–21:00	Dajingmen Square		CGW70K bag drop
	20:40–21:00	Dajingmen Square		CGW70K start ceremony
	21:00	Dajingmen Square		CGW70K start

EVENT SCHEDULE

2026 JD Ultra-Trail Great Wall by UTMB® – Event Schedule

Date	Time	Location		Contents
Sep 12	10:00–21:00	Dajingmen Square		NGW20K race kit distribution
	5:00–7:00	Dajingmen Square		MGW50K bag drop
	5:40–6:00	Dajingmen Square		MGW50K start ceremony
	6:00	Dajingmen Square		MGW50K start – Wave 1
	6:30	Dajingmen Square		MGW50K start – Wave 2
	7:00	Dajingmen Square		MGW50K start – Wave 3
	9:00–9:30	Dajingmen Square		DGW100K awards ceremony
	9:30–10:00	Dajingmen Square		CGW70K awards ceremony
	13:30–14:00	Dajingmen Square		MGW50K awards ceremony
	12:00	Dajingmen Square		DGW100K cut-off
	15:00	Dajingmen Square		CGW70K cut-off
	21:00	Dajingmen Square		MGW50K cut-off
Sep 13	6:00–8:30	Dajingmen Square		NGW20K bag drop
	7:10–7:30	Dajingmen Square		NGW20K start ceremony
	7:30	Dajingmen Square		NGW20K start – Wave 1
	8:00	Dajingmen Square		NGW20K start – Wave 2
	8:30	Dajingmen Square		NGW20K start – Wave 3
	13:30–14:00	Dajingmen Square		NGW20K awards ceremony
	17:30	Dajingmen Square		NGW20K cut-off
	18:00	Dajingmen Square		Closing ceremony

隆景体育

LUNGKING

《《 *Become a Better You
Through Sports* 》》





Starting with event operations, LUNGKING is dedicated to creating vibrant and life-affirming sports experiences. As a core partner of UTMB, LUNGKING holds the operational rights to renowned event IPs such as the Ultra-Trail Shudao by UTMB®, Ultra-Trail Mount Yun by UTMB®, and Ultra-Trail Great Wall by UTMB®.

We believe that sport is not only a test of physical strength but also a journey of deep self-connection and resonance with life. Guided by our brand mission — “Become a Better You Through Sports” — LUNGKING will continue to accompany every participant in experiencing the boundless power of life and growing into a stronger self.



LUNGKING Sports Official
WeChat Account



KING CLUB Official
WeChat Account

KEY EVENT LOCATIONS

1. Start

DGW100K / CGW70K / MGW50K / NGW20K: Dajingmen Scenic Area

2. Finish

DGW100K / CGW70K / MGW50K / NGW20K: Dajingmen Scenic Area

3. Race Kit Collection Venue

Dajingmen Scenic Area

4. Race Kit Collection Times

- September 10, 2026, 14:00-21:00, Dajingmen Scenic Area — collection for DGW100K, CGW70K, MGW50K, NGW20K
- September 11, 2026, 10:00-21:00, Dajingmen Scenic Area — collection for CGW70K, MGW50K, NGW20K
- September 12, 2026, 10:00-21:00, Dajingmen Scenic Area — collection for NGW20K

5. Sponsors

- Title Partner: 京东
- Official Event Partner: 太阳谷 (Sun Valley)
- Official Event Sponsors: 迈胜 (MACTION)、3M、京东物流、嘟嘟精酿 (DU DU BEER)
- Official Event Supporter: 上汽奥迪 (AUDI)、卡普沃 (KAPVOE)、SILVA、Bten 蓓盾、爱跑猫 (iPerMove)、杖一 | ZENONE、夸迪 (QUADHA)
- UTMB World Series Premier Partner: HOKA、NAAK
- UTMB World Series Technical Partner: SUUNTO、TUDOR
- UTMB World Series Supplier: 奥尼捷 (AONIJIE)、BUFF、Compressport、韶音 Shokz、SIDAS、Vibram

6. Ultra-Trail Village

- Open Hour:
September 10, 14:00-21:00
September 11, 10:00-21:00
September 12, 10:00-21:00
September 13, 10:00-18:00
- Venue: Dajingmen Scenic Area
- Apparel: ASICS 亚瑟士、跑山帮、Outopia、ROSSIGNOL、[sn]、injinji、SOXPURE 鲨速飙儿、灰壳、ZUX | 专业越野跑品牌、熊猫户外 (XIONGMAO)、内道、VTGO、Outdoor Research、引擎鸟 ENGINE X、ALLREADAY 新奇天、安踏冠军、KIPRUN/迪卡侬
- Performance Gear: 探路者 TOREAD、膳魔师、TRIANCO 创氮、Rudy Project 璐迪运动眼镜、奈特科尔、PAC、Fenix、Ultimate Direction、Black Diamond、Darn Tough、高特运动眼镜、VERYALEN 微野仑、Bubble 运动眼镜、PETZL、MAFPEX
- Sports Recovery: GU、KT TAPE、植电 (DEEPLANT)
- Cosmetics: SVR 舒唯雅、ONE PERCENT 运动个护品牌、iLab
- Other: 炙牛炭长

大境门起终点布局图
Layout Map of Ultra-Trail Great Wall





SPEEDGOAT 7

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HOKA

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1.Runners' Commitment

1. Fully understand the distance of the category you have entered and the specific nature of trail running, and prepare with adequate training.
2. Be capable of personal autonomy in the mountains and able to independently handle any type of problem that may arise during the race:
 - a. Carry the mandatory gear as required, in order to cope with changing weather conditions (night, wind, cold, fog, rain or snow).
 - b. Know how to manage physical or mental problems caused by extreme fatigue – e.g. digestive problems, muscle or joint pain, minor wounds.
 - c. Fully understand that your safety in a trail race depends on your own ability to respond to unexpected situations.
3. Runners, their families and friends must respect nature, respect others, and abide by the race rules.
4. Keep your mobile phone switched on for the entire duration, with airplane mode disabled, so that you can receive race information.
5. Read and agree to the Competition Regulations, Entry Notice and other race regulation documents.

2.Semi-Self-Sufficiency

Runners should understand that the race follows the principle of semi-self-sufficiency. Between two aid stations, runners must carry sufficient food, water and equipment. Depending on course conditions, runners should also be prepared for severe weather or sudden changes. The self-sufficiency principle implies the following rules:

1. During the race, runners must carry all mandatory gear at all times. Gear must be carried in a trail pack (backpack or waist pack), and swapping gear along the way is not allowed. During the race, staff/course marshals may inspect your trail pack and its contents at any time. Runners are obliged to cooperate with mandatory gear checks. If a mandatory gear check finds non-compliance, the runner risks disqualification.
2. Aid stations provide food and beverages for on-site consumption. When leaving each aid station, runners must ensure they carry sufficient drink and food to reach the next aid station.
3. In this edition, assistance zones are open to the DGW100K category only. The DGW100K assistance points are: D5 Wushijia and D7 Tujingzi. External support crew must arrange their own transport to the assistance points. On race day, external support crew enter the assistance zone upon verification of the assistance ticket, and may hand over food, drink, clothing and other personal items, and provide psychological support or simple care (e.g. massage, relaxation). It is strictly forbidden for members of a runner's team to swap gear on the runner's behalf (e.g. poles, shoes, backpack), provide medical intervention (e.g. medication, bandaging, ice application), enter the course or pace the runner. Rest areas at aid stations are reserved for runners only. The Organizing Committee bears no responsibility for the consequences of unauthorized medical acts. Runners and external support crew are asked to jointly observe the rules – thank you for your cooperation.
4. Outside the clearly marked spectator pacing zones at aid stations, pacing by any non-registered person is not allowed. Runners who accept pacing in non-designated areas violate the self-sufficiency principle; staff/course marshals or aid-station chiefs have the authority to penalize such runners.
5. Runners are strictly forbidden to bring dogs or other animals into the race, including service animals.

3.Safety and Medical Assistance

Multiple medical points are set up along the course. You may also call the emergency rescue number printed on your race bib: 18534365898. The medical points exist to help anyone in danger, through the organizer's or public resources.

Runners can seek help in the following ways:

- Go to a medical point
- Call the emergency rescue number on your race bib: 18534365898
- Call to other runners and alert the race medical team

SAFETY NOTICES

Every runner must assist any other runner in danger and alert the race medical team.

Due to the constraints of the race environment, waiting times for rescue may exceed expectations. Please be sure to carry your mandatory gear and prepare other race items according to your personal needs.

The Organizing Committee provides free on-site first-aid medical treatment during the race; however, costs arising from treatment in hospitals etc. are borne by the runner, and the Organizing Committee will subsequently assist with insurance claims in accordance with the insurance policy.

To protect runners' lives and safety, where medical personnel judge that a runner's current condition may endanger their personal safety, the Organizing Committee has the right to compulsorily require that runner to suspend or withdraw from the race. If a runner insists on continuing, the Organizing Committee is no longer responsible.

4. Emergency Response

(1) Severe weather:

During the race, if severe convective weather such as heavy rain, hail, strong wind or lightning occurs that may endanger runners' safety – even if no notice has been received from the Organizing Committee – runners should quickly make their way to the nearest aid station or find shelter nearby, and immediately send a distress request to the Organizing Committee, making sure the Committee knows your location. Wait for the weather to improve so the race can continue, or for the Committee to come and pick you up. Never expose yourself to a high-risk weather environment.

(2) Physical distress / injury:

Runners should monitor their physical condition at all times. When something feels wrong, on the premise of safety, adjust and rest in time, choose a reasonable emergency response, and rationally judge whether you can continue – try to avoid reaching a point where you cannot continue at a location on the course that is hard to reach. If symptoms do not ease, or even worsen, after resting or emergency treatment, or if you directly experience blacking out, dizziness, nausea, shortness of breath or cold sweats, immediately call the Organizing Committee via the rescue contact number or ask other runners on the course for help. In addition, if you feel slightly unwell on the course, it is recommended to go to a rescue point or checkpoint with the help of staff. Checkpoints and rescue points are the most convenient and safest places to withdraw from the race. At each checkpoint, runners should also rationally assess whether their physical condition allows them to continue, and decide whether to continue the race or withdraw on the spot.

(3) Abdominal pain:

Slow down and adjust by breathing deeply and pressing on the painful area.

(4) Cramps:

When mild cramps occur, apply active or passive (assisted) static stretching to the cramping muscle, or massage the cramping area. Once relieved, try reducing speed and continuing the race. If you cannot recover, you should withdraw from the race.

(5) Heat illness:

Trail races may encounter high temperatures on race day, or long sections of the course exposed to direct sun. Exercise causes profuse sweating and heat loss, depleting salt, sodium, potassium and other elements that keep the body functioning normally. You should therefore increase your intake of sports drinks, salt capsules and water. At the same time, use gear such as a sun hat to avoid direct sun exposure and prevent your body temperature from rising. Runners with mild heat illness should quickly leave the hot, humid or sun-exposed environment and move to shade, increase intake of salt-containing drinks, and where possible cool the body physically (e.g. by wiping the body with water) to prevent the heat illness from escalating. If confusion has already set in, on top of the above measures, contact the Organizing Committee immediately and request rescue.

(6) Hypothermia:

Wind, cold and damp are the three key factors causing hypothermia. If hypothermia occurs during the race, first change your environment (find shelter, avoid direct contact with heat conductors such as the ground) and use your gear (e.g. use a waterproof/windproof jacket to block two of wind, cold and damp; rewarm physically by putting on insulating layers and using heat packs) to stop your body being exposed to a high-risk hypothermia environment, halt the continued loss of body heat and prevent symptoms from escalating; at the same time, contact the Organizing Committee promptly and request rescue.

SAFETY NOTICES

(7) Bleeding:

If heavy bleeding occurs due to a fall or similar on the course, controlling the bleeding is the key measure. It is recommended to first contact the Organizing Committee to request rescue, and in a safe environment use direct pressure on the wound (press gauze or a buff from your first-aid kit on the bleeding point) or pressure-point hemostasis (press a finger on the heart-side of the bleeding artery to block the flow) to reduce blood loss, and wait patiently for rescue.

(8) Fractures

First stop moving to avoid secondary injury, and contact the Organizing Committee promptly to explain the situation and request rescue. If there is an open fracture with bleeding, follow the emergency treatment described under "Bleeding".

(9) Ankle sprains:

If not serious, use the bandage or elastic bandage from your first-aid kit to fix the injured ankle with a figure-eight wrap, restricting the ankle's range of motion, and proceed at reduced speed. If the injury is severe enough that you cannot continue, contact the Organizing Committee promptly to explain the situation and request rescue.

(10) Altitude sickness:

When racing at high altitude, runners should set their pace according to their own ability and avoid blindly following faster runners. With mild altitude sickness symptoms, rest on the spot while ensuring safety, replenish water and energy, and regulate breathing; if available, use a portable oxygen canister. With more severe altitude sickness, first descend to a lower altitude and contact the Organizing Committee to seek rescue, while applying the measures described above for mild symptoms.

(11) Getting lost:

In this non-self-navigation race, runners should pay constant attention to the course markers set by the Organizing Committee, especially at junctions. If no marker is visible for about 200 meters, stop in time, minimize your deviation from the course, and use the track published by the Organizing Committee to confirm whether you are still on the course. If you confirm you have left the course, return the way you came to the correct course, and report the unclear marking to the Organizing Committee. If you find no markers along the way and cannot use the published track to confirm your position and return to the correct route, contact the Organizing Committee promptly and request assistance.

(12) Other incidents:

If runners encounter other abnormal situations during the race – e.g. suspecting that course markers have been maliciously altered, or landslides or other geological hazards along the way – they should promptly inform the Organizing Committee.

UTMB
WORLD SERIES

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SUUNTO RACE 2

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COMPETITION RULES

1.Race Bib

Runners must present their kit collection voucher when collecting the race bib (see the Kit Collection Notice for details). The bib must be worn on the chest or abdomen and must remain unobstructed throughout the event. The race bib is the runner's credential for entering the start assembly area, aid stations, finish area and bag drop.

Sample race bib::

100K M	70K	50K M	20K M
   	  	    	    

RACE RULES

2.Awards

Category	First Prize (Male/Female)	Second Prize (Male/Female)	Third Prize (Male/Female)	Fourth Prize (Male/Female)	Fifth Prize (Male/Female)
DGW100K	15,000	10,000	8,000	6,000	5,000
CGW70K	10,000	8,000	6,000	5,000	4,000
MGW50K	8,000	6,000	5,000	4,000	3,000
NGW20K	5,000	4,000	3,000	2,000	1,500

Note:

- 1、Prize money:** The above prize money is subject to individual income tax at a rate of 20%. The tax is borne by the winning runners and withheld and paid by the Organizing Committee on their behalf.
- 2、Direct UTMB Finals slots:** The top three men and top three women in the DGW100K and MGW50K categories will earn direct entry to the corresponding categories at the UTMB World Series Finals – DGW100K qualifies for the CCC, and MGW50K qualifies for the OCC.
- 3、Result ranking:** The top five finishers are ranked by gun time; all other placements are ranked by net time.
- 4、Documentation and payment:** All prize money will be paid after the race. The Organizing Committee will publish the winners' list and collect payment details via the official WeChat account "Lungking Sports" (隆景体育), and complete payment by October 13, 2026, subject to verification.

3.Wave Start

All runners must complete check-in and enter the designated assembly area 5 minutes before their category's start. See the Event Schedule for each category's start time.

- DGW100K runners must enter the designated assembly area by 9:55 on September 11; the race starts promptly at 10:00.
- CGW70K runners must enter the designated assembly area by 20:55 on September 11; the race starts promptly at 21:00.
- MGW50K Wave 1 runners must enter the designated assembly area by 5:55 on September 12; the race starts promptly at 6:00. Wave 2 and Wave 3 runners follow the corresponding start times.
- NGW20K Wave 1 runners must enter the designated assembly area by 7:25 on September 13; the race starts promptly at 7:30. Wave 2 and Wave 3 runners follow the corresponding start times.

This event comprises DGW100K, CGW70K, MGW50K and NGW20K. All runners are strictly forbidden from starting in a category other than their own.

MGW50K and NGW20K involve wave starts. All runners are strictly forbidden from starting in a wave other than their own.

4. Bag Deposit

1. DGW100K runners may deposit a maximum of 2 bags at the start; CGW70K, MGW50K and NGW20K runners may deposit a maximum of 1 bag at the start. Runners must use the bag stickers provided by the Organizing Committee to clearly mark their race number at the designated position on the outside of the bag.
2. Please do not place valuables, fragile items or dangerous items in deposit bags. In case of loss, damage or safety incidents involving items inside deposit bags, responsibility is borne by the runner.

5. Timing

1. This race uses electronic chip timing; the timing chip starts when the runner crosses the start line.
2. Timing points are set at the start/finish and at each checkpoint. Runners must pass all timing points; a missed timing point will result in cancellation of the final result.
3. The race bib bag contains two chips: one is attached to the back of the race bib, and the other must be fastened with a cable tie to a clearly visible position on the back of your trail pack. If the chip is covered, your timing will not be recorded.

6. Aid Stations & Drop-Bag Point

A number of aid stations will be set up along the course. Supplies include: water, sports drinks, hot food, energy food and various other provisions.

DGW100K: one drop-bag point is set at D5 Wushijia. In addition to drop-bag service, this aid station provides camp beds for runners to rest.

7. Course Marking

Ribbon bearing the race logo, signboards and cordon tape will be used as course markings. During the race, if no course marking is visible for over 200 meters, use the pre-loaded track on your phone to verify whether you are on the correct route and return to it. Course maps and tracks for each category are detailed in the Course Information.

Sample course signage:





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2026京东大境门古长城越野赛 by UTMB[®]

8. Mandatory Gear

- 1) All runners must carry all mandatory gear for the entire race; recommended gear may be carried at your discretion depending on conditions on race day. Any adjustment to mandatory gear will be announced before the race.
- 2) In line with the event's environmental policy, aid stations will no longer provide disposable tableware. runners may use their own portable tableware according to personal habits.
- 3) Based on weather conditions before the race, the Organizing Committee has the right to require additional mandatory gear (types and quantities) and to check it before entry into the assembly area.
- 4) The mandatory gear list does not cover all of a runner's equipment; please decide whether to add gear based on your own ability and the day's weather.
- 5) Runners must carry all items on the mandatory gear list and submit to inspection before collecting race items; those who do not meet the requirements will not be able to complete kit collection.
- 6) The Organizing Committee will conduct mandatory gear checks on the course. Any runner found missing mandatory gear will be penalized strictly in accordance with the penalty regulations.
 - DGW100K: mandatory gear check at D5 Wushijia aid station.
 - CGW70K: mandatory gear check at C4 Caishi Village aid station.
 - MGW50K: mandatory gear check at M4 Qinghe Village aid station.
 - NGW20K: random mandatory gear checks on the course; all prize winners will undergo a mandatory gear check at the finish.

9. Penalties: Time Penalties and Disqualification

If a runner violates the race rules, the Race Director or judges may impose the following penalties immediately:

RACE REGULATION		
NO.	VIOLATION	PENALTY
1	Unintentional rule breach with no impact on results or safety	Warning
2	Littering	Warning
3	Mobile phone switched off or in airplane mode	15-minute time penalty
4	Race bib obscured; bib worn improperly	15-minute time penalty, during which the runner must wear the bib correctly
5	Dangerous behavior (e.g. pole tips pointing at runners or spectators)	15-minute time penalty
6	Three accumulated warnings	30-minute time penalty

RACE RULES

RACE REGULATION		
NO.	VIOLATION	PENALTY
7	Deliberately shortening the course (when two markers are visible at the same time, runners must proceed to the nearest one; unless the markings specifically state otherwise, cutting switchbacks on zigzag sections counts as deliberately shortening the course)	30-minute time penalty
8	Gaining advantage from using unauthorized equipment	30-minute time penalty
9	Receiving non-neutral outside assistance outside authorized zones	60-minute time penalty
10	Littering by runners or pacer, or refusing to use the toilets provided by the organizer (voluntary act)	60-minute time penalty
11	Using poles not carried at the start of the race	60-minute time penalty
12	Not starting at the assigned wave time; starting in the wrong wave	60-minute penalty per wave; moving to a later wave incurs no penalty
13	No timing chip	Ruled by the Organizing Committee
14	Cutting the course (runners must stay on the designated course; a runner who unintentionally leaves the course must re-enter at the point of departure, otherwise a time penalty applies. Deliberately leaving the course results in disqualification)	Ruled by the Organizing Committee
15	Leaving a checkpoint after the cut-off time	Race stopped, result cancelled
16	Failing to pass CP checkpoints in the prescribed order; missing checkpoint(s)	Race stopped, result cancelled
17	Not carrying the required mandatory gear	Race stopped, result cancelled
18	Refusing a mandatory gear check	Race stopped, result cancelled
19	Failing to help a runner in need	Race stopped, result cancelled
20	Refusing to attend the awards ceremony	Race stopped, result cancelled
21	Deliberately damaging or altering course markings	Race stopped, result cancelled

RACE RULES

RACE REGULATION

NO.	VIOLATION	PENALTY
22	Deliberately damaging other runners' equipment	Race stopped, result cancelled
23	Maliciously obstructing other runners	Race stopped, result cancelled
24	Commercial activities by a runner without the Organizing Committee's consent, and refusal to correct	Race stopped, result cancelled
25	Refusing inquiries and checks by race medical personnel; continuing against medical judgment	Race stopped, result cancelled
26	Altering, defacing or modifying the race number/bib	Race stopped, result cancelled
27	Cheating (e.g. using transport, sharing a bib)	Race stopped, result cancelled, plus lifetime ban from UTMB events
28	Refusing to follow instructions from the Race Director, staff/judges, aid-station chiefs, doctors or rescue personnel	Race stopped, result cancelled
29	Uncivil language or conduct toward judges or runners, breaching race discipline, refusing judges' rulings, deliberately disrupting race order, unsporting behavior, in serious cases	Race stopped, result cancelled, 1-2 year ban
30	Violation of the Anti-Doping Regulations	1-2 year ban
31	Breaching the Forest Fire Prevention Regulations by making open fires or smoking in fire-prevention zones without authorization; in case of accidental fire, failing to take timely forest-fire suppression measures	Disqualification; where a crime is constituted, criminal liability shall be pursued according to law

(*) Time penalties take effect immediately on site, meaning the runner must "sit out" the penalty duration. If a violation is discovered after the race, the Race Director may also decide to add time to the runner's finish time. Timing is not suspended during a penalty period.

(*) For any violation by a runner not listed above, the penalty decision is made by the Race Director.

(*) Entry fees are non-refundable once a runner is disqualified.

RACE RULES

10. Withdrawal & Sweep Transport

The race provides sweep shuttle vehicles only at aid stations with cut-off times (cut-off stations);

At non-cut-off stations, the Organizing Committee will arrange vehicles to come as soon as possible and transport runners to a cut-off station with sweep shuttle service.

Note: Sweep shuttles pick up runners in sequence along the course. Depending on the number of withdrawn runners and road conditions, waiting times at each cut-off station range from 1 to 4 hours.

11. Emergency Measures

In case of force majeure, extreme weather or any other condition that may affect runners' safety, the Organizing Committee has the right to make the following adjustments:

- Modify the course;
- Modify the start time;
- Cancel or suspend the ongoing race in accordance with the Notice of the General Administration of Sport on Establishing and Improving the "Circuit-Breaker" Mechanism for Sports Events.

The Organizing Committee of the JD Ultra-Trail Great Wall by UTMB® reserves the right of final interpretation of the event and its rules. If the event is cancelled or postponed due to force majeure, the Organizing Committee will release relevant information immediately; all official announcements prevail.

12. Appeals and Supervision

The event has an Arbitration Committee composed of UTMB official representatives, judges, the Race Director, timing personnel and competition personnel.

Appellants must submit a written appeal report with supporting evidence to the official appeals email – info@lungking.com – within 2 hours of finishing or withdrawing, with the subject line "Event Name + Appeal". Appeals submitted after 2 hours are invalid.

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DGW100K CATEGORY INFORMATION

RACE CATEGORY

100K

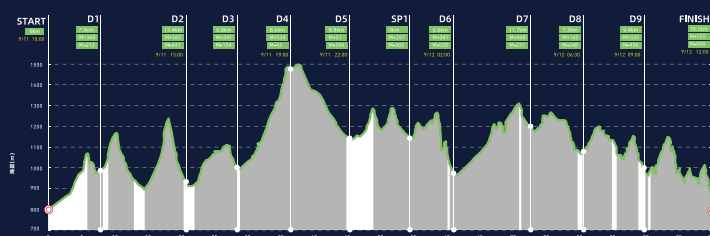


距离
99.6km

总爬升
3880m

出发地点
Dajingmen

出发时间
10:00



京东
超级品类日

 京东
又拼又便宜

大學門

每一步都算数

爆款商品
低至5折



奔赴之路
突破边界

*人物由AI生成

SPORT

运动户外超级品类日

9.14晚8-9.17 爆款低至5折

打开京东APP搜一搜

京东

运动户外超级品类日



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科学设计、高效解决售后难题

To Consumers
TO消费者

- 丝滑的购物体验
- 全流程权益保障

To Platforms
TO平台

- 建立平台服务标准
- 低成本解决售后问题

To Seller
TO商家

- 降低开店成本
- 提升店铺声誉



商家
入驻

Sellers Joining

商家保证金险

电商交易

全流程保障

E-Commerce
Transaction Full-process
Guarantee

售后

After-Sales
Service

不爱吃包退

过敏无忧

180天只换不修

生鲜腐烂险

破损险

先行理赔

闪电退款

退换货运费险

商家
发货

Seller Delivery

发货延误险

晚到赔

客户
购买

Customer
Purchase

正品保障险

买贵双倍赔

价保险

服务客户



京东



抖音



快手



贝壳



DGW100K AID STATIONS

DGW 100K M

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Dajingmen	797	0	0	0	/	/	Water	/	/
D1 Sicha Village	991	7.9	368	212	/	/	Water Electrolyte Powder CoKa Orange Juice	Banana Watermelon Cucumber	Nestlé Crunchy Shark Mixed Nuts Panpan Egg & Milk Soft Waffle Daliyuan Swiss Roll Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Black Pepper Chicken Nuggets Victory Chicken Wings Burger Cooking Oil Yuxian Imperial Tribute Millet Congee
D2 Taobeiyang Village	915	21.3	933	853	5:00	Sep 11 15:00	Water Electrolyte Powder CoKa Orange Juice	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Bibizan Seaweed & Meat Floss Bread Three Squirrels Eight-Treasure Nut Bread Sam's Club Sea Salt Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Oat Noodle Dumplings (Pork & Mushroom Gravy) Salty Sesame Flatbread Steamed Buns (Veggie & Meat) Sugar-Fried Pastry Fritters Prosio Millet & Red Date Sweet Congee
D3 Chahantuolu Village	1000	28.1	1174	1007	/	/	Water Electrolyte Powder CoKa Orange Juice	Banana Watermelon Cherry Tomato Orange	Nestlé Crunchy Shark Mixed Nuts Panpan Egg & Milk Soft Waffle Bestore Blueberry & Mulberry Whole-Wheat Bread Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Oat Noodle Dumplings (Pork & Mushroom Gravy) Salty Sesame Flatbread Steamed Buns (Veggie & Meat) Sugar-Fried Pastry Fritters Prosio Millet & Red Date Sweet Congee
D4 Yaozigou	1493	36.7	1708	1050	4:00	Sep 11 19:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Wangzai QQ Fruit Gummy Candies KDV Purple Wrapper Candies Three Squirrels Eight-Treasure Nut Bread Bibizan Seaweed & Meat Floss Bread Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Scallion Flatbread Wonton Red Bean Congee Egg Fried Rice
D5 Wushijia	1148	45.5	1759	1444	3:00	Sep 11 22:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cucumber	Bestore Blueberry & Mulberry Whole-Wheat Bread Bestore Nut Protein Bars Mini Oreo Cookies Bestore Park Jerky Master Kong Instant Noodles (Mini Cup) Wujiang Pickled Mustard Green Core Chai Goubao Smoked Pork Braised Pork Hock Stir-fried Grain Crumble Salty Sesame Flatbread Hand-made Steamed Dumplings Pea Paste Noodles Burger Roasted Chicken Skeleton Golden Original Chicken Nuggets Cooking Oil Winter Melon Meatball Soup

DGW100K AID STATIONS



Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
SP1 Xiaohongniwan	1141	54.5	2056	1746	/	/	Water CoKa	/	/
D6 Huangtuyao	952	61.1	2397	2266	4:00	Sep 12 2:00:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Bestore Blueberry & Mulberry Whole-Wheat Bread Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Burger Sauce-flavored Flatbread Stir-fried Oat Noodles Congee with Preserved Egg & Shredded Pork Wonton
D7 Tujingzi	1179	72.8	2845	2497	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Watermelon Cucumber	Nestlé Crunchy Shark Ganrong Savory Cheese Cake Panpan French Soft Bread Be & Cheesy Rock-Baked Toast Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Raw Oat Noodle Dumplings Hand-made Steamed Dumplings Chinese Yam Cakes Steamed Buns (Veggie & Meat) Eight-Treasure Congee Classic Orleans Chicken Wings Black Pepper Chicken Nuggets Chicken Broth
D8 Qinghe Village	1080	80.1	2990	2745	4:30	Sep 12 6:30:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Panpan French Soft Bread Ganrong Lava Filled Bread Mini Oreo Cookies Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Chinese Yam Noodle Dumplings Burger Siu Mai Sweet Sesame Flatbread Tomato & Egg Dough Drop Soup Seaweed & Egg Drop Soup
D9 Cuiping'an	975	89.5	3325	3181	2:30	Sep 12 9:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Three Squirrels Eight-Treasure Nut Bread Bestore Nut Protein Bars Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Victory Chicken Wings Golden Original Chicken Nuggets Burger Cooking Oil Siu Mai Steamed Oat Noodle Baskets Scallion Flatbread Congee with Preserved Egg & Shredded Pork Winter Melon Meatball Soup
Finish Dajingmen	797	99.6	3880	3880	3:00	Sep 12 12:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cherry Tomato	Nestlé Crunchy Shark Mixed Nuts Meixien Yellow Peach Canned Fruit Three Squirrels Thick Roasted Cheese Toast Bibizan Seaweed & Meat Floss Bread Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Wangzai QQ Fruit Gummy Candies Xiangbala Spiced Marinated Eggs Cold-mixed Pickled Vegetables Chai Goubao Smoked Pork Braised Pork Hock Yuxian Dried Tofu Wanquan Glutinous Corn Segments



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CGW70K CATEGORY INFORMATION

RACE CATEGORY

70K

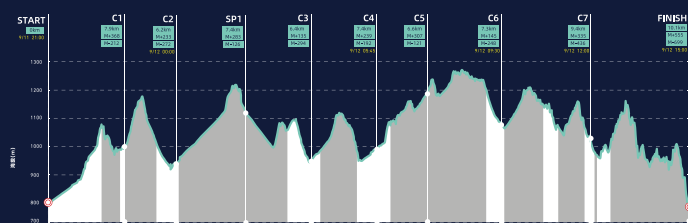
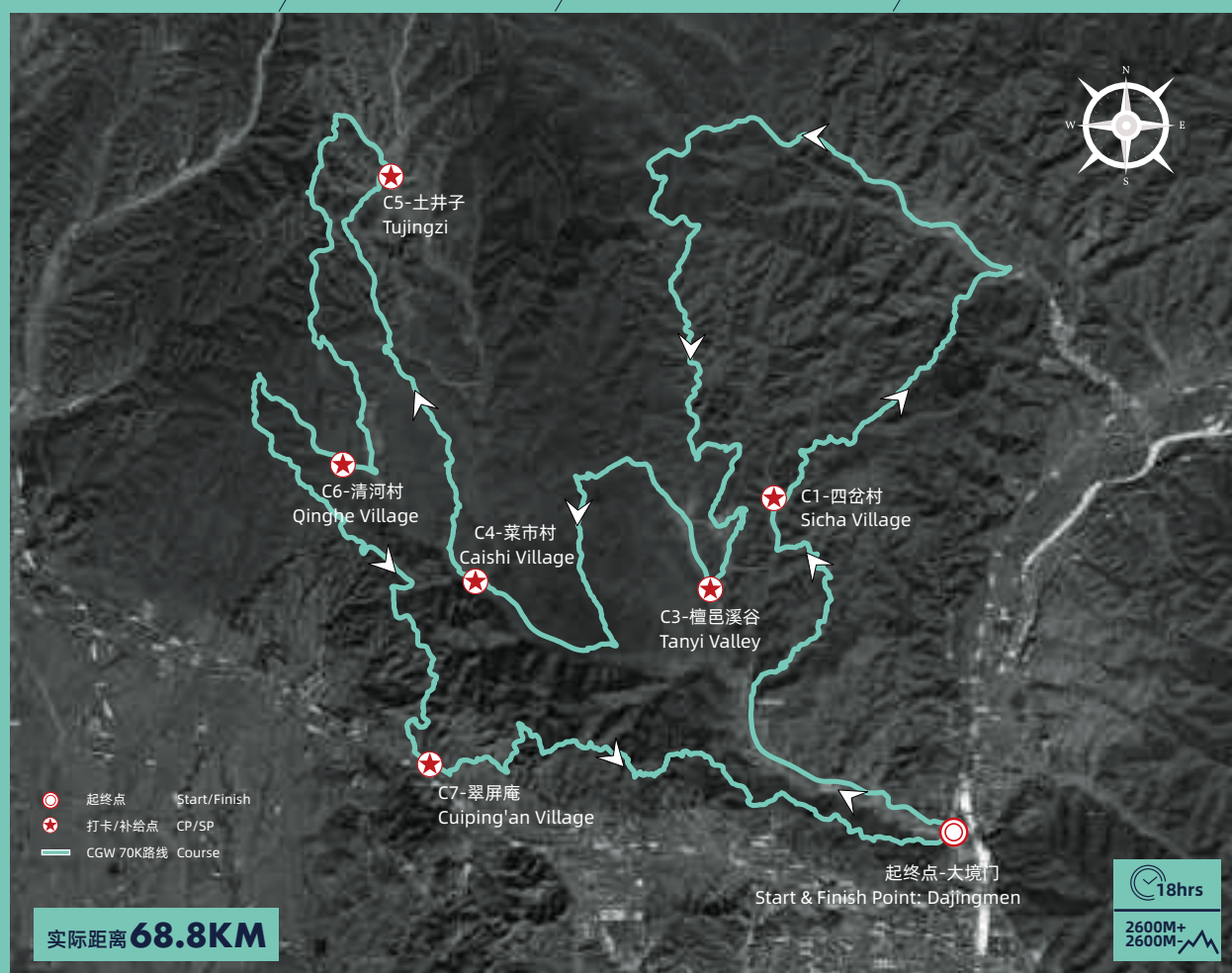


距离
68.8km

总爬升
2600m

出发地点
大境门

出发时间
21:00



硬化路 Paved Road

非硬化路 Unpaved Road

注：赛道图内关门时间为根据分枪时间依次顺延后的关门时间

CGW70K AID STATIONS

CGW 70K

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Dajingmen	797	0	0	0	/	/	Water	/	/
C1 Sicha Village	991	7.9	368	212	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Watermelon Cucumber	Nestlé Crunchy Shark Mixed Nuts Panpan Egg & Milk Soft Waffle Daliyuan Swiss Roll Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Black Pepper Chicken Nuggets Victory Chicken Wings Burger Cooking Oil Yuxian Imperial Tribute Millet Congee
C2 Huangtuyao	952	14.1	601	484	3:00	Sep 12 0:00:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Bestore Blueberry & Mulberry Whole-Wheat Bread Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Burger Sauce-flavored Flatbread Stir-fried Oat Noodles Congee with Preserved Egg & Shredded Pork Wonton
SP1 Laohuyuan	1107	21.6	884	610	/	/	Water CoKa	/	/
C3 Tanyi Valley	948	28	1019	904	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cherry Tomato	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Bestore Nut Protein Bars Bestore Pork Jerky Mini Oreo Cookies White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Wujiang Pickled Mustard Green Core Master Kong Instant Noodles (Mini Cup) Braised Pork Hock Steamed Buns (Veggie & Meat) Burger Oat Noodle Dumplings Chinese Yam Cakes Pea Paste Noodles Fried Tofu Puff Soup
C4 Caish Village	995	35.4	1258	1096	5:45	Sep 12 5:45:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Sam's Club Sea Salt Soda Crackers Be & Cheesy Rock-Baked Toast Bestore Chicken Drumettes Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Salty Sesame Flatbread Sauce-Flavored Flatbread Stir-fried Grain Crumble Hand-made Steamed Dumplings Spicy Pepper Soup Seaweed & Egg Drop Soup

CGW70K AID STATIONS

CGW 70K

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
C5 Tujingzi	1179	42	1566	1217	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Watermelon Cucumber	Nestlé Crunchy Shark Ganrang Savory Cheese Cake Panpan French Soft Bread Be & Cheesy Rock-Baked Toast Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Raw Oat Noodle Dumplings Hand-made Steamed Dumplings Chinese Yam Cakes Steamed Buns (Veggie & Meat) Eight-Treasure Congee Classic Orleans Chicken Wings Black Pepper Chicken Nuggets Chicken Broth
C6 Qinghe Village	1080	49.3	1710	1465	3:45	Sep 12 9:30	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Panpan French Soft Bread Ganrang Lava Filled Bread Mini Oreo Cookies Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Chinese Yam Noodle Dumplings Burger Siu Mai Sweet Sesame Flatbread Tomato & Egg Dough Drop Soup Seaweed & Egg Drop Soup
C7 Cuiping'an	975	58.7	2045	1901	2:30	Sep 12 12:00:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Three Squirrels Eight-Treasure Nut Bread Bestore Nut Protein Bars Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Victory Chicken Wings Golden Original Chicken Nuggets Burger Cooking Oil Siu Mai Steamed Oat Noodle Baskets Scallion Flatbread Congee with Preserved Egg & Shredded Pork Winter Melon Meatball Soup
Finish Dajingmen	797	68.8	2600	2600	3:00	Sep 12 15:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cucumber Cherry Tomato	Nestlé Crunchy Shark Mixed Nuts Meixien Yellow Peach Canned Fruit Three Squirrels Thick Roasted Cheese Toast Bibizan Seaweed & Meat Floss Bread Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Wangzai QQ Fruit Gummy Candies Xiangbala Spiced Marinated Eggs Cold-mixed Pickled Vegetables Chai Goubao Smoked Pork Braised Pork Hock Yuxian Dried Tofu Wanquan Glutinous Corn Segments



运动营养官方赞助商

越野必备迈胜四大黑金

越野跑专业补给

★ 认准迈胜四大黑金产品 ★



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领取越野新人好礼

3M
THINSULATE
Insulation

Scorchgard

3M
FUTURO

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Nexcare



**3M Technology
Enhances
Athletic Performance**

自 2017 年进入赛事保障领域，京东物流凭借高标准、全场景、一体化的供应链解决方案，赢得赛事方与大众的一致认可。十年来，累计护航超百场全球顶级体育赛事，服务参赛者超千万人次。

官方赞助商

- 2017 正式进入赛事物流领域
- 2018 首次运用科技赋能赛事物流
- 2019 赛事绿色物流首次亮相
- 2020 推出无接触赛事物流新模式
- 2021 第十四届全运会官方物流服务商
- 2022 中国首家服务奥运会物流企业
- 2023 护航80+ 场马拉松赛事
- 2024 首次服务自行车世巡赛
- 2025 引领赛事碳中和新起点
- 2026 首创绿色赛事可持续解决方案 & 首获业内ISO认证 进入赛事物流领域

中国首个赛事物流可持续解决方案



赛事物流
可持续解决方案
全景图



2024年成立至今，嘟嘟精酿的身影出现在50+越野/路跑赛事，陪伴100+跑团和品牌线下活动，等候1,000,000+名跑者冲过终点线，喝到那一杯庆功酒。

每一公里都算数，每一米爬升都坚定，每一杯酒都有故事。

赛道和终点线旁，嘟嘟精酿始终和跑友一起举杯庆功。

西柚电解质精酿啤酒

≥267mg 88kcal ≥3%vol

无醇电解质精酿啤酒

<0.5%vol 56kcal ≥42.9mg 0糖 0脂

德式小麦精酿啤酒

≥4.3%vol 79kcal 12.0°P

0糖0脂皮尔森精酿啤酒

≥3.6%vol 59kcal 9°P 0糖 0脂

赛后第一口庆功酒



产品查询



更多活动



公众号



添加客服

RACE CATEGORY

50K / M

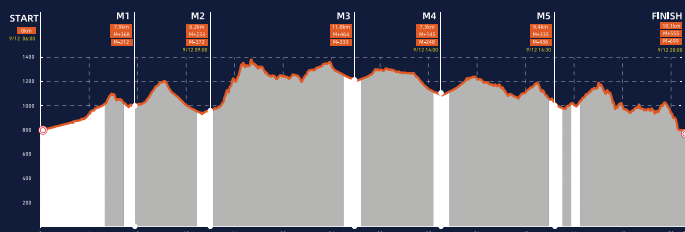


距离
52.7km

总爬升
2100m

出发地点
大境门

出发时间
06:00



硬化路 Paved Road
非硬化路 Unpaved Road

注：赛道图内关门时间为根据分枪时间依次顺延后的关门时间

MGW50K AID STATIONS

MGW 50K M

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Dajingmen	797	0	0	0	/	/	Water	/	/
M1 Sicha Village	991	7.9	368	212	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Watermelon Cucumber	Nestlé Crunchy Shark Mixed Nuts Panpan Egg & Milk Soft Waffle Daliyuan Swiss Roll Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Black Pepper Chicken Nuggets Victory Chicken Wings Burger Cooking Oil Yuxian Imperial Tribute Millet Congee
M2 Huangtuyao	952	14.1	601	484	3:00	Sep 12 9:00:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Bestore Blueberry & Mulberry Whole-Wheat Bread Bibizan Black Truffle Ham Soda Crackers Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Steamed Buns (Veggie & Meat) Burger Sauce-Flavored Flatbread Stir-fried Oat Noodles Congee with Preserved Egg & Shredded Pork Wonton
M3 Tujingzi	1179	25.9	1065	717	/	/	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Watermelon Cucumber	Nestlé Crunchy Shark Ganrong Savory Cheese Cake Panpan French Soft Bread Be & Cheesy Rock-Baked Toast Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Raw Oat Noodle Dumplings Handmade Steamed Dumplings Chinese Yam Cakes Steamed Buns (Veggie & Meat) Eight-Treasure Congee Classic Orleans Chicken Wings Black Pepper Chicken Nuggets Chicken Broth
M4 Qinghe Village	1080	33.2	1210	965	5:00	Sep 12 14:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Panpan French Soft Bread Ganrong Lava Filled Bread Mini Oreo Cookies Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Chinese Yam Noodle Dumplings Burger Siu Mai Sweet Sesame Flatbread Tomato & Egg Dough Drop Soup Seaweed & Egg Drop Soup
M5 Cuiping'an	975	42.6	1545	1400	2:30	Sep 12 16:30	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Three Squirrels Eight-Treasure Nut Bread Bestore Nut Protein Bars Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Victory Chicken Wings Golden Original Chicken Nuggets Burger Cooking Oil Siu Mai Steamed Oat Noodle Baskets Scallion Flatbread Congee with Preserved Egg & Shredded Pork Winter Melon Meatball Soup
Finish Dajingmen	797	52.7	2100	2100	3:30	Sep 12 20:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cucumber Cherry Tomato	Nestlé Crunchy Shark Mixed Nuts Meixian Yellow Peach Canned Fruit Three Squirrels Thick Roasted Cheese Toast Bibizan Seaweed & Meat Floss Bread Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Wangzai QQ Fruit Gummy Candies Xiangbala Spiced Marinated Eggs Cold-mixed Pickled Vegetables Chei Goubao Smoked Pork Braised Pork Hock Yuxian Dried Tofu Wanquan Glutinous Corn Segments

NGW20K CATEGORY INFORMATION

RACE CATEGORY

20K / M

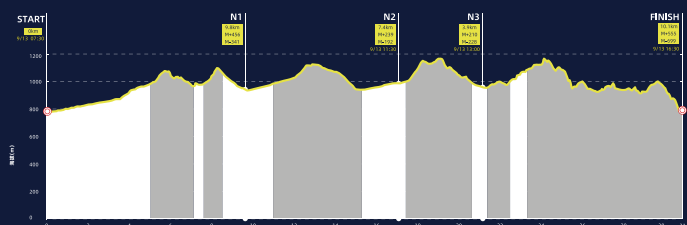


距离
31.2km

总爬升
1460m

出发地点
大境门

出发时间
07:30



注：赛道图内关门时间为根据分枪时间依次顺延后的关门时间

NGW20K AID STATIONS

NGW 20K M

Check Point Location	Altitude (m)	Distance (km)	Elevation Gain (m)	Elevation Loss (m)	Segment Cut-off Time	Cut-off Time	Beverages	Fruit	Food Supply
Start Dajingmen	797	0	0	0	/	/	Water	/	/
N1 Tanyi Valley	948	9.8	456	341	/	/	Water Electrolyte Powder CoKa Orange Juice	Banana Orange Watermelon Cherry Tomato	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Bestore Nut Protein Bars Bestore Pork Jerky Mini Oreo Cookies White Rabbit Creamy Candy Hsu Fu Chi Crisp Candy Wujiang Pickled Mustard Green Core Master Kong Instant Noodles (Mini Cup) Braised Pork Hock Steamed Buns (Veggie & Meat) Burger Oat Noodle Dumplings Chinese Yam Cakes Pea Paste Noodles Fried Tofu Puff Soup
N2 Caishi Village	995	17.2	695	533	4:00	Sep 13 11:30	Water Electrolyte Powder CoKa Orange Juice	Banana Orange Watermelon	Nestlé Crunchy Shark Mixed Nuts Sam's Club Sea Salt Soda Crackers Be & Cheesy Rock-Baked Toast Bestore Chicken Drumettes Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Salty Sesame Flatbread Sauce-flavored Flatbread Stir-fried Grain Crumble Hand-made Steamed Dumplings Spicy Pepper Soup Seaweed & Egg Drop Soup
N3 Cuiping'an	975	21.1	905	761	1:30	Sep 13 13:00	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon	Nestlé Crunchy Shark Bestore Blueberry & Mulberry Whole-Wheat Bread Three Squirrels Eight-Treasure Nut Bread Bestore Nut Protein Bars Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Master Kong Instant Noodles (Mini Cup) Sliced Ham Wujiang Pickled Mustard Green Core Mustard Green Core Victory Chicken Wings Golden Original Chicken Nuggets Burger Cooking Oil Siu Mai Steamed Oat Noodle Baskets Scallion Flatbread Congee with Preserved Egg & Shredded Pork Winter Melon Meatball Soup
Finish Dajingmen	797	31.2	1460	1460	3:30	Sep 13 16:30	Water Electrolyte Powder CoKa Orange Juice Coffee Ginger Tea	Banana Orange Watermelon Cucumber Cherry Tomato	Nestlé Crunchy Shark Mixed Nuts Meixien Yellow Peach Canned Fruit Three Squirrels Thick Roasted Cheese Toast Bibizan Seaweed & Meat Floss Bread Sam's Club Sea Salt Soda Crackers White Rabbit Creamy Candy Wangzai QQ Fruit Gummy Candies Xiangbala Spiced Marinated Eggs Cold-mixed Pickled Vegetables Chai Goubao Smoked Pork Braised Pork Hock Wanquan Glutinous Corn Segments

MANDATORY EQUIPMENT

MANDATORY EQUIPMENT CHECKLIST (PROVIDED BY THE ORGANIZING COMMITTEE IF IT HAS *)

MANDATORY EQUIPMENT CHECKLIST	100K 	70K	50K 	20K 
* Race bib + race wristband	✓	✓	✓	✓
*Timing chip	✓	✓	✓	✓
* GPS tracking device	✓	✓	✓	
*Survival blanket (min. 1.3 m × 2.1 m)	✓	✓	✓	✓
Smartphone (same number as registered; sufficient battery for the whole race; race track downloaded)	✓	✓	✓	✓
Power bank	≥10000mA	≥10000mA	≥5000mA	
Water container with sufficient capacity (bottle or bladder)	≥1L	≥1L	≥1L	≥1L
Backpack/waist pack capable of holding all mandatory gear	✓	✓	✓	✓
Whistle	✓	✓	✓	✓

MANDATORY EQUIPMENT

MANDATORY EQUIPMENT CHECKLIST (PROVIDED BY THE ORGANIZING COMMITTEE IF IT HAS *)

MANDATORY EQUIPMENT CHECKLIST	100K 	70K	50K 	20K 
Hooded waterproof shell or rain jacket (non-taped windbreakers and disposable rain capes do not qualify)	✓	✓	✓	
Long-sleeve warm base layer (merino wool or quick-dry thermal)	✓	✓		
Waterproof trousers (non-taped leggings do not qualify)	✓	✓		
Headlamps (with charger or spare batteries)	2	2	1	
First Aid Kit (elastic bandage, sterile dressing)	✓	✓	✓	✓
Emergency food (e.g. gels, bars)	≥800kcal	≥800kcal	≥500kcal	≥500kcal
RECOMMENDED GEAR				
Portable tableware, gloves, sun hat, sunglasses, trekking poles, wet wipes, toilet paper, waterproof bags, trash bags, etc.				

SHUTTLE BUS INFORMATION

SEPTEMBER 10 PRE-RACE SHUTTLE SCHEDULE

Date	Route	Time	Frequency
10-Sep	Zhangjiakou Station → Dajingmen Scenic (Railway Station → Race Kit Collection Area)	12:00-20:20	Operating on a 60-minute cycle
10-Sep	Ningyuan Airport → Dajingmen Scenic Area (Airport-Race Kit Collection Area)	10:00 13:00	Shuttle buses depart according to flight arrival times.

SEPTEMBER 11 RACE DAY SHUTTLE SCHEDULE

Date	Route	Time	Frequency
11-Sep	Zhangjiakou Station → Dajingmen Scenic (Railway Station → Race Kit Collection Area)	9:00-20:20	Operating on a 60-minute cycle
11-Sep	Ningyuan Airport → Dajingmen Scenic Area (Airport-Race Kit Collection Area)	13:00 19:30	Shuttle buses depart according to flight arrival times.
11-Sep	Dajingmen Scenic Area → Zhangjiakou Station (Return Shuttle)	9:50-20:50	Operating on a 60-minute cycle
11-Sep	Dajingmen Scenic Area → Ningyuan Airport (Return Shuttle)	11:00 17:20 18:50	Shuttle buses depart according to flight arrival times.

SHUTTLE BUS INFORMATION

SEPTEMBER 12 RACE DAY SHUTTLE SCHEDULE

Date	Route	Time	Frequency
12-Sep	Zhangjiakou Station → Dajingmen Scenic (Railway Station → Race Kit Collection Area)	9:00-20:20	Operating on a 60-minute cycle
12-Sep	Ningyuan Airport→ Dajingmen Scenic Area (Airport-Race Kit Collection Area)	10:30	Shuttle buses depart according to flight arrival times.
12-Sep	Dajingmen Scenic Area→Zhangjiakou Station (Return Shuttle)	9:50-20:50	Operating on a 60-minute cycle
12-Sep	Dajingmen Scenic Area→Ningyuan Airport (Return Shuttle)	8:30 18:30 19:30	Shuttle buses depart according to flight arrival times.

SEPTEMBER 13 RACE DAY SHUTTLE SCHEDULE

Date	Route	Time	Frequency
13-Sep	Dajingmen Scenic Area→Zhangjiakou Station (Return Shuttle)	10:00-17:00	Operating on a 60-minute cycle
13-Sep	Dajingmen Scenic Area→Ningyuan Airport (Return Shuttle)	11:00 17:00 18:30	Shuttle buses depart according to flight arrival times.



2026“户外在河北·跑遍河北”活动全新升级**50万元**大奖等你瓜分

2026“户外在河北·跑遍河北”活动全新升级，推出“马拉松+山地越野跑”双赛道，其中，马拉松赛事设置“个人赛”与“战队赛”两种玩法，山地越野跑赛事则仅设“个人赛”玩法。活动采用积分制模式，推出马拉松个人奖、战队奖、畅跑奖，以及山地越野跑个人奖等年终奖励，激发更多全国跑者汇聚河北，跟着赛事游河北。

截至目前，活动已纳入8场马拉松赛事、7场山地越野跑赛事，共计15场赛事。跑者成功报名参加“户外在河北·跑遍河北”活动中任意一场马拉松或山地越野跑赛事即可，无需另行报名。

此外，“户外在河北”小程序已全新上线运行，开放“战队组建、积分查询、资讯速览”等功能，为跑者提供全方位的便捷服务。

▶▶ 赛事目录

类别	赛事名称	赛事规模	赛事时间
马拉松赛事	2026石家庄马拉松	35000	3月29日
	2026雄安马拉松	12500	4月12日
	2026保定马拉松	20000	4月19日
	2026定州半程马拉松	15000	4月19日
	2026长城汽车智慧工厂半程马拉松	3000	5月10日
	2026康保草原马拉松	3000	8月9日
	2026官厅湖马拉松	5000	9月13日
	2026衡水湖马拉松	12000	9月27日
山地越野跑赛事	2026中国山地越野公开赛(抚宁站) 暨冰塘峪长城越野赛	3000	4月26日
	2026太行极境越野赛	1000	5月17日
	2026崇礼100越野赛	3500	6月13—14日
	2026崇礼168超级越野赛	12000	7月10—12日
	第十一届崇礼50公里越野赛 暨崇礼·她山径女子越野赛	1500	8月16日
	2026大境门古长城越野赛byUTMB®	10000	9月11—13日
	2026金山岭长城越野赛黄金联赛 世界系列赛(中国站)	3000	9月26—27日

备注：1、以上赛事名单仅供参考，请持续关注“户外在河北”官方消息。

2、若参赛选手存在违规参赛等问题，将禁止其参与2026“户外在河北·跑遍河北”活动，并取消其已获积分、名次及参赛纪录。

活动玩法

类别	活动玩法
马拉松项目	个人赛玩法 报名参加2026“户外在河北·跑遍河北”活动中任意一场马拉松或半程马拉松赛事即可。
	战队赛玩法 设置马拉松、半程马拉松两个组别，跑者在所在组别中组建战队，不可跨组别组队，每名跑者全年只能加入一个战队。每个战队名额5名，其中至少包含1名女队员，活动期间可替换队员。战队名称可在2026“户外在河北·跑遍河北”活动全年赛事中延续使用。
山地越野跑项目	报名参加2026“户外在河北·跑遍河北”活动中任意一场山地越野跑赛事即可，20公里以下项目不参与本活动。山地越野跑项目只设置个人赛玩法，不支持组建战队。

积分规则

马拉松项目积分规则

个人积分

组别	个人单场积分标准
马拉松组别	马拉松（全程）关门时间（秒）*0.01减个人成绩（秒）*0.01，积分保留2位小数。
半程马拉松组别	半程马拉松关门时间（秒）*0.01减个人成绩（秒）*0.01，积分保留2位小数。

备注：比赛项目前三名以枪计时成绩计算，其余名次选手均以净成绩计算，未完赛选手不参与积分计算及排名。

战队积分

战队单场积分为战队成员个人单场赛事积分累计的总和。战队年终积分为战队全年单场赛事积分累计的总和。

山地越野跑项目积分规则

山地越野跑各组别关门时间（秒）*0.001减个人成绩（秒）*0.001，积分保留2位小数，20公里以下组别不参与积分计算及排名。



微信公众号



官方小程序

详细活动内容请关注以上平台

EVENT SERVICES



QR CODE FOR RUNNERS' PHOTOS



QR CODE FOR RESULTS INQUIRY



QR CODE FOR COURSE TRACK DOWNLOAD

冠名赞助商
TITLE PARTNER



赛事官方合作伙伴
OFFICIAL EVENT PARTNER



赛事官方赞助商
OFFICIAL EVENT SPONSOR



赛事支持商
OFFICIAL EVENT SUPPORTER



UTMB世界系列赛首席合作伙伴
PREMIER PARTNER OF THE UTMB WORLD SERIES



UTMB世界系列赛技术合作伙伴
TECHNICAL PARTNER OF THE UTMB WORLD SERIES



UTMB世界系列赛供应商
SUPPLIERS OF THE UTMB WORLD SERIES



深度媒体合作伙伴
DEEP MEDIA PARTNER



官方合作运动平台
OFFICIAL SPORTS PARTNER APP



内容合作伙伴
CONTENT PARTNERS



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Greatwalltrailrun@lungking.com

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