



DISCUSS

- 1. What are you carrying from 2020 that you need to release, remove, and replace?
- 2. What RE word has God given you? What do you think God is saying to you with your word?

READ

- Ephesians 4:29 5:2
- As we join the Valley Creek family in our Speak Life Fast, what can we do to help each other speak life?

PRAY

Jesus, I'm open, ready, and available. RE | me.