

Starter Question

If you could gain one new skill during this quarantine time, what would it be?

BIG IDEA:

It's time to talk to our Good Father.

SUMMARY:

The one person we should talk to the most is perhaps the one we've talked to the least – God. As followers of Jesus, we have authority and are empowered to bring God's kingdom, will, and heaven into the circumstances around us. The key to prayer is understanding that WHO we are praying to is more important than HOW we pray.

1. LET'S BE PEOPLE OF HONOR

You need to understand not everyone has your perspective or your opinion. You honor others not because they deserve it but because you are honorable (**Romans 12:10**). You can choose to honor people because they have been made in the image of God, the gifts in their lives, the destiny upon them, and the calling God has given them (**John 13:34**). You honor others by laying down your preferences and praying for them out of reverence for Christ (**Ephesians 5:21**).

Question 1

Who do you need to show honor to in this season, even though you don't share the same perspective? How will you do that?

2. LET'S BE PEOPLE OF PRAYER

Prayer is you, as a beloved son or daughter, having a conversation with your Dad. Share your heart with your Dad, listen to His heart, and receive encouragement, strength, and a higher perspective. When you pray you hear God's voice, receive God's grace, and God's power shows up in your weakness (**2 Corinthians 12:8-9**).

Question 2

What keeps you or has kept you from talking to God?

3. A MODEL OF PRAYER

Jesus modeled the components of prayer in the Lord's Prayer (**Matthew 6:9-13**). Prayer is about intimacy (the relationship you have with your Father) and authority (you have been empowered to bring heaven to the world around you).

- **Our Father in heaven** (Who you're praying to is more important than how you pray.)
- **Hallowed be your name** (Express worship and gratitude for who He is and what He's done.)
- **Your kingdom come, your will be done on earth as it is in heaven** (You have authority to invite God's kingdom into this world.)
- **Give us today our daily bread** (A reminder of your daily dependence on Jesus; you can ask for a fresh revelation of Him.)
- **Forgive us our debts, as we also have forgiven our debtors** (You can confess and repent your mistakes/failures with no condemnation, fear, or striving.)
- **And lead us not into temptation, but deliver us from the evil one.** (Because of what Jesus has done, prayer reminds you that victory is where you start from, not what you have to fight for.)

Question 3

How does Jesus's prayer change the way you think of your own prayers?

Suggestion: Set aside time every day this week to pray.