

## BIG IDEA:

Plus One: An integrated life with Jesus at the center.

## SUMMARY:

We're all on a journey of bringing Jesus into the center of our lives throughout the week, not just on Sunday at church. We activate our faith every day by:

Being Aware of His Presence

Receiving His Grace

Seeking More of Him

Submitting to His Lordship

Engaging in His Mission

Here's a sobering thought. The average American Christian attends church 2 times a month. If attending church is the only hour where your faith is activated, over a 60-year lifetime as a Christian, that equates to having 9 weeks of activated faith.

## 1. YOU CAN DETERMINE HOW ACTIVE YOUR FAITH IS IN THE 167 BY LOOKING AT THREE AREAS:

a) Your Words

**Your words reveal your heart.**

b) Your Behavior

**Your behavior reveals your identity.**

c) Your Time

**Your time reveals your values.**

*In which area(s) can you see your faith activated and growing and what does that look like? In which area(s) is Jesus inviting you into more freedom?*

## 2. JESUS INVITES YOU TO MOVE FROM BEING ON THE FRINGES TO BEING A DISCIPLE.

### MARK 8:34-36

Then He called the crowd to Him along with His disciples and said: "If anyone would come after me, He must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel will save it. What good is it for a man to gain the whole world, yet forfeit his soul?"

*What does this verse mean for your life and your 167?*

## 3. NEXT STEPS TO MOVE FORWARD IN ACTIVATING YOUR FAITH.

a) **Invite God into your life** – Humbly tell God that you need Him in your daily activities.

b) **Play worship music** – Lifting up the name of Jesus changes the atmosphere and your heart.

c) **Read the daily VCC Bible chapter** – The Word of God activates your faith.

d) **Get in a group** – Godly relationships help you activate your faith so that you can thrive.

e) **Value the 1** – How you gather determines how you scatter. The 167 and the 1 work together.

*In which area have you taken a next step? What's the outcome of that step?*

## CONCLUSION:

The early church wasn't known as Christians, but as Followers of the Way (**Acts 9:2**). They were known by how they lived in the 167 of their lives. Today is the day of salvation, (**2 Corinthians 6:2 NLT**) not a ticket to heaven

someday, but wholeness and fullness today; an integrated life, with Jesus at the center. Jesus is the only way to find life in our work, homes, families, finances, future, and in the middle of chaos. Jesus is the only way, the only truth, and He offers us a great life in His name (**John 14:6**). Activating our faith in the 168 is not about doing something for God but discovering everything God has already done for us.