



FACE YOUR GIANTS

DEALING WITH THE THINGS
THAT HOLD YOU BACK

SESSION ONE: INTRODUCTION & LESSONS ONE AND TWO

WATCH THE MESSAGE AND FILL IN THE BLANKS

INTRODUCTION:

It's been a great year this year because our theme for this whole year has been to _____.

This is a year where we're taking new ground, where we're moving forward – we're increasing and advancing, going to new places.

Sometimes, in the midst of all the movement forward, it seems like some of the _____ in our lives, they just won't go down. It's time to learn how to face them in Jesus' name.

Let's just go ahead and define a giant together. A giant is anything that stands in between you and the _____ of God that feels _____ to overcome.

A giant can be anxiety, depression, mental health issues, rejection, insecurity, brokenness, sickness in your body, a sin issue, a temptation, doubt, fear, finances, or comfort.

"The thief comes only to steal, and kill, and destroy; I have come that you may have life and have it to the full." John 10:10

You're a giant killer, and you come from a long line of giant killers. You are made in the _____ and _____ of God, the ultimate giant killer.

Your giant may be big, but Jesus is bigger.

"What is impossible for people is possible with God." Luke 18:27 NLT

The Old Testament is physical pictures of spiritual truth that teach us how to face the giants in our lives. Maybe the greatest example of a story of a giant going down is the story of David and _____.

For forty days, every morning and evening, the Philistine champion strutted in front of the Israelite army. [...] As soon as the Israelite army saw him, they began to run away in fright. 1 Samuel 17:16, 24 NLT

We often have the best intentions to defeat our giants, but we turn around and we run because we're _____ of this thing that feels impossible to overcome.

We need to start understanding the ultimate victory we have in Jesus' name.

In all these things we are more than conquerors through him who loved us. Romans 8:37

That means you're not just going to survive; you're going to _____. You're not just going to have a partial victory; you're going to have a _____ victory.

In this series, I'm going to give you some lessons on how you can face your giants, — a manifesto, guidebook — and they are going to build from week to week.

We're going to look at stories of people who killed physical giants to teach us how to deal with the _____ giants in our lives.

This is about learning to have more faith in _____ than in your giant. Your future is on the other side of the giant that you're afraid to face.

LESSON NUMBER ONE: ADMIT THERE ARE GIANTS IN YOUR LIFE

Before you can face your giant, you have to actually acknowledge that it's there. You won't face what you're unwilling to _____ out. You can't defeat what you won't _____.

Anytime you move forward and push back _____, you awaken giants.

It's okay to struggle; it's not okay to _____ about it. There's nothing wrong with you.

Giants are rooted in darkness. The moment you bring them out of darkness, they are already starting to be defeated.

When I had nothing, desperate and defeated, I cried out to the Lord and he heard me, bringing his miracle-deliverance when I needed it most. Psalm 34:6 TPT

Pour out all your worries and stress upon him and leave them there, for he always tenderly cares for you. 1 Peter 5:7 TPT

For some of you, this is all you need to hear: your giant is _____. This is where the Church at large has missed it because we act like the giants aren't real.

Don't let the giant of _____ keep you from facing the other giants in your life.

Therefore, there is no condemnation for those who are in Christ Jesus. Romans 8:1

Come up with a plan that faces your giants that always includes _____ at the center.

God allows giants in your life so you can be _____.

It's okay to not be okay, but it's not okay to stay that way. Your giant is not your _____.

It is for freedom that Christ has set us free. [...] Galatians 5:1

Any area of your life where you're not free is a giant, and you can't be okay with that.

Never be okay with something stealing, killing, and destroying the _____ that God brought for you.

But the Son of God came to destroy the works of the devil. 1 John 3:8 NLV

If Jesus came to destroy the works of the devil, I can't be okay with them.

We have to start by saying, "There's a giant in my life, and I'm going to _____ it in Jesus' name.

You don't have to understand other people's giants because they're just as real to them as yours are to you.

LESSON NUMBER TWO: REMEMBER WHO YOU ARE

David never forgot who he was. He knew he was a beloved son with whom the Father was well pleased. He knew he was of the Israelites, the children of God.

Who is this uncircumcised Philistine that he should defy the armies of the living God? 1 Samuel 17:26

He never calls Goliath "Goliath." He only refers to him as an "uncircumcised Philistine".

David was saying, "You're already a _____ enemy of God."

You're not defined by the giants you face, but by the God that you _____. And when you remember who you are, you will always have the _____ to face your giants.

The land we traveled through and explored will devour anyone who goes to live there. All the people we saw there were huge. We even saw giants there [...] Next to them, we felt like grasshoppers, and that's what they thought, too! Numbers 13:32-33 NLT

They allowed what they _____ to have more authority than what God said.

Identity determines behavior. Who you think you are will always determine what you _____.

You're not a _____; you're a beloved son or daughter with power and authority.

Giants roar to tell you who you're not, but God _____ to tell you who you are.

You're a beloved son or daughter, fearfully and wonderfully made in the image and likeness of God. You're the head and not the tail. The Spirit of God is inside of you. The power of God is inside of you.

And you've been _____ by Jesus to destroy the works of the devil. That is who you are!

You don't have to be afraid of your giant because your giant is _____ of you.

You become what you _____. In other words, whatever you look at, you become like. The more you look at your giant, the bigger it becomes, and the _____ you become. The more you look at your God, the bigger He becomes, and the _____ you become.

[...] As he is, so are we in this world. 1 John 4:17 NKJV

The more you look at Jesus, the more you discover who you are, and the more you begin to walk in _____.

This is how Jesus faced every giant: He knew who He was.

But the Son of God came to destroy the works of the devil. 1 John 3:8 NLV

This series isn't about a bunch of content, but about you building up the _____ and confidence to face the giants in your life.

This is what I want you to do this week:

- Admit that there's a giant in your life
- Remember who you are

REFLECTION QUESTIONS

- Ask God right now to reveal what He wants to whisper to you through this message. Pray something like this:
 - "God, would You point out where giants have taken ground in my life? Would You point out the places where I am in bondage or oppressed? Will You show me places where You offer me victory or freedom?"
- What giant was revealed to you where you need to take ground?
- Once you name your giant, take authority over it in Jesus' name. Try saying something like:
 - "Anxiety, you stand on my peace today. You may be winning today, but you're standing on my peace, and that belongs to me in Jesus' name."
 - "Depression, you're standing on my joy. I'm just not okay with that anymore."
 - "Insecurity, you're standing on my significance, and I'm just not accepting that anymore."
 - " _____ , you no longer define me because you have already been defeated."
 - _____

- Have you forgotten who you are? Have you allowed the giant's roar to have more authority in your life than the whisper of God? Make a list below of who God says you are:
 - "I'm a beloved son or daughter."
 - "I'm fearfully and wonderfully made."
 - "I'm the head and not the tail."
 - _____

ASK, LISTEN, RESPOND

- Take some time right now to ask God what He wants to say to you.
- Spend a moment listening to His voice.
- Write down how you are going to respond to God's invitation.

MY NEXT STEP IS: