

*HOPE CARRIER*

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# FIELD JOURNAL

**I AM A**  
**HOPE**  
**CARRIER**



## **YOU ARE A HOPE CARRIER**

Whether you realize it or not, you have been empowered by God to release His kingdom on earth. Ever since the dawn of creation, man has been commissioned by God to rule and reign with Him. In fact, the very first words God said to humanity were, “Be fruitful, multiply, and fill the earth, and subdue it using all its vast resources in the service of God and man” (Genesis 1:28 AMPC). You weren’t made to passively walk through life – to just get by living for yourself – but to actively bring heavenly realities into earthly situations. To see what can be in the midst of what is. To make a difference. To shift atmospheres. To change your world.

For far too long, we’ve reduced following Jesus to a one-hour-a-week church service. But the kingdom of God isn’t contained to a building, a gathering, or a religious event; it’s been sent into every area of life through *you*. We must no longer allow there to be a divide between the sacred and the secular in our minds. Jesus says that the kingdom of heaven is within you (Luke 17:21). And, if the kingdom is within you, then every time you walk into an environment, the kingdom of God also walks in. Therefore, everything you do is holy, divine, and sacred. The question isn’t, “What are you doing with your one-hour-a-week church gathering?” The question is, “What are you doing with the other 167 hours of your life?” In many ways, living as a hope carrier is what it means to be a disciple of Jesus. To do the very things that Jesus did, in the way that He did them. Walking with the Father, carrying the opposite spirit, destroying the works of the devil, demonstrating and declaring the kingdom, and bringing hope into any and every situation.

All of creation is waiting for God’s sons and daughters, for you, to rise up and step into your divine calling of representing (or re-presenting) God’s kingdom in the midst of daily life. Whether you’re a business owner, employee, stay-at-home parent, student, athlete, teacher, nurse, or neighbor – whatever role you fill – you’ve been handpicked by God to carry His hope into the lost, lonely, and broken places of this world. God has entrusted you with His kingdom because He believes in you. He has filled you with His hope, and hope leads the way.

The intent of this field journal is to help you start exploring, discovering, and dreaming about what being a hope carrier is all about. This journal isn’t exhaustive, nor is it intended to answer all of your questions. In fact, it’s designed to create questions. To challenge your thinking. To confront your perspective. To cause you to lean in and listen to the Holy Spirit’s voice in your life.

It’s time to awaken to a bigger life. It’s time to step into the unknown. It’s time to serve a city and release the kingdom.

It’s time to be who you already are in Jesus’ name – a hope carrier.

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**NOW MAY GOD, THE FOUNTAIN OF  
HOPE, FILL YOU TO OVERFLOWING  
WITH UNCONTAINABLE JOY AND  
PERFECT PEACE AS YOU TRUST IN  
HIM. AND MAY THE POWER OF  
THE HOLY SPIRIT CONTINUALLY  
SURROUND YOUR LIFE WITH HIS  
SUPER-ABUNDANCE UNTIL YOU  
RADIATE WITH HOPE!**

**ROMANS 15:13 TPT**

**SECTION ONE:**

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# **WHAT IS A HOPE CARRIER?**

## **HOPE CARRIER** - noun

hope·car·ri·er | /hōp-ke rēər/

*A student, a learner, a follower. One who becomes like the one they follow.*

## **A DISCIPLE OF JESUS**

*The Way, the Truth, the Life. The Son of God. The King of Kings and the Lord of Lords. Living Hope.*

## **LIVING ON MISSION TO**

*To partner with what God is doing. Seeking and saving the lost. Filling the earth with the goodness of God.*

## **CHANGE THEIR WORLD**

*To see God's kingdom come. Not in the world somewhere "out there" but in my world "right here."*

# CREATED FOR MORE

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Jesus' church is more than a building or an organization. It's the people of God, united by the Spirit of God, under the lordship of Jesus, sent on mission to change the world. Therefore, every follower of Jesus is a hope carrier – *a disciple of Jesus living on mission to change their world*. They believe that they've been sent by God into every area of life with a responsibility to see His kingdom come and His will be done. Like an undercover agent sent in behind enemy lines, hope carriers see their entire life as part of the very mission of God.

“Living within you is the Christ who floods you with the expectation of glory! This mystery of Christ, embedded within us, becomes a heavenly treasure chest of hope filled with the riches of glory for his people, and God wants everyone to know it” (Colossians 1:27 TPT). Each follower of Jesus carries within them a treasure chest of hope just waiting to be opened. Hope is simply the confident expectation of the goodness of God. It's the conviction that God's kingdom has come and more of it is coming. It's the belief that God is good and that God is good to me. Jesus-focused hope isn't meant to be hidden; it's meant to be put on display so the world can see the glory of God. Hence “hope carrier.” And where is that hope primarily supposed to be shined? In the areas of life (see page 8). God wants His kingdom to come not just in the church but in every area of life. That's why Jesus tells us to pray, “Your kingdom come, Your will be done, on *earth* (not just the church) as it is in heaven” (Matthew 6:10).

God's kingdom is simply His rule and reign. It's where things are submitted and surrendered to the lordship of Jesus. What you have to remember is that the kingdom and the church are not the same thing. The church is a part of the kingdom, but the kingdom is bigger than the church. God also wants His kingdom to come in family, education, healthcare, business, government, arts and media, sports, and technology – in all the areas of life where you go every single day.

Simply put, the kingdom of God is a movement of hope. In fact, the very atmosphere of heaven *is* hope. So, wherever the kingdom of God is, there is hope. The answers to all the world's problems are found in the kingdom. Heaven holds the answers to sickness, despair, impossibilities, generational curses, poverty, oppression – every issue the world is facing. And if the kingdom of heaven is now within you (Luke 17:21), then



whenever you walk into an environment, hope – the kingdom – just walked in with you. God has entrusted you with His kingdom to bring His hope to the world’s cries. Jesus says that His followers are like salt, light, and leaven. They’re salt meant to bring taste to a flavorless world. They’re light meant to shine into the pitch-black darkness. And they’re like leaven or yeast meant to be worked into the world to help the whole thing rise to its potential. God wants to release His answers to the world’s problems through His sons and daughters, the church. You’ve been empowered by God to bring His presence, His kingdom, His hope into the areas of life you go every single day.

Remember, you’re not *just* doing a job, *just* going to school, *just* living in that neighborhood, *just* posting online, or *just* going through the motions – you were created for so much more. You are literally an extension of God’s kingdom. Being a hope carrier isn’t a formula, a religious activity, or a futile exercise. It’s partnering with God. It’s aligning your life with what He’s already doing. It’s simply asking, listening, and responding to the Holy Spirit. It’s believing that God is with you and that you’ve been strategically positioned for such a time as this. When hope carriers live filled with the Spirit, they show the world the goodness of God, whether the world is looking for it or not.

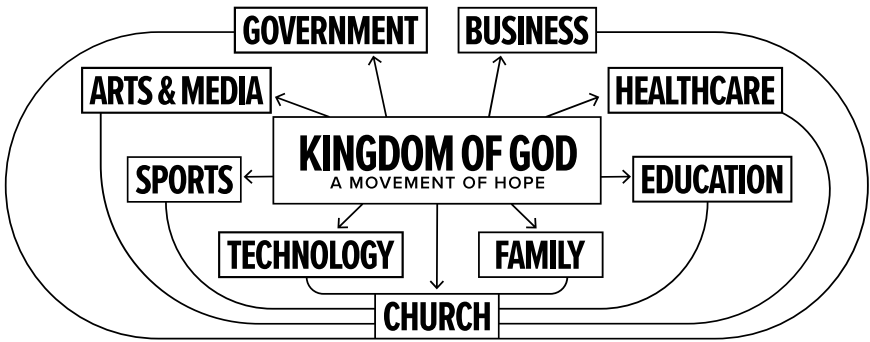
Just think of all the people we have in our churches and the influence they have as parents, students, teachers, doctors, managers, first responders, social media influencers, athletes, creatives, IT professionals, and more. Just imagine what could happen in our cities if we all intentionally lived as hope carriers, engaging our daily lives with character, servanthood, wisdom, creativity, and excellence, demonstrating and declaring that, in Jesus’ name, hope is here!

### **HOPE CARRIERS...**

- Submit and surrender to the lordship of Jesus
- Are desperately dependent upon the Spirit
- Know that God is with them wherever they go
- Pursue a life of holiness, humility, and honor
- See what can be in the midst of what is
- Live for the good of others and the glory of God
- Believe nothing is impossible with God

# AREAS OF LIFE

This simple diagram is a picture of the various areas of life. All of society can be rolled up into one of these categories. God wants to release His kingdom into these areas of life through His people (hope carriers), the church. It's not so much that the church has a mission but rather that the mission has a church.



CHARACTER - SERVANTHOOD - WISDOM - CREATIVITY - EXCELLENCE

*The kingdom of God is within you. Luke 17:21 Therefore go and make disciples of all nations. Matthew 28:19 As the Father has sent me, I am sending you. John 20:21 Be fruitful, multiply, and fill the earth, and subdue it using all its vast resources in the service of God and man. Genesis 1:28 (For) the Son of God came to destroy the works of the devil. 1 John 3:8 (And) the kingdoms of this world have become the kingdoms of our Lord. Revelation 11:15*

## **CHURCH**

The church is God's idea. It's the people of God, united by the Spirit of God, under the lordship of Jesus, sent on mission to change the world. It's a supernatural family on mission, functioning as the very body of Christ on this earth. God has chosen to release His kingdom through His sons and daughters, the church. Jesus' church is called to be the training center and standard-bearer of God's kingdom, demonstrating and declaring what kingdom life looks like. Standing as the pillar of truth, Jesus' church upholds God's Word, God's wisdom, and God's ways in the midst of a confused world.

## **FAMILY**

Family is the very heartbeat of the kingdom. God is a Father building a family for Himself. He longs to see healthy families reflecting and revealing His nature and character to the world. He has the design and blueprint for what healthy families look like. Families are meant to thrive in an environment of faith, hope, and love. The kingdom always starts at home.

## **EDUCATION**

The kingdom is full of knowledge, understanding, and wisdom. God has placed the desire to grow and live up to our maximum, God-given potential within the heart of each person. Therefore, education is of the utmost importance. Education is not meant to train people what to think but how to think. It's called to teach people how to have a biblical worldview and a kingdom mindset. Education in all its forms is meant to be an environment where truth, identity, potential, and destiny are declared over students' lives by people who love and believe in them.

## **HEALTHCARE**

God wants everyone to be healthy and whole. His heart is to heal sickness and disease – the works of the devil – both through natural and supernatural means. There’s a divine design to the body, soul, and spirit, and God has given us wisdom on how to pursue a holistic life of health where we don’t just treat the symptoms, but heal root causes. Kingdom salvation isn’t about eternity someday; it’s about being saved, healed, set free, delivered, and made whole today.

## **BUSINESS**

The marketplace is meant to be a place of mutual prosperity and blessing. It should be an environment where everyone involved benefits from the work that’s being done. Business is designed to serve people with goods and services that enable them to pursue their life’s calling. The end goal isn’t making money for oneself but rather solving problems and serving people with character, wisdom, and excellence. In business, like in all of life, God’s ways work best.

## **GOVERNMENT**

God has delegated His authority and leadership to governmental leaders. Their calling isn’t to rule over but to serve and lift up. Kingdom government creates healthy guardrails and boundaries for humanity to flourish without chaos. The government’s main role is simply to protect and serve – to protect people’s safety and to serve people so they can pursue God’s dream for their lives. In other words, government’s role is to empower people to live free.

## **ARTS & MEDIA**

God is the author of beauty. He’s the God of inspiration, imagination, and creativity. He has put the desire to create and design within the heart of humanity. Divine arts and media are therefore an expression of the very character and nature of God. When submitted to the lordship of Jesus, they glorify God and declare His goodness. They’re not meant to reflect the despair of darkness, but the hope of heaven. When kingdom creators are connected to *the* Creator, they release the very beauty of heaven into this world.

## SPORTS

The kingdom is full of joy, and sports allow us to play with a childlike heart. They teach us many of the skills we need for life. Sports help us learn how to push ourselves, stretch, grow, deal with adversity, become a good teammate, and go beyond what we thought we were capable of. It's in teams where we learn that we're better together – that together we can do what we could never do on our own. Kingdom sports use competition and training to shape and mold athletes into the men and women God created them to be.

## TECHNOLOGY

Technology in and of itself is amoral. It's not good or bad. It's simply a tool – and like any tool, it can be used to build up or tear down. The area of technology is a place where dreaming, creativity, and innovation can all reflect the unending expanse of the goodness of the kingdom. God's heart for technology is that it would be used to connect people, make things more efficient and effective, improve quality of life, and declare His hope all around the world.

*“MY PRAYER IS NOT THAT YOU TAKE THEM OUT OF THE WORLD BUT THAT YOU PROTECT THEM FROM THE EVIL ONE. THEY ARE NOT OF THE WORLD, EVEN AS I AM NOT OF IT. SANCTIFY THEM BY THE TRUTH; YOUR WORD IS TRUTH. AS YOU SENT ME INTO THE WORLD, I HAVE SENT THEM INTO THE WORLD.” JOHN 17:15-18*



SCAN THIS QR CODE  
FOR MORE ABOUT EACH  
AREA OF LIFE

**SECTION TWO:**

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**GETTING  
STARTED**

Being a hope carrier isn't as hard as you think. It's simply seeing your family, work, school, and everyday life as mission. But sometimes it can seem so big and overwhelming that we don't know where to start. Use these practices to help build your faith about who you are and what God has already empowered you to do.

Each exercise is designed to help you stop, think, and listen to the Holy Spirit. He promises to be our guide. He will show us the way and guide us into all truth. These experiences will be as helpful as the focus and intentionality you give them. Scan the QR code below for a short video that will help you get started.



SCAN THIS QR CODE  
FOR A SHORT VIDEO ON  
HOW TO GET STARTED

# THE THREE CIRCLES

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Take some time to fill out each of the Three Circles by answering the questions, “Who am I?”, “Who is God?”, and “What was I created to do?” according to Scripture. If you’re not sure where to start, look up the provided verses and write down the truths that you discover. As you go on this journey of learning to live as a hope carrier, come back to this page often. Add your future discoveries, and remind yourself of these core truths. Remember, Jesus restored your identity, reconciled your relationship with God, and redeemed the purpose you were created for. When we receive His grace, we’ll experience His presence, and then we’re empowered to release His kingdom. Identity leads to relationship, and relationship releases purpose. This is the gospel. The gospel isn’t just for “salvation” – it’s for all of life.

## CIRCLE ONE

### WHO I AM

Romans 5:19    Ephesians 2:8-9  
John 1:12      2 Corinthians 5:17  
1 John 4:17    2 Corinthians 5:21  
Matthew 3:17   Hebrews 8:12

## CIRCLE TWO

### WHO GOD IS

Hebrews 4:16    Ephesians 3:19  
Ephesians 3:12   2 Corinthians 5:18  
Hebrews 13:5    2 Corinthians 6:18  
Galatians 5:25   Ephesians 2:19-22

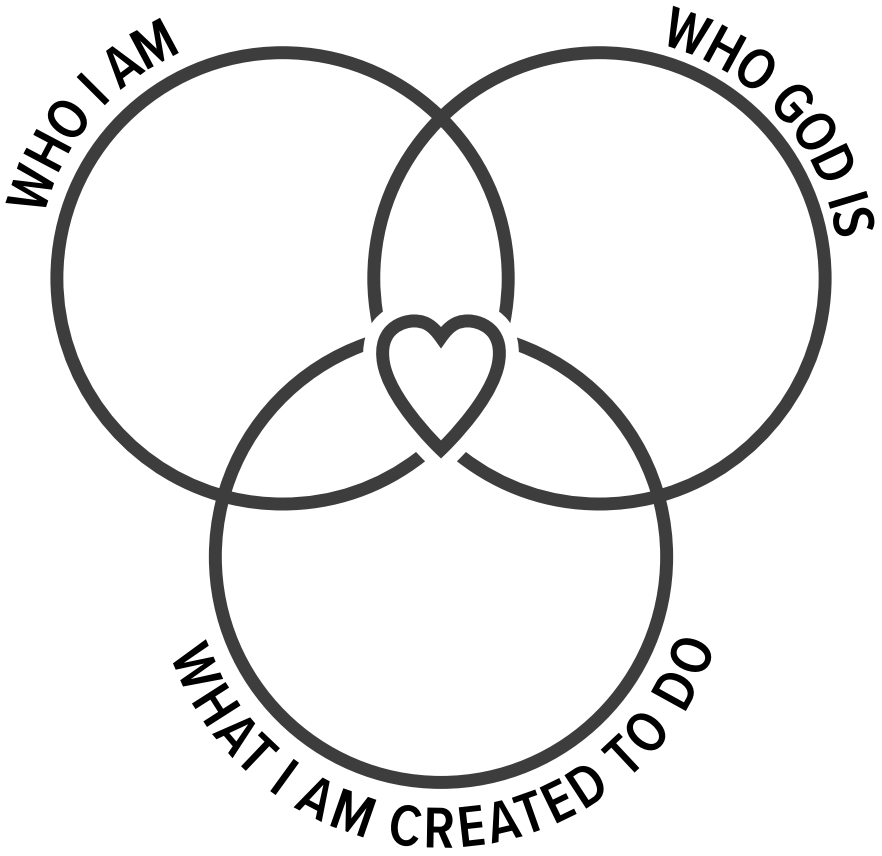
## CIRCLE THREE

### WHAT I AM CREATED TO DO

Genesis 1:28      Luke 17:21  
Matthew 28:18-20   Ephesians 2:10  
Matthew 16:18-19   Acts 1:8  
John 20:21      2 Corinthians 5:20

*I AM NOT ASHAMED OF THE GOSPEL, BECAUSE IT IS THE POWER OF GOD FOR THE SALVATION OF EVERYONE WHO BELIEVES. ROMANS 1:16*





SCAN THIS QR CODE FOR AN  
EXAMPLE AND A QUICK TEACHING  
ON THE THREE CIRCLES

# DO THE HEART WORK

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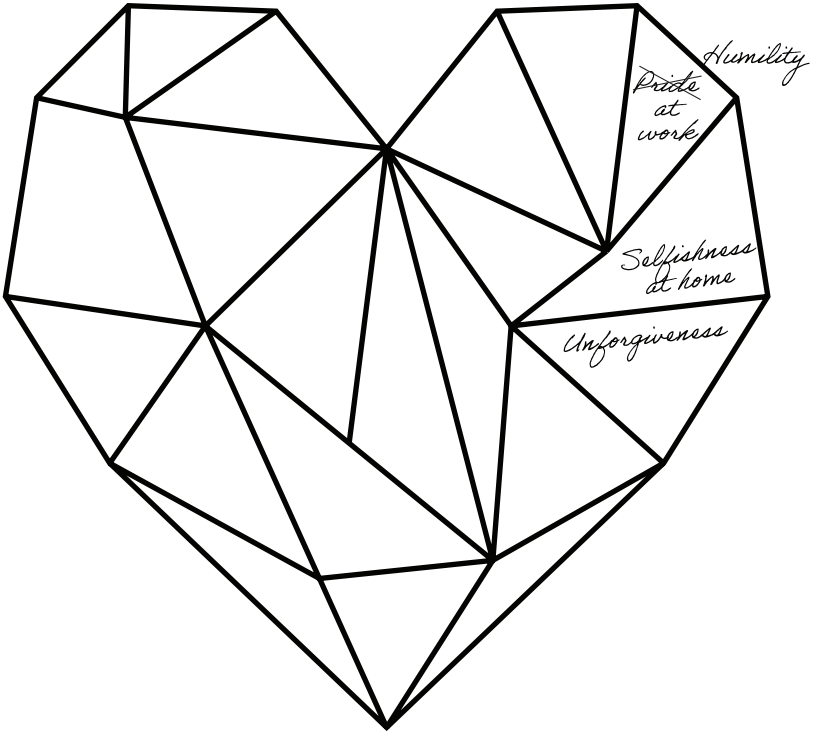
The kingdom of God always starts inside out. The rule and reign of God is meant to start in our hearts and flow out into the rest of our lives. This is why Proverbs 4:23 says, “Above all else, guard your heart, for it is the wellspring of life.” In other words, whatever is in your heart, like a river, will flow out into every area of your life. If your heart is full of bitterness, selfish ambition, greed, sin, etc., then that will flow into your family, finances, relationships, work, and school. But if faith, hope, and love are in your heart, then that is what will flow into your family, finances, relationships, work, and school. The kingdom within you will always become the kingdom around you.

Psalms 139:23-24 are great verses but a dangerous prayer because God will answer it. Find the courage to take some time to ask God to search your heart – to show you any and every area, facet, or room of your heart that isn’t submitted or surrendered to His lordship. Use this graphic as a way of examining and humbly presenting your heart to God. What’s in your heart that you don’t want to see flow into your areas of life? As the Holy Spirit shows you things, write them in the provided heart diagram. Take some time to confess and repent. Let Jesus wash your heart with His grace, and ask Him to remove the brokenness and replace it with life. Doing the heart work isn’t a one-time event; it’s a way of life. It’s only when we continually cultivate a healthy heart that we stay focused on releasing His kingdom instead of building our own.

*SEARCH ME, O GOD, AND KNOW MY HEART; TEST ME AND KNOW MY ANXIOUS THOUGHTS. SEE IF THERE IS ANY OFFENSIVE WAY IN ME, AND LEAD ME IN THE WAY EVERLASTING. PSALMS 139:23-24*



SCAN THIS QR CODE FOR AN  
EXAMPLE & A DOWNLOADABLE  
WORKSHEET



# THE ESSENTIALS

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Over the past few years, there's been much debate about what's essential and what's non-essential. And while there may be lots of opinions about what's considered essential, the Scriptures make it clear that the true essentials for our lives are the grace of God, the Spirit of God, the Word of God, the people of God, and the mission of God. We must make every effort to pursue and steward these essentials because they give us access to everything we need to be a healthy hope carrier. Take some time to reflect on these five essentials. Look up the listed verses and meditate on them. Process these questions with the Lord, and examine the essentials in your life. Without them, it's impossible to go on the journey God is inviting you to take. Without them, you won't shape your world; the world will shape you.

THE **GRACE** OF GOD

THE **SPIRIT** OF GOD

THE **WORD** OF GOD

THE **PEOPLE** OF GOD

THE **MISSION** OF GOD



SCAN THIS QR CODE  
FOR MORE ABOUT  
THE ESSENTIALS

WHAT DOES THE GRACE OF GOD LOOK LIKE IN MY LIFE? WHAT WOULD IT LOOK LIKE TO RECEIVE MORE GRACE?

2 Corinthians 12:9, 1 Corinthians 15:10, Titus 2:11-12, Romans 5:15-19

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WHAT DOES THE SPIRIT OF GOD LOOK LIKE IN MY LIFE? WHAT WOULD IT LOOK LIKE TO BE MORE AWARE OF HIS PRESENCE IN MY LIFE?

1 Corinthians 6:19, John 14:12, Acts 10:38, Acts 2:17-18

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WHAT DOES THE WORD OF GOD LOOK LIKE IN MY LIFE? WHAT WOULD IT LOOK LIKE TO ENGAGE THE SCRIPTURES MORE?

Psalms 119:11, Psalms 119:105, 2 Timothy 3:16-17, Hebrews 4:12

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WHAT DO THE PEOPLE OF GOD LOOK LIKE IN MY LIFE? WHAT WOULD IT LOOK LIKE TO PRIORITIZE RELATIONSHIP WITH GOD'S PEOPLE MORE?

Genesis 2:18, Proverbs 13:20, Proverbs 27:17, Ecclesiastes 4:9-10

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WHAT DOES THE MISSION OF GOD LOOK LIKE IN MY LIFE? WHAT WOULD IT LOOK LIKE FOR ME TO SEE ALL OF MY LIFE AS MISSION?

Genesis 1:28, Acts 1:8, John 20:21, Matthew 28:19-20

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# MY TYPICAL WEEK

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There are 168 hours in a week. If the Spirit of God dwells in you and you have been sent into the world by Jesus to release His kingdom, then everything you do – not just a one-hour-a-week church gathering – is sacred. We need to learn to think differently about our daily lives and how we steward our daily opportunities. For most of us, it's not that we need to dramatically alter our life; it's that we just need to become more aware that God is already with us wherever we go. Take some time to reflect on your typical week. Break down how you live your life and draw out (honestly) how you spend your time on the chart provided. Then, answer these questions:

AFTER LOOKING AT YOUR TIME CHART, IS THERE ANYTHING ABOUT HOW YOU SPEND YOUR TIME THAT SURPRISES YOU? IS THERE ANYTHING YOU WANT TO CHANGE?

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HOW MUCH OF YOUR LIFE, OF YOUR 168 HOURS, WOULD YOU HONESTLY SAY THAT YOU SEE YOURSELF AS A HOPE CARRIER?

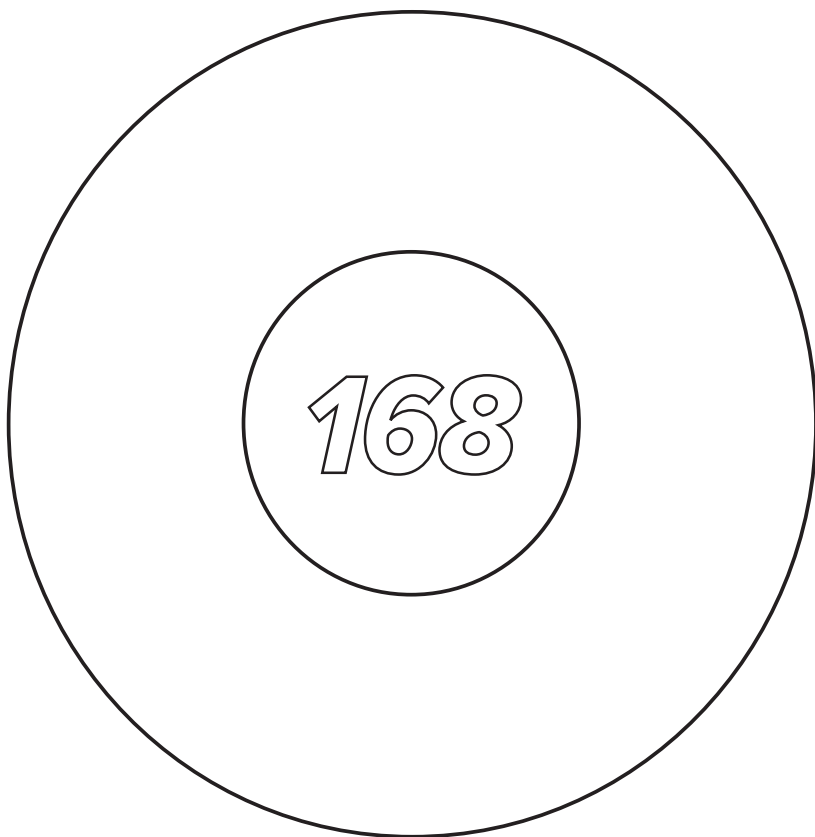
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WHAT IS ONE CHANGE YOU COULD MAKE TO BETTER ALIGN YOUR DAILY LIFE WITH YOUR KINGDOM CALLING?

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*LET US EXAMINE OUR WAYS AND TEST THEM, AND LET US RETURN TO THE LORD. LAMENTATIONS 3:40*

**EXAMPLE:**



SCAN THIS QR CODE  
FOR AN EXAMPLE AND  
MORE ON 168

# DREAMING WITH GOD

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We were created to dream with God – to see what can be in the midst of what is. As co-rulers commissioned by Him, we have to learn how to have eyes to see what’s possible in the midst of the brokenness, passivity, and worldly standards that surround us. Hope carriers don’t just live in response to what’s happening around them; they have a responsibility to initiate and release God’s heart – His kingdom – into the places they go and the areas of life they have influence in.

Take some time to look at the map of our region. Think about the places you regularly go, like your home, work, school, shops, restaurants, church, practice, etc. Mark each of those areas as close as possible on the map and/or write them out in the blanks provided below. God has empowered you to carry His hope into those places.

Acts 17:26 says, “From one man he made every nation of men, that they should inhabit the whole earth; and he determined the times set for them and the exact places where they should live.” Joshua 1:3 declares, “I will give you every place where you set your foot.” And Jeremiah 29:7 commands, “Seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper.” Out of all of history, God has determined that you would be alive right here, right now. He has empowered you with your gifts, passions, talents, relationships, abilities, resources – with your measure of faith – to bring His hope into the spaces you go every day. Remember, you’re not here by coincidence, and you’re not meant to withdraw from the world. You’re here to dream with God and see His kingdom come and His will be done in your areas of life. To simply serve a city and release His kingdom.

*My Home* .....

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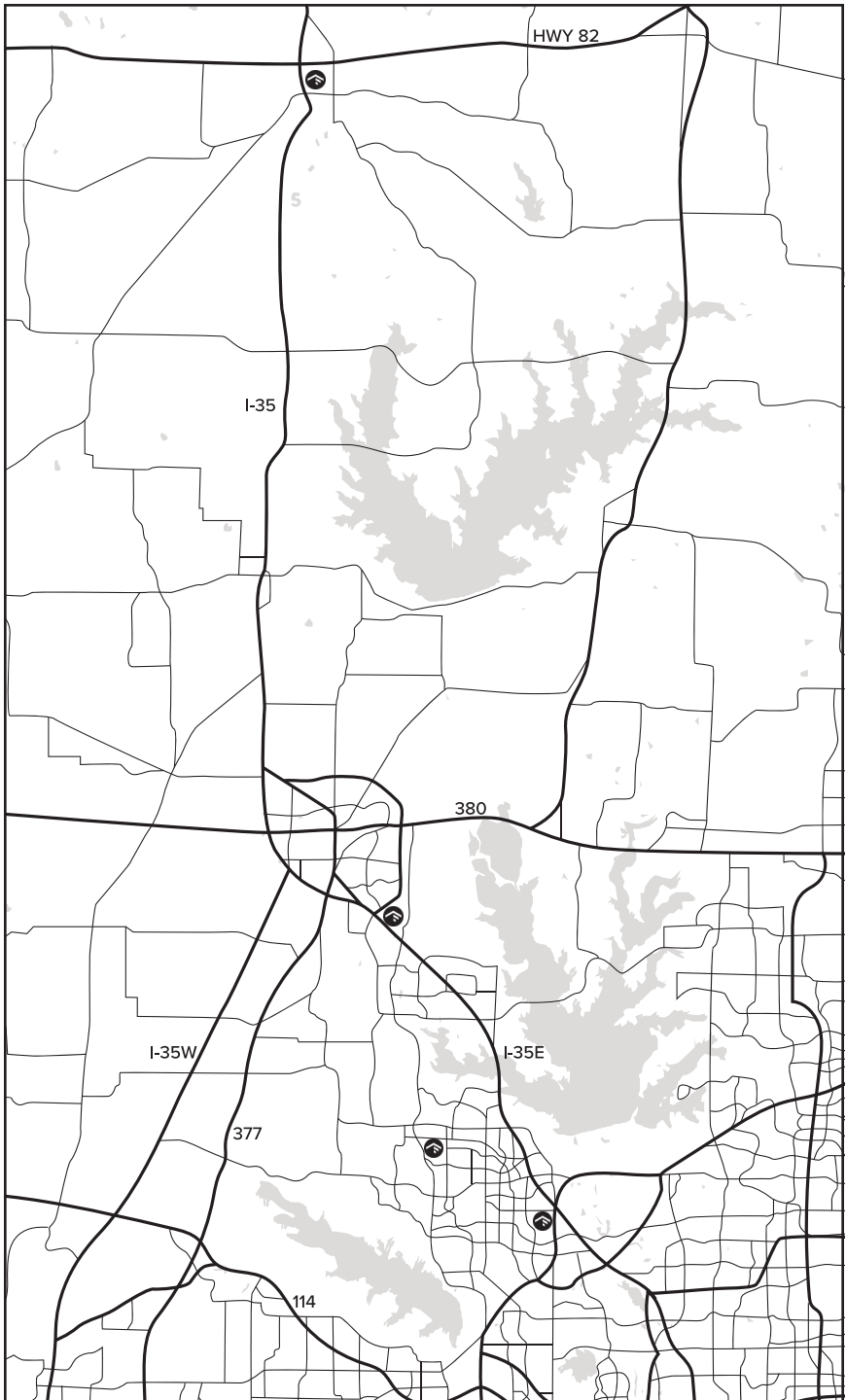
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*\* If you don't live in DFW, draw a map of your city and complete the exercise in the pages provided in Section Three..*





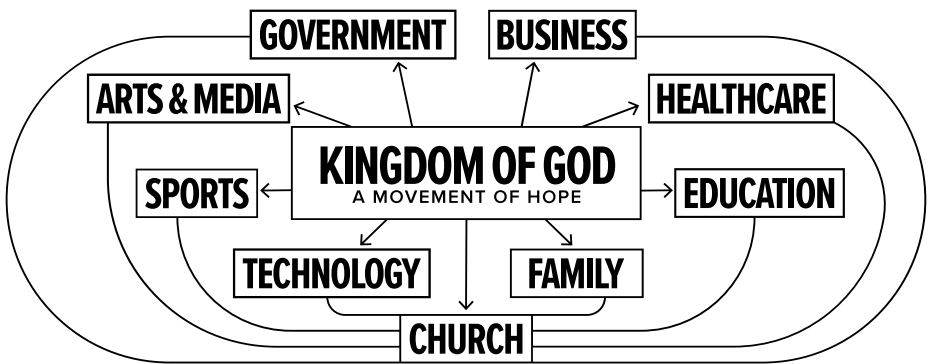
Now, look at the areas of life graphic again. Take some time to dream with God about what His kingdom would look like in those spaces – in your spaces. Use the following pages to answer the questions.

For example, if you're a stay-at-home parent, the area you have influence in is *family*. Your role is *mom or dad*. Then, dream about what it would look like if the kingdom filled your home.

If you're a student, the area you have influence in is *education*. Your role is *student*. Then, dream about what it would look like if the kingdom filled your classes, friendships, practices, etc.

If you're a Team or Circle Leader, the area you have influence in is *church*. Your role is *leader*. Then, dream about what it would look like if the kingdom filled your team or circle.

Remember, nothing is impossible with God!



CHARACTER - SERVANTHOOD - WISDOM - CREATIVITY - EXCELLENCE



SCAN THIS QR CODE  
FOR EXAMPLES

WHAT AREA OF LIFE DO YOU HAVE INFLUENCE IN?

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WHAT'S YOUR ROLE IN THAT AREA?

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NOW, DREAM WITH GOD. WHAT WOULD IT LOOK LIKE FOR GOD'S KINGDOM TO COME THROUGH YOU IN THIS AREA?

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Take some time and turn these dreams into prayers. Asking God to move is the way dreams start to become reality.



WHAT AREA OF LIFE DO YOU HAVE INFLUENCE IN?

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WHAT'S YOUR ROLE IN THAT AREA?

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NOW, DREAM WITH GOD. WHAT WOULD IT LOOK LIKE FOR GOD'S KINGDOM TO COME THROUGH YOU IN THIS AREA?

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Take some time and turn these dreams into prayers. Asking God to move is the way dreams start to become reality.

# KINGDOM CHARACTERISTICS

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There are five basic characteristics that hope carriers demonstrate as they live on mission. When these traits are missing, we aren't releasing God's kingdom; we're building our own. If you're still not sure how to get started as a hope carrier, just focus on cultivating these characteristics in your life, and you'll naturally start to change your world! With your defined areas of life in mind from pages 25-27, take some time to reflect on these questions.

## CHARACTER

Character is living a life full of the fruit of the Spirit.

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22-23*

WHAT KIND OF CHARACTER WOULD OTHERS SAY YOU DISPLAY IN YOUR AREAS OF LIFE?

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## SERVANTHOOD

Servanthood is living with humility for the good of others and the glory of God.

*"For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." Mark 10:45*

HOW CAN YOU SPECIFICALLY GROW AS A SERVANT IN YOUR AREAS OF LIFE? WHAT WOULD IT LOOK LIKE TO PUT THE NEEDS OF OTHERS BEFORE YOUR OWN?

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# WISDOM

Wisdom is thinking the very thoughts of God.

*“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”*  
Isaiah 55:8-9

WHERE ARE YOUR THOUGHTS NOT IN ALIGNMENT WITH GOD’S THOUGHTS IN AND ABOUT YOUR AREAS OF LIFE?

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# CREATIVITY

Creativity is allowing divine design, beauty, and strategy to flow through your life to improve what is and solve the impossible.

*Nothing is impossible with God. Luke 1:37*

WHAT WOULD IT LOOK LIKE FOR DIVINE CREATIVITY TO FLOW THROUGH YOU INTO YOUR AREAS OF LIFE?

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# EXCELLENCE

Excellence isn’t perfection; it’s doing things with all your heart.

*Whatever you do, work at it with all your heart, as working for the Lord, not for men. Colossians 3:23*

WHERE DO YOU HAVE AN OPPORTUNITY TO GROW IN DOING THINGS WITH WHOLEHEARTED EXCELLENCE IN YOUR AREAS OF LIFE?

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**SECTION THREE:**

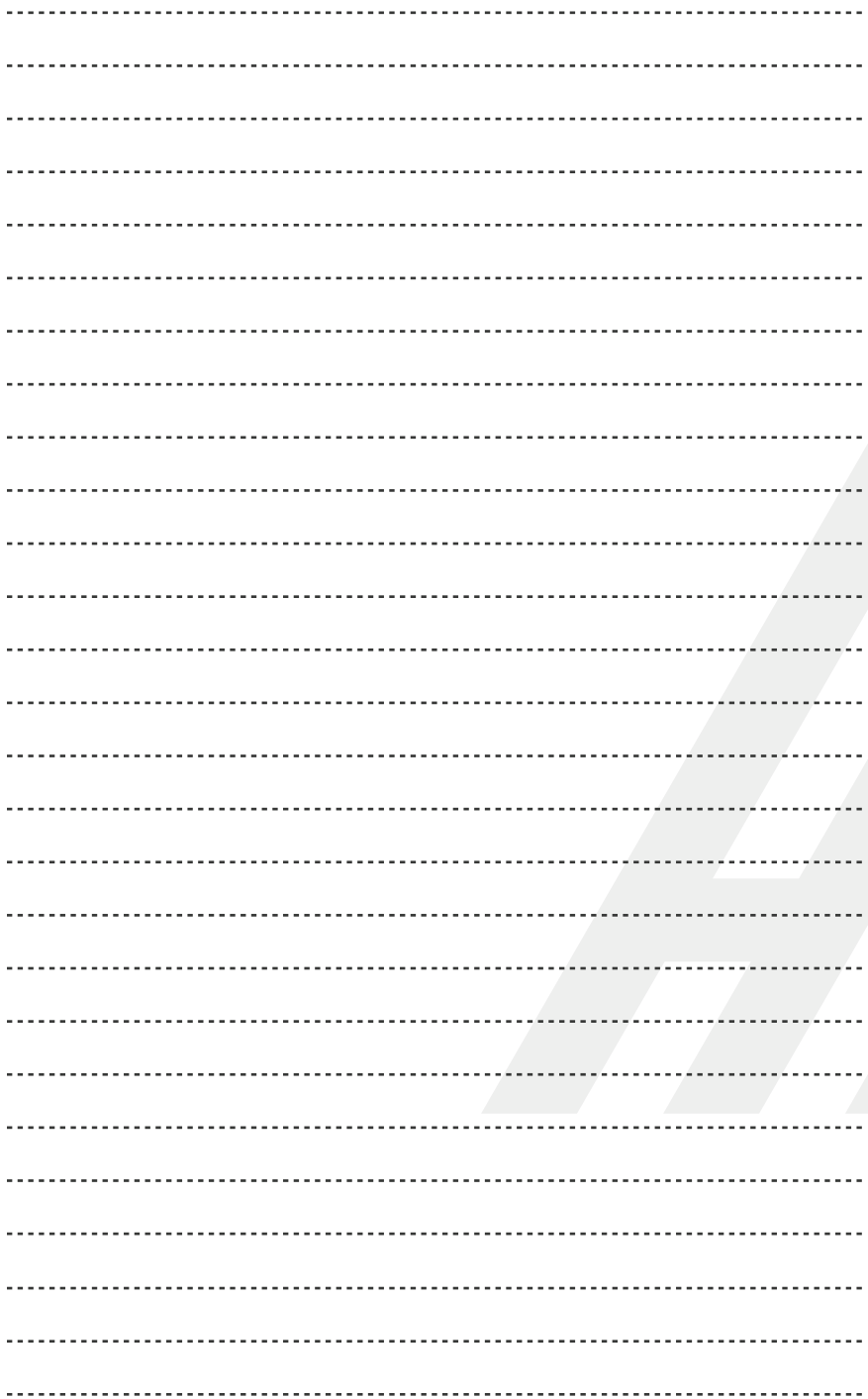
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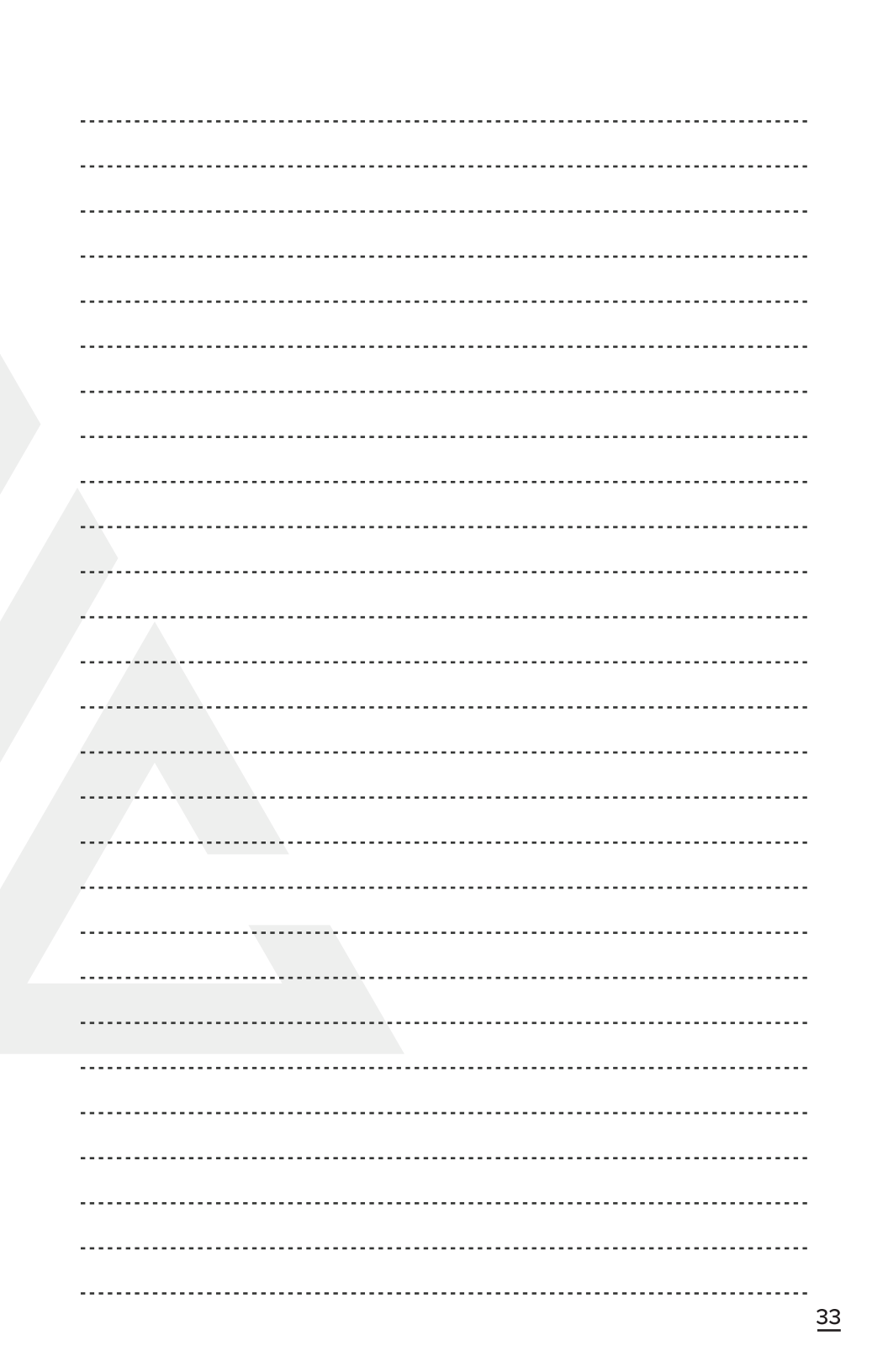
# ***DISCOVERIES***

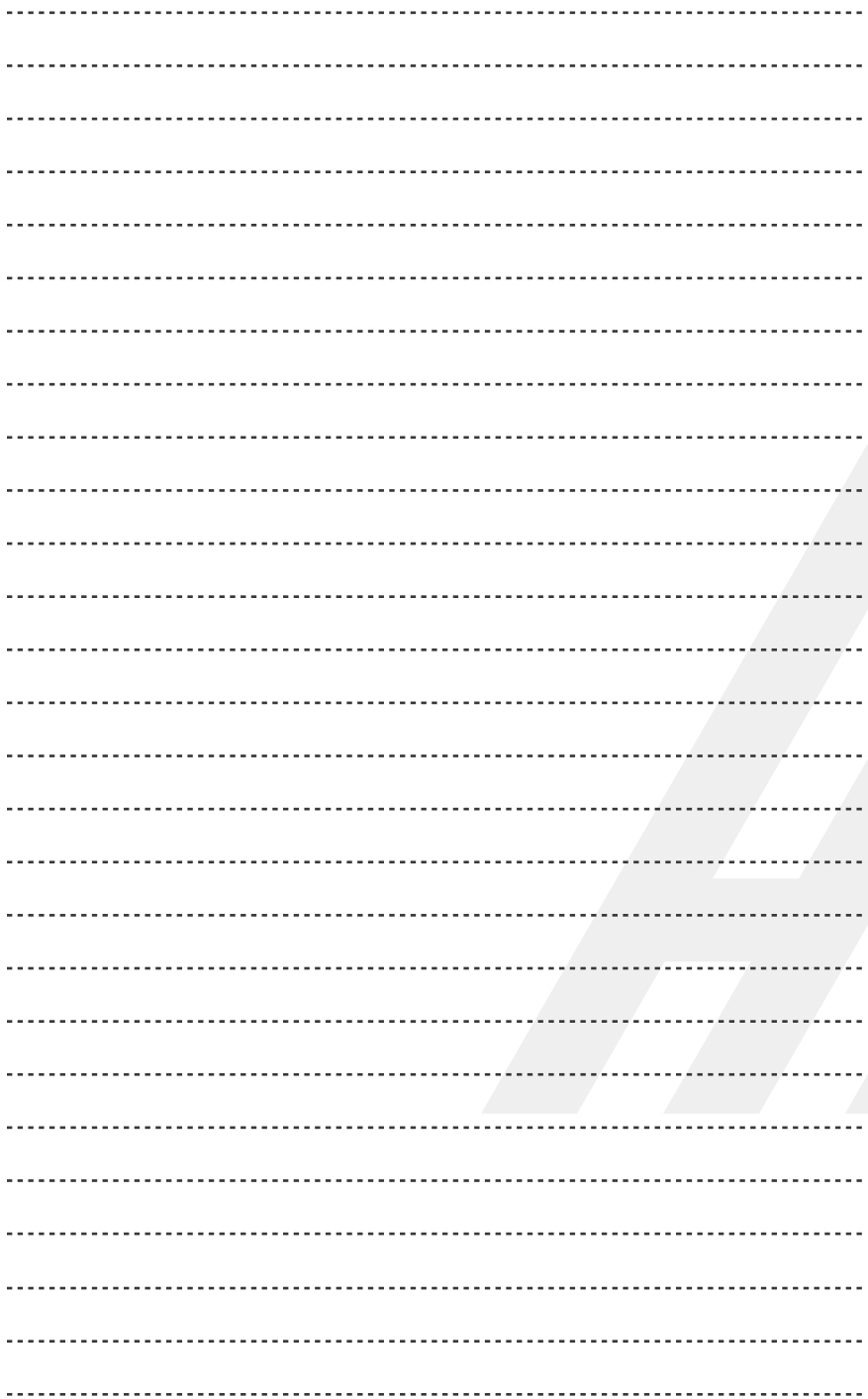


As you start to explore what living as a hope carrier looks like, take time to write down your discoveries along the way. This is your journey with God. You're building a new history with Him as you walk by faith into the unknown of learning how to change your world. Write down everything from weekend message notes to verses to prayers, thoughts, ideas, questions, and struggles. The shortest pencil is always better than the longest memory. And writing things down is one of the best ways to value and steward the revelation God is giving you.

Old time explorers always carried a field journal with them. They documented what they discovered in great detail so they wouldn't forget what they found. They knew that, one day, others would need their notes to be able to discover their findings as well. We only know what great explorers found from their logs. As you explore the kingdom, don't miss the opportunity to document your discoveries so that you don't forget what you've found and because, someday, you're going to show someone else the way.

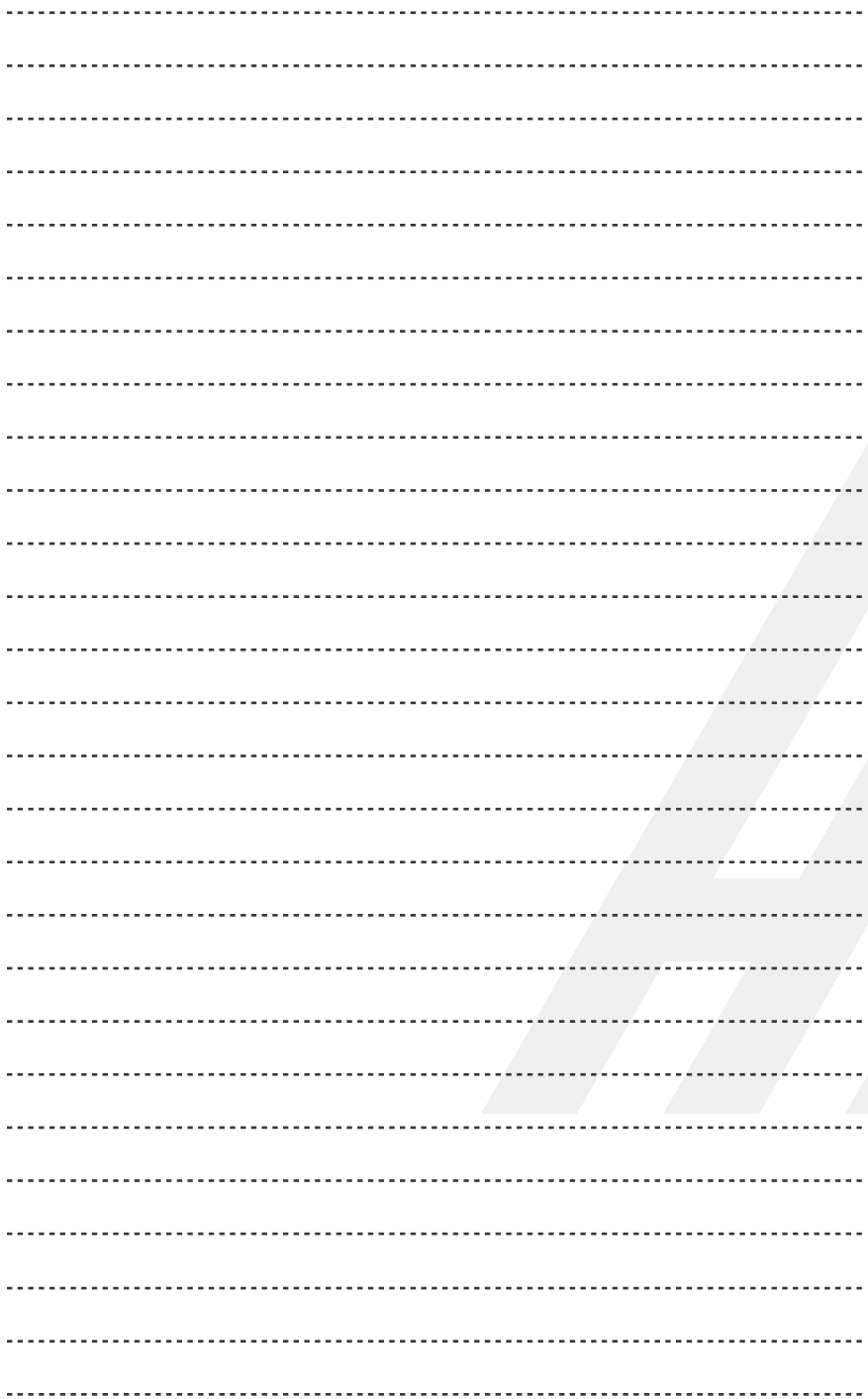






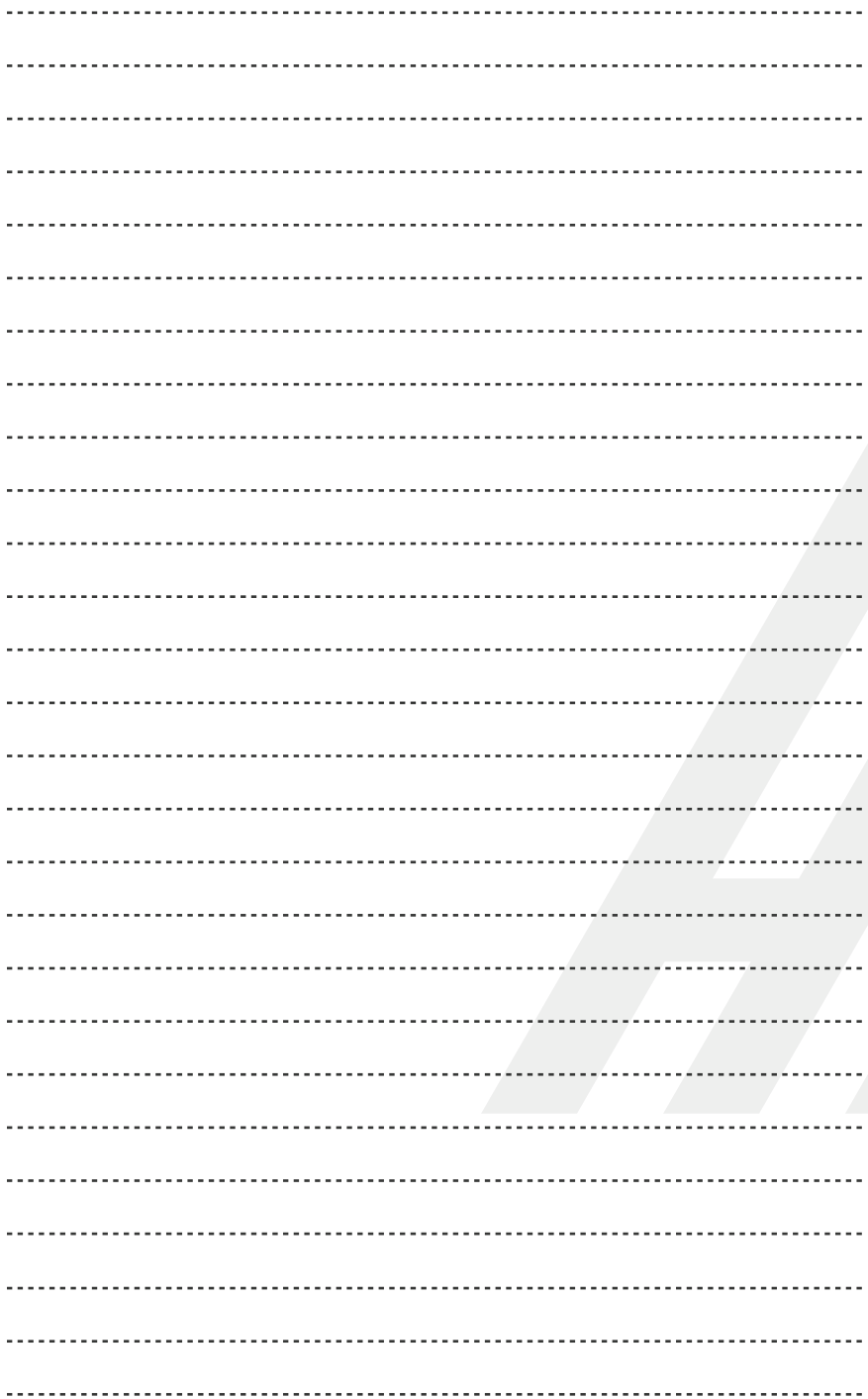


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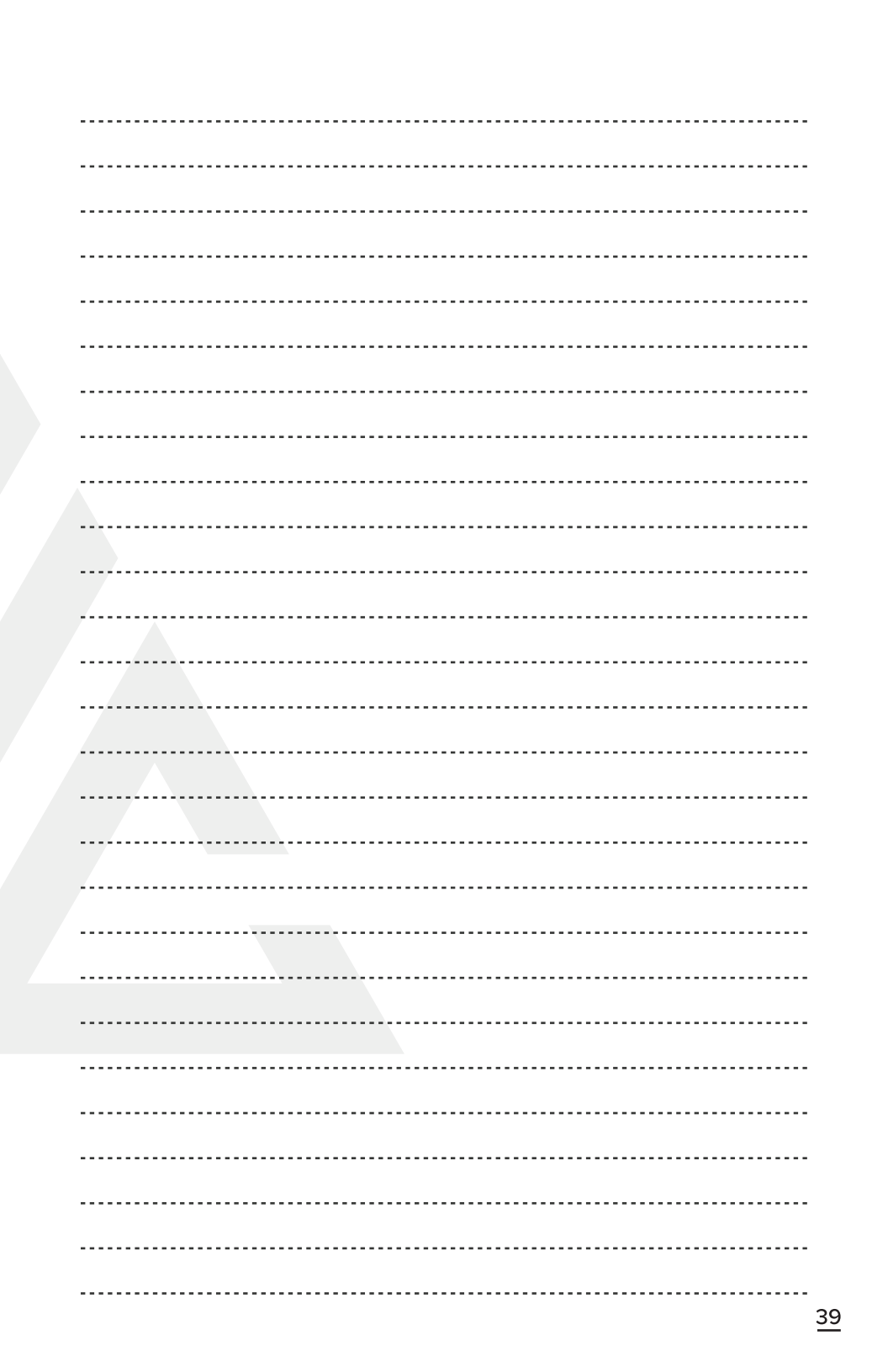


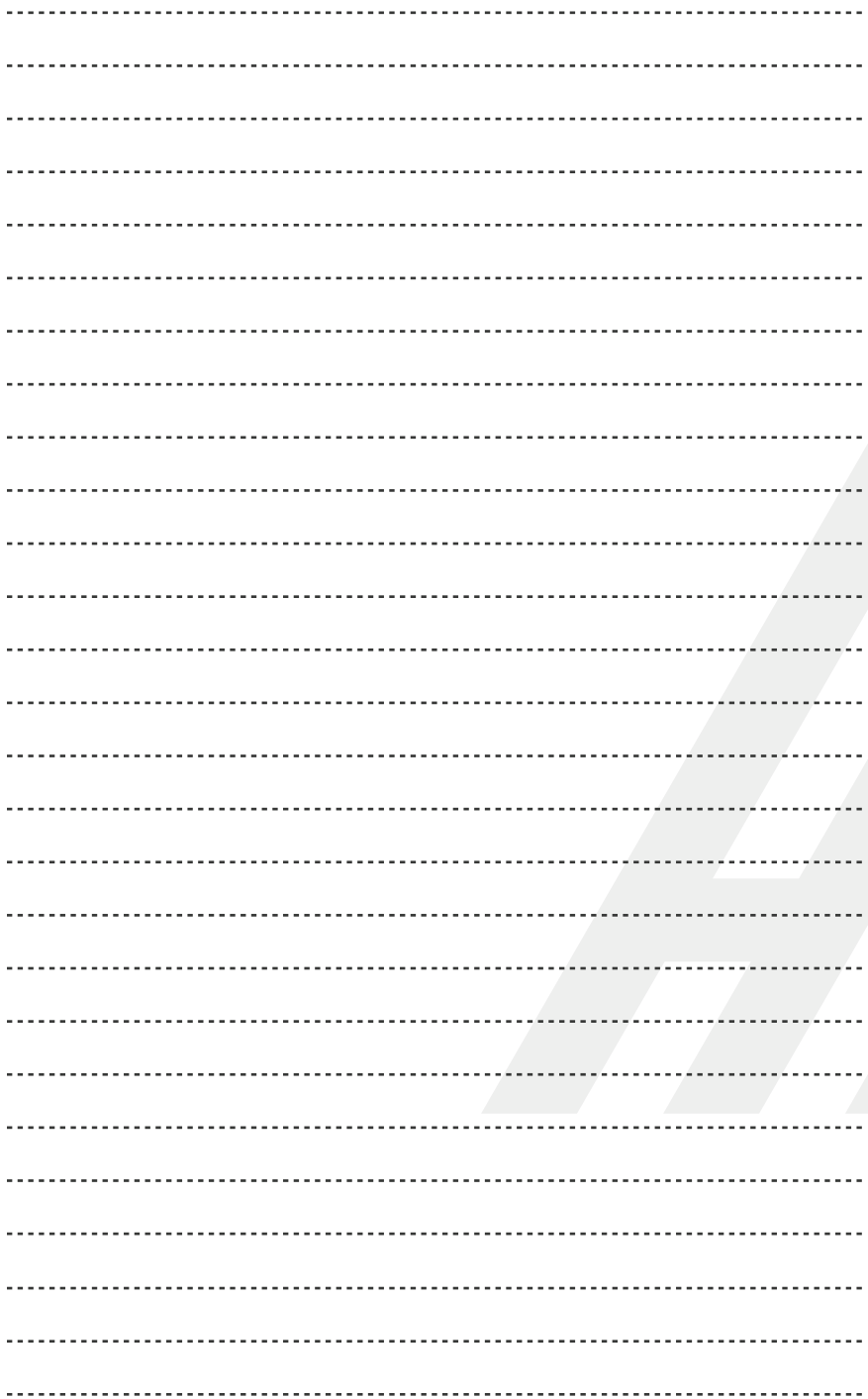


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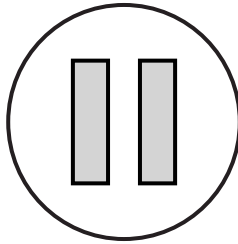








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***PAUSE.***  
**LOOK AT YOUR LAST FEW PAGES OF NOTES.**

What's the Holy Spirit been saying to you?

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What's one next step He's inviting you to take?

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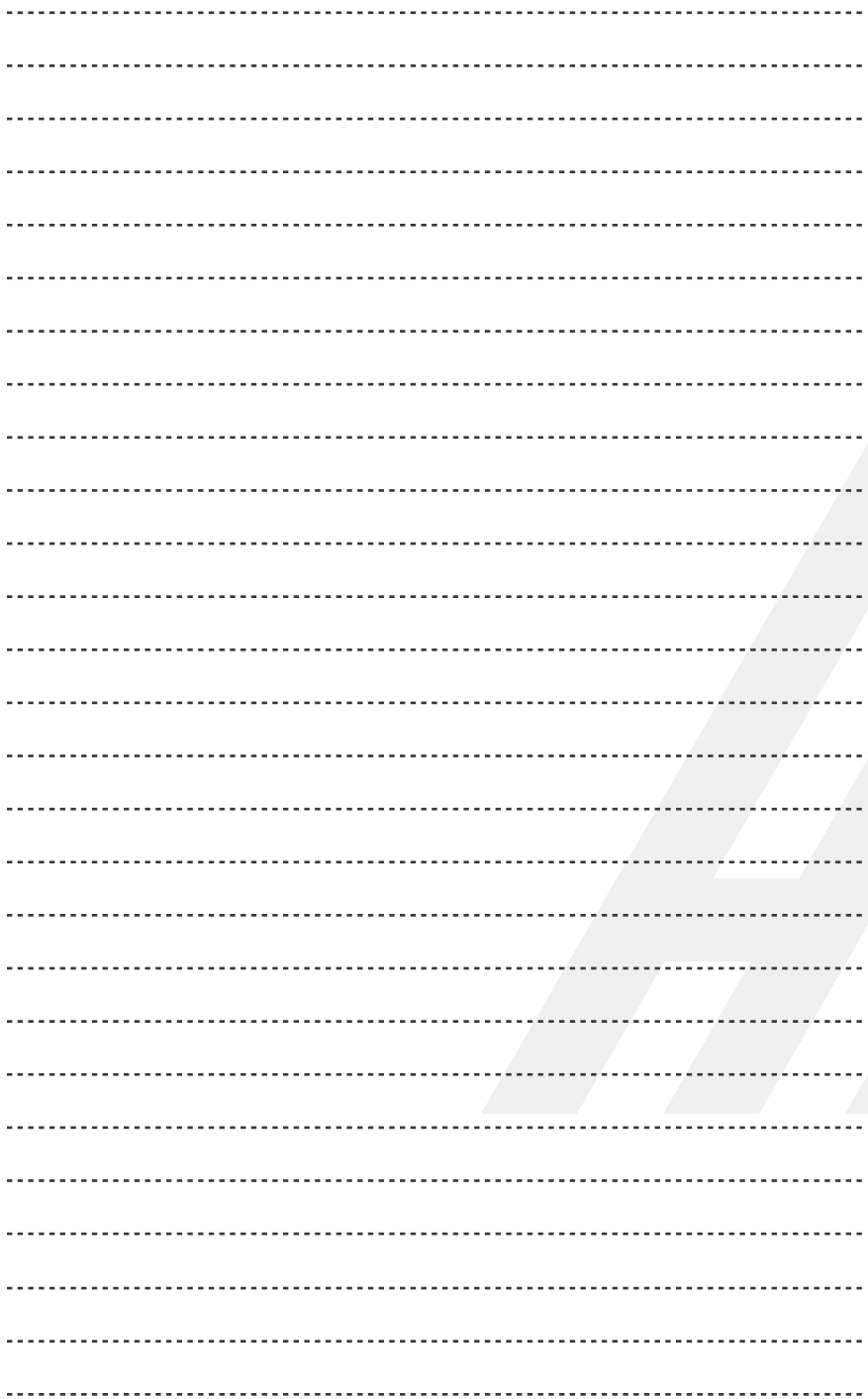
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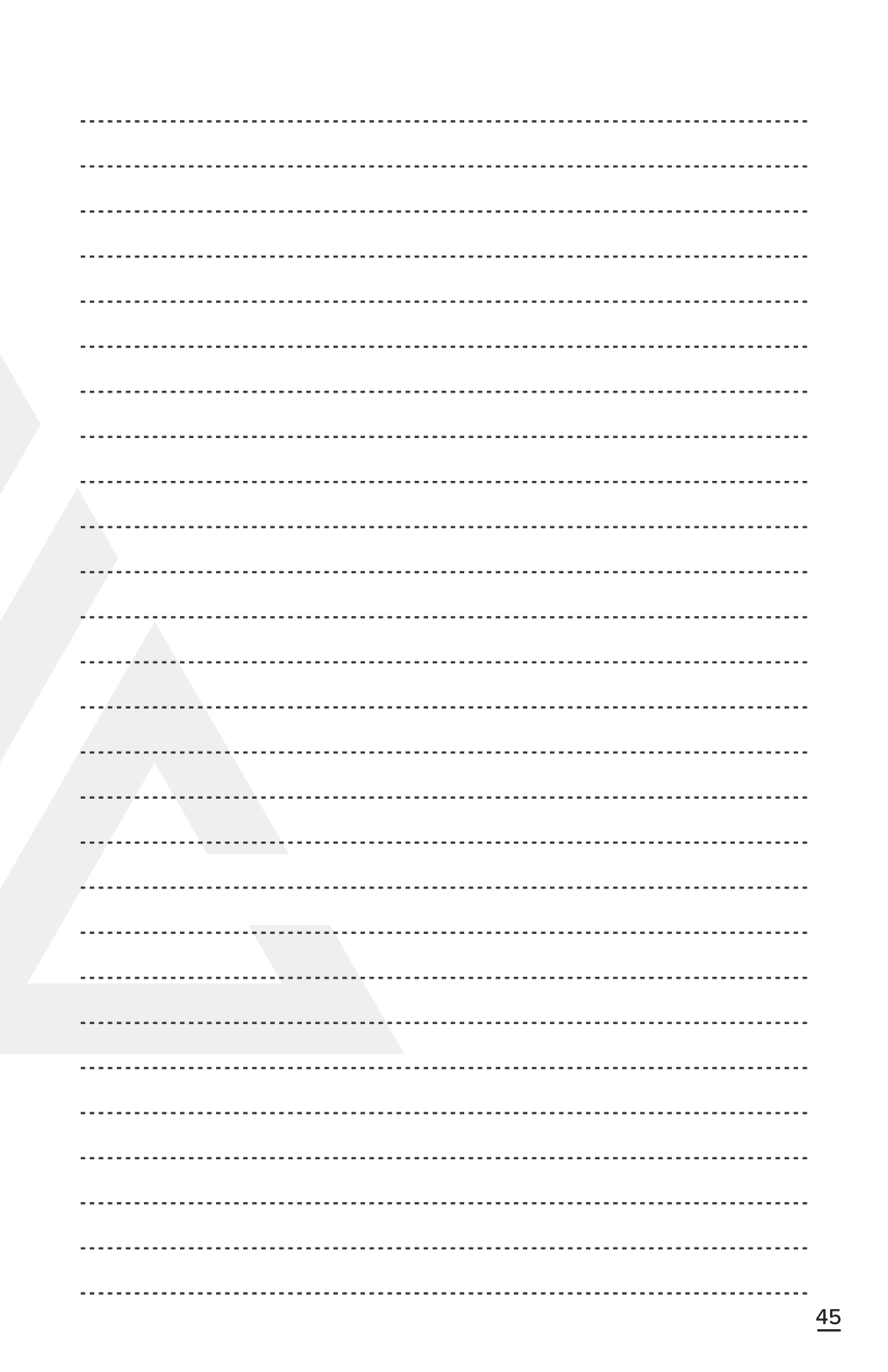


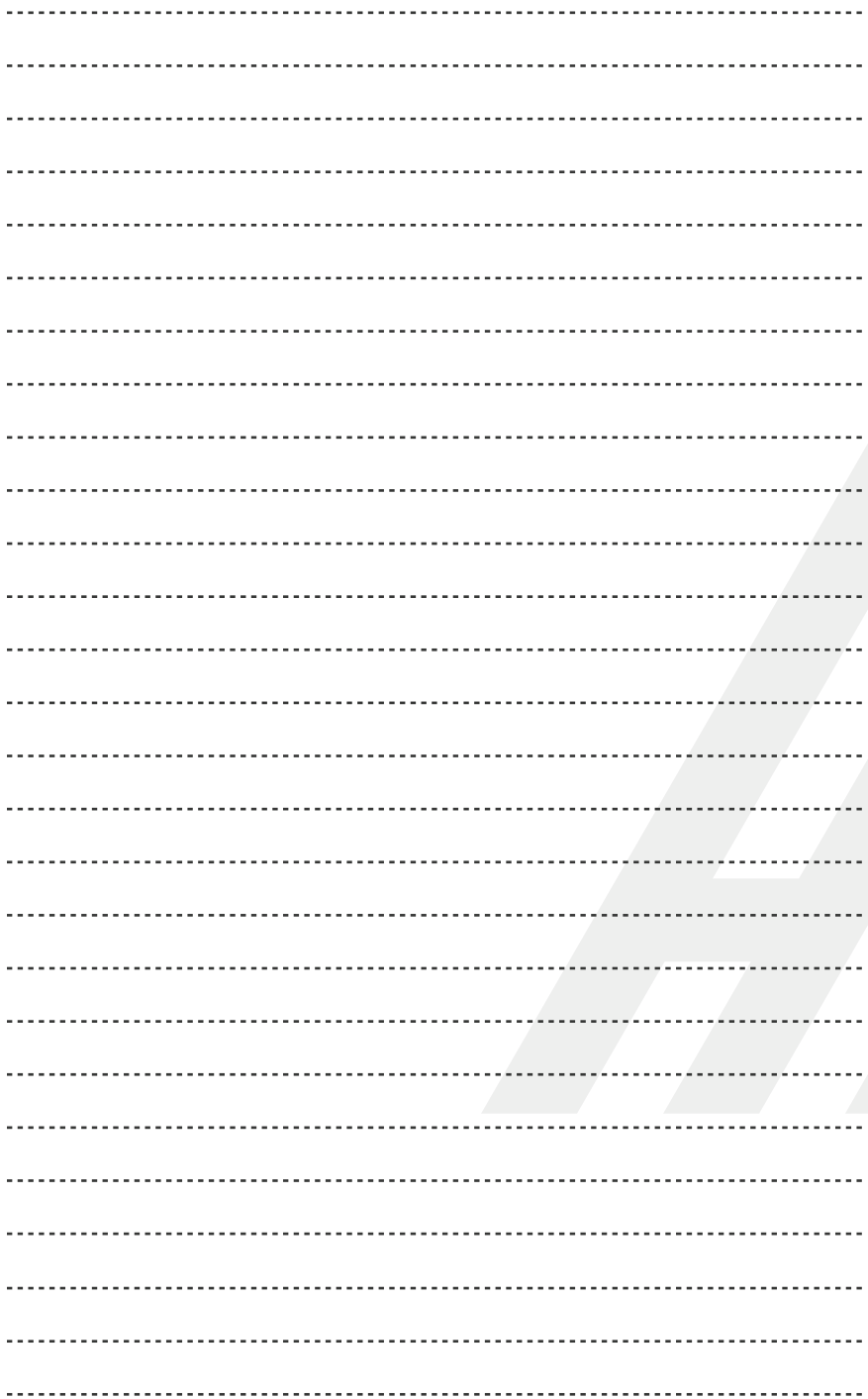
## ***10 HOPE CARRIER IDEAS***

- ▶ **WRITE A NOTE OF GRATITUDE**
- ▶ **FORGIVE SOMEONE WHO HURT YOU**
- ▶ **APOLOGIZE TO SOMEONE WHO HAS BEEN HURT BY YOU**
- ▶ **INVITE A LONELY STUDENT TO SIT WITH YOU AT LUNCH**
- ▶ **MEET YOUR NEIGHBOR**
- ▶ **GIVE YOUR BUSINESS TO GOD**
- ▶ **SHOW UP EARLY AND STAY LATE**
- ▶ **DO ONE EXTRA THING**
- ▶ **OFFER TO PRAY FOR SOMEONE**
- ▶ **BE KIND TO A BULLY**





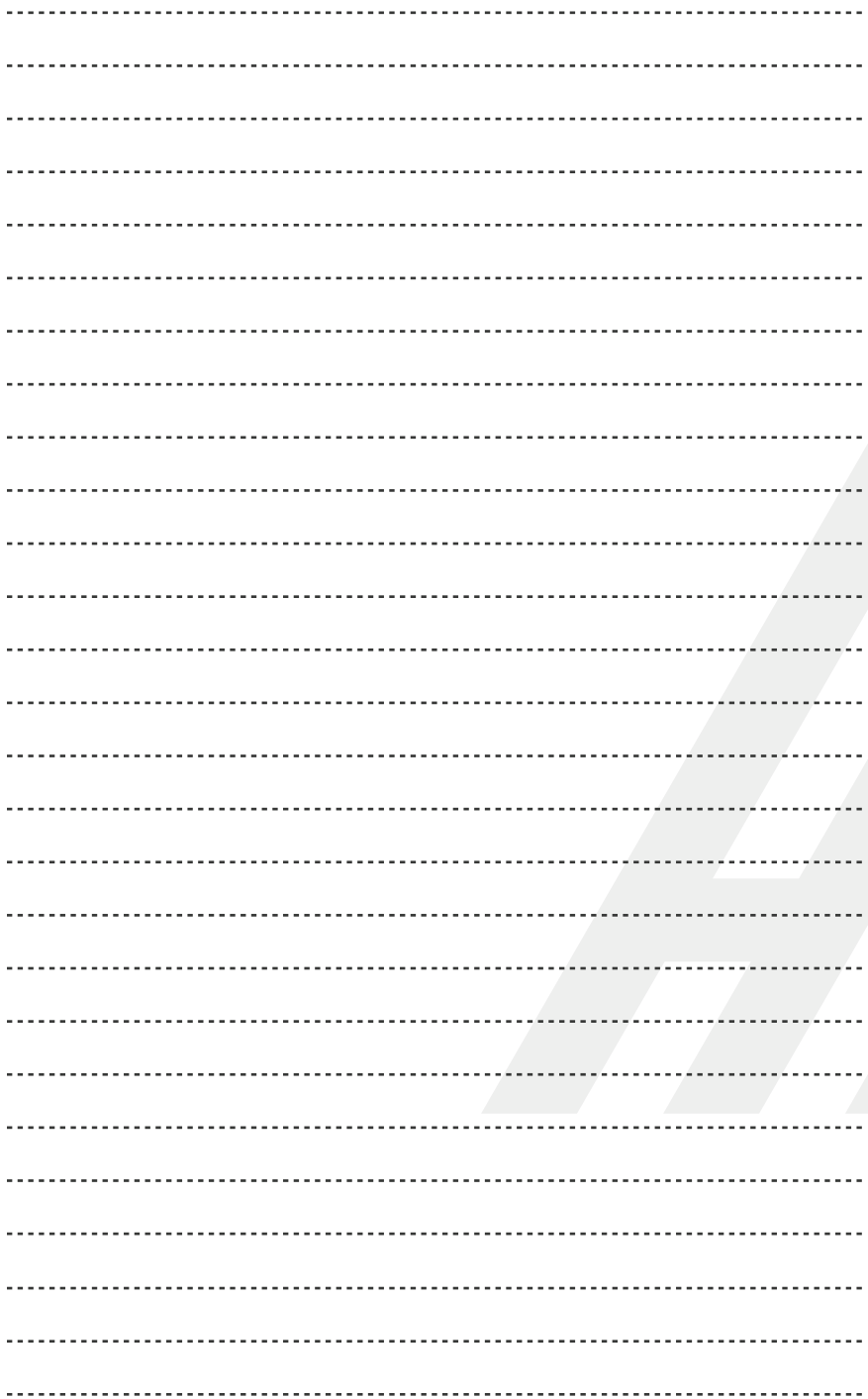


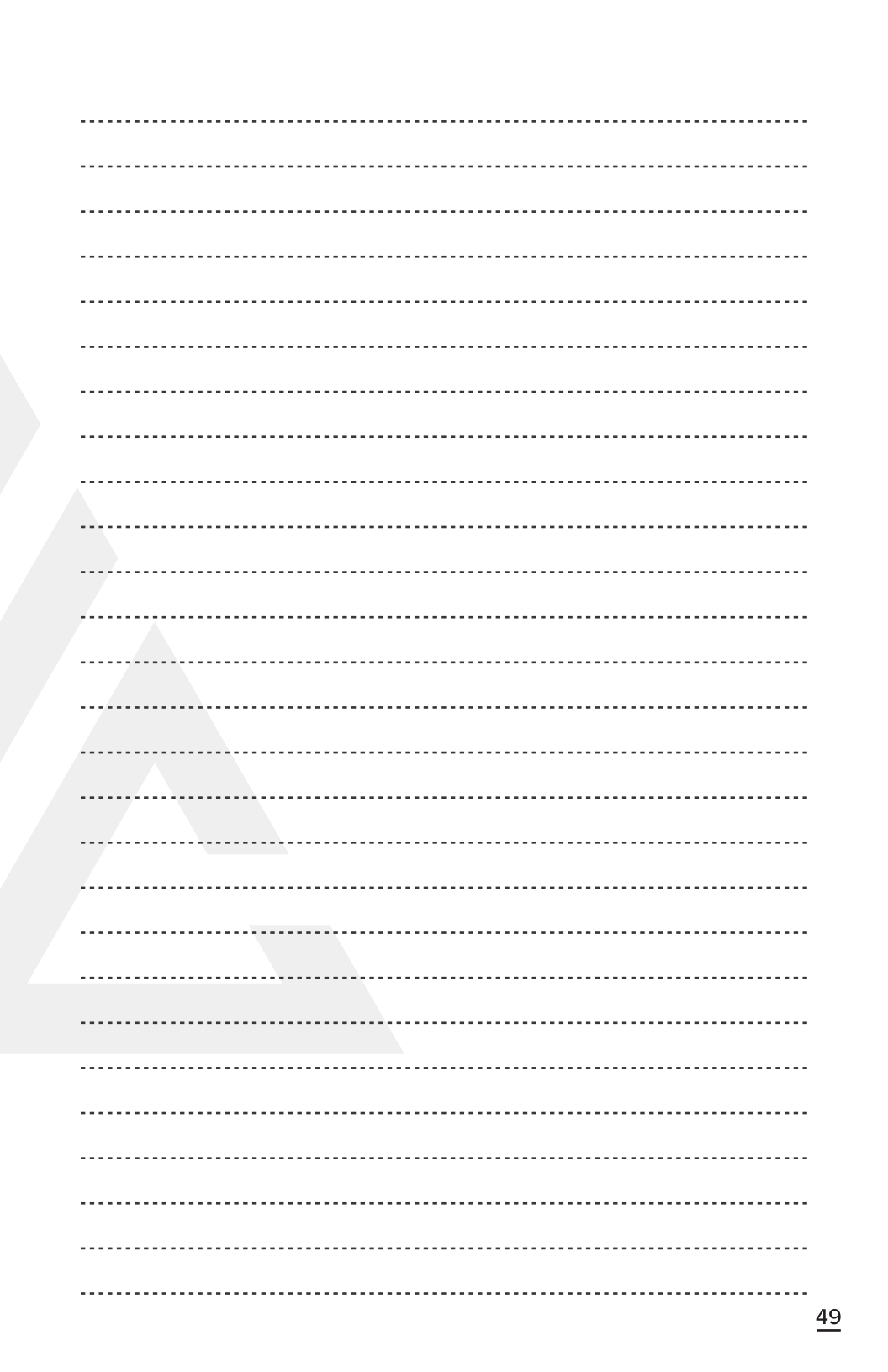


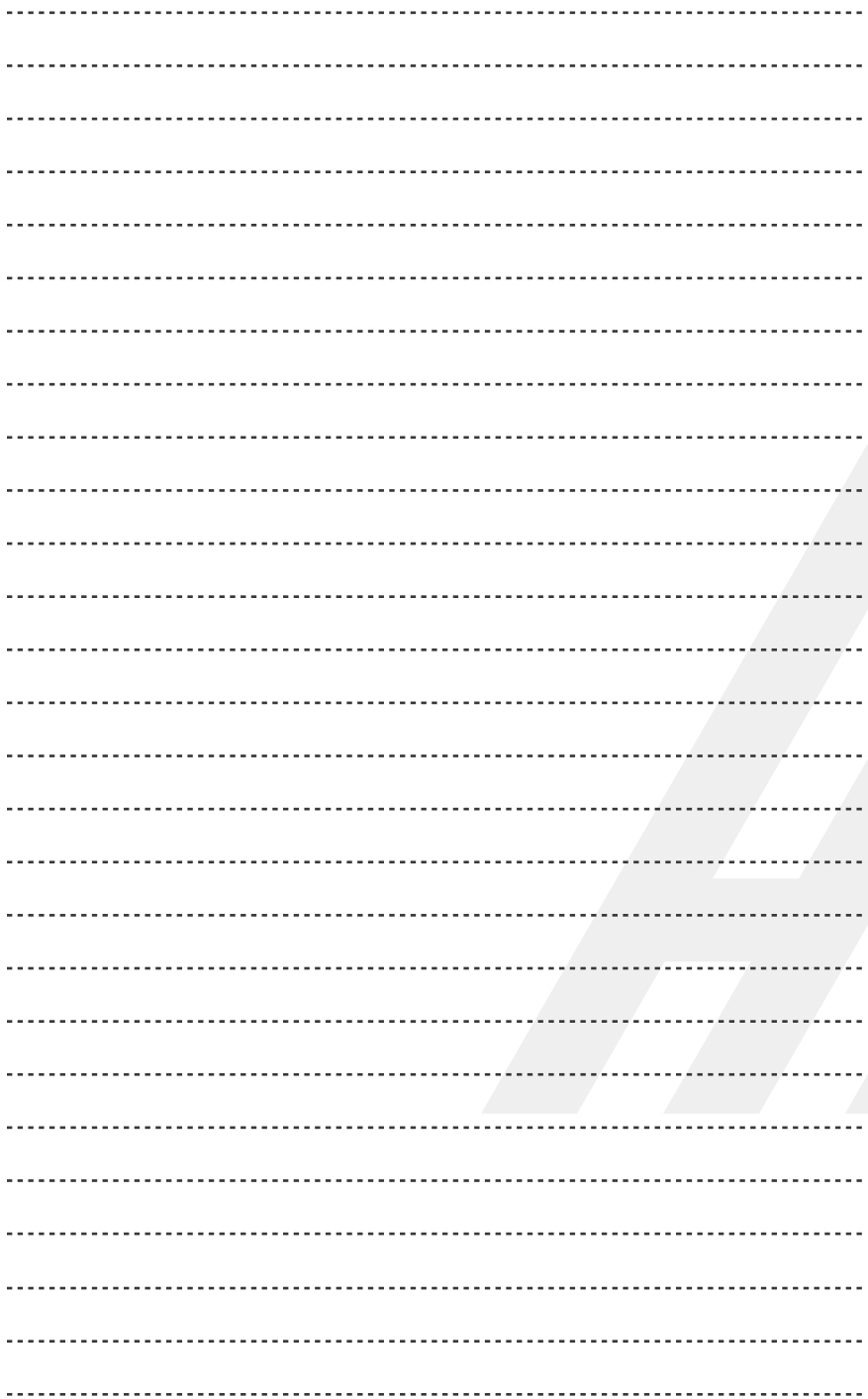




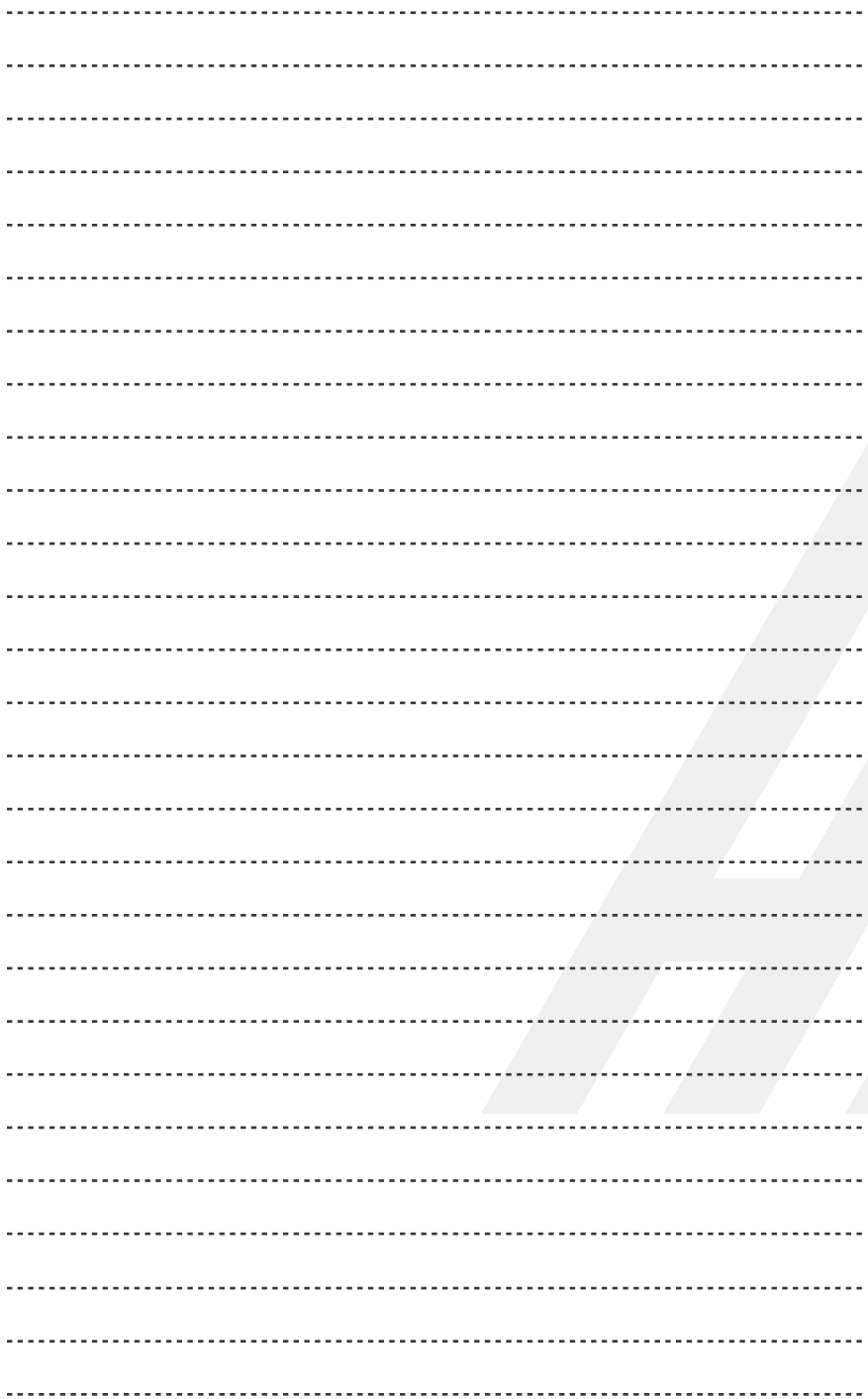
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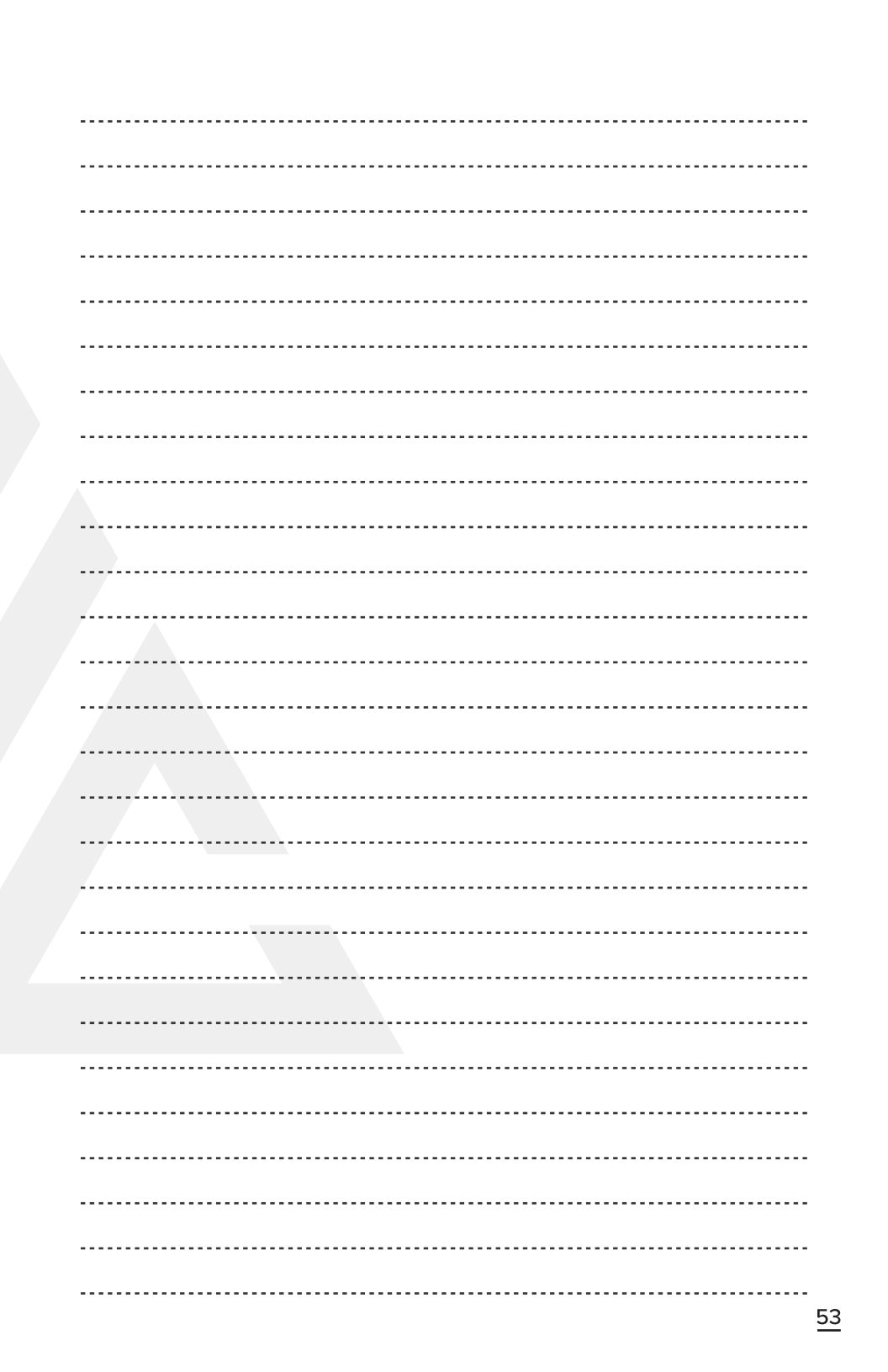














***PRAY.***  
**ONE OF THE GREATEST THINGS YOU CAN DO  
AS A HOPE CARRIER IS PRAY.**

Where do you see God currently moving in your areas of life?

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Write out your prayers for how you want to see God move in your areas of life.

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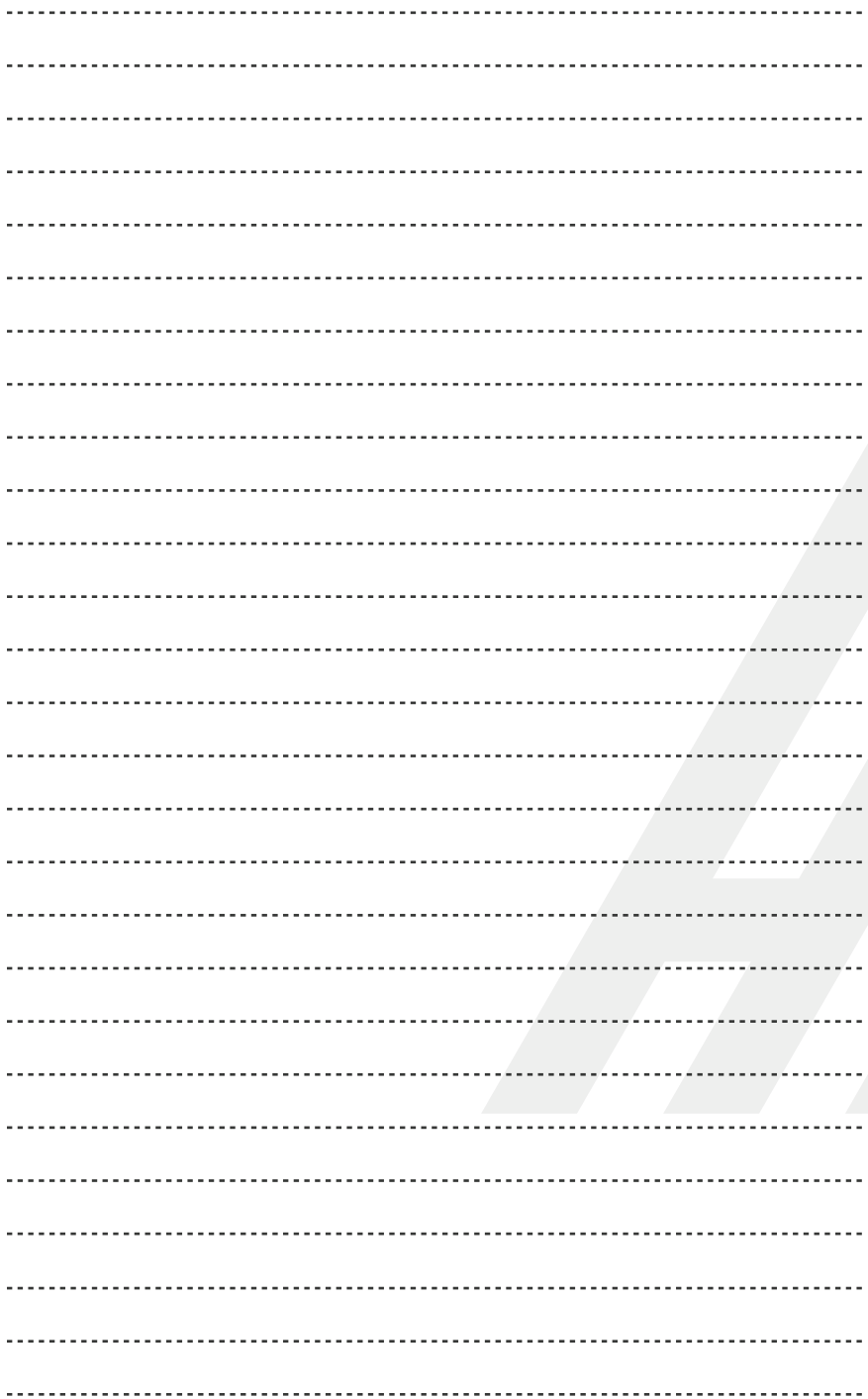




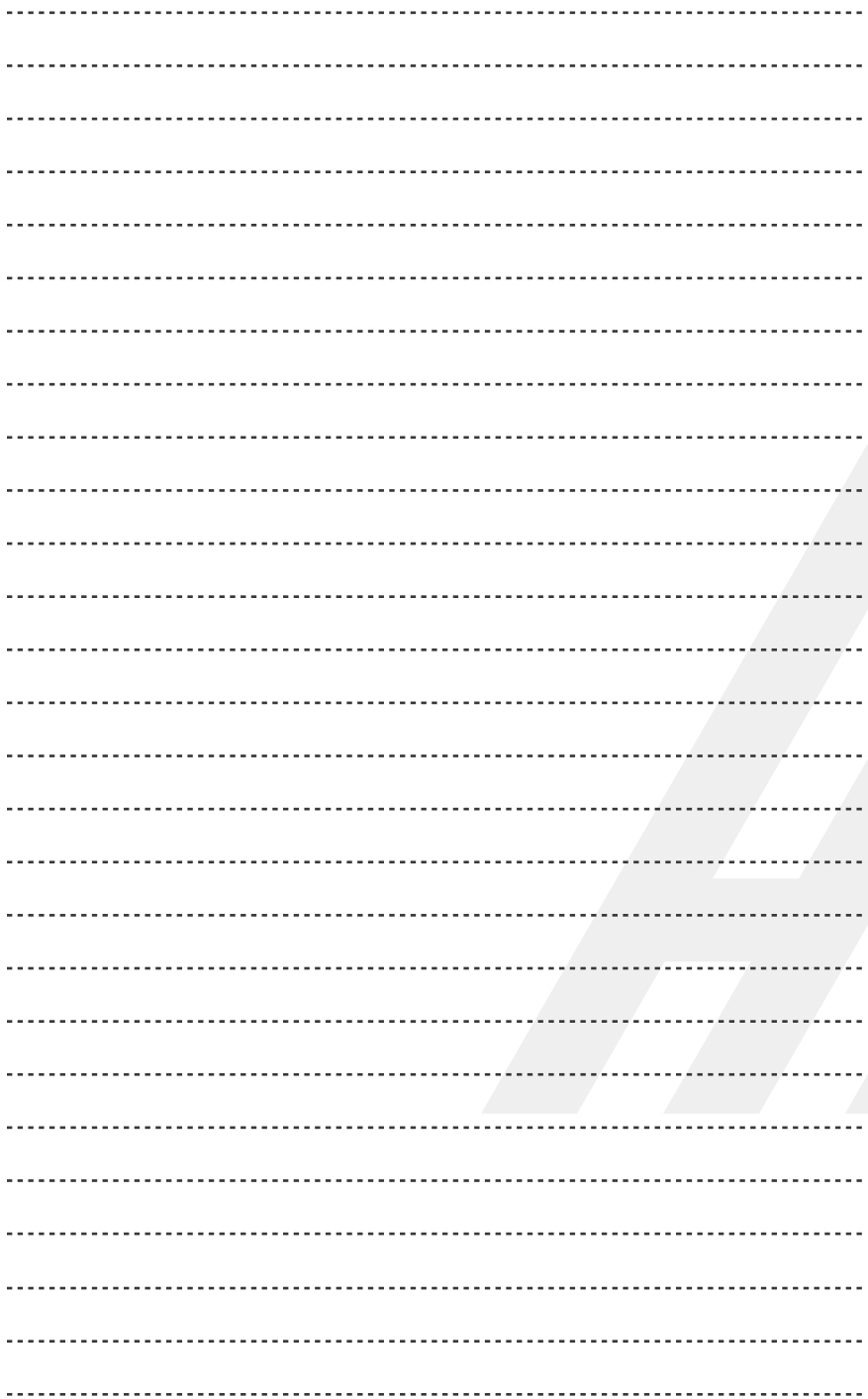
## ***10 HOPE CARRIER IDEAS***

- ▶ **LET YOUR YES BE YES, AND LET YOUR NO BE NO**
- ▶ **COME WITH THE OPPOSITE SPIRIT**
- ▶ **ASK SOMEONE A QUESTION ABOUT THEMSELVES**
- ▶ **LISTEN TO WHAT THEY SAY**
- ▶ **REMEMBER WHAT THEY SAID AND FOLLOW UP**
- ▶ **BE A GOOD TEAMMATE**
- ▶ **CREATE THINGS THAT HONOR GOD**
- ▶ **REFUSE TO GOSSIP OR GRUMBLE**
- ▶ **PRAY FOR HEALING**
- ▶ **HONOR YOUR PARENTS**

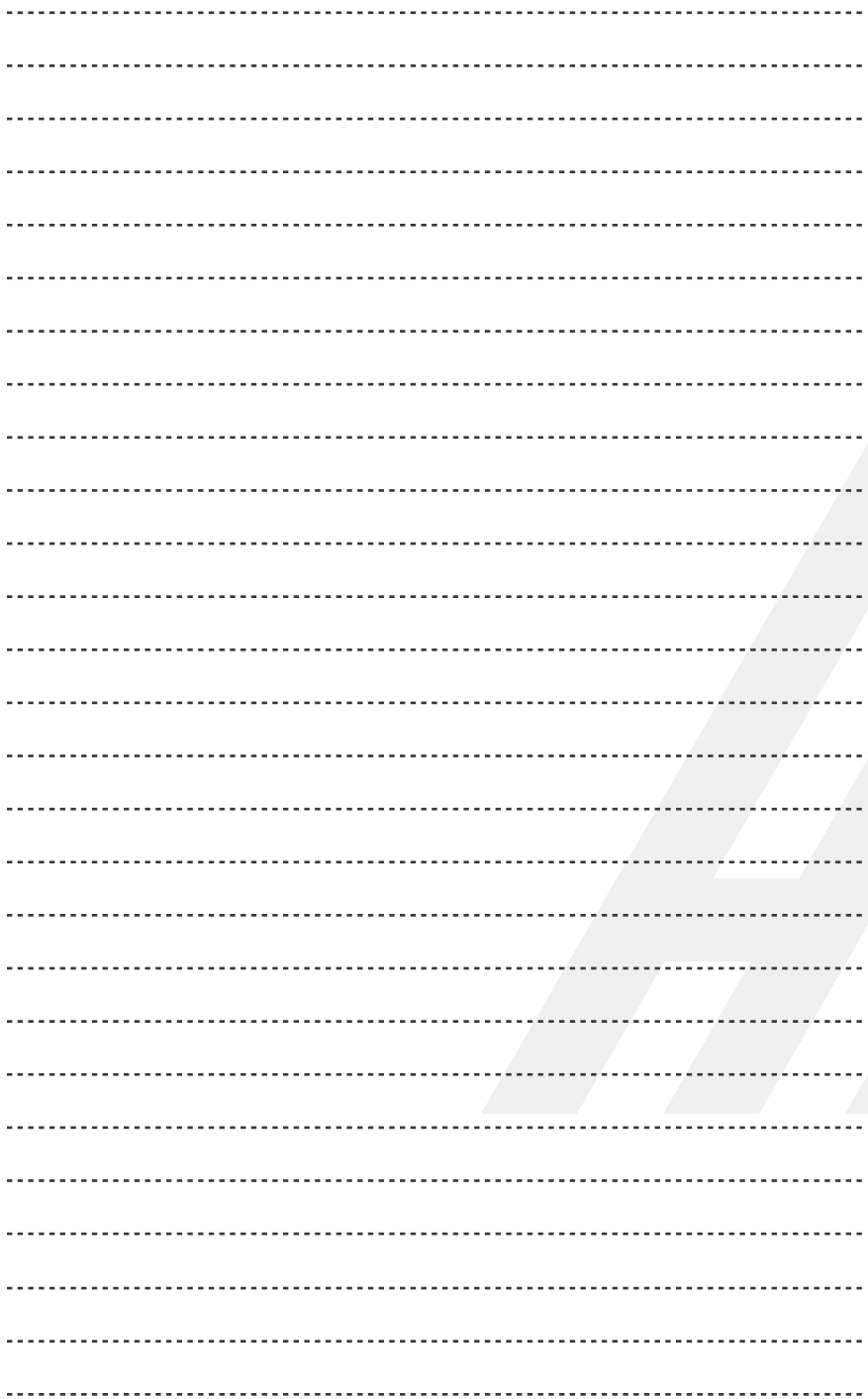






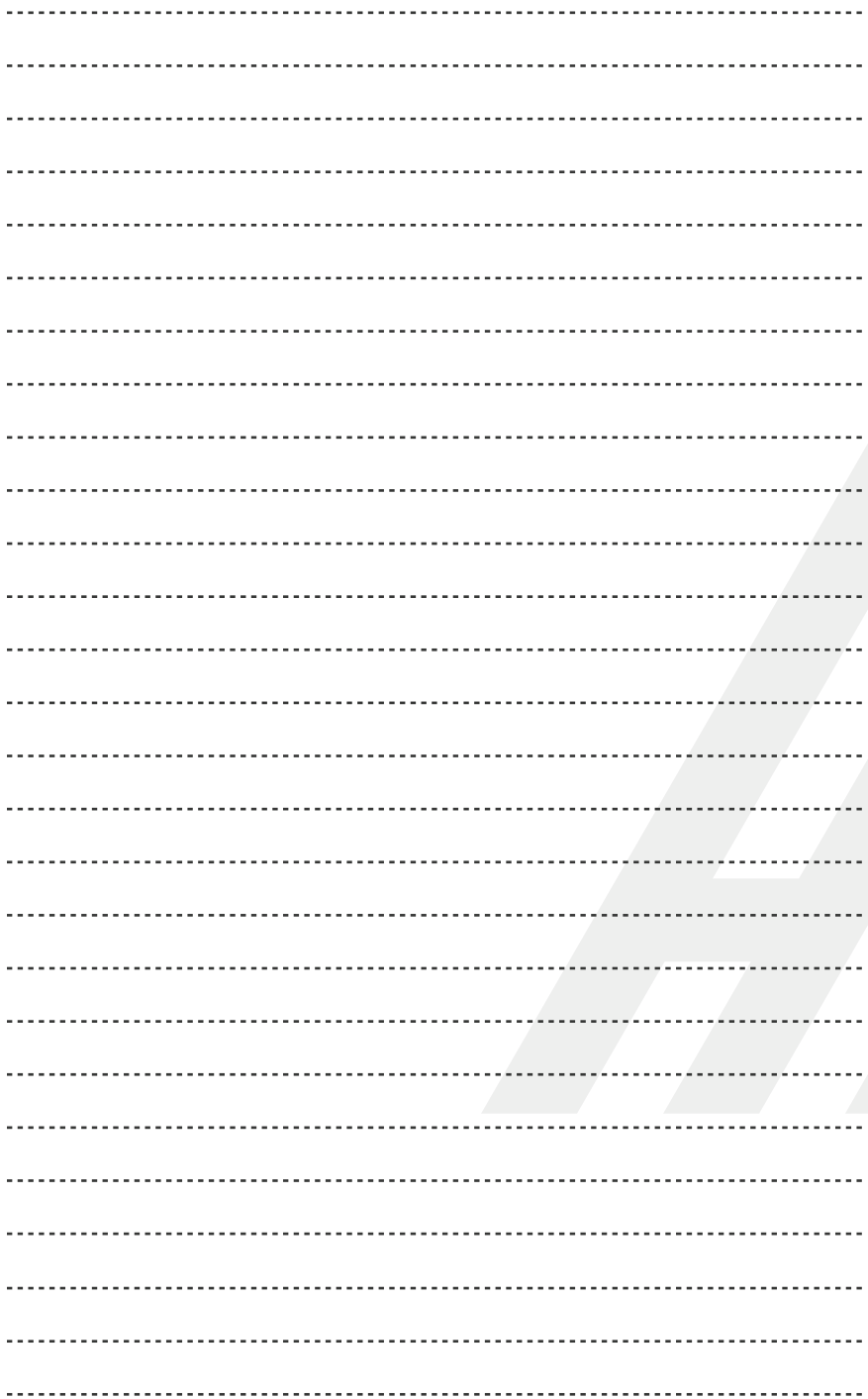








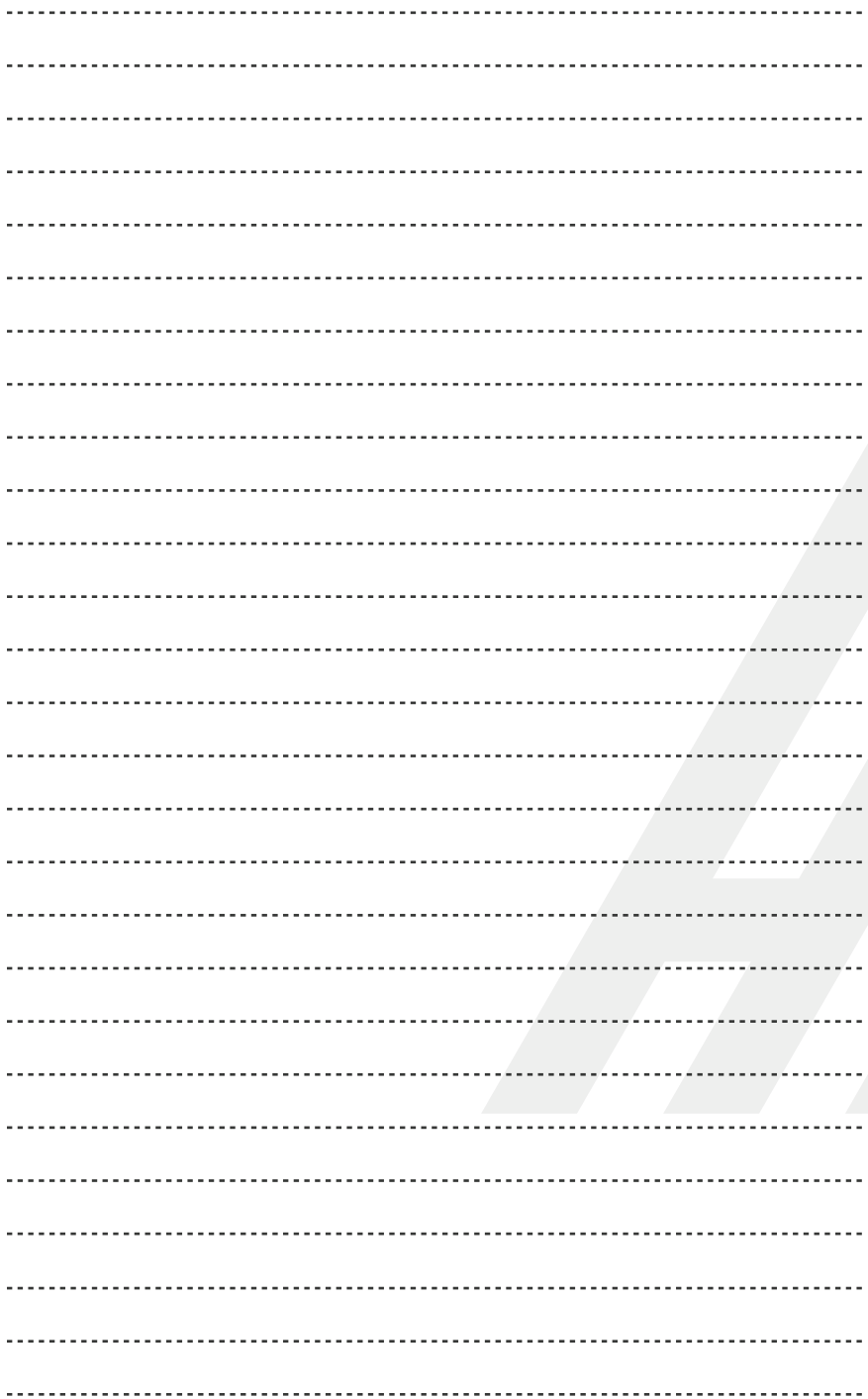
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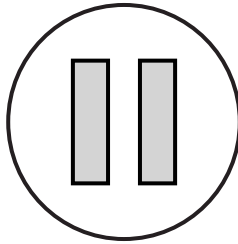




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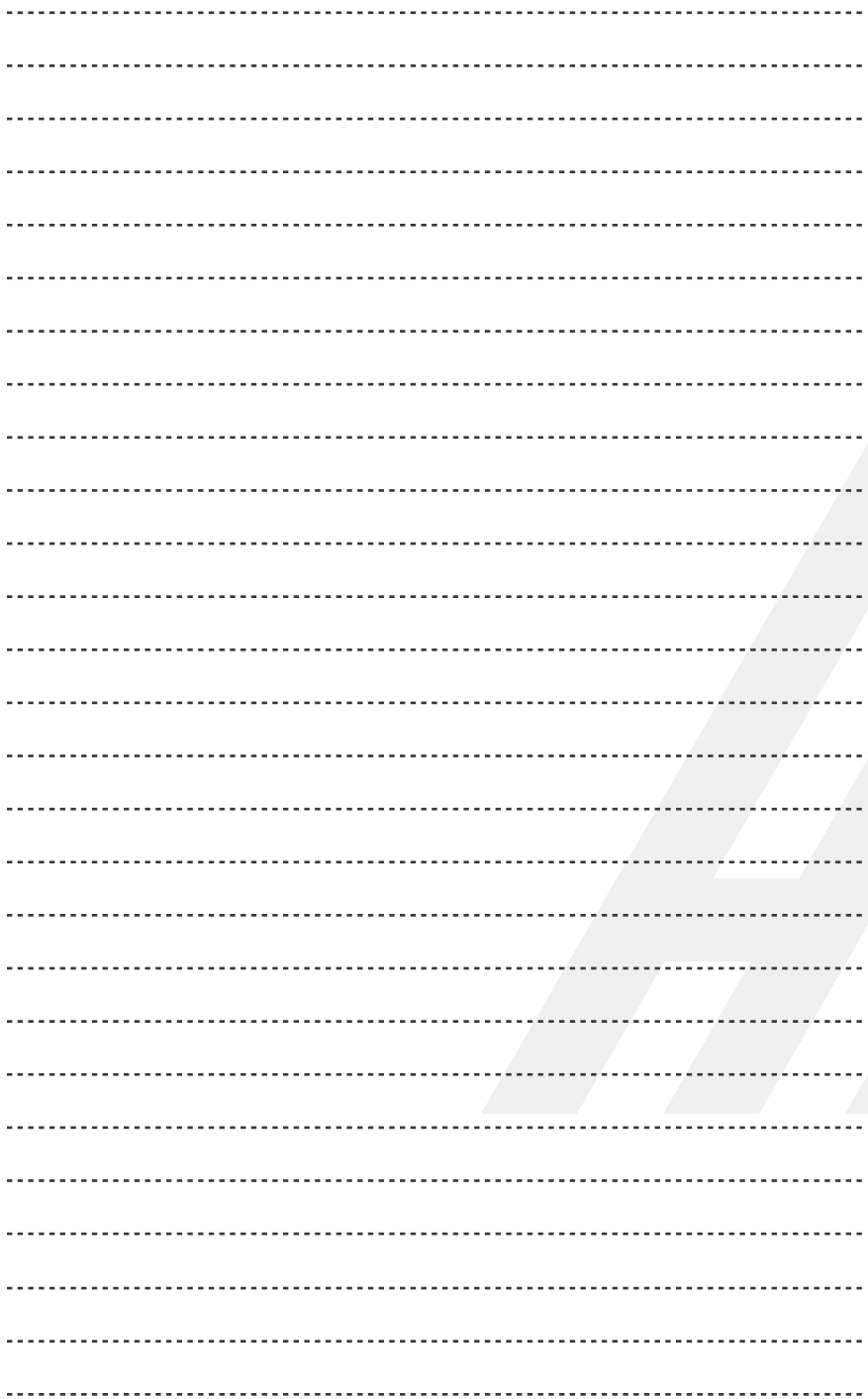
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## ***10 HOPE CARRIER IDEAS***

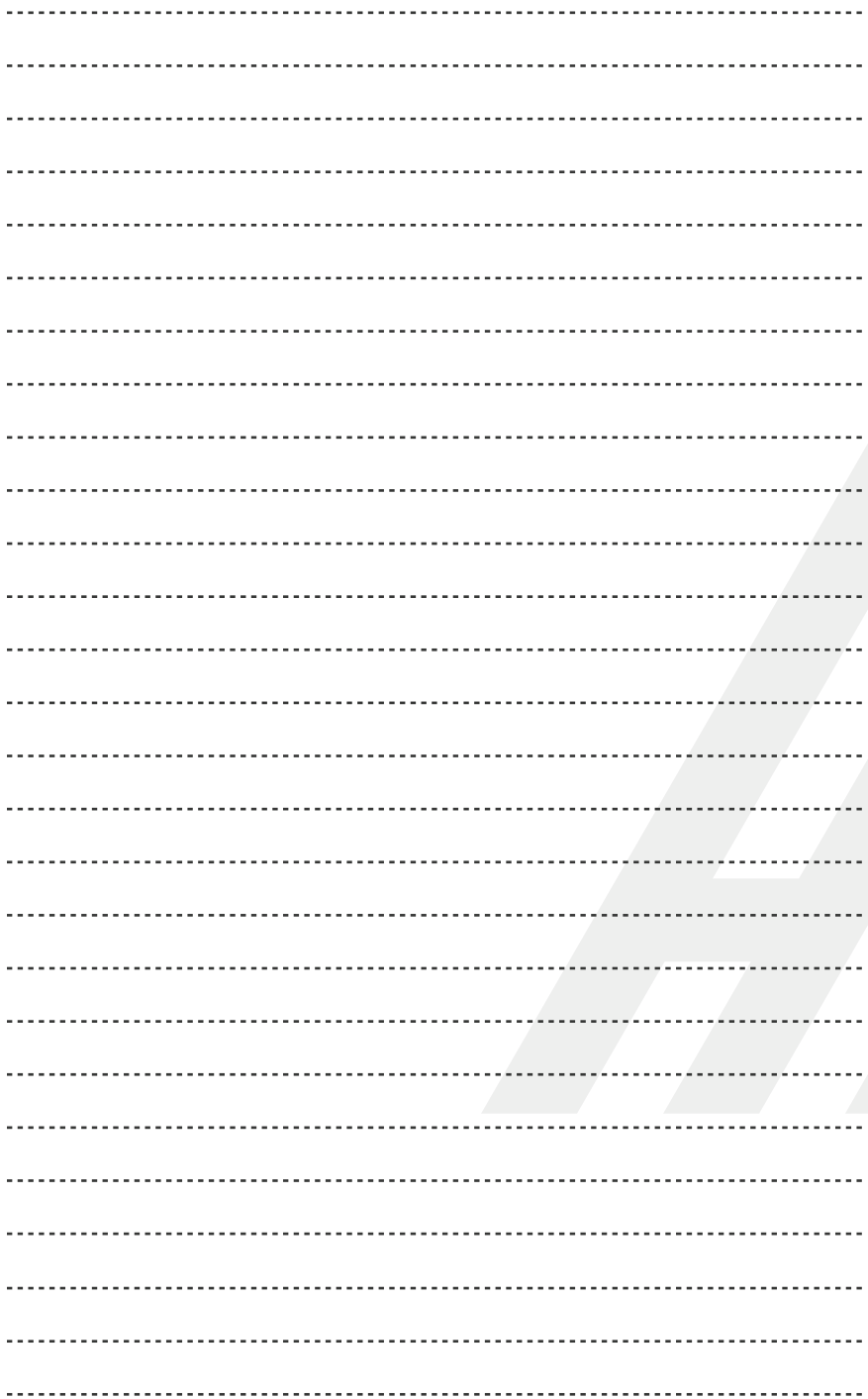
- ▶ **CREATE KINGDOM VALUES FOR YOUR FAMILY**
- ▶ **OWN YOUR MISTAKES**
- ▶ **INVITE SOMEONE TO CHURCH**
- ▶ **DON'T BE DIFFICULT**
- ▶ **DO MORE THAN WHAT HAS BEEN ASKED OF YOU**
- ▶ **SEND AN ENCOURAGING TEXT**
- ▶ **INVITE GOD INTO THE MEETING**
- ▶ **MENTOR SOMEONE IN BUSINESS AND LIFE**
- ▶ **SAY "PLEASE" AND "THANK YOU"**
- ▶ **PRAY FOR YOUR LEADERS**







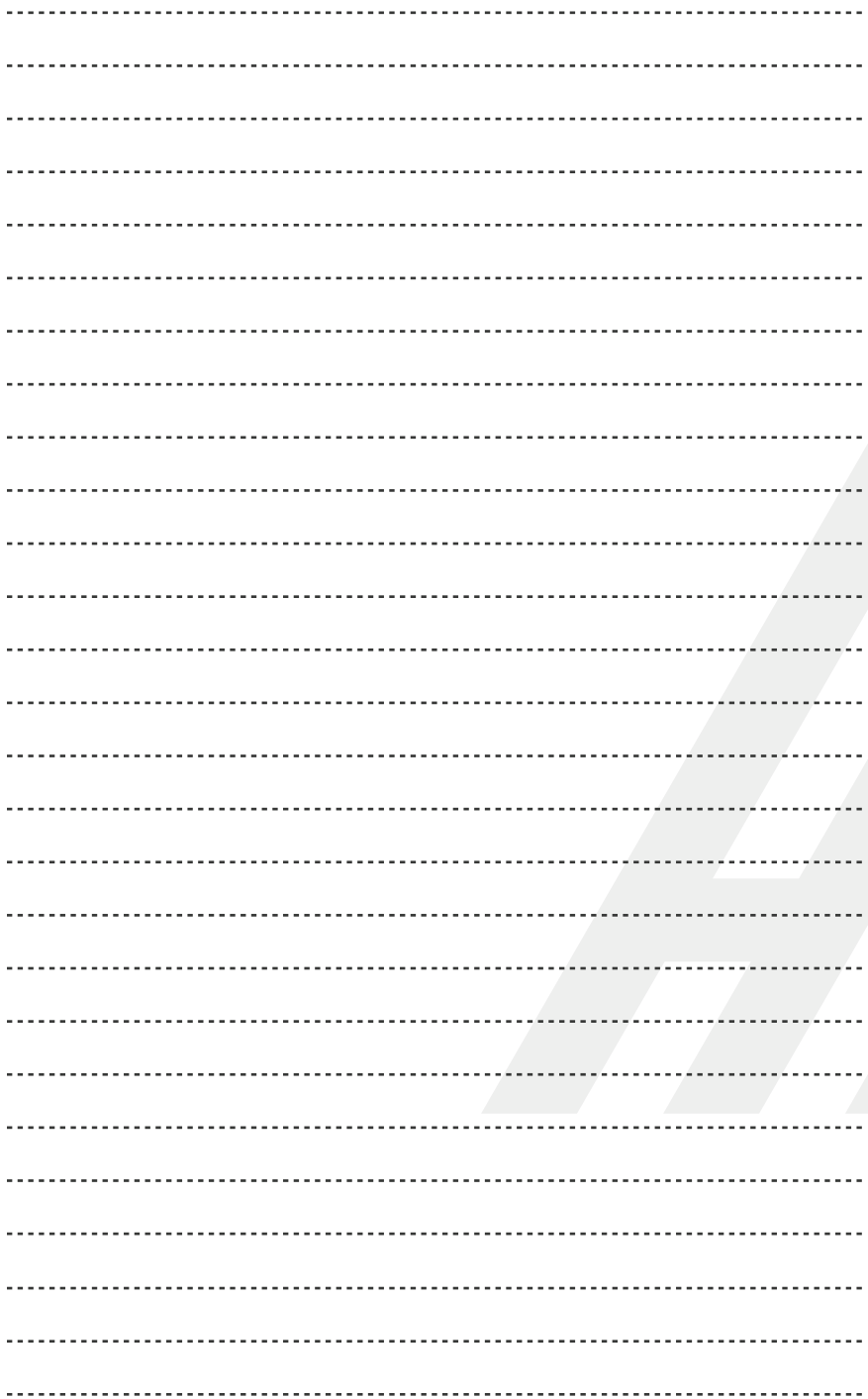
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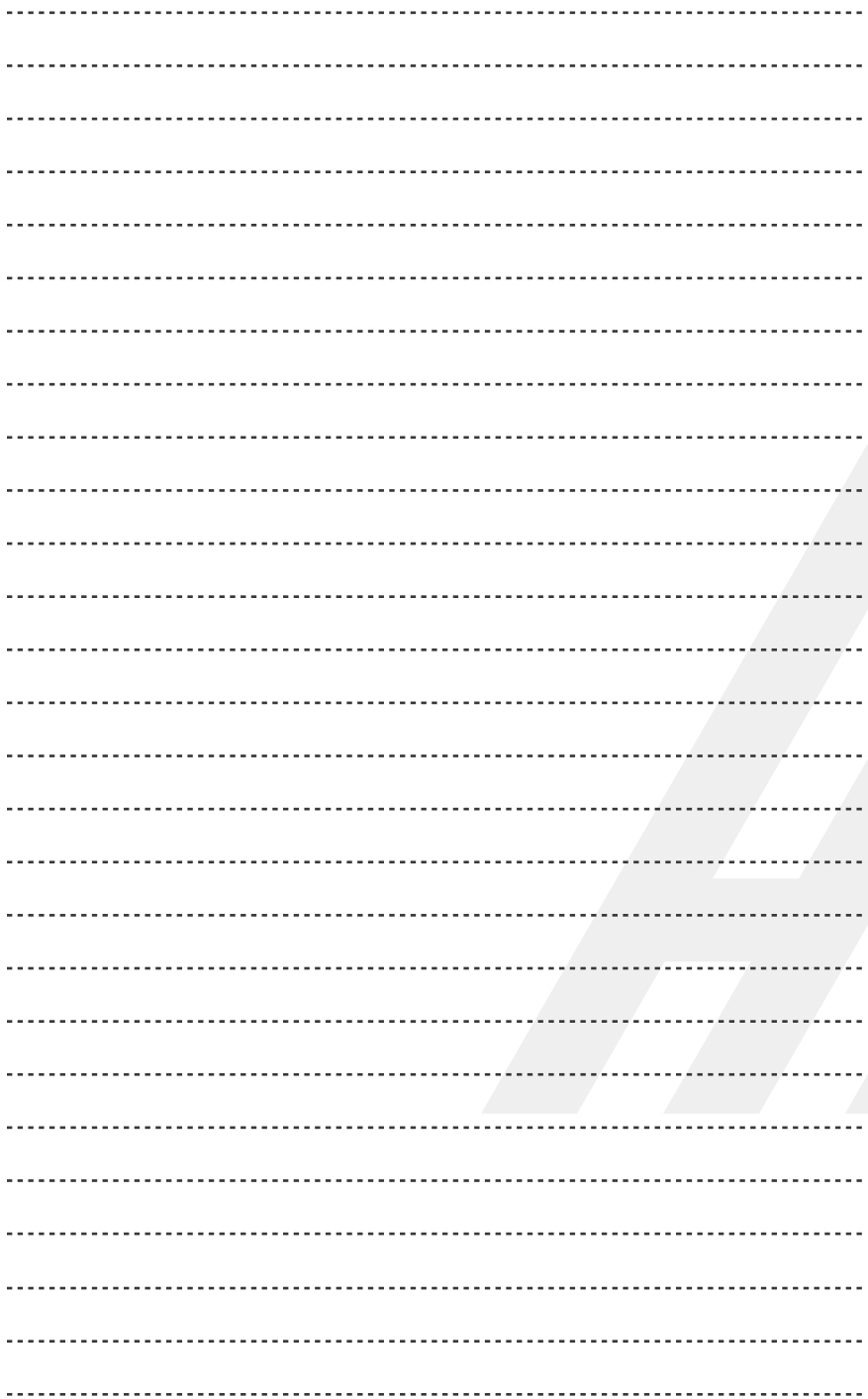


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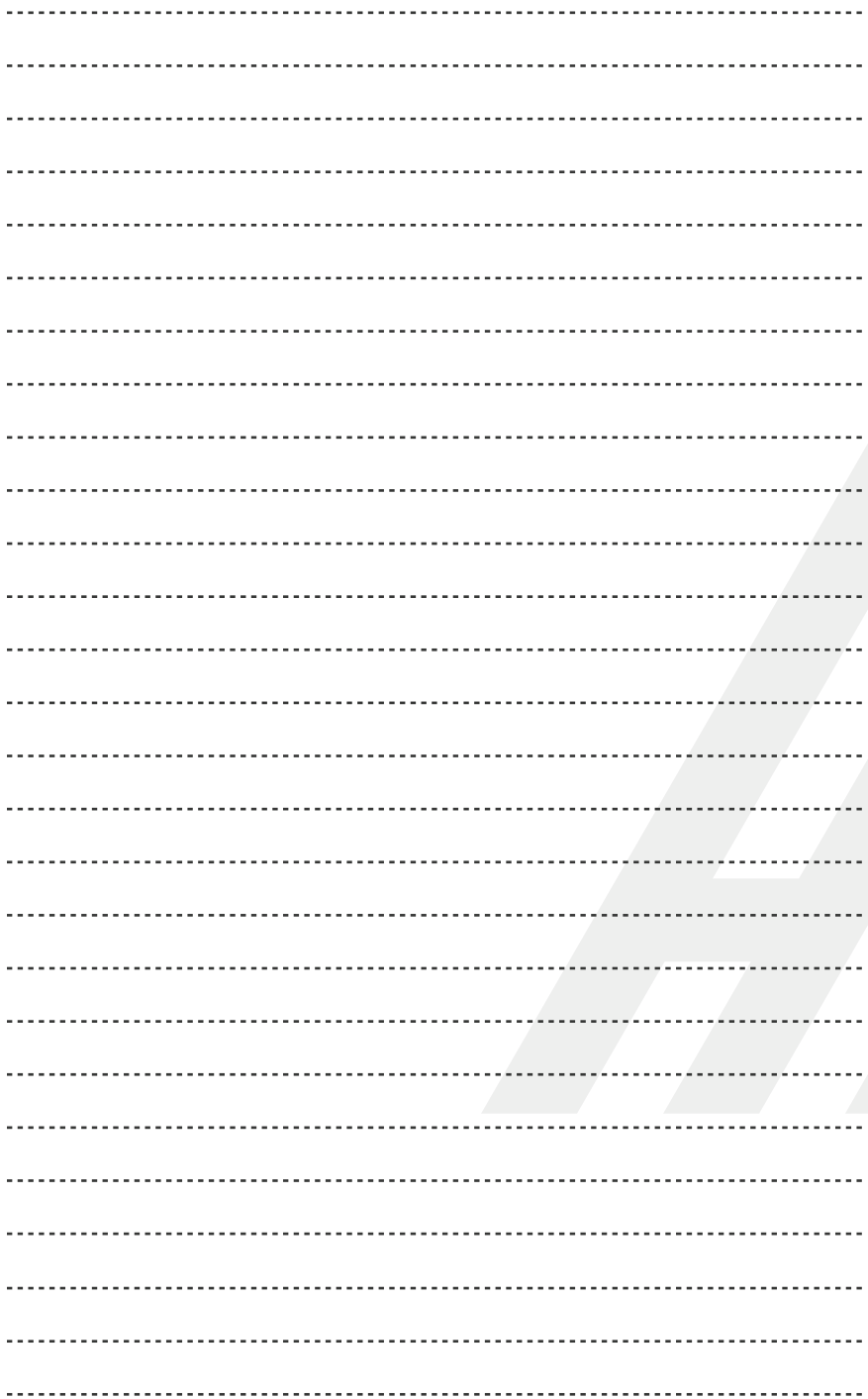
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## ***10 HOPE CARRIER IDEAS***

- ▶ **HONOR YOUR AUTHORITY**
- ▶ **SOLVE A PROBLEM**
- ▶ **CLEAN SOMETHING UP**
- ▶ **MODEL GOOD SPORTSMANSHIP**
- ▶ **CREATE KINGDOM VALUES FOR YOUR BUSINESS**
- ▶ **MAKE BEAUTIFUL ART**
- ▶ **DO YOUR WORK WITH JOY**
- ▶ **ASK THE HOLY SPIRIT WHAT HE WANTS TO DO**
- ▶ **SPEAK UP FOR SOMEONE ELSE**
- ▶ **DO EVERYTHING WITH INTEGRITY**

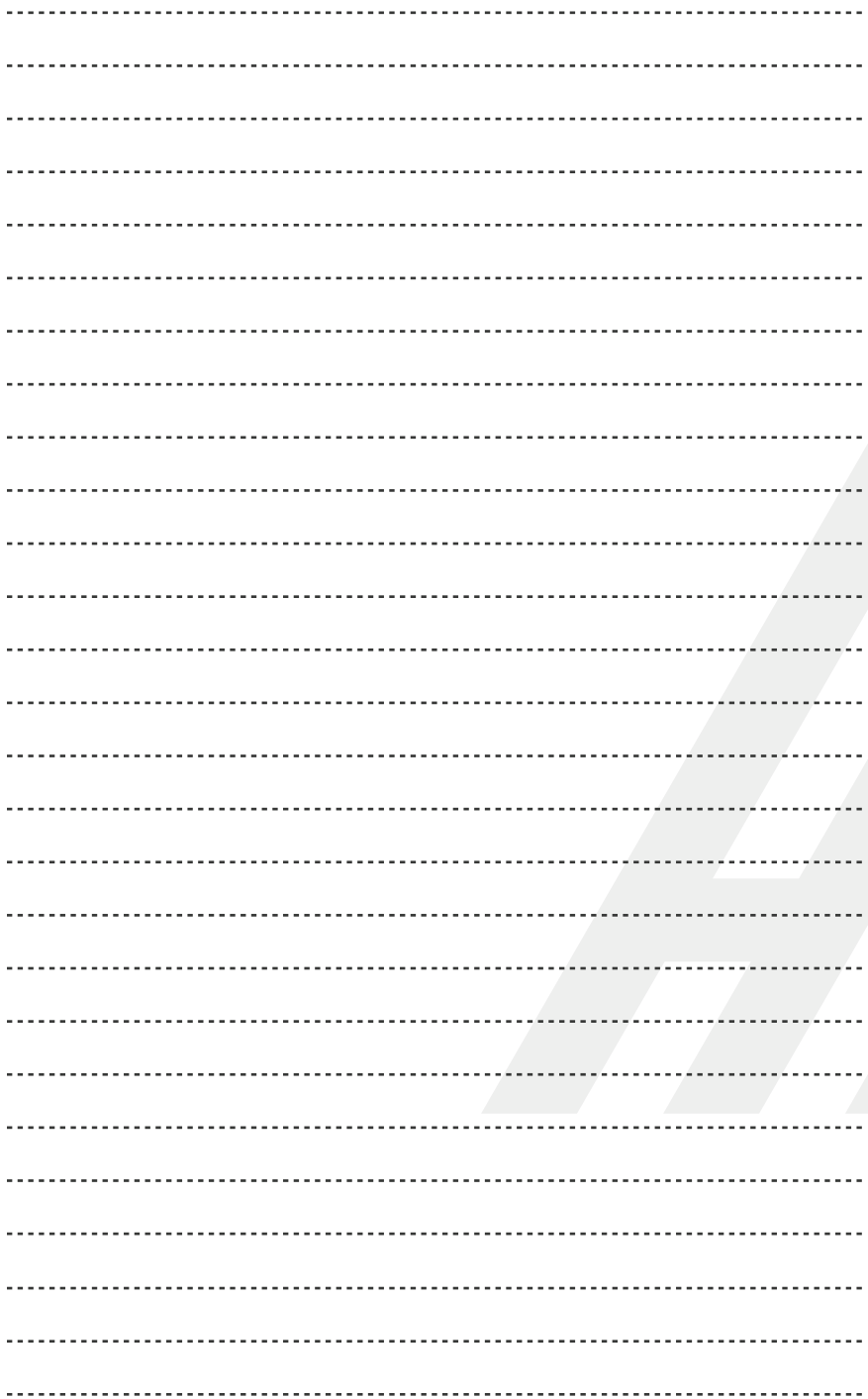




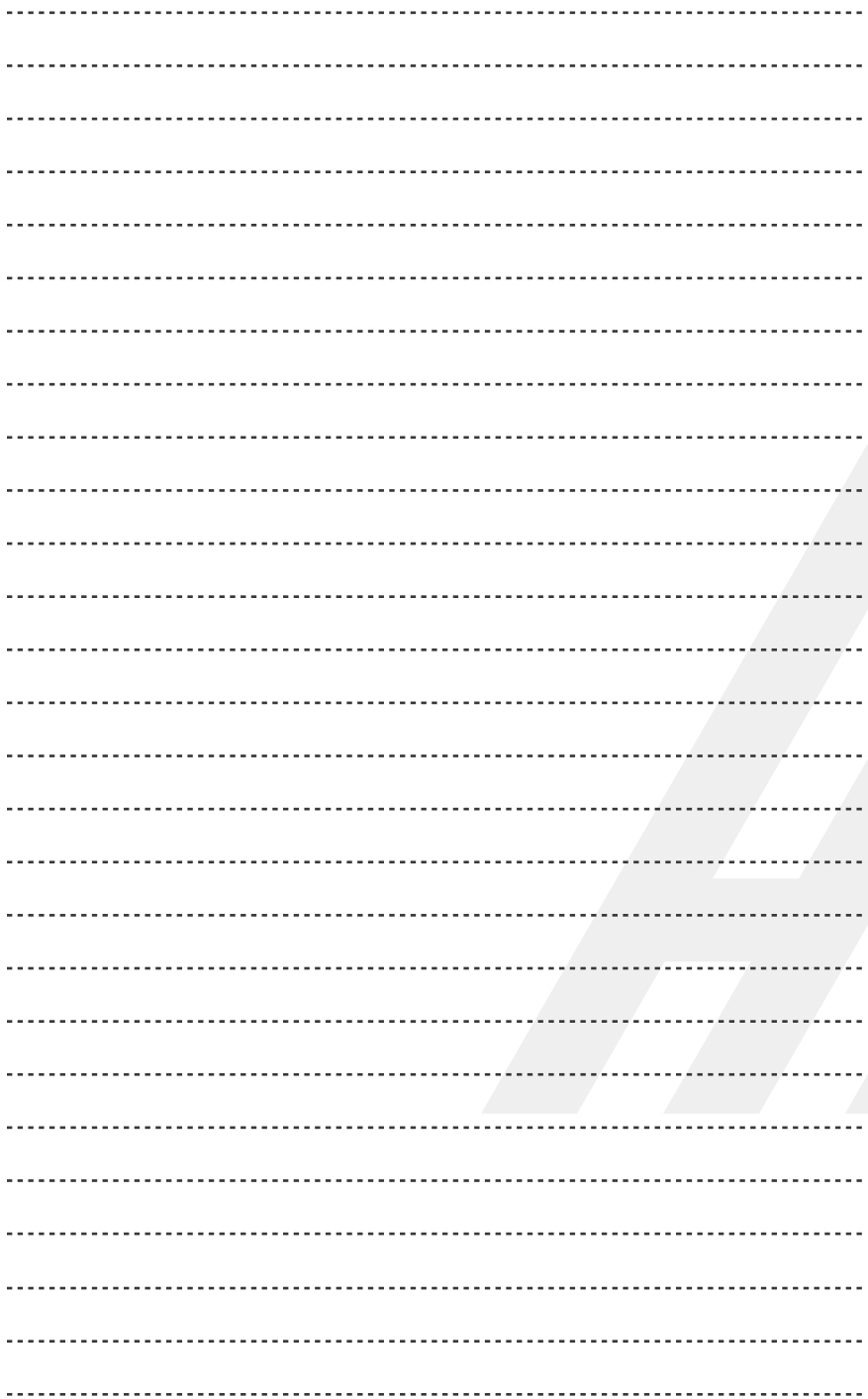




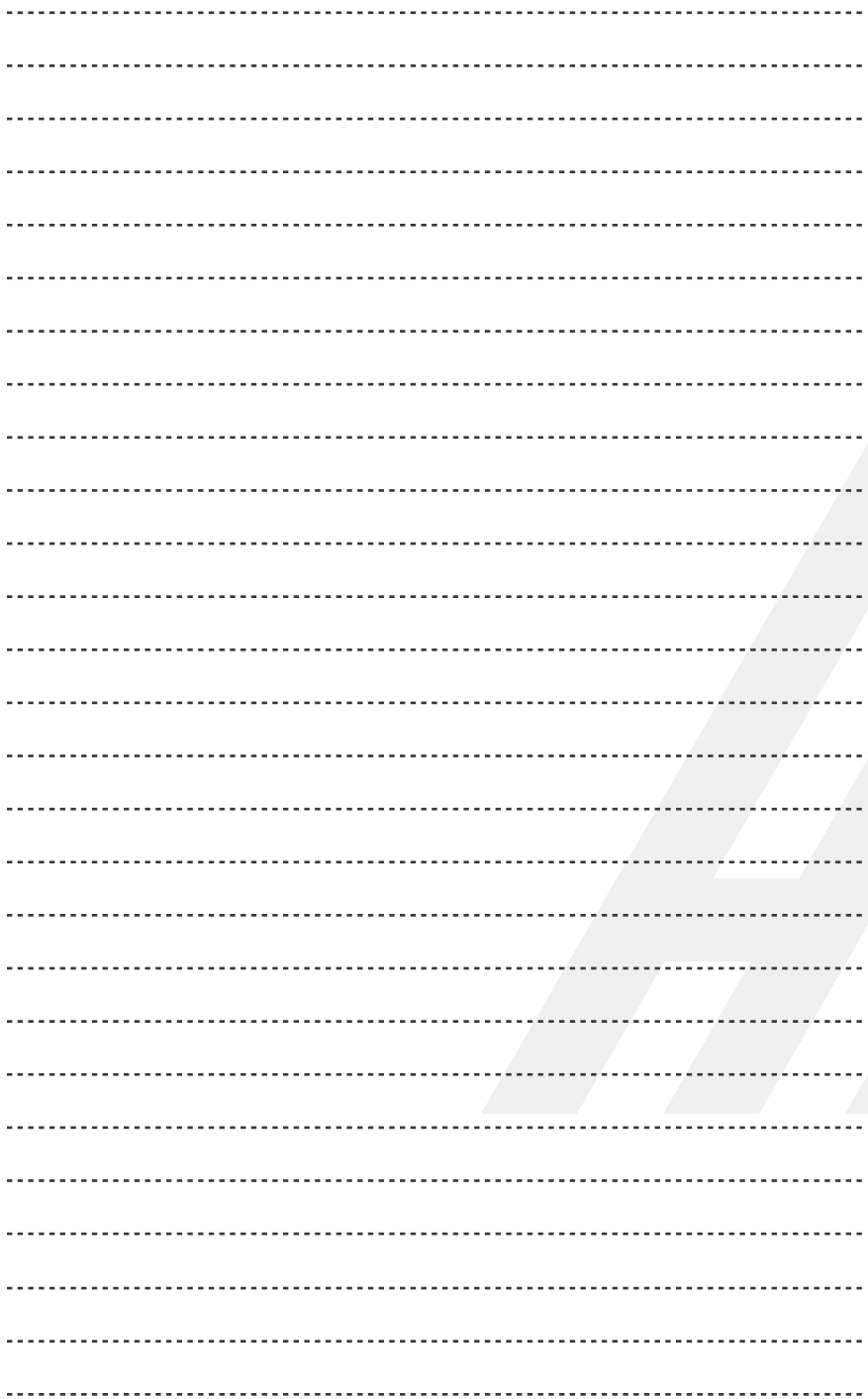
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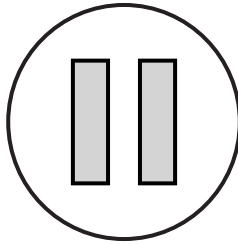












***PAUSE.***  
**LOOK AT YOUR LAST FEW PAGES OF NOTES.**

What's the Holy Spirit been saying to you?

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What's one next step He's inviting you to take?

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## ***10 HOPE CARRIER IDEAS***

- ▶ **BE COACHABLE**
- ▶ **WRITE A WORSHIP SONG**
- ▶ **SHARE YOUR JESUS STORY**
- ▶ **BE LIFE-GIVING**
- ▶ **BRING CLARITY TO CHAOS**
- ▶ **ASK GOD FOR A DIVINE SOLUTION**
- ▶ **CONNECT WITH YOUR COWORKERS**
- ▶ **ONLY POST LIFE-GIVING CONTENT**
- ▶ **MAKE IT RIGHT**
- ▶ **SPEAK IDENTITY OVER YOUR STUDENTS**



**SECTION FOUR:**

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**GOD'S WORD**  
**(READING PLAN)**

Jesus came to demonstrate and declare what the kingdom is like. Therefore, His main message was, “Repent, for the kingdom of heaven is at hand” (Matthew 4:17 NKJV). He invites us to change our thinking, take a higher perspective of life, and come into agreement with what He declares as truth. The best way we do that is through engaging God’s Word. The Scriptures are the revelation of who we are, who God is, and what we were created to do. They define truth in a world of lies. They show us what’s normal, healthy, and whole. God’s Word teaches us how to live and opens our minds to what’s possible.

Romans 10:17 says, “Faith comes by hearing, and hearing by the word of God.” It’s only through God’s Word that we become sure of what we hope for and certain of what we do not see. It’s only through God’s Word that hope carriers develop the faith, confidence, and wisdom required to change their world. We don’t work on the Scriptures; the Scriptures work on us. God’s Word is living and active. It’s a lamp unto our feet and a light unto our path. It shapes and molds us into the image and likeness of Jesus. It’s not about what we have to do; it’s about what Jesus has done. God’s Word teaches us God’s ways and God’s wisdom in a world full of chaos and confusion.

Over the next year, take time to read through the entire New Testament. It’s a declaration of what life in the kingdom through Jesus looks like. Simply read a chapter a day, then at the end of each book, use the provided pages to reflect on what the Holy Spirit was showing you. Use the QR code below for a short commentary on each book and a scheduled reading plan to help you get started.

*Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.*

*Joshua 1:8*



SCAN THIS QR CODE FOR  
SHORT VIDEO COMMENTARIES  
AND A DAILY READING PLAN

**MATTHEW**

MY KEY VERSE

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**READING PLAN**

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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# WHAT IS THE HOLY SPIRIT TEACHING ME?

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**READING PLAN**

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**GALATIANS**

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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# WHAT IS THE HOLY SPIRIT TEACHING ME?

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**EPHESIANS**

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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# WHAT IS THE HOLY SPIRIT TEACHING ME?

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**2 THESSALONIANS**

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**2 PETER**

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**1 JOHN**

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**2 & 3 JOHN**

MY KEY VERSE

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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## WHAT IS THE HOLY SPIRIT TEACHING ME?

A series of 25 horizontal dashed lines providing space for a handwritten response to the question above.

**READING PLAN**

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**JUDE**

MY KEY VERSE

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**REVELATION**

MY KEY VERSE

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WHAT DID I DISCOVER ABOUT JESUS AND HIS KINGDOM?

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**SECTION FIVE:**

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# ***NOW WHAT?***



After working through all the exercises, documenting your discoveries, reading through the New Testament, and practicing being a hope carrier, take some time to give thanks, do a summary, and share your findings with someone.

Let these discoveries build your faith and remind you of what God has empowered you to do. May you live as a hope carrier and continue to change your world because... hope is here!

# **1 GIVE THANKS**

Thank God for His kingdom and all He has done in you and through you on this journey.

# **2 DO A SUMMARY**

Look back through your field journal. Summarize your main discoveries about being a hope carrier into short, simple, and memorable statements on the next page.

# **3 SHARE WITH SOMEONE**

Share your findings with someone else, because you have a responsibility to give what you have received (Matthew 10:8, Matthew 28:19-20, 2 Timothy 2:2). The greatest way to steward revelation is to give it away.

# MY HOPE CARRIER TAKEAWAYS

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## HOPECARRIER.COM

Hopecarrier.com is a digital resource that contains everything in this journal and more! Check out stories, articles, downloadable exercises, and additional resources.



SCAN THIS QR CODE TO GO  
TO HOPECARRIER.COM

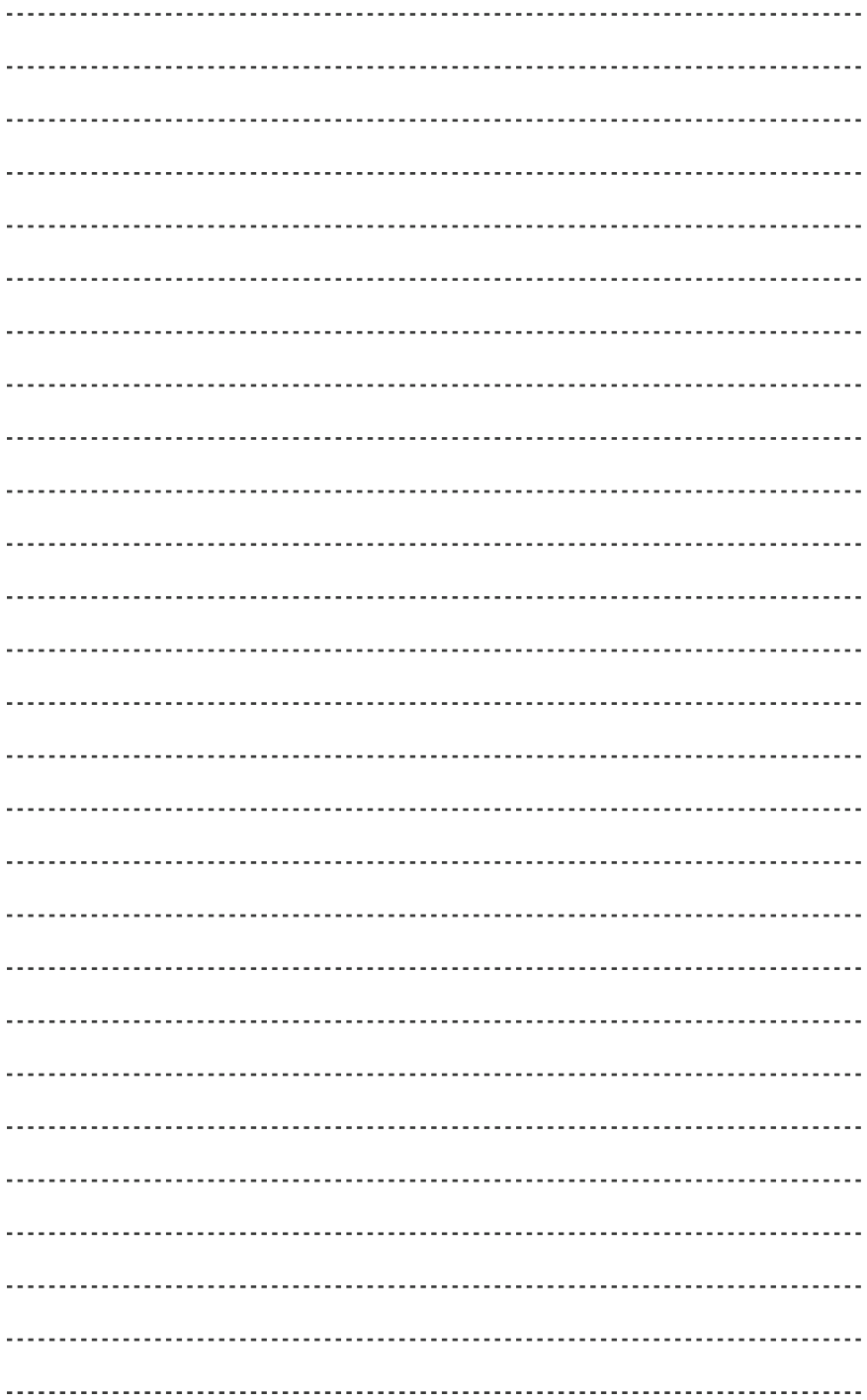


## VALLEYCREEK.PLUS

ValleyCreek+ is a one-stop-shop for hope carrier resources. If you're looking for a weekend message, creative video, kids content, or a course to help you grow as a hope carrier, ValleyCreek+ is the place to start!



SCAN THIS QR CODE TO GO  
TO VALLEYCREEK+





**BUT THE**  
***HOPE***  
**OF GOD'S KINGDOM**  
**KEPT SPREADING AND**  
***MULTIPLYING***  
***EVERYWHERE. ACTS 12:24***



***CHANGE YOUR WORLD***