



## **DISCUSS & ENGAGE THE SCRIPTURES**

- 1. How are you resting and enjoying God this week?
- 2. What is Jesus teaching you about rest, trust, and honoring the Sabbath?

## **PRAY**

Jesus, we pray for families of Valley Creek to experience rest as we trust in Your goodness.

## **LEADERS**

- Visit <u>valleycreek.plus</u> to find and share resources on your journey with Jesus.
- If you would like to expand on your Circle this week, choose an activity in your Hope Carrier Journal.